

# Contents

<b>The Authors</b>	<b>11</b>	Sights	109
<b>Getting Started</b>	<b>13</b>	Activities	110
<b>Itineraries</b>	<b>17</b>	Festivals & Events	110
<b>Snapshot</b>	<b>22</b>	Sleeping & Eating	110
<b>History</b>	<b>23</b>	<b>Mo'orea</b>	<b>112</b>
<b>The Culture</b>	<b>31</b>	History	113
<b>Tahitian Dance</b>	<b>42</b>	Geography & Geology	113
<b>Environment</b>	<b>49</b>	Orientation	113
<b>Diving</b>	<b>54</b>	Information	115
<b>Food &amp; Drink</b>	<b>67</b>	Sights	115
<b>Tahiti</b>	<b>81</b>	Activities	119
PAPE'ETE	86	Mo'orea for Children	121
History	86	Tours	121
Orientation	87	Sleeping	121
Information	87	Eating	125
Sights	88	Drinking & Entertainment	126
Activities	92	Shopping	127
Walking Tour	93	Getting There & Away	127
Festivals & Events	94	Getting Around	128
Sleeping	94	<b>Huahine</b>	<b>129</b>
Eating	96	History	130
Drinking	98	Orientation	131
Entertainment	99	Information	131
Shopping	99	Huahine Nui	131
Getting There & Away	100	Huahine Iti	134
Getting Around	100	Activities	135
<b>AROUND TAHITI NUI</b>	<b>101</b>	Tours	136
West Coast	101	Sleeping	136
East Coast	104	Eating	139
South Coast	105	Drinking & Entertainment	140
Inland	106	Getting There & Away	140
<b>TAHITI ITI</b>	<b>109</b>	Getting Around	140
<b>Ra'iata &amp; Taha'a</b>	<b>141</b>	<b>RA'IATEA</b>	<b>142</b>
History	142	Orientation	142
Orientation	142	Information	144
Sights	144	Activities	145
Activities	145	Tours	146
Sleeping	147	Eating	149
Eating	149	Drinking & Entertainment	150
Drinking & Entertainment	150	Shopping	150
Shopping	150	Getting There & Away	150
Getting There & Away	150	Getting Around	151

<b>TAHA'A</b>	<b>151</b>	Tikehau	190	<b>The Gambier Archipelago</b>	<b>241</b>
History	151	Mataiva	192	Mangareva	243
Orientation	152	Manihi	193	Taravai & Aukena	243
Information	152	Ahe	196	Akamaru & Temoe	244
Sights	152	Takaroa	196		
Activities	153	Takapoto	197		
Tours	153	Fakarava	198		
Sleeping	153	Makemo	200		
Eating & Drinking	155	Anaa	200		
Getting There & Away	155	<b>SOUTHERN &amp; EASTERN TUAMOTUS</b>	<b>201</b>		
Getting Around	155	Hao	201		
<b>Bora Bora</b>	<b>156</b>	Moruroa	201		
History	157				
Orientation	157				
Information	157				
Sights	160				
Activities	161				
Sleeping	163				
Eating	166				
Drinking	169				
Entertainment	169				
Shopping	169				
Getting There & Away	170				
Getting Around	170				
<b>Maupiti</b>	<b>171</b>				
History	172				
Orientation & Information	173				
The Motu	173				
The Main Island	174				
Activities	174				
Sleeping	175				
Eating	176				
Getting There & Away	176				
Getting Around	176				
<b>The Tuamotus</b>	<b>177</b>				
<b>RANGIROA</b>	<b>181</b>				
History	181				
Orientation	182				
Information	182				
Sights	183				
Activities	184				
Tours	184				
Sleeping	185				
Eating	187				
Drinking & Entertainment	188				
Shopping	188				
Getting There & Away	188				
Getting Around	189				
<b>NORTHERN TUAMOTUS</b>	<b>189</b>				
Makatea	189				
<b>The Marquesas</b>	<b>202</b>				
THE NORTHERN GROUP	206				
Nuku Hiva	206				
'Ua Huka	214				
'Ua Pou	218				
THE SOUTHERN GROUP	221				
Hiva Oa	221				
Tahuata	228				
Uninhabited Islands	229				
Fatu Hiva	229				
<b>The Australs</b>	<b>231</b>				
Rurutu	232				
Tubuai	236				
Raivavae	238				
Rimatara	239				
Rapa Iti (Rapa)	240				
<b>THE TUAMOTUS</b>	<b>p179</b>				
<b>THE ASTRALS</b>	<b>p232</b>				
<b>THE GAMBIER ARCHIPELAGO</b>	<b>p242</b>				
<b>THE MARQUESAS</b>	<b>p205</b>				
<b>World Time Zones</b>	<b>294</b>				
<b>Map Legend</b>	<b>296</b>				

