

HOW TO USE MORPHIC RESONANCE TO BYPASS CENSORSHIP,  
SHARE CRITICAL KNOWLEDGE AND SPREAD FREEDOM  
ACROSS THE UNIVERSE



# THE CONTAGIOUS MIND

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## Chapter 1

# THE CONTAGIOUS MIND

**W**elcome to The Contagious Mind. I'm Mike Adams, the author and the narrator, you might say, although, I'm not reading a script here. This is going to be a casual conversation about an astonishing subject that will probably alter your perception of reality for the rest of your life. You can get this audiobook and a downloadable PDF for free, by the way. The URL for that is [AudioBooks.NaturalNews.com](http://AudioBooks.NaturalNews.com).

In this audiobook, you're going to learn about consciousness and the fabric of reality. You're going to hear information that you've probably never heard before. I'm going to be citing many scientists and scientific studies and papers to show you that this phenomenon not only exists, but it has been in place and experienced by people since the beginning of humankind. You're going to learn how organized systems communicate over time and space without using technology. There are ways to share knowledge without using email or the Internet or cell phones, or even your voice. And this knowledge that I'm about to reveal here, will lead humanity to the defeat of evil. It will promote human freedom, not only across our planet, but throughout the cosmos.

This is a method to break through censorship, to break through tyrannical controls over speech and attempts to suppress knowledge, which is what

Google does. Google is a knowledge suppression engine, not a search engine. The same thing is true about Wikipedia, the mainstream media, Facebook, YouTube, and so on. They're all about suppressing knowledge.

Well, what if you learned a way around that that did not require technology; a method that you could use right now, today, in your own home without spending a dime, without even having an internet connection. That's what you're going to learn in this book, The Contagious Mind. And I know it sounds extraordinary. What you're about to learn is extraordinary. When I first learned this information, I was completely – I was just blown away by it.

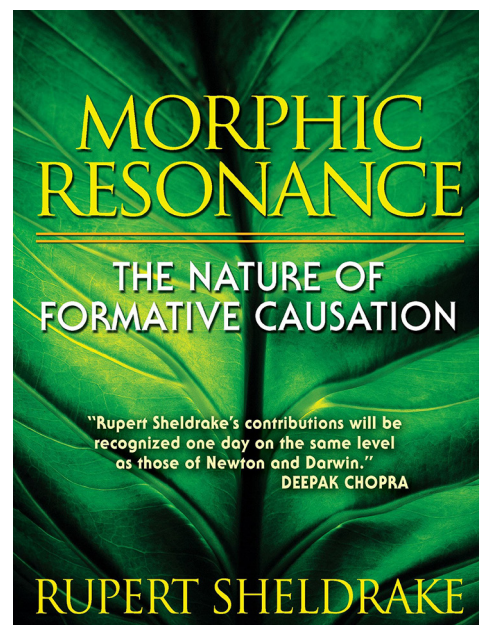
I'm going to present this information here in a lay person's language, as if we're having a casual conversation about this, sitting together in a room, you know, so this is not intended for scientists and you don't have to have a special background in physics or chemistry in order to understand this information. Even though I will be using terms like polymorphism in molecular crystals – that's actually the name of one of the sources that I use for this research – I will explain these terms. What is polymorphism? What does it mean? It's a common term in both organic and inorganic chemistry. I'm going to explain the concepts of nonlocality and

superposition. We'll talk about consciousness. We'll talk about the fabric of reality, and so on. So, that's what you're going to learn here. Buckle up. It's going to be quite an interesting thing.

Before we get started, just want to mention, I'm the author of two other audio books that you can download for free, in addition to this one. Those are all available at [AudioBooks.NaturalNews.com](http://AudioBooks.NaturalNews.com). Those two books are Survival Nutrition, which teaches you how to use foods, herbs, superfoods, molecules and substances to enhance your preparedness and survival, wound healing, cognitive function, and so on; and the Global Reset Survival Guide, which gives you a hugely valuable assortment of information about how to survive financial collapse, a food supply collapse, an EMP attack, a grid down scenario, a global economic collapse or a debt bomb collapse. If you want to survive all those things and make it through that, check out the Global Reset Survival Guide. As with this book, The Contagious Mind, you can download those two books for free. You can get free audio files – they're MP3 files – and also a free PDF document, which is the full transcription in a large print font suitable for printing on your own home printer. We've designed these PDF files to use a very

small amount of ink or toner, so you're not going to blow through a bunch of toner printing these out, and we don't have large pages of dark gray or black backgrounds or things like that, for example. I just want to mention, we wanted this to be available to people who are hearing impaired and also to allow you to print off a hard copy, so you can have this information. Even if everything else goes offline, you can share these files. After you download them, you can put them on a thumb drive and give them to a friend. You can share them for any non-commercial purpose. You can even put these files on the BitTorrent and torrent sharing sites, if you wish. You have my permission to do so. This is all knowledge about setting humanity free. We've come across something here that's rather extraordinary, that must be part of the solution.

Jumping into Chapter 1, which I call a Morphic Resonance – this is the title of a book by Rupert Sheldrake, who is an extraordinary scientist and investigator. I'll talk about his work more later. But if you want to get his book Morphic Resonance, it will definitely help explain some of what I'm covering here. However, that's just the beginning of this book. You're going to find out some amazing things as we move forward.



Let's start with xylitol, which is a natural sweetener. You probably are familiar with this. It's in crystalline form, and maybe you've chewed on gum that's sweetened with xylitol. Or maybe you've heard about xylitol as a really nice alternative to sugar because xylitol doesn't promote tooth decay. In fact, it helps prevent it. Something mysterious happened to xylitol that tells us something about cosmic consciousness.

Now, I'm going to read from you excerpts from a letter from a couple of scientists, one of whom is named Walter C. McCrone, from McCrone Associates, Inc. in Chicago, Illinois. He wrote a letter that was published in the *Journal of Applied Crystallography* volume 8, 1975, page 342.

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Here's what he said: Xylitol was first prepared in 1891, and it was considered a liquid, not a crystal; just a liquid until 1941 or 1942, when at that time a new crystalline form appeared in the liquid. In other words, the liquid started growing crystals spontaneously, and this new crystalline form would melt at 61°C. I've got citations for this and it's in the letter if you want to see it, but one of the citations is from 1942.



These experiments were successfully repeated by Carson, Weisbrod and Jones in 1943. During those experiments, another crystalline form began to appear in the liquid. This new form was a more durable crystal, and again, it was spontaneous and would melt at 94°C. So, here we suddenly had a high temperature-resistant form of the crystal. Now, you might think, "well, that's unremarkable, so what?" Here's the thing. According to the letter from McCrone, "subsequent attempts to prepare the lower melting form were unsuccessful." In other words, they could never go back to the 61°C crystal structure. From that point forward, xylitol would always crystallize at 94°C and form a substance that was resistant to melting.

Now, these two different forms of crystals use the same elements. I mean, xylitol is a complex sugar, and the same molecules are used in that molecular lattice. It's just that the molecule arranged themselves differently. That's called polymorphism, when you have the same elements that are arranged differently into a molecule. One variant is called a polymorph of the other.

According to the letter from McCrone: "There are many instances, some reported in the literature and many others not, of crystalline compounds behaving respectably for many months or years until the nucleation of a more stable form." What he means by "nucleation of a more stable form" is that suddenly, this other more stable or heat-resistant form

suddenly appears for no explainable reason. So far, you're probably still not astonished. You're like, "okay, where's the amazing news here?" Okay, stay with me. After this occurs, the previously obtained crystal form cannot be made to crystallize even in laboratories many miles away. "What? You mean this new form is crystallizing and it's affecting the function of the crystals many miles away?" Yes. McCrone continues: "We have recently encountered such an event and became interested in the prevalence of such behavior. The results were so interesting to us that we felt your readers might be equally interested." And then this letter goes on to explain all of the different molecules, including sugars and also antibiotics at pharmaceuticals, that spontaneously began to form new crystal structures for no apparent reason. And when they did so, the new crystalline structure spontaneously appeared in every laboratory around the world, and in none of those labs could they ever go back to the previous form.

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Here are the examples that are cited by McCrone. There's a compound that he says started him on this search: ampicillin. This is sort of related to penicillin, but different; it's an antibiotic. Basically, he's saying that ampicillin is normally readily crystallized as a trihydrate or an anhydrous form. Early workers obtained a monohydrate – mono means one – so that's just one of those fragments instead of three. A monohydrate versus trihydrate means one instead of three. Later, the trihydrate was obtained, and the later workers then disputed the earlier existence of the monohydrate. These researchers were named Austin, Marshall and Smith in 1965. They claimed that no one could ever create the monohydrate, that it never even existed, because they couldn't create it again. No one has reported crystallization of the monohydrate despite persistent efforts since the trihydrate appeared.


McCrone goes on to explain: "This seems to us to be a case of a nucleation of a more stable form, the trihydrate, the ubiquitous nuclei of which precludes subsequent formation of the monohydrate." In other words, he's saying that there's a preferential formation of the trihydrate polymorphism that is sort of

outcompeting the monohydrate. This is what he's claiming so far. And then he continues: "We've been able to find a large number of parallel cases. It seems to us important that crystallographers recognize this phenomenon as an important and common behavior." And he goes on to cite ethylenediamine tartrate, which was recrystallized routinely on a large scale as a commercial piezoelectric anhydrous crystal. But after four years of research and production of a monohydrate nucleated form, that form grew preferentially. Soon, the affliction spread to a second plant, many miles away. McCrone also talks about D-galactonolactone, which apparently crystallized only into an anhydrous form until a monohydrate nucleated form appeared in 1939. Since that time, the anhydrous form has not been reported. So, again, the earlier form could never be recreated after the new crystalline structure appeared in just one lab.

McCrone goes on to explain: "This phenomenon is widespread. Most interesting to us is the fact that once one laboratory has recrystallized a compound, either for the first time or in a more stable form, other laboratories were able to do so. It is as though the "seeds of crystallization" had been carried upon the winds from

end to end of the earth." So, what they're describing here – and more examples are coming – is, again, that once a chemical structure – a liquid, typically – starts to form crystals in one lab, that form is, in a sense, kind of imprinted into cosmic consciousness. And that form becomes a habit of nature, you could say. And then other labs around the world are able to – well, it's not that they're able to, they can't even control it. The liquid in those other labs spontaneously sort of reads the cosmic imprinting of that crystalline structure, and then those liquids form those crystals as well. There appears to be no limit to the distance at which this occurs. It happens apparently without the limit of distance or time.

"A number of additional examples are known among the sugars. A beta-D-mannose was prepared without difficulty back in 1917, but in 1934, the CO form was prepared, and subsequent crystallization by the normal route instead gave the alpha form." So again, they could not go back to the beta form after this new crystallization appeared. Melibiose was first isolated in the beta form as a dihydrate in 1902, melting at 83°C. But in repeating that method of preparation, a C form monohydrate crystallized, melting at about 180°C.



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Similar results were reported later. Turanose was officially described as a liquid, but eventually it crystallized and has done so ever since. This was reported by a researcher named Powers in 1971. Benzophenone also behaved in the same way as turanose. Levulose existed for years as a viscous liquid, until a researcher named Jackson crystallized it, and it has readily crystallized everywhere in the world since the first nucleation. Nucleation refers to the formation of the new structure, the crystalline lattice of the molecules and how they lay together. Here's another one: Alpha-d-xylofuranose tetrabenzoate was crystallized as a form melting at 111°C to 170°C. Later, a form melting at a different temperature was isolated and spontaneously separated in subsequent crystallizations. There are other examples, such as glycerin, pentaerythritol and gossypol, whatever that is – never heard of that – the list goes on.

Now, the book *Morphic Resonance* by Rupert Sheldrake, it talks about a pharmaceutical company as well as another chemical company, and it gives us a couple more examples. The reason I'm giving you all these examples is so you know this was not just some fluke. This has been happening. It was observed and documented all throughout the 20th century, and it continues today. So, as Sheldrake reports, a company was operating a factory which grew large crystals of ethylenediamine tartrate from solution in water. From this plant, it shipped the crystals many miles to another plant that cut and polished them for industrial use. A year after the factory opened, the crystals and the growing tanks began to grow badly. The crystals of something else were adhering to them, something which grew even more rapidly. The affliction soon spread to the other factory, and the cut and polished crystals acquired the malady on their surfaces. The wanted material was anhydrous ethylenediamine tartrate, and the unwanted material turned out to be the monohydrate of that substance. But during three years of research and development and another year of manufacturing, no seed of the monohydrate had formed. In other words, they couldn't go back to the monohydrate form. And after that, the new form seemed to be everywhere. And again, this went from one chemical plant to another chemical plant.

Ritonavir was an AIDS drug made by Abbott Laboratories. It was introduced in the marketplace in 1996. This drug had been on the market for about 18 months when chemical engineers found a previously unknown polymorph. In other words, the molecules in the drug, which was a dry drug (like a powder), were suddenly forming a structure, a different crystalline structure. No one knew what had caused the change and the Abbott team could not stop the new polymorph from forming. Within a few days of its discovery, it was dominating the production lines. Now, although the two polymorphs had the same chemical structure – that is, the same number of elements per molecule – the second form was only half as soluble as the first, which means that people taking the drug obviously weren't absorbing the dose that they thought they would. Eventually, Abbott had to withdraw ritonavir from the market and launched a crash program to try to get back its original polymorph. The company spent hundreds of millions of dollars on this process and lost an estimated \$250 million in sales in the year the drug was withdrawn. I mean, talk about a major financial loss. Then, the company finally decided to just reformulate the drug as a capsule containing the drug in solution. So, they just avoided the crystalline form altogether, just put it in a liquid and kept it in the liquid, probably by altering the pH.



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What we just went over are many examples of molecules that seemingly have some kind of memory, you might say, but that's just a metaphor. They don't really have neurology, obviously. These are just simple molecules, inorganic molecules, in many cases.

So, how are molecules in a liquid solution halfway across the world suddenly forming crystals after a different lab somewhere else formed crystals? How was that happening? How is this knowledge of organization and structure being communicated? And how is it being transferred, you can say, across the world to the other vat of liquid? And how is that vat of liquid reading this information and deciding, in a sense – although, again, that's a metaphor – but deciding to form a new crystalline structure? The answers tell us something extraordinary about the fabric of the cosmos.

According to Rupert Sheldrake, this is because there does exist something called "morphic resonance," which means there is a habit in Nature, and this habit allows not just molecules but complex life forms like plants, animals, human beings and even the human mind, to share solutions that were achieved previously by another member

of the same species. And this is something that materialists would insist does not exist, because materialists do not believe in the existence of a non-material mind or consciousness, or the soul or intuition or telepathy or anything like that. They don't even believe that herbs can function or that acupuncture works, even though there is extraordinary clinical evidence that shows acupuncture does work very well for many conditions. Materialists don't believe that information at all, so they would just dismiss all this evidence and they would say, "well, it must be just coincidence or maybe it was reported wrong or what have you." But in fact, there is an extraordinary amount of evidence that this is happening, not only with crystals but also with other life forms.

Let's start moving up the chain of complexity and get into living organisms. Where else do we see this idea of morphic resonance? Now, I have animals on my ranch in Texas and I observe nature a lot. And because I live out in the country, we have, at certain times of the year, a lot of spiders that build intricate webs between trees. And I've seen these spiders build webs with primary anchor lines, going as much as 50 feet from tree to tree. I mean, it is extraordinary how long they are.

And then dropping down from the mid-point of that anchor line, the spider will drop a line and anchor it to the ground. So, they've created now three points: two trees, and an anchor on the ground. From this, they begin to build a web structure.



Now, spiders are born with this ability. They're not taught to build spiderwebs. There's not a spider web training class for young spiders. There's not a spider web seminar. Spiders are born with this capability, and this behavioral capability cannot be explained by the genetics of these spiders. There's nowhere in the genes that describes the behavior of what is a web, but spiders innately recognize what a web is. They know how to build it innately. And more importantly, as I have done, I have deliberately and intentionally caused minor damage to webs in order to determine and observe how they repair the webs. If you take out the anchor point on the ground, for example, the spider will immediately recognize that the web is no longer the holistic web

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structure that it intends to create; it's flopping around in the wind. The spider will immediately drop down to the bottom of its web and it will attach a new line and then descend from that line to the ground, attach a new anchor point – usually to a weed or something on the ground. It will tension that line to pull down the web and make it taut. And then, the spider will reascend up that line, and it will continue building the rest of its web.

Now, in observing spiders doing this, it's clear that in their consciousness, there is an idea of a complete holistic web, and they are attempting to create that whole form. If any part of that web is damaged, they will repair it in order to create the entire structure. A lot of people don't know this, but spiderwebs contain two different types of strands. One type is a sticky strand, which is kind of – it goes in between what you might call the spokes. The spokes or the non-sticky, more durable strands upon which the spider itself travels, but the sticky strands are where the insects get caught.

Now, a spider traveling around its web knows not to touch the sticky strands. See, spiders don't have special, magical abilities that make them non-stick. If a spider touches its own sticky strands, it will get stuck just like a fly. So, the spider travels among the non-sticky spokes in order to get to the outside or the lines attached to the trees, or the line that goes to the ground. And when you damage a spiderweb, the spider still knows which spokes are supposed to be sticky and which spokes should be not sticky. This means that when a spider is building the web out of its abdomen, it is turning the stickiness factor on and off. The spider can produce both sticky filament and non-sticky filament, and it does so as it is traversing its own web. It does so from its own point of view; in other words, as it is building it, which is kind of a difficult thing to do. It's kind of like being a pilot of a small aircraft and trying to draw a spiderweb in the sky as you are maneuvering. That's a very, very difficult thing to do. But the spider does it, and the spider also avoids getting caught in its own sticky webs. But just about any damage to this web is repaired by the spider because the spider detects that something is wrong, it's no longer a whole.

However, there is a point of catastrophic failure, if you were to, for example, cut one of the sidelines that goes to the tree and the web begins to fold and collapse in on itself, and the sticky lines all start to

stick together. Then, the spider realizes that that cannot be repaired and it starts over with a whole new effort. Now, spiders build these webs each day, and they hope to catch something each evening. Well, they really build them in the evening, for the most part, and they hope to catch something during the night. If you watch these spiders building webs early in the evening, they still have many hours to catch something, even if they have to repair it.

The question here is, in the case of spiders, how did they learn to build a web? How do they know what a complete web is? How do they know how to repair a web or to traverse their own web? How do they know what an anchor point is? How do they understand the concept of gravity, the concept of wind, which is necessary for them to throw one of their initial lines to a tree that's far away? They rely on wind to do that. How do they understand all these concepts when they're supposed to be just very simple arachnids that have hardly any nervous system at all and very simple genetics? The answer is morphic resonance. The answer is that spiders are able to build these webs with incredible precision, and artistry even, because there have been trillions of spiders before them that already built such webs. And a living spider today, even a brand new one, just born, knows how to build a web and how to repair a web, because it is tapping into these patterns of nature, in the same way that these liquids we were talking about earlier that formed new crystals were able to tap into the cosmic database, you might say, of polymorphism that was achieved by earlier crystals. So, it's the same phenomenon here.

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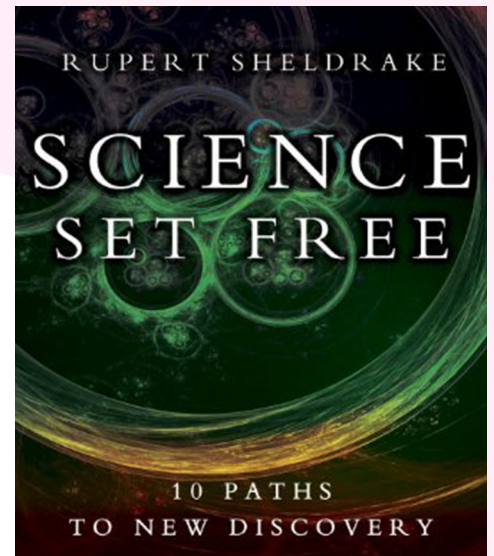


There is an imprinting of organization of knowledge that is, in essence, written into the cosmos, in something I call "cosmic consciousness." Not only can life forms tap into that and, in essence, read that information and use it to direct their behavior and knowledge, but even non-living substances, such as molecules, can use knowledge from previous molecules. In fact, it's not that they choose to do so because they're not alive, it's that they cannot help but do so. And that's why scientists in the chemical labs are never able to go back to the earlier forms of those crystalline molecules. You can't go back because this is the advancement of more complex knowledge, more organization, more intelligence, you might say.

So, spiders, if you were to somehow have a new spider that comes into existence and you try to block its web-making skills, you couldn't do so unless you just physically maimed the spider, because that spider is receiving all the information from all the previous spiders of how to make a web, and you can't find web-making skills anywhere in the genes of a spider. It doesn't exist in the genes. There's no way that genes could describe that. Frankly, there aren't enough genes in a human being to

describe human behavior and the human body, human physiology. Genetics primarily just describes the synthesis of proteins. It's a very limited part of inheritance or epigenetics or what you might call "cultural inheritance," and what we're now calling morphic resonance, which is a system of storing and transmitting knowledge of organized structures. These organizations can exist in social constructs, physical constructs, behavioral constructs, energetically in much more.

So far, we've only talked about molecules and spiders. In the book *Science Set Free* by Sheldrake, he talks about female mud wasps called *Paralastor* species in Australia. They repair complex funnels that are built to protect their underground nests from predators. In a well-documented experiment, researchers would damage some of these funnels, which are mud funnels, and the wasps would repair them. They could damage part of a funnel; it would be repaired to its whole. They could remove the entire funnel; the wasp would make a new one. They could poke a hole in the funnel and the wasp would patch the hole, and so on and so forth. So, the wasp, again with very simple neurology, but it has a concept somehow of this elaborate 3D structure. It's a funnel shape



with a curve in it, and it actually – the opening of the funnel faces downward, so it comes out of the mud. It goes up and then it curves down, kind of like a musical instrument, like a French horn or something. It curves down and it's quite an interesting geometric shape, but somehow this wasp is born with the knowledge of what that is.

But again, the answer is: It's not genetic. They're not actually born with it. They receive it from cosmic consciousness. This information is now available to them because billions or trillions of other wasps before them built the same funnels, and they added to the imprinting in the fabric of the cosmos. What this means is that when an insect solves a problem, that solution becomes available to other insects of the same species.

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Now, we see this also in ants, so it's not just wasps and other insects. Ants are incredibly good at repairing their structures, their ant homes or ant mounds. And if you damage an ant mound, the ants work to repair it in a way that defies anything described by genetics. They repair it because these ants inherently know what a whole ant home structure should be. Any deviation from that caused by damage is then repaired to restore it. In the same way that these liquid sugars want to form complex crystals, ants want to have a home that fits a certain pattern. And that pattern is inscribed in the cosmos. It's inscribed in the fabric of reality using morphic resonance.

Now, you may begin to think about this as the so-called hundredth monkey phenomenon, and you may have heard of this. I'm going to go into a little more detail about what this really means. The hundredth monkey phenomenon typically refers to the fact that when there is a critical mass of a certain number of beings that is able to solve a certain problem, then spontaneously, all other members of that same species are able to access that same solution without having that knowledge transmitted to them. This comes out of a science observation experiment on the Island of Kōjima in 1952. Scientists were apparently providing monkeys with sweet potatoes that they dropped in the sand – I guess it was on a beach. The monkeys really love the sweet potatoes, but of course, no one wants to chew on sand, and so, some monkeys were trying to solve the problem of how to get the sand off the sweet potato. An 18-month-old female that they had named "Imo" found that she could solve the problem by washing the potatoes in a stream. So, sand washes off very easily from potatoes, right? And she was delighted to find out, "Oh, I don't have to chew on the sand." And so, she taught this to her mother and then some of the other primates around her also observed this directly from her. So, she was transmitting this knowledge to the other monkeys by show and tell, basically. "Here, check this out, take a sweet potato, wash it in the stream, and then you can eat it, and everything's awesome."

Now, so far there's nothing mysterious or extraordinary about that. Monkeys are solving a problem, okay. But then something really startling took place in the autumn of 1958. This knowledge was becoming fairly widespread among the Kōjima monkeys on one particular Island, but then there were other monkeys, other colonies, other families that were on other islands, which were separated by the ocean. Suddenly, what happened in 1958, is that the knowledge of how to solve this problem spontaneously emerged on the other islands. In other words, colonies of monkeys on the other islands began washing their sweet potatoes in the water as well, even though they had never been shown how to do that. So, as I said in a report on this, the new behavior patterns spread to most, but not all, of the monkeys. Some of the older monkeys remained steadfast in their established behavior and they resisted change. When the new behavior pattern suddenly appeared among monkey troops on other islands, only a few monkeys on those islands picked up on the new idea. The ones most receptive to the new ideas started imitating the new behavior and they demonstrated it to other impressionable monkeys, and then they learned it, and so on. Eventually, this spread to all the monkeys on all the islands because it was a very obvious solution.



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Now, here we have a case kind of like the crystals with xylitol and ampicillin, and so on. When the crystals found a new solution, which was a new way to form a more durable crystalline structure, that solution was imprinted in the fabric of the cosmos and immediately became available to other similar solutions elsewhere around the world. In the same way, these monkeys, when they solved the sweet potato washing problem, that solution, that knowledge, was instantly available to the other monkeys on the other islands, without any method of transmission of that knowledge.



Now, the hundredth monkey phenomenon is in a sense misnamed, and Sheldrake also comments on this in his own work. It doesn't actually require a hundred monkeys. The number 100 is just arbitrary. It doesn't mean that this knowledge requires a certain critical mass of members of the species in order for this knowledge to be available to others. In some cases, it can be just one person. And there are many examples of that, even in sports. For example, running a four-minute mile. It was long believed in sports that it would be impossible for humans to run a four-minute mile. But then, when one person broke that record – that is, moving pretty quickly to run a mile in under four minutes – all of a sudden, that solution became available to many other people, and all kinds of people broke that record. Today, it's very common for people to run a four-minute mile.

That record was broken by a man named Roger Bannister in, I believe, 1954 or right around that time. Once he did it – again, it only took one person – suddenly, the capability to do that became widely available to every other human being on Earth. It doesn't mean that every person could run a four-minute mile because, obviously, you have to have a certain body type, body mass, long legs, all these things, and you have to train for a long time to do it. But it is the potential that became available to other human beings, and that's what's important about this. It only takes one person, not a hundred monkeys, to solve a problem.

Now, this goes beyond problem-solving. It's worth noting that there's a saying that says: "When you solve a problem in your mind, it's often said that you crystallize ideas." Have you ever heard that term or heard a person commenting about someone say, "yes, that idea was crystallized in their mind" or "the thoughts were crystallized"? Suddenly, that makes sense here, doesn't it? Because what it means is you might have random thoughts or ideas or you're trying to solve a problem in your mind, and then suddenly, the solution becomes apparent in your own mind and it forms a kind of new crystalline structure. When that happens, that crystalline structure is imprinted in the cosmic consciousness. It's imprinted, and it immediately becomes accessible to other human beings. This is why, by the way, throughout history, many inventions have been discovered simultaneously by several different inventors, who then each accused the other one of stealing their inventions. What happens is, the minute that one inventor solves the idea in his head, that idea is shared through this mechanism that we're talking about. It is shared with all the other inventors, even if they don't realize it consciously. Unconsciously, they now have access to this solution, this new information, this kind of cosmic database. And then, aha! They think, "Oh, I just solved this problem. That's my invention." And then, they file for a patent, even though the other guy filed for a patent already. And then, they're in a patent battle because they both came up with it on their own, they believe. In truth, knowledge is always shared, and it is shared instantaneously across every member of the species.

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# HAWAIIAN ASTAXANTHIN

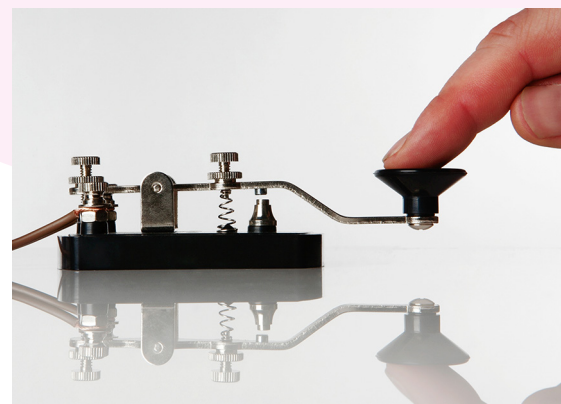


So, you understand that if you solve a problem just in your mind, or if you have a new concept just in your mind, even if you never speak it out – although words can add power to this; we'll talk about that – the idea still is transmitted to others and becomes available as part of the database of human knowledge.

There are many cases of this phenomenon taking place in human society. For example, when a new crossword puzzle comes out, let's say the New York Times crossword puzzle, if it comes out on a Sunday morning, it turns out that it's more difficult to solve that crossword puzzle, if you're among the very first to have it. You're trying to solve it in the morning, it's difficult; but if you try to solve it in the evening, it's easier. Why is that? It's because other people have solved the crossword puzzle, and those mental solutions are suddenly spontaneously available to people who work on the crossword puzzle later.

The same thing is true in IQ tests, standardized IQ tests that have been given over many decades in America and other countries. Solving the test problems becomes easier and easier over time, which is why IQ tests continue to show rising IQs, even though you and I would probably say, "you look at people's behavior and decisions in the real world and people actually seem to be dumbed down increasingly." But they're able to answer the questions on the tests with greater efficacy. Why is that? Again, it's because of morphic resonance. The answers are available to those who took the test later.

There was another experiment mentioned by Sheldrake about teaching people Morse code. So, you know, Morse code, the dashes and dots that were used to communicate on the Telegraph and naval vessels, and so on. You know SOS is  $\circ\circ\circ/- - -/ \circ\circ\circ$ , right? Each letter of the alphabet has a collection of dots and dashes



assigned to it. It turns out that if you teach people Morse code but you take another group and you teach them a fictional version of Morse code where the dots and dashes are just scrambled into a different pattern – and assuming that both these groups don't know what's the right answer to Morse code – the group that learns the "real Morse code" learns it more quickly. Why? Because that's the pattern of Morse code that has been mastered and solved by millions of other people before that person. So, there is, in effect, an imprinting of Morse code in this cosmic database of human knowledge.

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The same thing is true with learning to type. Today, we have the standard keyboard layout, which is the QWERTY layout, starting from the upper left of the keyboard. This layout was designed early on so that mechanical typewriters would not get jammed by people typing letters consecutively, letters that would often appear next to each other and words. Well, if those letters were next to each other on the mechanical keyboard, then those metal heads that actually strike the ink ribbon would tend to get jammed. So, the QWERTY keyboard layout was designed to separate commonly use letter sequences as much as possible. Well, in the electronic age, that doesn't need to happen at all because we no longer have metal heads striking ink ribbons on paper. So, what happens if you try to teach people a new layout? There are other layouts of keyboards, such as the Dvorak layout. And it turns out that if you take people who don't know how to type at all, and you teach one group of people the QWERTY layout and another group the Dvorak layout – which is supposed to be more efficient for faster typing – guess which one they learn more quickly? They learn the QWERTY layout more quickly. Why? Because that's the layout that's imprinted. Because billions of other human beings probably by now have learned that layout beforehand.

Human knowledge is not just in the brain. This is what's to understand here: It's not just in the mind. Human knowledge is shared through what I'm going to call – and this is my own term, not Sheldrake's term. You know how in modern technology, we have something called cloud



computing, where you upload files to the cloud? I'm going to call this morphic resonance phenomenon: God's Cloud Computing. In essence, if we consider God to be the creator of the universe – and however you wish to define that God is up to you. This is not a book about religion; but I'm going to use the term generically. So, the mind of God creates the universe, and then God created a cloud computing platform, a kind of cosmic knowledge-sharing database, or what's called the "knowledge base" for, not just humanity, but for animals and plants and molecules. And the system is working all the time in the background. You can't turn it off. You can't help but receive ideas from other people who have solved problems. And if you solve a problem, you can't help but transmit that idea. And why is that? We're going to get to that in a later chapter. But it's because the human mind, combined with the physical brain, is both a transmitter and a receiver of information, of holistic information. We'll get to that later on. Just understand that whatever you are thinking is being transmitted, and whatever you are feeling may be influenced by what you are receiving.

Now, mothers know this about their children. So, mothers tend

to have very close relationships with their children, especially since they've carried the child inside their bodies, right? So, they have a unique bond; especially when mothers breastfeed their children, they can become even closer. And mothers know that there's something called a mother's intuition. A mother knows when their child may be in distress, and at a young age, mothers know when their child is hungry. There have been carefully constructed experiments when mothers who are breastfeeding, even if they're separated from their infants by a significant distance, they feel physiologically in their breasts when their child is hungry because their milk lets down. Milk suddenly becomes available in their breasts at the same time that the infant is crying for food. The mother actually feels it physiologically, sometimes a tingling sensation in her breast, when the infant needs food. And this isn't just an issue of timing. This has been done experimentally to show this happens. Even when the child is spontaneously, at random times, seemingly, suddenly hungry miles away, the mother will feel that in her breast. So, there's a physiological component of this communication between mother and child.

Well, there's a really well-documented case that you will find fascinating about a mother and her son, who was mostly blind. And so, the mother can see, but her son is mostly blind. This was covered in *Science Set Free*, page 234, and it refers to a man named Sir Rudolph Peters, a professor of biochemistry at Oxford. After his retirement, he continued his research in a laboratory in Cambridge, and he told Sheldrake and gave him a paper that he had published on the subject in the *Journal of the Society for Psychical Research*. In it, Peters referred to an ophthalmologist friend of his, Dr. Recordon, who had a boy patient who was severely disabled, mentally retarded and almost blind. But in routine eye tests, he seemed to be able to read the letters very well, apparently by "remarkable guesswork," Peters' friend said.

Recordon further says: "It gradually dawned on me that this guesswork was particularly interesting, and I came to the conclusion that he must be working through his mother." So, his mother was in the room when the boy was taking the vision tests. And it turned out that the boy could only read the letters when his mother was looking at them. Got that? So, if you take the mother out of the room, and you give a vision test to the boy, the boy can't tell you any letters. You put the mother back in the room and suddenly, the boy gets most of them correct. What's going on here?

Peters and Recordon did some preliminary experiments at the family's home. They used a screen to separate the mother and the son, preventing the boy from picking up any visual cues. When the mother was shown a series of written numbers or words, the boy guessed many of them correctly. Peters and his colleagues could not observe any sign of cueing by sound or subtle movements or anything like that. In other words, the mother wasn't cueing her son.

Then, they carried out experiments over the telephone, which they tape-recorded. The mother was taken to a lab, six miles away, while the boy remained at home in Cambridge. The experimenters had a set of cards on which randomly selected numbers or letters were written. The cards were shuffled so they were in a random order. One of the researchers turned up a card and showed it to the mother, who again, is six miles away. The boy at the other end of the telephone line then guessed what it was. So, they're showing a card to the mom, and the

son is guessing on the other end of the telephone line. And then the mother responds by saying right or no, and then the mother is shown the next card, and so on. So, each trial only lasted a few seconds.

Now, in the trials with letters, normally, if it's just by guessing, you would say there's a 1 in 26 chance of guessing the letter correctly at random. That would be 3.8%. The boy guesses correctly 38% of the time, right? So, 10 times more accurate than chance alone. Now, when he was wrong, he was given a second guess. On the second guess, he was right, 27% of the time. So, the odds against these results arising by chance were billions to one. So, Peters concluded that this was a case of telepathy, which he thought had developed to an unusual degree, because of the boy's extreme needs and the mother's desire to help him.

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As he remarked, the mother was emotionally involved in trying to help her backwards son. So, he says this was telepathy. But could it also be morphic resonance? The mother solves this problem of looking at the card and mentally crystallizing her thoughts of what the letter is – let's say it's the letter B. That solution instantly becomes available to her son. And because of her son's special needs and how closely her son is tied to her, her son is able to access this cosmic consciousness database in real time, across – apparently – unlimited distance and without any delay of time. And the son is able to see in his mind the letter B because the mother saw it with her eyes, even though the son's eyes don't work. Now, you could call it telepathy, I suppose, but I don't think that's really the right word. I think this is cosmic consciousness. This is the shared database of knowledge, in the same way that the crystals were able to share their knowledge of polymorphism across multiple laboratories. The mother and son were able to share this knowledge of the solution of what she was looking at. And the son, he may not have even known the mechanism by which he came across this solution; it probably just came to him. "Oh, it's just letter B. I don't know where I got that. It's just B came to me." That's probably how it appeared to him. Now, importantly, this has been documented in so many different cases. I can do 10 hours of audio just describing to you all the research that has documented this.

In the realm of science, if you dare talk about such subjects, it's called things like supernatural or a pair of psychology. A supernatural means beyond natural, and pair of psychology means adjacent to or pseudo-psychology, I guess you could say. But what if that's not the case at all? What if this phenomenon is entirely natural? What if this is, in fact, so natural that every bug, every spider, every ant, every fish, every blade of grass and every molecule in the cosmos adheres to this phenomenon? It's as natural as gravity or as natural as light. It's as natural as the table of elements, as natural as electron probability and orbital shells around atomic nuclei. It's incredibly natural. In fact, it's ubiquitous. It's everywhere. It permeates the cosmos. It's incredibly natural; nothing supernatural about it. In fact, you could say this is the pre-internet internet, right? It's not only the low-tech internet, it's the "no-tech internet."

If you go back and look at anthropological studies of, let's say, low-tech tribes in different parts of the world, they use this method of communication. And I bet you would find this in some Native American Indian lore as well. But in some cultures, when the men go out to hunt and they kill an animal, the tribal people back at the base camp, they know instantly that the animal hunt has been successful. So, when the men come home, there's already a celebration going and they're all ready: The women are preparing to help process the kill and they're celebrating and everything because they already knew because of this cosmic internet – God's Cloud Computing Platform, you might say. I guess there are a lot of metaphors you can use to describe this, but this is a very real thing.

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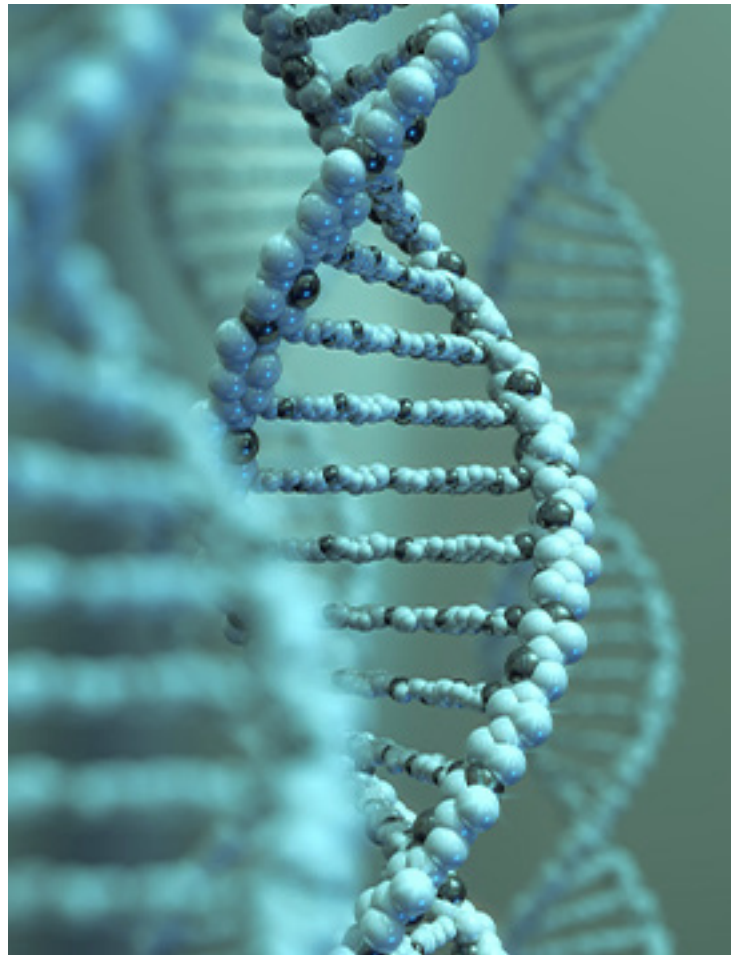
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Now, we get to the question of the concept of a whole. Let's say, there's a human egg joined by the sperm, and suddenly, there's this actual spark of life. There's an actual flash of light at that moment when life begins. Suddenly, this is a living being, even though at that point, it's only two cells; and then, the two become four, and then the four become eight, and so on. Over time, you end up with what? How many trillion cells are there in the human body? How do those cells know which part to be? How does the body know to fill out the pattern of a body? How does it know that over here, it's supposed to be an arm, and over here, it's supposed to be a leg, and it's supposed to be five toes on this foot and five toes on the other? Unless you're an alien, in which case, it's supposed to be six – I'm joking. How does the body know? The answer is not that it's in genetics because it isn't. The human genome project was an incredible failure. They mapped the entire human genome, and what? This came out around the year 2000 or something. Around then, Bill Clinton was President. They thought they were going to uncover the secrets of everything, they were going to cure every disease. They were going to be able to control every human being by genetic modification, so you could have a baby be with the right hair color and the right eye color and everything. But it turns out, none of that is possible just by looking at the human genome because the genes don't contain the coding for the physical body, or the behavioral body, or much of physiology. It just contained codes for building proteins, for the most part.

Genetics is the smallest part of what determines a whole being. There's something else that's far more important than genetics. And the answer is this: morphic resonance. When the sperm and egg joined, these morphic fields were immediately around them. From that moment forward, as those cells divide, they are just beginning to fill out the whole adult body. Some of that happens in the womb; and then the infant is born, but it continues. So, even before the infant is born, that infant has the energy grid, you could say, or the polymorphism of an adult human being, which defines the potential, the patterns and the structure of what that infant is going to grow into. And that phenomenon also exists in other animals and in plants, of course. In every living system.

Have you ever heard of a Kirlian photography? When you cut a leaf in half, lay it on an electrical plate and take a photograph that way, you get a photograph



of the whole leaf because the electric field of the entire leaf still exists, even though part of the leaf has been removed. The field, which you might call the polymorphic structure or the morphic resonance of the whole leaf, still exists. There's a kind of matrix – you could think of it as a blue grid, kind of a lattice work of infrastructure that exists energetically upon which the physical structures are laid down in order to, eventually, create the entire being.

Now some animals, curiously, are able to regenerate entire limbs when those limbs are lost. Salamanders are one of those animals. You may have heard of this, that if a salamander has a leg cut off or bitten off by a predator or something, it can regrow the entire limb. How does it know to do that? And then there are many other reptiles that can regrow tails and things like that. How does a salamander's body know where to put cells in order to regrow a lost limb? The answer is the same as the answer to how a spider creates a web. The salamander has in its mind, in its consciousness field, the concept of what is a whole salamander, and the body's cells are simply pushing out and dividing and filling in the lattice work to recreate the whole salamander, which includes this lost leg. And so, they regrow it.



Technically, regrowing limbs is even possible in human beings. There have been several documented cases of people regrowing fingers and even larger parts than that, although it's not commonly known, and it's not something that is widely practiced. I believe that one day, when more people solve this problem, this will be a common knowledge solution, that human beings will be able to regrow entire limbs as well because, physiologically, there's nothing stopping it. There's nothing in the way.

In fact, in modern dentistry, there is a technology that allows teeth to regrow. Normally, you've been told that teeth are not going to grow back once their damaged. Well, dentistry is working with a technological approach that stimulates teeth to regrow by coating them with a substance that sends the right signals to the tooth cells, the nerve inside the tooth, and so on. And the tooth actually rebuilds and grows back a whole tooth. Before very long, dentistry will probably be able to regrow teeth as long as the nerve is still alive, which means as long as there's blood supply to the tooth, you'll be able to grow them back. It's not instant. It takes time because it takes time for cells to divide. But there's no reason why we can't regrow teeth or regrow limbs, or even regrow severed spinal cords. What if we could have, in the near future, across the whole planet, people who are paralyzed be able to spontaneously heal and walk again? I believe that day may be coming, granted there might be some intervention that's necessary to set the body free to pursue this healing approach. So, maybe there is some technology involved, but

the body already knows how to be a whole being. You were born with that. I mean, you had it before you were born. You had it from the moment of conception.

Kind of the overview of where we are right now so far in this book is understanding that we exist in a cosmic system of knowledge that I call God's Cloud Computing Platform. You might call it the cosmic knowledge base; whatever you want to call it is up to you. I noticed that sometimes people get turned off by, like, Christians might get turned off by new age-sounding terms, and new age people might get turned off by Christian-sounding terms. And what I find kind of humorous about that is that many times, both groups are talking about the exact same thing: the mind of God with different words. Crystals – sometimes Christians might get a little bit afraid of hearing about crystals. "Oh, what are you into, like witchcraft and things like that?" Well, no. It turns out, crystals are also a part of the mind of God because crystalline structures are part of the fabric of the cosmos all around us. Salt is a crystalline structure and so is quartz made out of silicon – we'll talk about that later. And crystals are all around us. They are part of our world and they're made of elements, and elements come from the mind of God. The entire cosmos did.

Now, this book isn't about that. But ask yourself, where did the Big Bang come from? What happened before the Big Bang? Many scientists, who don't believe in God, when you ask them, "where'd all this come from?" Their answer is: "Well, give me one free miracle, and then everything else we can

explain with materialism." And the one free miracle they need is the explosive creation of everything. So, even they believe in miracles, it turns out.

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In any case, here are the concepts that we've covered here. Your mind is a broadcast system and a receiving antenna. Now, your mind works with your brain. Your brain is the physical part, the interface, where your mind interfaces with your body, but your mind itself is non-material. It is above the brain, and it is able to send and receive information through God's Cloud Computing Platform.

By the way, if your brain is damaged – and we're going to get to this later – it can alter your ability to receive or send this information. So, physical brain damage can alter the expression of your mind through your brain, but it doesn't necessarily mean that your mind is damaged. But you do have to have good hardware in order for you to be able to speak, function, move your body around and make sense of information coming into your mind.

Now, we are both creating and reading from morphic fields all the time in everything that we do. In the Christian tradition, it's said that God is omnipotent and omniscient, that God always knows what we're doing and what we're thinking, what we're up to. It turns out that everything that you're doing and thinking is actually being added to the knowledge base, the cosmic consciousness.

Most of the time, we're not solving horrendous problems. Most of the time, we're like, "Oh, where did I put the soap in the shower? Or, "what am I going to make for breakfast?" So, these are not big deal solutions that really matter that much. There's a lot of background noise in the system. You're transmitting mostly pretty mundane stuff all the time. "Oh, I mowed the lawn. Oh, big deal, solve that problem." That's not going to change the world. But the same mechanism can change the world in other ways that we're going to describe here.

It turns out, then, that if you can think of something new, even merely thinking, it allows other people to think that same thought more easily. You reduce the friction of their ability to think the same things. You have formed, essentially, a new crystallization of thoughts. And you have, in essence, automatically shared that with others, allowing them to think the same thing. This is why also coining new words and phrases is very powerful in society. It also explains why memes are very powerful, because this is the crystallization of ideas into readily consumable thought nuggets, you might say.



I coined a term a few years ago called the Trickle-Down Tyranny, and I was writing about the Obama administration. And there were some elements of the Obama administration that were quite tyrannical, in my view, and so, I coined that term and wrote it up in an article: Trickle-Down Tyranny. Sometime later – it seems like it was more than a year later – Michael Savage came out with a book. The name of the book? Trickle-Down Tyranny. And I congratulated Michael Savage for using my phrase for the title of his book and welcomed him using it. I didn't expect any special royalties or anything like that, it was just a phrase, you know. I just came up with a phrase, and I share everything that I create, by the way, such as this audiobook. I'm giving it away for free. So, I love it when people take advantage of the ideas that I've shared with the world. But you can do the same thing. That's what this is all about. And Trickle-Down Tyranny just suddenly made instant sense. And I think, I believe, that me writing about that phrase imprinted that phrase in the cosmic consciousness. And it's quite possible that somebody on Michael Savage's book team may have spontaneously come up with that phrase on their own, not realizing that it had actually come to them through God's Cloud Computing Platform here. In other words, it was morphic resonance. In other words, they may have not ever deliberately tried to copy my phrase, maybe they never even saw my article, but the idea came to them because I had created it first. And by the way, just as a fact-check here, it is entirely possible that I didn't create it first and I just don't know it. So, maybe I think I was the first one to come up with it, just like Michael Savage's team thinks that he's the first one to come up with it. There might be somebody else before me that came up with it, which allowed me to think of it. See? You see how this works?

There is this community consciousness that's very real. This knowledge base of shared information. And this knowledge base can be weaponized against us, and it is being weaponized. I'll talk about that. But it can also be used to achieve incredible liberty and freedom for humanity, defeat evil, defeat oppression and defeat tyranny. So that's what this book is really about.

Now, you can add power to your ideas. We're also going to talk about this in a later chapter. You can add power to your ideas by adding the spoken word to them. In the Bible, even God talks about the spoken word, the power of the spoken word. And I think in Genesis, even God used the power of the word to create everything that is.

What is this about the power of the word? When you speak something, it adds power. I believe this is how it works. I think it makes a deeper imprint in the morphic resonance database system. In other words, to think something may be breakthrough, and that's wonderful; but to speak it suddenly adds more power to it, and it makes that structure, I think, more rigorous. It adds depth to it or strength, you might say. I believe that this extends to other ways of expression. If you

can draw it on a white board or a piece of paper, there's something about that that makes it more of a reality. I have a whiteboard, and for the last 20 years, every single thing that I've drawn on that whiteboard has come true. I don't think it's a magical whiteboard, by the way. I don't believe in a magic mirror on the wall or anything like that. It's not magic. I think this is cause and effect. When I think of a solution and speak it and draw it, I now have three layers, three ways of imprinting that in the morphic fields. And again, in every case, that has come true. With the creation of the Health Ranger Store, the creation of my laboratory and the audiobooks – all the things that I have drawn have all come true. It's astonishing. But I think somebody who didn't know all this information that we're talking about here might think that I believed in magic. But it isn't magic. In fact, it's entirely natural. It's cause and effect. This is the way the universe works. It's like gravity.

Importantly, once these new ideas are crystallized, they can be invoked with what I call sympathetic resonance. Corporations and governments exploit this phenomenon to try to imprint you with ideas that may increase their profitability or increase their control over you.

In other words, corporations and governments, even though they may not be aware of all of this, they have found ways to use this phenomenon. They've found ways to use it to achieve their own goals, even though they're not interested in human freedom at all.

Corporations, especially back in the 1960s, 1970s and 1980s, they knew that if they could sing an idea and turn it into a piece of music, that would add even more power to the morphic resonance. You know how we've talked about thinking something and then speaking something and then drawing something. What if you sing it, also? Let me see if I can invoke some of this sympathetic resonance in you. This may not work if you're a very young person listening to this, but I'm in my fifties, so if you're kind of near that, you may resonate with some of this. If I say there's a breakfast cereal, "it's snap crackle," and what? What's the word? Oh, you're going to say it's pop. "It's snap, crackle and pop." That's Rice Krispies. Now, you didn't have to try to invoke the word "pop," it just came to you automatically. Why? Because it's part of the morphic resonance field that has been imprinted in your brain through the advertising of Rice Krispies cereals. Snap, crackle and pop. Here's one going way back.

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If I sing this “M I C K E Y.” What comes after that? And the answer is, of course, “M O U S E, Mickey Mouse.” That’s the old Mickey Mouse Disney song. I think that was popularized back in the 60s and 70s. It’s easy to remember because it was imprinted so many times.

Now, commercial organizations like processed meat companies managed to use the same thing with commercials like this one: “My bologna has a first name, it’s [blank].” Fill in the blank. Does that ring any bell to you? “My bologna has a first name, it’s O S C A R. My bologna has a second name, it’s M E Y E R.” That’s Oscar Meyer pushing this morphic field of singing about bologna because, I guess, they need to sell more processed meat. And actually, if you read the ingredients, it’s kind of scary what’s in that. They don’t sing the ingredients, they sing something happy-sounding so that you tie that obviously to the bologna.

This is more than just simple jingles and repetition. This is actually forming a morphic field across the population so that these songs, these words and these ideas become familiar to people for reasons that they may not even be consciously aware of. Suddenly, it just seems like the right thing to do.

Here’s a commercial, a coffee commercial. See, if you can fill in this one. “The best part of waking up is [blank].” So, what’s that? “The best part of waking up is Folgers in your cup.” That’s Folgers coffee that did that. That’s a very effective jingle, slogan and morphic resonance programming meme because it’s positive and inspirational. I don’t know about you, but if I were to think about this logically and they say, “what’s the best part of waking up?” My answer would be going back to sleep. I don’t want to wake up, that’s horrible, you know what I mean? This is like, I need more sleep. But they shifted all that to be positive. “The best part of waking up is Folgers in your cup.” And then, they bring in the senses with the commercial. They have the vacuum sound of opening the can of coffee and they have the coffee maker. They have the steam coming off the coffee and someone sipping it. All these sounds, you can imagine the aroma and everything. So, they’re involving multiple senses in the programming of the morphic resonance field. It’s a song, it’s a visual image, it’s repetitive, it’s multisensory, it’s auditory, it’s olfactory, it’s all this stuff and it’s positive. No wonder they sold a lot of Folgers, even though it’s pretty much a crappy coffee, but the promotion worked.

Here’s one more example that I think is not such a great job with the message, “Can you tell me how to get, how to get to [blank]?” What is that? It’s Sesame Street. How to get to Sesame Street. And if you think about that message, it’s not really well-formed because it’s like, “can you tell me how to get to Sesame Street?” So, what’s the message? I’m lost, I’m totally freaking lost and I’m looking for Muppets. That’s not really a great message. It’s not as good as “the best part of waking up.”

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Interestingly, I think if corporations had more knowledge of how morphic fields worked, they could do a much better job of forming them. I'm glad they don't have this knowledge, by the way, because corporations, by and large, are pretty evil. They have no morality, no ethics, no soul, no consciousness, nothing. They're just all greed and profits. I'm just glad that they haven't figured out better ways to make morphic fields to influence us. But there are some evil entities out there, I believe; a satanic influence that's in the world today. There is an epic battle of good versus evil, and some of the evil elements are using morphic field programming techniques -- that, we'll talk about later -- to try to destroy human knowledge and enslave the human race.



The upshot of this section here is that when we wish to create morphic fields or morphic knowledge, you might say, and share this with others and help see these ideas into the world, we should: number one, realize that people like you and I, we are the seeders of new ideas. We are the sculptors of the morphic fields. We're kind of who make the first new imprints. We're painting on a wide-open, blank canvas, and you can make anything you want of it. We are shaping the consciousness of the cosmos based on the new ideas that we form in our minds

and then express through multiple layers. And the more layers that we add to that, such as speaking, drawing, singing or even acting or sculpting -- any representation of our ideas that adds another dimension to it -- the more its power is enhanced.

Remember, we can do all these things in our own homes. You can do this in your living room. You don't have to have an account on YouTube. You don't have to have technology to do this. What this means is that we need to understand that we are seeding the world with our ideas, which means we need to be deliberate in what ideas we are putting out there or what problems you're solving with these ideas. And by the way, this is not a section where I'm going to say that means you should always think positive. Think positive, think positive, you know. This is not some law of attraction stuff that imagines that if you dare mention anything negative, you will make it real. No, I disagree with that. We need to solve problems. We need to defeat evil. We need to overcome problems in the world. And that means it's important to acknowledge that they exist and then publicize solutions that make those problems disappear over time.

I'm never going to say you should always just think positive. No, sometimes you need to acknowledge the negative that's out there but then find a way to defeat it or resolve it or overcome it or some way to transform it into something that is positive. You're not going to hear me say, "just always think positive." That's not going to serve you very well. Sometimes, you do have to deal with obstacles and you

have to solve those, and it's the solutions that other people need in the world because other people are facing probably very similar problems and obstacles to what you encountered as well.

Getting back to just the multiple layers here, I wanted to add one more note. In addition to thinking something and then speaking something and drawing something, you can also create memes. You can create little visual memes and you can share those online, or you can just look at them and they're shared that way, frankly. The more different layers or dimensions that you bring into this effort, the more powerful your thought force is going to be. This is why when you go back and you think about a lot of indigenous cultures around the world, even Native Americans, in pop culture today, it's often referred to this Indian rain dance. Apparently, you would have Native American Indians who are dancing around and calling on rain.

Now at first, if you're a materialist, you might think, "Well, that's silly. Rain is determined by meteorological events. You can't dance and make rain." What if you could? See, because dance is one more layer of expression, so the Native Americans, number one, were thinking of rain, and then they were speaking because they were singing, and then they were dancing, which means they're physically acting out the idea of rain. So, they're bringing in like three or four dimensions into this. Can they actually bring rain to their region by calling on it through these multiple vectors? The real question is, can they invoke the morphic field that is consistent with rainfall?

Can they alter something that is physical through morphic fields? And the answer is, absolutely yes, in the same way that the salamander can regrow a limb into the morphic field, the same way that the mother knows that her infant needs food and she feels it in her breast. That's a physiological change because of the morphic resonance with her child.

I believe that Native Americans weren't wasting their time with this. I think they actually had found a system of communicating with Nature. There are many other examples like this across indigenous populations: Australian Aborigines, Taiwan Aborigines, the Amazonian populations in South America, the Native Indians in the Amazon, and many other native populations all around the world. They have systems of medicine and systems of dealing with the world that are based on, in many cases, metaphor, which is based on morphic resonance. I visited natural medicine shamans in the Amazon when I lived in South America. At first, I was like, "why are they hitting me with stinging nettles and spitting vodka in my face? What is this thing going on?" But when you study it and you look at it, you look at what they're doing, they're invoking elements of metaphor that are imprinting the morphic fields that have to do with your mental and physical health.

Much of Chinese medicine, for example, is in fact, invoking morphic resonance in your body by looking at the way your body distributes energy. For example, acupuncture points are all about this. And acupuncture is very efficacious and extremely safe as well. This is why acupuncture works, because morphic resonance is real. And you can, through a skilled practitioner, directly reprogram the morphic fields of a body, if they are out of alignment or not full of vibrancy or vitality in certain areas. You can invoke healing and repatterning in parts of the body through acupuncture.

Now, getting on the Christian side of things. What about prayer? What is prayer? Well, prayer is verbalizing your intent. Asking God to, in essence, intervene and bring a solution to a problem or bring an outcome into reality. Well, when you speak these things, are you not programming the morphic fields that are themselves God's Cloud Computing Platform? So, what if, when you pray, you're not necessarily praying to God but you're praying with God? In other words, God already created a system that answers your prayers. He already created it. It's

been around since the beginning of time. When you pray, you are simply invoking that system. You're using the power that God wove into the fabric of the cosmos. And that's why God doesn't have to listen to every single person in all of their prayers, some of which are a little crazy, like, "please let me win the lottery" or "please let me find a parking spot." God doesn't have time to listen to all that stuff. He doesn't need to. He already created a system that responds to the morphic fields that you are imprinting. Remember, you can both send and receive information from this Cloud Computing Platform.

If you had a revolutionary idea, let's say you had a new solution for free energy, okay? Just for the fun of it. Now, there's really no such thing as free energy. It does come from somewhere. But let's say you build some kind of a quantum energy device that sucked energy out of an alternate universe and it allowed a motor to spin without using batteries or anything. Okay, so you have this free energy device. How would you share this with the world, knowing what we know now? And suppose you didn't care about getting credit for it, you don't need the money because if you file a patent for it, you're going to get suicided, right?

I mean, first of all, the government will seize the patent under National Security, and then they'll visit you, and you will end up suicided, because that's happened to hundreds of inventors just in the last century. So, if you invent something amazing like that, you don't go to the patent office.

How would you share this idea with the world? Well, number one, you would think about it. And then secondly, you would speak about it. Even in your own private home, you'd talk about the solution out loud. You would draw it on paper or on a whiteboard. You might even sing about it. You might make a song, singing the concepts. You might pray about it – prayer is imprinting the morphic fields. You might act it out. You might have a little skit where you're acting out a representation of your solution, and it could be even a little silly thing, a 62nd body movement thing that acts it out while you're speaking it. Okay. And then, you might create a meme. You might even have a sculpture. You might take a piece of wood and sculpt a representation of your solution. These are just some of the ways that you add power to your concept. And you can do all of these things without leaving your room or your apartment, wherever you are. And to an outside observer, it's like this person's gone nuts, singing and

dancing about free energy, and they're waving their arms around and singing about electrons from alternate dimensions and whatever. They think you're nuts. You're not nuts. You're programming the morphic fields for humanity, and you're doing it without any trace that can be tracked by the deep state. Understand?

You haven't sent an email, you haven't posted a video, you haven't filed a patent, nothing. You're using the cosmic consciousness to get this idea out there. And the way you know that you're successful through these multiple dimensions or layers of getting this out there is that other people will suddenly have the same idea. It might take days, weeks, months, years, but other people will eventually have the same idea because of you. And as long as you didn't want the credit because you didn't want to be killed off by the deep state, other people will have the same idea, and it will reach a hundredth monkey kind of effect where there will be a snowball of this. And so, many people will have this knowledge that even the deep state won't be able to stop it. So that's one answer to all of this.

Now, it doesn't mean that you can't also, let's say, anonymously posts a video that protects your identity or anonymously post documents, and so on, to augment that, if you want. But that's not necessary to program the morphic fields. You can program them just through the things I'm talking about here.

That wraps up chapter one. Just one little side note here: Remember that these morphic fields can also be weaponized against us, and there are efforts underway by evil entities to block them, too. In other words, separate you from God's Cloud Computing Platform. We'll talk about that in subsequent chapters. And we'll talk about censorship. We'll talk about how to add more power to all of these methods that they use to block your brain by poisoning your brain. And also, 5g. We'll talk about how technology and media are actually used to distract you and move you away from morphic resonance, and how to use your deliberate focus to achieve these important aims for the world. And then, finally, we're also going to talk about how to clear your own mind by using an element. We'll get to that, but it's going to blow your mind. It's perfectly legal. It's very healthy. And it will allow you to be able to access morphic fields more clearly, and also to program them as well.

You want to do good in the world? You want to be a positive influencer? This is how you do it. In essence, I'm also kind of giving you the secret of how I do what I do, because even though I'm completely censored by Big Tech, totally censored off every platform, I've been able to influence the world in ways that even the deep state can't imagine. I've been winning at every level. There're more people today skeptical of vaccine safety than ever before. There's more distrust in the corruption of government than ever before. There's a mass awakening happening right now. People like myself and others, maybe you, are contributing to this, and we're having tremendous success. We're doing it completely off the grid. In fact, you could call this maybe kind of an off-grid internet. We'll get into all that with chapter two. ■



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## Chapter 2

Chapter 2 of the Contagious Mind. So far, we have established that polymorphic forms of crystals are contagious. We've also established that patterns of animals, insects, primates, plants and humans – basically all living systems – are also contagious. We've established that the human mind is contagious, or at least we should say the ideas or organization of concepts that are projected by the human mind. Those are contagious as well. We've established that there is a cosmic divine knowledge base that we might call morphic fields, or God's Cloud Computing Platform, or perhaps, just to make it simpler, we might call it God's Cloud Storage System. That's probably a very easy way to think about it.

Now, I believe I've also established that these concepts or these phenomena are, in fact, completely natural. These are not supernatural things. They're not rooted in magic or even miracles. They're rooted in everyday cause and effect like the other laws of the universe that were put in place by the creator of the entire cosmos, right? This is just another law like the laws of electromagnetism, thermodynamics, gravity or strong and weak nuclear forces, and so on. This is another law, another type of encoding of information, another type of broadcasting or transmission and receiving of information that is entirely natural and available to us from the moment of conception. In fact, we would not be here if we did not have access to these morphic fields because these fields bring us so much richness in terms of creating our bodies, building out our bodies, understanding social

constructs and even accessing human knowledge, because other humans have transmitted that knowledge first, you could say.

We could also then ponder the thought that in order to be the kind of people who matter in this world, we need to be transmitters of new ideas and not merely consumers of ideas and concepts that somebody else thought of first. Now, I'll get to that in just a second in more detail.

First, let me read you a Bible verse, Matthew 18:18, because I think this Bible verse speaks to this phenomenon that we are describing about these morphic fields and how they are divinely put in place, or at least, the infrastructure of morphic fields is put in place by the mind of God. So, verse 18 says: "Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again, truly I tell you, that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them." This is speaking to the power of amplified morphic field imprinting by conscious beings, i.e., group prayer.

You know how we talked about different ways to amplify this by speaking the word, by drawing it, by singing it. Not just thinking it, but also writing about it or creating pictures about it, memes, and so on. These are ways to amplify or deepen the imprinting in



the cosmic morphic field database. You can also do this by bringing in other conscious beings to join in that effort. So, if you have a group of, as it says in the Bible, “even just two or three people gather in my name, there I am with them.” It means the power of the Divine is already there. When two or three people gather and ask the universe or imprint, you could say, imprint ideas into the fabric of the cosmos, which is the structure of morphic fields, then God will be with you. I think what that means is that God has already built the infrastructure that allows your prayers – and your intention, which is really what a prayer is – to have a cause and an effect in the fabric of reality.

When you ask for something, God has already built an infrastructure for that “ask” to be transmitted, multiplied and shared with others. When you create something, it’s automatically transmitted and shared with others. And again, it’s an infrastructure that God has put in place. So, God doesn’t have to sit there and answer each and every one of your requests or prayers, as if he’s listening to each one in real time. Just the fact of you engaging in prayer or engaging in the spoken word, that act alone already helps create that. And again, it’s a natural phenomenon in the cosmos.

Now, importantly, I believe that this is all part of God’s gifts to humankind. God has given us incredible gifts. He’s given us the cosmos as we know it. He has created all matter; the elements, for example. But more importantly, he has created the laws of physics, which governs, essentially, the laws of chemistry, under which all material matter that we know is able to exist. Even though the

more you look at it, the more closely you examine it, it turns out to be less and less real. In effect, there isn’t material matter, but rather just probabilities, and mathematics, and waves, and so on. God has created everything that we need in order to perceive matter.

He’s also given us the gift of consciousness, which is tied to free will. Without consciousness, we cannot have free will. If we did not have free will, then it would be purposeless to have created us or to even have created the universe that we inhabit, because what’s the point of a cosmic super intelligent being, i.e., God, or an intelligence, or a creative force, creating a bunch of robots? That would be pointless. He created us with free will because he wants us to decide what to think, what to say and what to do. And so, He created an infrastructure that allows our thoughts, words, intentions and ideas to be amplified using the laws of cause and effect in the universe. This is something that most people have forgotten because, number one, they don’t realize, they don’t really think about consciousness. They often don’t realize they have free will, especially the materialists of our universe, i.e., the skeptics and the scientists, and so on.

They believe that they themselves are robots because they don’t believe that they have free will. They think that every perception or every bit of introspection – even the experience of consciousness – is a self-inflicted illusion that is derived from an emergent property of the computational biochemistry and neurology of the physical brain. They think that everything you experience is located inside your skull and that there is nothing non-material about it, there’s nothing outside your skull that could possibly interface with what’s inside your skull. Therefore, these materialists believe that they themselves are robots and that they themselves have no free will. They’re also atheists. Of course, they don’t believe in divinity or God or a creator or anything that’s non-material. Kind of a very sad existence, if you asked me.

Interestingly, these materialists, they currently dominate much of our society. They dominate the censorship algorithms of the tech giants. For example, if you try to post anywhere online about some idea that falls outside of materialists’ science, or what I sometimes call “scientism” – for example, if you try to post that a cancer could be cured with the power of mind over body, let’s say,



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or even that cancer could be cured with herbs, which actually happens because of cause and effect in the world of chemistry – even if you post that, you will likely be censored. Or, if you have even a criticism of the ingredients of a vaccine or the safety of a vaccine, you'll be censored. Not to mention, if you believe that God might help you heal, well, that's not allowed at all, because it's not rooted in materialism.

The censorship that's happening through Big Tech not only focuses on trying to destroy or suppress any kind of a debate or conversation about a non-material worldview, but the censorship itself is rooted in the false belief that all communication happens through the world of the physical. In other words, when you pick up a cell phone and call somebody, you're using physical phenomenon. You're using a circuit board in the cell phone and electromagnetic waves that transmit to the nearest cell tower, and these are transmitted by fiber optics to another cell tower that reaches the person you're talking to, and so on. When you use the Internet, the same thing happens. It's microchips and routers and fiber optics. It's all technology in the world of material science. That world has been overtaken with extreme censorship.

The people running that censorship -- who are the believers of scientism, who do not believe in God and do not believe in any kind of Christian biblical concept or even new age concepts – they think they have total control over the dissemination of ideas and concepts. What they do not realize – because this is outside their belief system – is that they cannot censor morphic fields. This is a key point of this entire book. The morphic field phenomenon cannot be censored by technology because the morphic field phenomenon relies on your consciousness, which is, again, a gift from God. It's part of your free will. This exists outside the realm of materialism, where the censorship is focused. Facebook, Twitter, Google, they have all become engines of the suppression of human knowledge.

Early on, Google said that its goal was to organize all of human knowledge. And before it began to censor certain types of information, it was on track to help organize all the knowledge in the world. But today, its priority is to suppress important human knowledge, suppress knowledge of herbal medicine, Chinese medicine. It suppresses knowledge of certain areas of finance, even areas of human history. It's all about the suppression of knowledge. But where

# Censored

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is that knowledge not suppressed and able to be disseminated, even effortlessly? The answer is, of course, in the morphic fields that we're talking about here.

Ideas are contagious, and they're contagious even without resorting to the technology that is censored by modern day materialists. Ideas are contagious. Structure is contagious. The organization of ideas itself is contagious. So, it's not just the content of an idea, it's the organizational structure or the metaproperty of the idea that is also contagious. In other words, you can transmit and share entire hierarchies of concepts or hierarchical data about complex subjects, such as a philosophy, for example, or a realization about consciousness and about the universe. The more you ponder these ideas and crystallize these ideas in your own mind, the more those crystalline forms are contagious and are picked up by other conscious human beings. Then those ideas become easier for them to grasp.

There are people or some individuals I call globalists, who are running technology companies; some founded tech companies like Microsoft, for example. I think that they have knowledge of what I'm talking about here. They use censorship and other weapons, such as distraction, which we'll talk about later, in order to try to stop people from sharing contagious ideas. Because some of the globalists, even they understand how this works, even though they're trying to suppress human knowledge. They don't want you to be able to tap into this phenomenon. So, they use censorship to control what you think and what you say, and also, selective focus or distractions in order to bring your attention to things that will never set you free.

If they can get you to talk about sports or entertainment or the latest pop star – whatever singer is doing the latest demonic, satanic Hollywood music video – if they can get you to focus on those

things, which is what all these shows are all about – Grammy’s, Emmy’s, all these award shows, and the Superbowl, everything – then they prevent you from being a transmitter of important concepts, because your mind never goes to the things that really matter.

You might wonder, why is it required that people do their taxes every year, right? You’ve heard that term, “to do your taxes.” Well, what is that exactly? Does the government need tax revenue from the people in order for the government to fund itself? Of course, it doesn’t. The government can and does create money, trillions of dollars, whenever it needs to. For example, the COVID bailout money that we’ve seen throughout 2020 and 2021, they create trillions. Well, all the tax revenues from all the people in the United States is only about \$2 trillion or \$3 trillion a year. They could easily create that. Why do they need you to pay money to the government? Here’s the answer: It’s not about collecting money from you, it’s about keeping you busy doing math problems, scrambling for receipts, running spreads sheets and doing accounting, and trying to understand convoluted IRS rules and forms. It’s not supposed to make sense. It’s not supposed

to be easy to figure out. Why are the IRS regulations, tens of thousands of pages – really hundreds of thousands, if you consider corporate law, corporate regulations – why are they so complex? Because you’re supposed to be distracted.

If you’re distracted by these things – e.g., entertainment, taxes, sports and also, of course, fear campaigns – and become very afraid of this or that, then you can never be an influential transmitter of ideas. In order to be a good transmitter, you have to have focus, mental focus. You have to have strong ideas, and it helps to have unique ideas. You have to be a person of a clear mind, which means you can’t be a good transmitter if you are a substance abuser, or if you watch a lot of television, which is another way that they attack your consciousness. Basically, it’s a psychic attack against your focus with fear campaigns, violence, all of the demonic content that you see, and a lot of the gratuitous violence that’s in many of these shows these days. This is about keeping your mind occupied, so that you can never be an effective transmitter.

What these censors really fear is that you might broadcast ideas that would help set humanity

free, and then the censors and the globalists would lose control over the people. So, they have us all in a kind of psychic prison or mental prison that’s rooted in distraction and fear and all of these other elements. And also, by the way, chemical exposure, heavy metals exposure, pesticide exposure, things that damage your physical brain, that impairs the ability of your non-physical mind to interface with your physical brain. So, as they’re damaging your brain, they’re also attacking your psyche with all of these other vectors of fear and obedience training, and so on. And also, attacking rationality and logic. They’re now teaching that two plus two doesn’t equal four because to get the right answer is now called racist. They’re saying that mathematics is racist, learning how to read sheet music is now white supremacists. They say ballet is white supremacist, the history of philosophy is racist, because so many philosophers were “white people,” and so on. These are not random, bizarre culture warfare attacks. These are designed to inhibit the ability of your mind to effectively broadcast to, and receive information from, the morphic fields of the cosmos. That’s what this is about. It’s about driving your brain into confusion because they don’t want you to be an effective transmitter.

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Now, I call transmission into the morphic fields “mind streaming.” So, you know how on YouTube, you might call it live streaming when you’re broadcasting a video. Well, when you’re not using any technology and you are focused, perhaps, in a prayer full state, or what a new age person might call a meditative state, or what a neurophysiologist might call a theta type of state, a brainwave state – in this state, you can engage in very powerful mind streaming. And your one conscious focused on imprinting the morphic fields of the cosmos can outweigh millions of people, who are just sort of non-player characters. In other words, you can outweigh millions of people who are not aware, not alert, not awake, who are just sleepwalking through life like zombies, reacting like consumers, doing what they’re told, thinking what they’re told to think and buying the products that they’re told to buy, because they are consumers.

They are consumers, not transmitters. This term is really loved by corporations and governments. They think of you as consumers. They don’t want you to be creators, which is kind of synonymous with transmitters. They don’t want you to be a creator, they want you to be a consumer. And they want you to consume all of the poison that they are feeding your consciousness through bad programming, whether it’s internet disinformation from Wikipedia or disinformation or anti-knowledge from Google – which is an anti-knowledge search engine now – or bias propaganda from YouTube that’s created in conjunction with the White House, let’s say, or with Big Pharma, or disinformation from the WHO, created on behalf of the Chinese communist party, and so on.

They want your mind to be filled with lies and disinformation, so that you never can transmit the truth, which sits above all of this. The truth is very powerful and very simple. The truth is that technology actually makes you less human. Technology, or at least reliance on technology, disconnects you from the divine. This is why technology companies love mobile devices because this way, they can put a control system in front of your face and get you to carry it around. They can feed these distractions and disinformation to you on a handheld TV, basically – a handheld display device. This is going to, of course, move into contact lenses with displays inside them. Imagine trying to live in a world where Google has control over everything that you see and Google can overlay through augmented reality, everything that you perceive in the world around you. You would no

longer be human. You would never be allowed to be human. You would have to remove the contacts and disconnect from that system in order to reclaim your humanity, which includes consciousness and free will and elements of the divine. And that’s exactly what they don’t want you to discover.

The infestation of your consciousness with technology is designed to intervene and block you from connecting to others through morphic fields and through, essentially, shared consciousness. The real goal of censorship is not merely to limit what you say, but also through culture wars, to shame you into limiting what you think. If they can control what you think so that you feel embarrassed to even think a thought -- right now, for example, if you were to even think to yourself that: “Oh, men are men and women are women, and there’s no such thing as a man that can transform into a woman.” Let’s say, if you were to even think that, you might have kind of a voice in the back of your head that says, “shame on you for thinking that,” because that’s not diversity or tolerance.

There have been so many voices and pressures throughout technology and media and pop culture saying that men can get pregnant, women can have a penis and men can have periods, and so on. This is the cultural programming, and it is designed to shame you into thinking things that make sense. Also, again, the attack on mathematics. If you think that it’s good to get the right answer, you are now being shamed for doing so. “Oh, you must be a white supremacist, if you think that one plus one equals two.”

There are even professors and instructors in universities that are saying that to grade a student on the quality of their writing in a writing class is itself a racist philosophy; that you shouldn’t grade people on how well they can write or how much they make sense in writing, because writing is just an expression of thinking. So, you shouldn’t grade them on that. You should only give them grades based on how much effort they put into their writing, regardless of whether they write well. This is the same argument as saying students shouldn’t be graded on whether they get the right answer in math class, they should only be graded on the effort they put into getting the wrong answer, which I would call insanity. But there’s a method behind that madness, you see. The method is to get you to back away from even thinking things that they don’t want you to think.

Remember how we talked about powering up your ability to imprint the morphic fields of the universe, that not only can you think it, you can also speak it. You can pray, you can draw, you can sing, you can act it out. You can create memes. You can create sculpture. All the different ways that you can express this idea, these different methods imprint the morphic fields. So, these are all ways to share knowledge and information and make it easier for others to access.

Now, let's talk about the weaponization of these morphic fields. Anti-God forces, i.e., demonic forces or dark forces, which include globalists, by the way, or anti-human forces, you might say. They want to keep humanity in the dark. They want to control you, and they don't want your mind to be set free, that's for sure. They also want you to focus on their propaganda and embrace it and believe it as if it's real.

These negative forces of society have become experts at creating what I call negative crystallizations of thought. This often comes down to creating phrases that are kind of like little verbal memes or concepts that are false in terms of logic, but they are pushed over and over again to create that morphic field so that, suddenly, that idea seems to make sense to people. A great example of this – politically speaking leftists are very, very good at creating these negative crystallizations. They will create a term, such as “gun violence.”

When I say the phrase “gun violence,” you might think, “well, that makes perfect sense. It is violence committed by guns.” But you see, there's no such



thing as violence committed by guns, is there? Because guns are inanimate objects, and guns don't have intentions. Saying “gun violence” is the logical equivalent of saying a “knife violence” or a “machete violence” in a country where people are attacked with machetes, or “fist violence.” You wouldn't say the boys in our school have a problem with “fist violence” because fists are committing violence. That wouldn't make any sense. In fact, a fist itself cannot commit violence. It has to be the intention of the owner of the fist, right? Well, the same thing is true with guns. Guns don't commit violence. People can use guns to either carry out violence or to, in fact, stop violence, depending on their intention and the context in which firearms are used. But the left has created this morphic field around the phrase “gun violence” to the point where everybody just automatically believes it now, because taking in that thought seems normal and people just accept it because people before them have accepted it.

A lot of these phrases have become instantly acceptable to people, even though they make no sense. You've also heard the phrase used by leftists, “white nationalism.” It's a slur, a racial slur. If you break it down, I mean, on its surface, it sounds like something really horrible. White nationalism. What is that? They must be

horrible people. But if you break it down, it means, number one, someone who was born without much pigmentation in their skin. I believe in a progressive society; we don't judge people by the way they were born, and we don't judge people by the color of their skin, do we?

Then secondly, nationalism simply means people who love their own country. That used to be a property that was celebrated, in fact, everywhere around the world. Russian people love Russia, Chinese people love China, Canadian people love Canada. And leftists in America, they wouldn't say that a fair skin, Canadian person is a white nationalist, even though technically that fits the definition that they've set for that term. They use it to disparage conservative white people in the United States, even though, again, if you look at what that means, all it means is a fair skin person who loves their country. And that's a positive attribute, not a negative attribute. But again, because that phrase has been crystallized in modern day language, the patterns of negativity are instantly received by people. It affects them, and they then believe when they hear that term that, “Oh, white people are bad, and people who love their country are bad,” which is completely false. Both of those ideas are false.

In a similar way, leftists have even managed to convince most human beings that a molecule necessary for plants to flourish is a toxic pollutant. The molecule I'm talking about is carbon dioxide. Carbon dioxide, or CO<sub>2</sub>, is the most important molecule for rainforests, plants and food crops. It's important for reclaiming deserts or arid areas, reforestation and growing grass, shrubs and trees everywhere. Carbon dioxide makes that happen. But the left has introduced a term, or an environmentalist and a climate alarmist have introduced a term, which is called "war on carbon." They've said that carbon is bad and that we have to have a "war on carbon." Well, it turns out that carbon is the most common element in carbon-based life, which makes sense, and you are carbon-based life, as am I, as are trees in the rainforest, all the plants in the ocean and all the fish in the ocean, all carbon-based life.

When these climate alarmists, which – by the way, that phrase is also another morphic field, a resonant term that I have used here deliberately. When climate alarmists say that they want to declare war on carbon, what they're actually saying is that they are committing war against life on planet Earth. They say carbon is bad, and carbon must be eliminated. Well, again, carbon is the basic element that makes up nearly all organic molecules, including the molecules that make up your physical body: your brain, your heart, your blood. I mean, the water in your body doesn't have carbon in it, but almost everything else does, including your hormone molecules and protein molecules, and so on. So, you are made of carbon.

When these people say they're declaring war on carbon, they are essentially announcing that they are part of a suicide cult, because they're declaring war on themselves and war against life. But you see, they imprint this phrase so deeply into culture that they have many -- especially young people, who are very impressionable. Young people think carbon is bad, and they don't know they're made of carbon. They don't know that plants are made of carbon. They think carbon is bad because of this negative crystallization of morphic fields.

Another really great example of this, in the realm of climate science, is the phrase "climate change." Now, climate change, if you think about it, doesn't mean much of anything since there's no such thing as a climate that is paused and completely frozen in time. Every climate is constantly changing. It's part of the

dynamic of a climate. The atmosphere is moving, the hydrological cycle is in play, we have effects of our planet from solar cycles and even space weather events, and so on. The climate is always changing.

Through this negative crystallization of morphic fields programming, environmentalists have been able to say that any time the climate changes, it is bad. In fact, they've been able to say that climate change itself is a cause of things, and this makes no sense. But they will argue that climate change is causing poverty, or climate change is causing a disproportionate economic impact affecting people of color. There are actually science papers and studies with titles like that, that climate change causes this and climate change causes that. Technically, it makes no sense at all because the climate's always changing. How can an ever-changing climate cause poverty or any of these other things? Because, again, the climate's always changing.

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They've crystallized this idea into this phrase, "climate change," and then, they've weaponized it and they've used it. This has now permeated the entire institution of science, where most of the funding now goes to scientists who can declare that climate change is responsible for all these things. "Climate change increases divorce rates." "Climate change causes the shortening of the beaks of birds in these specific islands or whatever." So, all the studies are based on that. But then, they've also convinced people that this is a horrible, horrible thing, that the climate should never change. They've convinced us that there should be no storms, no droughts, no hurricanes, no floods. And, even more shockingly, they've convinced many, especially young people living today, that before the invention of the combustion engine, the Earth was a pristine, serene environment with no extreme weather, which, of course, is quite laughable to anyone who knows the history of planet earth, which mainstream scientists say, I believe, is about 4.8 billion years old or somewhere around that. With carbon dioxide levels that were a hundred times higher in the past, horrific lightning storms that lasted years, massive volcanoes and earthquakes, continents moving around and huge mountain ranges forming, all of a sudden, the cataclysmic events of Earth's history, any one of which would be called the end of the world today, if it were to happen. And yet, many people today believe that the Earth has always been pristine until the combustion engine came along.

As you can see, I just gave you these examples here. There are also examples on the conservative side of politics, as well as the more left-wing side of politics. There are examples all across culture of how different words, phrases and ideas have been crystallized and then, in some cases, weaponized and used against us to take away our freedom and to propagandize us,

to lie to us using morphic fields. It's the imprinting of the fields with dishonest false ideas. And so, part of the mission of censorship is to spread false ideas, to deepen the scoring of the morphic fields or the imprinting, in order to perpetuate bad or destructive ideas, or ideas of tyranny. This is why it's absolutely crucial to spend less time with technology and more time in meditation or prayer, or even in silence, so that you can then tune in to the knowledge base that is real and that is divine, rather than having your mind controlled and even exploited by negative demonic forces that are anti-human and that, ultimately, want to seek the total extermination and destruction of humankind.

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Right now, as an example in the mainstream media, the journalists, who I have coined a phrase about – I call them “journo terrorists,” which is another kind of imprinting of the morphic field with a crystallized term. I call them “journo terrorists” because they are committing acts of terrorism, psychologically speaking, against the population. The journo terrorists are trying to push racism, bigotry, hatred and fear. They’re trying to start race wars. They amplify the stories of white police who shoot black men. They completely censor stories of black men who shoot other black men, or black men who shoot or attack Asian people. They completely censor stories of Muslim radicals who are killing innocent people in Europe, for example. But they amplify every kind of bigotry, hatred and racism that they can find that might demonize people who have white skin.

They are trying to create a victim class among people of color while trying to create guilt and shame among people who have fair skin. This is all deliberate. It’s an act of extreme psychological terrorism on the part of the media. And they’re doing this because, again, they know that fear, hatred and bigotry distract you from being able to connect with the cosmic truth, cosmic consciousness. The more they can push you into fear and hatred, the less you will be able to find your divinity.

Peace doesn’t serve the globalists, who want to control humanity. Through peace, which is what most people really want, people would find more knowledge because they would have more connections among these morphic fields. But through fear, you are pulled out of it and thrust into the urgency of the now. And in this urgent moment now, the media has given you an emergency to deal with. “Oh, there’s been a stabbing. There’s been a shooting. There’s been a police officer that strangled somebody. There’s been whatever they can come up with.”

In some cases, the media actually just fabricates these things or misrepresents them. For example, CNN has been caught many times taking, let’s say, a security camera footage of a Hispanic looking man and altering the image to lighten the man’s skin and make him appear white. Then, they would report that a white person carried out this crime, even though in the original photo, it was clearly a Hispanic individual. Those are the kinds of tricks they play in order to distort your perception and control your thoughts.

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**N**ow, let's talk about the control grid that's used to suppress your mind, suppress your consciousness, suppress the sharing of human knowledge and, essentially, suppress your transmission of solutions and knowledge into the morphic fields. The anti-human globalists, obviously, don't want people to share information about abundance, liberty and knowledge. The more knowledge you have, the more dangerous you are to them because they want to keep humanity enslaved and dumbed down. This is kind of the modern-day slave plantation where they don't want you to have literacy about solutions and things that can work. They pretend to offer you freedom, but it's a false choice. You have a pretend election. You have a pretend search engine known as Google that's not really about searching human knowledge but about suppressing human knowledge. You have a pretend system of medicine and pretend medical authorities. And then, you have the pretend media, the fake news media. It's all about disinformation. You have pretend fact-checkers and pretend public education in universities; but it's all fake. Because again, they have to suppress human consciousness and human knowledge. How do they accomplish this? We're going to go through a list here of all the different ways that your consciousness is assaulted. This includes both psychic assaults on your non-physical mind, as well as physical or biochemical assaults on your physical brain.

Now, remember that you need both your nonphysical mind and your physical brain to function in order for you to be able to receive information and use it well. A great metaphor for this that I like to use is this: Suppose that you have a remote-control airplane, and the airplane is the physical metaphor for your brain. So, the airplane has motors, levers and gears. In order to fly, obviously, it has to function correctly. The remote-control airplane is receiving signals that are nonphysical from a transmitter, which is the person standing on the ground with the remote-control transmitter, the radio. And it's got a couple of joysticks on it that control the airplanes, ailerons, rudder, and so on. In order for the plane to fly correctly, this transmission also has to take place with integrity, so both the nonphysical receiving of information and the physical airplane have to function in order for the airplane to fly. Now, if you block the transmission by attacking the mind or the psyche (the nonphysical elements), then you can mess up the flight of the plane and make it crash into the ground. That's one of the ways that these anti-humanists achieve their goals of destroying human knowledge and taking down humanity.

Another way that this could happen is to physically assault the airplane itself. What if you cut one of the motors or the electrical line from the batteries to the propeller or something, if it's an electric plane? Or what if you were to smash one of the wings?

So, if you damage the brain, it doesn't matter that the brain is receiving good signals. The brain won't be able to function correctly. The airplane won't fly and it will crash into the ground.



As we go through this list, just remember some of these assaults are physical and some are nonphysical. Number one in the nonphysical category: They will use distractions. We've already talked about this. It's sports. It's entertainment. It's fake news. It's fake fear. It's false flag attacks. It's anything to distract you from what's important and get you to focus on things that are not important. It might be a controversy over some crazy thing in the news. Or, recently, there was a rapper that released a pair of tennis shoes adorned with satanic imagery, and he said that it contained one drop of human blood in the sole of the shoe. Not only is that, of course, an act of bizarre evil, but it's also a distraction. If you're always outraged about things like tennis shoes, then you're not thinking about or transmitting the solutions that really matter to help humanity defeat evil in the first place. So, that's a big one, distractions.

Remember, the more connected you are with the news and Big

Tech and the Internet, the more distracted you are constantly. People on Facebook, for example, are just distracted all the time. In fact, Facebook is designed in a way that makes it a psychic addiction, you could say. It's kind of like being a drug addict, using it and trying to get another hit, another mental reward for having another like, another share, another person who joined and followed. All these social media sites are set up to be highly addictive and to be attacks on your consciousness.

Now, they can also attack your brain physically. This happens in the food supply, with pesticides or nutrient-depleted processed foods that lack nourishment for your brain. There are also chemicals added to the water supply – such as fluoride – that are neurotoxins. And even in food, there are so-called "excitotoxins," such as MSG (monosodium glutamate). It's found hidden in ingredients like yeast extract or torula yeast. These ingredients can also cause brain damage; they cause the overexcitation of nerve cells in your brain and lead to diminished long-term function.

In addition, there is still mercury in some vaccines. Although it has been removed from many vaccines, there's still mercury used in the form of thimerosal, a preservative, and it's used in flu shots given to children as well. Mercury, of course, is a very potent neurotoxin. When it's injected into the body, some of it goes right to the brain and causes a kind of brain damage lobotomy. You probably noticed that the people who take a lot of mercury in vaccines often have diminished cognitive function. It's hard to explain to them why the vaccines

are damaging them because they've been damaged by the vaccines.

You also have mercury still in dental fillings. Even though many dentists have moved away from this, some still have not. Most people in America today who have had fillings over their lifetime still have mercury in their mouth. This mercury is eaten away by acid when you drink a soda, for example, or even when you drink orange juice or something that's acidic. It dissolves away the mercury in the teeth. And then, you either swallow that or inhale it when it's in vapor form. Mercury fillings cause brain damage. And in order to hide the fact that they're mercury fillings, modern dentistry calls them silver amalgam fillings. They call them silver. They're mostly made of mercury, so there's a massive deception there. The American Dental Association happens to own patents on mercury fillings, which is why it continues to push them.

Anytime you're putting mercury into your body, this is damaging your physical brain the same way that stomping on the wing of the remote-control airplane causes that plane to not be able to fly very well.

Now, in addition to mercury, there's also the issue of aluminum, which I think I'm going to get back to later because it requires a much longer description of how there's so much aluminum toxicity in foods, and even in the air that you're breathing. There's even aluminum added to many foods, by the way.

The next one on the list is electromagnetic radiation, or

5G cell towers and other types of electromagnetic radiation. This interferes with neurological function. High voltage power lines have been associated with brain tumors. 5G exposure causes the production of peroxynitrites in your skin. These peroxynitrites are very, very toxic substances that cause oxidative damage throughout the body, including the brain. Even though 5G -- the advocates of 5G would say that the radiation doesn't directly damage brain cells because the radiation doesn't have the required intensity. They would argue that there's not enough power in it to disrupt a cell membrane, for example. Well, that may be true -- although many people would disagree with that -- but even if that's true, it still results in the production of peroxynitrites in your blood, under your skin because, remember, these 5G waves penetrate into your body. They go through your body and move through your blood. And then, those peroxynitrites cause brain damage, liver damage, heart damage, eye damage, and so on, all across your body. So, it's a secondary effect. In other words, there's a chain reaction from 5G exposure that ends up damaging your brain.

With all the other electromagnetic pollution -- sometimes just called electropollution -- that's moving around, especially in a city, many people find that they cannot find peace in the city at all. You even have to wonder, why is it that most people -- literally most human beings -- when they think about taking a vacation or where they want to retire or about finding peace in their lives, they always talk about getting out of the city and getting into Nature? Even the biggest promoter of 5G or



vaccines or whatever, if they make enough money and they want to retire, they will typically buy a log cabin on a lake in the middle of the wilderness somewhere. They will get away from the city.

Why do people like to have a beachfront house on the edge of the ocean? Why do people like a log cabin in the forest? Why do people love to visit the Grand Canyon or National Parks? Why do people like to walk in city parks? You know why? The answer is because it's a natural tendency, a natural desire to get away from all the electromagnetic pollution and find a sense of peace by not having those waves and those energy fields coursing through your body and your brain constantly.

This is why, I think, people who live in cities that have this constant exposure, along with many other types of pollutions -- such as noise pollution, which is huge in cities, car alarms going off, cars honking, background traffic noise, and so on. They have air pollution, on top of that. The air pollution interferes with cognitive function. And then, they have electromagnetic pollution. They've got city water that's polluted with fluoride and other chemicals.

When you start adding up all these types of pollution, it's a wonder that anybody who lives in a city can function. They're constantly fighting against all of these insults to their brain, their consciousness and focus.

By the way, some people are very sensitive to electropollution. When they get it near powerful motors, for example, or near a breaker box in a house, it alters their physiology. Some people become instantly diabetic. It's even called Type three diabetes. It alters their blood sugar metabolism, so they can become hyperglycemic merely by, for example, walking on an electric treadmill or being around other sources of powerful electromagnetic fields. Some people have to get away from Wi-Fi. Some people would say they're allergic to Wi-Fi and they can sense it; they can feel it. They can feel some kind of pain in their skull when they're around Wi-Fi. So, these electropollution fields, which are physical, they are electromagnetic. They exist as a physical phenomenon, and they cause physiological effects in some people, especially sensitive people. This is well-known by the anti-humanists.

Remember that 5G cell towers can also specifically focus a beam of energy at you. So, unlike 4G and 3G, 5G uses phased array antennas, and these antennas are directional. They point at you, kind of like a very narrow beam. Imagine a laser beam that spreads out a little bit, but it's like a narrow cone that might go out a few hundred yards and envelop you. That beam follows your phone as you're using 5G. It literally tracks you and is blasting you the entire time because you are within that cone. Your skull is getting hit with that energy, along with your body and your phone. If you carry your phone with you, your phone is checking in with the 5G cell tower every few seconds; and so, there's a burst of energy that's hitting you every few seconds just by carrying the device. It's tracking your as well, which has privacy implications, but that's not the focus of this particular talk here.

Now, getting back to nonphysical attacks on your consciousness. There is this attempt to not just distract you, like we mentioned earlier, but to occupy your time with busy work. Keep you frantically busy doing things like working for a paycheck or filling out your taxes or standing in line so that you don't take time to meditate in silence, pray in silence, contemplate solutions or just be in a receptive state to receive information or to transmit information to these morphic fields.

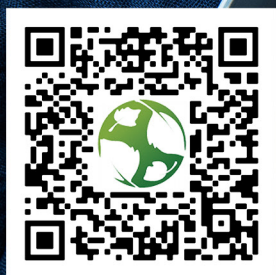
A lot of what you see in society today is designed to keep you occupied and keep you busy. Sitting in traffic, what's that all about? Standing in line in order to get something from the government or in order to enter some building. It's just this endless series of distractions and busy work that are all designed to make you less than what you are.

Now, if that's not enough, the media is, of course, constantly pushing fear and terrorism through fake news. When they wanted to really push the COVID pandemic, they exaggerated the actual danger of COVID-19 or the coronavirus itself in every way. They would spread panic everywhere. They really did brainwash a lot of people into a state of never-ending panic, where some people feel that if they encounter someone else who's not wearing a mask, then the people who want everybody to wear a mask become enraged, emotional and very afraid. They feel terrorized by people who aren't wearing masks. That is highly effective media brainwashing and mind control. It's all by design.

As a part of this, another technique they use is to attack your consciousness through your social networks so they can get your family, friends, peers or coworkers to push you into getting vaccinated. Again, the vaccine may damage your neurology. Or, those people can push you to wear a mask, even though masks do not stop the spread of these infections. They cannot. Unless it's a full-face respirator, masks are simply not going to work.

But there's all of this social pressure to conform, and what the media does – also the CDC, the vaccine industry, and so on – is they push individuals to pressure others around them to conform to the obedience demands, even when those demands are not rooted in anything resembling real science or evidence, as far as what the evidence actually shows. The evidence shows that vitamin D prevents four out of five deaths from COVID. The evidence shows that Ivermectin can save lives, or that hydroxychloroquine can save lives. But all of that evidence is dismissed

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and replaced by bad, fake science that's pushed in the name of science itself with the label science, so that your relatives, friends or peers will come to you and say, "you have to wear a mask because I believe in science," which makes no sense whatsoever, but they're brainwashed. Or, they will say, "you have to get the vaccine, otherwise you're a danger to me," even though in reality, they've been vaccinated, which means they may be growing vaccine-resistant super strains of the virus in their own bodies and shedding those super strains. This also means that they themselves, by being vaccinated, are actually the greater threat, whereas you who have a functioning innate immune system, you've already built antibodies because you've been exposed. You were typically asymptomatic. Your immune system did its job. You already are immune to it. You are, in fact, the safest person to be around. But they don't see it that way because of all of this brainwashing.

Remember, the globalist will attack you through your social networks. They also use methods of intimidation. They like to establish themselves as authorities. Of course, they are false authorities, but they like to wear the lab coats or have the official CDC logo. And then, of course, the fact-checkers and Google and all the tech companies will only recognize the fake authorities – such as the WHO or the CDC – as being true authorities. But it's all fake. They are not authorities at all. Most of them are simply puppets working for the pharmaceutical industry or, in the case of WHO, puppets working for the Communist Chinese Party. But of course, they want to tell you those are

authorities, and if you don't follow those authorities, then you are attacked, belittled, slandered and smeared. It's a psychic assault on your self-image and your credibility, and perhaps, even your social standing with your family and friends. You can even lose your job if you don't go along with their false authority. It's a very vicious kind of attack to prevent you from being consciously aware and arriving at solutions.

Now, they also, of course, are attacking the very pillar of reason itself. They attack reason and logic and rationality, and this is happening in the culture wars, especially among leftists in universities. They're attacking every foundation of logic and reason and calling it racist or calling it white supremacists. This is happening in science and mathematics, even in chemistry and the arts.

Right now, if you are in a university and you're a professor or a teacher, if you say that you're grading students on whether they get the right answer, you're going to be called a racist or a white supremacist, because logic and reason are no longer allowed. In fact, it's often stated that reason itself is a racist idea. If you say one plus one equals two, you're a racist bigot.

The reason this is under attack is because, politically speaking, the arguments of the left need to rely on irrationality and emotional power. In order to take you out of the realm where things might make sense, they need to override your logic and reason, override your brain and indoctrinate you with highly emotional disinformation that works in the

same way as the media's fear and terrorism campaigns. It distracts you from being self-aware. It distracts you from conscious. It distracts you from being able to think clearly, and that's the whole point of it. That's why they do it.

Why does the left say that it's wrong to judge people by the color of their skin and then follow it up with, "and all white people are bad?" Why would they have that kind of reasoning? Because their real attack is not simply against white people. The real attack is an attack against reason. This is the point. They want to make you kind of crazy in your own head so that even when you attempt to think logically, your brain is instantly confused with all this noise and maybe even doubt. If you get hit with enough of this indoctrination, you might begin to doubt yourself. You might find yourself saying one day, "oh, maybe it is racist to get the right answer in an accounting class." Or maybe, you're using Microsoft Excel and you have the spreadsheet, and you're keying in formulas, and so on; and the spreadsheet's giving you all the correct answers, and the thought might come to you because of all this indoctrination, and you might think, "Well, gosh, Microsoft Excel is obviously racist because it's getting all the math correct." You might go out and try to buy the f\*\*\* no mathematics version of Excel, where all the formulas produce randomly wrong results. That will be socially acceptable in today's culture war environment. You see, this is all noise against your brain. It's designed to stop you from being able to function.

Now, let's get to aluminum, because aluminum is a metal, obviously. It's an element on

the table of elements. Aluminum is very toxic to every living system, it turns out. Plants and animals have built-in physiological mechanisms to remove aluminum from their bodies. This is necessary because aluminum is very present in the Earth's crust, it's in soil. Every blade of grass has some aluminum in it, and every crop that you grow has aluminum in it. Now, this aluminum is often bound up in various molecular forms, and most of it stays with the fiber of the foods, which is one good reason to eat a lot of fiber, by the way. Fiber tends to flush out heavy metals because the metals kind of cling to the fiber. I've done a lot of research on that in my lab.

But aluminum is added to some foods. For example, you've probably heard of baking powder with aluminum in it, right? Today, you can buy aluminum-free baking powder. That's very popular because there's more and more awareness about the fact that there's a lot of aluminum in baking powder. Why do they put it in there? Well, it's for the convenience of baking these foods and pastries. Aluminum helps them flow or not stick, or whatever it does. I'm not sure why aluminum is useful for baking powder, but they use it for a reason. When you're eating kind of cheap commercial foods or, in many cases, low-end restaurant foods, you may be eating more aluminum than you normally would because it's added to the mixes.

There's also aluminum found in antacids. When you purchase those little antacid tablets, you're getting extra aluminum in it. There's aluminum used in vaccines as well, and this is a very dangerous kind of aluminum for a couple of reasons. Number one, it's in a molecular form, and it's injected into the body

so it bypasses the ability of the digestive system to remove it. See, if you eat aluminum in, let's say, lettuce or something, most of that aluminum is going to go out with the fiber. But if you inject it, then it's going to go into your blood, which means that aluminum's going to go into your brain and other areas of your nervous system. And there, it causes Alzheimer's and dementia-like symptoms. And it's believed that aluminum is part of the buildup of so-called brain plaque that often leads to a diagnosis of either Alzheimer's or dementia. Aluminum has no nutritive value whatsoever; it's only toxic to the body, and that's why every living system has a mechanism to get rid of it.

Now, aluminum is also believed to be used in various chemtrail formulas. And I understand that chemtrails is a hotly debated topic, and not every contrail in the sky is a so-called chemtrail. However, there is credible evidence that there is spraying, especially in the upper atmosphere, as part of a geoengineering effort. This is no longer a secret. Even Bill Gates is working on a project called SCoPEX that's designed to release chictet pollution into the stratosphere. In fact, a former CIA Director, John Brennan, talked about it in a very public video that called it a "Stratospheric Aerosol Injection." They believe this is a way to block the sun and help promote global dimming, because they believe there's too much sunlight striking the surface of the Earth. So, they are actively promoting atmospheric pollution. Some of the chemicals may include various forms of aluminum. So, there may be aluminum just falling out of the sky, adding to the aluminum that's already in the soils. Even if you grow a garden, you're getting a certain amount of aluminum in your diet from eating that food.

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Now, there is a method to eliminate this aluminum. I'm going to talk about that in a subsequent chapter. It's very important. It's something that I do every day to eliminate all of those aluminum. I think this is one of the reasons why I continue to have strong cognitive function, by the way. This is very simple for you to do as well.

When you have too much aluminum in your brain, it interferes with your ability to transmit and receive from and into the morphic fields in the same way that, if you take a radio antenna and you start adding other metals to it – let's say you take an antenna and you just start wrapping aluminum foil around it – with more and more layers, you're going to distort the ability of that antenna to receive electromagnetic waves, and you may interfere with the signal. Well, since your physical brain is also a kind of receiver, when you have a buildup of aluminum in your brain, it interferes with your ability to interact with these morphic fields of knowledge. You could call it an elemental pollution of your neurology. Eliminating that aluminum can help restore the clarity of the signals coming into your physical brain.

Now, there's one more area of this that's very important to cover, and that is the so-called detox nutritional supplements. So, I am the researcher who initially discovered this and blew the whistle on this, and I created a lot of enemies for doing so. But there are mineral supplements – they're liquid – that are sold on Amazon and other places. They claim to be detox supplements. They claim to be iron supplements sometimes because they also contain a lot of

iron. They claim to remove metals from your body. But when we tested these in the lab – and I first did this over a decade ago – we found that they were over 1,000 parts per million aluminum in a slightly acidic liquid solution.

There were quite a few people in the natural health industry who were making literally millions of dollars by promoting the supplement as an oral supplement – something you should drink multiple times a day. They would film videos of themselves taking the supplement in shot glasses and talk about how you should take multiple shots of this each day orally. In other words, they were chugging aluminum at enormous quantities. And they were quite self-diluted, because when they started to have symptoms of aluminum toxicity and their bodies were trying to get rid of the aluminum, they would report these symptoms, such as black matter coming out of their fingernails. They would say, "see, the detox is working." What was actually happening is that their bodies were trying to eliminate all the excess aluminum, and some of that was oxidizing. It was turning black and just oozing out of different parts of their bodies. Some people would report this coming out of their ears as well.

One company that was selling the supplement decided to hire a clinical trial company that turned out to be a complete fraud. I did quite a serious investigation of this. The clinical trial company was just a totally made-up company. They claim to be able to detect the concentration of metals in a person's body by using muscle testing. That's where you hold your arm out and then the practitioner

attempts to push down on your arm. And, I guess, based on the force of your arm's resistance, they would then somehow calculate the concentration of aluminum in your blood. Of course, that makes no sense whatsoever. It's highly subjective. It's not rational. If you want to test for aluminum, you should use what I use, which is an ICP-MS mass spec instrument that is carefully calibrated with standards of known concentrations of aluminum and other elements in solution. So, muscle testing does not actually work to detect concentrations of metals. But these so-called clinical trials claimed that they could detect people eliminating aluminum in their urine. And therefore, they said that this detox supplement was working because people were urinating out excess aluminum. But of course, you will instantly understand that even if that's accurate, it's only because they were drinking excess aluminum and the body was trying to get rid of it.

I found that the liquid mineral supplement industry and the detox liquid industry is something to be very, very careful of. I'm not saying all the products are bad – they're not. But many of them are toxic and very dangerous to consume. And there have been deaths associated with the consumption of these products. I'm not going to go into it or get into the stories of what happened, but I have personal knowledge of deaths related to the consumption of these products. Just as importantly, I'm also aware of people who consumed a lot of this one particular product who became insane and frequently have auditory and visual hallucinations. You see, what's

happening is that their brains were being damaged; and now, they're not receiving the true signals from the morphic fields. They are receiving distorted signals, and their minds are thinking that they're experiencing visual and auditory events. But they're actually just hallucinations. So, some people have lost their minds because of this.

We know from scientific literature, of course, that copper causes schizophrenia. If you have too much copper exposure, you can go mad. If you have too much lead exposure, it causes cognitive impairment. There are many other examples of this, many other elements that have a toxic profile. Arsenic is linked with cancer, of course. Cadmium is linked with heart disease and other failures, such as kidney failures, and so on. Mercury is linked to brain damage.

When you're dealing with elements, be very, very cautious of what you're taking in terms of supplements. In fact, I think there's too much copper in just regular multivitamins. A typical multivitamin provides, I believe, about four milligrams of copper per day for adults, which I think is a 100% dose of copper according to the US RDA standards. That is too much copper because people are getting copper from other sources, such as eating meat, for example, or even elemental copper from copper water pipes. Through these multiple sources, you can get far too much copper, and you can actually experience copper poisoning, which leads to psychosis, schizophrenia and mental problems.

All of these elements that are metals – aluminum, copper, lead, cadmium, arsenic -- I mean, you could even have manganese poisoning, for that matter. All of these elements have a very narrow range of efficacy. And when you have too much, they can cause serious problems in your body, especially with your brain.

Now, it's interesting to note, however, that there are some elements that are rather inert, such as gold and, to a large extent, silver. If you were to eat gold dust – if, for some reason, you had so much money and you were just trying to get rid of it by eating gold dust – it would probably do nothing harmful to you. It would just make for very expensive flushing. There are people who, from time to time, consume silver in the form of colloidal silver, and I've done so as well during certain medical emergencies, such as food poisoning. When used from time to time in those situations,

I've never seen any toxicity from consuming silver, because silver is largely inert, but not as inert as gold. Silver does oxidize a little more easily – well, a lot more easily than gold – and will combine with other elements in ways that gold will not. But one of the advantages of gold is that it binds with mercury. So, if you were to eat gold – just theoretically again – that gold would combine with any mercury in your food. You would actually have a bowel movement of eliminating compounds made up of gold and mercury together. For example, if you were to go out to eat and consume seafood, there is some amount of mercury in everything from the ocean, such as fish, shrimp, what have you. If you were to eat gold dust – I'm not saying you should, and I don't sell any gold dust for consuming – that would be a very expensive habit, so to speak. But if you were to eat gold dust, it would help eliminate the mercury from your body. In fact, mercury is used for gold mining. The gold miners, they use mercury to bind up the gold. They then cook off the mercury and release the mercury in vapors, which they often inhale themselves. This is why a lot of gold miners who use that old technique have lost their minds. It's because of mercury poisoning.

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Are you beginning to see the common element here? Of how people can lose their minds with exposure to toxic elements like copper, mercury, lead, aluminum, what have you. That is something that the globalists like to promote. Remember the water poisoning of the municipal water system in Flint, Michigan? They changed the source of the water. It had a slightly more acidic pH and it started stripping lead from inside the pipes that fed the entire city. All of a sudden, the water was over 100 parts per million lead, and all the children in the area were being lead poisoned. Well, you might think that's shocking. That affects just poor black children in Flint. But at the same time, there were wealthy white vegans buying aluminum supplements, drinking those products and telling themselves it was for detox. That was at over a thousand parts per million. Self-poisoning can happen just as easily as a municipal poisoning. You have to be careful when it comes to elements.

Now, this stands in contrast to vitamins or nutrients, which are not elements. A vitamin like vitamin C is made of elements. Vitamin C is carbon, hydrogen and oxygen, just in different combinations. I think those are the only three elements in vitamin C. And because of this, your body can and does break it down very quickly. So, it's very difficult to overdose on vitamin C, because your body can basically denature it and stop it from functioning as vitamin C itself.

Okay. I couldn't help myself here. I had to look this up on ChemSpider. Ascorbic acid, also known as vitamin C, is C<sub>6</sub>H<sub>8</sub>O<sub>6</sub>. It's just carbon, hydrogen and oxygen, like



I said. Once your body removes those functional groups from the edges of the molecule, it no longer functions as vitamin C. It's just carbon, hydrogen and oxygen. But elements don't work that way. If you've eaten lead, lead is always lead. Lead cannot be transmuted by your body into something that isn't lead. You can only eliminate it. You have to get rid of it, whereas vitamin C can be broken down.

Complex molecules can be broken down. These include hormones and vitamins, nutrients and even most pharmaceuticals. They can be broken down in the body. If you take a certain drug, let's say an antidepressant drug, that drug consists of molecules that are broken down in your body over time, usually by your liver. And then, when you urinate a day later, you might urinate some of that drug out. But you'll never eliminate as much as you took in, because some of it was broken down in your body.

When you think about protecting your brain from contamination, remember that nutrients and vitamins can be broken down but elements can't be. Elements are thereby named elements because they are atomic structures that are immutable, at least at this level of physics and chemistry that we're

talking about. I'm not going to get into quarks and muons and stuff like sub-atomic, quantum particles, all that. Just the element of matter, e.g., lead, arsenic, mercury, copper and aluminum. An element is the smallest unit of matter that we need to think about in this context. With that in mind, you'll suddenly understand, for example, why the FDA hasn't removed high aluminum mineral supplements from the marketplace, or why Amazon continues to sell these very supplements that are poisoning people and that have been associated with people dying. Why are these still sold when Amazon will pull out Dr. Seuss books and say, "that's dangerous, but here, you can drink aluminum in a mineral supplement?" And they will leave that on the market. The FTC won't intervene. The FDA won't intervene. Why is that? Because they want you to be poisoned. They want heavy metals in the water supply. They want fluoride in the water supply. They want aluminum to fall out of the sky. They want you to be nutrient-deficient.

Vitamin D deficiency is another big one that helps keep the narrative going for the controllers. The narrative about fear and death and the plague and all of that. If they talked about vitamin D, people

wouldn't be dying in nearly these numbers that they're reporting. And then, they wouldn't be able to push as much fear. There is a globalist anti-human effort to deliberately poison the human race with toxic metals and other substances, and also to attack your psyche through the nonphysical methods that have already been mentioned here.

The big goal, of course, is the total suppression of your consciousness. They want you to maintain this mental prison in which you are living. They don't want you to step out of that mental prison. If you do step out and you begin to have ideas that are not officially condoned ideas, you will be punished or shamed or censored. Then, the attack on the brain through 5G and aluminum, and so on, those are designed to physically maim your brain in the same way that – I almost hate to bring this up. Sorry to bring up this negative imagery, but think about a black slave that is owned by a cotton plantation owner in the Old South of America. When that slave would try to escape, they would hobble that slave. They would maybe smash his foot or cut off a foot or something, do something very horrendous, because they don't want him to escape again. Well, the globalists are doing this right now to all of us. They're hobbling your brain through toxic exposure, heavy metals, fluoride, 5G, psychic assaults, fear, journo-terrorism and pesticides. All of these things are meant to hobble your brain so that you can't escape their mental slave plantation. We're all living in it until we manage to free our minds and actually connect with the morphic field that contains this knowledge, that sets humanity free. This is why, by the way, the slogan of my online store, HealthRangerStore.com, was very deliberately chosen. It says healing the world through clean foods.

See, I understood a long time ago that the only way to heal the world is to help clean up people's brains and minds and help clean up their blood. This can only come through good health and clean foods, that's why we test everything for heavy metals. Everything we sell, we test. We test it for herbicides. We test it for microbiology and E. coli contamination, and so on. And I think we're the only company in the world that does this. But I believe that you can only achieve this higher consciousness or ascension or tap into these morphic fields if you have a clear mind. A clear mind requires a clear brain, which means you can't be polluted with heavy metals. You can't be doped up on recreational drugs. You can't have mind fog from antidepressant drugs, junk food, fried foods, highly inflammatory diets, and so on. You have to have a clean body to have a clean brain, and you have to have a clean brain to get clean signals from your mind, which is getting signals from beyond the physical plane, right?

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Nutrition has everything to do with making this work. And this is why I believe in real detox, which involves exercising, sweating out toxins and drinking lots of water – probably the single most important thing that you can do to eliminate toxins. There’s also eating fruit fibers with every meal, because fruit fibers – I found out in my testing – mop up toxins in the food. If you’re going to eat, let’s say barbecue, which I also enjoy every once in a while – I think last time I had barbecue was three months ago. But I’ll have it a couple times a year, maybe a few. I will always load up on fresh apples or pears or oranges, and then I’ll have coleslaw with it, too, which is raw cabbage, because I know that the barbecue is toxic and I want to flush that out. I’ll take vitamin C at the same time as well, so that I can transit those toxins out of my digestive tract as quickly as possible. You might say, “well, why do you even do that at all? Why not just avoid the barbecue?” Well, you know, guess what? There are also some nutritional benefits from having saturated animal fat from time to time. You don’t have to do it every day. I wouldn’t want to live on this stuff, especially since I work on a ranch. I’m physically working, taking care of animals, moving bags of grain around, running tractors, and so on. I actually have a need for some real energy and some real strength, some real nutritional support for working – the kind of need that maybe someone who’s just a full-time religious leader or yogi meditator person might not have. Maybe they could live on celery, but I can’t. So, I do eat barbecue from time to time. But I know how to eliminate the toxins from my body, and that’s by eating fruit with the meal.

If you go out to eat and you’re going to, let’s say, enjoy some swordfish, which is very high in mercury, or shrimp, or something from the ocean, one of the things that you can do instead of depriving yourself of that meal – if you want to enjoy it from time to time – is make sure you have a fresh salad. Make sure you eat some fresh fruit, have some fiber, so that that fiber can eliminate those toxins from your body and mop up the mercury that’s in the fish. And then, you can go ahead and enjoy the meal, knowing that you’re not going to absorb that mercury. Isn’t that nice to know? See, that’s a solution right there. That’s a solution for humanity, whereas the FDA might just try to scare you and say, “don’t eat any fish from the ocean. It’s all contaminated with mercury.” But I will tell you, guess what? There’s a way to defend yourself against that. You can eliminate the mercury by eating fresh fruit with the meal at the same time.

One more comment on this, just from a nutritional perspective, and then we’ll continue with the consciousness conversation here. When it comes to juicing: Juicing can be very healing for many people in many ways, but if you juice non-organic fruits and vegetables, when you juice something, you’re eliminating the fiber. You’re just drinking the juice. If you juice non-organic fruits and vegetables, you’re making pesticide juice, and you’re not eating the fiber that would normally help get rid of those pesticides. If you juice, make sure it’s 100% organic, because what’s in the juice – most of it – goes right into your bloodstream. There’s very little fiber in juice to protect you if there are toxins in the fruits and vegetables. So, only juice full organic produce. If you can’t get full organic produce, you’re eating something with some pesticides and herbicides in it. Get natural fibers with that meal. You might blend up an apple or strawberries with a Vitamix so you can get the fiber to help eliminate the toxins.

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**N**ow, let's talk about the role of technology in all of this because technology is really having the effect of weakening human consciousness, human connection and human freedom. And the sales pitch of technology is that the more tech you use, the more connected you will be. Don't you want to be connected? Don't you want to have your mind buried in your mobile phone? Don't you want to have alerts, interruptions and alarms, all these things? Because that's being connected. Don't you want to be reachable and interoperable at any moment, for any reason, no matter where you are in the world? See, that's technology. That's what tech gives you. But, of course, when you're connected to technology, you are disconnected from all the other things that really matter. You're disconnected from your internal knowledge, right? You're disconnected from divine knowledge. You're disconnected from God because you're using – well, I should say many people use Google as their God.

They say, "well, the search engine is now going to provide me with all the knowledge that I ever need." And then, they rely on that search engine to give them answers when they should be looking for answers elsewhere, such as in the Bible, or looking inward – maybe through simple meditation or prayer – or finding answers in the real world by observing Nature, for example. There are many sources of

knowledge in the world, but search engines are not one of them. Well, I should say mainstream search engines because these tech giants, they're using their technology to suppress human knowledge and to track you. Instead of looking to Google for answers, maybe you should be looking inward or looking upward.

The reason all of this matters is because these tech giants can't track morphic fields, and they can't track the nonphysical transmissions of your mind. They can't interfere with the information that you're sending and receiving through consciousness and through morphic fields. This is a very, very important – I mean, this is the most important aspect of all of this, that your transmissions into the morphic fields or your imprinting of the fields is entirely unknown by the powers that are trying to enslave, control and, in some cases, destroy humanity. If you go online and you say, "hey, I want to fight for human freedom." You're probably going to get targeted like I am because I say that very publicly.

But let's say you don't want to put yourself at risk, but you still want to fight for human freedom. You can do it through the morphic fields, and the tech giants have no idea that you're doing it. They can't track you because they can't monitor your conversations with God or your interactions with cosmic consciousness or any of that. They can't monitor, they can't track,

they can't surveil; therefore, they can't discriminate against you based on what you're doing there, whereas they absolutely can discriminate against you based on the search terms that you type into Google. And then, for example, these days with the political situation, if you type in, "The election was rigged," then automatically, you're going to be penalized and labeled a conspiracy theorist or something like that. You will be censored for even daring to ask that question. Or, if you type in "How dangerous are vaccines" or "How many people are being killed by this year's COVID vaccine," you're going to get penalized regardless of the fact that the search engine is also going to give you a lot of disinformation that's engineered to keep you lacking knowledge. Because knowledge is the last thing that the tech giants want you to ever encounter or absorb. They are disinformation, or what we call anti-knowledge, engines. That's their role.



People are trained to use Google as their memory bank, so instead of remembering things or having skills that were taught to you by, let's say, a parent or a mentor of some kind, people use YouTube to search for skills, like "How do I change a tire" or "How do I sharpen a pencil," these kinds of questions. You'd be shocked that a lot of people don't know how to do that. How do I make change for \$5? How do I tip a waiter at a restaurant? A lot of people don't know these things, so they have to go online and search for this. It's very fleeting information, and so, instead of trying to remember anything, they just go online and look for answers. It's kind of like students using calculators to do the math instead of doing math in their own heads. And when you continue to operate in that way, you lose your internal capabilities. And so, today's younger generations are growing up in a way where they have lost a lot of the skills that people my age and perhaps your age grew up with. I'm in my fifties. And when I was growing up, we didn't have the Internet, thank goodness. We didn't have Facebook, thank goodness. I went through high school with no

record of all the crazy social things that we all did when we were 17 years old, right?

Just as a side note, what a horrible torture for today's kids to go through school with social media, and you have all of the ganging up online, the whisper campaigns and everything. It's a very devastating situation for kids today. They have no privacy. They have no life that is truly just their own. Back in my day, you had your own hobbies and you would do that on your side. Today, nothing is isolated. Everything is hyperconnected. And because of that hyperconnectivity, people have no privacy. Therefore, they don't have a private life. They don't have a private existence. Everything is socialized. Everything becomes socialism. Everything becomes communized, you might say, to use the term correctly there.

In effect, all this technology has made us less human. It has reduced our capabilities and forced or taught us to rely on tech instead of relying on these other things that we're talking about here. This is why, by the way, if you go back into history and read about spiritual leaders around the world, various gurus and people who did extraordinary things, even in the realm of, let's say, music and the arts – like, for example, could there have been a Beethoven in today's world with all the distractions of mobile phones and the Internet? Beethoven would have to check his Facebook page every day after every concert. He wouldn't have time to write more music. I don't think we will have a Beethoven coming out of this era of hyperconnectivity. In fact, this suppresses human knowledge, and it suppresses human creativity. It demands human conformity and mass obedience. And so, it is suppressing the very thing that makes us human, which is our uniqueness, our unique expression.

People today, they claim that they want diversity, but actually, they demand conformity, absolute obedience to their ideas. They don't want diversity at all. In fact, diversity is frowned upon. Diversity of thought, diversity of ideas will get you canceled. But then again, you have a whole different system that you can tune into. Getting back to the spiritual leaders throughout history, how did they talk with God? How did they talk to the cosmos? Even if they weren't Christians, how did they achieve this? They usually ventured into Nature. Why did they venture into Nature? They wanted to get away from the

socialization, the people, the cities of the time. They wanted to get away, and they wanted to have silence so that they could turn their attention inward or upward. They could have maybe, at first, talked with themselves or listened to themselves talking, listened to their minds through introspection and self-awareness. And then, perhaps, they wanted to talk with God, or just listened to what God had to say to them.

It's hard to listen to God if you've got emails and text messages all the time, and you've got a little blip and then happy faces and sad faces and weird, wonky faces. How are you going to listen to God when you've got all that happening in your mind? You can't, can you? So, the spiritual leaders throughout history, they had the advantage of not having this inundation of technology. And it was kind of easy a few hundred years ago to walk away and find yourself in Nature in silence. There were no radio waves and no 5G towers. There were no satellites beaming down electromagnetic communication waves, GPS and everything. A few hundred years ago, or even just a hundred years ago, you could really find silence a lot more easily. Today, it's very, very difficult. And it's no coincidence that the people alive today are less human than the people who lived a hundred years ago.

Even the words that are used to describe this technology today are misleading. So, you've heard the term "smart." Suddenly, everything's "smart." You have a smart home. "Oh, really? I didn't know my home was smart. What's smart about it?" "Oh, it turns lights on and off at random times." That



makes no sense. It doesn't seem that smart to me, but they call it smart. "Oh, you have a smart thermostat from Google that's called Nest." So, smart thermostat turns on and off based on what you want to program, and you can talk to it over your smart phone, right? And you can tell your smart thermostat that you're about to come home in your smart car, drive up into your smart driveway and enter your smart home. And you want your smart thermostat to have the air conditioning ready for you. They don't tell you, of course, that Nest devices also have a smart microphone embedded in them, and they are listening to everything you say in your home, and that's being uploaded to Google, by the way.

Nest thermostats are spy devices that people buy and install in their own homes. By the way, the audio that's recorded from these devices has been used by law enforcement to get recordings of what people said in their own homes in order to indict them. So, there's a little factoid for you, if you're wondering whether you should buy one of those devices. Also, Amazon Alexa is the same deal. People buy these smart devices. Alexa is supposed to be the smart assistant, and it sits there constantly listening to you, recording and uploading all your audio to the Amazon

servers, which are used by the CIA and the NSA, by the way. And so, everything you say is being recorded and may be used against you later in the court of law.

See, back in the Soviet era, if the Russians were spying on you, the Russians would have to pay for the spy equipment. They'd have to buy a transmitting radio and somehow sneak it into your house, or buy a video camera and set it up. Today, the average American consumer buys all the spy devices themselves, and they install them themselves – the Alexa, the thermostat, the smart TV. What is a smart TV? It's a TV that spies on you. That's right.

There's a very real story about Samsung making smart TVs that have a video camera on them. The video camera is supposed to be a feature that allows you to control the TV by gesturing. You know, you wave your hand to increase the volume or change the channel or whatever. The real purpose of the camera was to monitor you and determine your expressions and moods in response to what you're watching, and then Samsung would market that information. They would have your identity because of your logins to the various services through the TV, like Netflix and Hulu and whatever, or Amazon prime. They

would have your identity and know your location, and they would tie that into your physical address and monitor your emotional state as you respond to programs that you're watching. If you smile a lot when you're watching motorcycle shows, then you would be tagged as someone that maybe motorcycle companies could market to, and they would sell your information to motorcycle marketing companies. This is how it all works. They got caught with that. There was a lot of media about it. Most people still don't know that that ever happened, but it did happen. And all these smart devices are our spy devices, even a smart meter.

A smart meter is an electric meter that spies on your use of electrical appliances. It knows whether you're using a toaster versus a TV, or a computer versus a blender. It knows at what time you use these things, and it uploads that information to the power company that, in some cases, then aggregates that data and sells it to marketing companies to market to you.

By the way, the Facebook app, this has been known for many years: The Facebook app on mobile devices constantly listens to what you say and is listening for keywords like, "Oh, we're going to go on vacation to Hawaii." And if it hears "vacation" and "Hawaii," then the next time you pull up a website or Facebook, you're going to start getting ads having to do with tourism and travel and Hawaii – "Oh, go to the big Island. Check out the volcano." – because Facebook has sold your information to marketing companies that are now going to use that information to market to you in a way that they say is personalized, but it's actually invading your privacy.

In the old days, before cell phones, mothers relied on intuition more than cell phones. Today, they rely on cell phones, and by doing so, they're giving up privacy. The cell phones are tracking their location, interests, emotional state, search terms, all the websites they visit, all the videos they watched, the text chats, their friends network on Facebook, all of that. And again, I don't believe that spiritual leaders in history could have done what they did if there were an Internet back then. I mean, could Jesus Christ have accomplished what He did or Gandhi? Gandhi, instead of leading the march to the sea to gather salt, would have been trying to update his Facebook page and boost his friend count. He would have been trying to ban critiques from the British critics, who would

say that Gandhi was a false prophet or whatever. So, thank goodness that humanity, for most of human history, did not have the craziness of all these smart devices. These are really slave devices. And again, they take you away from who you are, and they take you away from your connection to reality.

If you really want to connect with what matters, connect with Nature or connect with God, or just connect with your inner consciousness. Connect with your mind through just being still; be silent. You can call it meditation. You can call it inward prayer. You can call it positive affirmations, if you want; it doesn't matter. Whatever you call it, it's healthier for you. It's better for you than using the Internet.

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Now, this leads to the obvious conclusion that if you ever want to have a meaningful life experience, you're not going to find it through the Internet. You're not going to find it online or on Facebook or through Google, or even in TED Talks, which claim to be about knowledge worth sharing. TED Talks ban knowledge that they deem too dangerous for humanity to know. For example, the TED organizers announced many years ago that they would no longer allow anyone to give a TED talk who criticized GMOs. So, if you want to talk about honest food and heirloom seeds and the dangers of glyphosate herbicide, you're not allowed to do that in a TED Talk.

TED also suppresses ideas that are very important to share, such as the speeches of Graham Hancock on, for example, the real history of humanity, ancient aliens and archeology; or Rupert Sheldrake, the author of *Science Set Free*, who gives talks about what science doesn't yet know about reality. In fact, this talk that I'm giving you right here is based in a significant way on Rupert Sheldrake's research.

So, obviously, TED did not succeed in banishing the ideas of Rupert Sheldrake. In fact, here I am amplifying them, not through TED but through my own platform, Brighteon.com. I built Brighteon.com, and my company put millions of dollars into the research and development precisely because I realized years ago, when I was completely banned by YouTube and other platforms, that you can never succeed. You can't win the game when the enemy controls the playing field, and they have all the referees and judges and they keep score. You can't win. I can



never go on YouTube and tell you the things I'm telling you now. And so, I realized years ago that I was going to have to build a platform in order to be able to speak freely about these very important ideas for humanity. I realized TED would never let me speak on their stage, so we're going to have to create something ourselves. As I did that, I also realized that if I'm going to go through the expense and trouble of creating, let's say, a video platform, it shouldn't be just for myself. It should be for everyone, especially those who are suppressed and censored by all of the tech giants and their "smart" technology. So that became Brighteon.com, which you're probably watching right now, although we do also post these videos on other platforms that are alternatives to YouTube. But most people are going to listen or watch this on Brighteon.com. I encourage you to switch platforms to get away from the surveillance systems of Google, YouTube, Facebook, Twitter, Vimeo, and so on.

Move to alternative platforms to start, and then, also be sure to find balance in your life so that you don't spend all of your time online. Make sure that you get offline. I may be the only founder of a platform, Brighteon, that tells

people to not use it too much because Brighteon should be, maybe, a place you go to learn something new and interesting and gain inspiration. But if you really want to have traction in your life, you need to then turn off the computer, get away from the desk and get out into Nature. You need to observe Nature, walk through Nature, get away from the city, get away from the 5G signals, the radio frequencies and all the Wi-Fi. Get away from that as much as you can and learn to listen to your inner voice, which might be your intuition; might be the way that you listen to God; might be Nature talking to you; might be cosmic consciousness; or might be morphic fields sending you information that you're just receiving. It could be all those things. You're never going to get that by sitting in front of a computer, even if you're on an independent platform like Brighteon.

Again, just to summarize, move off of the controlled, evil Big Tech platforms. Move to the alternative platforms, but also limit your time on all those platforms. Do not allow the Internet to consume your life because there's nothing through that screen that is as important as what you probably have right around you in the real world.





If you're looking for miracles, just walk outside and look at the lawn. Every blade of grass is a miracle. The scientists right now – the best scientists in the world – haven't figured out how to create a blade of grass, how to create something that's living; and yet, in the dirt beneath your feet, there are living microorganisms – you know, probiotics in the soil, worms and grubs, weeds, dandelions, grass and whatever else. All this life around you, it's all miraculous. You don't need to use the Internet to find miracles. It's all around you. In fact, you are a walking miracle. You are the perfect example of living miracles. Your immune system is a miracle. Your brain is a miracle. Your consciousness is a miracle. All of these things, they are gifts from God, by the way. These gifts, in order to value them, I would say it's important to use them to their full potential, and that's not going to come through a web browser.

The more you get offline, the more you then develop these skills, the sensitivity to the morphic fields. The more you can develop what's called the intuition. Have you ever heard of the term intuitive intelligence? So, there is, of course, cognitive intelligence, which is determined by an IQ test, let's say. But there's also intuitive intelligence, which is about how good your intuition skill is. And what is intuition, really? It's a way of listening to your subconscious mind, or perhaps, receiving information from morphic fields – information that comes to your conscious mind and gives you a solution or an awareness or a conclusion that you did not receive through conscious, normal means. So, a mother will often have intuition about her child, right? We've talked about that: "my child's hungry," or "my child's in trouble" or "my child's doing great." Studies have shown that intuition is something that's more emotionally impactful when it's negative. And so, many people all around the world, they will have intuitive dreams, for example, or sometimes intuitive messages that seep into their awareness

or bubble into their awareness. And these intuitive messages might be things like, "Oh my gosh, I think there was just an earthquake somewhere or where there was just a volcano." It was kind of like from Star Wars, when Obi-Wan Kenobi says there was a disturbance in the force. What did he say? As if a billion souls screamed out in terror or something. This is about the destruction of the planet by the Death Star. What was that? Was that Alderaan? I forgot which planet that was.

There are many well-documented cases of intuitive premonition, which is people receiving information about impending near-future events, such as plane crashes, for example, where people die. And in many cases, this is information that comes to people without them even consciously trying to receive it. In other words, they're not sitting in a room and chanting, saying, "crystal ball, tell me what's going to happen." They're not doing anything like that. They're just having a normal life. But they're having these terrifying dreams that are just being imprinted into their consciousness. It turns out, in many cases, these people just happen to be on what you might say is the same wavelength as this event that may be emotionally connected to it in some way. It might be an event that's happening to a relative or someone geographically close to them, or an event that has metaphorical meaning to them in a way that heightens subconscious response. Because emotions are kind of the power or the amperage, you might say, behind the imprinting of the morphic fields and the receiving of this information.

Remember, too, that morphic fields are, in a way, able to seemingly violate the laws of time and space. We don't know exactly how this works. We know that when morphic fields are imprinted in one place, they instantly make that information or organization or knowledge available to people everywhere else. But what about in time? Is there a little bit of, let's say, a time bleed, where that information can also become available to people a few days earlier or a few days later? Like with premonition, for example. We don't know the answers to that. It would be worth studying; but, of course, mainstream science is not interested in studying this because they don't believe it even exists.

Now, what if there are people who are really in tune with morphic fields, and they can traverse and navigate them? Typically, I think this would be people

who are able to really focus, people who are able to be still, people who have a good control over their mental state and are able to move into a meditative state very, very easily.

Now, these are skills that can be developed. For example, you can wear a heart monitor on your finger. Some of these heart monitors are small electronic devices. Some of them talk to your mobile phone. With this heart monitor on your finger, you can develop the skill set just through this simple biofeedback to control your heart rhythms. I've done it myself. It's very simple to do. You can control the variation in the rate of your heartbeat, and you can slow your pulse itself, or you can speed it up at will. And these are very simple things to be able to learn. Most people never do this consciously, but it's a skill set that's available to everyone.

In a similar way, people can also develop skills in areas that we might call cosmic consciousness, or imprinting morphic fields, or receiving information from morphic fields. I think that people who don't necessarily understand this concept of morphic resonance, they tend to put a label on these various phenomena that I'll describe here. They tend to label it "psychic phenomenon," like, for example, remote viewing. I think the word psychic is the wrong word, actually. I don't think there's anything supernatural about it. Again, I think it's completely natural.

What is remote viewing? This is when a person closes their eyes, typically, and kind of meditates. They imagine themselves in a remote physical place that is real, and they attempt to gain sight or knowledge of what is in that place. They're trying to basically remotely view this place as if they were a video camera. Morphic fields, of course, organize the structure of everything, including ideas, emotions,

words and languages, as well as physical things. So, every space, every place – even, let's say, the inside of your home or an office building halfway around the world – is also, in a way, imprinted in the morphic fields. If someone is well-trained enough and highly sensitive, isn't it possible that they could simply tune-in to those specific fields that are describing what is in that location? And they could probably give a pretty accurate description of what they're receiving from this morphic imprinting. And, indeed, this phenomenon does exist – well, according to many sources.

It's also been weaponized in the military (the US military) and other militaries around the world. They use this technology to attempt to spy on enemies, to try to find out, "Hey, what's Kim Jong Un up to today?" "How many nukes does he have in the underground base?" There have been, throughout the history of the Pentagon, remote viewing units that would attempt to do this, and some of them reportedly have had a tremendous amount of success. But it's not a skill set that is necessarily easy to acquire. The other thing is that morphic fields often will work in ways of metaphor. So, the person doing this so-called remote viewing, they may get information that is metaphorical, like, "Oh, I saw three penguins walking down the hallway," and it turned out to be three men in suits, who looked very cold or something.

The subconscious mind often talks in the language of metaphor. Your mind thinks in metaphor, and this is the way your mind often dreams. You may be dreaming about a volcano eruption taking place, and it's because, maybe, you have a relationship that is erupting in magma and fire. So, you have to be able to translate what you're seeing through the language of metaphor, which is very tricky, obviously. But this is kind of the mystery of the mind as well. I'm just



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saying that whether or not you believe that this remote viewing is actually real, it is very feasible when you understand morphic fields. And it can only work in people who are able to quiet their own minds and create that stillness, so that you can have the sensitivity to hear the low volume information that's coming to you.

It's kind of like if you're going to go out at night, which is something that I love to do. I live out in Nature and I love to – in the middle of the night, with the stillness of the night – listen to the night birds. I really love to hear night birds. They're the most amazing singers out there, and they have so many different ways of singing – at least the birds in my area do. There's one kind of bird that will have like 20 different songs, and it will just cycle through them. There are other birds that would just be kruuing during the night. You can hear it with incredible clarity because you don't have all the background noise of the day. Background noise of the day is often wind – on my farm, it's the clucking and crowing of chickens and roosters – and vehicle traffic that might be near your place, or airplane traffic overhead, or what have you. There's a lot of background noise during the day. But in the stillness and silence of the night, I love to be able to hear the crisp sounds of wildlife. It's just so amazing. I think that's what it is like when you're receiving information from the morphic fields. You need to be silent, and you need to be sensitive.

So, there's only a certain type of person – there's a certain kind of path of personal development that leads to someone who can do this well. That path is not a



path that is rambunctious or aggressive or violent. It's a path of, I think, humility and sensitivity and compassion and empathy for other living things. Like, for example, if I told you this little quirk of mine, you might think it's crazy, but I'll go ahead and share it with you anyway. When I am walking around at night and I'm on any kind of a flat surface, like a sidewalk or a patio or a porch or whatever – we have a lot of roly-polies where we are, out in rural Texas – I'm very careful to never step on roly-polies. I've never met anybody else who has told me this before, so maybe it's a very unique thing, or maybe you're careful, too, but roly-polies are living things. In fact, roly-polies are, I think, the only land-based crustaceans. Roly-polies are in the same family as lobsters and shrimp, but they're on land. They have an exoskeleton and they're an important part of the ecosystem, of Nature. And I'm very careful – I don't want to crush them – because, obviously, from the point of view of roly-polies, I'm this huge, lumbering giant that's hundreds of times taller than they are, and I don't want to just come along and crush them. So, I'm careful about that, and most people aren't.

To me, even the smallest life form, even an ant, I would avoid it if I could see it. I would see an ant and I would avoid it. Or, when I'm riding my bike and there's a grasshopper on the road, I will swerve to miss the grasshopper. I don't want to crush any innocent bug because they're living, too. I happen to be one of those people who are very empathetic and, I guess you could say, sympathetic and tuned in to other life forms. For example, maybe this is getting too personal, but I miss trees that die on my ranch. These trees have been here as long as I've been alive or longer. The magnificent ones that I happen to venture near frequently on my walks with my goats – I take my goats for a walk every day – I have names for them; and so, the trees become my friends. When those trees die as has happened; I've had trees die of some kind of – I don't know if it's old age or a disease or whatever. One year, we had katydids that went crazy and invaded the trees. That didn't kill most of them, thankfully. But sometimes, there'll be a heavy, heavy rain, and then, a windstorm will come along and knock a tree over, and I will feel a sense of sadness for that tree because to me, that is also a living, conscious being.

I understand that everything that is living has consciousness. Trees have consciousness, blades of grass have consciousness, even roly-polies have consciousness. To anyone who doesn't understand that yet, you probably don't have a good chance of being tuned in to morphic fields because you need to reach out – almost like in the Star Wars metaphor, reach out into the force and feel the force, and it permeates everything. It does. This living consciousness permeates everything, every life form, even down to the bacteria and worms in the soil. It doesn't matter the size of the creature, there is some element of consciousness there, and it's contributing to morphic fields, which is why spiders know how to build spiderwebs, and so on, all these things that we've talked about.

When I move through the world, in Nature, I feel surrounded by friends, surrounded by other conscious beings. I do my best to be mindful and humble in my interactions with them. I even understand -- for example, I have snakes, rat snakes that often eat chicken eggs from my chicken house. I do not kill the rat snakes; I capture them. Last year, I captured 40 or 45 rat snakes. I have a snake-grabbing stick. I'll put them in a barrel – well, it's a drum, like a 55-gallon drum. Then, I will drive them out a few miles away to a different part of the ranch and let them go there. I don't want to kill rat snakes.

Now, I will kill a rattlesnake because the rattlesnake is a threat to my other animals, who I want to protect. So, a rattlesnake might bite my goat and kill it, or

a rattlesnake might bite one of my dogs and could kill it. I kill the rattlesnakes, but only in the sense of protecting other innocent lives. Often, if I see a rattlesnake when I'm out walking, the snakes just want to flee anyway, and I just let them go. I only kill rattlesnakes that are around my other animals. There is a philosophy behind all of this, and it's a philosophy of respecting consciousness. I think this is a requirement to be able to have the sensitivity to morphic resonance coming from other living things.

Notably, morphic resonance also exists for non-living things, as we've seen with crystals. Yes, even in organic substances, such as crystals or rocks or salt. They are both imprinting morphic fields and receiving information from morphic fields, even though they themselves are not conscious. I find that fascinating. Consciousness is not a prerequisite to interact with morphic fields, but it definitely ups your game when you're dealing with them.

You can decide to imprint the morphic fields with information that you want to help get out there, and that's the subject of Chapter 3, which we're about to get into. There are many ways to amplify your ability to do that, and as you might suspect, some of that comes down to having empathy for things that we were just talking about; having sensitivity; and being someone who is able to connect with other conscious beings (e.g., living plants, animals and creatures of the Earth), have respect and compassion for them, and see the world through their eyes. This is why, for example, I can't raise meat goats.

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It's a very common thing in Texas, where I live, for people to raise meat goats. That means they are raising goats for a year or two – I don't know the exact timeline – and then, they're shipping them off to be slaughtered. I could never do that. To me, my goats are our family because I see the world through their eyes and they have personalities. Again, here's another kind of personal thing that I don't often share, but a couple of my goats will respond when I call their names. This is not behavior that I've seen before. But one goat, in particular, she's been able to do this for several years now. When I call her name, she turns her head, looks at me and she gives a little "maa," like that. You know, talking a little bit. Goats will talk to me, and you have to be willing to or able to listen to them to understand what they're saying. If I'm out walking and we have a particular path that we normally walk, any time I begin to diverge from that path, even 15 or 20 feet off that path, the goats will alert me and go "maa," and tell me, like, "Hey, what are you doing? We're supposed to go this way." So, they are talking. The more you interact with these animals, the more you realize that they are conscious, goal-oriented beings. They make their own decisions. They have their own goals.

In fact, the same thing is true with chickens, which is why I don't raise chickens for meat. I only raise chickens for their eggs. When they stop laying eggs, they join my chicken retirement center because I just keep them alive as long as they live. I don't get rid of them just because they're not producing. That's just a luxury I have because I'm willing to spend the money to keep feeding them, but I think their lives have value, and that's the way I choose to do it.

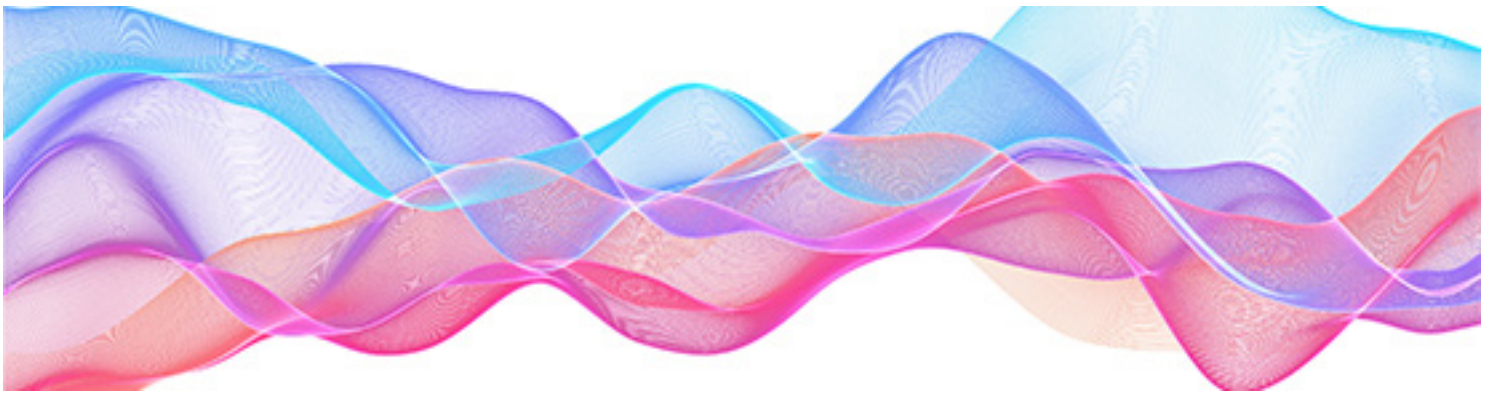
In raising chickens for many years, I've learned the language of chickens and roosters, their roles, their socialization and their language. Chickens and roosters have many different words and phrases that they use to mean different things. For example, a rooster has a phrase that says, "hey, watch out, something's coming." And that phrase sounds something like "ru-pu-ru-ru" and that is to alert hens to "hey, watch out something's coming." The role of a rooster is to be on the lookout. One rooster will often be surrounded by several hens, and the rooster is to look around, see what's happening and see if anybody's coming. It has to look for danger, look for birds that might be coming out of the sky, like falcons and such. The rooster also has a different type of language for "hey, I just found some food and I'm

willing to share it with you." So, roosters look for food and when they find it, they alert the hens. And that sounds kind of like, "wk-ck-wk-ck-wk-ck," like that. Then, the hens will run over and they will eat the food while the rooster does the lookout. Those are just two examples. There are many, many phrases that the chickens use to communicate.

To someone who's never lived around chickens, especially someone who lives in a city and hasn't been around animals at all, they don't realize the subtleties of consciousness of conscious animals. They don't realize that they could be surrounded by other conscious beings. Instead, they're surrounded by concrete and traffic, honking horns and car alarms – all those things that take you away from reality. I say, the more you work with animals and work with Nature and plants – by the way, plants will speak to you in their own way because plants will respond to different things more slowly than an animal, obviously. I'm not saying plants have a vocalization, but they also talk back to you. They communicate to you in other ways.

If you get to the point where you are able to hear them and to listen – like, for example, I can always hear bats flying around doing their little sonar clicks and eating insects. So, when I walk out at night and there are bats flying around, I instantly hear them; they're doing their little, super ultrasonic – I can actually hear a really high range of frequencies – and I hear them. I hear them clicking away and eating away. If I turn on my flashlight and shine it up there, every once in a while, the bat will flutter through the light, just confirming that, sure enough, bats are out hunting again. The world is very rich when you're sensitive, especially the natural world.

Just one more quick story on this. I hope you don't mind me interjecting this. I think you'll find it quite fascinating. One time, many, many years ago, I had read a story about a blind man who had developed a way to click his tongue. He had learned to use echolocation himself, in terms of walking through his house or even walking down the street. He would make this clicking sound every couple of seconds, like, "tsk-tsk-tsk." I mean, he could do it a lot better than I could. It was a very distinct click. He would listen to the reflecting sound from that click, much like what a bat does, and he would be able to tell, for example, if there was a car parked next to the sidewalk where he's walking, or he would be able to tell if there was



a doorway in the hallway that he was walking down.

I was explaining this to a friend of mine, who was an MD – kind of a skeptical doctor. Most doctors are skeptics. This doctor said to me after I explained this, he said, “That’s crazy. That’s impossible. Humans can’t use echolocation.” And I said, “Are you kidding me? You think I’m making this up? I mean, echolocation? Of course, it’s possible. What? You can’t tell how close you are to a wall by listening to the sound of your voice? You can’t tell that?” And he said, “No, nobody can tell that.” I said, “Are you kidding me? Because I can always tell how close I am to walls, even with my eyes close, just by the way it sounds to my voice. I can hear the echo. I can hear the characteristics of the room, the reverberations you might say.” And he said, “No, you can’t. You’re making that up.” I said, “You’re out of your mind. Here, let’s do an experiment. Stand me at the entrance to this hallway, and you can, like, spin me around, or whatever. Put a blindfold on me, spin me around, make me disoriented, and then I will just use my voice. I’ll turn a slow circle, and I will tell you where the walls are and where the doorway is.” And so, we did that experiment, and of course I was able to tell him exactly, “Oh, these are the walls, and the doorway is there,

and so on,” just by listening to the sound of my own voice. I wasn’t doing clicking, I was just talking, and he was astonished. I think he ended up saying, “Well, this must be something special because of your early musical development. Because you started playing the piano at five years old, and so on, and so forth,” which I did, but this is a skill that’s available to everyone. You just have to be sensitive. You have to listen. This is very easy. I mean, I could demonstrate this to anybody, and perhaps, you could do it, too. Maybe you’ve never thought about even trying it, but you might try that sometime. It’s actually very easy. You can hear walls when you’re talking, especially straight walls that are strong, reflective surfaces. They’re not hard to hear.

This doctor had never heard of anything like that, and he thought it was a crazy idea. That just goes to tell you that a lot of people trained in high IQ skills, they’re not very bright when it comes to the real world. I’m sure if I had told this doctor, “Hey, chickens have their own language, and they have their own words and phrases.” He would say, “You’re full of it. They just go “cluckity-cluck-cluck,” and that’s it.” Well, that’s not it. They have a language. They communicate with each other in meaningful ways that are derived from consciousness and intention, from

goal-oriented behavior, and those are just chickens.

Imagine what whales are like, and dolphins and squid, and other intelligent creatures of the ocean, especially social creatures like dolphins. They have highly complex cultural and social systems, highly developed brains and minds and consciousness, just like we do. Dolphins have non-material minds, just like you and I do. They have their own language, and they have their own intentions. They have their own goals and, to some extent, so does every living animal.

I was just thinking about this. If you really want to expand your knowledge, turn off your computer. But if you want to expand your awareness, you might try wearing a blindfold. I mean, do it safely, obviously, with the help of somebody. Don’t wander out into the street or traffic or down a flight of stairs, or whatever. In a safe way, perhaps with the help of a friend, what would it be like to wear a blindfold for eight hours a day and start to tune in to all these sounds and all this other information? Information from touch, information from your inner ear about your orientation, information from your feet about what you’re feeling and touching as you’re walking and, again, maybe this kind of echolocation, or voice reflection, that I just talked about.

See, it's not an exaggeration to say that people who are vision-impaired, they do develop heightened senses of hearing and touch and other things. For example, the skill of reading braille. Have you ever thought about how incredibly subtle that is to run your fingers across a line of raised little bumps, and to be able to read that with your fingers? So, that feeling of touch, which is very subtle, is being translated in your brain. Your brain is visualizing the words that you're just rubbing or touching – gliding across is a better term – with your fingers. Have you ever watched somebody read braille? You should. I think you should. I think you would do well to spend some time with a person who is visually impaired. I think that's the correct term. I don't want to call them blind because, in fact, in many ways, they can see better than you can. They're not blind; it's just that their vision isn't working. But they can see much more than what a normal-sighted person might imagine because normal-sighted people are often very insensitive to the other sources of information around them. What does this all have to do with the morphic fields? Well, everything. Again, because morphic resonance works with the help of many different factors. It can work visually. It can work through auditory means. It can work through intuition. It can work through metaphor, art, movement, knowledge – just spontaneous knowledge of emotional states, social structures, cultural structures, and so on. Being sensitive to all those things makes you a more advanced navigator of the realm of morphic resonance. It actually makes you more human, and it makes you more influential in terms of imprinting morphic fields and setting these intentions for a positive outcome for the cosmos, which is this collection of consciousness. So, it's all related. We can develop these skills, but sometimes, we have to turn off our preferred means of gathering information in order to expand those other channels that may not be well-developed.

Again, in terms of exercises, go a few hours safely with a blindfold if you normally can see well. Try a few hours of silence. You've heard of people taking a vow of silence. Well, it's not really about the silence; it's about silencing your mind. I mean, if you just run around town not speaking but you're still preoccupied, reading your email and everything, that's not a vow of silence, that's a vow of stupidity. It's about being quiet and allowing yourself to tune in to other sources of information, whether that's intuition or morphic fields or spontaneous knowledge or emotional translations

or divine knowledge. Silence is a powerful tool.

You might say, "well, what about you, Mike? You seem to talk a lot. When are you silent?" In truth, I don't talk that much compared to the silence that I have. For me, there are two things: walking in Nature and exercising. When I'm exercising, I'm jogging or biking or lifting weights or what have you. When I'm doing those things, it's very meditative for me. Jogging or biking is very meditative, and walking through Nature is a very, very rich experience for me, as you can tell. I name trees, and I hear all the animals, and so on. I walk during the day and I walk around at night. Sometimes, I'm seeing stars and moonlight and night animals. Other times, I'm seeing daytime animals, and so on. It's a very rich experience. There's a lot to take in. There are also all the smells that come with it, especially in the springtime: the flowers, all the different blooming trees, and so on. This is why, by the way, I'm a strong opponent of artificial fragrance.

I have to mention this before we close out this chapter. Artificial fragrance is the enemy of consciousness. Artificial fragrance is used in laundry, detergents and dryer sheets, shampoos, colognes, perfumes, body lotions, and so on. All of these things dull your mind. They make you less sensitive, and they turn off your senses to the real world around you. There are people that I can't even stand within three feet of because they're so inundated with laundry detergent smells, and because they use Tide or some common laundry detergent.

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These people, their own senses, their sense of smell is burned out, in a sense. They can't even smell the laundry detergent because they've become desensitized to it. When you become desensitized, what's happening is that your brain is kind of retreating like a turtle, retreating inside its shell. Instead of branching out and trying to be sensitive, your brain is like, "that's too much information and too much fragrance, toxic garbage. I'm going to retreat and be less sensitive." That's exactly what people are like when they use a lot of laundry detergent. They're not sensitive people. They're insensitive to the world around them. They're insensitive to animals. They're insensitive to food. They can't really taste food the way that you and I can because their sense of smell is so damaged by their laundry detergent. They have to resort to extreme foods that are very salty or very sweet or extremely spicy. And so, they turn to processed junk foods because that's the only thing that even tastes like food to them. They'll go buy "Extreme Nacho Doritos" or whatever and Lays with MSG, an excitotoxin chemical, because that's the only thing that even registers to them. Without the extreme chemicals, they can't even taste anything because they're poisoning themselves every day with toxic detergents and fragrance.

I have had probably hundreds of conversations over the years with coworkers, colleagues and employees, and we have a "no fragrance" policy at my company, The Health Ranger Store. If anybody shows up wearing fragrance, we send them home, and that includes laundry detergent fragrance. Sometimes they've complained, "so, you mean, we have to buy separate laundry detergent?" So, sometimes I just give them my own laundry detergent, my brand, which, of course, is completely fragrance-free. I just give it to them, "Here, use this." Guess what? Your life's going to get better in ways you can't even imagine. I've had hundreds of conversations over the years with people and say, "Hey, what's going on? You smell like crazy soap today. You smell like a body lotion today. You smell like shampoo, whatever." Time and time again, they would say, "I don't know what you're talking about. I can't smell anything." Well, of course you can't. You're completely desensitized to it. "Just go home, look at what you use this morning. Tell me what the shampoo is, tell me what the skin lotion is, whatever." It always turns out to be Pantene shampoo. High amounts of fragrance and toxic chemicals in that shampoo. Or, it's like Johnson & Johnson skin lotion, which has a lot of perfume in it, or it's Tide laundry detergent or Downy Dryer Sheets. It's always the same things, and they can never smell it so they're not sensitive. They've become desensitized to the world.

If you think about it, it's not just fragrance. It's also in television programming, through all of these extreme violence and murder. It's trying to desensitize your brain to violence because if you're a normal, healthy, empathetic and compassionate human being with a soul, you don't want to watch people being murdered. You don't want to watch suffering. But because we're shown that over and over again, through even just Netflix for children, all this violence, people become desensitized to it. Then, they stop feeling a sense of empathy for others. That empathy circuit gets burned out the same way that the olfactory circuitry gets burned out in a person who uses a lot of laundry detergent with fragrance in it.

This is what the powers-that-be want. They want you to be completely insensitive. They want you to lose all compassion, all empathy. They want you to lose what makes you human. They want you to also be unable to connect with God or hear the voice of God, the voice of Nature or your inner voice. They don't want you to be sensitive to intuition. They want all that cut off because, then, you depend on them. Then, you have to use Google to search for information, or you have to defer to government "authorities" that tell you what to do, how to live, what to think, and so on. They do not want you to have information from other sources, especially not sources that they can't control, such as Mother Nature or God.



I hope you're beginning to see here that when we talk about morphic fields, it's not just some small, simple thing. It's an entire realm. It's a whole new reality for many people, a whole world that they've never known existed right under their noses. They've missed it because they were not sensitive to it, because they're using Google and technology is distracting them. They've also got fluoride in their water and they've got Apple earbuds in their ears all day, listening to demonic music. And they're watching violent Netflix shows, using toxic laundry detergent and abusing substances, and on and on and on. And in none of that have they ever discovered their humanity, nor have they discovered the cosmic consciousness in the world around them.

They have no idea that trees were conscious or that chickens could talk to each other using meaningful phrases, for example. They have no idea that there are ways to get information that Big Tech can't monitor or control. They have no idea that their mind is a transmitter and a receiver. They have no idea there's this entire realm of knowledge all around them, surrounding them, penetrating them and available to them right now that they've never tapped into because they didn't know it existed.

What we're going to get into now in the next chapter is how to be more impactful in imprinting morphic fields, how to broadcast or transmit more meaningful information and how to do this more effectively in a positive way to help spread knowledge and liberty. You could say it's the freedom to think, the freedom to do and the freedom to share ideas all around the universe. And if you believe that there are beings on other planets besides Earth, rest assured that this is impacting them as well. You might be helping conscious beings beyond this planet quite realistically, no exaggeration. We're going to get into that in the next chapter, and that's very powerful information. That's coming up next.

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# THE GLOBAL RESET

## SURVIVAL GUIDE

### 2020-2025

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#### Part One

### THE COMING GLOBAL RESET

#### DISCLAIMER:

The methods and techniques described in this audio program are intended for last ditch survival use only in the context of a total collapse of society where no other options are available. Many of these methods are dangerous and may expose you to the risk of severe injury or death. Do not attempt to replicate the methods described in this program except as a last resort where you have no other choice. This information is offered as is with no warranty of any kind and the listener of this information assumes all risks associated with any application of the techniques and methods described herein.

**MIKE:** Welcome to the Global Reset Survival Guide. I am Mike Adams, your host, I am known as the Health Ranger, and I will bring you many hours here of explanations about the coming global reset; what it's going to look like, and how to survive it.

So just to begin, the global reset involves a collapse of most of what we have come to know as a sustainable society. There is a chance of between 70%

year 2025 or maybe not even by 2022 – we'll see. There is going to be a food supply collapse that will feed into the mass starvation, famine, and social unrest. There will be more biological weapons released to cause a second wave of the pandemic and there may be cyberattacks on the power grid, EMP weapons launched, additional false flag events to cause more wars in the United States, and so on. The bottom line is we could say roughly 90% of the human population will be killed off in the coming years.

...er lining to this, by the way, ... about -



**MIKE:** Okay, now Pa covered. Make sur com that is B-R-C lots of gun parts things and even full firearms. Th full interesting ry interesting time



## Chapter 3

**W**elcome to Chapter 3 of the Contagious Mind. This is about God, the laws of the cosmos and how to be a better transmitter or imprinter of the morphic fields. To begin with, we need to understand that the very laws of the universe are, themselves, morphic fields. They were created or put in place or imprinted in the cosmos by the ultimate creator who is God. God's abilities to create or design morphic fields is part of what is the definition of being God. I don't know if you've heard of this concept of cosmological constants, but the laws of the universe are just right in our universe to allow for the formation of stars, galaxies, planets, water and life, all of these things that are obviously important for us to be here, to even have this conversation.

These constants are all, in fact, morphic fields put in place by God. The way that you know that's obvious is because you have to ask the question: how does the universe remember what laws it's supposed to have? In other words, you could say, if you have a gravitational constant,  $G$ , or you

have the electromagnetic force constants, or the strong and weak nuclear forces as constants, how are those values not just chosen? How are they remembered? In essence, how does the universe know to obey those constants? And the answer is that: Even the universe must adhere to morphic fields. And who was the original creator of these morphic field values for these cosmological constants? Of course, the answer is God, the creator of everything that we know, the entire universe. All matter went from nothing to everything with certain laws that allowed for the continuation of life and consciousness and all of this that we are experiencing here. This life, some people call it a simulation. Some people call it a training ground, whatever it is. It exists because of these laws, and the laws are held as a constant because the universe is reading the morphic fields, and the morphic fields were imprinted by God.

We started out this book with the question of how xylitol crystals now know to form a crystal structure that is a certain polymorphism – a certain

structure of its molecules that resists melting all the way up at a high temperature. How does it know to do that? And why didn't it know that a hundred years ago or more than a hundred years ago? Why did it go from not knowing how to do that to suddenly knowing how to do that? That has the same answer as the question, "why does the universe know to respect these cosmological constants when before the existence of the Big Bang, none of these constants existed?" In other words, the universe went from knowing nothing to now having this morphic structure that gives it guidelines or rules to adhere to in order to function as a cosmos, in the same way that xylitol knows how to function as xylitol crystals; the same way that a spider knows how to function as a spider, which builds spiderwebs; in the same way that a human being rapidly absorbs language, even though there's nothing genetically that teaches language. They absorb it, not just from listening to their parents but also because it's imprinted in the morphic fields. This is the structure of embedded or imprinted knowledge that determines the very nature of the cosmos.

Now, it should be self-evident that only a conscious mind, only a conscious being, can create or design these grand-scale morphic fields, even though we know that unconscious systems like crystals, for example, can create morphic fields that affect other crystals. In order to create powerful reality-changing morphic fields, it has to come from a conscious mind, a creator. And of course, God is the ultimate creator. This is covered in John Chapter 1. "In the beginning was the word, and the word was with God, and the word was God."

See, a lot of people think this whole passage is just playing games with words, but it isn't. It all makes sense when you understand the morphic fields. So, it says, "and the word was God." So, what is the word? Well, the word is the spoken intention of intelligent design. It is designing the cosmos. It is, in effect, voicing out as a great cosmic being, voicing out that I want to create a universe with these laws, with this gravitational constant, with this strong or weak nuclear force constants. The word was God. The creator in this context is synonymous with He who is able to imprint the very fabric of the structure of cosmos on the grand universal morphic fields that determine the way everything works, including, by the way, the flow of time.

I find it interesting that physics articles and books, and so on, they talk about cosmological constants. They never include the flow of time. I always find that fascinating because the flow of time is also set in this universe and in the way we experience the flow of time; and yet, that is not something that had to be that way. That was chosen. There's a very specific flow rate that was chosen for our universe.

Getting back to John Chapter 1: "In the beginning was the word, and the word was with God, and the word was God." By the way, I'm not sure if this was John originally written in Hebrew. I imagine it was. I'm not a Bible scholar, so I don't know for sure. But whatever this was originally written in, I wish I could read it in the original words because I think that would give a lot more insight. But anyway, in the current translation, I think this is the King James version. It says, "and the word was God. He was with God in the beginning. Through him, all things were made; without him, nothing was made that has been made."

Again, it sounds like a tongue twister, almost, but think about what it's saying here. "He was with God in the beginning." It is referring to the word, the power of creation was with God in the beginning, the power to imprint the cosmic morphic fields. "Through him, all

things were made." So, from nothing came everything, what modern scientists would call the Big Bang; but it was all through Him because He is the intelligent designer who initiated the spark of the Big Bang and set the rules, which would determine the cause-and-effect interactions and how things flow from that moment.

By the way, outside the realm of materialism and physics, there are also, obviously, rules that were set by God about the morphic fields themselves. How do they work? What is consciousness? How does consciousness work? What is the soul? So, there are a lot of rules that have nothing to do with modern physics, but everything to do with the structure of the cosmos and your role in it as a conscious being. And all those rules were set in place by God as well.

Again, "through him, all things were made; without him, nothing was made that has been made." That just means that, without the presence of the Creator, nothing was made. Then, nothing could come into existence without Him. In other words, everything that does exist came into existence through Him, for all the obvious reasons here. Again, He created the Big Bang and the conditions for the Big Bang, as well as the conditions for the universe to proceed from that point forward.

Now, we go into verse 4: "In him was life; and that life was the light of all mankind." What is this light to which John is referring? This is the soul. This is life. "In him was life; and that life was the light of all mankind." So, without this mentioned, the universe would have been just a giant pinball machine, just cause and effect going through the motions, through a flow of time, like dropping sand into an hourglass and watching the sand fall. It might be interesting one time; but after that, it's not very interesting.

At some point, God decided what would happen if we would give this universe life and consciousness. So, not just life, but also free will, so that all living



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creatures and organisms would have a point of view, their own perceptions, their own motivations and goals, their own chosen morality and ethics, and so on. Now, we have a very interesting universe, and that's what verse 4 is talking about. "In him was life; and that life was light of all mankind."

Then, it goes on, verse 5: "The light shines in the darkness; and the darkness has not overcome it." So, he says the light shines in the darkness, it means that life then creates this joy and this positivity that brings light and consciousness to the entire universe and takes away the darkness. Now, it makes the universe interesting instead of boring and gloomy. It's now interesting and full of life.



Just those verses by themselves mean that God created everything including consciousness in life. And that God also created the rules that govern everything, including consciousness and life. It also means that this creation brought life and consciousness and joy into existence to push away the darkness, because without all of this, the darkness would have been dark beyond time. Imagine the great nothingness before the Big Bang – there would not even be time and space. So, a cosmos without time, without space, without consciousness, without

life, without matter and without cause and effect, that would be the ultimate darkness, and that's what existed before God created everything. And again, the morphic fields, as we're calling it, are what He created first in order to determine the entire structure into which the Big Bang would explode or inflate, as it's called in physics.

Then the next verse from John, Chapter 1, "And the word became flesh and made his dwelling among us." When it says, "the word became flesh," in my mind, what that means is that as God spoke – well, intended through His great power – He wouldn't be speaking in the way that we would speak. He would speak through the power of his intention. But God's word became flesh, which means His word became matter, which then was imbued with life. The term 'flesh' refers to a being that has life. So, God created beings, which is matter, and life, which is consciousness, and something else, all from His word alone. This shows you that God is the ultimate creator of everything because the power of His word can bring everything into existence, including the rules that govern the universe itself.

Now, we're going to talk about how you can become a more effective version of a conscious being, who can also contribute to the imprinting of the morphic fields. It doesn't mean that you have the power of God, obviously – only God has that power. But God gifted you with quite a lot of power, perhaps much more than you realize you might have. He gave you the power to alter not only your own body and your own experience but also to alter the morphic fields that resonate with

every other living, conscious being in the entire cosmos, not even separated – regardless of distance, in other words.

Let's review quickly before we get into this. What makes a person a good receiver? That's what we talked about in the last chapter. To be a good receiver of morphic field information requires great sensitivity. It requires silence and the ability to quiet your mind; the ability to reach out with perception and receive very subtle information, which also, by the way, requires empathy. You must have empathy with other living systems and other conscious systems. You must understand your connection to them because when you're receiving morphic field information from the cosmos, you are, in effect, navigating these layers of consciousness, all of this information. You might call it music that has been laid down by other conscious beings or other living systems, and you need to navigate through that and understand it, and be able to take it in. So, it also requires a certain level of maturity and, I believe, life experience. This is not something that a young person can typically do very well because they haven't just experienced enough in life to understand all these different sources of information – where they are coming from and what they mean – all these different voices, so to speak; all these different patterns or images or -- however they receive this information – feelings.

People who are hypersensitive to this – and there are hypersensitive people – sometimes they're called empaths, for example, because they have so much empathy that they have hypersensitivity.

If they don't have enough experience and control over their own mental state and nervous systems, they can be overwhelmed with a lot of this information. And I do believe that in some cases, people can go mad because of all this incoming information. In other words, I guess I would say that not everyone walking down the street and talking to themselves is crazy. Sometimes, they're just trying to parse a lot of information that's coming to them from different sources. Sometimes, it's negative sources, right? Sometimes there are demons and demon possession, which is a very real thing.

By the way, we'll talk more about a demonic influence and Luciferian efforts to destroy human knowledge and to work in this realm. Whereas Big Tech works in the realm of materialism, Satan and Satan's minions – you might say demon servants or whatever – they work in this realm of the non-physical. So, you've got to be careful of that as well.

To be a transmitter, or someone who is imprinting the morphic fields, requires a different skill set. Again, to be a receiver means having sensitivity, silence and empathy. To be a transmitter requires more clarity and laser-like focus. You need to be incredibly clear about the formation of the information that you are wishing to imprint into the system. You can't be fuzzy about it. It's just like if you're a painter and you have a canvas in front of you. If you want to paint an incredible scene, it has to be very specifically imagined in your mind before you start painting. Otherwise, you're not going to get anything worthwhile if you just have fuzzy ideas, like

"oh, there was a blue sky," and you start painting. You're not going to get anything amazing. The specificity of your desired structure or information, combined with this focus, makes it more of a piercing imprinting into the morphic fields.

Secondly, I believe you need courage as a personal trait. Timid people may make very good receivers because they may be very sensitive. But timid people are not good imprinters because they typically don't have the forwardness or, you might say, the aggressiveness, although maybe aggression is not the right word for this – more like the fortitude or the determination to really push ideas into the cosmos. That takes a certain type of personality.

These persons, in society, they would typically be considered alpha personalities. People who are kind of forceful with their ideas and tend to really spread their ideas, even just verbally. A lot of people might describe me as one of these types of people, although I don't consider myself

someone who forces ideas on anyone. I only speak to those who were interested in hearing this. I don't run around telling people, "you have to listen to me. Wear a mask, take a vaccine." Those are the materialists who are forcing things upon you, not us. But I do have a very strong sense of determination. I happen to be one of these people that has this gift of imprinting in the cosmic morphic fields. And God has given this gift to each of us, by the way. This comes with the gift of consciousness. If you are a conscious being, you have the ability to do this.

Now, another trait that's required, I believe, to be an effective transmitter or creator of morphic fields is what we might call "raw power." It's the ability -- I think this is tied to what we would call emotional power. In the human physiology and mind-body interactions, emotions are kind of a power source; they amp up the intensity of your intentions. Throughout your life, think about when you have experienced great

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Amount Per Serving	
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Total Carbohydrate	4g
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Total Fat	0g
Total Carbohydrate	4g
Total Protein	0g
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love, incredible love and incredible gratitude. When you felt those moments of incredible gratitude, haven't you felt a kind of tingling, a kind of presence? Some people would even describe it as the presence of God. When you feel that sense of just incredible love and gratitude and joy for the world and you have that presence, it's like God is present and awake inside you. That is the moment when, combined with clarity and focus, you can broadcast ideas to the morphic fields of the cosmos and they will be incredibly powerful. You will make an incredible difference because of this power of love and gratitude and joy.

On the opposite end of the spectrum, there are, of course, negative emotions: anger, hatred, violence, and so on. Now, in my opinion, these negative emotions are only useful to satanic and demonic forces that are trying to destroy information in the morphic fields, or to create noise that disturbs the resonance of the morphic fields, which we call morphic residence. A wicked person who is working for demonic forces would invoke anger and hatred. They would use those emotions to blast negative power into the morphic residence fields, to try to create noise and destruction in order to block what you have put in there, which is knowledge and awakening and awareness through the power of love and gratitude and joy, and so on.

By the way, just knowledge itself is a very positive emotion. Just the emotion of having gratitude for having knowledge, I should say, that's a positive emotion as well. There's a reward and a



joy that comes from knowledge, and that is what Google and Satan and corporations and most governments of the world are trying to destroy. They don't want you to have joy in knowledge. They will put out noise and hatred. This is why the media broadcast racial hatred constantly. They will attack people for the color of their skin. They'll teach Critical Race Theory, that all white people were born bad, for example. They'll teach victimization and racial animosity, and so on. These are all deliberate tactics to try to prevent you from not only connecting with these morphic fields in God's database of knowledge but also from contributing to that system through this process.

As we have all experienced over the last couple of years, one of the key emotions that's used by evil forces is fear. Fear is a force that not only disrupts communication with the morphic fields – because fear puts your conscious mind in a state of parallelization – but it also prevents you from being an effective transmitter or imprinter into the morphic reality. When you see the media is constantly pushing fear lately, it's been about COVID-19. "Be afraid." And

then the race anger that I just mentioned, and also hatred. For four years, it was hatred against Trump, just this irrational, demonic hatred that really penetrated the consciousness of a lot of people, and really kind of shared that hatred and that emotional reaction with a lot of people. This is what demonic forces do. They just push fear and hatred and violence and loathing, and they try to disrupt as many people as possible with those tactics. This is why turning off the TV, not watching the fake news media and not getting your information from Google News or Apple News or Yahoo News or wherever is so important. Because, otherwise, you cannot find peace, love and gratitude, and the power that comes with that, to contribute in a constructive way to the morphic knowledge base, God's Cloud Storage Platform. You can't achieve that if you're always living in fear and hatred and anger.

Obviously, we're in the middle of the epic cosmic battle of good versus evil. I find it amazing that so many people – again, to bring up politics: Many people on the political left in America, they think that they are good people, but they're saturated with hatred

and fear. Well, you really can't – you actually can't be a good person if you're spreading hatred and fear. And yes, that's what they have: hatred against white people, against conservatives. Hatred of the American flag. Hatred of free speech. Hatred of the Bible. Hatred of God. Hatred of Christianity. What do they love? They love Satan. They love Lucifer. They love certain forms of terrorism. They love the fear that comes with COVID fearmongering. They consider themselves to be good people, but they're, of course, deceived.

Take a look at your own life. I do this as well, because one of the dangerous areas that I get into is warning people about things that I believe are coming, such as global financial collapse. You'll notice something very different about the way I talk about these subjects, because I do talk about collapsing. I talk about depopulation. And I believe that the globalists will achieve many of their goals. I think they will kill billions of human beings. You see, when I say that in my podcasts, I never say it with a sense of, "oh, therefore, be terrified." No. Instead, in every case – and if you've listened to my podcasts – you'll notice this. In every case, I say: "But you can learn to survive it. We can learn to survive. We can overcome this. We can be among the survivors to rebuild a new society based on Christian principles." When I talk about the so-called "doom and gloom," it's not about telling everybody to be afraid. Rather, it's about being prepared. Through preparedness, we no longer have to fear the unknown. We no longer have to fear crisis because through preparedness, we know that we can handle anything.

In fact, a friend of mine was listening to my podcast one day, and he commented to me. He's like, "Mike, I heard you say something in the podcast. It just struck me as so bizarre." "Like what, what did you hear?" Because I say something bizarre pretty much every day. He said, "Well, you were talking about shooting demons with an AR-15, and you said that as long as they have material form -- if they have bones or whatever – you can break the bones with a rifle. And if they bleed, you can kill them." He's like, "I was so shocked that you immediately thought about doing battles with demons, and aggressively going after them, rather than just running away." And I said, "Well, why would I run away?" I mean, if there's a physical demon with horns in our world that can actually affect other material matter in the world – let's say a demon that is hurting somebody or killing

somebody or stomping around on the ground. If it's a demon that is material, you can kill it. You can kill it with maybe an AR-15; maybe you can run over it with a truck. If it's physical, you can go after it. Even in this case, this was what my friend was shocked about; even this case of thinking about how would you react to demons coming out of a portal in the ground or something and spilling out and attacking you, how would you react to that? Even in that seemingly horrifying situation, guess what? You can still stand and fight. You don't have to cower in fear and surrender to evil. In every case, there is a strategy. There is a posture where you have a pathway to survival and to defeating evil in every situation.



By the way, a lot of the fear that's put forward by Lucifer is false fear. You'll probably notice that a lot of elements of governments carry out what are called "false flags" in order to create fear. False flag operations are typically mass shootings that they planned, engineered and carried out in order to spread fear and violence and images of blood on the TV screen. This is a common activity, including in the history of the United States government under Bill Clinton and under Barack Obama, and even under George Bush, by the way, with 9/11, and so on. These are very common things that take place in order to spread fear so that those in power can achieve their goal, which, in the case of 9/11, was pushing a massive expansion of surveillance through the Patriot Act to spy on American citizens – to collect all your phone calls, record all your web browsing information and use it to surveil you; to create a digital police state in America, which is what we're living under now. There are always specific reasons or motivations for those things taking place.



We don't have to allow ourselves to be consumed by that fear because, remember: Take assessment of where you are on any given day. What is your overriding emotion? If you are living in fear, then you are useless to God in that moment. I mean, you're useless in terms of contributing to God's plan for the universe, which is knowledge and love and enlightenment and the defeat of evil. If you're living in fear, you're not achieving God's goals, not in my view. But if you can turn that fear into action through preparedness – you might ask yourself, "well, what can I do to alleviate the perception of risk that's coming with this fear?" Because it's all a perception in your mind, typically. If you take action, you can do something to prepare to survive your imagined event. Even if it's a real event, you can still do things to survive it. Through that preparation, you will gain confidence. And through confidence, you can now find peace. And then through peace, you can be a more effective transmitter to help contribute to the morphic fields that will help set humanity free. You see? Controlling your emotional states is key in this.

Again, just to summarize, even when I talk about scary things, I always follow them up with: "but hey, guess what? There are things that you can do to conquer that, to survive that, to live through that, to rebuild after that." There are ways that we could get back on our feet and continue to pursue the more important goals for humanity, which is knowledge, enlightenment, and so on.

Now, let's talk about imprinting the morphic fields and how to practice this skill. You can start with your

own immediate body and the things right around you. We'll start with your own life. Before you try to change the universe, let's work on ourselves first, right? Let's be the change. There are people who are known as wart remover people. These are individuals who, when they touch a wart on another person, that person's wart will vanish within days and sometimes just fall off, and there will be just clear clean skin where the wart once was. Now, what is happening here? Is it the person actually eliminating the wart? The answer is no, the wart remover person is just the placebo for the person who has the wart. In other words, the wart person is actually in their mind. They are believing in the power of this other person, the wart remover person; they're believing that, and then their mind makes it real. Their mind removes their warts. Once you realize that you have conscious control over this, you can remove your own warts by just using your mind to do so.

Now, I know this might be an idea that arouses some skepticism in people. But if you look at many of the studies that have been conducted, in many experiments involving the placebo effect and mind-body interaction, you'll come to realize that the mind does make it real. For example, there have been published studies in which some people were exposed to poison ivy and other people were exposed to a placebo – that is, another leaf that was not poison ivy, but it was rubbed on them. Even though it wasn't poison ivy, those people would break out with poison ivy reactions on their skin. Why would this happen? Because they believed it was poison ivy, so their minds made it

real. And then their skin reacted with inflammatory response that was actually just coming from their mind. There have been cases that went the other way around. I think there was one case of a young boy whose body was covered in kind of scaly, dark, almost crusty skin that was a deformity. And there was a practitioner who worked with him through the power of belief, which is sometimes called placebo – the power of mind or body to clear areas of the body little by little. Each area of the body would return to normal, healthy skin, and the crusty flaky skin would fall off after a few days. This young boy was able to clear most of his body in this way simply by being shown this process, shown the way by someone in whom he believed.

There are other anecdotal stories about college professors, for example, who would demonstrate this in a classroom. I think Rupert Sheldrake mentions this in one of his books as well. A student would be told: "Hey, we're going to demonstrate something here, and I'm going to take a cigarette butt – well, a lit cigarette, I should say. I'm going to take a lit cigarette, and I'm going to push it on your skin to create a small burn mark." Then the teacher or professor doing this would actually have a cigarette, take a toke on the cigarette to make it very visual. "Here, it is burning, it's bright red." Then they would appear to touch the student's arm with it, but in fact, they would do a little sleight of hand and would only touch the student's arm with a room temperature pencil eraser. Just for a moment, a touch with a pencil eraser for one second, and then that's it. In the minutes after, the student's arm would react as if it were burned. Why? Because the

student believed that that was a burn. So, the mind makes it real, especially when it comes to your own body. Skin conditions are very, very susceptible to this.

You can modify things like inflammation through the power of your mind. The way to do this, I believe – although I admit I’m not a master of this art, but I understand a lot of it intellectually. I’m not the best practitioner of this. Perhaps I should spend more time in silence working on this myself. From what I understand, the best way to do this is to focus on the outcome that you want, obviously, and then pull from the morphic fields this pattern of, let’s say, clear, healthy skin. If you’re trying to eliminate a wart, for example, you’re not going to keep repeating to yourself something like: “get rid of the wart, get rid of the wart,” because what’s in your mind all the time is wart, wart, wart. You’re just reimprinting the wart itself. So, don’t repeat the thing that you want to go away. Instead, focus on the outcome that you want to experience. You’re going to touch that wart and you’re going to imagine clear, healthy skin. Instead of the wart going away, you’re talking about the emergence of clear, healthy skin.

In your mind, imagine a connection between, let’s say, clear, healthy skin that exists on some other part of your body. Perhaps if you have a wart on your hand, you might imagine your opposite hand that has clear skin. And in your mind, imagine taking that clear skin and overlay the wart with that clear skin. So, your body has already created the perfect morphic field for healthy skin because you have that on other parts of your body. Now, you’re just taking that, kind of doing a copy-and-paste like in Photoshop, but you’re doing it obviously with the power of morphic resonance. For this to be effective, you need to be doing it in a state that we talked about, which is a clear mind;

in a state of love and gratitude, where you feel the presence of God and are not distracted, and you don’t have a bunch of noise and fear. Instead, you’re sensitive and you have empathy. You’re recognizing the consciousness of the entire universe and you’re bringing in all these positive things. And then you’re doing an overlay of your skin with clear, healthy skin.

Now, people who are very good at this can eliminate their warts just through this process. Some people don’t know how they do it. There are old myths, like wives’ tales and such, where – let’s say, there are sisters and one sister has a wart. She would say, “I’m going to give this wart to my other sister.” The wart would leave her body, and then her sister might get the wart. In her mind, she was just giving it away, and that’s what allowed her mind to eliminate the wart. It’s a funny thing but you can look this up. There are stories of this. That’s just one of the stories that people tell themselves.

Other people may use a kind of placebo, such as taking a banana peel and rubbing the banana peel on the wart, and then the wart disappears. Now, does that mean the banana peel eliminated the wart? Well, probably not. There’s probably not anything in banana peel that actually kills warts. I don’t think so. The banana peel is the proxy for the mind being able to say, “well, there we go. That’s justification. I’m going to get rid of the wart now.”

Many people believe that, in fact, homeopathy can sometimes work in this way. In the world of scientism, they say the placebo effect is useless. In reality, the placebo effect is very, very useful. It’s the most powerful medicine of all because it shows that your mind has incredible influence over your body, and this works morphic fields.

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If you want to practice this skill, I would say, by the way, number one: Clean up your diet. And then, bring in sensitivity and personal courage and clarity with what you want as the outcome. In fact, I'm going to talk about some things you can do later on to empower yourself more in this process. Then, pick something very, very small and simple to accomplish, something like we're talking about with your skin. Then that way, when you're able to achieve this result, it will be very evident to you that your mind created this result, and your body responded; your physiology actually responded to this morphic imprinting that you chose to put in that place on your body. That's just one example of how you can practice this power that you were born with. I don't even want to call it a skill, but I guess it is. But you were born with it; you just have to rediscover it.

The next level to that – after your practice and once you've demonstrated that for yourself, the next level is to practice this with the circumstances around you. Look around you and maybe the people around you. You might ask the question: what kind of pattern would you like to imprint in the world around you? Or even, perhaps, with your own behavior? These can be patterns of social interaction in relationships with others. These can be patterns at a professional level with your place of employment, perhaps, or maybe you own a business and you want that business to be very successful.

I want to be clear here because I know this starts to sound like, "oh, you're just talking about sitting in a room and wishing for things." That's absolutely not what I'm talking about here. Although sometimes, people who are good at bringing in morphic resonance, they may think that they are merely wishing, but that's not what I'm talking about. I don't equate this with the so-called "Law of Attraction," that film a few years ago. The film was focused on like, getting luxury cars and a big mansion house and things like that. To me, that's a frivolous kind of surface view of all of this. It's more important to imprint morphic fields that contribute to knowledge and the betterment of all people than to pursue selfish things. I think that if your whole goal is to sit around and wish for bars of gold to appear – like in a pot of gold at the end of a rainbow with leprechauns and everything – that's probably not going to pan out for you. To create matter, that takes the mind of God. God did create all the elements, including gold, ultimately. You and I can't create matter like

that, and that's not what we're trying to do. Instead, you can help create more abundance. You can help create more joy in relationships. You can help deepen and strengthen relationships by focusing on these morphic patterns, or patterns of Nature, that have to do with happiness, love, cooperation, sustainability, abundance and creativity – all these things that are positive traits that can apply to relationships and to your professional life. In my view, it shouldn't be focused on the goal of just personal greed, like, "Oh, I want \$500,000 so I can buy a yacht." I guess that wouldn't buy a yacht anymore because of inflation. You'd need more, like \$500 million, but whatever, you get my point. It's so funny what people wish for sometimes.

Now, the other thing to keep in mind is that when you are imprinting morphic fields, you bring with you whatever baggage you still have. This is why it's important to be a moral person, to be an ethical person. If you are immoral or unethical, you are not going to get what you want because your broadcast signal, so to speak, is distorted with this inauthenticity. Let's say a person decides to meditate and pray to God. He sits in a room and says, "God, please, please let my marriage work. I want to have a good relationship." But then, this person brings with them a lot of anger and treats their spouse unfairly, for example, and they won't change their behavior. Well, then there's an incongruency there, and anybody who knows anything about broadcast antennas knows that if you have interference or incongruency, or if the antenna is all warped and it's got dents and dings in it and gashes, it's not going to transmit very well. The same thing is kind of true here, where the person you are matters as much as the message you're sending. If you want to imprint some idea in the universe around you, you have to first be the person who would be congruent with that thing taking place.

I'll give you a personal example. I mentioned earlier that I have a whiteboard, and whatever I draw on this whiteboard always comes true. Over the years, I have drawn many things on this whiteboard. For example, many years ago, before I owned a laboratory, I was very curious about the heavy metals that were found in supplements and superfoods. I drew on this whiteboard my image of what it would be like to have a laboratory. I drew little instruments – or at least what I thought they would look like – and little food testing, and little test tubes and everything.

I visualize in great detail this idea of having this laboratory where I could test food and find out what's in them. Now, if someone who knew me at the time saw that, they might've said: "Well, you're obviously crazy because you don't even have a degree in chemistry. You've never worked in a lab. You don't have any experience in a lab. You didn't graduate from a university with a degree in anything related to this. So, how on earth are you going to do this?" That's what they would have said. And my reply would have been: "I don't know. I don't know how exactly. I just know that this image means a lot to me. I really think that I can make this true. I can make this happen." That image stayed with me as I began to build the laboratory.

The first thing I did was I went out and bought an ICP-MS instrument, which runs about \$350,000 just by itself. After I got the instrument, I realized you need all this other equipment, too. You need fume hoods, elemental standards and pipettes, and they have to be calibrated every six months, which costs money also. You need an analytical balance that has to be calibrated. You need all these other things. So, you know, they get about half a million dollars into this. Then I started hiring people to come in and teach me what to do.

So, imagine the scene where the first guy I hired was an advanced organic chemist and he showed up; and there I was standing next to this very expensive instrument with a pipette in my hand. I've got these standards and I'm like, "Okay, now what?" And he says, "Well, what's your background?" And I said, "Oh, I own a software company. I write articles. I talk about healthy living." And he's like, "No, what's your background in chemistry?" And I said, "I don't have a background in chemistry." He said, "Oh boy, this is going to be fun. Hope you learn fast." Fortunately,

I do. So, over about a week, he introduced me to the concepts of creating calibration standards. I learned about micrograms (mcg) per milliliter (mL), and the units of mass over volume. I learned about pipettes – had never used one before – and all the stuff, and he gave me enough knowledge to get started. Before long, we were testing some things and we were getting really good results. Then the next year, I bought another instrument; and then the next year, I built a dedicated lab building and bought another instrument. And then, I hired a chemist and an instrument analysis personnel and bought more instruments. I built another building, and on and on and on. It became this very real thing.

Now, I can walk through the lab. I can now walk through it physically, whereas it used to just be on the whiteboard. To me, that all started with a whiteboard. Now, it doesn't mean that just drawing it made it happen. Notice that I had to put in a lot of time, money, effort and mental focus in order to make it real. And it did become real. You see, what I did in that case (and what you can do) is I drew my own morphic field and then my consciousness made that real, in the same way that you can create healthy skin to get rid of that wart, which is a word we shall not use anymore. To create clean, healthy skin, that means setting a morphic field for yourself and then growing into it. You can do the same thing in any area of your life, with almost anything that you want to do or want to be. A couple of years ago, I was actually teaching PhDs how to detect glyphosate. And then, I was published in a peer-reviewed science journal. It was the most popular article of the year. I think that was in 2018 in ChromatographyOnline.com. It's called LCGC. I developed a method for the quantitation of cannabinoids in Cannabis extracts. And then, I developed with my chemists a method for the quantitation of glyphosate molecules using



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triple-quad mass spec without relying on something called post-column derivatization, which is a toxic process that I didn't want to use. It just goes on and on and on because these are things that I drew. These are things that I set out to do, and then my consciousness made it real. Really, if you ask me, who do I credit for all this? I credit God. I credit God because God gave me and you the same system of morphic resonance, of knowledge.

I think that part of the reason why I was able to learn so rapidly is that other people had learned this first, so I don't even credit myself. I mean, if I had a very limited view of the world, as many people do, I might say, "well, I'm a genius. I learned this in six months, and I'm doing PhD level work. It's all me, me, me." But see, I don't think that way. I believe I gained knowledge from all the people who did this kind of work before me. I was just simply in tune enough to absorb it from them, and suddenly, it made sense to me.

Have you ever had that experience where you go to sleep with a problem you're trying to solve and

you can't figure it out, but then you wake up the next morning and suddenly – Boom! -- the problem makes sense? Then you have a solution; you've figured it out. The concepts just click. How does that happen? Materialists believe that when you're asleep, your brain solves problems through dreams and such. Maybe that's true to some extent, but I also think that when you're asleep, you receive information. You're downloading knowledge from the morphic fields.

This process of creativity, for example. How does creativity really work? What is creativity? At least according to the mainstream description, it's when you create something new spontaneously, right? So, you might typically say (or if you're describing this): "I came up with this painting," or "I came up with this poem" or "I came up with a song" or "I came up with a speech." What if I told you right now, right this very minute, that half of what I have said here came to me in real time from a source outside of myself? Half the information I've said here is not in my notes at all. In fact, I had to pause the recording and take notes

of some of the things I said. This is a process that happens to me every time I create an audio book. I came to the realization that I'm not the author; I'm just the conduit. I'm just the messenger. This is divine knowledge, or morphic field knowledge, that I am, in a sense, transmitting or – I guess some people might say – channeling. But I don't want to use that term because it's not like I'm being taken over by spirits. Nothing like that. I'm simply sharing God's Cloud Storage System, and it comes to me in real time. It comes to me as I'm talking, and then I take notes based on what I just said. I'm not even kidding.

By the way, I eventually planned to have a PowerPoint presentation with this book. I create the PowerPoint presentation after this recording because that's the only time that I have all the information. I don't create the presentation and then do the recording. I do it the other way around because, again, creativity is actually – I believe – having that sensitivity to the morphic fields and allowing information to come to you from other sources. It could be God, it could be other people or it could be other non-humans somewhere in the universe who have knowledge and information that's coming to you. Perhaps we're connected to it all. Consciousness is not limited by time or space, is it? So, the entire cosmos is your canvas when you're open to new ideas, isn't it?

People say that I'm a very creative person. I've done music over the years, as well as music videos, poetry, articles and whatever. I'm not the author of all that stuff. I'm just the organizer, just the person who spoke it, recorded it and put it into words, that's it. It's coming from somewhere else.

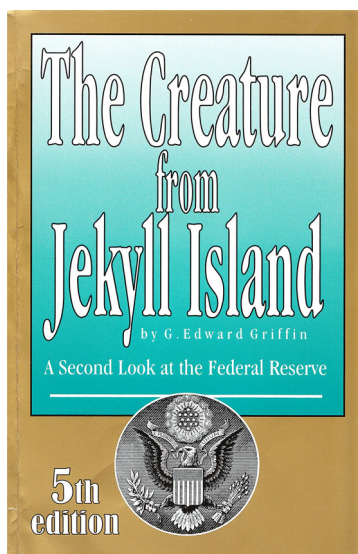
That's my long way of saying that the way to expand the skill set is to focus on creating new morphic patterns in people and circumstances around you. Focus on how you drive your own future and your own goals and what you wish to happen in your own life.

By the way, you're not going to be able to get absolutely everything that you desire, and things aren't going to be without challenges and obstacles. I've certainly faced plenty of obstacles, plenty of challenges, plenty of critics of my work for obvious reasons. A lot of people don't want to believe that there's anything beyond the physical brain, so they attack anyone like Rupert Sheldrake is attacked for daring to suggest that there's such a thing as consciousness – much less morphic fields, right? You're not going to have an easy, free ride, but you do have incredible power if you are aligned with it, have this clarity of thought and courage and these other traits that I'll talk about here in a minute. But first, let me just round up this idea.

The next step in continuing to broaden your imprinting of the morphic fields is to focus on broadcasting knowledge to the world and to other conscious beings. So, if you have an idea, let's say, for example, that the federal reserve is not part of the federal government. And the federal reserve is a private banking cartel that creates money as debt and controls our money supply, our debt and, therefore, the world. Ten years ago, that concept would have been considered crazy, tinfoil hat conspiracy stuff. Today, it's common knowledge, at least among a good percentage of the American people and people

elsewhere around the world.

How did it go from being fringe information to being common knowledge? Well, there was one individual named Ron Paul, who is a powerful transmitter into the morphic fields. Ron Paul is a man of integrity, a man of courage and a man with a conviction in his beliefs. Over many years, I don't know, maybe he wasn't even familiar with the concept of morphic fields; and maybe he never read Rupert Sheldrake's books or anything like that, but he was still doing the process. He was spreading the idea and sharing with people the knowledge that the federal reserve is a banking cartel. Through that one man, Ron Paul, I would say, he's the primary person responsible for this. Well, you know what? I got to give credit to Ed Griffin – the author of the *Creature from Jekyll Island* -- on this, too. Ed Griffin and Ron Paul, they've got to be the top two people responsible for this.



They have then now shared this knowledge and made it widespread, made that same understanding more available to other people. Now, when I say something in a podcast, I'll say: "The federal reserve is a private

banking cartel." I no longer get eye rolls and snickers from people. I get, "Oh yeah, we already knew that. What about it?" Suddenly, it's normalized.

It can take many years of transmitting information or imprinting the morphic fields because, obviously, there's a lot of momentum in favor of ignorance on these topics. So, kind of pushing knowledge into consciousness takes a persistent long duration effort. But when you succeed in that, suddenly, that knowledge is available to everyone else, kind of like the hundredth monkey concept. Ron Paul was like monkey number one, and now, we're all monkeys. We get it, you know, and we're all counting dollar bills like, "this is fake money." Now, we're trying to wash off the dollars in the creek, like the monkeys with the sweet potatoes, and we're trying to say, "where's the real money?" Well, the real money is gold and silver, but that's another topic.

In any case, you can pick a concept, pick an idea, pick a solution, something that you think is important, something that can change the world, and you can push that idea out there and it will spread. Now, I'm someone who's very good at this particular skill. I'm very good at this. I've done this for 20+ years. A lot of my ideas get picked up by other people, and they then become more commonplace ideas. For example, I think I was the very first one to talk about how the Bill Gates' SCoPEX Project was actually an attack on photosynthesis. Several years ago, I warned the world about global dimming and the pollution of the stratosphere, Project SCoPEX. I wasn't the only one warning about this, but I was the one who tied it

to photosynthesis, a collapse of plant metabolism and the risk of a global famine, which is very convenient for depopulation agendas, isn't it? Since then, this idea that global dimming is very dangerous to the environment has become much more widespread. I have no doubt that I'm one of the people – I'm kind of like the Ed Griffin of the topic. To the point where, not long ago, the Swedish Space Agency announced that they were canceling the experiment with Bill Gates and Harvard University scientists, and they were no longer going to participate in the global dimming experiment because the risks to the planet were unknown. I think I'm the first person who ever offered that idea into consciousness. I mean, maybe I'm not, but to my knowledge, I am.

This is the funny thing about morphic fields. See, I'm also sensitive to morphic fields, so it's possible I got that information from someone else through morphic resonance, not by reading an article or anything like that. It is absolutely possible that I receive that information from someone else without knowing it.

It's funny because I gave a presentation back in 2016 in Dallas, and I was working on a subject called Elemonics, which is if you take the elements from the table of elements and you assign those elements to wavelengths that correspond to tones on a piano keyboard. In other words, if you take hydrogen, it becomes this very high note because the frequency is the inverse of the mass. Hydrogen is very high while heavy elements are very low, so you get low tones for heavy elements. Then, you map them to a keyboard, which I did. I use a sequencing program to key in molecules; and then, we could listen to those molecules. I gave a live presentation on this and I called it Elemonics because I thought it was elemental harmonics. I gave this live presentation in Dallas, and the audience was just totally blown away.

For the first time, they could hear the toxicity of heavy metals. They could hear the positivity of vitamin C. Have you ever been able to hear molecules before? Well, that's what my presentation was all about. In fact, I think if you go into Brighteon and search for the term Elemonics, you can find my video and you can watch that whole presentation.

Not long after that, somebody accused me of stealing this concept from them, just out of the blue. And I never gave that much concern because I knew I didn't steal it from anybody. I knew this was something that I'd come up with myself and it made sense to me. I've always been musically inclined. I'm interested in elements. I have a lab. I do elemental analysis, and so on. This was something that came from me, I thought; but in retrospect, is it possible that my presentation on Elemonics was actually unknowingly built upon the work of someone else who had done something similar earlier that I didn't consciously know about? But yet, that person's work was imprinted into the morphic fields, and then I was getting information from the morphic field, so in essence, maybe it was that person's work. Then again, maybe that person, maybe their work was based on somebody else's they weren't aware of. In fact, I think that this chain of knowledge and inspiration and creativity goes all through the history of humankind. I think that we're all connected. I think that the genius of any one person is actually tied to the genius of someone before, and the genius of someone else before, and so on, all the way back to the beginning of music, of humanity, of time, the beginning of the Big Bang. It all goes back to God. It all goes back to the Creator and the imprinting.

Personally, I decided I don't want to create friction with other people and argue about this and say, "No, I came up with that myself" because in the bigger



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picture, I think that, in essence, none of us came up with these things ourselves. I think we all build creativity on the shoulders of those who stood before us. That's right. That's why also, by the way, just as a side note: I am completely opposed to the current patent intellectual property system, especially when it comes to pharmaceuticals. I don't think there should be such a thing as a patented drug or medicine because, what are they patenting? Molecules that should belong to all of us? This has led me to believe more in the idea of open-source information because, as you can tell from my belief in morphic fields, I think that all knowledge is automatically shared. All knowledge is automatically transmitted, and any person has access to download that knowledge. It's like a giant cosmic, divine open-source database actually, if you think about it. And I think that exists. Once we understand that the concept of patents and trademarks and intellectual property really has to be revisited, even the concept of authorship; because I can say, "Yes, I wrote that article. I typed in those words." That's great. But where did the inspiration come from for those words? Where did those concepts come from? Did they just pop in your head randomly? The materialists would say that your brain had a chemical convulsion, and a spontaneous cause and effect of chemistry in your brain caused you to put together the sentence, like monkeys randomly banging out words on typewriters until one of them happens to make sense. But obviously, that's nonsense. That's not the way this works.

Ideas come to us pre-organized, don't they? A concept hits you, Boom! Or maybe "boom" is not the right metaphor, it's more like "ding," a light bulb going off or something. Concepts come to you in ways that we don't understand. In fact, spontaneous creativity doesn't even have a process that we can describe. There is no process for it. It's just that, Shazam! It's here. Where did it come from? It came from the morphic fields.

Years ago, I used to get really angry when people would steal my articles, and they would steal -- I mean, part of the truth of being a creator like myself is that people love to take your concepts and sometimes pretend that those are their own in a real-world plagiarism kind of context. It used to actually make me very angry and frustrated. It no longer does at all because I realized my goal is to share this information. So, today, I welcome the plagiarism or piracy or whatever you want to call it.

I've had people out there that would film videos of themselves speaking my articles, and then a lot of people would give them thumbs up, and they would say, "Wow, that guy was amazing. And I would say, "Yeah, he is. And I know because I'm the author of that article." But then, I'd have to think, "Wait, where did I get that information?" You see what I mean? I've seen that happen. There was one time that a website actually stole my entire biography but assigned their own name to it. There was some other guy who created a website that was about natural health. This was many years ago, more than 10 years ago. He created a biography that was actually my biography. It was exactly my life experience, and he just put his name on it. At first, I was really angered by that. I'm like, what kind of person would just steal all that -- all those words and all that work and put their name on it? It was only later when I gained the maturity to understand that that was actually a fan. That was somebody who admires my work so much that they imagine that they are me. Instead of being angry at that person, I started to feel a sense of sadness for that person because they don't have a sense of self-identity. At least they didn't, at the time, but maybe they do now. At the time, they didn't have enough self-identity to write about their own life as having transformative meaning, and they had to really borrow somebody else's life from someone they admired, which happened to be me, in that case.

This knowledge of morphic fields is transformative. At least as I've experienced it, it makes you a more mature person because it gives you context and perspective to understand others who we normally would describe as plagiarists or thieves or whatever. Well, in reality, they are simply responding to the morphic imprinting that we are doing. If my goal is to, let's say, contribute to the cosmos, share ideas and create a better world, then every day that somebody copies my work is a victory day. Now, granted, it would be nice if they would give me credit, but even if they don't, they're still putting the ideas out there, and that's what counts. That's what really counts. Because, remember: At the end of all this, your identity, your personality is gone. You're going to leave this world. You're going to leave your vaccine passport behind and your voter ID card, whatever. What matters is the contributions that you made to the morphic fields, imprinting knowledge and consciousness for all living, conscious beings across the cosmos. Those things last forever, way beyond your lifetime, your name and any memory of even



who you were. Your contributions will continue, just as we, today, are benefiting from the contributions of those who lived before us thousands of years ago and earlier. Think about that. Think about what it means then to be an author or a creator, an imprinter or a transmitter into the morphic fields.

By the way, God knows what you created. God knows. God has got the records. He's got God's Cloud Computing Database and Storage System. He knows what you did. So, you're going to get all the credit in the end. Don't worry about it, you're going to get all the credit. We don't have to be consumed with getting credit for everything from other semi-conscious human beings. I just want to be given credit by God. That's the only credit that matters.

We're about to move into another section, but there's one more very important thought in all of this, which is that the greatest expression of morphic resonance is when you transmit ideas that alter the structure and function of the natural world around you in a positive way. For example, one of the memes that I have been repeating – and you've heard me say it in this book – is that every living thing is conscious.

Now, this is an idea that is not yet widely accepted among humankind. If you ask most people, "are trees conscious?" They would say -- well, maybe they've never even thought about it for the most part, which is a funny thing because they're unconscious about consciousness. But most people haven't thought about it. There are, by the way – just interestingly on the political spectrum – pro-abortion advocates who say that human babies aren't conscious until they're five or six years old and therefore can be killed without any negative repercussions. I mean, that's crazy, because every living thing is conscious. A human baby is living long before it's born, right? It's living at the moment of conception. So, every living thing has consciousness, including blades of grass, trees, microbes, insects, and so on. It doesn't mean they have the same consciousness that you and I do. They have what you might call fractional consciousness, some simpler form of consciousness, but they're not completely mindless or completely soulless.

You can experience goal-oriented behavior, consciousness, connection and love with your family dog, for example, which has

a much simpler neurology than a human. If you look at dolphins and whales, they have very complex neurology, consciousness and social structures. One of the things I've been trying to do is put this idea out there that every living thing is conscious.

Now, by the way, there are some people who believe that even non-living things are conscious. So, some people believe that crystals have consciousness. That's a very intriguing idea, and it is backed up by the fact that crystals contribute to the morphic fields, isn't it? Crystals read from morphic fields, as we already talked about with ampicillin and xylitol and other molecules. So, perhaps they're correct; but I'm not going there yet. I'm just trying to get people to understand that all living things are conscious, which means once that idea becomes adapted across our world – which is something that I'm trying to make happen -- and it WILL happen.

Once that is accepted, then what does it mean for animal cruelty? What does it mean for the ownership of animals? What does it say about zoos, which are prisons for gorillas and such? What does it say about the slaughter of animals for food, by the way?

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I'm not someone who's out there pushing Bill Gates' artificial meat soy burgers because those are toxic in their own way. But what does it say about us if we kill other living beings in order to feed ourselves? What is that relationship? And is it better if we do it consciously? The Native American Indians hunting a buffalo, praying for the Buffalo's soul as they kill it and then consuming it and using all its body parts – is that morally acceptable versus modern day America, where people have no concern for the slaughter of a chicken or a cow? They just eat the meat and throw away half the food without any sense that that food came from another conscious being. These are the kinds of debates that we need to have as a society. But we can only have those debates once we at least understand the concept that every living thing is conscious. Let's start from there.

I would not be surprised over the next 10 years if that idea becomes widespread knowledge. It's one of the things that I have been imprinting in the morphic fields quite deliberately. This is how I'm altering reality, you could say. Just as you can, just as all of us can. We can contribute to knowledge, enlightenment, the expansion of compassion and empathy for all conscious beings. Ask yourself this question: What concepts would alter the course of human history from this point forward? Well, I just gave you one of them, which is the idea that all living beings are conscious, including plants, right? This is a fundamentally, pivotal concept.

But what else is out there? What would you like to imprint into the morphic fields that, if it were common knowledge, it would change our world forever? What would that concept be? One such concept – just to put one out there that Christians have been advocating for thousands of years – is the idea that there is existence after death. Life after death, they say. Maybe the word life isn't the right word, more like a consciousness after death. In other words, your life and your existence don't end at the moment of death. If the whole world were to embrace this obvious truth, that there is existence after death, then it would have enormous repercussions for how people behave during their lives because those who believe that there is no God and think that everything ends at death, they tend to be very narcissistic. Many of them are sociopathic. They do not believe that they will ever be judged for their actions, so it's very easy for them to focus on material wealth, exploit others for their own personal gain or just feed their own

narcissistic hunger for endless entertainment, sex, drugs and whatever else. They don't think there are any consequences. But there ARE consequences. If this idea were widely embraced, obviously, it would be revolutionary for our world.

There are many other ideas. For example, what about the concept that we are all just kind of fractal portions of the same shared consciousness? We're all part of God. We're all images of God. In fact, the Bible even says we're created in the image of God. What about the idea that if you attack a fellow man or woman – I just mean that generically – you're only attacking yourself? If you commit violence against someone else, you're committing violence against yourself. If you project hatred towards someone else, you're just hating yourself. If this concept were universal, it would change the way our world works, right? But then again, we have the demons. We have the Satanist, the Luciferians, and that is a very real element. They're working against everything that I'm talking about here.



By the way, God does not expect us to have compassion toward demons. That is not what compassion means. You're supposed to defeat the demons and have compassion toward conscious beings that are not rooted in evil or taken over by evils. Sometimes people say to me, "you talk about so much love and peace and empathy, and then you have such harsh words for child traffickers or abortionists, or so on." And my answer is, "Well, those are the demons." I mean, they're involved in child trafficking and sex trafficking or child murder, murdering conscious beings. I do not extend them tolerance. I work to defeat them, to stop them from harming the innocent. We also have to be, in essence, spiritual warriors. We can't just run around wearing robes and say "peace to everyone" while somebody is murdering children next door and burning down cities. You have to also be a spiritual warrior, which means you're willing to stand up and say no to those things

that are destructive, to fight back against evil and defeat evil. That's really part of the same battle here. We're not just going to be able to sit in our rooms and meditate our way to utopia here. We're going to have to stand our ground. That's part of the process. We have to defeat evil as we attempt to project that which is good.

In the next section, we'll talk about a specific method to become a more influential or powerful person in terms of imprinting what you imagine in the morphic fields; sharing information; expanding the organization and structure of Nature; and contributing to this great knowledge base, God's Cloud, or whatever you want to call it. We'll talk about how to achieve that next. I do want to warn you: It requires discipline, effort and personal commitment. You'll have to give up things in order to be a powerful imprinter person. For example, if you enjoy smoking pot, you will not be good at imprinting morphic fields because pot dulls the brain and does not make you effective at this. We're going to talk about that in the next section, the things that you can do to be as influential as possible on a cosmological basis.

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In this section, we're going to talk about how to become a very effective transmitter or imprinter into the morphic fields, or maybe we'll just use the term Jedi, right? You can be a Jedi morphic field imprinter. But in order to do so, it's going to require some very specific states of mind and clarity, and also some lifestyle strategies and habits that may take some people some time to get into. We're going to go over all of that here. We'll start with the most important rule of thumb, which is that when you are intentionally working to imprint the morphic fields, you're focused on it. You are speaking words, using visualization and doing all kinds of different methods, let's say, to get information into the morphic fields. You do not want to be powering yourself with negative emotions. That's a very dangerous game to play. You especially don't want to be putting negative or destructive or violent or hateful information into the morphic fields. This is the number one no-no because when you do that, or if you were to ever do that – I've never done it – you are no longer working with God. You are working with forces of evil. In

other words, if you use hatred and anger and pain and suffering to put out information or concepts, such as death to your enemies, death to this person or that person, or destruction, then guess what? You've joined the dark side of the force at that moment, and you're actually working for Satan at that point, which obviously is not the goal here.

Always do a reality check of your own mental and emotional state because what you're putting out there – in addition to that information being replicated to others – it's also, in a way, reflected back to you. You're also kind of programming yourself because these information and concepts, they're all flowing through your consciousness, so they're shaping your mind and your consciousness at the same time. Wouldn't you want your consciousness to be shaped with positive, empowering, honest and truthful information? The answer should be yes.

No rational person should want to have concepts of violence and destruction and death coursing through their consciousness. Only

a truly evil person would do that. But the problem is, if you engage in this kind of exercise, it will make you evil. It will pull you the dark side. That's why you don't play with Ouija boards and you don't invite evil spirits into your life to give you power in exchange for your soul, obviously. What else? What else do people do? You don't play with witchcraft spells, things like that, because that opens you up to demonic possession, believe it or not. It can be very, very dangerous, and some people are destroyed by that.

Remember, when you are powered by positive information, constructive and creative mental states and creative emotions, that will make your imprinting more powerful and enable it to produce more positive effects for the entire cosmos, as well as for you, reflectively. And hopefully, you would want to have a positive life and not suffer under destruction, pain, evil and torture, all that stuff. So, be very careful about that.

Now, once you have decided to pursue this activity, it can be something you do every day. Maybe you're doing something like this right now in a more casual sense. Maybe you're engaging in prayer on a regular basis. Maybe you call it meditation. Maybe you call it introspection. You might already be engaging in something along these lines, but here's how you're going to make it a lot more powerful. It comes down to, number one, the clarity of your mind, which is only possible when you have a well-functioning, healthy physical brain, personal fortitude and courage. Some of it comes down to your personality, your nutritional habits and your ability to break away from the conformist demands of society.

Let's start with the basics here. You can't be a successful transmitter if you don't have a healthy, functioning brain. I mean, that's the easiest place to start. You have to have good nutrition, and you can't be using recreational drugs, especially marijuana, for example. Marijuana dulls the brain. There's a reason why people who use a lot of it are called pot heads. They tend to be kind of dull individuals. But that doesn't mean you can't bounce back from that when you stop using it and regain clarity. But if this is your lifestyle – using marijuana – that's really incompatible with being a strong, effective transmitter or imprinter of the morphic fields.

Think about substances that dull the brain. Those would include alcohol, obviously, not just pot, and also anti-depressant and anti-psychotic medications. These affect about a third of the US population, maybe 40% of adults. It's crazy how many people are taking antidepressants.

Now, antidepressants are designed to alter brain chemistry so they create distortions. Anti-psychotics or psychotropic drugs all create distortions. You will never be a highly effective transmitter if you are taking mind-altering

pharmaceuticals. There's no way around that. There's no negotiating with that. Either get off the meds or just find something else to do because you can't take a bunch of mind-altering pharma drugs and also be effective at this. In fact, if you're taking anti-depressant drugs, I would encourage you not to play with these methods because many people who are on anti-psychotics become psychotic. Many people who are on antidepressants become depressed. Many people taking those classes of drugs end up becoming violent and carrying out acts of violence against others. Most of the mass school shooters, for example, have been on antidepressants or recently came off of them and are suffering withdrawal side effects.

So, of course, I'm not your doctor and I'm not your psychiatrist, and I can't tell you what to do. But if you want to be good at this, then you may need to find a better way to have a healthy brain. That might mean weaning yourself off of those drugs slowly over time, preferably with the help of a qualified naturopath, and finding other ways to feel better or to enhance your brain chemistry. There's 5HTP natural supplements, there's St. John's

wort. There are probiotics that enhance cognitive function. There are numerous herbs, foods and superfoods that enhance cognitive function.

By the way, caffeine is one of those substances that, when used correctly, can enhance focus. That's why a lot of people use caffeine for focus. I don't put caffeine in the category of something that clouds your brain, but it is something that can, of course, be habit-forming. If you drink a lot of coffee and then one day you try to get off coffee, you're going to have symptoms, the shakes or anger, things like that. So be mindful of that. But caffeine, when it comes from natural foods such as coffee, for example, can actually sharpen your focus. Just use it very, very carefully and in a whole food type of form, not isolated caffeine pills.

Now, since we're talking about substances that alter the mind, I think it's important to mention here some of the sort-of new-age, spiritual-realm, psychoactive substances like ayahuasca herbs, for example. I don't know what all the others are out there, but let's say LSD. I don't know what they are, but there's a lot of different psychoactive drugs.



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And ayahuasca has been used by a lot of people who claimed that it gives them great clarity and allows them to talk to beings in other dimensions. Since I've never used ayahuasca, I don't know what they're talking about. I guess I can't speak to it. Maybe they are talking to creatures in other dimensions. I don't know because I've never been there. And I don't plan to because I've also seen ayahuasca blow out people's psychic anchors. I've seen sort of post-ayahuasca people who have lost their minds, and they've just done it too many times. I don't know what happened. It's like their frontal lobe has gotten blown out, and now, they're no longer in this reality, you know what I mean? Have you ever met people like that?

This is not a lecture about whether you should take spiritual journeys in the Amazon jungle or whatever you are into. But if you're going to imprint morphic fields, I would say, please do not use hallucinogenic or psychoactive substances because they can mislead you. They can cause distortions. And I do believe that demons and satanic forces may be able to reach you more easily with certain types of substances and certain kinds of people. I don't know exactly how that works, but I have heard credible stories of people using psychoactive drugs – really strong mind-altering drugs – who had horrifying demonic experiences, and from that day forward seemed to be infested with evil spirits. Be really, really careful what you're doing when you're playing with your brain chemistry. Some of that is irreversible.

If you ask me, my personal philosophy on this is pretty simple. I don't smoke. I don't drink alcohol. I do have coffee occasionally. Not very often, but occasionally, when I need to enhance my focus, I eat superfoods every day. Turmeric and chia seeds, for example. I use plant-based oils and other natural substances to enhance cognitive function, but I do not use recreational drugs. That's not an area that I want to get into because I don't know where that leads. And I don't know what that opens you up to in terms of vulnerabilities. However, there are some more experienced adventurers out there who probably have figured out a way to do that safely and that's up to them. It's just I don't know about that, so I'm not going to give you any advice in that area. That's the first layer of preparing yourself for being an effective transmitter – the brain. We're still just talking about the physical brain or the biochemical brain.

Next is the mind, or your psyche. Your mind is – it's even more difficult to have a clear, clean mind if you're connected to society today. If you're hyperconnected to pop culture, for example. Music videos are filled with satanic imagery and violence. A lot of TV shows and movies, even the news – if you just read the news and you don't have proper psychic defenses, so to speak – just the daily stream of horrifically bad news can really compromise your ability to think with clarity. Understand your own limits and, in my view, really work to make sure you're not exposed to horror movies, violent movies, gratuitous acts of violence on the screen, human trafficking or pornography – child porn, in particular – or anything that is rooted in human suffering or human exploitation. Don't expose yourself to those types of negative vibrations because that creates the negativity in your mind that becomes sort of an expression of what you're pushing out there. In other words, if you live your life steeped in violent movies, pornography and drug use all day, you can't then say, "Oh, it's 9:00 PM. Now I'm going to be a peaceful Jedi monk, and I'm going to try to spread peace and knowledge throughout the cosmos." No, you're just going to add confusion to the cosmos because that's what's banging around inside your head – it's all the crazy stuff that you were watching, or perhaps participating in, if you were taking crazy drugs or whatever.

Horror movies are, in my view, very dangerous for this reason: They create an emotional doorway or gateway for evil thoughts in your head, which can invite really evil entities. I would absolutely steer away from horror movies, especially ones involving demonic or satanic types of themes. I think those can actually be quite damaging. I think that may explain some of why there is so much demonic infestation of people today. No, I don't mean to say that every supernatural drama movie or film is bad, not at all. In fact, I know someone who is a filmmaker in Austin that makes some really amazing short films that are kind of – they might be called horror or drama, or thriller, maybe, is a more active category or a more accurate category.

His films do not focus on torturous battering of the consciousness with horrific images and things like that. It's more of a Hitchcock type of approach, which is the anticipation of the unknown. And that's a more artful or skillful filmmaking art version, which I respect more. Someone who's a filmmaker and just decides to show horrifying, psychically damaging images all the time – that's not filmmaking. That's just indoctrination, and it's very dangerous.

Now, in addition to protecting yourself from all of this negative pop culture programming, it's also important to disconnect from the distractions of a toxic society. This is very difficult to do because our society is hyperconnected right now, and it really is toxic. I find that especially challenging to break away from this because my daily responsibility is to follow the news and analyze the news for my readers and listeners. So, what I do is I take a walk in Nature each day. Nature is cleansing. It's very cleansing. Without Nature, I wouldn't be able to do what I do without having all these amazing trees – which are conscious beings – and life forms and animals all around me, almost embracing me or hugging me each day to say: "Yes, this is reality. Nature is real." But the distractions of a toxic hyperconnected society are not real. Those are the illusions. That's the fake news, right?

The fake terror campaigns from the CDC. "You shall be afraid of the latest pandemic, which is COVID." The CDC pulled the same terrorism campaign about AIDS in the 1980s. And then in the 2000s, it was bird flu. And then a few years ago, it was Zika virus. We were told that all the children born in Florida would have shrunken heads. And now, it's COVID. It's the same terrorism campaign, and you've got to learn to say no to that. It's kind of like the Keanu Reeves character in the matrix. When they fire bullets at him one day, he just decides, no, I'm no longer going to buy into your fake matrix BS. Instead, I'm going to drop your bullets, and I'm going to now operate in a way that is an intentional navigation of this reality, to bend it and shape it in the way that I want it to be shaped, which is a positive, constructive way of thinking. That's the kind of attitude that you need.

It also helps to be someone who is extremely skeptical of the lies that come out of a toxic society. So, when society is telling you things like, "Oh, a man can be a woman, and all young boys would rather be girls, so let's chemically castrate them." When you hear things like that, you should automatically



say NO. We reject that. That is not true. That's disinformation. That's noise. That's confusion. Let's move away from that and get back to reality. Biology is real. Nature is real. Consciousness is real. The more you can dismiss the falsehoods of a toxic society and embrace the reality of Nature and God and consciousness, the clearer your mind is going to be.

Remember to be close to Nature. Some people can accomplish that through home gardening. Some people find touching soil therapeutic. Some people can walk barefoot and feel just invigorated. Some people do it by swimming. Some people do it by birdwatching. Whatever you're into, be it growing herbs, hydroponics or sprouting, whatever floats your boat – as long as it's contact with Nature, i.e., getting outside, walking in the sunshine, breathing the air, seeing the grass, hearing the crickets and the tree frogs – all of that can bring you back into reality and cleanse your psyche.

Now then, let's talk about your emotional state and also your sense of personal confidence. In addition to having a clear brain and a clear mind, which means your psyche – I should also mention, if you're currently in an argument with somebody or you've had a very distressing, emotionally negative experience, such as maybe a loved one dying or a family pet dying, or something like that, then take your time to mourn and heal. Do not work with the morphic fields during that time. Because again, you can have distortions that perhaps you're not even aware of, and the results most likely won't be positive. Make sure that you are in a positive, creative, uplifting state of mind.

Emotionally, joy, happiness, abundance, creativity and knowledge – just the emotion of spreading knowledge, whatever you would call that emotion – these are the kinds of positive emotions that you want to be tied to your efforts to imprint the morphic

fields. If you discover a solution to something, that should bring you great joy. "Hey, I figured out this solution. Humanity can benefit from this. Let's focus on this and push it out to everybody." That's the kind of emotion that brings power to your efforts, that makes you a powerful Jedi, so to speak. That joy, that creativity, that connection with God – you might even ask God for help before you begin an intentional session of this. You might say, "Dear God, please give me the wisdom to share this information with all those for whom it may bring benefit. Help spread joy, abundance, creativity, human freedom and liberty throughout, not only our planet but throughout the cosmos. Bring joy to all living beings in the universe." There you go. A simple statement that covers a lot of territory. So, you might make these positive affirmations and that just really sets the right tone, the right kind of vibration or frequency – you might say the correct resonance into which your intentions can be more effective.

Now, along with this, it's important to bring confidence to this. I've heard many different takes on this, and from the more arrogant individuals out there, I've heard them say things like, "You are commanding the cosmos to obey." I think that's the wrong approach. I don't think you're commanding the cosmos any more than you could ever command God. But some people see it that way. I think it's more of asserting with absolute confidence a universal truth. Because if you are sharing something that you know to be true and positive and beneficial to all other conscious beings in the galaxy, then you have every right to back that up with your



full confidence and the power of your will. Not through arrogance. Not as if you are overpowering the universe or competing with God. Rather, you are allowing God's power to flow through you and bring more benefits to the entire cosmos. So, it's okay to be confident.

Part of the toxicity of our modern society is that it teaches people that confidence is bad. People are really taught these days – especially the younger people in universities – that you shouldn't have your own opinions. Instead, you should seek the consensus view, whatever the consensus is. If someone asks you a question and you're a student in a university, instead of answering the question with your own opinion, you would first look around and say, "well, what would other people say?" That is an indication of someone who doesn't have a strong sense of self, who doesn't have any confidence and is not sure about his life experience, conclusions or perceptions. That's a very weak person, both in this world and in the morphic fields.

Weakness does not really accomplish anything. You can't call on the morphic fields and say, "Oh, I kind of, sort of wish that maybe this would happen, but I'm not sure that everybody will be

okay." That kind of personality is not going to get anything done. I don't believe so. I don't think God wants you to be that kind of a person anyway. I mean, there's nothing wrong with being polite in polite society, but if you want to get things done in the world and roll out new ideas, which is the whole point of this – we're talking about moving humanity forward and breaking through the barriers of the past, right? You're probably, at some point, going to offend somebody. Or, I guess the correct way to describe that is they will decide to be offended, because you're going to say something that maybe they don't like; but so be it. Maybe you have a new and better way of doing things. It's kind of like when they came up with translucent windows or lead glass windows. Well, who was angry about that? All the candlemakers were angry about that, because now the windows would let in light. And the scribes were displaced by the printing press. So, your ideas may not make everybody happy. You may have a new way to solve the problem of, let's just say, a spaceship propulsion as a really extreme example; and you've come up with a new kind of like quantum accelerator or something; and all of a sudden, all combustion engines are obsolete. Well, guess what? There's going to be a lot of



oil companies, engine manufacturers, and so on, that won't be happy with you if your idea really takes hold. You see what I mean?

Progress with knowledge is not always going to make everybody happy. Usually, there are people who resist it. In fact, in my experience, most people resist knowledge because they're comfortable in the old way. That's also why most people will never be effective at transmitting knowledge or imprinting on the morphic fields, as we say. Most people are not Jedi. They can't do this. They don't want to do it. It makes them uncomfortable. They would rather sit at home, watch TV, take their antidepressant drugs and put their herbicides on the front lawn to get rid of dandelions because, you know, dandelions are weeds and they don't realize that they're sterilizing everything in their life. The effect of pesticides on their lawns are the same as the effect of TV on their brain. They're sterilizing their brain, just like they're sterilizing their lawn. They're killing the diversity in both places. Then they're going to eat their processed junk food, which is devoid of nutrients; and then, maybe, some of these people would go to church and tithe 10% and feel like they're a good person. They're going to pick a church that's not too daring; a church that doesn't talk about prophecy; a church that doesn't cover the Book of Revelation because that's scary stuff; a church that doesn't warn people not to take vaccines made with aborted human fetal tissue. These people are what I call the non-player characters, the NPCs. Their lives don't matter in the big picture.

You know how we have the saying culturally in America, "Black Lives Matter?" And then the response from some people is: "Well, all lives matter." The truth is that, there are plenty of lives that actually don't

matter at all because they don't do anything that makes any difference. That's a stunning truth that's not popular. Now, you probably know this to be true. You've probably thought this before, which is why you're listening to this – because you are someone who stands out from the NPC crowd. I mean, if you've listened this far through this book, you are a mover and shaker kind of person. You are someone who's wanting to see major improvements in the structure of the cosmos. You're into this, sharing new information, offering solutions, moving human consciousness forward and not being stuck in the past.

But you've also probably run into people who are very comfortable living in the past because that's all they know. They're still clipping coupons for Pop Tarts at the grocery store, whatever. That's what they know. They don't do anything unless their doctor tells them to. They're not interested in knowledge. They're interested in habits. As long as their habits keep them comfortable, and as long as the COVID bailout money checks keep coming, then that's all they need. They're going to vote the way they're told the vote. They're going to eat what they're told to eat by the TV. They're going to just take the drugs they're told to take, that's it. They eat a lot of processed food. They keep the junk food companies rich. Coca-Cola loves these people, you know? Their lives really are meaningless. That's truly the case. Again, I know that's not a popular thing to say in a book about consciousness because, yes, every person has the potential for consciousness. But lots of people don't use it. See? That's the difference.

You can have the gift of consciousness and never use it. And a lot of people are on that boat. Just like you could be born with the gift of artistic genius, but if you

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never take a paintbrush to a canvas, you're not using it. So, you're not using the gift. It doesn't matter, then, if you have them if you're not using them.

I would dare say that the number of people, even the percentage of people who alter or shape the future of knowledge, consciousness and abundance – the percentage of people who actually make meaningful contributions to that – is way below 1%. It's very, very tiny. It's very small. It's not the people that you might think. It's not the celebrities created by the media. It's not the Elon Musks of the world. It's usually somebody who's seeking no fame, somebody who's quietly doing God-like work somewhere with consciousness and with ideas, sometimes inventors. But sometimes, they're just spiritual gurus who are silently contributing to the cosmos and never getting credit for it.

Remember that one of the features of this is that you're sharing information, you're sharing knowledge with the cosmic consciousness or the morphic fields. But you may never get credit for it because no one may know that you're the person who originated that, right? I mean, this is how the system works. You may never get credit for it. So, if you're seeking credit, you might have to, instead, choose some other pathway, like hiring a public relations company like Tesla does or getting lots and lots of patents for different things. I've done it. I've got a couple of patents, and it's a long, boring, laborious process and not really that effective. But if you really want to make a difference and you don't need the credit, then the morphic fields are the way to do it, because you're actually pumping information into everybody's minds, in a way, even without them knowing it, which is why it's important that it be positive information.

By the way, that reminds me that there are groups of demons and witches who get together and use group curses against certain individuals in our world today. Famously, President Donald Trump had a group of witches who would get together and curse him. This is why there are groups of people who believe that they should use the powers of darkness and hatred as weapons against specific individuals that they hate. Those people, they're practicing witchcraft; and by the way, that can have effects. There are dark powers, demonic destructive forces, and they can be effective. But they can be blocked if you have the protection of God and angels. How do you get guardian angels? You do good things. You become

important to the future of a positive, more divine, more inspired and more joyful world. When you do that, you attract the protection of God-oriented beings such as guardian angels, and so on.

As I walked through each and every day, I know that I've got the protection of guardian angels, who are blocking a lot of negative attempts to try to take me down. My life was even saved one time by a guardian angel when I was in college. Literally, my life was saved because a voice told me to avoid this ice-covered tree that crashed down right where I was about to walk. I would have been dead. I would have been crushed under a tree if not for guardian angels. So, I know they exist. I know they're protecting me, and they will be protecting you, too, as you participate in this effort to spread knowledge and abundance and divinity.

Since we're talking about the evil forces that are out there as well – the witches and so on – I do want to mention that if you have solutions for defeating evil or solutions to negative problems, it is absolutely okay to transmit those solutions into the morphic fields. Now, this is in contrast to a theme of thought called the Law of Attraction, which says that you should never think of anything negative. You should never allow a negative thought to cross your mind. I strongly disagree with that. Sure, you don't want to dwell on negativity, but you do want to face and then resolve negative problems, including, by the way, evil witches and demons, right? So, you're not going to get rid of witches and demons by pretending they don't exist because they DO exist.

The real question is how do you defeat the witches and demons? How do you defeat evil? Or how do you protect yourself from evil? And maybe as you find new solutions to that, you can share that information with other people, and more people can experience the same protection that you are experiencing. But you can't just wake up and say, "I'm never going to think about anything negative," and then just pretend that all the negativity in the world is not happening. That is not a mature way to address reality and contribute to a better world, not in my view. And God doesn't want you to pretend there's no evil in the world. God wants you to defeat evil. Again, you don't dwell on it, and you certainly don't use the same energies of evil to fight against evil. Rather, you find solutions that are rooted in joy and abundance and divinity, and so on. Overall, defeating evil may mean

making them obsolete or taking away energy from them by bringing more people into the light. So, what if you could defeat evil by denying evil its power source? And what is the main power source of evil? It's human suffering, isn't it? It's human suffering. This is why evil demonic entities are into child trafficking and abortion, all these things that cause human suffering, like vaccine mandates, coercion and medical tyranny.

What if you could bring people out of that and show people a different way to live their lives without submitting to evil? A way that's more self-empowering and more rooted in the light of God, in knowledge, awareness, consciousness, abundance, creativity, all these things that we're talking about? Then you would deprive evil of the energy that it wants to feed on. In other words, if you found a way to not just, let's say, stop child traffickers but also set those children free and maybe show them – maybe a child trafficking rescue operation that shows them – a new life, a new way to find love in a world that did not show them love, then through this love solution and this rescue solution, you are transforming what was an energy source of horror and suffering into a new person who can contribute to a better world in positive ways. That deprives evil of its energy. That is defeating evil.

Now, I've also referred to this process of imprinting the morphic fields as mind-streaming. You know how we have livestream on the internet, livestreaming videos? Well, if you have a positive idea, a constructive idea that you're wanting to transmit into consciousness, we could call that mind-streaming. And I just want to give you some good examples of some kinds of things that are good to mind-stream. Now, you don't have to have invented something brand new, you can simply focus on mind-streaming the fundamental concepts of liberty, morality, compassion, faith and enlightenment. Just by focusing on these things, you're helping to strengthen the resonance of those frequencies throughout the consciousness of the cosmos. You might never invent anything new, but you could still contribute to other people feeling a sense of liberty, morality and divinity, and so on.

If you have positive feelings that you want to contribute to the world, such as inspiration and abundance – maybe you have attended some amazing dance performance or something, and you

feel really inspired; or you've seen some amazing piece of art; or maybe you created that piece yourself and you feel incredibly inspired – share that inspiration with the world. You don't have to keep it to yourself. You can multiply it through the laws of the cosmos, and that helps other people feel more inspired. It raises the consciousness of all conscious beings.

Now, to things that you would want to avoid mind-streaming to others. You can kind of guess this list. You don't want to mind-stream any kind of feelings of hopelessness or despair or fear or ignorance, things like that. Even though that's what the mainstream media wants you to feel constantly, constantly assaulting your psyche to bring you into these states where you feel weak and hopeless and desperate.

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You also don't want to mind-stream the suffering of humans or animals or any conscious beings. This is why I'm not a hunter of the animals, because I do not want to contribute to the suffering of conscious beings in the form of animals. Even when I catch mice, they're always alive. I trap them and catch them alive, and then I just relocate them. I don't like to kill mice.

Avoid pointless distractions, such as sports and entertainment and celebrities, things like that. That's just kind of junk food for your mind anyway. You should stay away from that. Just focus on being a healthy person. There's really nothing to be gained from watching pointless sitcoms or televised sports or whatever. It's pointless.

Pick carefully those things upon which you choose to focus because everything you focus on is also being shared and transmitted. You are strengthening the resonance for those things, and therefore, you should choose carefully.

Now, there's one more final thought on this, which is if you've listened to my podcasts, you know that I spend probably at least half of my time talking about negative problems in the world. You might wonder how is that compatible with what I'm talking about here? But as I explained earlier, number one: We need to share awareness of problems that are being covered up because if we can imprint into the morphic fields the awareness of the real issue that's happening, then more people can become aware of how to solve it. So, even though as a general rule, we would say: "don't focus on or transmit negativity," but if there is, let's say, a human rights abuse problem that needs to be publicized, then that is an exception to the rule. For example, we talk about China committing genocide against the Uighurs, running cotton slave plantations there and doing organ harvesting. Now, the left-wing media in the United States is largely run by communist China, and so, the left-wing media has covered up these things. Democrats cover it up. The United Nations covers it up. So, when there are coverups, then we can use morphic fields to bypass censorship and make people aware of very real problems that are evil, that do involve human suffering. But our intention is not to spread the suffering. Rather, our intention is to spread awareness so that there is a push back against this that results in the saving of human lives, an ending of the suffering. It was very important to

understand the context here.

There are evils in our world that are being covered up, many evils, not just child trafficking and slave plantations in China and so on. But a lot of other evils that are, in some cases, maybe even too horrifying to contemplate. These evils do need to be exposed through this process of whistleblowing. With the right intention – if your intention is to end the evil, set people free, resolve these problems and stop evil entities from succeeding – then you have every right to broadcast negative information or transmit it into the morphic fields, as long as your intention is positive for ending human suffering. Well, not just human suffering, but even animal suffering, and so on.

Keep in mind, it's your intention that actually sets the tone. It's not the content of what you're transmitting as much as it is your intention. So, if your intention is negative, like, "Oh, I hope these people die," and that's what you're transmitting, that's evil. But if your intention is positive, like, "Oh God, please, I hope these other people don't die, but we need to make people aware that this is going on," that's a positive intention. This is where I disagree with the Law of Attraction. The Law of Attraction would say, "Oh, you should never talk about organ harvesting in China because by talking about it, you're just making it happen more." No. By talking about it, we're blowing the whistle, and we're bringing global pressure to halt those practices. That's the goal.

Sometimes you have to rip off the blindfold of people and show them what's happening so that they become engaged in a solution that ends the practice of evil or suffering. So, I hope I've made that perfectly clear. It's not so much the content of what you're transmitting, it's your intention behind it. Your intention matters, and God knows your intention. You can't fool God, obviously. You can't try to cheat on this. Your intention is very evident to God. So, make sure that you're operating with a positive intention to end human suffering, expand human knowledge and spread joy, liberty, freedom and faith, all these things that are important for all of us, all the conscious beings in the entire cosmos.

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## Chapter 4

**W**elcome to Chapter 4 of the Contagious Mind. We're going to talk about language, learning language and morphic field imprinting using words and phrases. Now, there's a lot to cover here actually, but we begin by understanding that language is learned with the help of morphic resonance. In fact, one of the reasons that language is so easy for children to learn is because they are open to this knowledge that has been imprinted into the morphic fields by potentially hundreds of millions of other people, depending on what language they're learning. In the same way that it's easier to learn Morse code when many other people have learned it before you, or it's easier to learn how to type when other people have learned how to type before you, it's also much easier to learn how to speak a language when other people have spoken it.

There's nothing in DNA that transmits knowledge of language or language structure, the semantics of language and syntax and so on. But this is innately understood by human children, and it comes from the morphic fields. So, we shouldn't be surprised to learn, as Rupert Sheldrake explains on page 209 of *Science Set Free*: Scientists in universities in Europe and America have already carried out a series of tests specifically designed to test for morphic resonance in human learning, particularly in connection with written languages, and there is significant evidence in support of that. Human learning – again, it's easier when someone else has learned it first.

Now, this has enormous implications for understanding the way in which we communicate and the way in which those of us who are, you might say, evangelizing certain types of ideas – such as human liberty or ideas about, perhaps, the dangers of untested vaccinations – communicate. We are

effective when we take advantage of morphic fields, and we're not effective if we ignore how morphic resonance works. In this chapter, I'm going to start to cover here how to use morphic resonance to get your ideas out into the world in an effective way, despite censorship and critics who might be attacking you for your ideas.

Now, all of us in independent media, we have been rather viciously attacked for our ideas over many years and even decades. I've been a prominent speaker about human freedom and natural health, and so on, for over 20 years, so I've been attacked by critics in every way imaginable. And yet, what's interesting is that most of the ideas I have promoted have succeeded. They've become mainstream ideas. For example, think about 15 years ago, no one had heard of GMOs. Now, it's a common concern among consumers to avoid GMOs.

Now, there were many people, including myself, who were advocating this idea that genetically engineered food has potential health problems; it has very real environmental problems; it has actual property problems that put corporations in charge of the food supply, and so on. There were a few of us who were really pushing hard on this idea. I was one of the top people, along with others like Jeffrey Smith, and so on.

Now this awareness about GMOs succeeded despite the well-funded efforts of corporations like Monsanto to try to suffocate this idea. And to understand why we succeeded in such spectacular fashion with spreading this idea about GMOs, you have to understand morphic resonance, and here's the key: Even when critics were attacking people like myself or Jeffrey Smith about GMOs, they were still promoting the idea of GMOs, that GMOs exists. In other words,

if you don't know anything about GMOs and I say to you, "genetically engineered organisms are perfectly safe," which is the kind of propaganda that the media pushes, for you, as a person, to understand that sentence – in order to parse the words – you first have to process the concept of genetically engineered organisms. And that neurological pathway – just by processing those words and having that run through your consciousness, you are contributing to the imprinting of this concept in the morphic fields.

Every time Monsanto or some media outlet, like the New York Times or the Washington Post, or whoever; every time they attacked people over GMOs and said, "There's nothing wrong with GMOs. GMOs are perfectly safe. GMOs have been widely tested," what they were doing was actually amplifying our message that "Hey, there is such a thing as exactly engineered food. There are GMOs." So, they were spreading knowledge about GMOs even though they were trying to suppress it. In other words, you can't really tell a person to, let's say, not think of a purple tree without their mind processing the concept of a purple tree. In other words, when you speak in negations, there's still a necessary step for that person's brain to process the thing that they are trying to negate.

Well, another great example of this, aside from purple trees and such, is if you're a parent and, let's say, you're walking along the sidewalk with a young child, who is very energetic and playful, and it has just rained and there are a water puddles on the ground. If you were to say to the child, "Don't jump in the water puddles," what's the first thing the child is going to do? Probably go jump in the water puddles. Why? Because you just put that thought in that child's mind. You just put it in his or her consciousness. If you had said nothing, that child wouldn't have been thinking about water puddles at all. He would have been

thinking, "where's my Xbox?" or "I need to get on social media and message 45 friends," because that's what young people do these days. But when you say don't jump in the water puddle, you're actually putting that idea into their heads.

The phenomenon here that we're referring to is, one, a basic truth of how your brain works. Linguistically, your brain has to process concepts before it can negate them. If I have an article or a podcast and I say, "Globalists are pushing depopulation. They want to exterminate human beings and sterilize the planet. It's depopulation, folks. It's real and it's here" – okay, let's say I do that. The media out there – who all are told by the globalists what to do, by the way; the corporate-controlled media just answers to the globalists – they would say or they would put out an article with something like: "It's just a conspiracy theory to talk about a depopulation agenda." So, someone reads that headline and sees the phrase "a depopulation agenda." They have to parse what that is. "Oh, what is that? Does depopulation mean someone's trying to kill off all human beings?" And then their brain has to negate it by saying, "Oh, but that's just a conspiracy theory." In that process, their mind neuro-linguistically processed the information of depopulation. Inadvertently, the media is actually promoting this concept of depopulation and helping it be imprinted in the morphic fields.

Whenever you talk about something, if you're a whistleblower and you're exposing a powerful, dangerous truth like: "Oh, atrazine herbicide makes young males gay," which is actually true, by the way; but that's not the subject of this conversation. But let's just say that you talk about that. Now, you would normally be attacked by the media. They would say, "That's non-sense. Herbicides don't make you gay. That's impossible." But then you read the scientific



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literature and it turns out it actually does. It causes amphibians, for example, to grow dual sex organs. Basically, it turns frogs gay as well. It alters their reproductive physiology and behavior. It can interfere with normal male hormone production and regulation in young human males, young boys, typically. They're not getting their hormone levels balanced like they're supposed to – their hormones are all out of whack. And then, there's extra estrogen in food packaging plastics, and other chemicals. And all of a sudden, a lot of young males are becoming very feminine. So, this is a very real thing that's happening.

Twenty years ago, if you talked about that, people would have said that's outlandish. But when we start putting this into the morphic fields – as a whistleblower type of function – saying: "Hey, these herbicides and other chemicals in agriculture are turning young boys gay. They're altering human physiology without their consent." It's not like the young boy decided to be gay and said, "Oh, let's eat extra corn, or whatever, from this farm, because they use lots of pesticides." No. This is an inadvertent, non-consenting alteration of their hormones.



For many years, the media has said: "That's nonsense. It's a conspiracy theory." But again, by doing so, they were pushing this concept into the morphic fields, to the point where just a few weeks ago, there was a major push by corporate media and left-wing media with a new story that said: "Pollution found to shrink men's penises." This was a major push, right? This is really the same story as what I was warning about many years ago and others in independent media as well. InfoWars was warning about this and was attacked for doing so. We were like: "Yes, there are chemicals in agriculture, and chemicals in the water, chemicals in the soil, and so on, because of agricultural runoff; chemicals that

alter reproductive physiology." We were all attacked for that. But then recently, corporate media says, "pollution will shrink your penis." It's the same story. Suddenly, it makes sense to liberals and left-wing media and corporate media. Suddenly, it makes sense.

Why does it make sense that pollution will shrink your penis? In other words, chemical exposure from chemicals that don't belong in the environment, in your food, in your water, in the soil, in the air, and so on – why would that alter your reproductive physiology or the phenotype expression of your natural hardwired gender? Why would that happen? Well, suddenly that concept is familiar even to those who resisted it years ago. In other words, guess what? Us, independent media, the whistleblowers, we won again. We put the idea out there that chemical toxins from agriculture alter reproductive physiology, and now, it is a mainstream corporate media narrative. They just phrase it differently. "Pollution will shrink your penis." And, of course, I couldn't help but make fun of that headline. I think my first reaction was, "well, maybe this female New York Times reporter just makes bad dating choices. Maybe this is her experience." In seriousness, it is a real thing.

The upshot of this is that, when you have an important idea to share with humanity, don't be afraid of criticism. In fact, the worst response to you putting out your important idea is silence – i.e., if nobody responds to it, nobody criticizes it and nobody amplifies it. Silence is death when it comes to imprinting morphic fields. You need other conscious beings to process those neurologic pathways in order to amplify your message. It doesn't matter if it's a critic or an advocate.

For example, let's take a very controversial idea that an unborn baby is a living human being. This idea has gained a tremendous amount of awareness over the last few years, especially among human rights advocates. I mean, of course, it's a human being, it just hasn't been born yet. It's a controversial idea, of course, because of the abortion controversy. The pro-abortion individuals have always tried to say, "it's not alive until it's born," or "it's not even conscious till it's born. It doesn't have sensory input. It can't feel pain until it's born." Well, because people are putting out this idea that this, in fact, is a conscious living being that has emotions, has a relationship with its mother, can hear and process external stimuli and

has its own memories and its own consciousness, and so on; and this is backed up by medical science by observing babies and their behavior in the womb; suddenly, this idea is becoming more and more natural. It seems natural to realize that unborn babies are still alive. The other reason I think it seems natural is because many of us are also spreading the idea of consciousness among animals.

When you talk about consciousness of animals, you value the lives of animals. Let's say you have an American bald eagle and there's a nest, and there are two eggs in the nest. Are those eggs developing little baby eagles inside? Do those eggs contain living baby eagles that just haven't yet hatched? Are those eggs valuable? And the answer to almost anyone, especially leftists, liberals, environmentalists and ecologically minded people, would be: "Oh yes, those are valuable unborn baby eagles or unhatched eagles. We have to save those eggs. We have to protect those eggs." Just because they haven't hatched yet, doesn't mean they're not alive. And anyone who has ever raised chickens knows this. I raised chickens. I've hatched many, many chickens over the years. Baby chicks will start chirping before they hatch. They will talk to you from inside the egg, by the way. They will react to a stimulus. If you kind of knock the egg a little bit, kind of rock it gently, inside, the baby chick will start chirping. "Chirp-chirp-chirp. I want to get out." Then it'll start pecking from the inside and make a little opening with its beak. And then, it'll start working on that. So, obviously, an unhatched chicken is alive. Obviously, an unborn human baby is alive as well.



This is now a natural idea, and it's happening through morphic resonance. It's becoming better known as awareness spreads about consciousness, animals and compassion to other living things, and so on.

Ultimately, this is going to work very strongly against the abortion advocates because the more you understand about when is a baby conscious and alive, the more you realize that abortion is murder, it turns out. It really is murder. You can't really explain it away anymore once you understand these basic concepts. That's another success of morphic resonance in protecting the lives of the innocent – in fact, the most innocent. Those who are defenseless, which is a baby chick, or an unhatched American bald eagle, or a baby that hasn't yet been born.

I could go on down the list of many of the things that I have promoted over the years. For example, having a lack of trust in the CDC or the FDA or Big Pharma; exposing the dangers of psychiatric drugs; and talking about the advocacy and benefits of vitamin D. When you talk about vitamin D, you are imprinting this concept of vitamin D, vitamin D, vitamin D. It goes into the morphic fields. Suddenly, it makes it easier for other people to think about vitamin D. When you

question the fake science or the fake authority of the CDC, it causes other people to question it as well.

In each of these cases, whether we're talking about psych drugs or GMOs or pesticides or heavy metals or even vaccines in the bioweapons industry, it doesn't matter if there are 99 critical articles about each of these concepts out of a hundred. It doesn't matter if it's 99% criticism. The idea is still getting out there. The idea is still spreading because of morphic resonance. Even by attacking your idea, they are spreading it for you.

Now, there's another angle in all of this that needs to be mentioned. You'll notice that the examples I just gave you are things that I personally am passionate about, and they're rooted in fundamental human rights: the right to life, the right to consciousness, the freedom to choose, the freedom of expression, and so on. But morphic fields also imprint other concepts that are not funded in the fundamental philosophies. For example, every stock market bubble, or, today, a cryptocurrency bubble, is also rooted in the phenomenon of morphic resonance. People get excited about stocks going up, and they see this bubble accelerating. Then, they have an emotional investment in their own financial investment in this bubble.

Remember, when there are positive emotions associated with actions and ideas, it gives them incredible power in terms of imprinting the morphic fields. People who are investing in bubbles, they don't know their bubbles. They think they're going to get rich. It has happened before



the dotcom crash of 2001 and before the housing bubble crash in 2008. It's happening again right now. All these people are joyful. They're optimistic. They're full of light and just happiness, and they're saying that this market's going to go up forever and everybody's going to get rich. This is a very, very powerful thing that imprints morphic fields. And then what happens is, other people begin to feel that same thing, too. It's like the hundredth monkey effect, except, instead of monkeys, it's like Tesla stock investors or whatever. I guess it's people acting like monkeys, just buy, buy, buy, but that's what this is. It's the hundredth monkey effect in propping up bubbles. People jump in because it feels normal, it feels comfortable. It feels like something that is acceptable. Other people are doing it. It just somehow because of the morphic resonance that you're receiving, the morphic fields' information. It just feels like this is a normal, natural thing to do.

Remember, everything that's imprinted in the morphic fields feels natural to people because it's not an alien thought. It's not a pioneering thought, even. It's not something new that no one has ever thought of before. It's something that many other people have already thought about and accepted as true. So, it's easy for people to jump into a bubble when there is hysteria, which is always usually right before the bubble bursts. And then, something very interesting happens. When the bubble begins to break, all of the hope and positivity suddenly gets inverted. And now, the positive energy turns to negative energy.

So, going back to the dotcom bubble of, well, I guess it was really more like 2000. I remember that in the years before the dotcom bubble, I was very loudly warning people that this was an irrational bubble mass hysteria, that everybody wasn't going to get rich just by trading stocks with each other – basically pieces of paper with larger and larger numbers written on them – because these dotcom companies had no earnings, no real revenue models. I remember I was told at the time that that doesn't matter, the rules of economics have changed. They would say all that matters now is that you buy low and sell high, and everything's going up. So, this is the answer.

Because there was this hysteria, and there were social pressures on them and the media pressure, CNBC's Jim Cramer was like: "Everything's going to the moon. Keep buying, and so on." Then it was very easy for people to jump in on that, and they bypassed all rationality.

Morphic fields can work in a destructive way as well if bad information is what people are focused on. This happens during every stock market bubble. And right now, it's a cryptocurrency bubble. Some people think Bitcoins go into a million dollars a coin. Some people think cryptocurrency is going to replace all other currencies, and so on. It's probably going to end very badly, and it will probably return eventually to its intrinsic value, which is zero. As that happens, or when any bubble bursts, the negativity is going to spread through the morphic fields and replace the positivity that was there before. Suddenly, the negativity turns to fear, and the fear spreads. People just wake up one day and they feel fear for their investment, and they don't know why. They just have the sudden onset of panic and fear. What do they do when they feel fear? They sell. When they sell, it drives down the price of the asset, contributing to the bursting of the bubble and causing other people to feel fear and to jump on the selling bandwagon, and so on. It's an overreaction. It's an irrational reaction. But it's also driven in part by the familiarity of these actions, the way they feel natural because of the morphic resonance.

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It's important to understand that just because something is imprinted in the morphic fields doesn't mean that it has to be true. This is critical to understand. Bad information can be imprinted, but also good information. You can have positive or negative efforts and results from what is imprinted in the morphic fields.

These globalists who are enemies of humanity, in my view, they have mastered the use of morphic fields in order to spread disinformation in a way that's very effective for their own political gain and their own control mechanisms over humanity. So, I'd like to give you – let's just do 4, for example, here of some concepts that you've heard about that, in reality, logically, don't make much sense at all but have been pushed so heavily that they start to sound normal and natural. This shows the use of language to achieve these concepts, and also the use of morphic fields. One of them is the phrase "climate change."

Climate change is used so frequently now. We hear it as a thing. In media and in science, they will attribute actions and almost consciousness to this thing known as climate change. They will say, "climate change caused the hurricane" or "climate change contributed to the erosion of this beach." That makes no sense, semantically, because climate change as a phrase doesn't mean anything, except the fact that the weather is changing from time to time. If you live beside a river, the river is always changing. It's going up and down in terms of its water level; the flow rates are changing. You wouldn't say a river changed. You wouldn't say river change is responsible for the erosion on the shore. "That river changed, that's something horrible. River change interferes with people's canoes." You wouldn't say that. That doesn't make any sense. Or, if the air temperature is always changing because the weather is different every day, you wouldn't say air change ruined our picnic. That doesn't make any sense.

But they say climate change accomplishes all these stunning things. It doesn't make any sense, does it? But they've made it sound normal. They've made it sound like its own thing, to the point where science articles can now claim almost anything is caused by climate change. There are articles in the sciences now, published every day, that have crazy headlines like, "Oh, climate change found to contribute to divorce rates in the Sub-Saharan African Desert or whatever." Like, what? What are you talking about? You see, they've made it sound like a thing.

Another phrase that's used to try to discredit people – and this was created by the CIA – is the phrase "conspiracy theorist." This phrase is supposed to invoke immediate rejection of the person or the idea that is labeled as a "conspiracy theorist" or a "conspiracy theory." So, somebody says, "Oh, there was life discovered on Mars in 1976 in the original Viking Lander mission, which had a mass spec instrument, and it actually detected the off-gassing of microbial life," which is actually true, by the way. And then someone in the media comes along and says, "Yes, that's a conspiracy theory. Moving on to the next story."

Now, when they invoked the phrase, "conspiracy theory," what that really commands your brain to do is to stop thinking and stop asking questions. "Oh, that question can't be asked. That's in the realm of conspiracy." The use of this phrase over and over again imprints this idea in people's minds that anytime anyone invokes "conspiracy theorists," you should stop asking questions and stop listening to anything that person is saying, even if they have strong, compelling evidence.

Now, what's so odd about this is that, every day, the federal government charges people with criminal conspiracies: conspiracy to rob a bank, conspiracy to commit kidnapping, conspiracy to defraud the



United States postal service, or whatever. Conspiracy is probably the most common charge that's charged against people, so the government knows conspiracies are real. In fact, the government actively covers up all kinds of conspiracies itself by trying to pretend there are no such thing as a conspiracy. When you hear that phrase, know that you're being programmed with bad programming of the morphic fields.

Here's another phrase: police brutality. You've heard this phrase over and over again, especially over the last couple of years. "Police brutality," it's almost like they go together now, right? Like peanut butter and jelly. "Police brutality," this phrase demonizes law enforcement, of course, and it equates cops with violence. It supposes that police are capable of nothing other than brutality, as if police are defined by their brutality. In truth, the most brutal members of society are violent criminals, right? And that's why we need police. So, we need police to stop brutality or to stop violence against the innocent. Sometimes you have to use tools. You have to give cops things like Glockes, 9mm pistols, tactical vests, sometimes rifles, and so on, because police have to stop violence. Now, sure, occasionally, there are police who get out of hand, but compared to the number of times that they are attacked and assaulted by criminals, there's really no comparison.

Through this morphic field imprinting, we never hear phrases like "criminal brutality" or that the criminals are bad for their violence. Well, I guess we do have the phrase "violent criminals," but these days the media is always excusing the criminals. It's never the criminal's fault. "Oh, this man was smoking crack and high on fentanyl and attacked police officers. He's counterfeiting money and selling drugs, but he's the victim because the police put them on the ground and placed a knee on his shoulder blade." Right? That's the kind of story that we get now. It's the fault of police brutality. In other words, police are no longer, apparently, supposed to use force to stop violent criminals.

Now then, that leads us to one more label that's used – kind of a destructive use of the morphic fields – which is accusations of racism. These days, in our highly charged political environment, leftists are constantly claiming that everything is racist. They say that math is racist. They literally say that. They say that requiring people, especially students of color

to get the right answer in a math class, is a white supremacist idea so it's racist. Therefore, students of color shouldn't be required to get the right answer. The same thing's true in English composition classes. Grading people of color on their ability to construct coherent sentences is now considered racist in most universities across America. Philosophy is racist, apparently, because most philosophers throughout history have white skin. Somehow, the liberals in society are considering Greeks and Romans to be white people, even though, obviously, Greeks and Romans, they would be called immigrants if they came to America. But they're white because the left wants to push racism everywhere.

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A great example of how far this has gone with the abuse of this meme is that United Airlines recently announced that they would no longer hire pilots who are men or white, or they would try not to. They would instead hire at least 50% of all future pilots based on the color of their skin and their female gender. So, they're looking for black people and brown people and women. These are the pilots, the people flying the planes for United Airlines, which I would imagine would soon have a plane shortage, because they will probably crash them with some kind of regularity. Because, of course, all of us who believe in justice and equality and fairness in society, we would all say – any rational person would say – “Hey, when you're hiring airline pilots, you should hire the most qualified pilot regardless of their color or gender. If it's a transgender, black, former woman, but she is the best pilot, or he, whatever, is the best pilot, then hire that person. It doesn't bother me. I want the most skilled pilot. But if it happens to be a white male, hire that white male, too. It should be a merit-based system.” But United Airlines believes that it's no longer important who can pull the plane out of a mechanical failure and save hundreds of lives. Rather, it's important that when the plane crashes, the two dead pilots and copilots are transgenders, bisexuals, gays, people of color and women. That's what's important to United Airlines. So, of course, this is pure insanity, but it is their official policy. How is this happening? Because of bad programming of morphic resonance.

This idea that corporations have to be “woke” means that they



have to punish people for being white or punish men for being men and give all preferences in all jobs and all corporate leadership positions to people who don't qualify for those positions. That's what corporations are doing now; and it's spreading like a plague throughout corporate America. Why? Because of the negative imprinting of morphic fields. It has become a natural idea to say that this job should go to the transgender person – I guess just to have pity on the transgender person – or that the drag queen should be flying the plane, even though the drag queen doesn't know anything about airplanes. This is obviously a very dangerous trend for society. I'm not going to go into a lot of commentary on this. But if you think about what this means for society – if you are going up in a high-rise building, do you want that building to have been engineered by the most qualified engineer or the most woke transgender or bisexual engineer who wasn't qualified? Or if you're driving over a bridge, do you want that bridge to be engineered by people who knew how to do math and could get the right answer, or would you prefer to drive over a bridge that was designed by a person of color who was given an extra pass on math class because they shouldn't be required to get the right answer because math is racist? There's

a question for you. Should your doctor be someone who actually understands medicine or just be whoever's the most woke and gets the most checked boxes of liberalism? I mean, the answer is kind of self-evident.

So, you see how these negative memes can backfire in spectacular fashion and lead society to its downfall? America is becoming a kind of idiocracy, where the most incompetent people are awarded with the highest positions just because corporations want to be woke. But there are other negative effects of this. For example, we talked about police brutality. The pushing of that idea through the morphic fields has caused many cities and even states to defund the police because they've come to believe that the police are the problem. Wait, violent criminals aren't the problem? No, they say police are the problem. And if there weren't police, then there would be no crimes. This is the way they think. Literally the way they think. This is the level of distortion they've had.

In states like Oregon and in cities like Portland, they've now experienced a shocking increase in violent crime, including murders, to the point where now some of the city council members are saying: “Maybe we shouldn't have defunded the police and

driven everybody to retire and leave the police force." So now, there's a huge number of ex-cops leaving Portland, taking their early retirement offers and getting out of dodge, basically. In fact, there have been interviews of many of these cops who left the police force in Portland, and in these interviews, these former officers are very uninhibited in what they're saying. They're saying things like, "The city council members are clinically insane lunatics who will destroy the city." These are ex-cops giving their testimony. Or they say, "They're all idiots. Total morons. They don't understand anything of what they're doing. The violent criminals will run the city." They say things like that, just shocking information. Because, again, bad programming of morphic fields can have bad results as well.

The violent crime is up. But according to modern woke America, criminals are never at fault, so they're defunding the police. They're kicking out the police. Police are leaving on their own as well, because they're tired of being arrested for doing their jobs and charged with manslaughter.

Before long, we're going to have

some liberal cities, like Portland, Seattle, Los Angeles, San Francisco and Chicago, where there will be no police. There will be massive violent crimes, and there will be no point in calling 911. And at the same time, these Democrat leaders will try to solve this violent crime problem by taking away guns only from law-abiding citizens. They'll come after the guns of the people who need them the most. Meanwhile, criminals don't follow gun laws, so criminals will be fully armed, and there'll be no police to stop them and no 911 that makes any difference. So, these cities will just collapse. This is already happening in Baltimore, where the mayor has announced that low-level crimes will no longer be responded to. This includes smoking crack and prostitution on the street – just right there out in the open – and fist fights, things like that. Soon, that will be raised to include shootings. No one will respond to shootings or kidnappings or rapes, or maybe even arson, at some point. This is how civilization collapses. It all feels normal and natural to many of the leftists, i.e., the Democrats who live in these cities, because these ideas have been put as normal ideas.

Now, the negative effect of the

climate change meme is that people have come to think that carbon is a horrible thing. They've declared war on carbon, not realizing that carbon dioxide is the most important nutrient for plants. Without carbon oxide, we would have the total global collapse on all crops, which would result in, of course, the collapse of the biosphere, famine and the collapse of human civilization.

Carbon dioxide is necessary to grow food. It's necessary for rainforests. It's necessary for plants to produce oxygen as a byproduct of photosynthesis. Remember, photosynthesis has three inputs: ultraviolet radiation from the sun, water from the soil and carbon dioxide absorbed through the leaves of plants. With these three inputs, it produces metabolic energy for plants, which allows them to produce food crops and trees and such. One of the byproducts of this is oxygen, which is why there's oxygen in the atmosphere that can be breathed by humans. And humans are made of carbon also, as is every other life form on planet Earth. So, the war on carbon is a war on life. And yet, this war on carbon idea through climate change has become so normal-sounding. It's had such a strong imprinting in the morphic

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fields that, especially young people today, feel like this is a totally normal idea, that carbon's bad. Carbon dioxide, they say, is a pollutant and we should eliminate all carbon. This means committing suicide. In effect, they've normalized the idea of suicide and self-destruction of all of human civilization. It's no coincidence, since the globalists want depopulation to succeed.

By the way, if you collapse carbon dioxide in the atmosphere – if you don't die of starvation – soon enough, you'll die of oxygen deprivation because plants won't produce the oxygen that you need to breathe. As a result, of course, every mammal would die. So, the war on carbon is a war on humanity. It's a war on dolphins because they breathe oxygen. It's a war on whales. It's a war on most of the animals on Earth. It's a war on life. And yet, this war is being waged in the name of somehow greening the planet, where, if you eliminate carbon dioxide, you kill everything that's green. The planet would turn brown and gray and dead. If you want to green the planet, you need more carbon, more carbon dioxide in the atmosphere. That's how you green the planet. As NASA satellite photos have shown over the last 25 years, slowly rising CO2 levels have caused more rainforests to succeed and recover areas that were formerly deserts or semi-arid regions. They can now grow grasses and crops. If you want to green the planet, you need more CO2, not less.

The kind of conclusion of all this is that: Be cautious. I mean, it's great to use morphic fields to advocate ideas that are important for humanity's core values, like the kinds of things that I promote, which is consciousness and the value of life of all living beings, including unborn children, freedom, liberty, freedom of speech, creativity, individual ideas, all of these things. It's also very important that you don't get swept up into something that seems normal and natural, just because so many other people have already thought that and that resonates with you. You also need to think critically about all of these ideas that are being put into the morphic fields because some of them are very dangerous, like climate change, racism, police brutality, and so on.

Now, this means that individuals who are pro-liberty and who advocate human rights and human freedoms and so on -- even animal rights, you might say, or just this idea of consciousness – need to be much better at creating viral memes. We should

create simple ideas that are easy for people to grasp and neurologically process so that this can be shared through the morphic fields. We need really effective phrases and simple concepts.

In the realm of politics, for example, Trump had one that was very successful. Just a little phrase that everybody gets, and it's called "drain the swamp." So, when Trump says, "drain the swamp," you know what that means. It's a whole realm of things that it means, like arresting corrupt officials, stopping the corruption of the courts, cleaning out Congress, all of these things. "Drain the swamp" means a lot of things. It was a very successful idea and, in fact, it persists.

Many years earlier, former Congressman Ron Paul launched a phrase called "audit the fed." Although this isn't widely known, it is well-known among people who pay attention to economics and money. "Audit the fed," what does it mean? It means we can't trust our money supply because "the fed" doesn't have the gold holdings that it claims to have and doesn't have the assets to back the fake currency that it keeps printing.

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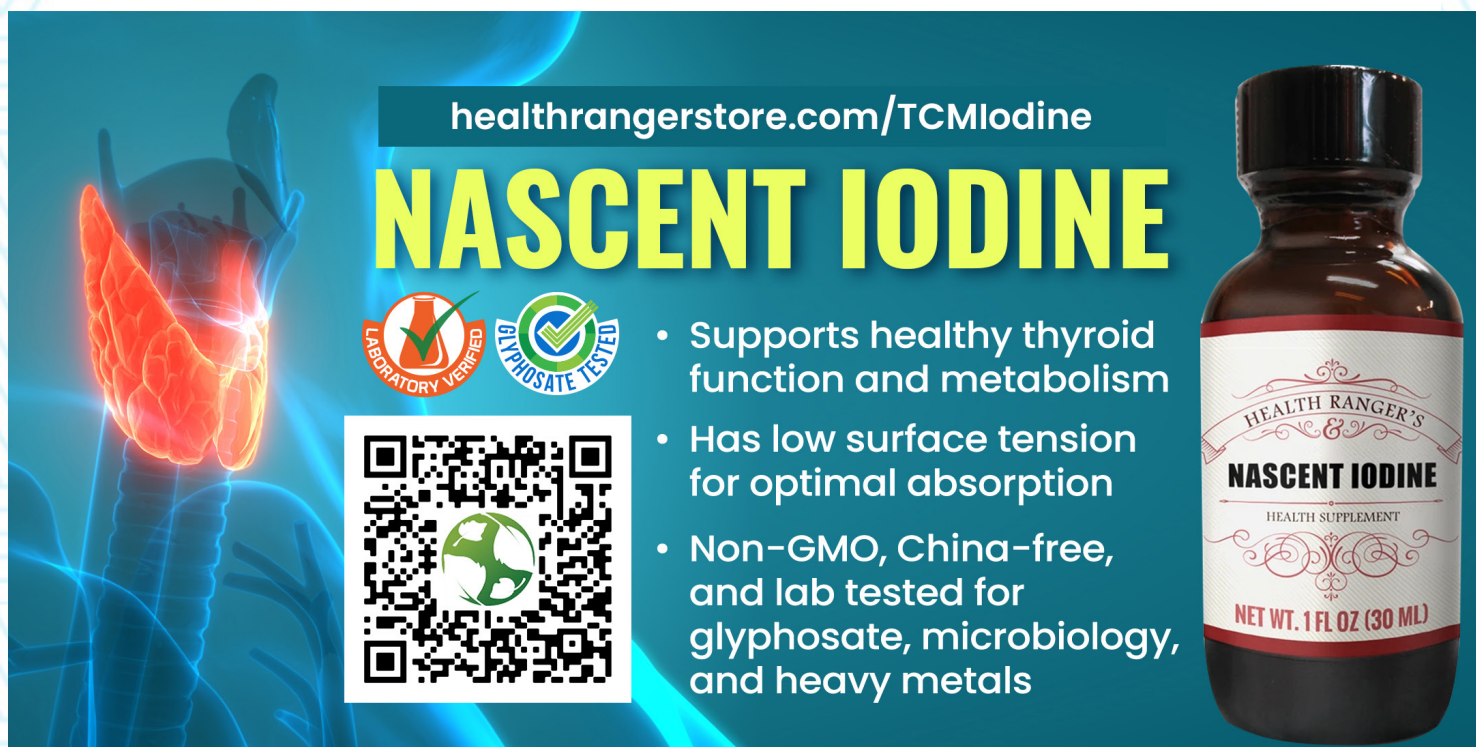
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There are many other ideas which have been very successful in culture and in politics. Just simple phrases. For example, just the idea of “self-defense.” This is a common phrase and a common idea, “self-defense,” but what does it really mean? It entails actually quite a lot of thought. It means that individuals have the right to take action to defend themselves without relying on external intervention when faced with imminent threats. That’s what self-defense means.

Now, self-defense is a very powerful idea, even though today, most people on the political left are completely opposed to this. And in nations like the United Kingdom, they’re totally opposed to it. If someone breaks into your home to rob you and you hit them with a baseball bat in the U.K., you will be arrested as the homeowner for attacking someone. That’s crazy because the U.K. is anti-self-defense. But where I live, in Texas, the concept of self-defense is very, very strong. It’s so strong that if someone breaks into your home, for any reason, you can shoot and kill them, and the local DA will just say, “well, that’s their problem,” because you have the right to self-defense.

This right is also something that is enshrined throughout nature. And I even did a mini-documentary on this to help spread this idea. If you look throughout nature, most living systems have tools for self-defense, including even dandelions and what you might call weeds. They put out chemical defenses that suppress other nearby plants so that the dandelion itself can be more successful in gaining more solar power, more leaf space, in order to succeed. Even weeds have self-defense. And, of course, self-defense is so common throughout the animal kingdom. It’s almost cliché to mention it. But it’s not just porcupines, which are actually walking examples of self-defense, but the fact that animals have claws.


I have donkeys that we rescued from the fires in Texas; these donkeys have self-defense. They will kick you. They can kick with their hooves. Thankfully, they’ve never kicked me because they have pretty strong back legs. But horses and donkeys and other animals all have self-defense, even non-predatory animals, such as donkeys. They’re not predators. They mostly eat grass and grain, but they can defend themselves because self-defense is a basic universal right that is just abundant throughout nature. It’s a property of almost every conscious being.




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You can even just look at, let's say, rose bushes. What do they have? Thorns. What are thorns? Self-defense. A rose bush with thorns is kind of like a human being with a Glock 19 in 9mm thorns. It's the same thing. Plants have thorns as a matter of self-defense. Look at succulents and cacti. Prickly pear cacti are really common in Texas, and they have all kinds of thorns. You don't want to fall into a bunch of prickly pears. Why are prickly pears so numerous and successful throughout many parts of Texas? Because they have thorns, that's why. Because no one wants to mess with them. It's too painful. There are not just the big thorns, there's little tiny thorns around the prickly pear cacti's fruits – little, tiny, microscopic thorns that you can't see until you feel the searing pain that they've caused. And I know this because I have harvested prickly pear cactus fruits to make prickly pear cactus fruit juice, which is way too much work. It's not worth it.

The conclusion of my advice to you on this chapter is that, when you work to advocate something and actively try to imprint the morphic fields, find something that is of fundamental value repeated throughout nature, such as this idea of self-defense. If Nature is already imprinting this idea, such as the right to life, the right to live – every conscious being in nature attempts to live and engages in goal-oriented behavior in order to give themselves an advantage of survival. So, if your ideas can be tied to these natural phenomena, they're going to be more successful because the morphic fields already exist for them. This is why the things I typically advocate are things that are also reflected in nature. I also get a lot of inspiration from nature when deciding what to advocate.

Human-created ideas such as inventions or politics, and so on, are sometimes much more difficult to imprint into the morphic fields because there may be no template that preexists that resonates with that concept. You might have to start from scratch, depending on what you're doing. So, if you want to have success with an idea, first, see if your idea exists in nature anywhere. And if it does, just kind of piggyback on that phenomenon that already exists in the natural world. You'll find your idea has much more success.

The good news is that, if you really study nature, nature wants you to be free. Nature promotes abundance. Nature promotes creativity and true

diversity of different organisms, not obedience and conformity, which is an artificial construct created by authoritarian governments, leftists, socialists and communists. That's not the way nature operates. Nature is actually full of incredible diversity, strength, resiliency and decentralization. So sometimes, we talk about centralization, centralized control versus decentralization. You know how corrupt governments want centralized control. The federal reserve has centralized money. Corporate farming is centralized food. Corrupt universities are centralized education and indoctrination, and so on. Decentralization is what's better for human freedom, and decentralization is what you find reflected throughout nature. And so, it's a great model for what we might call a peer-to-peer structure, or a decentralized structure of freedom, and what some people might loosely call a democracy or, more appropriately, a Republic, where fundamental human rights are protected because humans are conscious beings and consciousness is also a property reflected throughout nature that has value.

If you'd like some homework on this, coin some new phrases. Come up with some new phrases and just words. I've coined many words and phrases over the years. One of them is "glyphocide," which means death by glyphosate. Interesting term. I haven't really promoted that term that much. But I also came up with the phrase "trickle-down tyranny," which became the title of a best-selling book by Michael Savage. And I've coined many, many other phrases over the years as well. They've succeeded in getting into consciousness. Any of us can do this because we are conscious beings. You just sit down and decide what ideas you think are important to imprint in the consciousness of the cosmos, tie it to nature and just run with it. And you may be surprised how successful it can be in a short period of time.

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## Chapter 5

**W**elcome to Chapter 5 of the Contagious Mind. This chapter is kind of a bonus chapter. I call it Sharpening Your Mind: Silica versus Aluminum. We're going to get into some very interesting information here about how to keep your brain functioning well and help keep your mind clear so that you can do all the things we're talking about in this book.

It turns out that aluminum is a very toxic element, toxic to neurology. It's toxic to plants and animals, and humans as well. Aluminum is in a lot of things. It's in food, it's in the air, it's in the soil and the dirt. There are aluminum silicates. There's aluminum in detox products, like zeolites, which are primarily made of aluminum, by the way. There are lots of different sources of aluminum, and you have to get rid of that in order for your brain to function.

It's believed by a lot of people – a lot of nutritionist, scientists, medical professionals, and so on – that high levels of aluminum in your brain are associated with Alzheimer's or dementia, basically neurological degradation. This is because aluminum is toxic. It interferes with the normal functioning of nerve cells. And aluminum is not nutritive. There is no known beneficial function of aluminum in your body like there is for iron, for example, or magnesium, or even manganese, selenium, zinc, and so on. For aluminum, there is nothing good about it.

Now, how do you get rid of aluminum so that you can protect your brain function? The answer, surprisingly, is found in silicon, which is an element. Silicon (Si) is an element, and in various forms, it is generally referred to as silica; but that's a generic term. The word silica doesn't really describe the molecular morphology of what exactly we're talking about, so I'm going to try to be more specific here. I'll talk about silicon as the element, and then I'm going to be

talking about orthosilicic acid, which is a very specific configuration of the silica atom (Si) surrounded by four hydroxyl groups (OH). That creates orthosilicic acid, where ortho means 4.

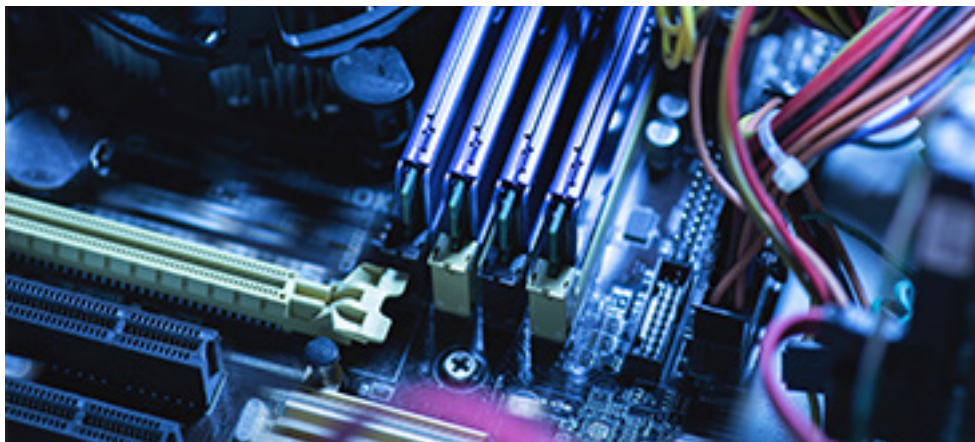
First, I want you to understand that silicon is used in computers to keep time, and the brain of the computer is the CPU, or central processing unit. The brain, it has to work off of a clock of cycles in a certain frequency. So, you'll hear that, "Oh, this CPU, it used to be 4.77 MHz back in the 1980s, now they might run it at gigahertz (GHz) speeds. That describes how quickly the computer's clock is ticking forward. And with each tick forward, some of the circuits in the CPU are able to process a chunk of logic, which, in these multi-channel processors today, might be a mathematical equation or a GPU-rendering unit, or what have you. Or it's moving a chunk of data from RAM to the CPU, or back to RAM, and so on. So, all computers have to have a clock, and I'm not talking about the system clock that tells you it's 5:35 PM. No. I'm talking about the onboard silicon clock that produces the gigahertz frequencies that essentially control the timing of the CPU and RAM and everything that's happening on the motherboard of the computer.

These clocks that control these computers are made of quartz. Quartz is a crystal oscillator, and quartz is made of just two elements, silicon and oxygen. Interesting, huh? Silicon and oxygen makes quartz. In fact, if you go to a gym store and you buy a quartz crystal – it's semi-translucent, normally, kind of whitish but somewhat translucent, and comes in different shapes and different shards. They have kind of a geometric shape to them, kind of fun to look at, quartz and crystals. You're looking at the exact same thing that functions inside a computer's CPU in order to keep time for the computer. Now, this is all going to tie together, so stay with me here.

Quartz is made of silicon (Si), the element. Quartz helps your computer's brain function. In a different way, silicon in the form of orthosilicic acid also eliminates aluminum from your brain, allowing your brain to function. So, the tie-in here is that silicon, Si, is used both in the brains of computers and also to maintain the brains of human beings. And I find that fascinating. It doesn't mean we're computers or robots or cyborgs or anything – although I'm not too sure about Mark Zuckerberg – but silicon is useful in both cases.

Now, let's get to understand quartz a little bit better. So, quartz – this is from CircuitDigest.com, by the way – quartz is a mineral composed of silicon and oxygen atoms. It reacts when a voltage source is applied to the quartz crystal. So, when you apply voltage, it produces what's called a piezoelectric effect. When you apply voltage, it changes the shape of the crystal and produces mechanical forces. And then those mechanical forces, when they revert back to their original shape, produce an electric charge. So, what's happening in computers is they're applying a small amount of voltage to an actual piece of quartz, and this quartz is oscillating at a known frequency, and this frequency is based on the elements inside the quartz crystal. So, your computer is running on a vibrating crystal, just so you know, and it's a piezoelectric effect. When you convert electrical energy to mechanical energy, or mechanical to electrical, that's called transduction; devices that do this are called transducers. According to Circuit Digest, this produces a "very stable vibration," or "stable oscillations."

Just to be clear, when you're applying power that is electric voltage to a quartz crystal, it produces mechanical vibrations that physically change the morphology of that crystal at a microscopic level. And then that change produces additional electric signals because of the transduction. These newly produced electric signals are oscillating at a known frequency, and it's that frequency that is used by the CPU to determine the clock cycles of everything on the motherboard, from the RAM to the central processing unit, and so



on. In other words, silicon crystals, in the form of quartz, allow computers to run and maintain their central processing units.

Now, the elements that go into quartz are nothing but a silicon and oxygen, and the form of this is called silicon dioxide. It just means one silicon element and two oxygens. That's all. So, dioxide just means two oxygens. A lot of people think, "Oh, it sounds like a scary chemical." It's not. It's just two oxygens together. So, silicon dioxide is quartz.

Now, if you were to eat a quartz crystal in powder form, it would be incredibly harmless. In fact, silicon dioxide is a known ingredient in supplements and also in certain types of personal care products. You've probably seen this listed on a sun lotion or something else. Silicon dioxide, what is that? It's just ground-up quartz. It's the powdered quartz crystals, just quartz in powder form. It flows very easily. It's very white, so it makes creams and lotions look white. And I think it's used in some supplements as a flow agent as well.

This stuff is essentially harmless. It just passes right through your digestive tract. It's kind of like eating little tiny pieces of sand. Not that I would recommend

doing that, but if you did, it would be harmless. If you've ever eaten sand, you'd just eventually just defecate it right back out because your body can't digest sand. It can't digest silicon dioxide either, because the crystal, even in powder form, is too durable. But if we take this silicon dioxide, rearrange it and add two more oxygens to it with hydrogens attached to each oxygen element, then we get a form called orthosilicic acid (OSA). This is just the silicon element in the center with an OH, or a hydroxyl group, at each of the four points that's attached to the silicon.

Now, on paper, if you're looking at this in 2D form, it looks like there's an OH group above the silicon, below it, and to the left and to the right. That's the two-dimensional kind of version of this. But that's not the way it works in the real world. In the real world, the OH groups form up as corners of a pyramid, and inside the pyramid is the silicon element. So, imagine a three-sided pyramid – not a four-sided pyramid but a three-sided pyramid. It has three points at the base and then one point above. Imagined that the length of each edge of this is all the same, but then inside the pyramid, you have the silicon. That's what an orthosilicic acid molecule looks like.

Now, what's the big deal about this? When you drink orthosilicic acid, it's bioavailable in liquid form. And by the way, I don't sell it, so this is not a product pitch. And by the way, I think it makes water taste really wonderful. When you drink this, this molecule binds up with aluminum in your blood and in your tissues. It actually binds to the aluminum, and it creates larger molecules called aluminum silicates. These aluminum silicates are large enough to be grabbed by the kidneys, as your blood is kind of being filtered by your kidneys. And then your kidneys are able to eliminate this, send it on to your bladder for urination out of your body. Then, you're essentially peeing out aluminum with the orthosilicic acid that's bound to it. You could say that the orthosilicic acid is a kind of a trap for aluminum. It traps the aluminum and carries it out, and then your body gets rid of it. This is how you can eliminate aluminum from your body.

Now you might wonder, where do you get orthosilicic acid? And it's interesting. There are some natural sources. The ones that I know of – I've done quite a bit of research on this – one is horsetail herb. But horsetail herb grows in sand, typically. As it's growing in the sand, it's converting the sand, which has also silicon in a certain form, into orthosilicic acid. And so, if you take the horsetail herb, which is also just a rich source of silica, and if you process it into a tincture, you'll get out some amount of orthosilicic acid. But you have to harvest it at the right time of year. I think kind of mid-spring is my understanding of when it has the highest concentration of orthosilicic acid.

A second source is bamboo. I've tried to get bamboo sources, something like bamboo powder that's high in orthosilicic acid, and all I've received so far is just silica. So, the bamboo that's out there in the marketplace – at least that I've bought on Amazon – does not seem to contain OSA, even though it claims to. So, there's a lot of garbage sold on Amazon, even in the supplements area – a lot of things that aren't really an accurate description of what they're selling. Basically, if you buy orthosilicic acid in the form of bamboo off Amazon – at least in my experience – you're just basically buying expensive sand and eating sand. So, that's not a good source.

A third source that is a natural source is Fiji water. Now, Fiji water, it's a brand, it's bottled water. It's sold all over the place in airports and grocery stores, and so on. Fiji water naturally contains pretty high amounts of orthosilicic acid, simply because of the

mineral composition of the aquifer where this water comes from. Somehow, underground, there's a lot of silica, and then, somehow, it's made into orthosilicic acid, which is water-soluble and also bioavailable, and it ends up in Fiji water. And so, they're just bottling that, and it's just this incredible gift. Whatever company, the Fiji water company, that stumbled across this is sitting on a gold mine because, in my view, Fiji water is actually something that can, for example, protect children from aluminum in vaccines. In my opinion, it can help protect the elderly from aluminum poisoning that could exacerbate Alzheimer's or dementia and many other things. I think Fiji water is a truly healing, almost miraculous, water. That's one other place you can get it.

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There are also some other supplements (some liquid supplements) that are sold by companies that are experts in this. The one brand that I know of in this category is called Orgono. You can probably find this at health foods stores. It's called, Orgono G5 Siliplant, as in silica plant. It's marketed as kind of a collagen booster, or a supplement for joints and bones. I think this company, Orgono, has a couple other products as well, like living silica, things like that. That company, I think, has good quality. I don't know about the others that are out there, but I would just be careful because if you don't get the right form of this, i.e., if you're just drinking generic silica or a bamboo leaf extract that you're not sure what's the form of, you may not be getting the orthosilicic acid. That's a very specific form.

You know I have a food lab, and I was even asking my chemists to look into this and to do some research, find out if could we test the morphology of the various forms of silica, and maybe buy a bunch of these supplements just to see which ones actually have orthosilicic acid. You don't want to just drink silica, just generic silica, whatever that is. I don't know what molecular form that is. I want the orthosilicic acid.




It turns out, it's a pretty complex thing to do this correctly in the lab. And we did not have the bandwidth to really pursue that research just for testing other people's products. It's probably a kind of six-month or maybe one-year project in our lab so we never did it. And really, what you need is an instrument called a – it's kind of a nuclear magnetic resonance imaging type of system for looking at the polymorphism of molecules. It's about a million-dollar instrument, and you have to have all this electromagnetic shielding and everything. And even then, it only gives you a statistical probability of what it's seeing, and things like that. It's like, "wow, I'm going to spend a million dollars and build a new building and only get maybe a percentage." No, thank you. That sounds like too much work.

On this topic, it's kind of a "buyer beware" situation, which is true with a lot of supplements and a lot of mineral supplements. Some minerals can be really toxic, and some of the detox supplements that are sold out there actually contain a lot of aluminum, which is crazy. This is something that I've talked about publicly and even exposed as a whistleblower. Some of these detox supplements, I think, have poisoned a lot of people. They contain aluminum. Aluminum is actually – it's known as a flocculant in water filtration or water purification. If you add certain forms of aluminum to water that's dirty, the aluminum will bind to a lot of the materials and precipitate them out of the water.

And I remember, a few years ago, there was a water – it was like a detox supplement – that this one group was selling through a bunch of online webinars. They were doing a demonstration like, "look, we pour this into the water. And then, all of a sudden, all this toxic crap falls to the bottom." And they were saying, "See? That's how it works in your body. It removes everything that's toxic and just leaves your body clean." Well, the problem is, the substance they're pouring into the water is mostly aluminum, which means you were drinking aluminum, and that's still sold on Amazon.com, by the way. You can still buy it. I'm not going to get into the name and everything right now, that's not the focus here. But just be very, very careful about buying mineral supplements.



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One of these is sold as an iron supplement when it's actually high in aluminum. It's a liquid iron supplement. Again, just be very, very cautious. Some of these supplements are sold – those kinds of like magical mineral concentrates, or something like that. It's crazy how much aluminum is sold out there.

There's even a type of product that's sold in, I guess you could say, kind of like the raw vegan circles, and it's called Shilajit. I think it's an Indian name, and it is spelled kind of like "Shi-la-jit." We tested it in the lab. It's crazy high in aluminum and lead. It makes people feel like really energetic when they eat this, and that's because they're getting metals poisoned. I think I may have mentioned this before, but if you inhale mercury vapors, it's very stimulating, and this is why mercury was used as a medicine throughout the 17th and 18th centuries, for example. It was believed to be quite a healing substance because people would have a rather strong reaction – kind of an inflammatory reaction. Because the mercury was killing so many of their cells, their body would react and, like, come to life in defense. So, people would smell mercury vapors, and they would suddenly become more awake and aware. It was assumed that this is because mercury is doing something good.

Even in the 1960s and 1970s in the United States, you could buy a mercury-based antibiotic ointment or cream. You could put mercury on your skin. And, of course, the American Dental Association has had mercury fillings that are still put in the mouths of people, especially low-income people. Right now, in Mexico and in Central and South America, you can buy skin whitening creams that are made with mercury, because a lot of Latino women, especially, want to appear more fair in their skin. They want to be more "white-looking" because, for some reason, they associate white skin with being more upper class. Because those who have really darker skin tend to be agricultural workers and spend more time in the sun, and so on. This is also true in Japan, Taiwan and China. In those countries, especially in China, a lot of skin whitening creams are also contaminated with mercury.

I just want to put this word of caution out there. If you want your brain to work in order to do everything that we've talked about in this book, you need to obviously not poison yourself with toxic elements, mercury, lead, arsenic, cadmium, aluminum, excess copper, and so on. You need to figure out how to get good

elements into your body in the right ratios. And silicon is one of those in the form of orthosilicic acid.

Here's my advice on how to test a supplement. It's going to be my taste. First, go out and buy some Fiji water. I want you to drink that Fiji water and compare it to distilled water or tap water. I want you to really get familiar with that taste because Fiji water has a very specific taste due to the silica or the orthosilicic acid (OSA) that's in it, okay? Now, if you're normally a person who drinks a lot of sodas and very strong, harsh types of acidic drinks, you may not have the sensitivity to taste OSA. So, you might have to get off all that other garbage drink stuff, like Gatorade or whatever. Get off all that to restore the sensitivity of your taste buds. With a little bit of time and just some observation, you should be able to taste orthosilicic acid. I can taste it. To me, it tastes slightly sweet and very rich. It has a depth to it. It makes the water sweeter and richer, somehow. It's like gourmet water; that would be a way to describe it. That's how it tastes to me.

Now that you have that taste in your memory here, if you want to go out and buy some supplement that is a silica supplement, or a silicic acid or orthosilicic acid, test that supplement, then. Add it to some water and taste it. See if it tastes like Fiji water. If it doesn't taste like Fiji water and if it's not water-soluble, it's not orthosilicic acid because orthosilicic acid is completely water-soluble. It just mixes with water and it stays in solution; it doesn't settle to the bottom. And OSA has a very specific taste. That's my advice. I'm just trying to give you a little bit of help here. Personally, this is a supplement that I drink every day. I add it to my water. So, I take this every day. I think it's one of the reasons why I continue to have good cognitive function into my fifties – it is my age at the moment. I'm taking this every day because I think you have to eliminate aluminum every day. So, this is something that I almost ritualistically add to my water, even though I don't sell this product. I don't even have a supplement like this in the Health Ranger Store. Kind of wish I did, but I think that just adds to the credibility of what I'm saying here, in fact. I don't sell it, but I'm raving about how important this is. This should be, I think, part of your everyday diet, in my opinion, if you want your brain to work well.

I just think it's fascinating that the same substance, silicon, helps computers function and can also help your brain function. It's the same substance. It just

seems really extraordinary. And on top of that, it's a crystal in the shape of a pyramid. I mean, it's like the new-age chapter of this talk, but it's not new-age. I mean, this is just straight molecular science, it turns out. Crystals are real, and orthosilicic acid is real. Aluminum is real, and this effect is very, very real.

If I were advising someone who was about to get vaccinated for whatever reason, and I knew that there were going to be aluminum adjuvants in the vaccine – see, I think some of the damage from vaccines comes from the fact that some people aren't able to clear the aluminum quickly. And, by the way, predominantly, those tend to be young black males. This is why autism is a much higher risk in the black community, and this has been admitted by a top CDC scientist. But the whole media covered it up. This should be tested, but I believe that if we gave babies orthosilicic acid as part of their water, or if mothers drank orthosilicic acid while they're nursing, then those babies would be able to more quickly clear various forms of aluminum used in adjuvants, in vaccines. And we might be able to prevent thousands of cases of autism a year, just using this OSA substance.

Now, I can't prove that. It's something that I believe needs to be tested, but it is a feasible argument. It's a plausible theory that could help save lives. And yet, no one is willing to talk about this in the vaccine establishment, because their assumption is that vaccines aren't harming anyone. So, until they embrace the harm that's being caused by them, then there's no reason for them to talk



about how to prevent the harm, is there? And that censorship is harmful all by itself, because they're denying the problem. And thus, they have no ability to look at solutions.

This is a solution. It can also help the elderly. It can help remove aluminum from heart tissue also, and kidney tissue as well. Kidney dysfunction is caused by aluminum toxicity. So, there's probably no organ in your body that can't benefit from removing aluminum. So, just something to ponder here, in terms of everything else that we're trying to do with our consciousness and intention. If you're poisoned with aluminum, you're not going to be effective in other things that you're attempting to do, so get the aluminum out.

Before I wrap up this chapter, I better just add in a note about Fiji water. There is always controversy about bottled water companies. Number one, I don't have any relationship with Fiji. They're not even aware that I'm talking about them. They don't pay me. I'm not a spokesperson for Fiji. I don't even know if they agree with what I've said. The thing that's remarkable

about Fiji water is the silica or silicon content in the form of OSA.

I think the Fiji government earns revenue off each liter of this water, so it's kind of helping to support the local government as well. But I think a few years ago, Fiji was thinking about moving to New Zealand and bottling water there. The problem with that, of course, is finding an aquifer in New Zealand that happens to have orthosilicic acid. It's seemingly an impossible task. I don't know of any aquifer anywhere in the world that has the same composition as this Fiji water. In my view, again, this Fiji water product is miraculous. I think it has healing properties that are yet to be recognized around the world.

The controversy about Fiji water has to do with the fact that it's using plastic bottles. It is, yes. It's using plastic bottles. But so is Coca-Cola and Pepsi. And yet, Coca-Cola and Pepsi are just filtered tap crap, basically. I mean, it's tap water that's filtered and put through RO units, and then they put in some little inkling of minerals but not orthosilicic acid. Comparing Fiji water to Dasani water, which I think is a Coca-

Cola product, is like comparing apples and oranges. There's no comparison. Coca-Cola is like an artificial water from the municipal tap, whereas Fiji water is water that literally comes from the Earth and has an amazing healing matrix of minerals. So, there's no competition. I would drink Fiji water over any other kind of water anywhere on the planet.

Then there's the question of the carbon footprint of the shipping of Fiji water. But, guess what? Most Fiji water is shipped by ship, which is very economical, because the weight of it doesn't affect anything. The ships have buoyancy, so the weight, it doesn't add anything. It's really just the volume of the bottle that counts. And these cargo ships are very, very efficient, so that doesn't add much of anything. Shipping a container from Fiji has very small costs of carbon emissions per bottle compared to the grapes from Chile you're buying at the grocery store in the middle of the winter in America. Now, those are road miles. Those are grapes shipped on trucks that have tires, use highways and are far less efficient than a container ship on the ocean, it turns out.

People are going to say, "well, it's Fiji water shipped all the way from Fiji." Have you looked in your refrigerator lately? Because most of the things in there came from somewhere else. Especially people that are juicing celery in the middle of winter in Michigan or somewhere. There's no celery growing nearby. That celery is coming from maybe Mexico or South America or somewhere else.

This idea that Fiji water comes from Fiji is something bad, I dismiss that. I think that's the point. It's a special water. It's kind of like, hundreds of years ago, the Kings and Queens of European nations would pay top dollar for spices in the spice trade, spices from India and Pakistan and wherever. The Far East spices, they were amazing. You could get turmeric or cumin or paprika. Only Kings could afford the prices of these spices because you couldn't get these in London or wherever. It's a fact that these come from somewhere else because Earth has unique properties and different geologic regions. That's actually a bonus. That's what makes these products amazing, as far as I'm concerned

In terms of the plastic – and I apologize for kind of getting off topic here – but I don't want to be criticized about Fiji water without telling my side of the story here. As far as the plastic goes, Fiji water

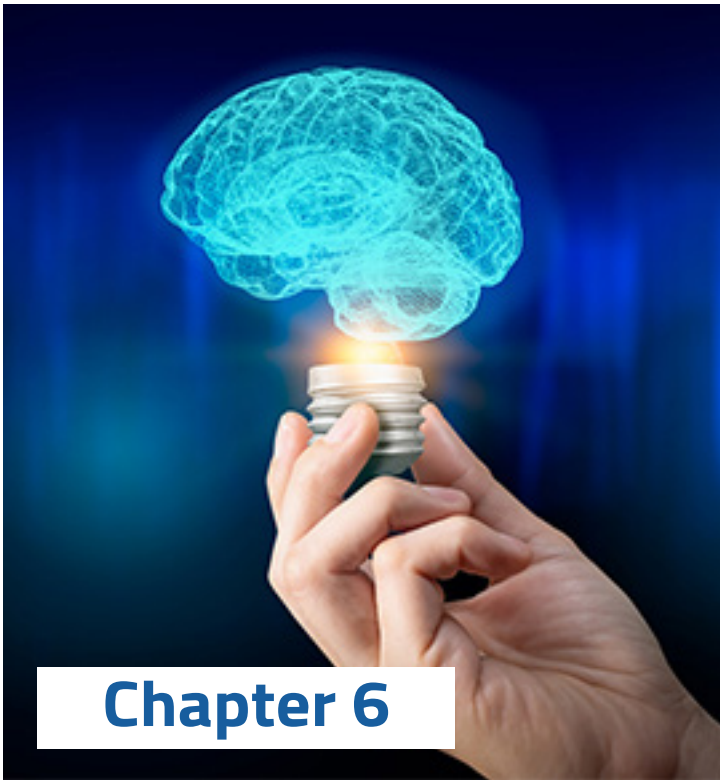
bottles are a higher grade plastic than the cheap, garbage plastic from other companies. If you want a really cheap plastic, find the Arrowhead – I think that's what it's called – water that's sold in grocery stores in North America. It's like the thinnest plastic possible. I'm surprised the bottle even holds its shape. The only reason it does is because it's got so much water in it that you can't quite crush it. But Fiji water bottles are actually higher-quality water bottles, and they're perfect for storing water. After you've consumed the Fiji water, fill it up with your own home-filtered water and then use it as water storage.

It's one thing that I found out during the Texas rolling blackouts that happened. When was that? March or late February of 2021? I had a week without electricity. Water pipes had burst. The temperature dropped down to five degrees. The whole state experienced a blackout. The cell tower stopped working, everything. It was quite insane. What I discovered during that week was that, even though I'm a prepper, I still could have used more containers for storing and moving water. Fortunately, I had buckets and barrels and 55-gallon drums just because of the business I'm in. But I didn't have a lot of small, easily portable containers. If I had a bunch of Fiji bottles, that would have been perfect.

The thing is, if you buy Fiji water, just don't throw the bottles in a landfill. Instead, use them to add to your storage of water for emergency purposes. Now, you've got the full benefit of everything. You get the orthosilicic acid, you get a high-quality bottle for emergency preparedness, and you're not adding to landfill. You're enhancing your health and clearing aluminum, doing all these things at once.

As far as I'm concerned, I think Fiji's a winner. That's just me. But you know, other people will have different opinions. Or, you could grow horsetail herbs and make your own tinctures. But that requires a certain climate and certain amount of sand. You need to have kind of a creek, and you need to harvest all the horsetail. It's a lot of work. Horsetail's kind of finicky, and it only grows in certain conditions. Anyway, those are my thoughts on the subject. That's kind of a wrap for this bonus chapter. Thank you for listening. Next, we're just going to wrap up the whole book with the conclusion.

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## Chapter 6

**W**elcome to the conclusion chapter of *The Contagious Mind*. I hope you've enjoyed this discussion so far. We're just going to go through some of the highlights here and kind of review what we've talked about and perhaps, what we've learned in all of this.

Just to start with, we talked about this idea of morphic resonance and how information, structure and knowledge is automatically shared through these morphic fields, which are part of the cosmos created by God. And remember, I called it God's Cloud Storage System or a Cloud Computing Platform.

In my belief, this is something that is natural. It is not supernatural. It is a normal part of the way the universe works, and a normal part of the way consciousness works. It means that knowledge and skills can be shared. In fact, they are automatically shared without you even consenting to sharing them. Just by thinking something, you are helping to make that neural pathway more normal-feeling or normal-seeming to someone else. Morphic resonance describes this phenomenon, and it applies to crystals.

Remember, we talked about xylitol and ampicillin. It applies to molecules, which are unconscious. It applies to conscious creatures of all shapes, sizes and kinds, including spiders, salamanders, all insects, and so on. Of course, it also applies to mammals and humans.

It is a natural phenomenon that extends mostly from consciousness, but also from unconscious patterns, such as crystals, molecules, and so on. But when you add consciousness to this, then you can choose how to imprint these morphic fields. You can choose what information you want to help share with other conscious beings, who are automatically tied into it.

What this means then is, in chapter two, we talked about how this is a way to defeat censorship with the power of your mind, the power of creating ideas and sharing knowledge through this morphic resonance system. You can add to this power by engaging in morphic field imprinting through multiple vectors. Like we talked about, you can think of something and then, you can speak about it. You can draw it. You can sing it. You can pray about it. You can act it out. You can create memes or sculptures, or dance or do whatever. Multiple dimensions, and also multiple people – the power of groups of people doing all these things together, it is real. It does help imprint the morphic fields and spreads knowledge and ideas to others, even without their awareness that it's happening.

We also talked about how negative forces can exploit the phenomenon to push negative ideas or false ideas as well, and why globalists are trying to destroy the human brain and the mind through a number of methods, such as distractions, the chemical poisoning of your brain, 5G radio, fear and media terrorism, COVID terrorism and the intimidation of your consciousness, all these things. We also talked a little bit about aluminum and heavy metals. Their goal is the suppression of your consciousness.

The big upshot from that is that your nutritional health and your ability to function as a conscious being go hand in hand. You have to have a healthy brain in order to have an effective mind that broadcasts information through the cosmic fields. In order to have a healthy brain, you have to have healthy blood. And in order to have healthy blood, you have to avoid toxins, eat well, have good nutrition and consume clean foods, and so on. So, it all goes hand in hand.

Then we talked about technology and how technology actually disconnects you from reality. As people get more and more into their technology – their iPads, iPhones, Android devices, and so on – they are losing the ability to communicate outside of technology.



We also talked about how the tech giants are using their near-monopoly over communication to suppress human knowledge instead of sharing knowledge. Google, for example, is about suppressing knowledge. Facebook is about suppressing knowledge. YouTube is about suppressing videos, and so is Vimeo, and others. Even MailChimp is out there suppressing emails that they don't want people to send. Technology, as it is currently structured, is harming humanity and preventing the spread of knowledge. This is why it's important to move to alternative platforms, by the way. One of my platforms is Brighteon.com, a free speech alternative to YouTube. And there are other platforms out there. As of right now, as I'm recording this, Mike Lindell is about to launch a new free speech platform called FrankSpeech.com. And then there's Parler and BitChute, and many others out there as well.

We also about how to become a better receiver. In other words, receiving information, knowledge and structure from the morphic fields, which involves becoming more sensitive and getting closer to nature, and removing yourself from the noise and distractions of a complex technological society. And remember that attention is a kind of currency. How do you choose to spend that currency? Also, remember that there's consciousness all around you. The more you recognize that there's consciousness in all living things, including plants and animals, the more sensitive you're going to be to receiving information.

And then, in chapter three, we talked about how to be a better transmitter, which is a totally different skill set, and how to share information in an effective way. And I talked about what properties or personality traits are necessary for a person to be effective at this. I also talked about

why it's important to use positive energy, positive emotions and positive intentions rather than negative intentions when it comes to imprinting the morphic fields. I quoted some Scripture as well – I think from John Chapter 1. "In the beginning was the Word, and the Word was with God, and the Word was God." So, God is the ultimate morphic resonance creator, you could say. In fact, He created the rules of morphic resonance that we are now using.

We talked about the things you can do with your lifestyle to become a more effective transmitter or morphic field resonator or imprinter. I got to come up with a better term for that. I don't know what the correct term is yet. I guess we need a morphic field meme about morphic field imprinting. That should be fun. But anyway, you need good nutrition. You need to disconnect from a toxic society. You have to avoid pharmaceuticals



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and antidepressants. You need closeness with nature and sensitivity. You've got to avoid substance addictions, horror movies and television that is just junk TV, and so on. So, these are habits that really affect our whole life direction. Not everybody can pursue all of those. I also talked about avoiding mind-altering drugs, alcohol, recreational drugs, and so on. I talked about some things that are good to transmit and things that are bad to transmit.

In Chapter 4, we talked about parsing language and how language is learned through morphic resonance. We talked about how your brain linguistically processes concepts in order to even negate them. I talked about how to succeed in getting ideas out into the world, even if you are criticized and attacked for those ideas. The fact that you're being attacked means that your ideas are being, at least, named and processed by other conscious beings. I talked about some of the concepts that are successfully being embraced by people all over the world right now. The world is changing very rapidly. There is a mass awakening taking place, and these morphic fields are part of how that's happening. I talked about how enemies of humanity have also used morphic resonance to spread dangerous and destructive memes, and how those are harmful to society.

And then, in the bonus chapter, Chapter 5, I talked about silica or, technically, orthosilicic acid versus aluminum. I talked about how this silicon element is used in the central processing units of computers to keep the frequency timing of CPU oscillations. It's also

used in your body to eliminate aluminum so that your brain can function as a biological processing unit. I talked about the structure and the shape of orthosilicic acid. It's in the shape of a pyramid, with the silicon element in the center of the pyramid. I talked about how that eliminates aluminum from your body and why you should avoid sources of aluminum that can be found in certain detox supplements or liquid mineral supplements.

With all that said, I'd like to leave you with a couple of, I think, profound ideas here. So, if you want to be free, you need to learn to control your focus. And if you want to help others be free, you need to disconnect from the slave system that is enslaving those others, i.e., television, pop culture, movies, technology, 5G, the Internet, all that stuff. You need to get close closer to nature, free your mind and clear your mind through clean foods and nutrition and healthy personal lifestyle habits. And then, you can contribute to the freedom and consciousness of everyone through this process of morphic resonance, even if you never have a Facebook page.

This power, this ability, has been with us since the beginning of consciousness. It can never go away. It cannot be suppressed by Big Tech, and they can't write laws against it because they can't control what you choose to think and what you choose to do with your consciousness. So, when you use technology, as I'm doing now and as you're doing now – we're both engaged in this technology – use it to promote these ideas of fundamental human freedom. But don't become swamped by so much technology interaction that you forget your humanity, that you are a creation of God or that you're an extension of nature – in fact, the same nature created by God. So, you've got to get back to remembering who you really are in order to help heal and awaken others.

Remember that your consciousness or your focus is a kind of currency. Always ask yourself how you are going to spend this currency each day you get up. "How am I spending my focus currency today? Am I giving it away for free by using Facebook, watching junk videos on YouTube and just watching junk TV?" Or are you using your focus to improve



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your life and improve the lives of other conscious beings throughout the cosmos, by helping to spread knowledge, awareness, awakening and fundamental philosophies that are divine, such as independent creativity, abundance, justice, love, peace, all of these things? Proverbs 23:7 says: "For as he thinks within himself, so he is." What you choose to focus on, you will transmit into the cosmos around you and it will affect others. Now, again, this doesn't mean that you can't be a whistleblower and raise awareness of problems in the world with the intention of solving those problems or, perhaps, defeating those problems if they're rooted in Satanism and demonic entities, and so on. But always make sure you have a solution behind every whistleblowing session. If you're going to bring up a problem, make sure you bring some sort of solution to the table as well, so that you're not just contributing problems to the cosmos, but you're also raising awareness by solving those problems.

Now, there's one more final thought in this. I think it is very powerful and very important to get across. If you pursue this lifestyle – what I've described here – you're going to be thought of as an outsider or maybe a fringe person by the hyperconnected technological society that judges you by how many likes you have on Facebook. They appraise your value by your success in their system. They don't even recognize the existence of your system, which is the divine system, the system of God and the cosmos. The most important takeaway in this is that you do not allow the gatekeepers of the world to appraise your value by their definitions, which are rooted in demonism, the suppression of knowledge, censorship and tyranny.

In fact, Paul speaks about this in 1 Corinthians – I believe it's a chapter 2. Paul says: "My message and my preaching were not in persuasive words of wisdom, but in demonstration of the spirit and of power, so that your faith would not rest on the wisdom of men but on the power of God." You see the important distinction there? "So that your faith would not rest on the wisdom of men." In other words, the artificiality of what man had created, which today is Google and Facebook, and so on.

And Paul continues, "We speak God's wisdom in a mystery, the hidden wisdom, which God predestined before the ages to our glory." "The hidden wisdom, which God predestined before the ages to our glory –" in other words, God created the very structure of the cosmos through which your consciousness is expressed. And this whole concept of this book, *The Contagious Mind*, which talks about morphic resonance, morphic fields and God's Cloud Storage, this is the hidden wisdom, which God predestined. You see God created all these patterns for us before we even came into existence.

Paul continues: "The wisdom, which none of the rulers of this age has understood. For if they had understood it, they would not have crucified the Lord of glory." See? "The wisdom, which none of the rulers of this age has understood –" so just like today, the leaders of Twitter and Facebook and Google and YouTube and whatever, they have no understanding of what we are talking about. They don't believe in God. Many of them are, frankly, child-trafficking pedophiles. They're demon creatures. They not only do not understand consciousness and the wisdom

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of God and the power of God, but they also reject it. And as Paul says, "For if they had understood it, they would not have crucified the Lord of glory." If they knew what they were doing, they wouldn't have murdered Jesus Christ.

So, Paul continues: "For to us, God revealed them through the Spirit. For the Spirit searches all things, even the depths of God." You see, suddenly this makes a lot of sense when you understand The Contagious Mind. Think about this: "God revealed them through the spirit," which means through consciousness, your mind, your soul, your mind's eye. "For the spirit searches all things." This means the spirit has access to all knowledge through morphic resonance. All knowledge is available to your spirit. "Even the depths of God –" in other words, through your spirit, you may even begin to understand a little bit more about God himself.

And then finally, in 1 Corinthians 2:15, this is the final line: "But he who is spiritual appraises all things, yet he himself is appraised by no one." I really want you to think about this phrase because this encapsulates what we're talking about. "He who is spiritual appraises all things, yet he himself is appraised by no one." So, what does this mean? Well, in my view, when we say "he who is spiritual appraises all things," it means whoever has this expansive consciousness and this deeper understanding about the nature of the cosmos and consciousness is able to observe and look at things that are happening in the world around them and understand the context, understand the true meaning of those things – which means that he can appraise all things. He is able to, in essence – you could use the term – judge all things; or better yet, understand or grasp the greater meaning of all things that are happening. Because when you have this kind of God's eye view – which, I mean, none of us can even begin to approach the mind of God; but through cosmic consciousness, we can kind of scratch the surface of it. We can gain a view that is much larger and more encompassing than what just a normal distracted techno-human would perceive. So, we're able to look at all things with a sense of value. That means that we're able to appraise all things. We can understand spiritually what is the real value of that thing that's happening over there. That's why we might look at some wealthy celebrity that just bought a billion-dollar home and has a bunch of diamond jewels on her hand or her neck, or whatever; and is famous on YouTube but is spiritually empty inside –

we would be able to look at that person and say: "that person's existence has zero value," even though the secular world would say: "Well, no, that person is very valuable. That person is a billionaire."

For example, one of the Jenners – Bruce Jenner's daughters – is, I think, a billionaire now because of a line of cosmetics that contains ingredients that I personally would say are very toxic. So, here's a person who became a billionaire by selling questionable personal care products. As someone who is spiritually aware, I would appraise that person as being worthless, as having zero value. But society would say that, since that person is a billionaire, that person is more valuable than I am because she has more money. But her soul is empty. She has no ethics. She has no morality. She has not contributed to anything that matters in the world other than spreading more toxic chemicals all around.

So, the last phrase from 1 Corinthians 2:15 is: "yet he himself is appraised by no one." So, "But He who is spiritual appraises all things, yet he himself is appraised by no one." What does that mean? It means no one can devalue you once you have this knowledge. No one can tell you that you are not valuable to the cosmos, or that you haven't contributed, or that you are worthless, or that you don't matter, once you have this spiritual knowledge. Because as a conscious being, who now knows how to read and imprint the morphic fields of cosmic consciousness, you now understand that you have not only tremendous value, but perhaps, you are among those who are the most important for determining the future of human civilization and what happens from here forward. And no one can appraise you at a spiritual level. No one can come to you and say: "Oh, you're poor. Therefore, you don't matter," or "your credit score is only 422 or whatever, you don't matter."

No one can appraise you from the secular world because your reality in your existence is transcendent to that secular world. And I believe this is what Paul is talking about in 1 Corinthians. This is a section about transcendence. You can ascend through this process just by cognitively recognizing what we've talked about here and then putting it into practice. You will become a transcendent spirit, a transcendent soul, who now operates in God's realm rather than the world's – the techno-humanist secular world. You now recognize, embrace and invoke the power of God,

as God laid these tools before all of us and yet hid those tools from those who are not willing to see God. Because, again, “we speak God’s wisdom in a mystery. The hidden wisdom, which God predestined before the ages to our glory.” This has all been out there forever. And yet, few, very few, have been able to tap into it because they’re too distracted by whatever’s on TV.

But the journey to get to this, it is not an easy journey. You can’t be effective at this if you’re abusing recreational drugs, taking a lot of mind-altering medications or living on junk food, and so on. There is a path to walk, to become effective in this and to join the ranks of this hidden wisdom that Paul speaks about, which God has granted to all of us. So, my question to you is, would you like to join me on this journey as we walk this path? Because it’s always a journey. None of us has reached the final destination. We can always do better, learn more, become more humble or clean up our own lifestyle more. I mean, it’s hard to be in this world right now, especially being involved in technology like I am, and then also find time to be with God and be with nature. It’s difficult. And I haven’t figured out all the answers to that either, nor have you; but we can take this journey together. We can walk with this goal in mind, which is to tap into and to, in fact, contribute to this hidden wisdom that God has provided for all of us as a natural law of the entire cosmos. All knowledge in the universe is available to us if we are only quiet enough to hear it. The voice of God speaks through the fabric of the cosmos, and God is speaking to each of us right now.

Thank you for allowing me to also speak with you for this entire audiobook. I feel the presence of God in sharing these words with you. And I hope that you will join me in honoring God and using these gifts from God to help create a universe that is more fair, more free, more loving, more just, more divine and more filled with conscious life in every form that we can imagine. That’s what I would like to see. And thank you for joining me on this adventure as we work together to make that a reality. I’m Mike Adams, the Health Ranger. Thank you for listening to *The Contagious Mind*.

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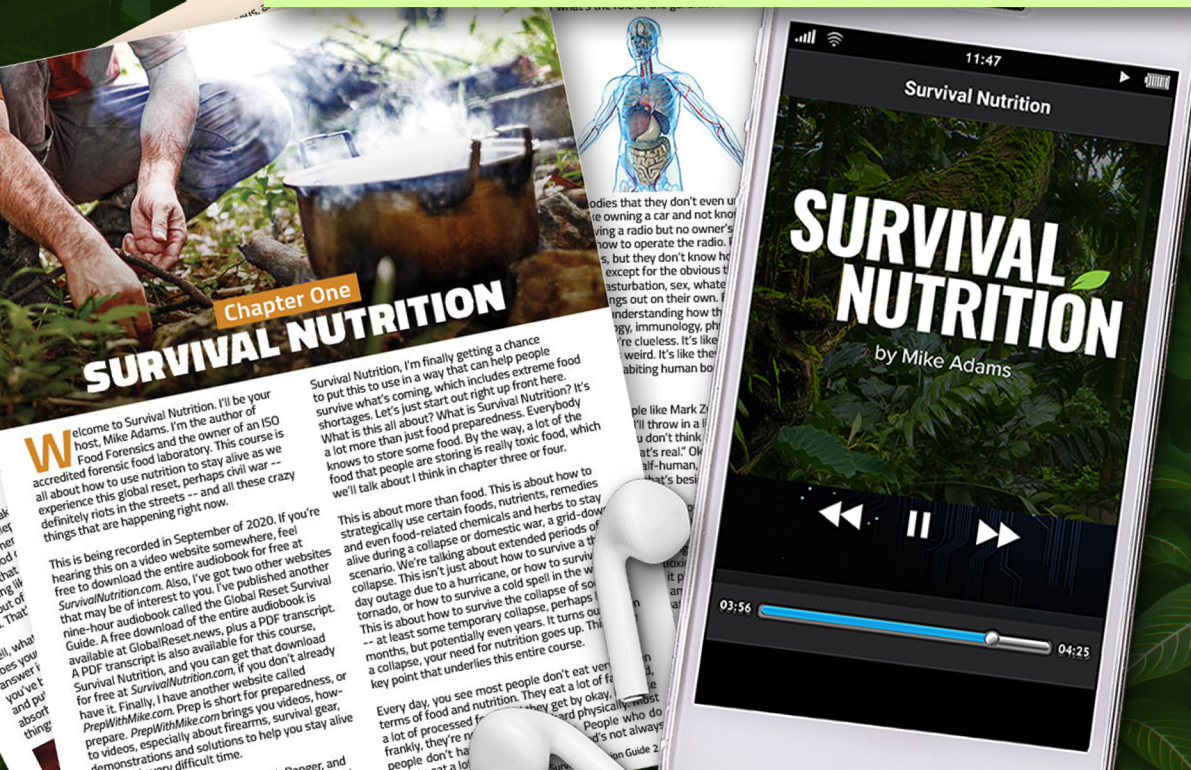
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