

You Have Cancer. You're Going to Die!

the doctors told me . . .

"But they were wrong!" says Lorraine Day M.D. She was diagnosed with invasive breast cancer and had a lumpectomy of a small tumor. But the tumor soon recurred, became very aggressive and grew rapidly. Yet Dr. Day rejected standard therapies because of their destructive side effects and because those therapies often lead to death. She chose instead to rebuild her immune system using the natural, simple inexpensive therapies designed by God and available to everyone, so her body could heal itself.

In her two videos, [You Can't Improve on God](#) and [Cancer Doesn't Scare Me Anymore](#), Dr. Day explains why you don't have to accept a death sentence from your doctor and how this plan has been used successfully by many patients with different types of life-threatening diseases to regain their health.



Marble-sized tumor



Tumor grew to the size of a grapefruit in less than 3 weeks!



Notice that the tumor extends far deeper than the dark red top portion.



Dr. Lorraine Day at age 60. Alive and healthy!



Is Dr. Day still alive? You bet!
[click here](#)

Dr. Day Responds to her Critics

"Woe unto you, when all men shall speak well of you! for so did their fathers to the FALSE prophets." Luke 6:26

- [AARP Attacks Dr. Day](#)
- [Dr. Dean Edell Attacks Dr. Day](#)

- [Loma Linda University's Ray Cress libels Dr. Day. Cress forced to write retraction.](#)
- [The Seventh Day Adventists Denounce their own Health Message as "Quackery" and attack Dr. Day! Press Release June 25, 2002](#)
- Psychiatrist [Stephen Barrett](#) Attacks Dr. Day -- Repeatedly!
- [New York Times](#) Attacks Dr. Day
- [FDA Warns Dr. Day She Cannot Say, "Beets are GOOD for you!" More harassment from Stephen Barrett!](#)
- [FTC Enforcement "Hit Squad" agrees that Dangerous Drugs Can be Promoted as Treatment and Prevention for Disease - but NOT wholesome, natural FOOD. This Signals the further Demise of Americans' Health.](#)

A WARNING TO MY CRITICS

For those of you who attack me or the truth I am telling, please be warned that there are SERIOUS consequences for you!

Here We Go Again!

I don't have a lot of time to devote to responding to my critics. They are a minor pesky annoyance to be sure but, since they always attract more attention to my message, in the long run they are a great help to my cause.

When one is speaking truth, whether truth in medicine, truth in history, truth in business and financial matters, truth in spiritual matters or truth in any other area, the critics will always attack en masse. It's automatic. They have their turf to protect! If I responded in depth to each one of them, I would get nothing else done, which is precisely one of their goals - to distract me from my mission. Instead, I will follow this wise counsel: "The best way to eliminate darkness is to admit light." So I will just continue telling more truth!

I am no stranger to attacks from the media, from medical groups, from special interest groups or from the government. My previous experience in speaking out about the AIDS cover-up by organized medicine and the government has trained me well and has given me increased information and discernment about the forces behind these attacks.

I have "been here" before. To quote a television comedian, "It's deja vu all over again!"

For approximately eight years, from 1987 to 1995, there was hardly a week that passed when I wasn't thoroughly "trashed" in some major newspaper in the country regarding my views on AIDS. Of course, now, 15 years after I first began speaking out, virtually everything I claimed years ago has turned out to be true. Organized medicine and the government have acquiesced on virtually every point on which they attacked me so viciously. Funny thing though, not one of those who attacked me has ever apologized. Oh well, I'll not lose sleep over it. It's obvious there's now another battle to be fought.

My book, ["AIDS: What the Government Isn't Telling You,"](#) written in 1991, details what happened to me when I began to expose the AIDS cover-up. Brick-bats came from every direction! My book may read like

a novel but it is totally factual. Every claim I made in the book is fully documented and it is still as true and up-to-date as the day I wrote it - with three exceptions. When I wrote the book, I did not know the following: 1) that AIDS is a man-made virus (I now have the government documentation confirming that this is true), 2) that AIDS is, indeed, curable! (See my video "[Diseases Don't Just Happen](#)"), and 3) that AZT, one of the most dangerous drugs on the market, will destroy even more the already suppressed immune system of an AIDS patient.

The powers who attempt to control all information in this country as well as your access to it are many, but all are very well coordinated at the top. For years I was unaware of the zealous cohesion among the hidden leaders of this manipulation, those few who from behind the scenes run the government, industry (including the cancer industry), organized medicine, politics, the economy, religion and almost everything else. The ones at the top believe they are operating in secret, in darkness - hidden from view, but they are unaware that someone on the inside, someone in their small select group, someone who knows everything they are presently doing as well as all their sinister plans for the future, will always leak that information. There is no honor among thieves!

Their overall plan of attack against ALL truth is diabolically ingenious and could only be planned by one individual, their leader, the Father of Lies! I will be exposing those involved and their "Plan" as time goes on.

With the dumbing down of students in the schools (also part of the plan of the aforementioned group), and the numbing effects of constant television-watching, people have become less able to separate truth from lies. The media's goal is to "promote both sides of the issue until confusion reigns" and the individual throws up his hands in exasperation concluding that is impossible to know what is truth. But truth CAN be known! If you keep searching with an honest heart, asking God to help you in your quest, He promises to "guide you into ALL truth." (John 16:13)

The war of Armageddon will NOT be a war between Israel and Iraq or some other country, although those countries may indeed go to war, the war of Armageddon mentioned in Revelation 16:16 is a spiritual battle, a battle between Truth and Lies, between Good and Evil, between Christ and Satan. It is going on right now. The battle of Armageddon is clearly about worship (see Revelation 14:9-12) - who will you worship: man or God, "science" or the God of the Bible. It is a battle for the mind, heart and soul of every person on this planet.

The main goal of the enemy is to stamp out Truth, to stamp out the Source of Truth - Jesus Christ, who said, "I am the Truth. . ." (John 14:6), to stamp out the true followers of Christ who exhibit the same character He did when He was on earth.

Everyone is involved in this spiritual battle of Armageddon whether or not you understand its full impact. Everyone is on one side or the other - either the side of truth or the side of lies. The outcome has eternal consequences. It is worthy of your attention!

AARP Attacks Dr. Day!

YOUR MONEY



Cancer and Snake Oil

Surf the Internet for a few minutes, and you're likely to stumble across something that so far has eluded the world's leading medical researchers: a cure for cancer.

Last year the Federal Trade Commission (FTC) turned up hundreds of websites touting unproven cures or treatments for cancer and other serious diseases. And experts say modern-day snake oil peddlers are popping up on the Internet faster than the FTC can shut them down.

One site pushes more than 100 "alternative cancer treatments" that it claims are "safe, effective [and] nontoxic." (A 30-page guide to them is \$18.75.) Another features Lorraine Day, M.D., who says that she defeated breast cancer by refusing "mutilating surgery, chemotherapy and radiation" and relying instead on "natural, simple, inexpensive therapies designed by God." Day's site, like many others, sells books, audiotapes and herbal products.

Other websites tout as cancer "cures" everything from powdered shark cartilage to herbal teas. There's hydrazine sulfate, a component of rocket fuel that purportedly works by depriving cancers of glucose, and Cantron, an electrolyte formula that, one website says, fights cancers by "lower[ing] the voltage of the cell structure."

Aside from economic harm, says the FTC's Rich Cleland, quack cancer products and

therapies may lead people to put off "obtaining legitimate treatment at a time when intervention may be most helpful."

At another site, an herbalist identified as "Dr." Richard Schulz goes so far as to promise in a video interview that "your cancer's going to leap out of your body!"

Last year the FTC obtained a \$4.3 million judgment against BioPulse International Inc., for making unsubstantiated claims about two cancer "treatments" it offered in Tijuana, Mexico. One of them, billed as "hypoglycemic sleep therapy," involved placing cancer patients in a series of insulin-induced comas over a seven-week period at a cost of nearly \$40,000. Some patients, according to news accounts, died from their cancers soon after receiving the treatment.

Then there's an electronic gadget called "The New Super Zapper Deluxe." Its inventor, Hulda Clark, claims that the device can stop cancer "immediately" by "selectively electrocuting pathogens." The price: \$159.—CAROLE FLECK

FOR MORE INFORMATION

The National Cancer Institute offers authoritative information at www.cancer.gov. To learn more about cancer quackery, go to www.quackwatch.org.



This Scam Alert column appeared in the January 2003 issue of the AARP Bulletin.

Read [Dr. Day's response](#) below.

Lorraine Day, M.D.
P.O. Box 8
Thousand Palms, CA 92276
1-800-574-2437
www.drday.com

January 14, 2003

Elliot Carlson, Editor AARP
 Carole Fleck, author of Scam Alert Column
 P.O. Box 199
 Long Beach, CA 90801

Dear Mr. Carlson and Ms. Fleck:

I want to thank you for mentioning me in your column "Scam Alert" in the January 2003 issue of the AARP Bulletin, page 18. Obviously **my message of Natural Healing is having a major impact throughout the country** if an organization the size of AARP, 30 million members, feels the need to attack me.

Yes, I am an orthodox medical doctor who was for 15 years on the faculty of the University of California, San Francisco, School of Medicine, considered to be one of the three top medical schools in the country. As Associate Professor and Vice Chairman of the Department of Orthopedic Surgery, I trained thousands of doctors.

In addition, as Chief of Orthopedic Surgery at San Francisco General Hospital, one of the premier trauma hospitals in the country, I ran the equivalent of a M.A.S.H. unit for many years. For the past 20-25 years, I have been invited to lecture to doctors at numerous University medical schools including Vanderbilt, Baylor, Cincinnati, Tufts, South Carolina, Iowa, USC, Minnesota and countless medical societies throughout the U.S. including the Massachusetts Medical Society, as well as other medical organizations around the world, including the Royal Society of Medicine in London.

How surprised they will be to find out that the very doctor, Dr. Lorraine Day, these highly distinguished medical groups invited as a guest speaker, you, the editors of AARP, have designated as a quack.

How could I, overnight, go from a highly respected surgeon at the top of my field, to an AARP-designated quack?

What was my "crime?"

Answer: I had the **audacity to successfully reverse** my severe, life-threatening cancer **WITHOUT DRUGS!** According to your business partners, the pharmaceutical companies, this is the **GREATEST** crime of all!

Yes, I did reverse my life-threatening, end-stage cancer by totally natural methods. (You can see the pictures of the huge tumor I had, as well as my biopsy reports at my web site www.drday.com)

Yes, I did refuse chemotherapy, radiation and mutilating surgery because, as a medical doctor with years of experience, I saw thousands of cancer patients die, **NOT** from their cancer, but from the **painful, maiming, destructive** "treatments" we doctors give them.

And Yes, I am **TOTALLY WELL** and Cancer-FREE a full 10 years after my tumor first appeared, and **EVERYTHING** I used to get well is totally free, except for food, and almost everyone has to buy that anyway.

But I understand your need to attack me and my reputation. Certainly you don't want your membership to learn how to get well from Cancer, Heart Disease, Parkinson's, Lupus, Arthritis, Diabetes and many, many other diseases by natural methods, without drugs of any kind. After all, one of the main functions of AARP, according to your own advertising, is to sell drug medications to your members.

Let's see, with 30 million members (all over 55) and each one spending maybe \$100.00 per month with AARP for their medication (a conservative estimate), that amounts to **\$3 BILLION** in drug sales **per month**. If your organization gets a cut of just 10% of that total, that's **\$300 MILLION per month** for you! If your cut is only 1%, that's still **\$30 MILLION per month** you are receiving, a minimum of **\$360 MILLION per year!**

When you have a multi-million dollar arrangement with the drug companies as you do, my message of **inexpensive natural methods of healing**, with **NO** adverse side effects, could really cut into a truly phenomenal income such as you are receiving. It's easy to see why you would choose to attack me.

One more thing, in your column you referred to natural healing as quackery, yet on the back page of your very same AARP Bulletin, January 2003, you promote a "Yearbook" with an advertising headline stating "Ordinary Ailments, Extraordinary Cures -- Health Breakthroughs and Remarkable Remedies." In that advertisement are listed SIX or SEVEN points of the TEN Step Natural Health Plan **I used to reverse my end-stage cancer!**

Why is it "quackery" when I promote it, but it's NOT "quackery" when YOU promote it? ([see ad in AARP bulletin](#))

Even MORE interesting is the fact that **you CHANGED the headline for the advertisement when it was published in your Bulletin**. Here is the [SAME ad](#) found in another paper. The heading is very different. It includes the words:

"Remedies That Work Better Than Dangerous Drugs Or Risky Surgery"

Your AARP Bulletin obviously required that the **ad be changed to eliminate these important words - to protect your enormous payoff from your drug business**. You have deliberately withheld potentially life-saving information from your membership for your own monetary gain.

In the interest of fairness, I'm sure you will be more than happy to print this letter in a prominent spot in your up-coming February AARP Bulletin. I give you permission, but **ONLY** if it is printed in its entirety. You do not have my permission to cut and paste portions to suit your own agenda.

Just in case there's an outside chance you are NOT interested in fairness, I will post this letter on my own web site at www.drday.com as well as other web sites, as the public does have the right to hear both sides.

Again, thank you for mentioning me. I could never afford to buy publicity like this to an organization the size of AARP, and here you have provided it for me free of charge. You have probably forgotten, or at least have not considered the fact that there are millions of intelligent and discerning members in your organization who will be perceptive enough to search me out, **to find out how they too can get well without the torturing pain, surgical disfigurement, and bankrupting expense of orthodox methods**.

Thanks for letting them know I'm here! They may not have found me otherwise.

Sincerely,



Lorraine Day, M.D.

Ad as it appeared in the AARP Bulletin
Note two things: the title and the numerous natural remedies in the ad.

ADVERTISEMENT



Strawberries may reduce stress and calm anxiety.



Walnuts may thin your blood and help prevent clots.



Bananas may calm a chronic cough.

“Ordinary Ailments, Extraordinary Cures — Health Breakthroughs and Remarkable Remedies”

FC&A, a Peachtree City, Georgia, publisher, announced the release of a book for the general public, *“The FC&A 2003 Yearbook.”* The authors provide many health tips with full explanations.

- ▶ Good news — you can eat as much of this as your body can handle and may add only a few calories to your diet! What's more, your body needs it to function at its peak.
- ▶ 10 foods that may help to clean and flush out your arteries.
- ▶ This delicious, vitamin-packed fruit may help to relieve arthritis pain.
- ▶ Flatten a bulging belly and strengthen stomach muscles — while strengthening your back — with this exercise.
- ▶ weight loss strategies.
- ▶ Tired? Read this to learn the causes, plus sleep tips for a restful night, anti-fatigue exercises, an anti-fatigue breakfast that will really wake you up, and a peppy potion for those sudden afternoon slumps.
- ▶ This vegetable juice may lower cholesterol and triglyceride levels.
- ▶ Help keep your memory sharp as a tack with this easy-to-grow remedy!
- ▶ Secret causes of tiredness or muscle cramps — and the foods that may help you.
- ▶ This vegetable contains a vitamin that may help neutralize a toxic chemical that causes hardening of the arteries.
- ▶ This remedy may reduce the level of names the three vitamins and their best sources.
- ▶ Four foods that contain a natural anti-histamine that may help open your stuffy nose.
- ▶ Rediscover the oh-so-important benefits of non-strenuous daily exercise! The little things you do to stay active may ensure lifelong health and happiness.
- ▶ 3 big secrets of people who live longer and do it in “picture-perfect health.”
- ▶ Heart attack! Make sure you know what to do if it happens to you.
- ▶ Delicious dessert contains ingredients amazingly known to help reduce heart attack risk, ease angina pain and lower blood sugar.

- ▶ mornings off right to avoid diabetes
- ▶ Ten ways to help arthritis pain, beta-carotene to vinegar!
- ▶ Treatments for helping reduce risk of heart attack or stroke. may also help improve the quality of your life.
- ▶ 4 herbs that help improve your health. The first two may reduce cholesterol levels. The third and fourth may prevent clogged arteries.
- ▶ This essential herb may not only kill bacteria, but viruses and infectious fungi, too!
- ▶ Folks over 55 have two reasons to take this potent vitamin. It helps strengthen muscles and immunity.
- ▶ Advice for people who do not want to suffer from arthritis of the hip or knees.
- ▶ Take a minute to check out 12 ways to help ease your back pain.
- ▶ This amazing mineral helps prevent “mental meltdown.” It affects everything from hand-eye coordination to long and short-term memory!
- ▶ Enjoy life-long sharp vision with this refreshing, minty herb that contains nutrients that may help to prevent cataracts.
- ▶ Help reduce your risk of developing cataracts, even if you strain your eyes often!
- ▶ Painful joints? You may find relief by balancing these two nutrients found in eggs, meat, milk and fish.
- ▶ 5 drug-free ways to help hold down high blood pressure.
- ▶ Track down migraine triggers. help get relief when you do this!
- ▶ Knee pain giving you trouble? your knees simply by wearing the right shoes!
- ▶ Just use these simple tips to help clear of gallstones.
- ▶ Super sleep solutions for insomnia
- ▶ Top 5 alternatives to pesticides — of them completely natural!
- ▶ The way you sleep at night could help you heartburn! Turn out the light and stomach acid when you read this book!
- ▶ Get smart with ginkgo. It helps

[Back to letter](#)

Same ad found in another publication. Notice that the Heading here includes the words

“... That Work Better Than Dangerous Drugs or Risky Surgery”

[BACK to Dr. Day's AARP Response Letter](#) | [Return to Dr. Day's Response to her Critics](#)

Cancer and Health - Books & Tapes

[Super Starter Package](#)

[4 DVD Package](#)

[Who Rewrote the Bible?](#)

Additional Information

[Testimonials](#)

[Why Your Doctor Can't Cure You](#)

[You aren't sick Because you have Cancer - You have Cancer Because you are sick!](#)

[Who Started the Organized Church?](#)[If Jesus Died for ALL, Why Can't He Save ALL?](#)[When is Jesus Coming?](#) [What Does it Take to Get Well?](#)[I Will Give You Back Your Health Again](#)[Germs Don't Cause Disease](#) [Stress Success \(5 CD Set\)](#)[Eye See: Prevent and Reverse Eye Disease](#)[Getting Started on Getting Well](#) (workbook)[Cancer Doesn't Scare Me Anymore and More on Cancer](#)[Double Blind](#)[He Loves Me. He Loves Me Not.](#)[Believing is Seeing!](#)[Drugs Never Cure Disease](#)[Sorting Through the MAZE of Alternative Medicine](#)[You Can't Improve Upon God](#)[Diseases Don't Just Happen](#)[Turn on the Light: Overcoming Anxiety and Depression](#)[Other Books and Videos](#)[What Do I Need to Get Started on the Health Plan?](#)[**Dr. Day Responds to Her Critics**](#)[**The Tumor Dr. Day Endured**](#)[What Happened to BarleyGreen?](#)[Good News About God](#)[Will My Body Heal Itself?](#)[Doesn't Everyone Die Sometime?](#)[What's New in Health and Disease](#)[Swine Flu HOAX](#)[Bird Flu HOAX](#)[SARS](#)[Small Pox](#)[Anthrax](#)[Mad Cow Disease](#)[Attention Deficit Disorder](#)[Questions on Dentistry](#)[God's Healing Promises](#)[Are Doctors a Gift from God?](#)[You Can't Twitter Your Way to Health](#)[Frequently Asked Questions About Health](#)[The Deliberate Destruction of America and the World](#)[Contacting Dr. Day](#)[Dr. Day's Media and Speaking Schedule](#)[**Bible Studies by Dr. Day**](#)[Bible Studies](#)

ORDERING INFORMATION (for all books, videos & audios)

[BACK HOME](#)

You Can't Twitter Your Way to Health!

Lorraine Day, M.D.

There are only three things in life that really matter: 1) one's relationship with God, our Creator, 2) one's relationship with the members of his or her family, and 3) one's health.

And if you don't have your health, life is barely worth living.

Yet no one wants to spend time, diligent study, effort, and self-control to maintain their health or to retrieve it, once it is lost. People are willing to spend money – even lots of money – for drugs and surgery, but they're NOT willing to spend time, diligent study, effort and self-control to get well.

The following is an actual e-mail – word for word - I recently received.

Dr. Day: I sent you a self-addressed envelope regarding how to treat breast cancer naturally. I have not received anything yet.”

My response to her was the following:

“I have sent you a self-addressed envelope requesting full information on how to fly a 747 jumbo jet. I have not received anything yet.” Or, it might have been:

“I want to be a lawyer. I have sent you a self-addressed envelope. Please send me in that envelope everything I need to know to pass my bar exam.”

People are more willing to spend time going to Beauty School to learn to cut, color and style hair than they are willing to spend time learning how to maintain or re-gain their health.

It is almost unbelievable that a person would think that a letter-size envelope could contain all the information that is necessary to get well from a life-threatening disease.

Virtually everyone has given his or her life over to the supposed “Experts” with the unstated request that he or she (the one with the

life-threatening disease):

1. not be asked to do anything for themselves,
2. not be asked to diligently study and learn anything for themselves,
3. not be asked to deny themselves anything they like to do, or eat, or watch, or read – even if it is clearly harmful to them,
4. not be asked to think things through to analyze the long-term consequences of their choice of treatment,
5. not be asked to make a decision that might cause their family members to disagree with them
6. not be asked to follow any course that could possibly be frowned on by their friends
7. not be asked to do anything that would require hard work and total commitment in order to regain their health
8. not be asked to commit to a health plan unless they know exactly how long it will take to get well
9. not be asked to be patient in turning around a lifetime of abuse of their body by the way they have been living, thinking, acting, eating, and handling stress
10. not be asked to really trust God – as they much prefer to trust “man” - the doctors – who they can see and touch!

It seems that everyone wants to “twitter” his way to health.

For those who are not familiar with this term, *Twitter* is a free social networking and micro-blogging service that enables its users to send and read messages known as *tweets*. Tweets are text-based posts of up to 140 characters displayed on the author’s profile page and delivered to the author’s subscribers who are known as *followers*.

And this is how people approach their health. “Tell me how to get well from a life-threatening disease in 140 characters or less!”

Why are people so resistant – and so apathetic – to learning how to be healthy, even resistant and apathetic to learning how to reverse a disease that can kill them?

A. I trust my doctors knowing that “God works through doctors.”

Nothing could be further from the truth. **God does NOT work through doctors.** Everything that a doctor uses to “treat” diseases is devastatingly harmful to the body’s immune system – the one system in the body God has given us **to get us well.**

See: **“Are Doctors a Gift from God?”** (link directly below)

http://www.goodnewsaboutgod.com/studies/medical/doctor_gift.htm

B. Sense Knowledge “Understanding” of God’s Health Plan

1. Many people write to say, “I’m following your ‘diet’ - - - but **God’s Health Plan is NOT a “diet.”** The proper nutrition, though critical for recovery, is only Ten Percent of the Health Plan. In order to Get Well, one must follow ALL Ten Steps of the Health Plan with 100% commitment.

Disease is a “Spiritual” problem. It begins in the “heart” because we want to live, think, act, eat and handle stress **our** way rather than God’s way. Yet, the only part of the Health Plan that most people seem to grasp is the “food” portion of the plan.

They seem to have NO Spiritual understanding, and that applies to Christians as well. They only understand things with their five senses: what they can see, touch, hear, taste and smell.

The Bible tells us:

“The natural man (the unspiritual man – the one who can only understand with the five senses) cannot understand the things of the Spirit of God (Spiritual things). They are foolishness to him. Neither can he know them because Spiritual things are Spiritually discerned (understood).” 1 Corinthians 2:14

In order to understand Spiritual things, one must have the same connection with God that the authors of the Bible had when they were inspired by God to write the books of the Bible. Only when God opens the heart and mind of the individual, will he or she be able to understand Spiritual things.

“Juicing and Stuff”

One woman referred to God’s Health Plan as “Juicing and Stuff,” trivializing it, as though that would be the total method whereby God “heals ALL our diseases” as He has promised to do in Psalm 103:3. That characterization is insulting to God. God says,

“IF you follow My laws (that includes His Ten Natural Health Laws) My Commandments (ALL Ten of hem – including the Seventh-day Saturday Sabbath) and My decrees (including learning to FORGIVE everyone who has ever wronged you, including learning to LOVE your enemies, including learning to be Unselfish, including learning to truly TRUST God completely – rather than trusting “man” (doctors, family members and friends), I WILL keep you FREE from EVERY disease.” Deuteronomy 7:11-15

That is a 100% guarantee by God to heal ALL our diseases, but the guarantee is given **only if we do it HIS way**. And it includes far more than “Juicing and Stuff.”

God is the **only One** who can guarantee the Health Plan because He is the One who knows your heart, He is the One who knows if you are cheating on the Plan, He is the only One who can tell you what you need to get rid of in your heart in order to start on the road to recovery.

Others write to say, “I’m drinking 3 glasses of carrot juice a week” as though **that** is the Health Plan. Not only is that nowhere nearly enough carrot juice, but again, these people are unable to understand the enormous Spiritual component of their illness.

They are unable to understand that we give ourselves disease slowly, one day at a time, by the way we live, think, act, eat, and handle stress. Diseases do NOT “fall out of the sky” nor do they “just happen.” We give them to ourselves by the way we live, think, act, eat and handle stress.

In order to Get Well, one must be willing to admit to himself and to everyone else that he gave himself this disease, just as an alcoholic must stand up in front of the others at AA and say publicly: “I’m an Alcoholic.” Yet everyone, particularly those who are Christians are unwilling to admit they caused their own disease. Unfortunately the “Church,” erroneously and unbiblically, teaches that disease is unrelated to the way we live, think, act, eat, and handle stress.

When Jesus is making every decision in our life, we will not be sick because we will automatically be following God’s Ten Step Health Plan, and obeying “His Laws, His Commandments and His Decrees” (Deut 7:11-15) in every area of our life.

C. Unwilling to spend the time required in diligent study

Tell me what to do:

People are used to going to the doctor to receive a prescription for pills with specific directions for when and how to take them. Or they go to an Alternative doctor who sells them hundreds of dollars worth of supplements or uses some device on them. The idea that they must change their habits, their thoughts, their way of living, their spiritual understanding, and their belief system, is almost incomprehensible to them.

Those things take time and effort and self-control. It is a process - - not an instantaneous "Quick-fix." And few have the intestinal fortitude and the determination to follow through. They have been "trained" by the media, by society, by their parents, by their family and friends, and by their church to give over their decisions on their life and health to a doctor.

Many say, "A friend loaned me your video. . ." as though one viewing is all that is necessary to understand the program on how to keep their most complex, delicate and important "machine" – their body and mind - in proper working order.

Some become indignant saying, "Why don't you have your information on CDs so I can listen while I drive my car around town, running errands," revealing their total inability to understand the crucial importance of giving their undivided attention to the matter at hand - their health - particularly when they are often suffering from cancer or some other life-threatening disease.

They want to "catch the info on the run" rather than slow down – and sit down – and devote their undivided attention to their health, one of the most important things in their life.

When a person has a life-threatening disease, their complete focus must be on getting well. The whole family must rally together and relieve the person of the bulk of their responsibilities so their time and energy – with the help of their family – can be devoted to one thing and one thing only – for as long as it takes – and that is "Getting Well."

The Health Plan is not something that can be done as a side issue. It has to be the **central Issue** in one's life. If it isn't, the person's priorities are **ALL Wrong** – and he or she will **not** Get Well.

D. Unwilling to trust God to provide for us even though God promises "to supply all

our needs”

God has promised to supply all our needs – but ONLY if we learn to trust Him. And ONLY if we are willing to obey all we already know. In other words, we must already be obeying ALL that we already know **before** God will provide the understanding for the next step – and before He will supply the means to obtain what we need.

“Seek ye first the kingdom of God and His righteousness, and all these things shall be added unto you.” Luke 12:31

“But my God shall **supply** all your need according to his riches in glory by Christ Jesus. Philippians 4:19

God knows our hearts. He knows if a person is willing to follow God’s health plan with 100% commitment. And if so, He will supply all their needs.

E. Why People Can No Longer Think

Fluoride is in the water and in toothpaste. It is a poison. (See the Death Warning on the toothpaste tube.) It is also a major component of anesthetics used in the operating to make a person unconscious. Fluoride affects the brain, causing a decrease in mental acuity resulting in the inability to make proper decisions.

Educational “dumbing-down”: Please look at the 8th grade test of 100 years ago

Lack of attention span: Rapid changes in the picture on TV, MTV, commercials and the movies leading to a very short attention span, as do the use of energy drinks, caffeine, sugar, fast food, fat and hormones

Atherosclerosis and Obesity: A diet of animal products causes obesity and atherosclerosis. The arteries become clogged with fatty deposits limiting blood flow to the brain resulting in the inability to think and make sound judgments.

Lack of exercise causes sluggishness because not enough oxygen reaches the brain and muscles.

Laziness: very few people are interested in doing anything that is difficult – or uncomfortable – or requires dedication, commitment, and tenacity. People are often just plain lazy.

Drug medications: Every drug medication has an effect on the brain, causing a decrease in mental function. Some decreases are so small they are barely measurable. But many common drug medications cause a significant decrease in cognition and moral judgments.

Street drugs: God directs us by communicating with us through our brain – impressing us with his directions. If our brain function is suppressed with street drugs, drug medications, or alcohol, we cannot hear God's voice.

Extreme sports: Everyone wants to be “thrilled” with more extreme feats of sports, strength, treachery, or action. But these often cause the production of adrenalin in the body, ultimately sending the person into “adrenalin debt” resulting in extreme fatigue, tiredness, and exhaustion. Constant stimulation of the adrenal glands in this and other ways, can cause adrenal fatigue – one of the potential problems in fibromyalgia and chronic fatigue syndrome.

TV watching causes a person to revert to the level of a 6th grader, the level to which nearly all TV programs are geared. The viewer loses his ability to think and make sound judgments.

Consuming Sugar decreases memory and brain acuity, robs the body of vitamins and minerals crucial for proper brain function, such as the B complex vitamins, and causes irritability and emotional lability.

After a while, the person becomes putty in the hands of the New World Order, ready to accept the rule of his “master.” He has truly become a Slave!

F. Immaturity: Lack of Self-control and lack of Patience

Everyone wants a “Quick Fix.” The general definition of “lust” is: “I want what I want when I want it.” I must have instant gratification in everything in my life. I can't wait. I can't put off immediate gratification for a future benefit, even though it will be enormously important for my life. I must have thrills in sports, excitement in my job, everything I eat must taste good and everything I do must make me feel good.

But that is what a 2 year old wants – instant gratification – or else he will throw a tantrum.

But as we grow bigger – we must also “grow up.” We must mature and be able to put off what we want right now for our greater good later. Two of the “fruits of the spirit” are Self-Control and Patience.

I can't count the number of times a person with cancer or some other life-threatening disease has said one of the following to me:

“I'm not going to give up my meat.”

“I LOVE chocolate.”

“I hate to exercise.”

“I hate water.”

“I can't stand carrot juice.”

“I hate veggies.”

“How long will this plan take?”

“Now that you're well, can't you eat anything you want?”

These are all big red flags that literally scream out that the person has not yet matured. He or she is acting like a 2-year old - who is more interested in satisfying his or her immediate desires – than actually SAVING his or her LIFE!

That is a sad situation. And people who don't have self-control, can't get well.

Yet, if they turn to the Lord, and seek Him with all their heart in earnest and diligent Bible study and prayer, He WILL give them the self-control and maturity that they need. That's what Jesus Christ is all about. That is what it means to be a Christian – having the disposition, character and self-control of Jesus Christ Himself, exhibited in us.

We must “grow up” in Christ.

Christianity is about the here and now. Christianity is about letting Jesus make every decision in your life – NOW!

G. People don't want to study, concentrate, and learn. They shy away from anything

that is hard to do – even to the point of losing their life.

It is amazing that people will go to school for 9 months or longer to learn how to cut and style women's hair or to be a barber, or to be a dental assistant, or some other job. But they don't want to spend any time or concentrated effort on learning to be healthy, learning to **reverse their life-threatening disease – so they can LIVE!**

They want to be “spoon-fed” and coddled. They don't want to work hard or study hard – at getting well. They don't want to change their schedule, deny themselves something they like in order to learn life-saving information.

But without diligent, concentrated, determined study to learn WHAT is necessary to get well – and WHY – a person cannot be successful.

H. How little money it takes to Get Well – GOD'S way!

Orthodox therapy for cancer costs between \$300,000.00 and \$500,000 – on average. Yet people rarely complain. “Any price is worth it to continue to live,” they say. And any experimental drug that a doctor puts in front of them – no matter HOW potentially harmful it is – the desperate person will gladly take.

But many don't want to spend the equivalent price of a couple of tickets to Disneyland – a pleasure that lasts only a day – to invest in life-saving information that can benefit every member of the family every day of their long and healthy life, information that can **prevent and reverse life-threatening diseases.**

It all depends on the person's priorities!

One can only shake one's head at the short-sightedness that permeates society.

In addition, God PROMISES to supply ALL our needs, IF we Trust Him!

“But my God shall supply ALL your needs, according to His riches in glory, by Christ Jesus.” Philippians 4:19

Unfortunately, almost no one – including Christians – actually believes that text – and acts on it.

I. Obeying “man” – rather than God: Taking the advice of family, friends and doctors rather than trusting God.

The Bible clearly instructs us to obey God – rather than man.

“We ought to obey God, rather than men.” Acts 5:29

Yet, I constantly hear the following:

“I would prefer to follow God’s way and get well naturally, but my children want me to have chemotherapy.”

“I know chemotherapy is harmful, but my family is so worried about me, they want me to have it.

“The doctors tell me that I should have radiation.”

“My husband wants me to see the oncologist and do what the oncologist says.”

But God says,

“If any man will come to Me, and hate not his father, and mother, and wife, and children, and brethren, and sisters, yea and his own life also, he cannot be My disciple.” Luke 14:26

A person’s choice of treatment has eternal consequences. Will you choose GOD’S way – or will you choose “man’s” way – the way of the doctor and the advice of your family and friends?

The following is a question I recently received.

Q. My wife has been diagnosed with lymphoma. She has lumps around her neck. She is 52 years old and had been compelled by your testimony to take an alternative route to healing. Now, her family is pushing hard to get her to go the chemo avenue. She is confused, and I am afraid that she won’t give the Lord a chance to heal her by taking care of her body like He wants her to. I have seen death from the chemo and radiation too many times in my life through family members and friends.

A. This is a crossroads in your wife's life - and yours as well. She must decide whom she trusts: God - or "man" (friends, family and doctors). When one chooses his or her method of treatment, they often don't realize that it has eternal consequences. It is a matter of Allegiance - either to God - or to "man."

Again, God says the following:

"If anyone comes to Me, and does not hate his father, and mother, and wife (or husband) and children, and brothers and sisters yea and his (or her) own life also, he (or she) cannot be My disciple." Luke 14:26

God does not use the word "hate" as man does. In this passage, God is telling us that we must put Him – and His Word - above everyone else in our life. We must put our trust in Him – and NOT in "man" – whether it be doctors, or family or friends.

"No man can serve two masters: for either he will hate the one and love the other: or else he will hold to the one, and despise the other." Matt 6:24

"We ought to obey GOD - - - rather than men (mankind)." Acts 5:29

Confusion is caused by lack of obedience. If we are confused, it is because we are not obeying all that we already know. God holds us responsible for ALL that we know – and – ALL that we have the opportunity of knowing.

If we reject truth "God will bring on us a STRONG DELUSION so we will **believe a lie.**" 2 Thess. 2:11

If your wife decides to trust God - then she will be under **God's protection.** If she trusts in "man" (family, friends and doctors) then she will NOT be under God's protection - and there is only one being left whose "protection" she will be under, and that is Satan. There is no place in between.

As I said, your wife is going to have to make her choice. I imagine she probably considers herself a Christian, and she "believes" she trusts in God. Well, here is where the rubber meets the road. Most Christians THINK they trust God - but they really don't. When the chips are down, they RUN to "man" and trust "man" (doctors, pastors, church members, family and friends).

It is God who has created her body and knows **everything** about it, and **everything** used in the Health Plan was created by God - in the exact form God created it. It is God who gave His life for her and OWNS her ("You are bought with a price"). We are told to "glorify God in our bodies."

Your wife **gave herself** lymphoma, just like I **gave myself** breast cancer. Neither of us meant to do it, we did it ignorantly - by the way we were living, thinking, acting, eating, and handling stress. The **only** way to **reverse** cancer and every other disease, is to **change** the way we are living, thinking, acting, eating, and handling stress.

We are on this earth for **one** thing and **one** thing only - and that is to learn to **know** God - and to **trust Him with everything in our life**.

When Jesus is making every decision in our life - we will NOT be sick.

God **promises** to "heal ALL our diseases" (Psalm 103:3) but **only** if we do it HIS way and HIS way **only** (Deut 7:11-15).

Those promises were written over 3,000 years ago **before** there was "modern medicine," **before** there were **poisonous** drugs like chemotherapy, **before** there was **burning** radiation (**both** of which **cause** Cancer and **destroy** one's immune system - the **only** system in our body that God has given us to Get us Well and Keep us Well) and **before** surgery was available - including **mutilating** cancer surgery.

So **how** did God fulfill His promises 3,000 years ago - **without the horrors** of "modern medicine"?

The **same** way He does it now - by our learning to **trust Him** and **His** ways – by using the things that **He has created** - in the form that **He** has created them (**not** modified by "man").

Remember when Jesus was on earth - the **only** thing that was needed to be healed was **belief** - **belief** that God **would do** what He has already **Promised** to do – "**Heal ALL our diseases**" - **but only if we do it HIS way** - and NOT "man's" way (the way of the doctors).

"Without faith (the same word as trust and belief) it is IMPOSSIBLE to please God."

"He that cometh to God must **believe** that He is (that He actually exists) and that He is a **rewarder** of them who diligently seek Him. (He

rewards by fulfilling His promises – but only if we actually **believe** that He **will** do it - and **if we actually follow His Plan** and NOT the plan of the "world" – the plan of the doctors). Hebrews 11:5

Learning to trust God is never easy. It is a struggle, but this will show where her "heart" is - with God - - or with "man."

As I said, the decision she makes has eternal consequences. Who does she trust? God – or man?

Q. We have purchased some of your material, and are eagerly awaiting its arrival. Is there someone like you near out town in the Georgia area who we may speak to on a personal basis? I'm afraid unless we speak personally to an alternative medicine doctor or someone who has been healed God's way, my wife will go with chemo.

A. Yes, there is - a physician who is willing to take care of her, to give her advice on her treatment and to comfort her in her distress. I spoke with Him this morning and He is willing to take care of her at no cost. And He makes house calls. His name is Jesus Christ. He will **never** leave her - and she needs to learn to trust **Him** - and NOT doctors or family and friends! Your wife can – and should – speak to Him every day, "on a personal basis."

In order for a person to Get Well, he or she must study, study, study, my materials over and over and over again, and develop a relationship with GOD - NOT with doctors.

The whole point of this life - as I said above - is to learn to TRUST GOD - NOT to trust "man" – including doctors!

If your wife decides on chemotherapy, that will be unfortunate –she will be exhibiting her allegiance to "man" - and NOT to God. And **everything** that the doctors will do to her will DESTROY her immune system, the one system God has given her to Get Well.

If Christianity does not give us **faith (trust)** in Jesus Christ - then what good is it? It's a useless ritual!

Disease is a wonderful opportunity to show **who** we believe in. God allows us to get ourselves into terrible circumstances because we want to live, think, act, eat, and handle stress our **own** way. Then, when we get ourselves sick - as your wife has done to herself - and as I did to myself - God says, "Turn to Me."

The Bible tells us clearly that God is NOT found in a church.

"Howbeit the Most High does NOT dwell in temples made with hands."
Acts 7:48

"God that made the world and all things in it (including your wife's body) seeing that He is Lord of heaven and earth, dwelleth NOT in temples made with hands." Acts 17:24

God is not found in a church. He is found by fervent Bible study and prayer - **alone** with God - in our own room, on our knees, in a struggle between God and us **only**. In order to truly find God, we must struggle it out with Him in the privacy of our meetings with Him – alone.

Your wife should also start reading the information on my other website at www.goodnewsaboutgod.com

As I look back, the BEST thing that ever happened to me was developing Cancer. It seemed horrible at the time - and I was in terrible pain for much of the time - but through it all I got to know God - up close and personal - and learned to **trust** Him with everything in my life.

J. Can't I get well without God?

Q. My father has metastatic cancer. He has had chemo and radiation, but he's now worse than ever. He's not very religious, but he is thinking about following your Health Plan.

A. You say your father is "not very religious." If he is thinking clearly he should consider about how "well" he is doing running his own life. He has gotten himself close to death by doing things his OWN way - just like I did.

I wasn't "very religious" either when I developed cancer, but as I got closer and closer to death, I finally came to the conclusion that I needed the Lord to run my life.

Your father has to decide if he trusts **himself** (the one who has gotten him close to death), or the doctors (who have only made him worse) or **GOD** - who created His body and PROMISES to "heal ALL our diseases" (Psalm 103:3) but ONLY if we do it GOD'S way and NOT our own way. (Deut 7:11-15)

ALL diseases - including ALL cancers - are a Spiritual problem. They begin in the "heart" because we want to run our own life - our own way.

ONLY when we give up our right to our self and realize that we need God to run our life, will we have the strength and the understanding to really Get Well by following the Ten Step Health Plan with 100% commitment.

K. We must view disease as a blessing:

We have the idea that we are on this earth to have a good time, to enjoy life, and for everything to go smoothly. But that is NOT biblical.

Jesus said,

"In this world, **you WILL have tribulations**. But be of good cheer, I have overcome the world." John 16:33

When everything is going fine - we don't change. It is TROUBLE that forces us to CHANGE.

We are on this earth for one thing and one thing only - to get to know God - up close and personal - and to learn to trust Him with everything in our life.

God is **not** into "gratuitous violence." In other words, He does not let things happen to us that are "random." **Everything** that happens to us is part of our purification process. It is meant to build character.

We are told to "glory in our tribulations, because they build patience and character." Romans 5:3-5

I had a horrendous struggle trying to get well. I had severe pain 24 hours a day for many, many, months, and I, at one time, was moments from death. The struggle lasted 3 1/2 years - 2 years getting worse, trying to learn how to get well - and 18 months getting well. In human terms, I wouldn't wish that terrible time on anyone. But as I look back on it, I realize that Cancer is the **best** thing that ever happened to me.

I finally realized that I knew NOTHING (even though I was a physician and knew everything every other physician knows) and that God knows EVERYTHING. And HIS way is **always** best.

ALL Cancers - and all other diseases - are a Blessing - because they are supposed to turn us to God to let HIM run our life rather than us running our own life.

God rarely tells us **why** we are going through **what** we are going through **while** we are going through it. Only much later can we look back and see the blessing in it.

Since the Bible tells us that "ALL is of God" (Romans 11:36 - and many other texts) then you better understand that your son's condition is a Blessing - whether you understand that right now or not, because

"ALL things work together for GOOD to them that love God, to them that are called according to His purpose." Romans 8:28

God does not make mistakes - and He is in control of **everything**.

Being a Christian does **not** mean that everything will be perfect.

Being a Christian means that no matter how **bad** things get, with everything coming down around us, we can still be at peace because we are holding the hand of the ONE who knows **why** everything is happening - and the One who will eventually "work all things together for good" - Jesus Christ.

Through my long struggle in learning how to Get Well, I learned a lot about God. Please go to my website at www.goodnewsaboutgod.com and click on the red, rectangular navigational button on the home page that says, "Spiritual Truth." Begin reading there and then as you scroll down you will see a very large number of Bible study topics, including many more in the link called "Monthly Home Bible Study."

Start studying all those Bible studies. They will help you cope with what you are going through right now, and they will help you see your situation from GOD'S point of view - rather than from YOUR point of view.

You will see what I learned about God - and what I am still learning about God. No matter what terrible things seem to be happening to us, God will ultimately turn them into something wonderful - a fantastic blessing.

To see and understand how God **can** - and **will** - do this, read the story of Joseph, beginning in Genesis, Chapter 30.

During Joseph's life, his brothers almost killed him, they put him in a pit where he would starve to death, then they decided instead to sell him as a slave and he was taken to Egypt. He **never** saw his mother again. After he was in Egypt, he was falsely accused by the wife of Potiphar (Joseph's boss) and narrowly escaped the death sentence. Joseph was **wrongly** imprisoned for several years.

After all was said and done and Joseph was reunited with his brothers again, his brothers were terrified that Joseph would have them killed. But his response was,

"YOU meant this for evil - but God meant it for GOOD." Genesis 50:20

You **can't** change the past - so LET IT GO - and spend time with the Lord **every day** in Bible study and prayer, praising Him for the wonderful blessing you will one day understand was necessary for your sanctification.

One excellent book that helped me abundantly during my struggle - and a book I still read every day - is: **My Utmost for His Highest** by Oswald Chambers. It is available at any Christian bookstore and it can also be ordered on either of my websites.

Reading that book - along with reading the Bible (start with the book of John) - will give you the strength to get through all this - and even have peace and joy through it all.

L. Trusting God: if I am a church member and I go to church – then I know I trust God.

Christians believe that if they are a “born again” believer and a church-goer, they are just fine with God.

Q. I have breast cancer. I am a Christian and a born again believer in Jesus Christ.

A. I know this will be difficult for you to hear – as it is for all Christians - but you actually believe in "man" and **not** in Jesus Christ. Let me explain.

God promises to "heal ALL our diseases" (Psalm 103:3) but **only** if we do it **His way** - and **only His way**. (Deut 7:11-15) In that passage, God says,

"IF you follow My laws (that includes His Ten Natural Health Laws that are on my DVDS, CDs, and in my books) and My Commandments (that includes ALL Ten Commandments - which I explain on my 5 CD series entitled Stress Success - are far wider-reaching than any church teaches) and My decrees (including learning to FORGIVE everyone who has ever wronged you, including learning to LOVE your

enemies, including being against ALL wars, including learning to be Unselfish, including learning to trust God with everything in one's life - including having God in charge of our protection, rather than ourselves (self-defense) or the government, and all the other Ten Steps) then God says, "I WILL keep you FREE from EVERY disease." Deut 7:11-15

People have the idea - because physicians have indoctrinated and brainwashed them into believing it - that every disease must be "treated" with a specific, unique regimen that is different from every other treatment for every other disease. But that's not true.

When a person gets truly **Well**, it is their immune system that got them well. (I'm not talking about taking drugs to cover up one's symptoms.) So, then, in order to get well - from ANY disease - one must concentrate on doing the things that will get his immune system working properly again. **That** is the information on my DVDs, CDs, and in my books.

As I said above, people are so used to going to doctors, seeing the doctor for 5 or 10 minutes, receiving a prescription for a drug medication of some kind, then going home and "taking" the drugs, that they have NO IDEA what they need to change in the way they live, think, act, eat, and handle stress in order to Get Well.

In order to find that out, it takes diligent study of my materials - over and over and over again - to get rid of the brainwashing and indoctrination with which "modern" medicine has propagandized us.

I realize you are taking herbs and not drugs. But there is NO disease caused by a "deficiency of herbs." So herbs aren't going to solve your problem, because you will continue to live, think, act, eat, and handle stress the same way you always have, and THAT is what caused your problem in the first place.

Disease is a "Spiritual" problem first and foremost - because we want to live our lives OUR way, rather than GOD'S way.

Your disease has been developing slowly over many, many years. It did not "just happen." It may have been "just diagnosed" - but it has been building up slowly over many, many years **because** of the way you have been living, thinking, acting, eating, and handling stress.

And it occurred **while** you were a Christian. But when Jesus is making every decision in our life, we will **not** be sick. And if Jesus had

been making every decision in my life, many years ago, I wouldn't have developed cancer either.

So, that is why disease is a "Spiritual" problem.

Unfortunately, many Christians respond by saying, "Well, I'm a Christian so I **know** I'm fine with God." That attitude suggests that there is no more to learn about the Lord - which is not true.

It also tends to suggest that God is a Liar because:

God **promises** to "heal ALL our diseases" (Psalm 103:3) but **only** if we follow **His** way (and **not** the ways of the doctors) Deut 7:11-15, So if you believe you are following God - and yet you are sick - there can only be **two** options:

1. Either you are **not** living, thinking, acting, eating, and handling stress God's way - OR -
2. God is a Liar.

And we know that God does NOT lie!

The churches all teach that diseases "just happen" because we live in a sinful world - that it has **nothing** to do with how we conduct our own life. But they are **all very wrong**. I discuss that in great detail on a number of my DVDs, including "Believing is Seeing" and "He Loves Me, He Loves Me Not: Is it Ever God's Will that you NOT be Healed?"

In order to get well, we must learn how to take care of our body **God's** way. I cannot give that information to you in one e-mail or even a dozen e-mails. You have to sit down and study my materials over and over and over again, because each time you do, you will understand something that you didn't quite "get" the last time around.

Your health is one of the most important things in your life so your health deserves ALL the time and attention that is necessary in order to learn how to maintain it or re-gain it. And it requires diligent study, major commitment, and determination in order to follow the Health Plan.

Q. You said that I need to spend more time with the Lord. But since you don't know me you have no way of knowing what my walk with the Lord is.

A. Actually, it is easy to tell. You have cancer. You developed cancer while you were a Christian. You gave yourself cancer just like I gave

myself cancer: we were living, thinking, eating, and handling stress like every other Christian. We were **not** letting Jesus make **every** decision in our life. We give ourselves cancer one day at a time, because we want to run our **own** life rather than letting Jesus make every decision in our life.

The Bible says, "By their fruits, ye shall know them." My "fruit" was developing cancer which - by definition - telegraphed to the world that I was **not** living totally God's way. Your developing cancer happened the **same** way.

When Jesus **IS** making every decision in our life - we will **not** be sick - we will **not** eat the wrong things - we will **not** take drug medications of **any** kind (as you have been taking), which the Bible defines as Sorceries and Witchcraft (see my article entitled "Are Doctors a Gift from God?" for the Biblical reference), we will not be going to doctors for disease - **any** kind of doctors. We will trust **only** in the Lord and follow His ways only.

There it is, God promises us that IF we follow His laws, His commandments, and His decrees, He WILL keep us FREE from EVERY disease.

So, if we develop disease while we claim to trust God completely, and be His follower, then either we are NOT following His laws, commandments and decrees with 100% commitment - or God is a Liar!

And we KNOW that God does NOT lie!

Q. (Her Response) Let me tell you that Jesus is the most important person in my life and I rarely go a day without feeding from the Word. I am also a person committed to prayer. I am a Christian counselor who counsels all my clients from God's Word. I base my life on the Word of God and I absolutely KNOW from personal experience over the years the absolute necessity of living in constant forgiveness and "thinking on things that are good, pure, true, lovely and of good report." I also know that "as a man thinks in his heart, so is he."

I made some mistakes that led to my cancer. My doctor had me on hormone therapy for 25 years.

I disagree when you said I've depended on a doctor. My doctor is a strong believer and told me right off that the diet would never work without the commitment to the Lord. He was an MD and went back to school to become a Naturopath.

A. Again, God says HE is the Healer. He doesn't use doctors to do HIS healing. As I said above, the Bible refers to ALL drug medications as Sorceries and Witchcraft, so if a doctor is giving out those medications, he is NOT doing things God's way.

And if you were taking them, then YOU were NOT following God's way.

Q. My doctor says my skin is going to break open and this thing is going to start coming out. That frightens me a little because of the possible pain involved.

A. Doesn't that tell you that you are not getting better - and that the advice of your doctor is not working?

Since God PROMISES to "heal ALL our diseases" (Psalm 103:3) if we do it HIS way and His way **only** (Deut 7:11-15) isn't that evidence that there is something - or a number of things - that you are **not** doing, that are required in God's Health Plan.

In my Workbook I have a section entitled "Reasons for Failure" and another section named "How Do I Follow My Progress on God's Health Plan?"

Q. I try to live my life just like you do as far as depending on God. He is my source, **not** man.

A. I realize that virtually all Christians believe they trust in God, but when it comes right down to it, they really trust in "man" (doctors for their healing, pastors and the church for their salvation, themselves for their "Self-defense", and the government for their safety).

How much do you want to be well?

Getting well God's way – which is the **only** way to truly Get Well - is not a "cakewalk." (Pardon the pun – since "cake" and ALL "sweets" are forbidden on the Health Plan.) It is one of the hardest things anyone can ever do, and you must have your priorities straight.

It requires that you admit to yourself and your friends and family that YOU gave yourself this disease – by the way you were living, thinking, acting, eating and handling stress.

It requires that you blame no one for your disease – except yourself. (It is the way YOU react to your life that gives you disease.)

It requires tremendous self-control.

It requires your belief that God **can** give you that self-control.

It requires that you give up many things you like to eat or do – because they are harmful for you.

It requires a permanent change in everything in your life.

It requires that you give up your right to yourself and give it over to God.

It requires that you admit that you cannot run your own life successfully and you need God to run your life for you.

It requires that you learn to trust God (NOT “man” – doctors, pastors, family, friends, etc.) completely - with everything in your life.

It requires that **you** spend the necessary time to diligently study and learn how God wants you to run your life and take care of your body and health – no matter **how long it takes!**

The body is a very complex organism, but the maintenance of it is very simple – simple – but **not** easy, because God will change everything in your life. Old habits die hard, but Jesus will continue to test you until you allow Him to run everything in your life.

And when Jesus is making every decision in your life – you will **NOT** be sick.

Frequently Asked Questions and Answers on Health

Lorraine Day, M.D.

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Many of the answers to questions I receive are already given in my Workbook, my DVDs/videos, and my CDs/audios. These materials are available on my website at www.drday.com for anyone who wants them. If you ask a question that is already answered in those materials, I will direct you to where the answer is in those materials. That's why I wrote the Workbook and made the DVDs and CDs – so I wouldn't have to answer the same questions over and over again and so the answers would be available to all who may be interested.

If you truly want to be well there are no "Quick Fixes". That is why I refer you to my materials, because it takes time, study and patience to get well.

This column is for educational information only. You have the God-given right to treat yourself, but if you do, you must take the responsibility. I, Dr. Lorraine Day, and Rockford Press, Inc. take no responsibility.

To ask Dr. Day a [Question](#)

Q1. I didn't see anything about my particular diagnosis in the Frequently Asked Questions or in the Testimonials. I need to know specifically what to do for my particular disease because I'm sure it's different from all other disease and it will require special treatment.

A1. As I say repeatedly on my website, we give ourselves diseases by the way we live, think, act, eat, and handle stress. The ONLY way to reverse the disease – no matter what the specific diagnosis may be – is by CHANGING the way we live, think, act, eat, and handle stress. We have become so brainwashed by the doctors into thinking there is a very unique, specific, different, cause for each disease that we find it difficult to realize that they are ALL caused by the same factors.

So, if you don't happen to find your exact diagnosis on my website or in my DVDs, CDs, and books, it makes no difference. God promises to "heal ALL our diseases" (Psalm 103:3) but ONLY if we do it HIS way. (Deut 7:11-15) That applies to EVERY disease.

Q2. My doctor tells me that **chemotherapy and radiation are necessary to get me well from cancer** but I've seen a lot of my friends get very sick and die with this treatment and I'm concerned. Will this treatment really make me well?

A2. Chemotherapy and radiation do not make the body well. They destroy, they do not heal. The hope of the doctor is that the cancer will be destroyed without destroying the entire patient. These therapies do kill cancer cells, but they kill a lot of good cells too including the cells of the immune system, the very system that one NEEDS to get well. If a cancer patient survives the treatment with enough immune system left intact, the patient may appear to get well at least temporarily, but he will have sustained major damage to his body and his immune system. How much better it is to nourish the immune system directly by the use of natural therapies to assist it in getting you well instead of destroying it by the use of these therapies. Then the immune system itself can kill the cancer cells without any side effects and heal your body at the same time.

Q3. I have heard you say that your **health plan works for many different diseases**. How can this be true? Isn't there a specific drug or treatment for each disease?

A3. Drugs NEVER cure diseases. Drugs, such as antibiotics, kill bacteria but they kill bacteria indiscriminately which leads to serious bowel problems. In addition, ALL antibiotics have side effects, many that are very severe and can sometimes cause death. But in most cases drugs cover up the

symptoms of the disease allowing the disease to get worse. If a patient recovers, it is the immune system that has done the job. If you nourish the immune system by diet, by decreasing stress and by the use of other natural methods, it can keep you free from ALL disease.

Q4. If there **really are CURES for cancer**, why wouldn't my doctor tell me about them?

A4. Your doctor is trying to provide the best treatment for you within his or her knowledge. But doctors are not taught about health in medical school - only about disease. Most doctors do not receive even ONE HOUR of training in nutrition during their four years of medical school. The pharmaceutical industry is a multi-billion dollar industry. It provides much of the funding for research in medical schools and nearly all of the advertising in medical journals. It's the old GOLDEN RULE: he who has the gold - rules! So doctors learn ONLY about drugs!

Q5. Do you have **TESTIMONIALS** from people who have followed the Ten Step Natural Health Plan that you used to get well?

A5. Yes, there are a number of live, spontaneous **Testimonials** on a video on the top of my home page at www.drday.com, as well as on my DVDs "[Believing is Seeing](#)" and "[Drugs Never Cure Disease](#)." There are also many **Testimonials** that have come by letter or e-mail. Posted on this [link](#) are just a few, as we are in the process of compiling and posting large numbers from our files. Many more testimonials will be added as we have time to post them. So please check back again.

Keep Watching! New Questions and Answers Added Regularly

124 **Q.** Did Angelina Jolie REALLY Have Her Breasts Removed? (Maybe Not!)
If she did, was that "Heroic" – or Medically Stupid?

A. [Click here to read the answer.](#)

123. **Q.** What is your opinion of the recent Consumer Reports study targeting arsenic in rice? Is this something to be concerned about?

I have not changed my eating habits one bit - even with this "new information."

A. The arsenic that can appear in rice and some other vegetables comes from the fertilizer (manure) made from the waste of chickens and other animals that non-vegan vegetarians eat ALL the time. Those animals are actually **fed** arsenic-containing compounds to make them grow faster. **So the animals people eat have FAR MORE arsenic in them than the highly diluted run-off from the fertilizer made from their waste that can be present in the surrounding soil and the water in which rice is grown.**

But no one seems to be warning those who eat the chickens and other animals about the high levels of arsenic in THOSE animals. Why? Because the meat and poultry lobby is far more powerful and has a lot more money than the producers of vegetables.

This is just another way for the New World Order to frighten people away from eating healthy vegetables, fruits, and grains and instead encouraging them to eat meat, poultry, and fish - which are much more heavily contaminated - and encourage the development ALL diseases - including cancer and heart disease.

122. **Q. Is there such a thing as a "Smart" Cancer?** I have a question regarding something the oncologist told my husband today concerning his type of cancer. The oncologist said that his cancer which is metastatic adenocarcinoma from the esophagus is a "smart" cancer and that it hides, and the immune system cannot recognize it. She explained that the immune system bypasses it and will not attack it. But if the immune system is the only defense for fighting cancer, what do we have?

A. As I have said so often, diseases - ALL diseases - including ALL Cancers - do NOT "fall from the sky" nor do they "just happen." We give them to ourselves slowly, one day at a time, over a **long** period of time, by the way we live, think, act, eat, and handle stress. Your husband has given himself his cancer just like I gave myself my cancer. Neither one of us did it on purpose. We did it ignorantly, but we did it just the same. We **suppressed** our own immune system continually for many years by the incorrect way we were living, thinking, acting, eating, and handling stress.

Our immune system is the **only** system in our body that is designed to get us well and keep us well. When we **suppress** it by our bad habits, then it can no longer keep us well - and we then develop a disease, such as cancer.

Your husband's oncologist is way off base with her analysis, but that's the kind of misinformation all of us doctors are taught in our medical training.

Your husband's cancer is not "smart" – nor is any other kind of cancer "smart." The cancer isn't "hiding" from your husband's immune system. The real problem is that your husband's immune system has become so suppressed over so many years, from the way he has been living, thinking, acting, eating, and handling stress, that his immune system is now helpless to fight the cancer.

The Health Plan that I used to Get Well is designed to Rebuild your husband's immune system, so it can function properly and get him well and keep him well.

Everything your doctor wants to prescribe for your husband will **suppress** his immune system even **more!**

It is **impossible** to develop cancer - or any other disease - if one's immune system is functioning properly.

Cancers don't "hide" from the immune system. Your husband's immune system can't attack the cancer because it is so damaged from the way he has been living, thinking, acting, eating, and handling stress.

If you have a race horse that you are feeding poorly, withholding water from it, you won't allow it to get enough rest, and you stress the horse by beating it regularly, yet you expect it to win a race for you - you aren't going to have any success. You don't have to "hide" from the horse the fact that there is a race going on; the horse is incapable of running the race because it's too tired and too sick.

Your husband's immune system is incapable of "attacking" the cancer because his immune system is "too tired and too sick."

In answer to your last question: If the immune system is the only defense for fighting cancer what do we have?

Indeed, our immune system **is** the only defense we have for fighting cancer, that's why we need to take care of it, nurture it, and Rebuild it - so it can function properly - - - which is **exactly** what I did in order to Reverse my cancer. And it's **exactly** what your husband can do to Rebuild his immune system.

But **everything** your doctor wants to prescribe for your husband will horribly **damage** his immune system even more. Both chemotherapy and radiation **suppress** the immune system, and both of them **cause** cancer. And no cancer has ever been caused by having "too many" body parts, so cutting them out or cutting them off will not make a cancer patient well.

Your husband didn't develop cancer of the esophagus because his esophagus was "too long." That's why cutting some of it out will **not** cure him.

Your husband **can** get well – but not by damaging his immune system more than it already is. He can get well by changing the way he lives, thinks, acts, eats, and handles stress, and thus rebuild his immune system so his immune system can get him well and keep him well as it was designed to do.

Please read ALL the articles on my website, particularly the one entitled: "You Aren't Sick because you have Cancer: You have Cancer BECAUSE you are Sick." The link is at the bottom of my home page.

121. Q. Duchenne Muscular Dystrophy: My friend's child was diagnosed with Duchene's Muscular Dystrophy when he was 3 years old. Do you have any experience regarding this disease?

A. There are very few genetic diseases. Cancer is not genetic, nor is heart disease, nor any of the other major diseases people are developing. Those diseases we give to ourselves one day at a time by the way we live, think, act, eat, and handle stress.

But Duchene's Muscular Dystrophy is genetic. But most genetic diseases such as hemophilia, sickle cell anemia, etc., can be modified by how well one takes care of his own

body, by doing what will give maximum health, namely by being very, very, careful about the way one lives, eats, and handles stress - specifically by following God's Natural Health Plan that is in my materials in order to live within all the natural laws of health.

Please see my website at www.drday.com

If one already has a genetic disease, it makes no sense to make things worse by ignoring the immutable laws of health, but it makes a LOT of sense to learn what they are and to live within them.

120. Q. Dry Eyes. I have your "Eye See" CD but I have questions on "Dry Eye." I have consulted several eye specialists and currently take DHEA and lots of fish oil, and I am a vegetarian, but the larger part of my days are spent with my eyes closed due to the pain because nothing is working.

A. Dry eyes are caused primarily from dehydration. I discuss the causes for dehydration on my DVDs, particularly "You Can't Improve on God" and "Diseases Don't Just Happen." Dehydration is much more complex than just "not drinking enough water." Dehydration involves how one handles stress (Stress is VERY dehydrating), and how one eats, and how one lives, thinks and acts. You say you are a vegetarian – but are you a vegan vegetarian – no animal products whatsoever? And have you stopped eating ALL processed foods and all sugar and all food additives?

I personally suffered from "dry eyes" for over 20 years before I found out I had cancer. I had gone to my ophthalmology colleagues asking them about it and they had NO clue as to what to do about it! They just told me to use commercial eye drops. But I knew there had to be a better answer.

When I learned how to get well from my severe cancer by totally natural methods, and I learned how to live, think, act, eat and handle stress correctly, my dry eyes went away – completely – as did my cancer, because ALL our diseases and disorders are caused by the same factors: the way we live, think, act, eat, and handle stress.

No doctor is ever taught how to get a patient really well. We physicians are ALL taught – including the ophthalmologists – only how to give drugs to "treat" symptoms – or to take out organs or cut off body parts.

Fish oil – an animal product - will not help your dry eyes, nor will DHEA, which is a drug. Supplements will not help you either, because they are ALL man-made, and the actual vitamins and minerals etc. are obtained from toxic cow livers and sewage sludge. We should get ALL our vitamins and minerals directly from food – the way that God made it.

Most everyone's next comment is, "But the soil is SO depleted. That's why I need supplements." I discuss that on my DVDs – and how to overcome that problem. I also point out that I didn't get well from cancer a hundred years ago when the soil was better. I got well in the last 15 years, when the soil was "depleted."

You need to watch the materials that you have, again and again. And you ought to obtain the other ones I recommend as necessary for Getting Started on the Health Plan.

The Health Plan is NOT a "diet." The proper nutrition – a totally vegan (not just "vegetarian") natural diet – is critical for recovery from all diseases as well as maintaining good health. But the proper nutrition is ONLY ONE Step in the Ten Step Health Plan.

It is surprising to me that even though you have my CD series "Eye See" you are still depending on drugs for your glaucoma. Glaucoma is CAUSED by the way a person lives, eats, and handles stress. The glaucoma medications NEVER cure glaucoma, and they have numerous SERIOUS side effects – INCLUDING "DRY EYE"!

Your "dry eye" problem is so severe that I'm sure that it is being strongly exacerbated by the drug medication you are taking for your glaucoma. That is why **Drugs NEVER Cure disease** – because they ALL have side effects which cause OTHER diseases and disorders, for which doctors give you - - - - MORE DRUGS!

If you want to solve your health problems, you really need to get on the whole health plan, and do it with 100% commitment, because the things you are doing in the way you are living, thinking, acting, eating, and handling stress are CAUSING your glaucoma. And they are also causing other diseases to "brew" in your body. Unless you address the true, underlying cause of your glaucoma (which is detailed on my CD series, "Eye See") you are just "waiting" for additional serious diseases to develop in your body.

I never suggest stopping drugs abruptly because that can be dangerous. But unless you begin changing the things in your life that need to be changed, so you don't have to use the drugs to artificially lower the pressure in your eyes, you are in for much more serious problems with your health.

I would suggest that you go on my website and read EVERYTHING there, including ALL the links at the top AND bottom of my home page. You should especially read "Are Doctors a Gift from God?" accessed from another one of the red, oval, navigational buttons on the top left-hand side of my home page, plus, read my article "You Can't Twitter Your Way to Health" accessed from a link at the bottom of my home page, as well as my article on how the body is designed to heal itself, if we will only let it – by CHANGING the things that are causing our own problems.

119. Q. Depression. I began suffering depression acutely at the age of nine years. I have undergone much counseling and pharmacotherapy with little benefit noted. Additionally I have a history of chemical dependency (clean three and one half years) and chronic fatigue. I was raised to believe in a punitive God of judgment who would either cause or allow the vast majority of humanity to be tortured without hope of release forever. Believing this has certainly contributed to mental stress and caused me to be resentful of God and actually hate him. I am trying to resolve this religious problem because I need a GOOD image of God in order for the A.A. program to work.

A. Unfortunately, that is the view of many organized churches - in fact MOST of them teach this blasphemy against God.

Who wouldn't hate a God like that? It is beyond belief that people who profess to be "Christians" can claim to "love" a God who they believe will "torch" the majority of His children in burning hellfire – FOREVER!

Please do two things:

1) Go to my website at www.drday.com and read everything there, including ALL the links at the top AND bottom of my home page, including my article on how the body - and mind- are designed to heal themselves - when we STOP doing the things that are making them work improperly.

Then, when you are through, go back to the upper left-hand side of my home page and click on the red, oval, navigational button that says, "What Do I Need to Get Started on This Health Plan?" You will come to a page that says "For Patients with Cancer." Keep scrolling down until you see the words, "For Those with Diseases Other than Cancer." THAT is the information you need to Get Started on the Health Plan - PLUS - my DVD entitled "Turn on the Light: Overcoming Anxiety and Depression WITHOUT Drugs."

Then, also go to my other website at www.goodnewsaboutgod.com and click on the red, rectangular, navigational button that says, "Spiritual Truth" where you will find a very different - and totally Biblical - view of God.

When you understand who God **really** is, and how much He loves you and is with you ALL the time - to help you through every difficulty - you won't even need A.A.

You **can** be totally well. But there is NO "Quick Fix." You have had this problem for a long time, and it will be a **process** reversing it. But fortunately it doesn't take nearly as long to REVERSE the problem as it took to develop it.

When you begin to understand who God is, and how He has given us the information to Get Well from EVERY mental AND physical disease, you will be embarking on the most wonderful adventure of your life.

118. Q. Mandatory Swine Flu Vaccinations. It seems likely from what I've read on your site that our government may force us to be vaccinated for the swine flu. This is very upsetting because this vaccine is designed to kill us from what I've read.

That is correct.

Do you have any advice on avoiding these vaccines?

Yes. I will refuse to take it.

Will you get one if we are forced to?

No.

Should we get the vaccine shot because our government decrees it and trust God with the outcome?

If we do that, we will NOT be standing for God.

God says, "Your body is the temple of the Holy Spirit. He that destroys God's temple - him will God destroy." We cannot participate in the destruction of our own body and health.

Or should we refuse knowing it is harmful, and take the consequences.

That's what I will do.

Do you have any plan in the event that this happens?

Yes. To refuse the vaccine - and to trust in God.

It would be nice to have a second home in another country to go to, or a cabin in the woods to disappear to, but my husband won't go along with this.

There is no place to hide – anywhere in the world - except in the Lord.

According to him, I'm just digging up "doom and gloom" and he doesn't want to hear about it!

He apparently wants to be an ostrich with his head in the sand. The reality you speak of - IS coming. It's better to KNOW about it than NOT to know about it.

I'm including another question I recently received on this subject with my answer below.

Also, I am including a link to an article I wrote about "What do we Do? And Where do we Go" regarding what is happening in this country. The link is directly below.

http://www.goodnewsaboutgod.com/studies/political/jews/whats_happening.htm

Hi Dr Day,

We've just been watching your interview on Edge Media TV regarding the 'Fake' swine flu epidemic. We have never believed that this is a real disease and have always believed it is manmade somewhere in a laboratory.

It doesn't make sense for it to have mysteriously appeared overnight in Mexico.

However, we are confused about what we should do about the vaccine. We know we aren't going to have the vaccine, but are getting very worried because Gordon Brown (our PM) is going to be rolling out the vaccine in the next five days with our National Health Service. We do not know yet how this is going to be done but we are worried that it may be forced upon us and we will not be given the right to refuse.

So please can you give us some advice on what we should say to these people in order to refuse the vaccine, and if there's any legal documentation we can hand to them in order to stop them giving us the vaccination.

A. If you have read the political information on my website at www.goodnewsaboutgod.com you will realize that both the U.S. and the U.K. have Communist governments. It matters not that many people, and the leaders themselves will deny that, the facts prove it to be true. Virtually ALL Ten Planks of the Communist Manifesto are in working order in the governments of BOTH countries.

I have no knowledge of the UK or European laws. But as I say above, it really doesn't matter. Communist countries make up their own laws as they go along. And the U.S. and UK are certainly Communist countries. This is a fact, whether or not people want to believe it.

So presenting "legal" documentation is not going to be very successful.

That's where trust in God comes in.

If you read my article on the Coming New World Order on my website (noted above) AND its companion article "What is Happening to this Country? What do we do? Where do we go?" you will see the answer to your question.

There is NO place to hide except in the Lord.

Trusting in the Lord does NOT mean that they will not put you - or me - in prison. They may well do that because we will refuse to be vaccinated. Then, after they have us in prison, they will probably tie us down and give us the vaccination anyway.

But here is the difference. God is fully capable of inactivating the vaccine IF we are imprisoned for our refusal, and the vaccine is given to us against our will. I'm not guaranteeing that He WILL inactivate the vaccine in that circumstance, but He certainly CAN. But He WON'T inactivate it if we take it willingly just to stay out of prison.

Remember, when Shadrach, Meschach and Abednego were threatened with being thrown in the fiery furnace because they would not bow down to King Nebuchadnezzar's pagan image, they said, "Our God CAN protect us from the fiery furnace. But EVEN IF HE DOESN'T - we will NOT bow down." (Daniel, Chapter 3)

THAT is the same strength and trust in God that **we** must exhibit.

In the Bible, God tells us not to worry about what we will say when we are brought up before government officials, kings and rulers when we are arrested for standing up for what is right. If we trust Him He says He will put the right words in our mouth - to speak.

Please begin to read the "Spiritual Truth" section on my website. Click on the red, rectangular navigational button of that designation on the home page.

There are going to be many other WORSE things happening in the near future. The U.S. and the UK are going to end up like Zimbabwe, because the SAME group that controls Mugabe and Zimbabwe is running the U.S., the UK, and the world.

117. Q. The Carrot Juice thing AGAIN!!! First I have a comment - I have read your FAQs and you have stated over and over again that Carrot juice does not turn your skin orange. But, I have to correct you as my skin definitely turned orange from all of the carrot juice that I drank on your plan. This could be seen in my face and the palms of my hands and feet.

A. Please read the following. I hope we can finally lay this ridiculous subject to rest.

Please tell me, how often does ANYONE look at the soles of his or her OWN feet? Virtually NEVER, except when someone says, "Oh, you're drinking carrot juice? I thought you looked orange."

When one handles carrots, it is true that their hands can get stained with the color of the carrots, just as your hands get stained red with beets, and blue with blueberries. And when a person is truly following the Ten Step Health Plan they become **healthy**, the soles of their feet can look more ruddy because there is **more blood flow** to the area. But the vast majority of people don't have anything to compare it to, because virtually **NO ONE looks regularly at the soles of their feet.**

And when a person is living and eating healthier, their skin - particularly of the face - will also be pinker and not so pale. And if a person is getting out in the sun, as they should, they will also be tan. So, when a person is living a healthier life, which includes drinking carrot juice and getting sunshine, this healthier look gets falsely interpreted as looking "orange."

People are so propagandized to think that drinking carrot juice is "weird" that the power of suggestion is overwhelming.

If your skin is really "orange" then you are suffering from JAUNDICE, and that means that you are either in liver failure, or suffering cirrhosis from alcoholism or some other life-threatening disease, or you have obstructed your bile duct with a gall stone, or you have some other very serious liver disease.

In addition, there are over **TWO HUNDRED DRUGS**, many of which are very common over-the-counter **drugs, that can cause jaundice.** Here is a list of **just some** of the drugs that people may recognize, drugs that many people, unfortunately, take regularly, or at least frequently: **Advil, Aldomet, aspirin, Bumex, Butazolidine, certain Antibiotics, Chemotherapy drugs, certain Antidepressants, certain anti-diabetic drugs, Cimetidine, Coumadin/Warfarin, Darvon, Darvocet, Depo-provera, Excedrin, Haldol/Haloperidol, Hydroxyprogesterone, Ibuprofen, Indocin, Lasix, Mellaril, Midol, Motrin, Niacin, Estradiol, Oral Contraceptives, Pamprin, Premarin, steroids, sulfa drugs, taxol testosterone, thorazine, valium.**

People, particularly women, unfortunately, take many of these drugs regularly. But it never dawns on them that these HARMFUL DRUGS – **made by “man”** - could be the source of their **JAUNDICE!** They prefer, instead, to blame it on something that is actually GOOD for you – Carrot Juice – **made by God**, and one of the healthiest foods on the face of the earth!

So, if you are really “Orange” you are suffering from JAUNDICE! STOP blaming it on carrot juice. Instead, take a hard look at the other things you are doing in your life.

116. Q. Erectile Dysfunction (ED). Can Erectile Dysfunction in older men be reversed by following your books and tapes?

A. Yes, absolutely. When men are not living, eating, and handling stress properly, they will develop arteriosclerosis (hardening of the arteries) that causes a decrease in the blood flow to the areas that the arteries “feed.” This affects the arteries in the penis as well as the arteries everywhere else in the body.

In addition, arteriosclerosis is associated with high blood pressure and other disorders that are often treated with drug medications, many of which cause impotence, also known as erectile dysfunction. Once the man learns how to live, think, act, eat, and handle stress properly, the arteriosclerosis (and other diseases) will begin to reverse, his blood flow will improve dramatically, and he will also eventually have no need to take medications for any disease, and ED will no longer be a problem.

If one really follows all Ten Steps of the Health Plan that is on my DVDs, CDs, and in my books, the ED can be reversed in as short a time as 3-4 months. Sometimes it may take longer. Of course, it requires a real commitment to all of the steps of the Health Plan. One cannot just do a little here and a little there and expect to reverse YEARS of BAD living, eating and handling stress.

Viagra, Cialis, and other drugs are NOT the answer to erectile dysfunction.

The following are just a few of the side effects of Viagra, as reported in the Physician’s Desk Reference, the “bible” of drugs for doctors, produced by the pharmaceutical companies who make the drugs:

Cardiac arrest, stroke, heart failure cardiomyopathy, rectal hemorrhage, low white blood cell count, bone pain, joint pain, depression, abnormal ejaculation, genital edema, seizures, priapism (a painful erection lasting longer than 6 hours) that can lead to tissue necrosis (gangrene) of the penis.

Here are just some of the side effects listed for Cialis by the pharmaceutical company who makes it: sudden cardiac death, stroke, heart attack, retinal artery occlusion causing blindness, priapism (painful erection lasting longer than 6 hours which can result in necrosis (gangrene) of the penis, heart pain, chest pain, high blood pressure, low blood pressure, difficulty swallowing, abdominal pain, vomiting, joint pain, difficulty breathing, blurred vision, eye pain, swelling of eyelids, spontaneous erection.

If tissue necrosis (gangrene) of the penis is severe, it could require surgical amputation.

These are very dangerous drugs, drugs that can maim and kill!

115. Q. Tetanus shots. Do tetanus shots work or are they a hoax? My doctor wants to give me a booster but I don’t take any vaccines. Should I make an exception?

A. Incidence of Tetanus in the U.S.

Between the years 1995 and 2005 (a period of 11 years) there were just 386 total cases of tetanus in the U.S. That’s about 35 cases per year out of about 300 million people. Of that amount, approximately 4 of those each year died from the disease.

How is the Tetanus Vaccine made?

Vaccines made for children (under seven) and for adults and children (over seven) BOTH contain thiomerosal (a mercury compound that causes autism, learning disabilities, and many other neurological atrocities), formaldehyde - a poison used to embalm the dead, aluminum (strongly suspected to be a factor in Alzheimer’s) and, of course, the tetanus organism itself - which when injected into your body CAN GIVE YOU the disease.

The cell cultures in which the vaccine is made must be fed with fetal calf serum (obviously from cows that may have Mad Cow Disease)

How Safe is the Vaccine?

Numerous studies have linked Tetanus vaccination to Severe and even Fatal reactions, including neurological and paralytic disorders such as Guillain-Barre syndrome, demyelinating diseases, arthritis, joint inflammation, anaphylactic shock (which often causes death), cerebral palsy, grand mal seizures, autoimmune diseases, and other life-threatening allergic reactions.

One study shows that FIFTY PERCENT of diagnosed asthma cases (2.93 million) in U.S. children and adolescents would be prevented if the DPT (diphtheria, pertussis - whooping cough - and tetanus) or isolated tetanus vaccine were not given.

The vaccine is definitely NOT safe!

How Effective is the Vaccine?

Several studies have shown that Tetanus can occur in fully vaccinated people, even when their tetanus anti-toxin levels are **substantially above** officially established protective levels.

In the September 2000 issue of the Canadian Medical Association Journal there was reported a case of tetanus in a patient whose tetanus antitoxin level was more than 20 times higher than 'protective levels' reported by the Provincial Health laboratory in Toronto.

The Vaccine is definitely NOT effective!

Is the Vaccine being used for Population Extermination?

Yes, definitely.

Vials of the vaccine were tested in the Philippines and found to contain hCG (human chorionic gonadotropin) a hormone that helps ready the uterus for fertilization. When included in the vaccine, the human body makes antibodies AGAINST hCG, thus making the woman infertile.

This diabolic plan was the result of collaboration with the World Health Organization (WHO), the World Bank, the Population Council of the Rockefeller Foundation, and the U.S. National Institutes of Health (NIH). The NIH supplied the hCG for some of the original anti-fertility experiments.

How to avoid developing Tetanus if exposed

Careful attention to wound hygiene will eliminate the possibility of Tetanus in most cases. Wash the wound thoroughly and repeatedly with voluminous amounts of soap and water. Deep puncture wounds and wounds with a lot of dead or crushed tissue should be thoroughly cleaned, the dead tissue removed surgically and under sterile conditions by a surgeon and the wound should not be closed surgically. It should be allowed to heal from the bottom up.

A Tetanus immune globulin - an antitoxin - (obtained from people who HAVE BEEN immunized with Tetanus toxoid vaccine) can be administered when one has already been exposed to the tetanus organism. This will give the injured person ready made tetanus antibodies when they need them. Although this also has some risk because there is a slight chance that the immune globulin could have come from a person with AIDS or hepatitis, even though testing on the immune globulin should have been done.

I'm not recommending that someone get the tetanus antitoxin necessarily, I am only remarking that it is available - after the fact - after the person has been injured. So the injured person can decide at that time whether he or she would want to take the immune globulin antitoxin.

With all this information, you can understand why I, personally, would NEVER be vaccinated with tetanus - nor any other vaccine. Nor would I recommend that anyone else be vaccinated.

The information given here was obtained from the book, Vaccine Safety Manual, by Neil Miller. The book can be obtained from the website www.thinktwice.com or probably from Amazon.com

I strongly recommend that **everyone** have a copy as it is fully documented with hundreds of medical references and contains a huge amount of life-saving information. There is much

more information in this book than I have told you here, on the adverse effects of Tetanus vaccine (as well as every other vaccine known to man) in this book.

114. Q. Shampoo, deodorant, make-up, toothpaste, etc. What is safe to use? Have you published a list of products and or companies? Can I trust the labels?

A. No, I don't publish a list of products and companies - for several reasons.

1. Even though I don't endorse putting knowingly bad cosmetics on one's face, getting well and staying well are FAR more related to what one puts in their mind (the way one thinks), heart (the way one treats others), mouth (the food one eats), ears (what one listens to i.e. the type of music, etc), eyes (what one watches on TV and in movies), than what one puts on their face.

2. Companies change their products so often that it would be impossible for me to try to keep up with them. And as I said, that is such a **small** part of being well that it's not worth my time to do that.

3. Here are a few rules that are helpful.

a. Don't use a deodorant with aluminum in it. Go to a Health Food store and read the labels. Try to find one with natural ingredients.

b. Don't use any toothpaste with fluoride in it. Fluoride is very harmful. It causes brittle bones, rapid aging of the skin, it suppresses brain function (it is a major ingredient in some general anesthetics we use in the operating room to anesthetize a person for surgery), and it does NOT prevent cavities. There is a DEATH Warning on every tube of toothpaste with Fluoride. Read it and take it seriously. It is TRUE.

There is a brand named Tom's of Maine that is carried at many health food stores. However, you must carefully read the label because they make toothpaste WITH fluoride and WITHOUT Fluoride. The toothpaste WITHOUT fluoride will say "Propolis and Myrrh" and will NOT say "Fluoride." That is the good one.

c. As far as cosmetics go, it's a "crap-shoot." You just have to do the best you can with reading labels. The cosmetics in health food stores aren't necessarily healthier, they have just been developed without experimentation on animals. That helps the animals but it's not that helpful for people, because many of the ingredients are the same as those found in regular commercial cosmetics.

d. I don't endorse sunscreen at all. Some of them actually **cause** cancer. One needs the sun to be healthy, but one should not get burned. I explain how to do this on my DVD "You Can't Improve on God."

Again, diseases - including all cancers - are CAUSED by the way we live, think, act, eat, and handle stress. In order to REVERSE diseases - including all cancers - we must CHANGE the way we live, think, act, eat, and handle stress.

I agree that we should be careful about the cosmetics we put on our face and skin, but except in highly unusual cases, that is a miniscule part of the problem.

113. Q. Can a blast of light really kill Breast Cancer? There is a "new" technique promoted in the media suggesting that strong beams of laser light can kill Breast Cancer? Is that true?

A. You are referring to Photodynamic Therapy (PDT) in which "a drug is injected into the patient's bloodstream that makes the cancer cells extremely sensitive to light" according to the promoters of this "therapy." They say that when a low-level laser beam is shone at the cancer through the skin, the cells self-destruct.

The problem is the same here as with every other technique that is aimed at "destroying" cancer cells. "Destroying" cancer is NOT the answer to cancer.

In order to Get Well from ANY type of cancer, one must STOP doing the things that have CAUSED the cancer in the first place, and START doing the things that will REBUILD the Immune System, the ONLY system in the body that can Get us well, and Keep us well.

How many times have I said that Cancer does NOT "fall out of the sky" nor does it "just happen"? We give it to ourselves one day at a time, by the way we live, think, act, eat, and handle stress.

If one keeps on living, eating, and handling stress as they always have – in the same way that CAUSED them to develop their cancer in the first place – the cancer will obviously come back, either in the same place or in a different place in the body, or the person will develop another life-threatening disease.

112. **Q. How important is the pH?** What should I do to make my pH alkaline?

A. A lot is being written about the pH these days – in fact – WAY too much! It is true that for good health the pH of the blood must be kept at approximately 7.4 - which is alkaline. It is also true that cancer thrives in an acidic pH, a pH lower than 7.4.

But it is not beneficial to try to arbitrarily manipulate one's pH by taking certain drugs or supplements. If one follows ALL Ten Steps the Health Plan including the proper totally vegan diet, with no sugar, no processed food, no coffee, tea, or alcohol, and all the other steps, including learning to handle stress, one's pH will automatically be maintained at 7.4 - the proper alkaline level - the way God has designed it.

It is technically possible to manipulate the pH to "normal" at 7.4 (by administering intravenous solutions of various types in a hospital setting) even in a person who is still very sick. But that, of course, is foolishness and futile. The person may have a "normal" pH by laboratory tests - but he is STILL sick!

True health will be achieved only when the proper pH is being maintained by a healthy body that is functioning properly. That is the result of following God's Ten Step Health Plan, as detailed in my materials.

111. **Q. Mannatech glyconutrients.** What is your take on Mannatech products? Some people say they are necessary for good health.

A. Mannatech is a multinational firm engaged in multi-level marketing of glyconutrients, combinations of isolated sugars that are more appropriately found in natural whole foods. All the glyconutrients one needs to be healthy are provided in natural whole foods - fruits, grains and vegetables in their natural form – the most perfect form for the body's use, and the way God created them.

Unfortunately, "man" is always trying to improve on what God has created. But "man's" attempts are always unsuccessful because "You Can't Improve on God" – which is the name of my DVD that explains in detail exactly HOW God wants us to Get Well and Stay Well.

When "scientists" attempt to take food apart in order to isolate, concentrate, and patent certain constituents of the food, the result is a drug-like product that can be harmful to the body. Whereas, in natural whole food, God has, in His wisdom, surrounded the essential nutrients with all the other factors that make the nutrients easily assimilated by the body in a form that is never toxic.

God has commanded us NOT to take apart the food that He has created for our health. The Bible says,

"What God has joined together, let no man put asunder (take apart)." Matthew 19:6

Usually one hears this Bible passage read at weddings in regard to the married couple being joined together for life. But God's command also applies to food. God has made our natural whole food in the most perfect form possible. We are not to take it apart to try to make it "better" – because – **You CAN'T Improve on God!**

110. **Q. 13 year-old being forced by the courts to take chemotherapy.** Recently a family has lost a battle with the court system concerning the treatment of their son who was diagnosed with Hodgkin's lymphoma. A judge ordered chemo for the 13 year-old boy against his parents' wishes. I didn't know that they could force chemo on children! I am familiar with your story and experience and expertise. Please help this boy, his parents, and his seven siblings by becoming involved.

A. Indeed, Organized Medicine **can** use the courts to **force** parents to give chemotherapy to their child with cancer, a "treatment" that CAUSES cancer. That reveals the extreme arrogance and stupidity of the Medical Industry and the Judicial System. They think they are helping the young boy when they are actually harming him.

It's a crime of the worst kind. But there **is** an answer to the problem.

The Health Plan that I used to get well from life-threatening cancer requires that ALL Ten Steps must be followed with 100% commitment. One off the steps in the Health Plan is

learning to Trust God. God has promised that He **will never leave us or forsake us - IF we trust Him**. I had to learn to trust Him with my very life at a point when it looked like I was going to die.

When problems are too big for "man" to solve, that is when we must turn to God. There is NO problem too big for the Lord.

When everything is going well, we don't need God. We think we can run our life just fine. But when trouble hits, that's the time to turn to God. Unfortunately, most people still don't turn to God, because they have never learned to know Him. It is daily Bible study and prayer that gets us in touch with the Lord.

The place for these people to turn is to the smartest Person in the Universe, the One who knows exactly what is going to happen tomorrow, next week, and a year from now, the One who has ALL the answers - Jesus Christ.

That is where I turned when there was no place else to go. And that is where they should turn also. That is certainly what I would do if I were in the same situation.

God makes sure that all of us, at some time or another, have problems that are TOO BIG for us to solve - because there is **nothing** too hard for the Lord. If we can fix all our own problems, why do we need the Lord?!

The hardest thing we must do is to learn to Trust Him. In fact, that is the ONLY reason we are all on this earth - to learn to TRUST God.

109. Q. Farrah Fawcett's cancer. I know this may sound "gutsy" of me, but I saw Farrah Fawcett's story on television and I couldn't help but think of you and your story. I believe you and Farrah are both in California, correct? My question is, can you help her? I think this could be a great way for people to understand natural healing vs. orthodox medicine. Farrah's story is very "high profile" right now and if she was cured by your help, it would be big news and the world will hear about "natural healing"!

A. ALL Cancers - and ALL Diseases - are caused by the way we live, think, act, eat, and handle stress. In order to Get Well, one must be WILLING to CHANGE everything about his or her life. And even more importantly, one must BELIEVE that God's Health Plan WILL work. The only way to come to that conclusion is to diligently study the Health materials **and** God's Word, and understand **WHY** the Health Plan works.

Fame and fortune are **huge disadvantages** to understanding how to get well from illness. The more money and prominence a person has, the more he or she wants to "trust the (supposed) experts." They care VERY MUCH about what other people think, and they believe they know what is best, and they frequently judge the method of treatment by how expensive it is. The more expensive it is, the better it is - they erroneously believe.

They are **not** independent thinkers nor do they want to do anything that would bring disapproval from their family and friends.

In addition, nearly ALL the rich and famous are atheists or agnostics. They don't believe in God. It is impossible to understand Truth unless God opens one's mind to the truth. The Bible tells us:

"The Natural man (the unspiritual man - or woman - the person who ONLY understands with the five senses, as one understands a book of physics, literature, or philosophy - the person who does NOT believe in God) does NOT receive (CANNOT understand) the things of the Spirit (Spiritual things); they are FOOLISHNESS to him; neither can he know (understand) them, because Spiritual things are (ONLY) Spiritually discerned (understood)." 1 Corinthians 2:14

Jesus spent most of His time on earth in Galilee - what we would now consider a blue-collar, relatively uneducated, area - "because the COMMON people heard Him gladly." All of the disciples Jesus picked were common men - fishermen, tax collectors, etc., except one - Judas - and the Bible says he was a thief, a traitor, and ultimately responsible for the betrayal of Christ to His death.

Jesus did NOT spend His time in Jerusalem trying to convince the Pharisees of the truth. They were all puffed up with themselves. They were the "rich and famous" of Jesus' time.

To the people of the latter days of earth's history (right now) Jesus said,

"I know your works, that you are neither cold nor hot (spiritually): I wish you were either cold or hot.

"So then because you are lukewarm and neither cold nor hot, I will vomit you out of my mouth,

"Because you say 'I am rich, and have become wealthy and have need of nothing' but you do not know that you are wretched, and miserable, and poor, and blind, and naked (spiritually).

"I counsel you to buy from Me gold (God's Word) tested in the fire (of trials) that you may be rich (spiritually) and white raiment (Christ's righteousness) that you may be clothed and that the shame of your nakedness (not knowing Jesus Christ) may not be revealed, and anoint thine eyes with eye salve (God's spiritual understanding) that you may see (understand truth)."

Revelation 3:15-17

Jesus also said:

"I thank Thee O Father, Lord of heaven and earth, that Thou hast hid these things from the (supposed) wise and prudent (the rich and famous who do NOT understand God's Ways because they trust in "MAN" (doctors) and NOT in God) and you have revealed them unto minors (meaning those who are NOT rich and famous - those who just want to learn Truth and Trust in God), even so Father, for it seemed good in Thy sight." Luke 10:21

It is ONLY when a person truly seeks after God and HIS righteousness and HIS wisdom, that the person can properly understand Truth, because Jesus said:

"I AM the . . . TRUTH." John 14:6

If a person truly TRUSTS God,

"God's Spirit will lead us into ALL truth." John 16:13

If a person does NOT trust God, he or she will be unable to understand Truth.

Why does Micheal J. Fox continue to drink Diet Pepsi containing Aspartame (NutraSweet) a dangerous compound that has been shown in medical studies to contribute in a major way to Parkinson's and many other diseases?

Why does Patrick Swayze allow the doctors to continue to give him poisonous chemotherapy - a "treatment" that CAUSES cancer? And why does he continue to push himself to work when a sick body needs REST?

The reasons are the same. They have NO ability to understand God's Truth about how to be well.

If you are interested in getting the Truth about how to get well to someone with cancer or any other disease, go ahead and contact that person and suggest they visit my website at www.drdjay.com then pray for them. Pray that he or she will decide to seek God and learn to understand Truth!

But remember, as one wise philosopher said, "A man convinced against his will, is of the same opinion still."

In this situation, the old adage is true: "You can lead a horse to water, but you can't make him drink."

It is only Jesus who can open our mind to understand the Truth of His ways!

But Hollywood, in particular, mocks, denigrates, and scoffs at Jesus Christ, Christianity, and the Bible. The actors and producers make films that glorify violence, sexual degradation, filth, atheism, and the adoration of "man." They don't understand that the **worst thing** about sin is not recognizing anymore that it IS sin!

108. **Q. Is Swine Flu serious? Will it really be a Pandemic?** What is your opinion of the swine flu outbreak in Mexico? I live in Mexico City, and know some doctors, but **not one of them** has seen a case of the swine flu. So far the media says that they have confirmed 20 deaths from swine flu in the

whole country (out of 100 million people), but can't figure out if they were men or women, or any other details about them. They also say that so far 143 died from swine flu, yet **they admit** that only 20 of those were **confirmed** swine flu. It seems so vague to me. I strongly suspect all this is media hype to affect Mexico's economy, to enrich pharmaceutical companies who will most likely order mass vaccinations, etc. What is your opinion on all of this?

A. The Swine Flu "Pandemic" is a total HOAX! [Please click here for my complete answer.](#)

107. **Q. Shingles.** I am a 42 year-old man who has been suffering with recurring shingles for approximately 18 years. I lost my spleen at 13 years of age so this hasn't helped. At the moment I am taking drugs constantly, famciclovir, penicillin v and ibuprofen. I run my own business so I also know this is not helping. If I stop my tablets then immediately get a severe outbreak on my head, can you advise me please.

A. I never endorse the idea of a person stopping his or her drugs abruptly. One must first get on the Health Plan that is in my materials and begin to follow it with 100% commitment. Then the person can, if they so choose – as soon as their health begins to improve - begin cautiously to cut back on their drug medication.

The doctors will tell you that Shingles (Herpes Zoster) occurs when the virus that causes chicken pox starts up again in your body. They say that after you get better from the chickenpox, the virus "sleeps" (is dormant) in your nerve roots, and it "wakes up" again when disease, stress, or aging weakens the immune system.

Well, they are partially correct. When the immune system is weakened from stress, or the terrible way we eat, or from harbored anger or grudge-holding or destroying our minds from listening to the wrong music or what we watch (on TV or what we read in books) or how we live, then diseases appear – including shingles. However, what about the people who develop shingles who have never had the chickenpox?

A major cause of shingles is stress. And in addition, because of the stress and the way one lives, thinks, act, handles stress, and eats, shingles can often be the harbinger of a more serious, life-threatening, disease.

ALL disease is caused by the way we live, think, act, eat, and handle stress (whether or not one has had the chickenpox). The **ONLY** way to get rid of shingles - or any other disease - is to change the things in one's life that are causing the problem. **THAT** is the information on my DVDs, CDs, and in my books.

Even though I don't mention Shingles specifically in my materials (it's impossible to name each disease individually), as I said, **ALL** diseases are caused by the same factors: the way we live, think, act, eat and handle stress. So the Health Plan applies to **ALL** disease, including Shingles.

DRUGS NEVER Cure Disease - which is the name off one of my DVDs.

They only cover up the symptoms while the problem continues to get worse. And they **ALL** have side effects that harm the body and often lead to even more serious diseases. Please see my website at www.drday.com

There is **NO** "Quick Fix" as you have learned. But one **can** get rid of the shingles by learning to change, in a major way, virtually everything about one's life. When you eliminate the factors that are causing the disease, then the disease will go away.

106. **Q. Neuroendocrine cancer.** My mother has Stage 4 neuroendocrine carcinoma (very rare form of cancer) and she is convinced that natural therapies as an alternative to chemotherapy will work better for her in the long run. The oncologists in both Singapore and Malaysia have advised her to do otherwise. Without chemotherapy, they say her survival rate is zero. I realize that natural therapy has been used for the more common types of cancer (adeno-carcinomas), but I'm afraid it might not work as effectively for the neuroendocrine carcinomas since they are hormone-secreting and travel through the whole body.

A. I don't want to trivialize your mother's situation in any way. I realize that it is very serious. But cancer is cancer! It doesn't matter if the doctors say it is "rare" or "very difficult to deal with." **ALL** cancer is caused by the way we live, think, act, eat, and handle stress. And **ALL** cancer is Reversible, by changing the way we live, think, act, eat, and handle stress. That is the **GOOD NEWS!**

My cancer was diagnosed as "terminal" - yet here I am 17 years later, alive, well and cancer-free!

Chemotherapy **CAUSES** cancer. And so does Radiation. Every doctor **knows** that - including the doctors that are telling your mother she should have it. Chemotherapy **DESTROYS** the immune system - the **ONLY** system in our body that can get us well and keep us well.

The reason the doctors say that your mother should have chemotherapy is that they don't know what else to do. That is all we are ever taught in our medical training - to give **POISONOUS** chemotherapy, or **BURNING** radiation - or **MUTILATING** surgery. **NONE** of these things cure cancer, because cancer is **not** caused by a deficiency of chemotherapy, or a deficiency of radiation, or a deficiency of mutilating surgery.

As I said above, Cancer **IS** caused by the way we live, think, act, eat, and handle stress. If your mother is willing to change just about everything in her life, she **CAN** get well - totally well.

But chemotherapy will - in the long run - make your mother worse, and may even lead to her death. Just think about it. It is impossible to get a sick person well by giving them **Poison!**

ALL cancers "travel throughout the whole body" because the same blood that runs through the tumor runs through the whole body.

By the time a cancerous tumor is large enough to be diagnosed, it has been there for several years. And the same blood that has been circulating through the tumor has been circulating through the whole body.

But even cutting out the tumor does **NOT** cure a person, because they still have the rest of their body left. And the rest of their body is what allowed the cancer to develop in the first place.

Cancer is a disease of the whole body - just like chicken pox is. You would never ask a surgeon to cut out all the pox marks on the skin of a child with chicken pox - "so the child would be well." That would be silly because chicken pox is a systemic disease. The pox marks in the skin are only a local manifestation of a body that is totally sick. When you get the sick body well - then the chicken pox marks will go away.

It's the same way with cancer. When a person gets the whole body well, the cancer will go away.

I know how you feel. When I developed cancer and got so terribly sick, my 2 sons were ages 16 and 21 - way too young to lose their mother - as you are.

Your mother **CAN** get well, as I said.

ALL disease, including ALL cancer, is a "Spiritual problem." It begins in the "heart" because we want to live, think, act, eat and handle stress **OUR** way rather than God's way. I'm not saying that we do it on purpose. Most people don't know that the very things that they are doing every day are the things that are making them sick. I sure didn't - and I'm a doctor. I didn't know any more when I first developed cancer than your mother's doctors know now.

But one thing I **DID** know was that I was **not** going to have chemotherapy, radiation or mutilating surgery because I had seen too many thousands of patients **DIE** from the "treatment" we give them for cancer. That is why I began searching around for a **real** way to get well.

Once your mother learns about the things in her life that she must **stop** doing, and the things that she must **start** doing - and actually **does them** - she will be on her way to getting well.

105. **Q. Pregnant with breast cancer.** I am writing you on behalf of my 28 year old sister who is 30 weeks and 4 days pregnant. She was just diagnosed with breast cancer on Thursday and met with her doctors for a consult yesterday. They want to deliver the baby at 32 weeks (in 10 days) so they can begin chemo and then surgery. The doctors think chemo is safe while pregnant in the third trimester but my sister said she refuses to undergo chemo while pregnant so the doctors want to deliver the baby soon. The doctors are not sure yet but they think the cancer is stage 2 or 3 based on the size of the growth. Is the aggressive juicing diet safe for pregnancy due to the detox that will occur. I am ordering many of your materials. We only have 10 days until the doctors plan to deliver the baby. Do you have any advice or instructions to follow because she is pregnant?

A. I cannot tell your sister what to do, but I **CAN** tell you what I would do if I were in the same situation as your sister.

I would NOT have chemotherapy - EVER, nor would I allow the doctors to terminate my pregnancy early.

Your sister gave herself this cancer, just like I gave myself my cancer. Neither of us did it on purpose. We did it because we were ignorant of what causes cancer.

The Health Plan that I used to get well is NOT a "diet." I repeat, the Health Plan that I used to get well is NOT a "diet." The proper nutrition is critical for recovery but it is **only ten percent** of the Health Plan. In order to get well, one must follow ALL Ten Steps with 100% commitment.

ALL disease - including Cancer - begins in the "heart" because we want to live, think, act, eat, and handle stress **our** way, rather than **God's** way. The **ONLY** way to **reverse** Cancer is to STOP doing the things that are **causing** it and START doing the things that will REBUILD the immune system - the **ONLY** system in our body that God has given us to get us well.

Neither your sister nor anyone else can develop cancer unless their immune system has been severely suppressed by the way they have been living, thinking, acting, eating and handling stress their whole life. Chemotherapy is **poison!** It will suppress her immune system even MORE! And **that** is the system she needs in order to Get Well.

Again, if I were in her "shoes," I would get the materials that I recommend on my website at www.drday.com (click on the red, oval, navigational button at the top left-hand side of my home page that says, "How to Get Started on This Health Plan") and DIG IN and begin diligently studying ALL the materials.

Again, if I were in her shoes, I would not be at all concerned about what you term the "aggressive juicing program." I assume that your sister is not diabetic. That would be the only reason that I personally would go slower on the carrot juices, until I reversed the diabetes - which is reversed rapidly when one is eating and exercising properly.

The juices are FOOD - as God made it - in the concentrations that God created it. Ob-Gyn doctors give pregnant women their vitamins and minerals in MAN-made pills. Why do **they** think they can improve on the way God made vitamins and minerals in natural food.

One more thing, God's Plan **cannot** be combined with "man's" way (chemo, radiation and mutilating surgery) and be expected to succeed.

Your sister must make a choice: will she follow GOD'S way - or will she follow "man's" way (the doctors' way)!

God has PROMISED to "heal ALL our diseases" (Psalm 103:3) but **ONLY** if we do it HIS way - and NOT "man's (the doctors') way. God says, in Deut 7:11-15, "IF you follow My LAWS (that includes the Ten Health Laws on my DVDs) My Commandments (ALL TEN of them - I talk a lot about what that means on one CD in my CD series "Stress Success: Overcoming Stress in a Stressful World"), and My decrees (including that things I mentioned about loving one's enemies, forgiving all who have ever wronged you, etc), I WILL keep you FREE from EVERY Disease." That is the wonderful promise of God.

God PROMISES to **heal ALL our diseases** - but **ONLY** if we follow HIS ways and NOT the ways of the doctors. Naturally, that requires one to really learn to **trust in GOD** - and not in a "church."

Cancer is a wonderful opportunity to learn to trust God. It was the BEST thing that ever happened to me. I admit, at the time it was pretty traumatic and I would not have recognized the "benefits" of what I was going through. But looking back, I realize that God got my attention through my having cancer - and He showed me how to straighten out my whole life.

The Health Plan WORKS - but **ONLY** if you actually DO it!

104. **Q. Young man, age 32, with ALS.** My friend who is 32 was just diagnosed with ALS (Amyotrophic Lateral Sclerosis, also known as Lou Gehrig's disease), and I was wondering if your plan can help him. I have known two people with cancer who have followed your plan and it totally cured them. My friend is a new father and he is scared. He believes in the Lord and the power of prayer. Can your plan help him?

A. ALS is caused by the SAME factors that cause every other disease, including cancer.

Your friend has **given himself ALS** by the way he has been living, thinking, acting, eating, and handling stress - the very same way **I gave myself Cancer**. The **good news** is that we

can REVERSE these diseases by CHANGING the way we live, think, act, eat, and handle stress.

Your friend is very young to have been diagnosed with ALS. That suggests that his lifestyle, diet, and ways of handling stress must be very bad.

But he **can reverse** his ALS if he learns the things that he is doing that are **causing** the problem and decides to **change** almost everything in his life - so he can get well. I have seen it happen. Everything your friend needs to know to get well is in the materials on my website at www.drday.com

Drugs NEVER cure disease - whether the disease is ALS, or Cancer, or any other disease.

But he CAN get well. It's up to him. He can live a healthy, disease-free life and live to see his grandchildren grow up.

103. **Q. Gum and Bone loss around the Teeth.** Is there a cure for severe gum and bone loss? I'm a 50 yr old male and my dentist says there isn't anything to help me but a drug that is very expensive or maybe surgery which is more expensive. I take care of my teeth, brush, floss, use mouthwash but it doesn't work. My dentist says its hereditary.

A. Bone loss, in general, in the bones of the body is called Osteoporosis. Bone loss around the teeth (called Periodontal disease) is caused by the same factors that cause Osteoporosis - or bone loss - in the rest of the body. I discuss Osteoporosis in great detail in my Workbook entitled "Getting Started on Getting Well" and also on my DVD, "Diseases Don't Just Happen." The Workbook cannot be used alone. It is designed to help one implement the Health Plan that is on my DVDs, particularly the DVDs, "You Can't Improve on God" and "Diseases Don't Just Happen." Please see my website at www.drday.com

I have more interest in Periodontal disease than most physicians because I was a Dental Hygienist for 6 years **before** I went to medical school, and continued at that occupation for an additional 4 years while working my way through medical school.

102. **Q. Femur fracture in my 80 year-old mother.** I've just bought your DVDs "You Can't Improve on God" and "Diseases Don't Just Happen" and am now viewing them as often as I can.

One question I'd like to ask is, last week my 80 year old mother fell down and broke her left femur bone. Doctors have scheduled her for metal screw operation in a few days time. I'm not a fan of conventional medical treatments but in her case is there any other alternative therapy? Is putting in metal screws in her bone the only option left for her?

A. God PROMISES to "heal ALL our diseases" (Psalm 103:3) but ONLY if we do it HIS way (by the things that HE has made - in the form that HE made them) and ONLY HIS way. (Deut 7: 11-15)

But episodes of Trauma - including broken bones and poisonings and accidents of any sort - are **not** in the category of "Diseases." They are in the category of Trauma. Trauma, in the strictest sense, is **not** caused by the way we think, act, live, eat and handle stress.

Diseases **are** caused by the way we live, think, act, eat, and handle stress. Diseases can be **reversed** by **changing** the way we live, think, act, eat, and handle stress.

But trauma - such as broken bones - is not primarily caused by the way we live, think, act, eat, and handle stress. If you break your femur, you need to have it repaired by an Orthopedic Surgeon - as soon as possible, with hardware, either metal screws and a plate or a metal rod or whatever is appropriate for the specific fracture.

Broken bones occur more often in the elderly because 1) they fall more often, and 2) their bones have become fragile.

The important thing to understand is that the **number one cause** of falls in the elderly is the **DRUGS** prescribed by their doctors (virtually all of which make them less mentally alert and more unstable in their walking). The elderly are often on multiple DRUGS because they are suffering from many different diseases that **they** brought on themselves (as everyone does) by the way they have been living, thinking, acting, eating, and handling stress ALL their life.

Then, their bones have become fragile - **not** just because of "old age" - but because of the way they have been living, thinking, acting, eating, and handling stress ALL their life. One's

lifestyle, the type of food one eats, what one drinks, how one handles stress, and the drugs a person is taking, are ALL contributory factors to the development of Osteoporosis.

All the things that cause brittle and fragile bones (Osteoporosis) in the elderly are covered in my materials, with all the medical references that support what I say. The medically documented causes of Osteoporosis are very different from what the media will tell you, and even very different from what your doctor will tell you. Drugs will **not** reverse osteoporosis.

Your mother needs to have her broken femur fixed surgically as soon as possible. It is not good for an older person to lie around in bed. They will become disoriented and they may develop blood clots that can go to their lungs and cause them to become very ill, and maybe even die. She needs to be up and out of bed as soon as possible. The best way to accomplish that is for her to have her broken femur surgically stabilized with some type of hardware.

So your mother did contribute to her weak bones by years off living, thinking, acting, eating, and handling stress wrong. Of course, she didn't do it on purpose. (None of us do it on purpose.) But she did it nonetheless.

Now the doctors will probably want to put her on an osteoporosis DRUG, which, in the long run, will only make her medical condition worse, because Drugs NEVER Cure Disease.

I discuss Osteoporosis and its **causes and prevention** in my DVD, "Diseases Don't Just Happen" plus in my Workbook, "Getting Started on Getting Well."

101. **Q. Give me a guarantee that your plan will cure my wife's cancer.** My wife has invasive ductile carcinoma, we just got the diagnosis. I will document every single day that she works your plan. Will you give me a guarantee that your plan will cure all her cancer?

A. You can document what she does and says and the way she acts, but you cannot document her "heart." You cannot document whether she is holding envy or grudges in her heart, whether she has false pride, whether she truly trusts in God. Only God knows her heart – NOT you!

Cancer is a "spiritual" problem. It always begins in the "heart" because we want to live, think, act, eat, and handle stress OUR way rather than GOD'S way. We want to be in control of our own life and not be in subjection to God. We don't want to follow HIS rules. Even Christians don't really "know" God. They "know" their church, and they trust in "man" (pastors, doctors, the government, etc.) rather than trusting in God.

As I said, Cancer begins in the "heart." Only much later do the symptoms actually appear in our physical bodies. Once the cancer is large enough to be diagnosed - even microscopically - it has already been there for several years, sometimes many years. That's why it is so ridiculous for doctors to treat cancer as an emergency - and scare the person into being **poisoned** or **burned** or having their body parts cut out – or cut off - IMMEDIATELY!

I'm not suggesting that anyone should ignore their diagnosis, but a person certainly has a few weeks to get educated about his or her options.

Your wife has given herself cancer by the way she has been living, eating, and handling stress - just as I gave myself cancer by the way I was living, eating, and handling stress. We give ourselves cancer - and all other diseases - one day at a time - ignorantly, because we don't understand that we are damaging our body with the routine things of life. Our habits are killing us!

The Good News is that we can REVERSE those factors - and Get Well.

Once we understand how the routine things we accept as "normal" are actually harming our body - and we STOP doing them - and START doing the things that will rebuild our immune system, we will get well.

But that requires that one study the Health Plan enough, including the SEVENTEEN pages of excerpts from numerous articles in the finest medical journals that appear in my Workbook, Getting Started on Getting Well (that is designed to help one implement the health plan on my DVDs), to understand WHY the Health Plan works – both Biblically AND Scientifically.

Cancer is a disease of Old Age. Sixty years ago, cancer was rare - and it virtually only occurred in the elderly.

But now, because of the terrible way people are eating, living, and handling stress and because of the fast, stressful pace of "modern" life, cancer is occurring in younger and younger people - even babies - even newborns! Why does cancer appear in newborns? Because of the way the baby's mother was living, eating, and handling stress while she was pregnant, with the additional major problem of deadly vaccinations given to newborns before they even leave the hospital, when their immature immune systems cannot resist the deadly toxins in the vaccinations.

The **ONLY** way to get well is to **REVERSE** the cancer by refraining from doing the things that **CAUSED** the disease in the first place. If we keep on doing those same things - living, eating, and handling stress the **wrong** way - we will never get rid of the cancer.

Certainly **poisonous** chemotherapy, **burning** radiation, and **mutilating** surgery will **never** cure cancer because it is impossible to get a sick person well by poisoning them - or burning them - or by cutting out their organs or cutting off their body parts.

Now about your request for a guarantee. Yes, there **IS** a 100% guarantee that goes with the Health Plan.

But I'm not the one who gives it.

I, personally, have **never** given a guarantee that the Health Plan I used to get well will cure cancer or other diseases. But there **IS** someone who **DOES** give a 100% absolute guarantee that this same Health Plan will work 100% for Cancer and virtually **ALL** other diseases - and that is God.

He promises to "heal **ALL** our diseases" (Psalm 103:3) but **ONLY** if we do it **HIS** way - **GOD'S** way - and **NOT** "man's" way (the doctors' way). Deut 7:11-15

And we cannot combine **GOD'S** way (the totally natural way - using only the things that God has created, in the form that God created them) with "man's" way (the doctors' way) that includes Poisoning, Burning, and mutilating surgery.

Every doctor **KNOWS** that **BOTH** chemotherapy and radiation **CAUSE** Cancer. That's why it makes no sense at all to use any of those supposed "treatments" on a person who already **HAS** cancer!

And one certainly cannot combine **GOD'S** way with New Age techniques that are **ALL** anti-God. I discuss this in detail on my DVD "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why."

And the Health Plan is **NOT** a "diet." I repeat, the Health Plan is **NOT** a "diet." The proper nutrition, though critical for recovery is **ONLY TEN PERCENT** of the Health Plan. In order to get well one must follow **ALL** Ten Steps with 100% commitment.

There are many things that your wife may – or may not – be doing that **YOU CANNOT** document because they are in her heart - a place that only God can access - no matter what your wife tells you she is doing. Those things include:

learning to **LOVE** her enemies,

learning to **FORGIVE** everyone who has ever wronged her,

learning to **ADMIT** (to herself and everyone else) that **SHE** gave this disease to herself by the way she was living, eating, and handling stress,

learning to give up anger and grudge-holding,

learning to be **Unselfish**,

learning to give **ALL** her stress to the Lord,

learning to trust the Lord with her very life,

learning to live, think, act, eat, and handle stress **GOD'S** way - rather than her own way,

learning to be thankful for everything in life,

learning to have an attitude of gratitude,

learning meekness and humility,

learning to develop patience and let God change her heart - and everything else about her life, allowing God to give her - and her family - an Attitude Adjustment!

Those things cannot be documented either by you or someone else sitting beside your wife with a pencil and paper recording her actions. Much of the work necessary to get well from cancer and other diseases occurs in the "heart" where it cannot be seen. Only the results can eventually be seen. If one thinks that a person's commitment to the Health Plan can be documented by what is observed with the five senses ONLY, he or she has missed the complete essence of the Health Plan.

As I said, ALL disease begins in the "heart" because we want to live life OUR way. Frank Sinatra sang, "I did it MY way." He certainly did, and HE died of a heart attack **and** Alzheimer's - something the family didn't want the public to know. "His way" was the same as most people's way. It leads to disease and premature death.

So it is in the "heart" that disease must first be addressed. That is why doctors are powerless to find a cure for ANY disease. Drugs NEVER cure disease - because they ALL have side effects that harm the body. And no disease is caused by a deficiency of drug-taking. That is why "taking" a drug CANNOT reverse the disease. Drugs only cover up the symptoms, while the disease continues to get worse.

One does not develop cancer because they have not had enough chemotherapy in their lifetime. That is why chemotherapy CANNOT cure cancer. Sure, chemotherapy kills a lot of cancer cells - but while it is doing that it is also killing a lot of GOOD cells - particularly the cells of the person's Immune System - the ONLY system in our body that God has given us to get us well and keep us well.

Only when we are willing to live, think, act, eat, and handle stress the RIGHT way - the way that will make our body strong and disease-free - will we be able to get well.

So, **YES, there is a 100% guarantee that the Health Plan works**, but I have never claimed to be the one who gives the guarantee. I just took advantage of the guarantee that IS given by God, and decided to follow the Totally Natural Health Plan with 100% commitment. And here I am alive and well and cancer-free over 16 years since my tumor first appeared.

But one of the necessities for getting well is a pure and contrite heart, and a belief that God **WILL do** what He has **already promised to do**. One cannot come to God's Health Plan with a "jutting chin and a set jaw" that says, "You PROVE it to me." A person with that attitude will never understand how to implement God's Health Plan because his arrogance will keep him from understanding Truth!

100. **Q. I have cancer. Can I still color my hair?** I know I am vain. I am completely gray and I'm only 54. So, I have been highlighting and not allowing them to put anything directly on my scalp.

A. The main ingredient in the hair LIGHTENERS is hydrogen peroxide, which is not harmful. I'm sure there are other chemicals in the "lighteners" but they seem to be insignificant and not a problem for one's health. So I think you are probably all right in continuing to lighten your hair.

If you were to ask me about DARKENING your hair, I would say NO. Many of the henna colors are clearly carcinogenic. I would also be very suspicious of the black and brown hair dyes. I have not studied into them as much, but I would not recommend them.

The bottom line is that the DYES that darken the hair are not good. But the Lighteners don't seem to be a problem, particularly if they don't get on your scalp.

So, I think it is acceptable for you to continue to lighten your hair as long as you don't let the chemicals get on your scalp.

A few other things I'll answer before you ask: buy your deodorant from the health food store and make sure it does **not** have aluminum in it. Try to get one with has many natural ingredients as possible. The type of deodorant you use IS important.

As far as make-up is concerned, don't worry too much about it. When I was terribly sick, I didn't wear any make-up because I had more important things to think about - like staying alive. While I was getting well, I tried all sorts of "natural" cosmetics from the health food store, but the major promotional points with those brands is that they don't test them on animals - NOT that they are so "natural" and healthful for the person using them.

But I do recommend that you refrain from using perfume. It's ALL chemicals and is not necessary. And when one is sick, it can cause allergies. And don't use sunscreen - many of them are carcinogenic. I discuss sunlight and how to use it healthfully on my DVD, "You Can't Improve on God."

The whole point is that you do the best you can. God knows your heart, so He fully understands whether you are doing everything you possibly can, or if you are cheating because you want to do it YOUR way and not His way.

That's why **GOD guarantees the Health Plan 100%** (Psalm 103:3) - and not me. He knows everyone's heart, and I don't.

I finally realized that it is **far more important** what we put into our:

Mind: Finally my brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Philippians 4: 8

Heart: forgiveness, loving our enemies, an attitude of gratitude, unselfishness, praying for others, including our enemies, learning to TRULY trust God, etc.),

Eyes: what we read, watch - such as movies, TV, books, etc.

Ears: what we listen to - such as gossip, the type of music we listen to, refusing to listen to our friends or family who lead us AWAY from trusting in God, and

Mouth: eating the proper food and eliminating the harmful food,

- - - than what make-up we use or whether we lighten our hair.

99. **Q. Yoga exercise.** Please can you tell me why Christians should not do yoga exercise? I have seen the benefits it can do but before I embark on it I would like to be sure I am not displeasing the Lord?

A. Yoga is promoted as nothing more than a harmless series of exercises, but it is part of eastern religion that includes meditation ("clearing the mind" supposedly for stress relief) and visualization (for goal setting and even for "healing"). But eastern religion (New Age) is the antithesis of Christianity. Christians believe - or SHOULD believe - that Jesus Christ is the answer to all our problems. Eastern religions believe that the "healing" and "energy" is "within YOU" - NOT outwardly from Jesus Christ.

Eastern religions also believe in Kundalini, which is the "coiled SERPENT at the base of the spine" that is the source of "energy.") That coiled "serpent" is actually Satan.

The whole goal of Yoga and meditation of the Eastern religions is to empty the mind - so it can be taken over by other "forces." It is diabolical and a Christian should not have anything to do with it, even though it is "pleasantly" billed as just a series of exercises. It is the Adversary's way of getting people ignorantly involved with something that appears harmless, and then leading them further into deception.

When I first developed cancer, I was not a Christian, and I was searching for ways to get well without drugs or surgery. I started Eastern-type meditation (for stress relief) that seemed "harmless" to me. But was I in for a BIG surprise. I had horribly frightening visitations from evil beings that scared me silly. I realized that what I thought was "harmless" was NOT "harmless" at all. It was diabolic!

My secretary then told me that her mother (who was a Christian at the time) had had a similar experience when she innocently started "meditation" to lower her blood pressure. She stopped it immediately.

When a Christian has **anything** to do with Eastern religions (New Age), it opens the door to eventual possession by the forces of the Adversary. Remember, Jesus said, "If you are not **with me**, you are **against me**." Matthew 12:30

A very good book to read about the New Age religion is, "Deceived by the New Age" by Will Baron.

98. **Q. Mixing God's Health Plan with other therapies. Is that good or bad?** My sister has Invasive Ductal Carcinoma, Grade 3, triple negative breast cancer. She is so excited and has great

respect for you and follows your therapies religiously. I have noticed that she is so desperate to beat this cancer that she has started using other alternative treatments such as Budwig's (cottage cheese and flax seed oil) with yours. I am very concerned that if she mixes all of these therapies they will not be effective. Could you please let me know if she is jeopardizing her recovery by doing this.

A. First of all, it doesn't matter what "Grade" her cancer is, or if it is "triple negative" or "quadruple negative" or anything else. She has Breast Cancer. Cancer is Cancer. None of the rest makes any difference. The SAME Health Plan works for ALL cancer, no matter how severe.

You say that she "follows my therapies religiously" but in the next sentence you say she is adding "other alternative treatments." That is an oxymoron. If she were truly "following my therapy religiously" she would NOT be using any other "alternative treatments."

She apparently does NOT have all the materials that I recommend for a person to Get Started on the Health Plan. Those materials are listed on my website at www.drday.com (Click on the red navigational button that says, "How to Get Started on this Health Plan.")

As I have stated a thousand times, the Health Plan is NOT a "diet." The proper diet is critical for recovery but it is ONLY ONE step in the Ten Step Plan. In order for a person to get well, he or she **must follow ALL TEN STEPS.**

Yes, indeed **she IS jeopardizing her recovery** by doing this. Cottage cheese is an animal product (obviously) and **ALL animal products PROMOTE the growth of cancer.**

Your sister must not have my DVD, "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why." In that DVD I discuss over SIXTY different Alternative therapies, including over FORTY I tried myself. I discuss the Johanna Budwig protocol on that DVD and why it does NOT work.

God PROMISES to "heal ALL our diseases" (Psalm 103:3) but ONLY if we do it HIS way, **and HIS way ONLY** (Deut 7:11-15). One cannot "mix and match." When the sick person does that, it PROVES that he or she does NOT trust God.

The real problem with your sister is she does NOT "believe" that God's Health Plan will heal her. Remember, when Jesus was on earth, the ONE requirement for healing to take place was that the person **had to have FAITH.** The person had to "BELIEVE" that Jesus COULD accomplish the healing.

When the two blind men came to Jesus for healing, Jesus said to them, "**Do you BELIEVE that I can do this?**"

They said, "**Yes Lord.**"

Jesus touched their eyes saying, "According to your **FAITH** (your **BELIEF**) be it unto you." Matthew 9:28,29

Jesus said that He could **not** do "many might works" In Nazareth, His hometown, "**because of their UNBELIEF.**" Matthew 13:58

"**Without FAITH (BELIEF)** it is impossible to please God." Hebrews 11:6

Your sister does NOT "believe" in God and His promises. She needs to watch my DVD entitled, "**Believing is Seeing,**" and spend a whole lot more time in Bible study and prayer AND in truly following God's Health Plan - and God's Health Plan ONLY!

97. **Q. Acne.** Can you recommend any topical treatment to treat acne along with the diet recommended?

A. Acne is caused by the same things that cause cancer and Parkinson's and heart disease. Now don't misunderstand me, I'm not saying that if you have acne you're going to develop cancer, but I am saying that ALL diseases and disorders are CAUSED by the way we live, eat, and handle stress.

The Health Plan is NOT just a "diet."

The reason people develop acne is that they are full of toxins because of the way they are living, eating, and handling stress. There are four main ways that the body eliminates toxins: 1) through the urine, 2) through the feces (bowel movements) 3) through the breath (that's why a lot of people have bad breath), and 4) through the skin.

Actually the skin is a **major** source of elimination of toxins, particularly when a person is constipated. I discuss constipation in depth in my Workbook, "Getting Started on Getting Well" (that is designed to help one implement the Health Plan that is on my DVDs and CDs) and show why virtually ALL diseases begin in the "colon" because virtually EVERYONE is constipated.

A person should ideally have a bowel movement after EVERY meal. It is called the gastro-colic reflex. When a person eats a meal, that gastro-colic reflex triggers the elimination of the waste products from a previously digested meal (and the waste products the body produces in the course of daily living) from the intestine, making way for the new food to come through. That's what babies do - BEFORE they start growing up and begin eating wrong, living, wrong, not exercising, eating sugar, eating animal products, not drinking enough water, drinking caffeinated drinks, and begin worrying about everything in life - ALL of which (and many more things) CAUSE constipation.

"Modern" life is very conducive to SEVERE constipation - which leads to ALL sorts of diseases, including Acne!

So then the body starts filling up with toxins, these toxins begin to come out through the skin - and Voila! - you have Acne!

So, to get rid of acne, it takes a lot MORE than just changing one's diet. One needs to follow ALL Ten Steps that are in the Health Plan that is on my DVDs, CDs, and in my books, in order to get the body working correctly in every respect so the toxins can be eliminated rapidly and properly.

Please see my website at www.drday.com and you will see the items I recommend for people either 1) WITH cancer, or 2) with a disease OTHER than cancer. Click on the red, oval, navigational button on the top left-hand side of my home page, that says, "How Do I Get Started on This Health Plan" and continue to scroll down.

Anything that you would put on your face (other than soap and water) will NOT cure acne. It will only cover-up the symptoms while the underlying CAUSES of the problem will only continue to get worse. So if you do not REVERSE the underlying causes of acne, you WILL - eventually - end up with a far worse disease.

In addition, anything that you would put on your face (other than soap and water) will contain lots of harmful chemicals. And your skin is not only an organ of excretion (to help get rid of toxins) it is also one of the largest and "best" delivery systems for getting DRUGS **into** the body. That is why there are dramamine PATCHES (for sea-sickness) and estrogen PATCHES, etc., because the skin **absorbs** these drugs. So when you put chemicals on your face, your skin **absorbs** them and takes them into your body - which is NOT good. Those chemicals will only INCREASE the amount of toxins you have in your body, eventually making the whole problem WORSE!

96. **Q. Allergies and Asthma:** I need to know about allergies and asthma.

A. That information is on my DVD, "Diseases Don't Just Happen." Please see my website at www.drday.com

95. **Q. Infection, antibiotics and colitis.** Recently I had to have several teeth extracted due to gum infection. I was prescribed several antibiotics. I knew that antibiotics are bad, but with all the infection going on I felt I had no choice but to take these antibiotics.

After being off the antibiotics for a little over a month - I started have bowel trouble. Currently, I have bouts with diarrhea several days a week. On the other days I feel o.k. I did seek medical advice because I was going crazy trying to figure out what was wrong. The initial diagnosis is that I may have an infection from these antibiotics. This diagnosis hasn't been confirmed yet. My question is: If this is colitis, will God's Ten Step Health Plan heal or reverse this?

A. The reason you have had a gum infection is because your immune system is not working right. A person's immune system becomes suppressed because of the way they are living, eating, and handling stress.

When one takes antibiotics, the immune system is suppressed even more, and the good bacteria that are in the colon are destroyed, the bacteria that help form Vitamin B12, and the other good bacteria (called - normal flora) that contribute to other healthy body functions. When those good bacteria are destroyed by the antibiotics, then bad bacteria overgrow and cause all sorts of problems - such as the ones you are now experiencing.

In order to get everything working right, one must CHANGE the way he is living, eating, and handling stress, in order to REBUILD the immune system.

The way to do that is on my DVDs, CDs, and in my books.

So, in answer to your question, Yes, God's Ten Step Health Plan CAN reverse colitis - just like it can reverse cancer, and Parkinson's, and every other type of disease.

God says that He "heals ALL our diseases" (Psalm 103:3) but ONLY if we follow HIS ways and NOT the ways of "man" (the doctors) (Deut 7:11-15).

Everything that the doctors do only "treats" the symptoms - NEVER the underlying CAUSE of the problem. God's Health Plan **always** treats the underlying CAUSE of the problem so it will go away.

94. **Q. Sciatica.** I just did some physical work on a fellow who has had a significant re-emergence of Sciatic Nerve disorder. He is looking for other than tradition 'system relief' medication. Can you help us here? I would really appreciate any direction or instructions you can provide.

A. I discuss sciatica and back problems (in addition to many other diseases and disorders) on my DVD "Diseases Don't Just Happen" and I show what causes Sciatica and how it can be prevented and reversed.

Please see my website at www.drday.com

93. **Q. Cervical/uterine/bladder Prolapse.** My wife is 73 years young and weighs about 90 Lbs. She has had 4 large babies over the years and it has caused her bladder to drop near the opening of the vagina. She has tried Kegel exercises, slant board, walking, and the use of light weights. However they have not solved the problem. She is a vegetarian and has live juices from our Norwalk juicer every day. My understanding is that many women have this problem. What should she do?

A. It is usually all the pelvic contents that start to sag (prolapse into or through the vaginal canal) - including the uterus and cervix, as well as the bladder. The several things you mentioned will not solve her problem. Kegel exercises are particularly **useless**.

When you say she is a vegetarian, is she a vegan vegetarian? And how many juices does she drink a day? And how much water does she drink every day? And which of my DVDs, CDs, or books do you have?

In order to solve the problem, one must follow the Health Plan with 100% commitment, as well as doing vigorous exercises to strengthen the abdominal and pelvic muscles, including knee-chest exercises, bent-knee sit-ups, Roman-chair sit-ups, crunches, and many other abdominal and pelvic strengthening exercises. You can find a book illustrating these types of exercises at any bookstore.

92. **Q. Chelation. Do you believe in Chelation?**

A. I discuss Chelation on my DVD entitled "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why." Please see my website at www.drday.com

91. **Q. Myositis.** I took a few hours to check everything on your web site. I could find nothing about my rare muscle disease called Myositis. Apparently nobody knows what causes it or where it comes from. I get weaker all the time & have trouble walking without falling down. My fingers are so weak I can't open a drawer or hold a pencil to write. Also there seems to be no treatment or cure. Is all of this true? Is my problem the only thing doctors don't know anything about?

A. You are still in the mode of thinking that each individual "disease" has a different cause from every other disease. If you really read all the answers to the questions in the Frequently Asked Section of my website at www.drday.com you would realize that ALL diseases and disorders are caused by the SAME factors - the way we live, eat, and handle stress.

Let's get a little REAL here. You obviously went to your doctor complaining of pains in your muscles. Your doctor "brilliantly" gave you the diagnosis of "Myositis" and probably CHARGED you for your visit. Let me tell you how IGNORANT your doctor really is - and how thoroughly he has tried to Con you.

"Myos" means "muscles" in Latin. "itis" means "inflammation of" in Latin.

So YOU went to your doctor complaining of pains (inflammation) or weakness in your muscles - - - and your Doctor gave you a Diagnosis of "Inflammation and weakness" in your muscles." But HE said it in Latin - Myositis - and **CHARGED** you for telling you **exactly** what YOU told him. But **he** said it in Latin - so you are impressed with his "diagnosis", and you **PAID** him for telling you (in Latin) **exactly** what YOU told HIM in English!

And he even **admits** he doesn't know what is causing it. Yet you STILL paid him (or your insurance did - or the state did. Somebody paid him for your visit.)

What your doctor is really saying is, "I don't have **any idea** what is going on in this man's body, so I'll just give it a Latin name, and he won't KNOW that I don't know. Then I'll give him DRUGS - and usually the patient will think I have done something for him. Then I can CHARGE him. And he'll keep coming back to me over and over again, for MORE drugs, so I now have another patient who will be coming to me for the rest of his life."

Don't you see the medial Con Game going on here? We doctors are NEVER taught how to get a person well from ANY disease. ALL we are taught is to give out harmful DRUGS - and take out organ (or cut off body parts). **Neither of those cure anybody of anything!** And the patient has to come back - and back - and back - until he eventually DIES!

And I'm sure your doctor wants to give you DRUGS - which will only make things **worse!**

You ask in your e-mail, "Also there seems to be no treatment or cure. Is all of this true?"

No, this is **not true**. It's ALL a lie. But the doctors **believe** the LIE!

You have "myositis" because your body is all filled up with toxins **because** of the way you have been living, eating, and handling stress - for all your life. (By the way, you didn't tell me how old you are, or what other medical problems you have, or how many drugs you are already on.) If you CHANGE the way you are living, eating, and handling stress - your "myositis" will go away.

The way you are living, eating, and handling stress is adding daily to the burden of toxins that your body can't get rid of. You are not feeding your body properly, you are not drinking nearly enough water to help eliminate the toxins in your body (and you are drinking and eating many other things that are HARMFUL to your body), and you are not exercising regularly to help your body eliminate the waste products that are building up in ALL your cells, including your muscle cells, which are causing you pain, and you do not know how to handle your stress - ALL of which contribute to your muscle pains and weakness, along with all the other Ten Laws of Health that you are violating.

No, your "disease" is **not** the only one that doctors don't know anything about. The doctors don't know how to get **anyone** truly well from **any** disease. They just give people DRUGS which **never** cure **any** disease, but the patient feels temporarily better - UNTIL they develop **more** problems from the side effects of the DRUGS - **then** the doctors tell them they have **another** disease (but they don't tell you that the DRUGS **caused** the **other** disease), and then they give you MORE drugs for the **other** disease.

As I said, it's the biggest Con Game of ALL time.

You CAN be well - totally well - but **not** by taking DRUGS. Drugs will only make you worse. If you begin on the Ten Step Health Plan, you will be amazed at the improvement you will see and feel, once you start living, eating, and handling stress **properly**.

90. **Q. Trusting God when I have cancer.** I started to cry when I was in the middle of reading your email. It is so fearful to trust God completely.

A. Are you suggesting it would be LESS fearful to trust "man" - doctors? God knows **everything**, including how to get you well, because He created your body. And He **promises to** heal you if you stay close to Him and follow HIS ways, and NOT the ways of the doctors - ways that only **harm** your body and do **not** heal it.

God LOVES you! Do you think that **any** doctor would care about you like God does? I'm not saying that doctors don't care about their patients, but let's face it - you are **not** the daughter of your doctor. "Doctoring" is his or her **business**. But **you are** a daughter of God! And **no one** can LOVE you as much as God does.

God **knows** the future! Your doctor does **not** know the future?

God is with you 24 hours a day, 7 days a week. And He makes "house calls." He comes to you! And you can talk to Him at **any time**, day or night – by praying. With your doctor, you're lucky if you can get in to see him or her if you call a week ahead of time. And then you may have to wait several hours once you get to the doctor's office. But there is **no waiting** for God.

God has **promised** to "heal ALL our diseases" (Psalm 103:3) if we follow HIS ways (Deut 7:11-15). There is **no** doctor in the world who would guarantee that he could make you totally well. Yet God **freely** gives you that 100% guarantee that He will heal you.

So, **who** would you rather trust - God or "man"? Whose Plan for Health contains more wisdom – God's or "man's"? Whose Plan for Health will heal your body and not harm it – God's or "man's"? Whose Plan for Health comes with a 100% guarantee of success – God's or "man's"?

You **know** the answer. And that should make you smile – not cry.

89. **Q. Multiple Sclerosis:** My health question is: I have a number of your videos and workbook. Can you comment on Multiple Sclerosis, it's cause, and how about the Histamine Prokarin patch, or low dose Naltrexone?

A. Both of the items you mention are DRUGS, and DRUGS Never Cure Disease!

I discuss Multiple Sclerosis on my DVD "Diseases Don't Just Happen." Apparently you do not have that one.

Also, on ALL my DVDs, CDs, and in my books, I point out that ALL diseases, including Multiple Sclerosis, are caused by the way we live, think, act, eat, and handle stress. So the **ONLY** way to REVERSE disease is to STOP doing the things that have CAUSED it, and START doing the things that will REVERSE it.

We give ourselves disease one day at a time by injuring our body a little bit more every day by the way we live, think, act, eat, and handle stress, until - one day - we find out we have a really BAD disease. And then we foolishly go to the doctor, who gives us DRUGS - which only hurt our body MORE.

As I said, these two items you mention are DRUGS. And Drugs NEVER cure disease. They only cover up the symptoms of the disease, making you FEEL better (for a while) while your disease continues to get worse.

The side effects of Naltrexone are truly FRIGHTENING, and that drug should NEVER be put in ANYONE'S body. In the Physician's Desk Reference (PDR), the "bible" of drugs for doctors, that drug has a BLACK-BOX WARNING, **which means it can KILL you**. The other side effects, besides DEATH, include: convulsions, stroke, migraine headaches, mental impairment, high blood pressure, potentially fatal blood clots to the lungs, heart attack, heart failure, total body swelling, hardening of the arteries of the heart, muscle spasms, chest pain, lethargy, irritability, agitation, delirium, pneumonia, gastrointestinal hemorrhage, and MANY, MANY other horrible side effects.

DRUGS do NOT make a person well. They just add to the burden of illness, and eventually ALWAYS make a person WORSE!

The two main ingredients of the Prokarin Patch are Histamine 2 and caffeine.

On my DVDs, especially my DVDs, "You Can't Improve on God" I discuss the severe problems caused by caffeine. MS patients say that their fatigue and lethargy are improved when they use the Prokarin Patch. NO SURPRISE there! Their fatigue and lethargy would also be improved (for a short time) with a big cup of Starbucks, or an energy drink – BOTH chock full of CAFFEINE! But that will eventually make them **much worse!**

Caffeine is a very harmful DRUG. It is a diuretic – meaning that it takes MORE water out of your body than comes in with the drink. And one of the MAIN causes of MS is Dehydration. So, by taking ANY substance with caffeine in it, you are getting a short term "Quick Fix" that peps you up for a little while, but will in the long run, make you much WORSE. In addition, caffeine has many other harmful side effects.

Histamine causes inflammation, ASTHMA (which can be life-threatening), and allergies. That is why people with those conditions often take ANTI-histamines.

ALL these things are DRUGS. And, as I have said thousands of times, DRUGS NEVER Cure diseases, including Multiple Sclerosis.

Multiple Sclerosis is CAUSED by the way one lives, thinks, acts, eats, and handles stress. The ONLY way to REVERSE MS and Get Well, is to STOP doing the things that have CAUSED it and START doing the things that will make a person well.

THAT is the information on my DVDs, CDs, and in my books. Please see my website at www.drday.com

88. **Q. Male Infertility:** I am in my 40's. My wife and I have been married for several years, and she has not been able to conceive. I went for a sperm count test and it revealed I was azoospermic (no levels of sperm in the semen) and the urologist said the only way for me to have a biological child with my wife would be to have a biopsy to investigate whether I have sperm in my testicles, and if so, have an in vitro fertilization. But then the chance of pregnancy was 25% at most. I knew this route could not be taken because we cannot afford the costs.

A. Infertility is caused by the SAME things that cause every other disease and disorder (assuming that you have not been knowingly poisoned in some way, or had your testicles irradiated). It is caused by the way one is living, eating, and handling stress. If you CHANGE those things, you will not be infertile anymore.

Your body can't work right to make sperm (and everything else it needs), if it is not nourished properly, if the body is under too much stress, and many other things that are covered in the Ten Step Health Plan that is on my DVDs, CDs, and in my books.

ALL diseases and disorders are CAUSED by the way we live, think, act, eat, and handle stress. These problems do not just fall out of the sky. But we doctors in our training are NEVER taught how to get people really well. We are ONLY taught how to give out DRUGS and cut out organs. But those things NEVER cure diseases and disorders.

The Health Plan that is on my DVDs, CDs, and in my books does not cost ANYTHING to follow (except for the healthy food you have to buy), once you get the materials and understand what you need to do. You just need to get your body functioning properly and THEN your body will form sperm that are alive, healthy, and motile and you and your wife can have a child.

Your wife should go on the Health Plan as well, so she will also be in the best health.

By the way, God gives an ABSOLUTE guarantee to REVERSE infertility. It is found in Deut 7:11-15. Essentially it says, "IF you OBEY My laws (that includes the TEN Health Laws that are in my materials), My Commandments (ALL TEN of them - and I discuss HOW they are to be kept, on one of the 5 CDs in my CD set entitled "Stress Success: Overcoming Stress in a Stressful world") and My Decrees (learning to LOVE your enemies, learning to be Unselfish, learning to FORGIVE everyone who has ever wronged you, learning to TRUST God) I WILL keep you FREE from EVERY disease, and NONE of you will be BARREN."

At the end of my DVD "Believing is Seeing" there are a number of Testimonials, including one from a young woman who had uterine cancer and polycystic ovaries who was told she would never get pregnant, and needed a hysterectomy.

Instead, she got on the Health Plan - and indeed GOT PREGNANT and had TWINS - with NO fertility drugs. The little twin babies are also shown on the DVD.

Just go to my website at www.drday.com and click on the large oval red button at the top left hand side of my home page that says, "How Do I Get Started on This Health Plan?" Then scroll down until you see the words, "For Diseases OTHER Than Cancer."

THAT is the material I recommend for you and your wife to GET STARTED on getting healthy. Because you don't have cancer or some other life-threatening disease (I assume), you don't need to drink all the 13 home-made fresh vegetable juices I speak of on my DVD "You Can't Improve on God" but the more you drink per day (in between your healthy meals, of course) the faster you will nourish your body.

But also remember, the Health Plan is NOT just a "diet." It has TEN STEPS, and ALL Ten steps must be followed to get your body healthy.

One more thing. If you wear Jockey shorts, get rid of them and switch to boxer shorts. When a man wears jockey shorts, the testicles in the scrotum are held too close to the body and the heat of the body decreases the sperm count as well as the activity of the sperm.

The testicles, in order to function properly, **MUST** hang free and not be pressed close to the body, so they can be maintained at a cooler temperature.

Many men have become fertile just by changing the type of shorts they wear. I know it sounds a little strange, and men like to make jokes about it, but that is true. And every doctor **KNOWS** that - or they should. If your doctor didn't already tell you to do that, then I wouldn't put much faith in him or her.

But just think about it. With the doctor making **SO MUCH** money on infertility treatments, why would he or she tell you something to do that is totally **FREE**, that has a **MAJOR** chance of reversing, or at least improving dramatically your chances of becoming fertile!!

Doing that, plus following the Health Plan with 100% commitment, is **GUARANTEED** - by God - (in Deut 7:11-15) to make you fertile!!

And again, the Health Plan on my DVDs, CDs, and in my books costs **NOTHING** to follow - except the cost of food - and one has to buy that anyway. The only difference is that you buy **NOURISHING** food, rather than **NON-nourishing** junk that most people eat. **ALL** the other steps in the health plan cost **NOTHING** to follow.

87. Q. Eye floaters. I've been to a specialist who said there was nothing the medical profession can do to heal eye floaters. I just have to live with it. It seems that this is beyond the reach of the medical world.

A. Eye floaters are caused almost entirely from stress. Life is stressful for everyone, but you can learn how to **HANDLE** your stress so it won't cause symptoms. **THAT** is the information on my DVDs, CDs, and in my books.

ALL diseases and disorders are caused by three main things: the way we live (and think and act), what we eat and drink, and the way we handle stress. Please see my website at www.drday.com

86. Q. My cancer keeps "coming back." I have just had a mastectomy after having a lumpectomy in 2003. My cancer has come back for the third time and I am 39 years old. The only good thing is that it seems to come back locally and does not spread, thank God. But my prognosis isn't really great as my medical team says my cancer may return in the scar tissue of the skin graft that has been recently done, just as my cancer came back in the skin of my reconstructed breast. Now the breast and skin have been removed I am thinking if it does come back there is only so much of my skin and underlying tissue they can cut away. I really would like your opinion as to how I can best ensure this does not come back for a 4th time. I have ordered your DVDs and am waiting to receive them.

A. **ALL** cancers - and **ALL** diseases - are caused by the way we live, think, act, eat, and handle stress. That's why it is impossible to "cut out" the cancer! If a person has the cancer "cut out" - they still have the rest of their body left, and **THAT** is what allowed the cancer to develop in the first place.

Until we **CHANGE** the way we are living, thinking, acting, eating, and handling stress, the cancer will **ALWAYS** come back - either in the same place, or in a different place, or else the person will develop a different type of life-threatening disease.

The reason your cancer keeps "coming back" is that **you have continued to do the things that cause cancer.**

When you understand the things that you are doing that are causing the cancer, and stop doing them, and start doing the things that will rebuild your immune system - you will be able to Reverse the cancer and it will **NOT** come back.

85. Q. Cancer in Children. How do young children get cancer? A lot of people debate with me on cancer and ask about young children. They haven't had much time to "live bad." Just curious. Please also read everything on my website at www.drday.com including **ALL** the links at the top AND bottom of my home page, including all the Frequently Asked Questions and my answers, including **ALL** the Testimonials, including my article on how the body is designed to heal itself (once we stop injuring it daily by the way we live, think, act, eat, and handle stress) and my article entitled, "Are Doctors a Gift From God?"

A. Ah-ha! I caught you! You had to get my e-mail address from my website at www.drday.com where in the section, "Contacting Dr. Day" I ask you to please read my website (including the Frequently Asked Questions) **BEFORE** you write to me.

You obviously did not do that, because the answer to your question is right there under No. 2. Just scroll down until you see it. It is about "Babies being born with Cancer."

(Most people who ask questions that are already answered in my Frequently Asked Questions don't get an answer because there is just not enough time for me to repeat individually, by e-mail, the information already posted on my website. But you lucked out today.)

In addition to my answer in question No. 2 below (please read it), the vaccinations that babies are given in the hospital (when they have virtually NO immune system to protect them from the horribly dangerous substances that are in the vaccines) and the multiple subsequent vaccinations the government orders them to receive (in order to literally KILL these little ones) ALL contribute to the development of Cancer, autism, meningitis, and many other life-threatening diseases. By the time a child goes to school at the age of 5 or 6, they have been forced to receive close to FORTY such life-destroying vaccines.

Please also see my other website at www.goodnewsaboutgod.com and click on the red button on my home page that says "Political Truth" and scroll down until you see the title, "Population Control." You will see how vaccinations are one **major** way that the New World Order is NOW, and has been for a long time - KILLING children!

Your government does NOT love you – OR your children - nor do they want you or your children to be well. They want you DEAD!

The Presidents, Vice Presidents, ALL Presidential candidates, the Neo-cons, the Wall Street bankers who we have just bailed out with over a trillion dollars (that will have to be paid for by all of us and any of our children who survive their diabolic plans) refer to all of us (privately, of course) as "**useless eaters**" and the "**disgusting public.**"

Doctors are nothing more than unwitting, ignorant, brainwashed, stooges (brainwashed by the pharmaceutical companies) in this diabolic plan of using vaccinations as one of the tools to wipe out the population. I know, because I used to be one of them until I fortunately learned the truth.

In our medical training, we are all taught that vaccinations are "safe and effective" – just another one of the many BIG lies we are taught in medical school.

In addition, with the terrible and careless way parents are feeding their children now, it doesn't take long to give the children cancer: Fast food, processed food, soda with caffeine and sugar, Nutrasweet, MSG, hot dogs that ALL contain Nitrites - which are CARCINOGENS (Cancer-causing substances), fluoride in the water and in toothpaste, which can KILL a child even in the quantities used to brush a child's teeth. And these are just a FEW of the things that these children are taking into their little bodies. Plus they don't drink nearly enough water. And many of them are already on harmful drugs like Ritalin or Prozac, and many other drugs.

The second leading cause of death in Children is Cancer (second only to Accidents). That was NOT the case sixty years ago, BEFORE all these vaccines were mandated, and BEFORE the introduction of all this rotten, non-nutritious, fast food and processed food, and the chemical additives in the food.

It doesn't take long for "loving" parents to KILL their children (ignorantly and unknowingly, of course) by indulging their children in what the kids LIKE to eat (rather than the nutritious food that they **should** be eating), coupled with the parents allowing them to be POISONED by the doctor with vaccines and other types of DRUGS!

When a grieving parent looks down into a little casket into the face of their dead child, they must understand that THEY are the principle CAUSE of that child's death. I know that sounds harsh - but it IS the truth!

God has entrusted that child into the care of the parents until he or she is grown. That is a sacred trust and a solemn duty to raise the child by following God's way of living, eating, thinking, acting, and handling stress, instead of following "man's" way – the way of the world – which only leads to pain, disease, and an untimely death.

84. Q. Abnormal cells in the Uterus. Should I have a hysteroscopy? I have recently had an endometrial (lining of the uterus) biopsy due to postmenopausal bleeding in which atypical cells were found. I have a D&C (Dilation and curettage – surgical scraping of the lining of the uterus) with hysteroscopy (a look into the uterus through a small scope) scheduled for 3 weeks from now. I came across your tapes last week and ordered a number of them, which I have viewed and am studying. I

have started the 10-step program and will continue it whether or not the results of the D&C show cancer. My question is: I have read about the hysteroscopy, which can have rare but serious side effects. Would you have this test done? I will not have surgery, chemo, or radiation either way. On the other hand, if the test is negative I would like the peace of mind of knowing that.

Also, I have been using Coco-pure for a few weeks. It is cocoa without sugar or fat, and is supposed to be very high in anti-oxidants. I mix it with water. Do you have an opinion on this product?

A. Here is the question you must answer for yourself. You already know that you have atypical cells. Atypical cells are cells that are **NOT normal**. That should be enough for you to say to yourself, "I MUST change the way I am living, eating, and handling stress because my body is NOT working right."

The first step in developing cancer is the development of "atypical" cells.

What we physicians know, that the lay public does not know, is that when a person is developing cancer, it is a whole continuum in what the cells look like. Let me explain. You don't just "have cancer" on Wednesday, when you did not have cancer on Tuesday (the day before). Before a cancer is large enough to be detected microscopically by the pathologist, it has been there for several years, often as long as five years.

You see, when one lives, eats, and handles stress **WRONG**, the toxins slowly begin to build up in the cells (as if you were accumulating garbage in your house and you couldn't get it out), and these toxins begin poisoning the cells. The cells are **NOT "normal"** one day - and abnormal the next day. The cells **SLOWLY** become abnormal and become out of control.

Almost **ALL** pathology slides (of biopsy specimens) are examined by many pathologists, even in the same office, and often the slides are sent to expert pathologists in other cities for that very reason - because the cells look **VERY** atypical (NOT normal) - - but, "Can we say," the pathologists say, "that it is frankly cancer right now? Or is it just dysplasia?" (atypical cells - to some degree or another - on their WAY to becoming cancerous.)

As I say on one of my DVDs, when I was a medical student, I actually saw a number of pathologists (after each had looked at the slides of a patient) stand around discussing whether or not the person actually had cancer. (The cells on the pathology slides were clearly atypical (NOT normal) - but could it really be called "cancerous" at that moment in time?) Finally, after much discussion - - - they flipped a coin!! Yes, they flipped a coin - to decide **WHAT** diagnosis they would put on the pathology report.

Pathology is **NOT** an exact science. The pathologists did that, **NOT** because they were crass and insensitive, but **BECAUSE** the changes in the cells are slowly progressive - the cells don't just become cancerous **ONE DAY** - or at **ONE** moment in time. They have been **becoming** atypical (abnormal) - slowly - for a **LONG TIME**.

You have already received a diagnosis of "Atypical cells" (your cells are **ABNORMAL**) which to **ME** - as a Physician - would be a **BIG** wake-up call. Knowing what I know about how a pathologist makes the diagnosis of cancer - and how the cells become cancerous slowly, one day at a time, over a long period of time, I would **Get On the Health Plan - NOW!**

The Health Plan is not a "treatment" per se - it's not just something you do - or something you take - **WHEN** you have cancer, it must be a **PERMANENT** lifestyle change, a change in everything in your life.

You already **know** you have atypical cells in your endometrium (the lining of your uterus). You already **know** (if you have my DVDs) that you **CANNOT** "cut out" cancer, because the **SAME** process is happening in **OTHER** cells in your body that is happening in your endometrium - because your endometrium is **NOT** disconnected and isolated from the rest of your body.

Even though you may not **FEEL** sick, your body **IS** sick, or it would not be producing atypical (abnormal) cells.

If you have a hysteroscopy and your doctor tells you that you **DON'T** have cancer - yet they have **ALREADY** found atypical (abnormal) cells, you say you will be "relieved." That would be a **FALSE** sense of "relief." Because, as I said, in order for you to develop atypical cells **ANYWHERE** in your body, your **WHOLE** body has to be sick - and functioning improperly.

Just think about it, the **SAME** blood that runs through your endometrium is running through your **WHOLE** body. The waste products that are **not** being eliminated from your endometrial cells are not being eliminated from **ALL** the **OTHER** cells of your body, as well.

That means that there is a "disaster" in your body – just waiting to happen!

We, as physicians, are taught to concentrate on the "tumor" or on the "lesion" (the group of atypical - or outright cancerous - cells) as though the problem in the body is ONLY there. But the "tumor" or "lesion" is only the **RESULT** of a total body that is NOT working right - a body that is producing toxins by the improper nutrition that is being taken in to the body (and circulating THROUGHOUT the body), the lack of water drinking so the cells cannot eliminate their waste (THROUGHOUT the body), not handling stress properly causing suppression of the immune system (THROUGHOUT the body), and violation of ALL the other Ten Steps in the Natural Health Plan.

I think you can see my point.

Again, you would be living in a delusional world if you can have "peace of mind" when you already have "atypical cells." It's time to DO something. It's time to **get on the Ten Step Health Plan Now!** It's a **whole lot** easier to PREVENT cancer - to turn things around **right now** - by PERMANENTLY changing the way you live, eat and handle stress - than it is to REVERSE cancer - like I did.

In addition, you can - right now - be developing other types of diseases as well, because ALL diseases are caused by the way one lives, eats, and handles stress.

You say you have my materials and you are "studying them", but if you are taking Coco-pure (chocolate tea combined with green tea) or anything else like that, you have MISSED my point **completely**. You have missed the essence of what I'm trying to tell you in those materials.

"Processed food" means anything in a box or a can. Cocoa, and tea, and green tea ALL contain a caffeine-like compound that is a diuretic - like coffee or caffeinated soda. It will dehydrate your body. PLUS these so-called "foods" also contain many other harmful substances.

Besides, Cocoa is so harmful, that it should not really be categorized as "food."

The food industry is controlled by charlatans and outright criminals who want to make money - NOT help you stay healthy. They'll tell you ANYTHING in order to sell their product. Our society has wandered so far away from the truth about health that doctors and "researchers" are telling people that wine is good for you, that sugar is good for you, that cocoa is good for you - just because they contain SOME anti-oxidants – even though ALL of those things just mentioned are VERY harmful for you.

I don't want to be crude here, but the eliminated waste material from a dog or a human also contains SOME anti-oxidants - but that does NOT mean that we should eat it!

Doctors and these researchers know **nothing** about health. Neither did I learn **anything** about health from my medical training. I didn't learn anything about health until I got sick, and started studying on my own.

Please read EVERYTHING on my website, including ALL the links at the top AND bottom of my home page. And I assume that you have obtained ALL the materials that I suggest that are necessary to Get Started on the Health Plan.

Once you have implemented ALL that material into your heart, your mind, your lifestyle, and your diet, then you can progress to getting your body in TOTAL HEALTH, by continuing to follow the "Curriculum for Getting Well" that is in my Workbook, "Getting Started on Getting Well."

83. Q. Hormone "treatment" for 'estrogen sensitive' breast cancer? Am I crazy to refuse hormone treatment of "estrogen sensitive" breast cancer? Unfortunately, I've already had chemo and a lumpectomy but now I am focused on, and dedicated to, restoring and improving my immune system. These drugs the doctors want me to take are for the rest of my life, and to my logical mind--and per your DVDs -- will undermine my immune system. But everyone--including breast cancer "survivors" -- look at me like I'm crazy or suicidal. I guess I just need a reality check. Thanks.

A. Even though you have had a lumpectomy, if you have my materials, you KNOW that it is IMPOSSIBLE to "cut out" cancer. The cancerous lump is ONLY a local manifestation of a systemic disease (a disease that is affecting your WHOLE body). As I say on one several of my DVDs, and in my article (on my website at www.drday.com) about how the body is designed to heal itself, you would never dream of taking a child who is very sick with the chicken pox, to a surgeon to ask him or her to "cut out all the pox marks on his skin - so he

will be well." That would be ridiculous, because chicken pox is a systemic disease (it affects the WHOLE Body). The pox marks in the skin are just LOCAL manifestations of a whole body that is sick. Once you get the whole body well, the pox marks in the skin will GO AWAY.

That is the SAME way with Cancer. When the whole body gets sick, because a person is NOT living, eating, and handling stress properly, then the body starts developing problems. Those problems can manifest themselves as a cancerous area in a certain part of the body, or the body can demonstrate the problems it is having by developing symptoms in the muscles and nerves (such as in Multiple Sclerosis) or in many different ways.

But it is the BODY that is sick. One must get the WHOLE BODY well - not just cut out the certain area that looks bad (either to the eye or under a microscope) because if you just cut out that area, you still have your WHOLE BODY left - and THAT is what allowed the cancer to develop in the first place!

If you develop a headache – does the doctor recommend that you have your head cut off?? That would make about as much sense as cutting off your breast or even doing a lumpectomy.

In addition, it is IMPOSSIBLE to get a sick person WELL by POISONING him or her - but THAT is what chemotherapy is - POISON. Also, it makes NO difference whether your breast cancer is "estrogen sensitive" or not, even though the doctors will tell you it does. Cancer is Cancer. It is ALL caused by the way we live, eat, and handle stress. And it ALL responds to CHANGING the way we live, eat, and handle stress. Giving you more drugs will just harm your body **more**.

As you know from my DVDs, CDs, and my workbook, it is IMPOSSIBLE to develop cancer, or any other disease, if your immune system is working properly. So, in order for you to have ALREADY developed cancer, your immune system HAD to have been suppressed by the way you were living, eating, and handling stress.

So THEN, you had the lump cut out (which does NOT cure cancer), and you PAID the doctors to POISON you with chemotherapy - causing even MORE damage to your immune system. ALL chemotherapy SUPPRESSES the immune system.

NOW, they want you to take hormones - MORE DRUGS - that will have MORE SIDE EFFECTS - that will HARM your immune system MORE.

You will notice that they tell you that you have to be on them "for the rest of your life" because the doctors KNOW that the DRUGS will NOT Cure you.

You must decide whether you want to POISON yourself some more - with DRUGS - or if you want to start REBUILDING your immune system.

The ONLY way to REVERSE Cancer is to STOP doing the things that CAUSED it, and START doing the things that will REBUILD your immune system. THAT is the information on my DVDs, CDs, and in my books, on my website at www.drday.com

I realize it is difficult to "swim against the tide" of all your friends who believe the doctors know what they are talking about (which they don't - ALL the doctors are doing is "parroting" what we ALL have been taught by the DRUG-dominated medical training we have had. They NEVER really THINK about the IDIOTCY of what they are doing) but in order to be fully "grounded" in what you believe, you must continue studying and learning, and studying and learning, and studying and learning some more.

Make sure that you have ALL the materials that I recommend in order to Get Started on the Health Plan (see the Red Navigational button on the top left hand side of my website that says, "How Do I Get Started on This Health Plan?") Then, when you have implemented ALL that information into your heart, mind, diet and lifestyle, you can continue on to total health by following the "Curriculum for Getting Well" that is in my Workbook, "Getting Started on Getting Well."

YOU are the one who has your head on straight. Your friends - and other supposed cancer "survivors" are just mindlessly following the "White Coats." If the Doctors in the White Coats are so smart, why do doctors have a shorter life expectancy than the general population, and why do doctors have a HIGHER suicide rate than the general population, and why do SO MANY of THEM DIE of cancer after they have had the treatment THEY recommend for others? - - - And WHY, in surveys of doctors, do 75% of them say they would NEVER take chemotherapy?

As I say on one of my DVDs, Doctors are MORE AFRAID of Cancer than the general population, BECAUSE Doctors KNOW that the "treatments" that orthodox medicine prescribes for Cancer (POISONOUS chemotherapy, BURNING Radiation and MUTILATING Surgery) do NOT cure cancer - and are horribly painful, and often CAUSE the patient's death!

It is the people who are trying to PUSH their archaic, brutal, and sadistic "treatments" on you that are in DARKNESS - NOT you. They are not even THINKING about what they are saying. They are just mindlessly "believing" the so-called "experts" who are leading them astray.

When I was getting well, you can imagine the negative comments I received from all my medical colleagues. They thought I was crazy. But, I'll tell you a few personal experiences.

One of my colleague doctor friends at San Francisco General Hospital developed Breast Cancer at the same time I did. (I was in Southern Calif. by that time, and she was still at San Francisco General Hospital.) She (I will call her Connie) and I had been in residency at the same time - she in Internal Medicine, and I in Orthopedic Surgery. We were even pregnant at the same time in 1978 - she with her first child, and I with my second. We had the same OB/GYN doctor. We delivered our babies in the SAME hospital, in the SAME delivery room at almost the SAME time. She was coming OUT of the delivery room, as I was going in. We talked to each other as we passed in the hallway, each of us on our individual gurney. So her oldest daughter is about **15-30 minutes older** than my younger son.

And, as I said, later she and I both developed breast cancer at the same time - in 1992-1993. SHE had the "finest treatment" money could buy - right there at UC San Francisco Medical Center - chemotherapy and radiation and mastectomy. ALL of it done by our medical colleagues in the University - who believed they were doing the right thing.

I chose to have NONE of those things and I got well by REBUILDING my immune system. She, of course, thought I was crazy!

But Connie DIED in 1996. Her daughter and my son were only 18 years old at the time. She NEVER got to see her "little girl" get married, or have children. She will never see her grandchildren, the children of that daughter.

On the other hand, I am alive and totally healthy and cancer-free, and I DID watch my son get married and I **will** be able to see my grandchildren as they come along.

I have had DOZENS of my doctor friends DIE from Cancer - after they have had the orthodox "treatments" that your friends are trying to push on you. The reason the doctors DO get chemotherapy, radiation, and mutilating surgery, after saying that they WON'T (because it is so PAINFUL, and they KNOW it doesn't work) is that they don't know what else to do. And they become just as frightened as the patients do. So they take the "treatment" - - and DIE!

My cancer first appeared in 1992, and here I am alive, well, cancer-free - and strong as a bull - SIXTEEN years later. I work full time, go to the gym 3 times a week, play tennis, snow ski, water ski, and do everything I did when I was 25. I have NO aches or pains, I take NO medications - and have the same energy I had when I was 25.

YOU can be the same way. Just stick to the Health Plan and become so educated about what you are doing (from studying ALL my materials) that you will not be bothered by what people say. In fact, a good way to handle the pressure is just to say, "You have the right to decide on YOUR "treatment" - and I have the right to decide on MINE." And leave it at that. Don't get into discussions with them about it.

On my DVD, "Drugs NEVER Cure Disease" there is the testimonial of a nurse who went through the same type of thing you are going through. After a while, people in the hospital - who had at first thought she was a little "nutty" - started asking her for advice, when they saw her getting well.

All my medical colleagues who thought I was a little "nutty" CANNOT argue with the fact that I am totally well and cancer-free. And there are many physicians who have obtained my materials. Fortunately, at least some doctors are interested in actually learning how to be well - and learning how to get their patients well.

82. Q. Insomnia. My Dad is on the 10 step plan, but he is not sleeping at night which you say is very critical to getting well. I tried giving him nighty night tea, valerian, and nothing seems to help, which I think is why he is not getting well. Is there anything you can suggest that he take, or maybe

something he can do, to get a good night's sleep? I am very worried that he is not getting the proper rest, and therefore slowing the progression to getting well, any suggestions will surely be appreciated.

A. You have sort of missed the point about the importance of sleeping at night. Sleep IS very important - but only if it comes NATURALLY - NOT by drugs or valerian, etc. That is **forced** sleep and is not healthy.

When one follows the health plan - ALL TEN STEPS - with 100% commitment, THEN the body will progressively become healthy, and the person will be able to sleep at night - UNAIDED.

While I was trying to learn how to get well - BEFORE I understood the Ten Step Plan - I didn't sleep for more than 2 hours a night for over a year.

Insomnia is a signal that the body is not working right. The answer is to follow the Ten Step Plan and GET the body working right - NOT trying to give the person something that will FORCE them to sleep.

Your father's Insomnia is a RESULT of his body not working right - NOT the CAUSE of it not working right.

Your father needs to focus a whole lot more on the spiritual aspects of why he is sick.

Has he FORGIVEN EVERYONE who has ever wronged him?

Has he learned to LOVE his enemies?

Has he learned to be Unselfish?

Has he learned to TRULY TRUST GOD with EVERYTHING in his life?

How much time is HE spending - alone - with the Lord in Bible study and Prayer?

Does HE have the book "My Utmost for His Highest" by Oswald Chambers? Is HE reading it every day?

Please read, in my workbook, Getting Started on Getting Well, the section on "Reasons For Failure."

As you know, Disease is a Spiritual problem. It began in your father's "heart" and THAT is where it must be addressed. But ONLY the LORD knows your father's heart. So your father must spend a LOT of time with the Lord in Bible study and prayer, so the LORD can show him what he needs to CHANGE - or get rid of from his heart.

81. Q. Will Carrot Juice leach the calcium out of your bones and damage the kidneys? I have begun the Ten-Step program and ordered my juicer, and I am going to ask for a leave of absence from my job to fully do everything that needs to be done. I read a book today by an author who agrees with many of the principles you use, but he states that the oxalic acid in carrot juice (which he says is a good thing as long as you don't get too much) can damage the kidneys and leach the calcium from your bones. He states you should not have more than one glass of carrot juice a day. Can the oxalic acid and vitamin A damage the kidneys?

A. Unfortunately, this author, like many others, doesn't know what he is talking about. He has NO scientific evidence for what he says. First of all, carrot juice is NOT high in oxalic acid. Carrot juice will NOT damage the kidneys, and the vitamins in carrots (including beta carotene - a precursor of Vitamin A) will NOT damage the kidneys either.

That author needs to drink MORE carrot juice so his thinking mechanisms and his ability to do research will improve.

And can I ask a question of you and all the other people out there who e-mail questions to me: **Would you please make this the LAST QUESTION about Carrot Juice?**

Carrot Juice is GOOD for you. It is NOT bad for you. God made carrots – and He made them FULL of healthful nutrients. The Adversary certainly wants to attack Carrot juice – precisely because it IS so good for a person. The ONLY times when there must be some caution taken with carrot juice or other fluids is when a person is in kidney failure or heart failure and is on fluid restriction, or if a person is a diabetic. (The answers to those situations are in my Workbook, "Getting Started on Getting Well.")

A person will sit down in front of me eating a chocolate and caramel candy bar with about a half a cup of refined sugar in it (that will SUPPRESS their immune system for FIVE HOURS), and talk to me about how BAD the (natural) "sugar" in carrot juice is for one's health!

I just shake my head in disbelief!

Here's the Bottom Line:

1. Carrot juice contains NATURAL complex carbohydrates – God's NATURAL "sugar." This is GOOD for you. This is VERY different from the **REFINED** sugar that is in cakes, cookies, candy bars, sodas, toaster tarts, fast food, processed food, etc. - which is BAD for you (which so MANY people LOVE to eat!)

2. Eating Carrots will **NOT** cause you to turn orange, any more than eating blueberries will cause you to turn BLUE, or eating raspberries will cause you to turn RED. Please, let's use common sense here! Carrots, and blueberries, and raspberries **can** stain the skin of your hands **temporarily**, while you are handling them, but the staining of the skin is localized **ONLY** to the places these foods touch. And the staining of the hands from carrots **lasts no longer** than the staining from blueberries or raspberries. But NO ONE has ever asked me, "If I eat blueberries, will I turn BLUE?" WHY do so many people ask the same question about carrots turning a person orange??? None of these foods will turn your entire skin ANY color – except the color "healthy"!

3. Carrots are **NOT** high in oxalic acid.

4. Carrots will **NOT** leach the Calcium out your bones. Carrots will STRENGTHEN your bones. However, Meat, poultry, fish, milk and dairy products, eggs, caffeine, and sugar – things people LOVE to stuff themselves **full of** - **WILL** leach the Calcium out of your bones – CAUSING Osteoporosis!

4. Carrots **DO** contain beta carotene (the precursor of vitamin A) and other wonderful vitamins, minerals and other nutrients. Beta carotene in carrots is GOOD for you. The vitamins in FOOD – the way GOD made them - will NOT harm you. However, man-made supplements, with concentrated high doses, such as in vitamin pills, MAY harm you, yet people supposedly trying to be healthy will take **handfuls** of these detestable things.

When a person gets his vitamins and minerals by eating natural food - the way God created it, they will NOT harm you.

(Also, please see Question # 74, below)

Please, let's have NO MORE questions about Carrot Juice!

80. **Q. Can carrot juice and green leafy vegetable juice be frozen?** I read where you said frozen food is dead food. Does that apply to juice that is made in the Norwalk Juicer, if the juice is frozen to be used at a later date?

A. Freezing destroys the enzymes in food. Enzymes are necessary for **life and health**.

Is juice - - FOOD? The answer is YES. So, if juice is FOOD, and food is dead if it is frozen, then juice is also dead if it is frozen.

There are people who promote freezing food as though it is superior to fresh, raw food, because they are only thinking about the vitamins and minerals - and NOT the enzymes - which are ALL destroyed by freezing. But the enzymes are one of the MAIN things about juicing that helps a person get well - because ENZYMES are in RAW food. Enzymes are alive – and promote life and health and help rebuild the immune system so it can reverse disease. Homemade vegetable juice is RAW and ALIVE - until you freeze it.

If your grandmother, or your wife, or your child is alive, and you FROZE them completely - they would be dead. Then later, if you thawed them out, **they would still be dead**. They would NOT come back to life. They would still be DEAD because ALL their enzymes had been frozen and killed.

I hope that illustration is **dramatic** enough for you to remember!

Frozen food, when later thawed out, will still contain vitamins and minerals, but ALL the enzymes will have been destroyed. And ENZYMES are necessary for life. If the enzymes are dead, the food is dead. The food will still contain some good nutrition, such as vitamins and minerals, as I said, but the food is NOT alive because the enzymes have been destroyed by the freezing.

And ENZYMES are necessary for life and health.

A raw potato, if placed in water, will sprout - and it will grow if it is planted in the ground. It contains enzymes. If you COOK the potato – or FREEZE the potato – and THEN plant it in the ground, it will NOT grow – because ALL the enzymes are DEAD. The potato will rot and become garbage.

The best way to drink the homemade vegetable juice is within 5 minutes of the time it is made, so you will get the greatest benefit from the enzymes. However, the juice can be refrigerated for a day or two, in small jars, with the lid screwed on tightly, but it **will still lose** some of its enzymes and nutrition from oxidation. But the juice should **NEVER** be frozen.

79. Q. Multiple Myeloma. I'm from Santiago, Chile. My wife was diagnosed with Multiple Myeloma. What can I do? Please, can you help us?

A. Multiple Myeloma is a form of Cancer. ALL Cancers (and ALL other diseases, as well) are CAUSED by the way we live, eat, and handle stress. Multiple Myeloma is REVERSED by the same Ten Step Health Plan that I used to reverse MY cancer.

The **only way** to reverse ANY disease is to **stop** doing the things that have caused it, and **start** doing the things that will rebuild a person's immune system. That is the information on my DVDs, CDs, and in my books on my website at www.drday.com Please read EVERYTHING there, including ALL the links at the top AND bottom of my home page.

Your wife CAN get well - completely - from her Multiple Myeloma, but NOT by taking Chemotherapy or Radiation - BOTH of which CAUSE Cancer, and BOTH of which will do MORE damage to her body than she has already done by the way she has been living and eating and handling stress.

78. Q. Wasn't Luke a doctor? I began reading your article entitled "Are Doctors a Gift from God?" I agree with what you have written, but a question came to mind. What about Luke? Wasn't he a physician and follower of Jesus Christ? How do you categorize his physician status as he is mentioned in the Bible?

A. You will notice that Jesus **NEVER** sent anyone to Luke for healing. **Jesus did NOT say**, "Go see Luke, I heal through doctors." When someone came to Jesus for healing, Jesus did it HIMSELF - either through His "Word" - which we have today in the form of the Bible - OR through Natural Methods (water, clay, etc).

Luke is referred to as a "healer" in the Original Greek – NOT a *physician*. The word used is #2395 In Strong's Concordance (which is derived from #2390 in Strong's Concordance) which means "to make whole." It is the TRANSLATORS that have translated the word "healer" as *physician*, because **they** - the translators - (erroneously) have supposed that doctors make people well - **which they DO NOT!** Doctors give people HARMFUL DRUGS that cover up their symptoms. They do NOT make people well!

Luke may well have healed people by using natural methods. But nonetheless, Jesus NEVER sent a single person to Luke for healing. Jesus ALWAYS healed the person Himself, just as He does today - through HIS word (the Bible) and through Natural Methods - the things that HE has made - **in the form** that HE made them. This is exactly the same way I got well - by using God's Totally Natural Ten Step Health Plan.

Remember, the proper food is important, but it takes a whole lot more than just eating the right nutrition in order to Get Well and to Stay Well. That's why the Health Plan has TEN Steps - and NOT just one.

77. Q. Is Cancer caused by a fungus? I know you receive so many emails, but I wanted to forward this article to you and see what you say about the idea that 'Cancer is fungus'. The author's answer is sodium bicarbonate? Yet I know that in your book you say that sodium bicarbonate is harmful to the body.

A. Indeed, sodium bicarbonate IS harmful to the body. But the bigger question is, "Does fungus CAUSE Cancer?" And the answer is, "NO!" I cover this question on my DVD "Drugs Never Cure Disease." In that DVD I show that GERMS (including fungus) do NOT CAUSE disease anymore than flies CAUSE garbage." Please see my website at www.drday.com

The false idea that fungus causes cancer is as old as the hills. It does NOT. (The SAME thing goes for bacteria. Bacteria do NOT cause cancer). The fungus only appears AFTER the person already HAS cancer. Just because fungus is found **in association** with cancer does NOT mean it has CAUSED it - anymore than finding flies **in association** with garbage means that the flies CAUSED the garbage.

Flies don't cause garbage - garbage attracts flies! Fungi don't cause cancer – the cancer (the dead and dying tissue CAUSED by the way the person has been living and eating) ATTRACTS the fungus organisms and the bacterial organisms - to clean up the mess of the dead and dying tissue that is CAUSED by the way a person lives, eats, and handles stress.

This is ALL explained in detail on my DVD, "Drugs Never Cure Disease."

76. **Q. Meniere's Disease:** I am 43 years and I have been diagnosed with Meniere's Disease this year. My ENT specialist has prescribed Sec24 that I take twice a day which is trying to abort the imbalance that I suffer terribly and to prevent my left ear from going deaf. I would like to know if using the prescribe medication is the only solution to my problem,

A. The symptoms of Meniere's disease include hearing impairment, ringing in the ears (tinnitus) and disturbance of balance and equilibrium (vertigo). There are literally **thousands** of drugs of all different types on the market. I have never heard of Sec24, nor is it listed in the PDR - the Physician's Desk Reference of Drugs - that lists virtually EVERY drug manufactured in America.

But you can be **sure** that Sec24 has some **serious** side effects - which ALL drugs do - and it will **not cure** your problem, because drugs do NOT cure disease. They only "treat" symptoms, NOT the **underlying cause** of the disease - and they ALL have side effects that harm the body, whether the person is aware of experiencing the side effects or not. They are still doing damage to your body, and they are NOT reversing your problem.

Actually "medication" is NOT - in any way - a solution to your "problem." It only treats your **symptoms** with harmful chemicals, and **does nothing** to actually solve your problem. ALL diseases and disorders are **caused** by the way we live, handle stress, and eat. So the **only** way to REVERSE a health problem is to find out **how** we should live, handle stress and eat.

One of the **major** causes (there are others) of Meniere's disease is dehydration - because it upsets the fluid balance in the inner ear. Dehydration is CAUSED by the way we **live**, the way we **handle stress**, AND the way we **eat** - and what we **drink**.

That is the information on my DVDs, CDs and in my books. Please see my website at www.drday.com

Diseases and Disorders are REVERSED by **changing** the way we live, handle stress, and eat - NOT by taking Drugs!

75. **Q. Kidney failure:** My mother was given too many diuretics (by the doctors) and it caused dehydration and damaged her kidneys. Now they (the doctors) are trying to push her toward dialysis and I believe the kidneys can heal themselves. What is your opinion on this? Thank you for telling it like it is.

A. That's **exactly** what I talk about in my materials. Please see my website at www.drday.com The body is designed to heal itself. The doctors have **already** made her sick with the medications, now they want to make her sicker - instead of **reversing** her problem (because **they don't know how** to reverse her problem - because ALL we doctors are taught in our medical training is either to give DRUGS - all of which **harm** the body - or they take out organs. We are **never** taught how to actually get someone **WELL**).

But, in my materials, I **do** show that there are NO incurable diseases, and I describe what one needs to do to get well.

74. **Q. Breast Cancer and a HORROR story of "treatment" by Doctors!** How does a person who has daily problems with vomiting manage to not only drink the juices and keep them down, but to drink the daily quantity specified in your program?

My 81-year old mother was diagnosed with **breast cancer** in 2003. She underwent the traditional lumpectomy, with two lymph nodes removed,

chemotherapy, and radiation. In 2005, she was diagnosed with **endometrial cancer**. Although she had had no symptoms, she was told it had already metastasized. There followed a complete hysterectomy and more chemotherapy. When her platelet count did not rise following her last chemo treatment, she was informed that she now had a **third** type of cancer, MDS (Myelodysplastic Syndrome – a pre-leukemic condition), **which was directly caused by the chemotherapy**.

In April of this year she underwent further surgery for a small bowel obstruction, where it was discovered she was full of adhesions (most likely the result of the hysterectomy), and more cancer was found in that area.

She came out of surgery with an ileostomy bag and she no longer experiences bowel movements in the normal way. She also has a Foley catheter in her bladder. After all this time, we are still changing dressings covering her bowel incision site, as she is still leaking feces through the incision.

In June she was back in the hospital again after 3 days of uncontrollable vomiting. She had a urinary tract infection and an infection in the IV through which she received TPN (Total Parental Nutrition – “Nutrition” through an IV line), her only real source of nutrition. Her arm swelled to twice the size and that IV line was removed.

She is back home and although she is bedridden, I try to get her up in her wheelchair every day possible to get her outside for some fresh air and sunshine. She is terribly weak, unable to stand up on her own, but is mentally alert. She originally came home from the hospital with Hospice, but I could not reconcile their philosophy of keeping a patient drugged until they die, plus my intense desire to see my mother live. We transferred her from Hospice to a Homecare Nursing Service. Since she is no longer with Hospice and doesn't have an IV line, she no longer receives TPN.

Obviously Mom's situation is grim. Her doctors have given her no hope, thus she has no hope. My boyfriend and I are the only ones in the family who feel that there is still a chance for healing. We struggle daily to convince her that as long as she's alive and there's a God, there's hope. I think she views it as an unlikely miracle. I do see her taking little baby steps in faith though; her willingness to do her exercises, her willingness to drink the juices, her willingness to go outside, her willingness to begin reading your book.

As Mom's exhausted primary caregiver, I felt the urgent need to get her started on your program the day she came home from the hospital. I'm doing the best I can but I have yet to get anywhere near the full amount or number of juices down her. And I'm not sure it matters because she vomits back up just about everything she takes in. She's unable to eat solid food and now she's vomiting up blood.

So back to my original question: When a person has continuous vomiting, how do you keep the juices down? Do I simply have to persist? Should I back off on the amount and/or quantity? Do I allow her more than 5 minutes to drink it?

I know the juicing is not the entire plan, in and of itself. But it is an important part of the plan. The body needs the nutrition to rebuild the immune system.

Obviously I am desperate for any advice and encouragement you can give me. We are nowhere near attaining 100% compliance with the program, but we ARE trying. Is it too late? Is there any Hope?

I appreciate your research and testimony and anxiously await your reply. Thank you for your help.

A. Let me recap your mother's history to see if I have it right.

- 1) 2003: Breast cancer "treated" with chemotherapy and radiation by the doctors.
- 2) 2005 Endometrial Cancer (By the way, THIS was also CAUSED in large part from the chemo and radiation that she received for the Breast cancer, which was prescribed by the doctors. Both chemo and radiation **destroy** the immune system and BOTH **cause** Cancer.)

"Treated" by the doctors with hysterectomy and MORE chemo.

- 3) Recent diagnosis of Myelodysplastic syndrome - ALSO CAUSED BY the previous chemo and radiation prescribed by the doctors.
4. April 2008, Small bowel obstruction CAUSED by the adhesions CAUSED by the previous hysterectomy done by the doctors.

"Treated" with colectomy (removal of the colon) and ileostomy (bag for the feces), performed by the doctors.

Now she has an indwelling Foley catheter (in her bladder), and has an unhealed abdominal wound that is leaking feces.

5. June 2008: Back in the hospital for uncontrollable vomiting. While in the hospital, had UTI (and probably received antibiotics).

Was fed with TPN (which is nothing but chemicals) and her arm swelled to twice its size because of the IV line placed – by the doctors - for the TPN.

Wow! And this is what the doctors call “treatment”?? This is Medical Torture! They are slowly and cruelly dismembering your mother, and they have charged HER hundreds of

thousands of dollars to do it!

Now, let's analyze this. First of all, your mother's breast cancer was **CAUSED** by the way **she** has been living, eating, and handling stress all her life (just like **mine** was), all of which **suppresses** the immune system.

After her diagnosis of breast cancer, she did **not change** the way she was living, eating, and handling stress, but instead, took the "treatments" the doctors recommended, **ALL** of which suppressed her immune system **EVEN MORE**, and all of which **CAUSED** even **more** Cancers, plus **additional serious** medical problems.

So, her endometrial cancer, her myelodysplasia, her hysterectomy, her colectomy and ileostomy, her unhealed wound that is leaking feces, her uncontrollable vomiting, and her hugely swollen arm, plus her present inability to eat solid food, and her ability to take only small amounts of fluid, **have ALL been CAUSED by the "treatments" given to her by the orthodox medical doctors.**

It is truly **AMAZING** that people believe that doctors can "make them well"!

I agree with you that your mother's outlook **IS** grim, particularly since, during this entire time, she continued to take enormous punishment to her body - as much punishment as the doctors' could imagine and prescribe.

However, where there's life, there is **ALWAYS** hope. Your mother **STILL** can **reverse** her cancer, but she can only do so if **SHE** wants to do it with **ALL** her heart. You **cannot** do it for her. Certainly, you can provide care for her, and provide the proper nutrition - as much as she can take - and try to get her outdoors in the sunshine, etc., but the Health Plan I used to get well is not a Plan in which one "takes something - like taking a pill - or like taking intravenous medications. Your mother has to get involved, to study the material herself - since her mind is clear - to spend time with the Lord in Bible study and prayer every morning and every night, to learn to know the Lord **personally**, not just to know "about" the Lord.

Then, she has to follow as much of the health plan as she can. And remember, the food and juices, though important for recovery are only **part** of **ONE STEP** of the total health plan.

Your mother needs to learn how to **FORGIVE** everyone who has ever wronged her, to learn to **LOVE** her enemies, to learn to be **Unselfish**, to learn to **TRUST GOD** with her very life, and to be **100%** committed to God and all the other steps of His Natural Health Plan and do **everything** that she can (within her limits) to follow the Plan.

If she is not **100%** committed - **herself** - she cannot get well.

God has **PROMISED** to heal **ALL** our diseases (Psalm 103:3) but **ONLY IF** we do it **HIS** way - and **NOT** "man's" way (the doctors' way) (Deut 7:11-15).

It's all up to her. She has to make a choice: Will she obey **GOD** - or will she obey "man" (the doctors)? And just **LOOK** at where they - the doctors - have taken her!!

73. Q. Carrot Juice – Does it turn a person's skin orange? My Dad has recently been diagnosed with bladder and prostate cancer. I really believe in your Ten Step Health Plan. My parents have both started juicing carrots. They have 2 tall glasses a day, but they have been told by people that carrot juice will turn your skin orange.

I wasn't sure, because I have seen your videos and you have beautiful skin. It doesn't look orange at all. Is this a myth, if not, what do you do so that your skin does not turn orange?

A. First of all, it takes a **whole lot more** than just drinking carrot juice to get well from cancer, or any other serious disease. The Health Plan has **TEN** steps, and **ALL TEN** steps must be followed with **100%** commitment in order to get well. The carrot juice is only a **PART** of the **nutrition part** of the plan - and the **nutrition part** of the Plan is **ONLY ONE STEP** in the Ten Step plan.

And 2 glasses of carrot juice per day is **NOT NEARLY** enough.

In order for your father to get well, he will need to get the items I recommend (on my website at www.drday.com) that one needs to get started. And he must study them diligently, and watch/read/listen to them over and over again. He cannot just let your mother do it for him. They need to study the materials together.

One of the **FIRST** requirements in getting well is to **NOT** listen to "other people." One must learn to study hard to find truth, and then **NOT** listen to what "other people" say. Other

"people" will almost always try to discourage you from following God's Natural Health Plan. They prefer to go to doctors and take DRUGS – which NEVER cure anything!

The SECOND requirement is that your father and mother need to understand that your father has a very SERIOUS, life-threatening disease and **who cares** if his skin turns yellow - if that's what it takes to get him well?

But, in fact, his skin will NOT turn yellow. The skin of the hands of the person who makes the juice may turn a little yellowish from handling the carrots, just like one's hands will turn red from handling beets, or even raspberries or blueberries. But WHO CARES? (Would you stop eating raspberries, or blueberries or beets, just because the handling of them might temporarily stain your skin a little? That would be foolish.)

Your mother and father need to get their priorities straight. When I was getting well, I didn't care what color my skin turned – just as long as it didn't turn GRAY (for being dead!), if whatever I was doing could make me well.

Would your father rather be ORANGE and WELL? Or GRAY and DEAD?

My point is this. In order to get well, one has to STOP dwelling on irrelevant minutiae and start looking at the big picture, and your father must say "**WHATEVER** the Health Plan requires - I'll DO it!

And your father can't just "nibble around the edges" of the Health Plan, by drinking a couple of glasses of carrot juice a day and think that that will make him well.

Getting well **requires** a lot of hard work, dedication, 100% commitment to the **complete Ten Step Health Plan**, self-discipline, and the willingness to change EVERYTHING in his life. If he is not willing to do that, he will NOT get well!

I drank EIGHT glasses of carrot juice and FOUR glasses of green leafy vegetable juice EVERY DAY for a FULL 6 and 1/2 years, (2 of those years I was still trying to figure out what ELSE I needed to do to get well, in addition to the proper nutrition - and then 1 1/2 more years while I was actually getting well - and then another 3 years after I was TOTALLY well). And THEN – only 3 years **AFTER** I was **completely well** – did I start to decrease the number slowly until now - **16 years later**, I still drink about 3 glasses of carrot juice and 3 glasses of green leafy vegetable juice every day. And you can see from my DVDs and my pictures on my website - I am NOT orange!

That Old Wives' Tale is a TOTAL myth!

But, again, the **biggest** point about all of this, even if carrot juice DID turn a person orange (which it does NOT), I would rather be ORANGE and ALIVE, rather than GRAY and DEAD!

"People" will tell you all sorts of things - but a person with cancer must learn to STOP listening to "people" and start educating himself about what is truth. Otherwise, he will **always** be totally confused.

Everything that your father needs to know to get well is in my DVDs, CDs, and in my books. But it only works - if he actually DOES it - and DOES it ALL!

72. Q. Multiple Cancers and another HORROR story of "treatment" by doctors in a YOUNG woman. On July 13, 2008 my daughter was admitted with the diagnosis of "Neck Pain" (She had been complaining of this 'Neck Pain' ever since the Mediport for the Chemo, was put in.) I notified the doctor and told him that she did NOT have 'Neck Pain' prior to the port being put in. The pain progressively got worse and on July 13th, the port was removed. Then, on July 16, it was discovered that she has a tumor in her neck near her spine which was causing all of the pain. As I stated earlier, she started on Radiation four days ago. **She just turned 29 years old.** Now she is having some problem with her kidneys. She's not eating or drinking much and is either in horrible pain or totally doped up. She is on ELEVEN different drugs.

Originally, she had been diagnosed with cancer, Stage 1, almost 2 years ago. She took Megase for 7 months. When she was first diagnosed with Cancer of the Uterus, she laid on the sofa for 3 months-- she was so weak and sick. Cancer cells had been detected in her cervix almost 3 years ago, but because she was on a Government Health Plan for Working Adults (She was going to college, and working) the Plan did not cover a Biopsy.

When she was finally able to get the biopsy done--cancer of the uterus was discovered. Then the doctor discovered that the cancer had gone into her vagina. The surgeon wanted to remove her

uterus, ovaries, lymph nodes, bladder (replace it with a bag), colon (replace it with a bag), rectum (sew it up), vagina (sew it up)--and she was only 28 years old with no children!

She went on the Chemotherapy, Radiation and had the surgery, but she was insistent on no bags. **On June 20, the following were removed: The uterus, ovaries, tubes, 21 lymph nodes, part of her stomach (a growth there from when she was born), appendix and part of the vagina.** There was only cancer in her uterus. The biopsy showed No cancer in the lymph nodes, ovaries, etc. We were so happy that there would be no bags--that I had never even thought of insisting that the doctor biopsy the ovaries and lymph nodes **prior** to removing them--even though we had discussed it him previously.

What our concern is now: Can she still recover with those lymph nodes removed? I know that they're the first line of offense. Also, I'm sure in some form all of these drugs and radiation (and she had two more CT scans done--for a total of 5 CT Scans in the last 2 months) are causing the kidney problems and probably even the tumor in the neck. I don't know what to do! She's my only child. She's such a wonderful, godly, lively, vibrant young woman who is now just lying there pale, bald, in a neck brace, barely able to talk! I don't know if I could go on without her! Any advice you could give would be greatly appreciated!

A. Since you have my video "Cancer doesn't Scare Me Anymore," you know that chemotherapy is **poison**, and radiation will **burn** her body, and **both** chemotherapy and radiation CAUSE Cancer and **both** of them DESTROY her immune system, the only system in her body that can get her well. And **both** chemotherapy and radiation can cause **serious kidney problems**. These supposed "treatments" will NOT make her well.

Since you have my video "You Can't Improve on God" - you know that Cancer is caused by the way we live, eat and handle stress. So the **only** way to REVERSE it is to **change** the way we are living, eating, and handling stress. We must do things GOD'S way and NOT "man's" way (the way of the doctors).

ALL of those **drugs** are harming her immune system even more.

Yes, she can still recover, even with the lymph nodes removed. But **her biggest** problem - and **your biggest** problem too - is that neither of you BELIEVE in God's Natural Health Plan. I don't know how long you have had my videos, but your daughter certainly is NOT following the Health Plan I used to get well.

She has chosen to trust "man" (doctors) instead of trusting God and His Natural Health Plan.

As you learned on my video "Cancer Doesn't Scare Me Anymore" - disease is a "spiritual problem." It begins in the "heart" because we want to live, eat and handle stress **our own** way, rather than following GOD'S way.

You are absolutely correct. The more "treatments" the doctors give her - the **worse** she gets!! The more "treatments" the doctors give her - the more they DESTROY her immune system.

Q. I don't know what to do!

A. How can you say that you "don't know what to do"?

Why don't you and your daughter decide to give your allegiance to GOD - and follow HIS way and HIS way only - rather than giving your allegiance to "man" (doctors).

If your daughter wants to get well, she will have to follow the Health Plan with 100% commitment, which will take a whole lot of self-discipline, determination, hard work, and total trust in God.

And you and she need to read **everything** on my website including ALL the links at the top and bottom of my home page. And then you need to click on the Red Navigational Button on the upper left hand side of my home page at www.drday.com and then click on "**What Do I Need to Get Started on this Health Plan?**" And then get that material and study it diligently and your daughter will have to be willing to CHANGE virtually everything about her life.

Everything your daughter needs to get well is on my DVDs, CDs, and in my books at www.drday.com

She has done herself a **lot** of harm with the supposed "treatments" she has received from the doctors. So she better get to work doing God's Health Plan - and she better start

following it right away - with 100% commitment.

71. Q. Essential Oils: I was recently diagnosed with ductal carcinoma In Situ (cancer of the breast) from a needle biopsy. Fortunately, I found your website and ordered two of your videos along with the workbook before committing to the traditional treatment plans. Please advise me on your thoughts concerning using essential oils such as frankincense, myrrh or sandalwood as a topical healing method in conjunction with your Ten Step plan.

A. There are NO diseases – including Cancer – that are caused by a deficiency of essential oils. Therefore, NO disease can be CURED by using essential oils. Diseases are the result of people living, eating, and handling stress their OWN way rather than the right way – God’s way. In order to get well, one must CHANGE the way they are living, eating, and handling stress by making a 100% commitment to the Ten Step Natural Health Plan that is in my materials. (See www.drday.com)

70. Q. Polycystic Ovaries: My daughter's doctor has prescribed Birth Control Pills for her supposed PCOS (Polycystic Ovaries).

A. You don't say how old your daughter is, or how they diagnosed her PCOS - or what you really mean by PCOS. I am assuming you mean Polycystic Ovaries, but the same initials can be used in different branches of medicine to mean different things. So it is always prudent to actually write out the diagnosis, rather than use initials. If you mean a different syndrome, please let me know.

Does your daughter have any symptoms? How was the diagnosis made?

On my DVD, "**Believing is Seeing**" there is the testimonial of a woman with Polycystic Ovaries PLUS Uterine Cancer (No, the two don't necessarily go together, she just happened to have both) and the doctors wanted her to have a hysterectomy and said she could never get pregnant. That, of course, was very disappointing to her and her husband.

Well, how WRONG the doctors were. After going on the Health Plan, not only did she cure her uterine cancer, but her ovaries began working properly and she gave birth to two darling twin baby girls, (with NO fertility drugs) and the baby girls are also shown on my DVD.

Her testimonial may also be, in abbreviated form, on the "Testimonial Slide Show" accessed from the box at the top of the home page of my website at www.drday.com

Your daughter's polycystic ovaries are NOT caused by a deficiency of Birth Control Pills. So those pills cannot cure her problem. And ALL birth control pills have significant side effects. Taking birth control pills contributed to my developing breast cancer - plus all the other factors I talk about on my DVDs.

Learning how to live, eat, and handle stress properly is the ONLY SAFE way to prevent and reverse diseases and disorders. THAT is the information that is on my DVDs, CDs and in my books.

69. Q. Multiple Sclerosis: I have had Multiple Sclerosis (MS) for 25 years, and being a strong believer of "change your thinking change your life, Louise Hay's book, I have had only minor problems. Along the way at 36 I was diagnosed with Bi-polar disorder. Without the medications, I have severe depression and mood swings. Is there anything that may help?

A. Although you may find it hard to believe, both your bipolar disorder and your MS are caused by the SAME factors. ALL disease - whether physical or mental - is caused by the way we think, act, live, eat, and handle stress. And ALL these diseases can be completely REVERSED by CHANGING the way we think, act, live, eat, and handle stress.

When I had cancer I also suffered from symptoms of MS, Parkinson's, Reynaud's, and severe anxiety. But when I began following the Totally Natural Ten Step Health Plan, eventually, ALL those problems went away over the same period of time that my Cancer was reversed.

You **can** be totally well and free from BOTH problems. Please see my website at www.drday.com and read EVERYTHING there including all the links at the top portion of my home page (the large red navigational buttons) and the links at the bottom of my home page. Then click on the button that says, "What Do I Need to Get Started on This Health Plan?"

68. Q. Brain Cancer - Glioblastoma Multiforme: Is this a disease that fits into your category for healing? Doctors at Mayo Clinic removed about 80% of the tumor recently and say that he has about 18 months to live. He's scheduled for radiation and chemo very soon.

A. ALL Cancers - including ALL brain cancers - and, in fact, ALL diseases of all types, are curable, because they are ALL caused by the way we live, eat, and handle stress. Once we STOP doing the things that have CAUSED the cancer, and START doing the things that will REVERSE the cancer, we can get well.

The doctors will say, "No one knows what causes these tumors" but they are wrong. They haven't read their own medical literature. I would have said the same thing 20 years ago, because we are NEVER taught these things in our medical training. Why? Because the pharmaceutical companies control most of what we are taught in our medical training, because THEY provide most of the funding for research for the medical schools (to develop MORE DRUGS) and so it's the old "Golden Rule - - - "He who has the gold - rules!"

It's IMPOSSIBLE to cut out Cancer, because all the factors that caused it to develop (the way a person lives, eats, and handles stress) are still operating in one's body. Unless a person CHANGES those things, naturally the tumor will come back and still continue to grow. And since the brain is enclosed in the skull, there is only a limited amount of tumor growth that can occur without killing the patient.

BOTH chemotherapy and radiation CAUSE Cancer. And they BOTH DESTROY the immune system, the ONE system we need to be able to get well. Not only will this NOT make the person well, it will make his or her life MORE MISERABLE until they die.

Please go to my website at www.drday.com and read everything there, including ALL the links on the red navigational buttons at the top of my home page and all the links at the bottom of my home page.

Glioblastoma multiforme is just as curable as my breast cancer, and just as curable as EVERY other kind of cancer. It has been 16 years since my tumor first appeared, and I am alive, totally well, and cancer free and as healthy, as agile, and as energetic as when I was 25 or 30 years old.

67. Q. Dr. Day's Ten Step Natural Health Plan vs. the Ten Steps on the HA website. Dr. Day, Is YOUR Ten Step Health Plan the same as the Ten Steps that are listed on the Hallelujah Acres website?

A. Absolutely Not! The Ten Steps that are listed on the website of Hallelujah Acres (HA) are NOT – I repeat – NOT - the Ten Steps that I used to get well. For many years, HA promoted nutrition only, as the way to get well. It was called the HA "DIET." But the proper nutrition by itself cannot reverse a serious life-threatening disease.

It is good that HA has decided to include more factors in their plan, but it still is very different from the Health Plan I used to get well. Please don't get confused. Over 11 years ago, in 1997, I first revealed on my DVD, 'You Can't Improve on God' how I got well using God's Ten Step Natural Health Plan.

But it has been very confusing to people now that HA has recently posted "Ten Steps" on their website. But their Plan is VERY DIFFERENT from the Ten Steps that I began publishing over eleven years ago, the Ten Step Health Plan that I used to get well. My Ten Steps are NOT listed anywhere on the website of Hallelujah Acres (HA).

Please don't get confused

FIVE of the Ten Steps on the HA website are ALL related to FOOD, whereas "nutrition," important as it is for getting well, is ONLY ONE step of my Ten Step Health Plan.

And ONLY THREE of the other steps in my plan are even suggested on the HA website. But even those four steps (nutrition, and the three others) do not have the detailed explanation and the scientific, medical, documentation that I give in my materials for why the Health Plan I used to get well - actually works.

Without that detailed knowledge of WHY you are doing WHAT you are doing, you are likely to fail in the long run.

Please do not make the mistake of thinking that the Ten Step Health Plan that is listed on the Hallelujah Acres website has anything to do with My Ten Step Plan that is detailed on my DVD "You Can't Improve on God" as well as being found in all my other materials.

SIX of the Ten Steps that I used to get well are not even mentioned on the HA website – even though they are critical for recovery from Cancer, or any other serious disease.

Getting well from Cancer or any other serious disease involves MUCH MORE than just the right diet, exercise, and rest. ALL diseases begin in the “heart” because we want to think, act, handle stress, live and eat OUR way rather than GOD’S way. In order to get totally well, one must follow – with 100% commitment - ALL of the same TEN STEPS that I used to get well, which are detailed in my materials, and are NOT included in the ten steps listed on the HA website.

66. Q. Celiac Disease: My friend is suffering from something called Celiac disease. She can’t eat any grains. She has to eat a gluten-free diet. Dr. Day, is Celiac disease also caused by the way she has been living and eating? Would she be able to eat the diet God has given us to get well and stay well? She says she can’t, but I know there aren’t any “cant’s” with God.

A. Celiac Disease, like virtually all other intestinal diseases, is caused by the way we live, eat, and handle stress. Once we start following God’s Natural Ten Step Health Plan as detailed on my DVDs, CDs, and in my books, the disease can be reversed.

It is true that many grains seem to make the disease worse, so while one is following the plan, at the beginning these particular grains can be avoided. Wheat, rye and barley are particularly problematic and do not have to be included in one’s diet while he or she is getting well. But rice and oats are generally well-tolerated and can be included, along with the rest of the nutritious vegan diet.

And remember, Celiac Disease is not caused by an improper diet alone. The ways one lives and handles stress are also big factors. That’s why ALL Ten Steps of the Health Plan are necessary in order to get well. So, your friend should have no problem with following the Health Plan. And when your friend gets well, he or she will be able to eat all the grains without developing symptoms.

65. Q. Dry Eye Syndrome. I was recently diagnosed with moderate to severe eye syndrome. My ophthalmologist says that it is an incurable condition and that I will have to learn to live with it. But since my eyes are part of my body and it all works together. I don’t buy his answer. Can your program help me heal my eyes?

A. "Dry eye syndrome" is totally curable. All you have to do is to understand the CAUSES of "dry eye syndrome" and then STOP doing those things, and START doing the things that will reverse it.

I used to have dry eyes and I was also told by my ophthalmologist that there was nothing I could do except use drops. That was over 30 years ago. When I developed cancer and learned what was causing the dehydration of my body and I CHANGED my way of living, eating, drinking, thinking, and handling stress, I now have NO problem with dry eyes whatsoever. And I use NO drops - even though I am 30 years older than when the ophthalmologist first told me it was "incurable."

ALL one has to do to REVERSE the problem with “dry eyes” is to follow the Health Plan that I discuss on my DVDs, particularly, "You Can't Improve on God" – and my other materials.

Please see my website at www.drday.com

64. Q. My friend and I want to copy your DVDs and have our own “ministry” – but at your expense. My friend and I would like your permission to give out your DVDs free to pastors and ministers at the churches, and to doctors, and to pass them out among the people. We do not intend to charge, change, remove or add anything to them. Neither of us has the means to buy as many as are needed as we are on set incomes, however we do know of someone who would be willing to copy them. Please give us your permission in writing.

A. Thank you for your letter and for your interest in my materials. You requested that I give you permission to make copies of my DVDs for missionary purposes only, however I cannot do that. Rockford Press holds the copyright to these DVDs and they cannot be copied.

You undoubtedly want to give them away because you believe that your fellow church members or friends are not able to afford the DVDs. But I have a problem with that, because the DVDs are only \$19.95 plus shipping and handling. That’s less than it costs for a woman to have her hair cut at a beauty salon. And the haircut only lasts a month or two, whereas this information on health will last a lifetime.

If a person is not able to afford that price, then they couldn’t possibly afford a television set and a VCR or a DVD player on which to play the DVD/video. Somehow, everyone seems to

have the money to buy a television set and a DVD player. But if they have the means to buy a television set and a DVD player, then they certainly have the money to buy a \$19.95 DVD.

It all boils down to where people put their priorities. Not only that, if they can't afford to make a one-time purchase of the DVD, they could not afford even to buy the carrots to make the carrot juices required in the plan. One week's worth of carrots costs more than the DVD. And people would have to buy the carrots week after week after week, and there are other foods that they would have to buy as well.

Remember, God says that He will supply all our needs. If someone is really determined to follow God's Health Plan, God knows the heart and HE will supply whatever he or she needs. And **we** don't decide the way God supplies it, **God** decides the way. In addition, I have found over the years that people don't value something they get for free. They value what they have bought with their hard-earned money much more than something that is given to them free.

Passing DVDs out like "candy," is not a good idea anyway. The Bible tells us not to throw "pearls before swine" which means that the ONLY people who will benefit from the DVDs are the ones whose heart and mind has been opened to be receptive to God's Word. And only God knows exactly who those people are. And, as He has promised, HE will provide their needs.

We often choose to be an "amateur providence" and **we** decide what God needs done – and then we set about doing what **we** want to do – for God. But we end up doing "God's work" or OWN way. Abraham did that when he "helped God out" by taking Hagar to have a son - Ishmael. But that was not God's way – and it ended up as a disaster! Abraham finally learned that GOD makes the specific plans – we do not. Abraham was not allowed to do "God's work" his OWN way.

Noah was told that God would save him from the flood. But Noah was not allowed to make the plans on HOW God would save him. God told Noah that He would save Noah and his family by Noah building a boat. But Noah was not even allowed to consult the most respected boat builders of the time. No, it was GOD who told Noah exactly how to build the boat. The ONLY way Noah and his family could be saved was if they let GOD make their plans for them. Noah was **not** allowed to do GOD's work his OWN way.

If you want to spread the word about God's Ten Step Health Plan for natural health and healing, just refer people to my website at www.drday.com and if they are truly interested in getting well God's way, God promises to make it possible for them to buy the materials.

Not only that, if I allowed **you** to copy my DVDs, why shouldn't I allow everyone to copy the DVDs? And if I did that, I could not even pay my own expenses to **make** the DVDs, or to pay my employees to work in the office, or answer the phone, or type this letter, or ship the merchandise. I would soon be out of business with no resources to make another DVD.

When I say this, I realize there are some who might say, "Oh, you're just in it for the money." But I assure you I could make a lot more money by practicing as an orthopedic surgeon than by what I'm doing now – helping people learn how to get totally well by God's natural Ten Step Health Plan.

God has given me a job to do and He expects me to be a good steward and run my business prudently. And as I said, God has inexhaustible ways to work through other people by giving them their own special job to do.

The very best witnessing tool for you, your church, or your community would be for you and your family, to live the health message with 100% commitment and then share your own testimony with others.

If you are following God's plan with 100% commitment, then you can make your own DVDs or CDs, then you can give away as many of your own DVDs or CDs as you wish. If God wants you to do that, He will provide the way.

However, if you are asking to copy **my** DVDS, then **you** are deciding what ministry you want to have, and you are asking **me** to fund it. I help out a lot of people in many ways as God directs me, but **He** is the One who directs me.

If God wants **you** to have a ministry, He will show **you** what to do, and how to do it so **you** can fund it **yourself**, without using someone else's property. God will always provide - if you are obeying all His directions and following His will.

Remember, God is not nearly as interested in what we "do" for Him, as He is in wanting us "to be one" with Him. It is our personal relationship with Him that allows Him to work through us rather than for us to do things and then ask **Him** to bless the things **we** decide to do.

Remember also that when Jesus was on earth, He was never sick. If you look at His ministry, He actually led a leisurely life. He was in constant communication with His Father and each day He received the information on what He should do that day. That's the way we should live.

God does not need us to finish the work. He can do it all by Himself. He allows us to participate because it is great fun to work with God and we can grow in knowledge of Him. However, as I said before, God really wants us to concentrate on our personal relationship with Him. And when we do that, then He works through us and frequently we're not even aware of what He is doing.

Jesus said, "If I be lifted up, **I will draw all unto Me.**" When we lift up Jesus, when we demonstrate our personal relationship with Him by following the health message with 100% commitment, Jesus promises to bless us and bring us people who really want to know truth. If you are aware of people like that, you can just refer them to my website. There is a huge amount of information there.

So, I **cannot** give you permission to copy my DVDs or other materials, but I appreciate your interest. And I'm sure God will help you **find and fund your own project** that will glorify His name.

Sincerely,

Lorraine Day, M.D.

63. **Q. Hyperthyroidism/Graves' Disease:** I've read most of the information on your web site but I didn't see anything that related to Graves' disease. If you have any more information regarding this please email me this information.

A. Did you read all the links down at the bottom of my home page at www.drday.com especially my article on how the body is designed to heal itself?

Diseases do not fall out of the sky. We give them to ourselves one day at a time by the way we think, act, live, eat, and handle stress. In order to REVERSE the disease, we must CHANGE the way we think, act, live, eat, and handle stress. Graves' disease is no different. In order to reverse it, one must REBUILD the immune system so the body will work properly. Then everything will normalize.

But remember, the Ten Step Health Plan that I used to get well is NOT a "diet." The proper diet is critical for recovery, but it's only ONE step in the Ten Step Health Plan. In order to get well, one must follow ALL TEN steps with 100% commitment.

THAT is the information in my materials. There is NO "Quick Fix." But Graves' disease (hyperthyroidism) is curable just as cancer is curable.

If you scroll down on the home page you will see a box that says, "What do I Need to Get Started on this Health Plan?" Click there and then scroll down until you see the words, "For diseases other than Cancer." Those are the materials one needs to get started.

But then one must continue studying and learning and progressing to total health by following the "Curriculum for Getting Well" that is in my Workbook, "Getting Started on Getting Well."

62. **Q. Trigeminal Neuralgia** (Terrible nerve pain in the face. Also called *Tic Douluoreux* or *Tic Dolooureux*): Thank you for your time and I'm hoping you can advise me on this. A good friend of mine is 27 and has been diagnosed by 3 doctors with trigeminal neuralgia. She has been in and out of doctor's offices and emergency rooms where they treat her while she is there with a morphine drip or pain medications but has found no relief from the pain. What options does she have other than the pain medications to control her pain? She is on prednisone, Tegretal and Vicoprofen to control the pain for the last week but was in the ER last night due to how severe the pain is. It has only been about 2 weeks since her pain has started but does not know what to do to alleviate the pain.

A. (First, please see the **Testimonial** on the [CURE of Trigeminal neuralgia](#).) Trigeminal neuralgia (TN) can be totally reversed by following the same Health Plan I used to get well. TN is caused by the way a person lives, eats, and handles stress. It is reversed by CHANGING the way one lives, eats and handles stress.

Please tell me which of my materials either you or your friend already have, so I can know what you already know, then we can go from there.

Also, have you and your friend read everything on my website at www.drday.com including all the links down at the bottom of my home page, especially my article on how the body is designed to heal itself?

Also, have you read all of the Frequently Asked Questions and my answers? Even though you may not think they directly apply to TN, they actually DO and you will learn a lot about how to get well, because we GIVE ourselves disease, one day at a time, by the way we live, eat and handle stress. Diseases and disorders do not just drop from the sky, we CAUSE them ourselves.

The Good News is that we can REVERSE them by CHANGING the way we think, the way we act, our lifestyle, what we listen to, what we read, what we watch on television or in the movies, how we handle stress, and what we drink and eat. It requires a permanent change in our lifestyle.

61. **Q. Mesothelioma.** Last month my husband was told he has malignant mesothelioma. This, as all the Doctors here say, is a rare and slow moving disease. He's already had all the tests and it was confirmed. My husband is 78 with no problems until he had the chest pain. We have always lived a pretty healthy lifestyle

A. Unfortunately, when people say, "we have always lived a pretty healthy lifestyle" – and someone is sick with a potentially fatal disease - that is a rather **deadly** mindset. Cancer – of ALL types – is caused by the way we think, act, live, handle stress, and eat. If one has decided that he or she has "lived a pretty healthy lifestyle" then he or she is more prone to think that this disease just "fell out of the sky." We GIVE disease to ourselves one day at a time, by the way we think, act, handle stress, live and eat.

In order to REVERSE the disease, we must **dramatically change** the way we think, act, live, handle stress and eat. I think you will have to admit that your husband WAS "having problems" before he had the chest pain. His body had to be VERY sick in order to develop the cancer. It was just silent for a long time BEFORE it was large enough to cause symptoms or to be diagnosed.

He doesn't want to do Chemotherapy and Radiation as we do believe in what you have to say and are trusting in the Lord.

You say you are "trusting in the Lord" and yet, in the next sentence you say you are talking to the Doctors, as though the Lord works through doctors. Doctors give **drugs**, which the Bible identifies as **sorceries**– (Rev. 18:23 – "The WHOLE WORLD will be deceived by their SORCERIES." That word "sorceries" is the word "Pharmacy" – *pharmakeia* in the Greek. God calls the "treatment" that doctors give – **sorceries and witchcraft**.) The Bible tells us we "Ought to obey GOD – rather than "man" (doctors).

Doctors aren't giving us much help on the Nutrition side since my husband is losing weight too rapidly.

Doctors don't know **anything** about nutrition. And it takes a **whole lot more** than just the proper nutrition to get a person well from Cancer. The Health Plan I used to get well has TEN steps. In order to get well, one must follow ALL TEN Steps with 100% commitment. ALL disease begins in the "heart" because we want to live, think, handle stress, and eat in the way WE want rather than the way GOD wants us to. So, it is in the "heart" that ALL disease must FIRST be addressed.

We had already gone to the raw veggies, salads and no red meat and now a power drink for energy.

You can't be following the health plan that I used to get well, because that requires you to get rid of ALL animal products – ALL meat, poultry, fish, milk, cheese, ALL dairy, and eggs – and ALL processed food, and all refined sugar, and ALL additives, and ALL restaurant food, and ALL fast food, and ALL caffeine, and ALL alcohol, and many other things, **because they ALL CAUSE the Cancer to GROW!** And that is ONLY the **beginning** of the "nutrition" part of the Plan. And the Nutrition part of the Plan is ONLY ONE Step in the TEN Step Health Plan. And "power drinks" are **definitely NOT** a part of God's Health Plan!

Someone sent us a NO SUGAR cancer starving (cells) diet. It's pretty much the same suggestions you had but we are worried about the weight loss. The pain is the only thing that bothers him (same area as the Biopsy).

It takes a LOT MORE than just “no sugar” to Reverse one’s Cancer. And I discuss what to do about weight loss, in my Workbook “Getting Started on Getting Well” which is designed to help one implement the Health Plan that is on my nine DVDs on health.

The “pain” should NOT be the only thing that is bothering him. He has CANCER! THAT fact should be bothering him the most! The few changes he has made in his diet will NOT get him well. In order to get well, he must follow the WHOLE program – ALL Ten Steps - with 100% commitment.

You need a lot more information than you have if your husband is going to get well. You didn’t tell me which DVD of mine you have. But if you want your husband to live, you must go to my website at www.drday.com and read EVERYTHING there, including ALL the links at the bottom of my home page, especially my article about how the body is designed to heal itself, AND you must read ALL the Frequently Asked Questions and my answers, even if you do not think they relate specifically to your husband’s condition because you will learn a lot about what it takes to get well.

Then, you should return to my home page and scroll down until you see the box that says, “**What Do I Need to Get Started on This Health Plan?**” and click there. That is what I recommend to Get Started. **But that is ONLY a beginning.** Once he has implemented ALL that information into his mind, heart, life, and diet, THEN he must **continue** to progress to total health by following the “Curriculum for Getting Well” that is in my Workbook, “Getting Started on Getting Well.”

ALL the information your husband needs to get well is in my materials that are available on my website. But HE must be fully committed to doing the Health Plan. And HE must study and learn – and study and learn – and KEEP studying and learning. You cannot do it for him. You can help him, but HE is the one who must be committed.

He does take pills for the pain as it is pretty bad. He has a high pain tolerance but finally gave in to taking two every 5 hours.

Any help? We are going to California soon to see our children.

I discuss Natural Methods of Pain Relief in my Workbook, “Getting Started on Getting Well.”

The LAST thing your husband should be doing is traveling. Traveling is **very hard** on the immune system and it is **virtually impossible** to follow the Health Plan while traveling. If your husband really wants to get well, **he must stay home and get serious about getting well - - and start REALLY following the Health Plan.** Otherwise, he is just fooling around with the “plan” – and that will NEVER get him well. Your family should come **to you** – rather than you going to them.

This is your husband’s **life** that is at stake. You and he will have to make some **hard** decisions. **And the sooner the better!**

60. Q. Memory Improvement? I am a 65 years old professional man and follow your plan. Recently I bought all your DVD's. What I would like to know if it would help to improve my memory? I am in active service and find my memory is letting me down.

A. If you really follow the whole plan with 100% commitment, your memory will improve very significantly.

The body is 75% water. The brain is 85% water. When you don't drink enough water, your memory will be impaired. When you eat animal fat or refined sugar, your arteries to your brain will be clogged. When you regularly eat the other harmful substances that are in fast food, process food, and restaurant food that are KNOWN to harm your brain and DECREASE your memory, you cause major damage to your thinking processes, decision-making and your memory. When you don't exercise regularly, you don't get enough oxygen to your brain. When you take medications, they ALL have adverse effects on your brain.

When you don't get enough rest, your brain can't function properly. When you don't learn to truly handle ALL your stress by giving it ALL to the Lord (and not taking it back again as a burden), your brain will be so cluttered with all that stress that your memory will be impaired.

How could following the Ten Step Health Plan NOT improve your memory? A good memory is a result of following the Ten Step Health Plan with 100% commitment. Please see my website.

I am now 71 and I have the memory and the energy of a 25 year old, even after going through a terrible struggle with cancer that almost killed me and destroyed all my muscle

mass from my long episode of being bedridden. It has taken me years to rebuild my stamina and my muscles to what they were before I got sick. But now I can work full time, do heavy work outs at the gym three times a week, do 40 minutes of vigorous aerobics at least 5-6 days per week, snow ski, water ski, play tennis, and briskly walk 8-12 miles at a time.

If YOU really follow the plan, YOU will be able to do all of that, too – and you will even be able to REMEMBER that you did it!

59. Q. Arrhythmias: are they a disease or trauma - more like a broken leg? I am currently taking Cartia a calcium channel blocker to control SVT (Supraventricular Tachycardia) and Sinus tachycardia. My doctor says I do not have heart disease, thank the Lord, but that this is caused from an electrical circuit problem with the heart's electrical path.

They tried doing radio frequency ablation but that did not work because they could not find the right spot to ablate. I feel fine now but I do not like the idea of needing to use drugs to control or prevent these arrhythmias, yet I do not see how diet or the other steps of the plan would help since this is an electrical problem that occurs sometimes.

A. Of course you have heart disease!! The SVT is in your HEART! It is ABNORMAL to have SVT. Therefore, by definition, you have HEART DISEASE! You're even taking a DRUG for the Heart disease. You're even taking a DRUG named "Heart"! - "Cardia" is the word for "heart" in Greek (*kardia*). The DRUG companies just changed it a little and made it "Cartia" because the word "Cardia" probably cannot be patented. It's ridiculous, and profoundly ignorant, for your doctor to tell you that you don't have heart disease.

Do you realize how dangerous (and ineffective) it is to try to DESTROY a part of your HEART with radio frequency? "Ablation" means to DESTROY! Even if it had "worked" - it WOULDN'T have "worked" - because your problem wasn't caused by not having had enough radio frequency destruction done to your heart.

You **shouldn't** "feel fine" now. You may be temporarily free of symptoms - but you have NOT solved the problem. The DRUGS are just covering up the problem, while YOU are making it worse by continuing to do the SAME things that CAUSED the problem in the first place. So, sooner or later, the problem will return - and it will be MUCH WORSE, because you have done NOTHING to solve it.

Everything in the body is "electric." There is a tiny charge on the surface of EVERY cell in your body. The brain puts out electrical charges constantly when you think. When a person is bleeding in the ocean, a shark will find him - NOT by "smelling" his blood - but by the electrical current that comes out of the wound WITH the blood.

How one LIVES, EATS, and even THINKS - affects the electrical currents in the body and brain - ALL of them. So just because you cannot "see" how that can happen, nevertheless, **it does**.

Q. In 2005 I had several episodes that drove me to get help from the emergency room. After that, about once or twice a year I have an event in which I can control it with Valsalva maneuvers (Dr. Day explanation: A maneuver in which one holds his breath and bares down, which is known to reverse an arrhythmia, on occasion, because of stimulation of the Vagus nerve), but not always.

I realize you cannot diagnose this or offer specific advice to me but generally speaking is this something like a broken leg? In other words, you say doctors are great if you have **trauma** - a broken leg or arm, etc. but they do not treat or prevent **diseases** properly. Put another way, is this electrical problem similar to treating something mechanically broken, rather than like treating a disease? If you get what I am asking.

I do not use any illegal drugs or stimulants, and have no, to very little, caffeine or alcohol intake.

A. NO! This is a DISEASE that YOU have brought on yourself by the way **you** have been living and eat. The things you are eating and drinking (or not eating and not drinking) and the way you are living, including the stress in your life – and how you are handling it – are the culprits. You have done this to yourself! And the ONLY way to STOP it is to FOLLOW God's Health Plan with 100% commitment and get your body healthy again. It is NOT ONLY the food that you are eating, but the violation of the OTHER TEN STEPS in the health plan, TOO, that are causing your problem.

You **CAN** reverse the problem. But DRUGS - and attempts at ablation therapy" (attempts at destroying part of your heart muscle!) - are only COVERING UP your problem, NOT solving it! I discuss heart problems on my DVD, "Diseases Don't Just Happen." Please see my website.

58. Q. Is Carrot Juice BAD because of all the “sugar”? My wife is on your program. She had a lumpectomy 5 years ago, had radiation and was OK until recently when she was found to have bone cancer throughout her body. She must get another cat scan to determine if her organs are affected. She has a broken rib because of the cancer and is hurting quite a bit. I ordered two of your books and tapes.

I have started her on the program but she is very concerned that all the carrots will cause a large amount of sugar to be consumed, and we understand that sugar is forbidden.

A. Your wife was NOT "OK until recently" because she had done NOTHING to REVERSE her cancer in the previous 5 years. In fact, she had done MORE damage to herself by taking radiation - that harms the body tremendously and weakens the immune system, and CAUSES cancer.

I realize that at that time, she probably didn't know any better, but the Radiation she took actually was in LARGE part responsible for her present condition in which the Cancer has spread dramatically.

One CANNOT develop Cancer unless he or she has a severely weakened immune system - from the way they have been living and eating. Then, when one takes Radiation OR Chemotherapy - BOTH of which HARM the immune system even MORE - and BOTH of which actually CAUSE Cancer, they weaken their body's ability to resist disease, and the disease, (Cancer - or whatever other disease they have) gets EVEN WORSE !

The Radiation that was ordered by the doctors to supposedly "help" her - actually HARMED her body even MORE by suppressing her immune system, which allowed the Cancer to spread everywhere.

I explain on my DVD "You Can't Improve on God" that there is a BIG difference between the NATURAL sugars that God, Himself, placed in healthy FOOD, as opposed to the REFINED sugars that are in Twinkies, Ho Ho's, cakes, candy, sodas, etc. – placed there by “man.”

The Media and Orthodox Medicine want you to believe that coffee, wine, meat, poultry and fish, MSG, Nutrasweet, etc. are ALL "good" for you (yet they ALL do IMMENSE harm to your body), but somehow home-made CARROT JUICE, they say, will do you harm! Those are the LIES of the Media and Orthodox Medicine – groups who have NO ability to understand how one can get well by God's Natural Health Plan. ALL they know are DRUGS and SURGERY!

Look where Orthodox Medicine has gotten your wife with their “treatment” - almost on her Deathbed. And their “treatment” only made her Cancer WORSE, because it harmed her immune system SO much (and she did NOTHING to REVERSE her disease) that her Cancer re-appeared with a vengeance!

I would think that would make you – and her - **very skeptical** of "man's" way of doing things (the doctors and the media), and she would, instead, start wanting to trust in GOD, and in the FOOD that God has made, rather than trusting “man-made” chemicals and other “treatments.”

And remember, the proper diet is ONLY Ten Percent of the Health Plan. In order to get well, one must follow ALL Ten steps, including learning to LOVE your enemies, learning to FORGIVE EVERYONE who has ever wronged you, learning to give ALL your STRESS to the Lord, and all the rest of the Health Plan as well.

57. Q. New Age Medicine. A couple of days ago I received what appears to be some outstanding research and treatment information related to cancer. When you have about 30 minutes, please view the two links I have e-mailed to you and let me know what you think, and if you've heard of this person and what he's doing, before now.

A. This man is combining the horrors of orthodox medicine with the errors of New Age Eastern Medicine. The "health" practitioners doing that are a dime a dozen. There is NOTHING new or "outstanding" about any of it. It DOESN'T work because it is NOT of God. It is "man's" way of doing things - NOT God's. I discuss all these things on my DVD "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why." Please see my website at www.drday.com

56. Q. Supposed “Autoimmune” Diseases – such as Rheumatoid Arthritis, Sjogren's syndrome, Crohn's disease, ankylosing spondylitis, aplastic anemia, Grave's disease, Lupus, Wegener's granulomatosis, Polymyalgia Rheumatica, Multiple Sclerosis, Celiac Disease, Hashimoto's thyroiditis, and a HOST of other diseases that Orthodox medical doctors put in this category.

A. None of these diseases should be classified as “autoimmune diseases.” This is just a convenient way for doctors to “classify” a disease for which they have NO CLUE about what to do. In almost every case, they end up giving either DANGEROUS Prednisone (or some other cortisone derivative) which NEVER cures the disease and only weakens the patient even MORE and has **terrible** long-term consequences to EVERY system in your body, including causing Osteoporosis, glaucoma, **Cancer**, and many more horrible diseases, or they will give an equally DANGEROUS Chemotherapy drug that has horrific side effects and can end up giving you **Cancer** – that AGAIN will weaken you and will do NOTHING to permanently Cure your condition.

The doctor will tell you that your immune system has become “too strong” and it is now “attacking your own body.” That is ABSURD! That is utter FOOLISHNESS! But THAT is what we doctors are **ALL** taught in our Medical Training.

To suggest that your immune system is “too strong” and therefore makes you SICK – is like saying that if you get really, really healthy – being REALLY “healthy” will eventually make you SICK! That is ridiculous and stupid on the part of Orthodox Medicine to even come up with such an absurd line of thinking. The immune system is what keeps you WELL and free from disease. Your immune system is what FIGHTS diseases. If it is STRONG, it will do a GOOD JOB of keeping you well. If it is STRONG, it will NOT make you sick!

ALL of these diseases are CAUSED by the way a person lives, thinks, acts, and eats resulting in a “**sick**” immune system – NOT an immune system that is “too strong.” Fortunately, ALL these diseases **can** be REVERSED by CHANGING the way one lives, thinks, acts and eats and, by doing so, RE-BUILDING their immune system.

I discuss this “category” of diseases on my DVD “**Diseases Don’t Just Happen.**” The way to REVERSE these diseases is the SAME way that I got well from Cancer – by CHANGING the way one thinks, acts, lives and eats and, thus, RE-BUILDING the immune system. That Health Plan is on my DVD “**You Can’t Improve on God**” with my Workbook, “**Getting Started on Getting Well**” to help one implement the Health Plan that is on my DVDs.

There is NO “Quick Fix “ – NO “silver bullet” – for these diseases. It took a LONG time for the sick person to GIVE THEMSELVES their disease (unknowingly, of course). Fortunately, it takes LESS time to get well than it took for them to makes themselves sick, but it still requires a strict regimen and a major commitment and dedication to the complete Ten Step Program in order to get well. Please read everything on my website at www.drday.com including all the links down at the bottom of my home page, including my article on how the body is designed to heal itself.

55. Q. Severe Criticism of you. I have read some severe criticism from one individual in particular on a web site on the internet. I realize this man is full of lies and is a loser. It is well established in my mind now that his words are nothing that can be trusted. Thank you for the direction, and your response to him on your website at www.drday.com in the section entitled “Dr. Day Responds to Her Critics.

This still leaves the question and I hope it doesn’t offend you, but I do need to know why the results of your last debulking procedure are not made public when you are so open about everything else. Also, the question remains as to the lymph being involved. Can you please provide any insight on this? You have just been so open with what you lovingly provided for us to learn from, and I thank you for this from the bottom of my heart. I found out 4 months ago that I have the same cancer as you had and the lymph is affected.

Thank you again, and I look forward to your [response](#).

54. Q. I want you to do my research for me, and I still don’t believe you are alive. The website of _____ says it can cure cancer. What is your opinion? Does the stuff have any merit?

A. I would like to follow up on every website that people send to me, but unfortunately there is not enough time to do that. The ONLY way for a person to truly get well from ANY disease, is to rebuild their immune system by NATURAL Methods, and that does NOT include “man-made” pills and supplements. And the plan to rebuild one’s immune system includes a LOT more than just the proper nutrition. The Health Plan has Ten Steps. And ALL of them must be instituted with 100% commitment in order for a person to get well.

Please tell me which of my materials you already have, and if you’ve read everything on my website at www.drday.com including all the links at the bottom of my home page, including my article on how the body is designed to heal itself.

Q. I have read everything on your site. I have ordered all material pertaining to cancer. I have esophageal cancer.

I was in the line for the 11 week cancer treatment at the _____ cancer center. They say I have Stage 4 Cancer and pronounced me as terminal. I have been studying alternatives to the established medical torture. After one week I decided by myself that the normal treatment would kill me faster.

I have found that everything happens to me for a reason. I have some psychic abilities. I may or may not die from this cancer. I not totally sure it is still up to me. That doesn't mean I have given up. Many of my friends have been doing Natural cures for years. Many of them do not work. But some do.

Living in the great red desert area of Wyoming it is tough to get to much fresh anything. I am not sure totally if you have the complete answer or not.

I read the FAQ question asking if you were still alive. Even though you answered that your are alive, something is telling me something is wrong. It appears that the answers that are given on your website and emails are "Buy my materials" based. Your Materials are not that expensive, and any good Advice is worth a lot.

Maybe your answers are computer based. Regardless, I am looking forward to the materials.

Are you really part of this? Are you Alive?

A. I'm not sure what I could do to convince you that I am still alive short of coming to your house and knocking on your door.

I made my first video/DVD "You Can't Improve on God" because so many people were asking me HOW I got well by natural methods. You gave yourself cancer, just like I gave myself cancer. We GIVE ourselves cancer one day at a time, by the way we think, live and eat, so in order to REVERSE it, we must CHANGE the way we think, live and eat. In order to do that, one must learn a LOT of information that is quite different from what the commercial media, or orthodox medicine has been brainwashing people with for decades.

Then, I made my second video/DVD on how to get well from many diseases OTHER than cancer, called "Diseases Don't Just Happen." Then I kept on making DVDs, in response to the many letters I received. I began to understand that people know so little about health and their body and what actually CAUSES disease, that I kept on making DVDs, and then finally I wrote my Workbook to help people implement the Health Plan that is on my DVDs. I realized, from the mail I received, that people have gotten so FAR away from health and spiritual understanding of their heart, mind, as well as their body, that I really had to start from "scratch." One of the most frequent questions I was asked was, "How big is a glass?" Then, I KNEW I had to start from "scratch."

There is NO WAY I could tell a person, in an e-mail, or even in many e-mails, what they need to know in order to get well. THAT is why I put it all on DVDs, CDs, and in my books. But people will have to obtain them and start STUDYING and LEARNING what they need to know about how to be well. If they don't want to do that, then they won't be able to get well.

I refer people to my materials, because THAT is what they need to start studying. And they have to watch/read/listen to the materials repeatedly until it really sinks in. It is a process. There is NO "Quick Fix."

People have gotten so used to the doctor "taking care of them" that they don't really want to study and learn what it takes to take care of themselves. But if they don't want to do that, they'll never get well.

If someone bought just ONE of my DVDs, "You Can't Improve on God" for \$19.95 plus shipping and handling, and REALLY followed it, they could be totally well for the rest of their natural life - and keep their whole family well, too. In fact, if a person purchased EVERYTHING I have on my website, it would cost under \$400.00. Whereas, the average cost for Orthodox "treatment" for Cancer is somewhere between \$300,000 and \$1,000,000, and the sick patient is happy to pay it. They'll even mortgage their house to pay to be poisoned with chemotherapy or burned with radiation, or have surgery that mutilates their body. And yet the result of those "treatments" is to make a person violently ill, destroy their immune system, and in many cases - it KILLS them. They have PAID the doctors to KILL them!

But if THAT is what people prefer, it is a FREE country!

And if you think that THIS answer is computer-generated, there is nothing I can say to convince you otherwise. I, personally, answer ALL the e-mails on health. They are not computer-generated, nor are they answered by ANYONE other than me. And if you are really psychic, you would know that!

Many people think it's sophisticated and erudite to doubt everything! They think there is NO "real truth." It's just what each individual THINKS is "truth" they say. Well, THAT also is a result of the dumbing-down of the school system and the swallowing of propaganda from the commercial media. There IS truth, but one must really search for it. But that takes time and hard work, which many are not willing to expend.

As one philosopher aptly said, "Man prefers to believe what he prefers to be true."

At least one motivation for people spreading the rumor that I have died is that they can then say, "See, her plan DOESN'T work, because SHE died." Then they can feel free to live and eat any way they want. They don't have to have even the least twinge of guilt for indulging themselves in any activity or any food that they want.

People LOVE to be skeptical about what they **don't** really WANT to do.

53. Q. Restless Legs Syndrome. Could you please tell me what causes Restless Legs Syndrome? I have in the past purchased e-books on 'salt elimination', and " voiding the bladder " but none of these were a so-called "cure", far from it.

One does need to sleep at night and the only medication which has helped me is levodopa /carbidopa 100/25 and I will **not** use more than 1 1/2 tablets daily in divided doses.

It is just frustrating when after a long day, I put up my legs to rest, and there it is again!

Any information will be much appreciated.

A. "Restless Legs Syndrome" is a totally NEW disorder. It was never talked about, treated as a "diagnosis" or even experienced by people until the last five or ten years, or maybe even less.

I'm going to lead you through some questions to make a point.

1. Is it reasonable to conclude that if you constantly poke a crocodile with a stick, he may get agitated?
2. Doesn't over-stimulation cause agitation?
3. Isn't agitation essentially the same as "restlessness"?
4. Do you think it makes sense to conclude that if your legs are "restless" that over-stimulation may be the cause?
5. What types of things in your life can cause restlessness or agitation or over-stimulation?

There are MANY things, in MANY areas of your life, that can cause over-stimulation, agitation or restlessness. It is a Multi-factorial (meaning it is caused by many different factors) problem.

Let's start with what you eat and drink:

If you really think about it, you already KNOW many of the things that you eat and drink cause stimulation, including:

Caffeine (in coffee and in soda and in chocolate),

Refined Sugar (in soda, sweets, and in most processed foods and fast food)

Additives to processed foods and fast food

Artificial flavors (dangerous chemicals) in processed foods, fast food, sodas and almost everything else in bottles and cans. They are ALL dangerous

Artificial colors (dangerous chemicals) in processed foods, fast foods, sodas and almost everything else in bottles and cans. They are ALL dangerous

Preservatives (dangerous chemicals) in processed foods, fast foods, sodas and almost everything else in bottles and cans. They are ALL dangerous.

MSG (a non-nutritive flavor enhancer that is added to virtually ALL packaged, processed and restaurant food) and Nutrasweet and other artificial sweeteners - they are ALL deadly and contribute to a host of terrible conditions, including Restless Legs, Parkinson's, blindness, CANCER, MS, and many other life-threatening conditions.

Eating flesh food (meat, poultry, fish, ALL dairy products and eggs). Not only does factory farming add hormones to the animals, but the animal or fish itself POURS OUT adrenalin from its OWN body when it knows it is about to be killed. When YOU eat that dead animal, YOU get a HUGE shot of that adrenalin (it is NOT destroyed by cooking). Plus you get ALL the additional hormones that are given to the factory-farmed animals.

And this is just a START in itemizing the things that the average person eats every day. The rest of the things are on my DVDs, CDs and in my books

Then, look at medications. ALL medications, including over the counter medications, such as aspirin, anti-inflammatory drugs, antacids and every other kind of drug, including thyroid pills and anti-depressants - that now seem to be taken by half of the people in the world, and virtually ALL other medications - prescription or non-prescription. They ALL have a negative, and frequently stimulatory, effect on the body.

Lack of water drinking (in the proper amounts) contributes to Restless Legs.

And what you watch on TV, what you read in the newspaper, the type of music you listen to in CDs or on the radio - - ALL of these cause certain chemicals to be produced by your body. If you watch, read, and listen to the WRONG things, it will cause BAD chemicals to be produced in your body. If you read and listen to GOOD things, it will cause beneficial substances to be produced in your body.

Lack of the proper amount of sunshine can cause agitation and contribute To Restless Legs.

And how you handle stress can contribute to Restless Legs.

I think you now understand that there is NO "Quick Fix." There are MANY things that you are doing to contribute to this problem.

But you can CURE it COMPLETELY, if you are willing to do what it takes, and that means changing just about everything about your life. But if you do, your entire body will benefit from the changes, and your health will improve in EVERY area. You need to learn how to fix the proper food that your body needs to heal itself, what to read, what to listen to, how much exercise is necessary and of what type, how you must learn to handle stress, how you need to hydrate your body, and how you should view life. All of this, and more, in my materials on my website.

Please go to my website at www.drday.com and read everything there, including ALL the links down at the bottom of my home page, including my article on how the body is designed to heal itself. Then go to the box on my home page that says, "What Do I Need to Get Started on This Health Plan?" and click there. Scroll down until you see "For Diseases Other Than Cancer." THAT is what you need to Get Started. THEN you can continue to progress to total health and freedom from all symptoms by continuing to follow the "Curriculum for Getting Well" that is in my Workbook "Getting Started on Getting Well." The Workbook is designed to help you implement the Health Plan that is on my DVDs and CDs.

However, if you choose NOT to change these things, and take drugs to cover up the problem (and just decrease your symptoms temporarily), you will be on the path to much more serious and life-threatening diseases. THIS should be a wake-up call for you to CHANGE the way you are thinking, living, and eating. If you don't, you are heading for a disaster somewhere down the line - sooner or later.

These same things that contribute to Restless Legs, contribute to every other disease as well.

The reason Restless Legs is a "new" condition, is that people are **living** and eating SO MUCH WORSE than they used to, and they are more stressed than ever before - so they're getting all these "new" diseases and disorders that the doctors don't seem to be able to figure out!! And the reason they can't figure them out is that the ONLY way they know how to "treat" these conditions is with DRUGS.

And Drugs NEVER Cure Disease, they only cover up the symptoms while the disease keeps getting worse, and moves to other places in your body. Drugs only change the FORM and the LOCATION of the disease - they NEVER cure it. The disease just goes underground and smolders and smolders until it erupts in Cancer, or MS, or Lupus, or Parkinson's, or ALS, or one of a host of terrible life-threatening conditions.

The drug you are taking is very, very dangerous, and has numerous, deadly side effects. Even though you may not be experiencing them right now, the drug is silently doing damage to your body. So you will eventually end up in WORSE condition than you are now.

Here are only **some** of the side effects of this drug. I am quoting directly from the PDR – the Physician's Desk Reference - the "bible" of drugs for doctors. It is published by the Pharmaceutical industry, and the following are the side effects of this drug - that they ADMIT to. There are, undoubtedly, MANY more.

Again, I am quoting here just a FEW of the many side effects listed:

Chest pain, heart irregularities, high blood pressure, low blood pressure, gastrointestinal bleeding, duodenal ulcer, vomiting, diarrhea, constipation, destruction of red blood cells, destruction of white blood cells, destruction of blood-clotting cells, severe hives and intense itching (urticaria), massive swelling with hives and itching (angioedema), back pain, muscle cramps, psychotic episodes - including hallucinations, delusions, paranoia, confusion, **agitation**, dizziness, nightmares, headaches, insomnia, depression with or without suicidal tendencies, dementia, convulsions, hair loss, heart attack, **leg pain**, gait abnormalities, memory disturbances, muscle twitching, increased tremor, **malignant melanoma**, urinary incontinence, fainting, bizarre breathing patterns, and numerous abnormal blood tests.

Again, this is a list of only SOME of the adverse side effects that are listed in the PDR.

Frankly, I would stick with the "Restless Legs" and not put myself at risk for ANY of these side effects by taking the drug the doctors have given you. Did your doctor tell you about ALL THESE side effects? Probably not. The Drug the doctor has given you is capable of producing FAR WORSE problems for you than what you already have!

But you CAN get rid of the problem. Because YOU GAVE YOURSELF the problem by the way you have been thinking, living, and eating. The GOOD NEWS is that YOU can REVERSE the problem by CHANGING the way you think, live and eat. But you must be willing to do what it takes in lifestyle and dietary changes to get well. And remember, it's NOT just what you eat that you need to change. Changes must be made in many other aspects of your life as well.

I hope you are motivated to do that.

If so, then ALL the information you need to REVERSE the situation by totally natural methods - that have NO adverse side effects - is on my DVDs, CDs, and in my books on my website at www.drday.com

52. Q. Herniated Disc ("Slipped Disc). I read everything on your website and when I visited my Primary Doctor today we spoke about you and like you, she believes in natural healing.

My medical problem is that exactly 28 years ago I had a Laminectomy and I've had terrible difficulty every since. The latest MRI indicates that the two lower discs are completely dehydrated and appear black on the x-ray. I'm now 65 years of age and the pain is becoming worse and I have considered disc replacement. However, every doctor I speak with says there are no guarantees and I could become worse after the procedure. Other than the lower Lumbar areas L4-5, S-1, I'm in very good health and I try to remain active.

I was wondering if there is any natural way to re-hydrate the disc without surgery?

A. Yes, indeed, you could become worse – much worse – after disc replacement. Back surgery is not very predictable. There are a lot of people around with "failed" surgical procedures on the spine and on the spinal discs. On my DVD "Diseases Don't Just Happen," I discuss how to RESTORE and re-hydrate dehydrated discs. I actually did it myself. I used to have severe disc problems, but I have REVERSED that problem by the **same** plan that allowed me to reverse my Cancer. Please see my website at www.drday.com

51. Q. Prostate: Elevated Enzyme (PSA). I have an elevated PSA of 64. I have no serious side effects, however, I wonder why the high number. I read an article saying that an increased PSA level indicates a GOOD response by the body. Meanwhile, allopathic medicine wants to slash, burn, and

poison me. Any suggestions and/or comments would be greatly appreciated. I am 82 years old going on 60. Thank you and God Bless You

A. A PSA of 64 means you have a very high chance of having prostate cancer. The way to REVERSE this is in my materials on my website.

If you want to REVERSE this problem, go to my website at www.drday.com and read everything there, including ALL the links down at the bottom of my home page, and ALL the "Frequently Asked Questions" whether you think they apply to your condition or not (because you will learn a LOT from doing that), and then go to the area that says, "What Do I Need to Get Started on This Health Plan" and get that material and start following it with 100%.

In order to get well, you must change everything about your life. We GIVE ourselves Cancer, and ALL other diseases, one day at a time by the way we think, live and eat. In order to REVERSE the disease, we must CHANGE the way we think, live and eat.

You can REVERSE that PSA down to Normal - which is about 4. But it will take dedication and 100% commitment to the WHOLE Health Plan that is in my materials.

50. Q. GERD (Gastro-esophageal Reflux Disorder – formerly known as plain old Heartburn.)

Thank you for the information you have so graciously imparted to all the world. I know we will all be healthier due to your commitment to share medical knowledge. I am a follower of your practices and I believe in your teachings. I have one question:

I heard that apples are helpful in absorbing acid in people who suffer bouts of Acid Reflux. Have you any experience using apples as a help tool for this ailment to absorb excess acid?

A. It's actually a whole lot easier, and much more efficient, to eliminate gastro-esophageal reflux than trying to use apples. And the CURE is totally natural. The same things that eliminate this condition also prevent and eliminate stomach ulcers. I discuss this condition, and how to eliminate it entirely, on my DVD, "Diseases Don't Just Happen." Please see my website at www.drday.com

49. Q. "Recurrent" Cancer. A friend of mine referred me to you. My father has recently had a recurrence of cancer. For the last two years, we have battled colon cancer, liver cancer, and now it has returned to the lining of the abdomen. For several months, the PET/CAT and blood tests showed him to be cancer-free. He went to his routine check-up two weeks ago and received the bad news. The doctors don't give a great prognosis and want to begin chemotherapy again next week.

We need a miracle. Please advise. We are overwhelmed with the abundance of options available. What would be the first step? Is there a clinic he can visit? He is 62 years old, a beloved man, very strong man, and willing to try anything!

Please, please advise. We are devastated at the Doctors report and need hope and help!

A. Your father can STILL get well, even after all the terrible damage the orthodox doctors have done to his immune system, but he'll have to dig himself out of a very deep hole.

The first thing you and your father need to do is read EVERYTHING on my website at www.drday.com, including ALL the links down at the bottom of my home page, especially my article on how the body is designed to heal itself. And you need to read ALL the Frequently Asked Questions on my website, even though you may think they don't directly apply to your father's problem, because you will learn a lot by reading them.

Your father's cancer NEVER was actually **gone**. It is **impossible** to get a sick person well by giving him POISON - and **that** is what chemotherapy is. All the doctors did was suppress his cancer **temporarily** while at the same time DESTROYING most of his immune system - the ONLY system in the body that can get him well. So as the immune system got more and more suppressed by the damaging "treatment", the immune system could not stop the cancer from spreading.

If your father has MORE chemotherapy, it will very likely kill him. In his weakened state (weakened MOSTLY because of his "treatment" rather than from his cancer), he won't be able to survive being POISONED some more!

You will find by reading the information on my website that the ONLY way a patient with cancer or any other disease can get well is to STOP doing the things that made him sick in the first place, and START doing the things that will rebuild the immune system.

God has PROMISED to "heal ALL our diseases" (Psalm 103:3), but ONLY if we do it GOD'S way, and NOT "man's" (the doctors') way (Deut 7:11-15), because "man's" way **always** destroys the body and GOD'S way **always** heals the body.

It is God's way of healing that got me well and can get your father well, but ONLY if he follows it with 100% commitment - and if he follows God's way ONLY. That is what is on my DVDs, CDs and in my books.

The Health Plan is designed to be done at home, the way I did it. ALL the information one needs to get well is in my materials. In those materials, I lead the patient "by the hand" telling him exactly how to do it.

One other thing, ALL disease begins in the "heart" because we want to think, act, live and eat OUR way, rather than God's way. Only much later does one develop symptoms in his body.

ONLY when we have a "heart" change, can we get well. The doctors can NEVER address the "heart" issue - which is where ALL disease starts.

We must have a change in our "heart," mind, actions, lifestyle and diet. And we must REALLY learn to trust God, and NOT "man."

No matter how much we have been propagandized, doctors are NOT of the Lord if they "treat" diseases with Drugs, because ALL drugs are HARMFUL and DESTROY the wonderful immune system that God has given us to get us well.

You will see this addressed more fully in the "Frequently Asked Questions" on my website and in great detail on my DVDs, CDs and in my books on my website.

Everything in God's health plan is totally natural, and made by God Himself, and used in the form God made it. "MAN" CANNOT Improve on God!

God's Health Plan has been available for 6,000 years, to every person on earth, in every country on earth, to the educated and the uneducated, and to the rich and poor, because God loves everybody the same. If it WASN'T available 6,000 years ago, then it is NOT part of God's Health Plan.

Begin forwarded message:

48. Q. A child with Neuroblastoma and experimental drug treatment. My nephew was diagnosed with Neuroblastoma and has undergone extensive chemo, radiation, etc. Six months ago he was said to be cancer-free. He went to the doctor yesterday and it has come back on his cheek and they are looking at other areas of his little body.

The mother is on the fence about the direction of treatment. I have shared your info, God's 10 Step Health Plan, etc. Her question to me is, "How do I get a 2-year old to drink carrot juice, drink water and eat right?" The doctors say that neuroblastoma is caused by a development problem in infancy.

They are going with another round of chemo for a period of 4 days. After that they are going to use an experimental antibody treatment (I have heard what you say about experimental drugs) that is supposed to work with his immune system

A. The cancer has not "come back." It was never gone in the first place. The doctors had **poisoned** the tumor cells – temporarily – but in the process they also **poisoned** the child's normal cells, so his immune system is now less able to fight his cancer.

Regarding getting a young child to eat properly: First of all, if a child - or an adult - is receiving chemotherapy, he or she won't want to eat much of anything - because he or she is being POISONED! People who are being poisoned aren't very hungry!

Secondly, the mother must spend a lot of time with the Lord in Bible study and prayer, and commit herself and her son to getting well TOTALLY GOD'S way and she asks **Him** for help with her child's eating habits. Then the mother ONLY gives him the food and juice that is GOOD for him. Sooner or later, he'll get hungry and start to eat the good food.

If the mother thinks that her child has a will that is stronger than God's will - then she certainly does NOT know God! But the mother must be willing to commit herself and her son totally to the Lord and HIS ways of getting well - something she certainly has not been able to do up to now.

She has trusted in "man" - the doctors - and she has NOT trusted in God.

Thirdly, LOTS of kids like carrot juice and water - unless of course they have been given sugary, sweet drinks all of their little short life so far, or unless of course the child's parents turn up THEIR nose at delicious, healthful carrot juice and turn up THEIR nose at drinking water.

Just the fact that the child has a brain tumor suggests STRONGLY that the child's diet may well have been abominable - as the parents' diet probably has been. As I repeatedly say, the proper nutrition is NOT the only thing that is necessary to get well - but it is a critical part of the health plan.

The child is TWO. The mother is an adult. **Just who is in charge here?** It should be the MOTHER and NOT the child. There are many ways to help a child learn how to eat healthfully. The mother needs to learn to be creative.

One of the BEST ways for a child to want to eat healthy is for the Mother and Father to be excellent examples.

In addition, even though the child is only two years old, a child can be impacted by stresses in the family. How do the parents get along? How do the parents handle stress in their individual lives?

All these things must change. The Health Plan has TEN steps. It is NOT just a "diet."

Drugs don't work "with" the immune system. It is a cruel joke on the doctors' part - even if they believe their own lies - to suggest that a drug works "with" the immune system. NO DRUG works "with" the immune system. ALL drugs **suppress** the immune system because of their side effects.

Neuroblastoma is Cancer - pure and simple. It is NOT a genetic disease NOR a developmental abnormality - except for the fact that WE cause damage to our OWN genes by the way WE live, think, act, eat and handle stress (or - in the case of a newborn - the way the mother was living, thinking, acting, eating, and handling stress while she was pregnant with the child - and breast feeding him). One other cause of cancer in children is vaccinations. (There are **very few** actual genetic diseases - and Neuroblastoma is NOT one of them.)

The ONLY way to cure disease - including neuroblastoma - is to REBUILD the immune system by following the TEN Natural Health laws that are on my DVDs, CDs, and in my books. Drugs will only make his disease worse in the long run.

47. Q. Anxiety and Panic Attacks. How do you treat panic attacks or anxiety? Is it better to see a psychotherapist or a psychiatrist?

A. The best treatment is to Get Well - so you don't HAVE panic attacks or anxiety anymore.

Both psychiatrists and psychotherapist will promote drug treatment for you, or they will bankrupt you financially with prolonged psychoanalysis. But neither will solve your problem.

If you are interested in getting well, you have to REVERSE the things that are causing your panic attacks and anxiety in the first place, not cover them up by allowing yourself to be drugged.

If you watch my DVDs "Cancer Doesn't Scare Me Anymore" and "Turn on the Light: Overcoming Anxiety and Depression (and all other mental disorders) WITHOUT Drugs" you will see that I suffered from SEVERE panic attacks and anxiety when I had cancer. But when I instituted the things in my life that REVERSED my Cancer, the severe panic attacks and anxiety went away simultaneously.

If you are interested in learning how to REVERSE your problem, and be free of the problem permanently, the materials to begin with are listed on my website.

After you have read my entire website thoroughly, including all the links at the bottom of the home page, especially my article on how the body is designed to heal itself (including from mental problems), then return to my home page and scroll down until you see the Box that says, "What Do I Need to Get Started on This Health Plan?" Click there, then scroll down until you see the words, "For Diseases Other than Cancer." The only change I would make for you in that group of items is that in place of the DVD "Diseases Don't Just Happen" you should get the DVD "Turn on the Light."

But all the other items in that list are important for you to Get Well.

You can be totally well and FREE from this problem, as I am. But it doesn't happen over night, although it does happen quite rapidly once you understand what to do.

46. Q. Can we get enough Calories on a Vegan Diet? I have a couple of questions. First, my husband is concerned that if he eats a vegan diet he will not get enough calories. He is a security guard and walks eight to twelve miles a night. We understand the difference between empty and nutritious calories, but I am basically ignorant as to what role the number of calories play and where to get them. He recently had the flu and lost a lot of weight and he wants to bulk up a bit, but I am concerned that he does it in a healthy way.

A. Is your husband bigger than an elephant? You might remind him that elephants, horses, and camels, and other beasts of burden, ALL eat a vegan diet - and THEY get plenty of calories. Also, these vegan animals have more endurance and strength than any of the meat-eating animals. In my Workbook, "Getting Started on Getting Well," I give a whole list of famous athletes who are vegan vegetarians.

My husband is over 6' 1" and weighs 192 lb. and is very strong. He eats totally vegan as I do. My two sons, ages 30 and 35, are also both over 6 feet tall, and also are very strong, and they are both vegan vegetarians.

You say your husband walks eight to twelve miles per night. Horses can continuously walk triple to quadruple that distance, and not be tired. And they are ALL vegan vegetarians.

You mentioned that your husband recently had the flu and because he lost weight, he wants to "bulk up." "Bulking up" does NOT make one healthy. He should be more concerned about building up his immune system by changing his lifestyle and changing his diet to a vegan diet, both of which will dramatically decrease his chances of getting the flu.

One other point on this issue that few people realize. There are many people who **think** they have the "flu" when what they really have is food poisoning - from contaminated meat, fish, poultry, shellfish, dairy products, fast food, or processed food. They think they "caught" the "flu" from someone, but it was really from the "garbage" they are eating.

45. Q. Constipation: I looked and didn't see this addressed...for years I have had chronic constipation. My mother was addicted to laxatives and I've been trying not to be like her. I have been under my doctor's advice for this and he told me I needed more fiber. I took Metamucil for years, drank plenty of water, exercised (and continue to do so), tried to eat well with vegetables and fruits, still I have the problem. I have also done some colon cleansers. I use enemas a lot just to stay on track.

I have also had one colonoscopy and it was clear.

I would so long to go every day. I'd even settle for every other day. I read that I really need to go every day. One thing is sure, when I go I feel so great and have such energy and a new outlook even.

Otherwise, I am basically healthy. I do suffer with sinus infections and menopause. I notice I have bloating and a full-feeling since being in menopause, so I take a probiotic acidophilus. I've been this way most all my life. Can you suggest anything else?

I notice a lot of women I talk to have this problem.

A. I have a section on Constipation in my Workbook, "Getting Started on Getting Well." But the workbook is designed to help one implement the Health Plan that is on my DVDs. It cannot be used alone.

If you truly follow the information (with 100% commitment) on my DVD "You Can't Improve on God" and in my Workbook, "Getting Started on Getting Well" - you will get rid of your constipation problem forever. No one needs probiotic acidophilus, or fiber pills or capsules, or anything else that is man-made.

You are correct to be concerned about Constipation because it is a major CAUSE of virtually ALL diseases, including Cancer. When one cannot eliminate his waste rapidly, then the intestinal contents putrefy and the disease-causing toxins are re-absorbed into the body. This is deadly.

Ideally, one should have a bowel movement after every meal, just as normal babies do. I explain this in my Workbook.

There is NO "Quick Fix" for constipation, bloating, sinus infections or the problems women have with menopause. But they are ALL REVERSED by getting the body healthy again.

There are a number of factors involved in each problem, and they are ALL addressed by getting the body healthy again.

When you learn to get your body functioning properly by following the Ten Step Health Plan, you will have no problems with constipation.

I show how to do that on my DVDs, CDs, and in my books.

Please see my website at www.drday.com and read the entire website thoroughly, including all the links down at the bottom of my home page.

44. Q. What is in Processed Foods? Where would I find a list of what they are putting in processed foods? I am single and I do not use a microwave at all but I do buy frozen dinners.

A. With all due respect, I would like to suggest that you are asking the wrong question. A better question is: How do I learn how to be healthy?

On my DVD "You Can't Improve on God" I talk a lot about processed foods. Anything that is in a can or a box, or any frozen dinner is bad for you - period! On that video/DVD, I go into great detail about the adulteration of the food, and what we should eat to be healthy.

However, the proper nutrition is ONLY ONE step in the Ten Step Plan to be healthy. It is just as important to put the right things into your head (how you look at life), into your mind (whether you believe in "Science" - doctors - or in God), in front of your eyes (what you watch on TV and what you read), and in your ears (what you listen to), as what you put in your mouth, if one really wants to be totally well.

Please see my website at www.drday.com and read everything there, including all the links at the bottom of the home page.

43. Q. Breast Cancer and Vitamin B 17 – Laetrile. Last Feb 2007, I was diagnosed with Stage 3 Inflammatory right breast Carcinoma. I just finished the 6th cycle of Chemo.

In March 2008, I had a CT scan. I was told that the tumor is gone. I had Bone Scan and No tumor was found in my bones.

March 31, 2008 I am scheduled to have a mastectomy.

If I refused mastectomy to save my breast and take Vitamin B17 added to your recommended regimen, is this advisable?

A. Please think this through before you do anything rash.

Your breast cancer was NOT caused by having too many breasts. Cutting one off will NOT cure the problem.

Breast cancer, and ALL other types of cancer as well as ALL other types of disease, are CAUSED by the way we live and the way we eat. The ONLY way to CURE a disease is to find out WHAT CAUSED it and then STOP doing those things, and START doing the things that will rebuild your immune system.

Your breast cancer didn't just "fall out of the sky" nor did it "just happen." You GAVE yourself breast cancer, just as I GAVE myself breast cancer. We didn't do it on purpose, we just didn't realize what we were doing that was causing it.

If you have your breast cut off, and you still continue living and eating the way you have done all along - which CAUSED your breast cancer in the first place - then you will be likely to develop breast cancer in the other breast, or develop cancer somewhere else in your body. So cutting off parts of your body is NOT the answer.

The answer is to LEARN what you have been doing that has CAUSED the breast cancer and to STOP doing it. THEN you will not have to have your breast removed (which, as I said, will NOT really solve the problem anyway.)

But you need to find out the factors that CAUSE cancer. And THAT is the information on my DVDs, CDs and in my books. Your doctor does NOT know this information. Neither did I - because none of us are taught this in our medical training. We are ONLY taught how to give

out DRUGS and how to CUT OUT organs, or CUT OFF body parts - NEITHER of which actually solves ANY problem.

Please go to my website at www.drday.com and read everything there, including all the links at the bottom of my home page, especially my article on how the body is designed to heal itself.

You have already had a lot of damage done to your immune system by the chemotherapy given to you by the doctors, which is nothing more than POISON. Your immune system is the ONLY system in your body that can get you well and keep you well, but chemotherapy **drastically** suppresses your immune system. You now need to learn how to rebuild your immune system, because that is the ONLY way you can actually be well.

So, before you do something drastic that is irreversible, like having your breast cut off, you need to learn how to get well – Naturally – without drugs and without cutting off your body parts.

I discuss Laetrile (Vitamin B 17) on my DVD "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why." There are no "Quick Fixes" in getting well. You must CHANGE everything about your life in order to get well. Laetrile is not bad, it just won't get you well. In order to Get Well, you must STOP doing the things that CAUSED your cancer, and START living and eating the way that will REVERSE it.

You say the doctors say that the "tumor is gone." Yet you are still LIVING and eating the same way you always have, which is what CAUSED your cancer to develop in the first place. So it will be back again - either in the same breast or in the other breast, or some place else in your body, UNLESS you CHANGE those things.

The Health Plan that I used to get well shows you how to **change** everything about the way you live, from what goes into your mind (how you think), your "heart" (your attitude toward other people, how you handle your stress, etc) your eyes (what you see on TV, movies, etc., and read in books, magazines, and newspapers), and ears (what you listen to), as well as what goes into your mouth.

You CAN be totally well, and never have to worry about cancer again. But the ONLY way to do it is the way I have discussed above and in my materials.

I am totally well and Cancer-free and my tumor first appeared SIXTEEN years ago. I can do everything I did when I was 25, and I'm just as healthy. I just turned 71 - and I NEVER have to worry about my cancer (or any other disease) coming back.

42. **Q. Avascular Necrosis (AVN).** I was recently diagnosed with Avascular Necrosis (Osteonecrosis) and will have to have Hip-Replacement surgery within the next 3 years. I would like to avoid surgery if you know of another way of getting blood to my dying hip joint.

A. Avascular Necrosis is a condition in which the head of the femur (the ball portion of the hip joint) gets soft and crumbles, eventually resulting in a deformed, very painful hip joint. There are many causes for Avascular Necrosis (AVN), all of which result in the disruption of the blood supply to the head (the ball part) of the femur (the hip joint), including a hip fracture that occurs right at the neck of the femur (right below the head of the femur) injuring the blood supply to the femoral head. AVN can also be caused by taking steroids, such as cortisone (Prednisone) and other prescription drugs for disease conditions, or by other types of steroids taken by athletes to give them bulky muscles, or by alcoholism, or by certain types of diseases – all of which are the RESULT of the way we live and eat.

If your AVN is early and was not caused by a hip fracture, maybe you can slow its progress by CHANGING the way you live and eat.

But once it occurs to a significant degree, the head of the femur is destroyed and it cannot be restored by changing the way one lives and eats. The only way to treat it then is with a Hip Replacement.

However, even if one must have a hip replacement, a person should be anxious to **change** the way he or she is living and eating because most of the SAME factors that usually cause AVN also contribute to the development of other diseases, even though the symptoms may not be apparent - - - YET! But sooner or later they will become apparent.

And it's a whole lot easier to **prevent** disease than to **reverse** it!

Please see my website at www.drday.com

41. Q. Isn't there something NEW in the Health Plan? You made the video/DVD "You Can't Improve on God" in 1997. That's over ten years ago. Does this Health Plan still work? Aren't there new scientific advances in health that we should know about that should be added to the Health Plan?

A. The Health Plan I used to get well is actually about 6,000 years old. When God created the earth and everything in it, He gave us everything we need to stay well and to get well if we get sick. Natural things have been around since creation – since God first made them.

God is no respecter of persons. He loves everyone the same. That is why He made this Natural Health Plan available to every generation since creation, and to every country on the face of the earth, and to every individual, rich or poor, educated or uneducated. If it wasn't around 6,000 years ago, then it's NOT part of God's Health Plan.

And remember, God is the author of ALL "science." So if "science" doesn't agree with the Bible and God's way, then "science" is wrong! That's why "man's" view of science is constantly changing, as I point out on my DVD "Double Blind: What Science Can't See." But God's scientific ways – His Natural Ways – always remain the same.

God's Natural Way NEVER changes. The information on my DVD/video "You Can't Improve on God" is just as true – and just as current – now, as it was in 1997 – and just as current now, as it was 6,000 years ago.

40. Q. Doesn't EVERYBODY Die from Disease - of Some Kind?

A. This world is run by laws – laws of chemistry, laws of physics, laws of astronomy, etc. These laws have an impact on us whether we know about them or not. If we are ignorant of these laws, or if we know about them but attempt to defy them, they are still controlling us whether we like it or not.

Take, for example, the Law of Gravity. The law of gravity works on everyone on earth. A baby, when he first gets up to walk, learns about the law of gravity because when he falls, he falls DOWN and not UP! And he may even hurt himself when he falls.

The baby may not know the name of the law of gravity, but he understands the law of gravity nonetheless, at least in its most primitive form.

If an adult chooses to defy the law of gravity by jumping from a high building, he still is going down, and he may seriously injure, or even kill, himself. It is clear that the law of gravity is working on everyone whether we like it or not.

One must learn to live within this law – and the other natural, scientific laws that govern our world - or we may reap serious consequences, even death, as a result of our disobedience to these natural laws.

Ten Natural Health Laws

It is the SAME with our health. Our health is governed by Ten Natural Health Laws whether we know about them or not, or whether we like them or not. These laws are immutable. No one is exempt from them. If we are ignorant of these Health laws, or if we deliberately defy these health laws, we have an overwhelming likelihood of developing a serious, life-threatening disease and dying a long, slow, extremely painful death.

However, if we understand these Ten Natural Health Laws and learn to live within them, the chances are great that we will live a long, healthy, pain-free, enjoyable, full, active life – without disease. And when we are very old, we will just wear out, and die by going to sleep – without disease and without pain.

These Ten Natural Health Laws are given on all of my DVDs/videos, but are explained in detail on my DVD/video entitled "You Can't Improve Upon God."

The ONLY way to become healthy and to remain healthy is to follow these Ten Natural Laws of Health. Any other way to attempt to regain - or retain - one's health is nothing but a transient "Quick Fix" – a treatment of symptoms rather than addressing the root cause of the problem. This may make you feel better temporarily but the disease will continue to get worse while you are deluding yourself.

In order to be REALLY WELL, one must address the root cause of the problem. And that is ONLY done by following the Ten Natural Laws of Health.

39. Q. Your Body is Designed to Heal Itself. Why Not Help it - Rather Than Hinder it?

A. Your body is designed to heal itself.

If you cut your hand – it will heal automatically, unless you deliberately put dirt in it, or you keep picking it open, or if your immune system is severely suppressed by the way you have been eating and living resulting in some very serious illness that causes delayed healing.

If you smash your thumb with a hammer, it will eventually heal, unless you keep smashing the same thumb with a hammer - EVERY DAY!

The point is that your body WILL heal itself UNLESS you keep injuring it.

But most people don't realize that they are "injuring" their body every day by the way they are living and eating. When we eat wrong and live wrong, these small daily "injuries" will result in a disease of one type or another. Unfortunately, doctors ONLY learn how to treat the symptoms of disease rather than addressing the root cause of the disease itself. Why? Because they are never taught the causes of diseases.

Doctors give DRUGS – ALL of which have side effects – and ALL of which harm the body! And DRUGS only cover up the symptoms.

The ONLY way to really get well and remain well, is to STOP doing the things that cause disease and START doing the things that rebuild the immune system, the ONLY system in your body that can GET you well and KEEP you well!

In my DVDs/videos, CDs/audiotapes and my Workbook, "Getting Started on Getting Well," I reveal the causes of disease. These causes of disease are ALL in the medical literature, but doctors don't know about them because we are never taught about them in our medical training. Why?

Because Medicine is BIG BUSINESS – a multi-billion dollar business. But getting well by Natural Methods is NOT expensive - and does NOT require a doctor. It can be done at home – WITHOUT drugs! And it REALLY does get you WELL by addressing the root cause of the disease rather than covering up the symptoms.

Drugs allow you to feel better, at least temporarily, but your disease is actually getting worse! Drugs don't heal your disease!

The prospect of getting well inexpensively by Natural Methods does not sit well with the Medical and Pharmaceutical Industries. Their goal, instead, is for you to feel helpless and hopeless when you are sick, so you will have to rely on expensive doctors and costly, harmful drugs!

But you don't have to GET sick or REMAIN sick! Diseases ARE curable once you STOP doing the things that CAUSE them. YOU can take charge of your health – as I did – and GET WELL!

38. Q. [Barleygreen is Back!](#) I'm just curious about the new BarleyGreen product. I remember you were concerned about some changes they were going to make to the original formula. Did they decide not to make those changes after people voiced their concerns?

A. The BarleyGreen that is "back" is the original BarleyGreen that I have always had available on my website. Fortunately, the makers of Barley Green were smart enough not to sell their trademark name to the marketing company who wanted to change the product.

The makers of BarleyGreen found out, after a short time, that the marketing company with whom they had made a short-term agreement, was not going to market BarleyGreen in its pure form.

So the makers of BarleyGreen now have their own original product back in its pure form. That is what is now available on my website - the original, unadulterated, pure BarleyGreen.

37. Q. Retired? Have you retired from medicine?

A. Not at all. Somehow the public has only ONE view of a physician – that of a man or woman in a white coat, with a stethoscope hanging around his or her neck, talking to a patient in a small examining room.

But that is the “**TV view**” of a physician.

A very large percentage of physicians never even see a patient when they finish their training. There are radiologists who read x-rays, anatomic pathologists who only do autopsies on dead people or examine dead tissue specimens from the operating room for diagnosis, clinical pathologists who supervise the technicians in clinical laboratories, physicians who choose to spend their time doing medical research in a laboratory, physicians who specialize in Public Health, physicians who become administrators, including hospital administrators, or deans or chancellors of medical schools, or administrators in government positions, such as the Centers for Disease Control, the National Institutes of Health, or even the Surgeon General of the United States.

These physicians rarely, if ever, actually see a patient in a private office setting. Yet no one would suggest that these doctors are not practicing physicians. As you can see, there are many, many different ways to practice medicine.

I was trained as an Orthopedic Surgeon, and specialized in Trauma Orthopedic Surgery, which includes operating on the most severe injuries that can occur, including victims of gun shot wounds, gang wars, beatings, or other major violence, victims of unsuccessful suicide attempts – jumps from buildings or jumps from high bridges, victims of motor vehicle accidents, whether pedestrians or passengers inside a car that crashes, victims of domestic violence, falls that cause a fractured hip, broken ankles, broken legs, broken arms, spine injuries, ski accidents, massive pelvic injuries from being run over by a car, amputations caused by crushing injuries, etc.

When you are injured, you need a surgeon to put you back together again. I have no problem with that. And I am still licensed as a physician and as a specialist in Orthopedic Surgery, so I could go back to that at any time.

But DISEASES are caused by the way we think, act, live and eat. So the way to REVERSE them is to CHANGE the way we think, act, live and eat. But we must make those changes ourselves. A doctor cannot do that for us. The only thing we need is to learn WHAT changes we must make, and WHY. And THAT is the information that is on my DVDs, CDs, and in my books.

When I developed severe cancer that almost took my life, I learned things I never knew before, and things I was never taught in my medical training. I learned how to GET WELL from Cancer and other serious life-threatening diseases by Natural Methods. Fortunately, I already knew that Drugs NEVER Cure Disease – they only make things worse in the long run. And taking out one’s organs doesn’t make any sense at all. We don’t have ANY spare parts in our body that we don’t need. ALL our organs are necessary for our health or God would not have put them there.

There are many fine Orthopedic Surgeons in this country, including many that I personally had a hand in training when I was an Associate Professor of Orthopedic Surgery at the University of California, San Francisco School of Medicine, and when I was an attending surgeon, and eventually Chief of Orthopedic Surgery at San Francisco General Hospital. And those Orthopedic Surgeons can take care of patients’ injuries and orthopedic problems very well.

But there are few, if ANY, physicians who really KNOW how to get patients WELL from Cancer and other serious, life-threatening diseases by Natural Methods. And fewer yet who have actually “walked the walk” as I have done – actually “practicing what I am preaching.”

I have been to death’s door – and back - with severe, advanced, Cancer, and now I am totally well and cancer-free and today, and it has been **sixteen years** since my tumor first appeared. My mission is to share my information with anyone who wants to know how to get well.

So I am still practicing medicine just as much as any of these other physicians I have mentioned above, but I am doing it in a different way from what I did before. Instead of spending long hours in the operating room putting severely injured patients back together, I have changed my focus. I now share with people how I REVERSED my Cancer and the symptoms of my other serious diseases, by major changes in my “heart,” mind, behavior, lifestyle and diet.

I believe this is practicing Public Health in its highest form. I consider myself a physician-educator. Instead of taking care of patients one-on-one, or educating medical students and resident physicians to take care of patients as I did for the major part of my career, I am now

sharing directly with the people the way to take care of their health – which is the **ONLY** real way to be well anyway.

The only one who can really REVERSE his or her disease is the one who HAS it, because it requires the patient himself or herself to CHANGE the way he or she is thinking, living, and eating.

My previous medical life as an Orthopedic Trauma Surgeon was certainly exciting and rewarding, but no more rewarding than sharing with people what I have learned about getting well from virtually any disease. And when they learn how to get well by Natural Methods and really change their life, they will never have to worry about being sick again.

36. Q. Hepatitis C, B, A, herpes, shingles, HIV/AIDS, Lyme Disease and Candida. Can you advise as to eradicating the Hepatitis C virus as I have a daughter with it and would like to help her to get well.

A. I discuss this on page 203 of my Workbook, "Getting Started on Getting Well," that is designed to help one implement the Health Plan on my DVDs/videos and in my other materials. (The Workbook cannot be used without the DVDs/videos.)

Hepatitis A, hepatitis B, hepatitis C, herpes, shingles (herpes zoster), HIV/AIDS (viral disease), Lyme disease (a bacterial disease) and Candida (a fungal disease) are ALL reversible. They cannot occur or persist in a person whose immune system is functioning properly. When the immune system is rebuilt by following the Ten Steps of God's Natural Health Plan which is the Health Plan on my DVDs, CDs, and in my books, then the immune system can overcome and REVERSE these diseases that the medical establishment claims are incurable.

Please see my website at www.drday.com and read everything there, including all the links at the bottom of my home page, especially my article on how the body is designed to heal itself.

35. Q. Trusting in Science and the Scientists. I came across your website and found some troubling information. You seem like a very decent human being, so I am bringing these things to your attention because I know that you would want them explained or fixed.

1. Under the "When is Jesus Coming?" page, I noticed you wrote that Jesus will come when the earth is 6,000 years old. But astrophysicists, geologists, astronomers, and other scientists have calculated the earth is already 4.55 billion years old. Why is the scientific consensus so off the mark?

2. What are the names of the computer programs and scientists you cite for computing the age of the earth?

A. I am also a scientist in addition to being a physician.

I was 3 months short of finishing my Ph.D. at the University of California, San Francisco (which I took while I was an Associate Professor at the Medical School), before moving to Southern California. As both a physician and a research scientist, I know very well how Science is **constantly changing!**

What was considered "absolute" one year - was totally outdated the next - in both the medical and research journals. All physicians are required to complete a certain number of Continuing Education units every year in order to remain licensed. But the medical journal articles are only "good" for credit for **one year** after they are published - **because** - what is "true" this year - is **no longer true** next year.

All one has to do is look at the subject of the treatment of breast cancer over the last 40 years. It is almost unbelievable the flip-flops that the so-called "experts" in Orthodox Medicine have performed over that period of time. Millions of women have been terribly maimed and left with immensely swollen arms that are entirely useless - as well as being horribly painful - and the medical profession says, "Oh, THAT is how we thought we should treat breast cancer 40 (or 30 or 20) years ago, but now we know that wasn't the way to do it. But NOW, we do know how to do it!"

But they DON'T!

Orthodox physicians and research scientists are responsible for killing FAR more people than are killed by 1) guns, 2) traffic accidents, and even 3) wars! People want to ban guns, and give heavy fines and imprisonment for manslaughter by vehicular accident, and there are huge protests against war. **Yet Doctors are the biggest "Killers" in our society!** Why don't we outlaw doctors?

Physicians are viewed as "saving lives" - and that is what a Physician **should** do. But, in reality, the medical profession (backed by the so-called Scientists) have become **Agents of Death!** (Abortion, death by chemotherapy, surgical mistakes, and dangerous prescription drugs with their deadly side effects.)

I personally have seen thousands of patients DIE from the "treatment" we doctors have given them. Finally, I woke up - to see that "Science" is a gigantic FRAUD!

My point is that Science is Constantly Changing! So I don't trust "Science." Astrophysicists, geologists, astronomers and other scientists are ALL just people - and ALL fallible. I even made a DVD about the subject. It is called "Double Blind: What Science Can't See." It is on my website at www.drday.com

The reason I am totally well and cancer-free today, well over a decade AFTER I was sent home to die (by the Doctors/Scientists!), is that I learned NOT to trust the "Experts." I WAS one of the "Experts" and I found out that NO Orthodox Physician knows ANYTHING about getting people well from ANY disease.

We are ONLY taught to "treat" symptoms, NOT the CAUSE of the disease. And the "treatments" we are taught to use are ALL terribly harmful to the body. And they NEVER cure! It is true that some people actually survive the "treatment" but that is only a testimony to the amazing, superb, body that God created that can take SO MUCH punishment - - from the so-called "Experts!"

THAT is why I don't put my trust in "man" – in scientists and doctors.

I choose to trust God. Because I know that the so-called "wisdom" of man is **foolishness** with God."

God was around when HE (God) created the earth. There is NO scientist alive today who was around when God created the earth - NOR when the earth supposedly "just happened." I **know** how they figure the age of the earth as billions of years old, and their figures are all based on nonsense and "shifting sand."

When one studies the theory of evolution vs. creation, it is clear that there is overwhelming evidence for creation - AND for a "young" earth, and there is NO evidence for evolution, except for man-made models in museums that are based on the imagination of the scientists. These models are based on NO documented evidence whatsoever.

The reason many scientists refuse to believe in a Creator God is NOT because of insufficient evidence. It is because if there IS a Creator God, then the scientists are beholden to Him and they'll have to live their lives differently. In addition, they cannot control God.

But if YOU choose to trust in error-prone and fallible "man" - that is your right. And I support your right to do that.

I, however, having been an agnostic for most of my adult life, finally realized the utter foolishness of trusting in "man" and "man's" fraudulent, constantly changing, and totally inept "science."

In fact, one of the reasons I developed severe cancer that almost took my life, was that I TRUSTED in "man's" knowledge. I trusted my Physician Professors and my Science Professors in my medical training - ALL of whom were DEAD WRONG. And many of them are also literally -- DEAD - from disease - because **they did not know** how to get well!

By the way, the man considered by Science to be the most brilliant theoretical physicist alive today, and the man many believe to be the smartest man on the earth, is Stephen Hawking. But his "brilliance" is only in the eyes of "man." The Bible tells us that the "wisdom of man is foolishness with God."

Stephen Hawking is so "smart" that he is a total invalid, confined to a wheelchair, without any understanding of how to be well. He is unable to walk, speak, write, bathe himself, comb his hair, or go to the bathroom by himself. He is totally helpless because he suffers from Lou Gehrig's disease (Amyotrophic Lateral Sclerosis), a disease he GAVE to himself (ignorantly, of course) due in large part to his reported tyrannical, domineering, selfish, self-centered attitudes (Yes, anger is one of the leading causes of disease and death), as well as his total ignorance of God's simple Ten Step Health Plan that could have prevented and reversed his disease. But he is so blinded by his "intelligence" that he will have nothing to do with God – or real truth!

For thirty years, Hawking was married to a Christian but he totally rejected any interest or belief in God. He could have prevented his disease by thinking, acting, behaving, and eating GOD'S way rather than his own way ("man's" way). He is now "reaping what he has sown."

Is that is your idea of a "brilliant scientist"? Are you suggesting I put my trust in the supposed "brilliance" of Stephen Hawking and others like him, instead of trusting in the wisdom of the Almighty God of the Bible?

There is NOTHING that needs to be "explained or fixed" as you put it in your question.

If I had trusted in Science and the Scientists like Stephen Hawking, and the other supposedly "brilliant" minds in medicine - I would now be dead!

34. Q. Can I make an appointment with you? Do you still have your practice in Irvine, CA? If so do you take appointments for cancer patients? Please advise and thank you in advance.

A. I have never had a practice in Irvine, CA. I did have a practice in San Francisco for many years BEFORE I developed cancer and learned how to REVERSE diseases - virtually ALL diseases, including life-threatening diseases like Cancer - by Natural methods.

But the Health Plan I used to get well is designed to be done at home, the way I did it. ALL of the information one needs to get well is on my DVDs, CDs, and in my books available on my website at www.drday.com

If you scroll down on my website home page, you will see a box that says, "What Do I Need to Get Started on This Health Plan?" Click there and you will see two sections: One for those who **have** cancer, and one for those who have a disease **other** than cancer.

Once a person has implemented THAT information into their heart, mind, lifestyle, and diet, then they can **continue** to progress to total health by continuing to follow the "Curriculum for Getting Well" that is in my workbook entitled "Getting Started on Getting Well." The Workbook is designed to implement the health plan that is detailed on my DVDs/videos and other materials. The workbook cannot be used alone.

In order to get well, one must understand WHY and HOW the Health Plan **will** get them well. This is not a Health Plan that you can just sit there and have someone do "to you" like a doctor gives you pills. YOU must be totally involved and learning all the time. You must educate yourself about the harmful things you have been doing **unknowingly** all your life, things that have harmed your body that you had no idea were harming your body. It is only when you have a full understanding of this that you are very anxious to STOP doing the things that have given you your disease. Then you can START doing the right things that will REVERSE your disease.

But YOU must keep studying and learning so YOU will **understand**, because there will be all sorts of people who will want to pull you off track, including members of your own family or your close friends. People who are drinking alcohol heavily at a party are frequently "pushing" on any person at the party who does NOT drink. The drinkers down deep feel guilty because they know their heavy drinking is wrong and they don't want a non-drinker around to make them feel guilty - just by his presence.

It is the same way with becoming healthy. When you really decide to change your life to get healthy, and REVERSE your disease, including those who have a life-threatening disease, there will be plenty of people, even possibly many in your own family, who will talk against what you are doing. Why? In large part because THEY will feel guilty because THEY'RE not thinking, living, and eating the proper way for ultimate health. They want to continue in their old ways, even though they KNOW it's not good for their health.

You must be prepared for that, so you must be fully grounded in KNOWING **WHY** you are doing what you are doing.

That is why I put ALL my information on DVDs, CDs and in books, so YOU can study them over and over and over again. If I were to see you in a private office, the most time I could spend with you would be an hour or so, and I would have to give you so much information verbally that you would never retain it. THAT is why I put all my information on DVDs, CDs and in books, so you can have it in your home and review it repeatedly.

As I said, ALL the information to get well is in those materials on my website at www.drday.com

I realize that people have, for all their life, been taught that when they are sick they must go to the doctors - to the so-called "Experts" - not realizing that the Health Plan to get well - even from serious life-threatening diseases - is actually SIMPLE. You just have to STOP doing the things that are CAUSING your disease and START doing the things that will REVERSE it.

The body is a very complex organism, but the maintenance of it is VERY SIMPLE - it is SIMPLE but it is NOT easy. The only hard thing about the Plan is that YOU must CHANGE the way you think, act, live and eat. And I CAN'T do that for you! YOU must do that yourself.

A lot of people don't like to change. Change CAN be difficult. But once you understand the things that you are doing that are actually CAUSING your disease - and that if you don't STOP them you will CAUSE your own death - it makes it a whole lot easier to STOP them.

THIS is the reason I don't see patients in an office. THIS is the reason I put ALL my information in my materials, because in order to CHANGE your way of thinking about health and total freedom from disease, you must study the materials over and over again.

The American people, and most of the rest of the world's population, have been brainwashed by television and every other media to "Go to the doctor, at the least sign of any medical problem."

But doctors DON'T KNOW how to be well themselves - or how to get YOU well. If they did know, they wouldn't be dying of Cancer and other horrible diseases at the same - or greater - rate than the general population. **Doctors have a shorter life expectancy than the general population and they have a higher suicide rate.** So why would you go to THEM for advice and direction about YOUR health? They don't know, themselves, how to be healthy! So how can they possibly tell you?

Doctors ONLY know how to give out DRUGS - ALL of which have VERY HARMFUL side effects, and NONE of them cure ANY disease. The drugs ONLY cover up the symptoms of the disease while the disease continues to GET WORSE! And if THAT doesn't work, then they start cutting out your organs - as if you have spare parts in your body that you don't really need!

Again, ALL one needs to get well is in my materials. Once you study them, and read everything that is on my website including all the links down at the bottom of my home page, it will finally sink in how SIMPLE it is to be healthy. And once you begin living your life the proper way, you will NEVER have to worry about being sick again.

33. **Q. Osteoporosis.** I am on Actenol for Osteopenia and my chiropractor would like me to get off of that drug and find a natural substitute. Do you have any suggestions on what would be as effective for me. I have scoliosis besides and I take a multi-vitamin and calcium with Vitamin D and magnesium.

A. You are right in wanting to get off of Actenol. ALL drugs are harmful - and unnecessary.

Osteopenia and Osteoporosis are essentially the same thing. I discuss Osteoporosis in great detail on my DVD "Diseases Don't Just Happen" and in my workbook "Getting Started on Getting Well." Please see my website at www.drday.com

You don't need to TAKE drugs or even vitamin supplements. You just need to learn how to live and eat - and that will heal your bones. The Health Plan that will do that for you is the SAME one I used to reverse my severe Cancer, and the same way I continue to live and eat.

32. **Q. Cancer of the Testicle.** I have read that with testicular cancer the testicle must always be surgically removed. My question is, could you cure it without doing so?

A. NO disease, including Cancer, can be CURED by removing the involved organ. Testicular cancer is NOT caused by having too many testicles. Cutting one or both of them off will NOT cure the cancer because Cancer is CAUSED by the way we live and eat. If we cut out an organ, and still keep living and eating the same way, the cancer will just return in the same place, or in another place, or we will get another, different, life-threatening disease.

Testicular cancer, just like every other type of cancer, as well as every other kind of disease, CAN be cured - by totally natural methods. The testicle does NOT have to be surgically removed in order for a person to get well.

I discuss this in detail on my DVD "Cancer Doesn't Scare Me Anymore" and its accompanying CD entitled "More on Cancer."

Please see my website at www.drday.com and read everything there including ALL the links down at the bottom of my home page.

31. Q. Commercial "Wonder" Juices (Tahitian Noni, Mangosteen, MonaVie, NingXia, XanGo, etc.). Dear Dr. Day: I would like to send you some information on a wonderful juice called Tahitian Noni. It has helped me enormously and I'm sure you will find it useful.

A. Please don't send me ANY information about any of these juices, Noni, Mangosteen, NingXia or any others. I am well aware of all these terribly over-priced, unnecessary, commercial juices. They are very effective at putting money into the pockets of those who sell them, but they are not much good for anything else. They are priced at \$40.00 - \$50.00 per bottle, but they are virtually no better for one's health than the juices one buys at the grocery store for \$3.00 - \$4.00 per bottle. If anyone believes they are healthier by drinking these juices, it is only because their regular diet is so poor that even a little nutrition makes them feel better.

Independent lab tests have been done on at least one of these juices at the request of the Associated Press, and the results have shown that, on average, it contains no more anti-oxidant activity (its supposedly BIG selling point) than the bottled juices one can buy in the grocery store.

All of these commercial juices are cooked – which destroys their enzymes. (The enzymes in **raw** food help prevent aging and help prevent disease.) Then the juices are bottled for a long shelf life - which usually requires preservatives. And who knows what else is in them, since the ingredients in some of them are considered proprietary and are not revealed. In this situation, you don't even KNOW what you are drinking!

I have one acquaintance who swears by one of these types of drinks. But when I see how it affects her when she drinks it – and when she **doesn't** drink it– I can guarantee you that there are "uppers" of some type in that drink. Whether they are pharmaceuticals or herbals, it is obvious that the ingredients of the "juice" are forcing her adrenal glands to pour out adrenalin, just like strong coffee does. For a time she is alert and feels great, but then she crashes – and needs another "fix." This yo yo effect occurs with all caffeinated drinks and all foods that contain sugar or refined carbohydrate. This yo yo effect always contributes to the development of disease.

The problem is that everyone is looking for a "Quick Fix" so they can continue to eat junk food, stay up half the night, eat sweets, drink "energy" drinks, get angry if they feel like it, not exercise - - - - and STILL stay "healthy."

But it doesn't work that way. The ONLY way to be well is to obey the Ten Natural Laws of Health that are on my DVDs.

Again, there are NO "Quick Fixes."

30. Q. Dr. Day, Are you Dead? I was listening to a radio program the other night, and they announced you had died. I hope I was dreaming. Please write me back if you are still with us. I have searched obituaries and have not found you listed, so I am hoping I heard that wrong.

A. As Mark Twain said, "The reports of my death have been greatly exaggerated." I don't know who is spreading these rumors, but they go around about every two years, and within the last few months, they have been rampant.

Not only am I alive, I am totally well and cancer-free - a full FIFTEEN years after my tumor first appeared. Last spring, to celebrate my 70th birthday, my husband and I and my two sons participated in the 7.5 mile Bay to Breakers race in San Francisco.

I still work full time, a full week every week. Plus I water ski, snow ski, play tennis, and go to the gym three times a week.

That's pretty good for a DEAD person – wouldn't you say!

29. Q. Artificial Sweeteners. I will appreciate your thoughts regarding the above specific alternative sweeteners for any health concerns, or benefits.

A. They are ALL bad. You'll have to get RID of your sweet tooth and learn to taste the food the way God made it. This Health Plan requires that you develop a whole lot of NEW habits -

healthy habits.

After a while, you will learn to appreciate the flavors of natural food. There is plenty of NATURAL sugar in fruit - where its mixed with fiber - the way God made it and therefore - - - - SAFE to eat.

The answers are on my DVDs, "You Can't Improve on God" and "Diseases Don't Just Happen."

28. **Q. Acupuncture.** I would like to know your opinion of Acupuncture Doctors?

A. ALL diseases, including cancer, are CAUSED by the way a person lives and eats. The ONLY way to reverse diseases and disorders is to STOP doing the things that CAUSED them and START doing the things that will rebuild the immune system, which can then get the person well.

NO disease on the face of the earth is caused by a deficiency of Acupuncture, therefore Acupuncture CANNOT actually cure ANYTHING. Acupuncture is part of Eastern medicine, which is NOT of God. It is New Age, and therefore is the antithesis of God's way of living, eating, and getting well.

I discuss Acupuncture on my DVD, "Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why."

Please see my website at www.drday.com and read everything there, including all the links at the bottom of the home page.

27. **Q. Liquid Zeolite.** What is your opinion?

A. Zeolite is volcanic rock. It cannot be utilized by the human body. We must get ALL of our nutrition from fruits, grains and vegetables, the way God made them. God did not intend for us to eat rocks - even when they're ground up. The body cannot assimilate them.

This is just another scam

26. **Q. Fibroids.** I have a cyst and a small fibroid tumor and a nodule on my thyroid. I may have a polyp in the lining of my vagina. I'd like to know if just following your way of eating will get rid of all of these problems. They're not too bad now but I don't want them to grow. I'm taking control of my own health and don't want to take drugs they all, as you know have, side effects. One doctor suggested a hysterectomy, but I am 38 and desire to have children.

A. The Health Plan I used to get well is NOT just "a way of eating."

The answer to your question is that you CAN get well from all of these things, but you must change EVERYTHING about your life. You GAVE these things to yourself by the way you have been LIVING and eating (It's NOT just the food), just as I gave myself cancer.

The GOOD NEWS is that you can REVERSE all these things by CHANGING the way you are LIVING and EATING.

I discuss women's problems on my DVD "Diseases Don't Just Happen." Also there is a testimonial of a woman with fibroids on my DVD, "Believing is Seeing" in the Question and Answer session that occurs after my presentation.

Please see my website at www.drday.com and read everything there, including all the links at the bottom of the home page, especially my article on how the body is designed to heal itself. Then, when you are finished, return to the home page and scroll down until you see the box that says, "What Do I Need to Get Started on This Health Plan?" Click there, then scroll down until you see the words "For Diseases Other Than Cancer." THAT is what I recommend to Get Started.

Then, when you have implemented all that information into your life, you can continue in your progress of getting well by following the "Curriculum for Getting Well" as found in my workbook "Getting Started on Getting Well" on page 236

25. **Q. ALS – Lou Gehrig's Disease.** While I may have missed it, I did not see ALS addressed at all. My father is in the process of succumbing to this disease and I have been unable to locate anything of help on the web.

Is there anything that can be done at this point? He is also insulin dependent.

A. ALS is CAUSED by the way we live and the way we eat. It can be REVERSED in the same way that I REVERSED my cancer (which was ALSO caused by the way I was living and eating). In order to get well, your father must be willing to CHANGE the way he is living and eating. A lot of people don't want to do that.

But if one DOES, he CAN get well.

I discuss ALS and dozens of other diseases (and how to get well) on my DVD "Diseases Don't Just Happen." The Exact detailed plan is on my DVD "You Can't Improve on God" and in my Workbook "Getting Started on Getting Well."

Please visit my website at www.drday.com and read EVERYTHING there including all the links at the bottom of the home page especially my article on how the body is designed to heal itself.

Then when you are finished, return to my home page and scroll down until you see the box that says, "What Do I need to get Started on this Health Plan?" Click there and scroll down until you see "For Diseases Other than Cancer." THAT is the information necessary to get started. Then one can continue on the path to TOTAL health by following the Curriculum for Getting Well" found in my Workbook, beginning on page 236.

But remember, ALL diseases starts in the "heart" because we want to live and eat OUR way, rather than living and eating the way God designed for our body. Only when WE want to do what is right, will we be able to turn things around.

This is not a program that someone else can do TO a person. The sick person himself must decide that HE wants to change everything and GET WELL.

24. Q. Epstein-Barr Virus (EBV). I have a 5 year old son who was diagnosed with EBV last October. We recently found out that he still tests positive for high levels of EBV and due to my ingorance, I simply don't know what to do. His pediatrian said that he may show high levels for some time. My concern with the research I've done is that EBV is linked to several other diseases such as MS and Burkitt's Lymphoma as well as Hodgkins disease. My son's symptoms were a severe fever for about 17 days, sore throat, swollen spleen. After being admitted to the hospital and given numerous anitbiotics, he developed a severe rash and I was worried about tick-borne illnesses as he was possibly exposed during a previous trip. But after testing negative to EBV the first time, he was transported to Texas Childrens Hospital in Houston and the doctors advised us that he was having an allergic reaction to the antibiotics. It seems he is allergic to Rocephins, etc. Anyways, they sent him home to follow up with his pediatrian who is drawing blood every 6 mos. Well, it has been a year and he still has high levels of EBV and this is worrying me.

My question to you is, if your son contracted this possibly during our hurricane evacuation last Sept. and is still testing to high levels of EBV, what would you do as far as treatment or the seeking of other medical help. I don't know where to turn other than to pray but it seems that this is a common virus. I'm just worried for his health now and in the future. He has recently started complaining about his back hurting and now I'm wondering if this has any relevance, or am I being paranoid. Any advice would greatly be appreciated.

A. I realize this may be a difficult answer for you to understand because it requires a whole different way of thinking, but here goes.

Epstein-Barr Virus (EBV) is NOT the problem. It ISN'T EVEN the diagnosis, though doctors have told you that. Viruses CANNOT cause disease in our body UNLESS our immune system is not working properly. We are surrounded by bacteria and viruses ALL the time. Why isn't EVERYONE sick ALL the time?

The answer is: It all depends on the condition of your immune system!

You are concentrating on the SYMPTOMS rather than concentrating on the underlying cause of the problem.

In order to get rid of the EBV you must build up your son's immune system. The way to do that is to follow the Health Plan I used to get well from Cancer and that others have used to get well from all different kinds of disease. ([DVD - You Can't Improve on God](#))

You must concentrate on building up his immune system, NOT on "destroying" the EBV. All the antibiotics he has received have caused even MORE problems than he had before. They have wiped out the good bacteria in his colon (that are needed for health) and allowed the "Bad" bacteria (and viruses) to overgrow.

In fact, it is entirely possible that the EBV problem actually started from his being given antibiotics (or other medicines) in the past (for ear infections, for a sore throat, etc.)

In addition, vaccinations are very harmful to the immune system and contain all sorts of dangerous contaminants, including harmful viruses which can take hold BECAUSE the immune system has been suppressed.

On my video/DVD "[Drugs Never Cure Disease](#)" I explain why Germs Don't CAUSE Disease anymore than Flies CAUSE garbage! You know that flies DON'T cause garbage. The garbage (the dead vegetable and animal tissue in the garbage) attracts the flies. Well, that's what happens in the body. The dead and dying tissue in the body (caused by the way we are eating and living) attracts the "clean-up crew" - the bacteria and viruses. THEN we develop symptoms and we think the bacteria or viruses are the CAUSE - when the REAL cause is the bad food we have been eating, junk food, fast food, processed food, sugar, Nutrasweet, MSG (hidden in ALL processed food), our improper sleeping habits, lack of exercise, lack of water drinking and instead drinking sodas with caffeine and sugar or harmful sugar substitutes, etc., etc., etc.

This is all explained on my video/DVD "[You Can't Improve on God.](#)"

If one has a "clean" body with a properly working immune system, the viruses WON'T take hold because there's no "garbage" in the body to "clean out." The ONLY way you can get your son truly well is to rebuild his immune system so his IMMUNE SYSTEM can fight the disease. But this will take MAJOR life-style changes for your son and your whole family. Are you willing to do that?

ANY DRUG that is given him to "Kill" the virus will end up causing more problems.

You will understand it better if you watch that DVD.

The PLAN to rebuild one's immune system is on my DVD/video "[You Can't Improve on God.](#)" Another DVD/video that would be helpful is "[Diseases Don't Just Happen.](#)"

It's impossible for me to write in an e-mail what you need to do to get your son well, that's why I put it all on DVDs/videos, CDs/audiotapes, and in my Workbook, [Getting Started on Getting Well](#). You'll have to study it out in order to understand it. But your son CAN be well. It's just that DRUGS will NOT make him well. And that's ALL doctors know how to do - give DRUGS!

As I said, you CAN get your son well, but NOT the way the doctors do it.

23. **Q. Autism.** Autism is being diagnosed at an astonishing rate and I have heard all sorts of theories on the cause.

What are your thoughts on Autism and its origin?

A. Certainly the MAJOR cause of autism, if not the ONLY cause of autism, is vaccinations. The diagnosis of autism is increasing at an astonishing rate BECAUSE more and more - - - and more - - - vaccinations are being given to children at younger and younger ages.

Vaccinations DON'T work and they are NOT safe. I discuss autism, and vaccinations in general, in my Workbook entitled "[Getting Started on Getting Well.](#)"

22. **Q. Are you really a doctor?** I would like to start your Plan curing my cancer but I need to check your credentials. Stating on the net that you are a doctor does not prove to me that you are one.

AMA does not have any record of you being a doctor. Can you help me to find some credible info from a government facility about you, your practices and where I can get references? I would appreciate a personal answer by replying to my e-mail.

A. Here is enough [information](#) about me to prove that I, indeed, AM a physician.

You can also check my credentials as a medical doctor by going to the Google search engine, type in "California Board of Medical Examiners", then when the list comes up, click on "Medical Board of California: A-Z"

Then on the left hand side about half way down it says something like "Check on your doctor online." If you click there, then type in my name, you will see that I am currently licensed by

the State of California and I have had my license since 1969 or 1970. I can't remember the year exactly. I graduated from medical school at the University of California, San Francisco School of Medicine in 1969, then took my internship at San Francisco General Hospital from 1969-1970, then we (all in my class) took our "Medical Boards" in 1970, I think. After that I took my residency in Orthopedic Surgery (another four years of training) again at U.C. San Francisco Medical school and finished in 1974. After that, I was on the faculty of that same medical school for 15 years - until 1990, when I moved to Southern California.

You can check it all out.

The AMA could have told you how to check my credentials. But obviously they didn't. The reason the AMA doesn't have any information on me is that I am not a member of the AMA because I do not believe in what they do. The AMA is nothing more than a Union for Doctors. It is ONLY interested in what is good for the doctors and cares little, if at all, for the patients.

If you trust the AMA and the government so much, why are you not planning to take the conventional treatment of chemotherapy and radiation? THAT is what the AMA and every government institution would recommend. All they know how to do is give out dangerous, poisonous chemotherapy, damaging radiation, and perform mutilating surgery. And that's all I learned in my training too.

And, unfortunately, that's what I taught my medical students and the residents I trained. But I didn't know any better at that time.

The AMA and the government institutions are never happy with doctors who want to get people **well** naturally, without drugs.

Everything I learned about how to get well from cancer, I learned OUTSIDE of my formal medical training. Everything I recommend to get people well and build their immune system has NO harmful side effects. The AMA and government institutions HATE the natural way.

Yet the documentation for the Plan used IS in the medical literature. You will see it in my Workbook, 17 pages of it. It's just not taught to doctors in their training. You'll see why on my DVD's.

ANYONE can get well the same way I did, and it doesn't take a medical doctor to do it. The plan is designed to be done at home the way I did it. All the things that are necessary to build one's immune system are FREE, except for the nutrition part, but you have to buy food anyway. It's just that with this Plan, you have to buy nutritious, natural, wholesome food.

You appear to want to get well, the natural, non-harmful way, yet you want the approval from a government agency. I'm afraid that will never happen. The very institutions that you look to for their expertise and approval are the very institutions that use terribly harmful methods of treatment for virtually every disease.

I do hope that if you decide to go the natural route as I did, that after you see and read my materials, you will learn NOT to trust the AMA and government "**experts.**"

21. Q. Autism and Seizures. I am just desperate for my daughter. My daughter is autistic she is 36 and severely retarded with no language. At 32 she started having seizures and no one can help. It only is about once a month around her period (week before & or after) and now she is almost always upset and cries for no reason, hits her head and shows some other emotional behaviors. I have talk to her doctor and many others but so far no help. I do not like drugs and she has problems taking them too, so i give her liquid skullcap and acupuncture but the crazy emotional stuff is driving me crazy. If you can help it would be great.

A. The major cause of autism is the administration of vaccinations, because of their contents, specifically mercury and other harmful substances.

The most important thing one can do in the case of an autistic patient is to rebuild the immune system by the method I talk about on my videos/DVDs, "[You Can't Improve on God](#)" and "[Diseases Don't Just Happen.](#)" You will learn the things that can cause hyper-excitability of the nervous system that can lead to seizures - and the things you can eliminate from her diet that will help decrease this excitability, as well as the things that you can add to her life and her diet that will also decrease this excitability. All without drugs.

On these DVDs/videos, I don't specifically talk about Autism, but you will learn a lot about the

nervous system and the brain which is the area where the seizures are occurring.

I have letters of testimony from many people who have eliminated their seizures by this Plan, and who have reversed their trigeminal neuralgia (also called tic douloureux - another nervous system disorder) as well as other neurological conditions

20. Q. Portions for children. How many juices would a 45 lb. 5yr old autistic child need? How much Barley Green? How much fiber cleanse? Is there a children's section in your CD, DVD, or books?

A. The amount of fluid per day (fresh home-made vegetable juices and water) I talk about on my videos/DVDs is for an average adult person of approximately 150 lbs. A 45 lb child would need a little less than a third of the number of juices of a 150 lb adult. The same would go for Barley Green, and probably for fiber cleanse. But I suggest you read the label on the fiber cleanse.

There is no specific "children's section" in my CDs, DVDs or books, but you can figure things out with the same general percentages, based on weight.

You may be interested to know that I have started to put together a book on children's health. I can't even give you an estimate of when it will be completed. I have several other projects going all at once, so it may be about two years until I get it finished.

19. Q. Neurologic Disease. Do you offer any treatment for a 78 year old man with OPCA? If so, I would be anxious to know what you have to offer!

A. Please realize that initials such as you used in your e-mail can have different meanings in different medical sub-specialties. So I don't know what specific medical sub-specialty area you are speaking of. It's better if you use the whole term, then we'll both be on the same page and we won't have any miscommunication.

Q. Thank you for responding and the following is a description of OPCA.

Olivopontocerebellar atrophy (OPCA) refers to a group of ataxias characterized by progressive neurological degeneration affecting the cerebellum, the pons and the inferior olives. OPCA may be classified based on clinical, genetic, or neuropathological findings; thus, there are many classifications of the disorder. Among the different classifications there is wide variation in severity and age of onset. The symptoms of OPCA differ from person to person. Most patients experience difficulty with balance and coordination of the legs and arms (ataxia) and slurred speech (dysarthria). Other symptoms may include muscle spasms or weakness and stiffness of the muscles; numbness or tingling of the hands or feet; tremor (shaking) of the hand or arm; reduction or slowness of movements; loss of thinking and/or memory skills; difficulty controlling the bladder or bowels; and feeling faint when standing up. Some patients also have fatigue and/or trouble with sleep. Generally symptoms of OPCA begin in mid-adult life and progress slowly over the course of many years.

Please review and let us know your input.

A. You will notice that in this diagnosis, Olivopontocerebellar atrophy, as in virtually all diseases diagnosed in allopathic (orthodox) medicine, the "Diagnosis" is just a description of what YOU, the patient, ALREADY know is happening.

In other words, if you as a patient come to the doctor telling him or her that you are having trouble with your balance, or slurred speech or tremors or loss of memory, etc., they'll give you some big word that describes some area of the brain that may be involved.

The "olivopontocerebellar" just designates a specific area of the brain. The "atrophy" just means it is either literally shrinking, or that it is not working properly. The description in NO WAY tells you what is causing it or how you can prevent or reverse it. It just describes your symptoms - which YOU already told them! And THEY want you to pay them for giving an undecipherable long name to the description of the symptoms you just told them.

They DON'T know what to do about it except to give you DRUGS - ALL of which have harmful side effects - and NONE of which will cure or reverse your disease. The drugs will only, in some cases, cover up your symptoms for a while, while the disease continues to get worse.

If you look at the description of symptoms in your e-mail above, there is NO way that one can distinguish THOSE symptoms from Alzheimer's or even from Parkinson's.

If some, or all of these, are your symptoms, what can be said is that you have a neurological

disease that is progressive. But neurological diseases CAN be reversed. They don't have to progress!

Neurological diseases occur from the way we eat and the way we live. I discuss neurological disorders and diseases on my video/DVD entitled "[Diseases Don't Just Happen](#)," and how we can prevent and reverse them. If you go to my website at www.drday.com and look at the "[Frequently Asked Questions](#)" portion which you can access at the bottom of the home page, you will see the materials I recommend for "Diseases Other Than Cancer."

You don't have to just sit around and wait to get worse. You CAN change what is happening to you by changing the way you eat and changing the way you live. I describe how in the materials I recommend in that area of my website.

18. Q. High Blood Pressure. I am a forty year old male who last year was diagnosed as borderline hypertensive. I was put on 20 mg per day of Benacar. My father had recently and unexpectedly died of a heart attack. My blood pressure has ranged from high 140s over 90s to recently as low as 95 over 66. At my last doctor visit my pressure was measured at 128 over 80, though I was somewhat nervous over the result. **I am 5' 8" and last weighed on a bathroom scale at 182.** My pressure seems to vary a lot. In the evening after work it can get down in the teens over seventies or lower, but it seems to be going back up recently.

Just this morning the highest I measured my blood pressure was 145/87 when I first put the cuff on which dropped in a few minutes to as low as 120/82 at rest. I may have forgotten to take my medication yesterday.

Last month I took a stress test on a treadmill and the results were normal, there was no underlying heart disease.

I averaged my blood pressure a few days ago for blood pressure taken several times during the day and it was around 120/77.

I am really out of shape and am inactive and have been all my life, though I walk the dog 20 minutes a day and am on my feet all day at work.

I have recently changed doctors, I am only seeing a physician assistant. I have not been recommended any lifestyle change.

My previous physician said that I am borderline hypertensive, but since I am not gaining any more weight, he said he wasn't too worried about it.

The physician assistant when I first saw her changed my prescription from Benacar to Benacar HCL.

What kind of regimens or lifestyle changes would help my blood pressure?

A. You have identified TWO of your problems in your e-mail. I have "bolded" them in your e-mail above. You are overweight, whether your doctor wishes to recognize it or not, and you, by your own admission, are inactive and out of shape.

You are WAY too young to have high blood pressure. I'm not suggesting that there is ANY age where it is appropriate to have high blood pressure, certainly not if one is following the Ten Step Health Plan.

Also remember that ALL medications, including high blood pressure medications, have harmful side effects!

You don't say which of my video/DVDs you have. Remember, the rules for writing are that I will only answer questions that are not answered in my published materials, otherwise I would have to say the same thing over and over and over again. In these cases, I direct you to where you can find the answer in my materials.

There is no "Quick Fix." You will have to learn how to take care of your health. That will take time and study.

The information about preventing and reversing High Blood Pressure is specifically in my DVD/video, "Diseases Don't Just Happen." In fact, High Blood Pressure is one of the disorders specifically mentioned in the information on that DVD/video on my website at www.drday.com.

In addition, you would be helped by the Ten Step Plan as detailed on my video/DVD "You Can't Improve on God" and my Workbook entitled "Getting Started on Getting Well."

You may wish to go to the "Frequently Asked Questions" on my website at www.drday.com where I write about other materials that are helpful. It's about the 4th or 5th question down: "What materials do I need to start the Plan if I have a diseases other than cancer?" is the question - followed by the answer

17. **Q. AIDS.** I would like to know if any one has been cured of AIDS using your system?

A. The term AIDS stands for Acquired Immune Deficiency Syndrome. That means that the person has a deficient immune system (an inability to fight disease) that was ACQUIRED - meaning he or she was not born with it. He or she ACQUIRED it sometime after birth.

Cancer is ALSO an Acquired Immune Deficiency Syndrome in that one can ONLY get cancer if his or her immune system is deficient (not working right). Generally people are not born with cancer, but it develops because of the way we eat and live.

Because one's immune system becomes deficient from the way we eat and live, the way we get well is to STOP doing the things that suppress our immune system and START doing the things that will nourish it and build it up.

I discuss the way one strengthens the immune system by natural methods on my video/DVD "You Can't Improve on God" and "Diseases Don't Just Happen" plus in my workbook, "Getting Started on Getting Well."

And for a direct answer to your question - YES, it is possible to reverse AIDS (totally) by using the Ten Step Natural Health Plan that I used to get well from Cancer. And Yes, people HAVE done it!

There are NO incurable diseases. However, remember, in order to get well it is necessary to STOP all habits and activities that harm the body. One CANNOT get well from ANY disease if he or she continues to harm his or her body and continues to suppress the immune system

16. **Q. Mad Cow Disease.** My question is about mad cow disease. Is it possible that this disease is a result of cows being fed cow remains in the form of meal? Cows are herbivores not carnivores and is it possible that the undigested cow remains as it passes thru the 7 stomachs of a cow begins to mutate or develop into the disease. I am not a doctor nor a scientist. Its just that God did not intend any humans to eat human flesh and if God made cows herbivores then they were not intended to eat cows. I know from the little research I have done that other countries allow cow remains in the feed of their cattle. I have not found that to be the case in the US. At least up until the late 90's when I had done the reseach on this.

A. You are exactly right! Cows are meant to be vegetarians - to feed on grasses. But now, due to factory farming, they are feeding the cows ground up dead animals - calling it "Nutritional Pellets." These "Nutritional Pellets" are reported to be composed of ground-up dead animals who died from deadly diseases, ground-up animals that have been euthanized at the animal shelters, and even road-kill.

The first "Mad Cow-like" disease that was reported was Scrapie, which is Mad Sheep Disease. It's called "Scrapie" because, when the sheep become diseased, they start acting crazy and, among other things, scrape their bodies along the fences, sometimes until they're bleeding.

Well, the sheep that died from Mad Sheep Disease (Scrapie) were not "wasted" by the evil people who do the factory farming. No, they were ground up and fed to the Cows, in order to save money on feed, and to make the cows grow bigger - faster. So what did the cows get? Mad COW disease!

But, the question still remains, Why did the Sheep get Scrapie (Mad Sheep Disease) in the first place? The answer is the one that you gave in your e-mail.

Sheep (AND cows) were both created to be vegetarians. If they are fed MEAT (animal products of any type), eventually they will get sick! And that is exactly what has happened.

But that scenario also carries over into human beings. Human beings were created to be VEGETARIANS. I explain that scientifically on my videos/DVDs. When they eat meat, poultry, fish, dairy products and eggs - eventually they WILL get sick from that diet.

In my workbook entitled, Getting Started on Getting Well, I have many pages of excerpts from the finest medical journals PROVING the terribly damaging effects on human beings caused by eating a diet of meat, poultry, fish, dairy products and eggs.

The documentation is overwhelming!

But the next question I always get is "But didn't God SAY we could eat meat?" That question is answered in my videos/DVDs, CDs/audiotapes and Workbook, as well

15. **Q. Insulinomas.** I am looking for information on natural alternative treatments for insulinomas. Is it possible? Can you please lead me in the right direction for my research? Any information will be greatly appreciated. Books, articles, sites, testimonials.. anything.

My husband has an insulinoma in his pancreas and he believes the only way out is through surgery. Please help me provide him with good information on the alternative treatments.

A. As I'm sure you know, an Insulinoma is a tumor (of the insulin-producing cells of the Pancreas) that produces Insulin resulting in hypoglycemia (low blood sugar).

The real question is this: Do you, or does ANYBODY, believe that your husband's insulinoma was caused by not having had enough operations in his lifetime?

The answer is "Obviously, No!"

And you might think that is a silly question.

But, I'm trying to make a point. Insulinoma, as EVERY OTHER TUMOR - whether benign or malignant, is the result of a body that is not functioning properly. And the "improper functioning of the body" is caused by the poor way we eat and the poor way we live.

A body that is functioning properly will NOT produce tumors of ANY kind!

As I say on my videos/DVDs and in my books, Insulinomas and other medical problems DON'T "Just Happen" even though that is what we doctors are taught in medical school. Instead, these diseases all have a cause. And the causes ARE known. But they are NOT taught to doctors because the proper treatment of these "causes of disease" does not require Drugs or Surgery, the ONLY two methods of treatment EVERY doctor is taught.

It appears that you are not familiar with my DVDs, CDs and books, since you ask that question. My materials discuss the causes of virtually ALL diseases - and their prevention and reversal, particularly on my video/DVD entitled "Diseases Don't Just Happen." Even though I don't specifically mention Insulinoma, I DO tell what causes these types of diseases and how to change one's life in every respect, in order to prevent and/or reverse them.

In order to get rid of his insulinoma, your husband will have to STOP doing the things that caused it in the first place. But he may well resist the fact that his diet and life-style were significant factors in the development of his Insulinoma.

But if he believes THAT way, then he is at the mercy of the doctors - with their drugs and surgery. If he has the insight to at least investigate the possibility that his diet and lifestyle were the CAUSE of his Insulinoma, then HE has the power to change things and - GET WELL!

Just think about it, if he has the Insulinoma surgically removed - but then keeps doing everything he was doing when it developed - it will either come back again, or he will develop some other type of serious, possibly life-threatening, disease. And he will be powerless to prevent it because he will have NO understanding of what he is doing to his body that is resulting in these problems.

I realize that the doctors will tell him "We don't know what causes Insulinoma," but that's because all any of us doctors were ever taught in medical school was "Drugs" and "Surgery." The average doctor knows NOTHING else. We are NEVER taught how to get people REALLY well!

But there IS a way to be well, and it does NOT involve Drugs and Surgery.

14. Q. Building the Immune System. I am on your diet because I want to build up my immune system. I have become a vegetarian and isn't it funny how everyone questions my sanity. My friend is not very receptive to changing her eating habits. I have given her all your tapes, and your workbook. What do I do? I have said it all and nothing? My heart is broken she has gone the traditional way (all the x-rays, etc.). I feel completely helpless.

A. Please remember that the Health Plan I used to get well (and still follow) is NOT a diet!! The proper nutrition is absolutely essential to getting well and staying well, but diet is ONLY TEN PERCENT of the Plan. ALL the rest of the NINE Steps must be followed with 100% commitment in order to get well or stay well.

About your friend. She has the right to eat and live as she chooses. If you have told her about God's Natural Way, the only thing left to do is Pray - and Pray fervently, then leave it in the hands of the Lord.

The problem is, many people don't want to take charge of their own health and take the time to study and learn by reading or viewing the materials. They're used to the DOCTOR just giving them a pill and saying, "You let me worry about this. Just enjoy your life and don't be concerned about your illness." The person with an illness has given over his or her entire life - and health- to the white coats.

Well, my materials tell a person how to proceed so they can take charge of their own life and health. It's all there for anyone who wants to know. The problem is, a lot of people DON'T want to know.

But that is their right, so I don't interfere.

13. Q. Is it too late? Two and a half years ago, I was diagnosed with squamous cell carcinoma (head and neck) unknown origin. I had surgery to remove the tumor in my neck, 16 lymph nodes, one tonsil and saliva gland. Six weeks of radiation and 2 chemo sessions. CTs, Pet-Scan, MRIs, & X-rays.

The back of my neck was injured at age 19 (now 57) and I've taken anti-inflammatory drugs for many years. I've taken Celebrex for about four years. If I don't, the fire-like pain through the back and around my head is unbearable.

3 C-Sections, Gall Bladder Removal, Appendix Removed

Has there been so much damage for too long, that it's too late to repair and heal what I've done to myself?

A. As long as a person is breathing, it is never too late. You have had a lot of medical problems and they have all been caused by the way you have been living and eating, just like my cancer was caused by the way I was living and eating. But you have also added to that the damage caused by your "treatment" with chemotherapy, radiation and lots of other drugs, ALL of which suppress your immune system in a MAJOR way!

If you continue to live and eat the same way, your cancer will return, either in the same place or in some other place or you will develop some other life-threatening disease. So it's a very good time to STOP doing those things that have been causing your health problems.

When you find out HOW to live and eat properly, you can rebuild your immune system so you will truly be healthy again.

THAT is the information that is on my DVDs, CDs and in my books.

You say that you are taking anti-inflammatory drugs for many years because of a neck injury at age 19. That may be true, but it is far more likely that your neck pain has been caused by stress, rather than a 30 year old injury.

It is never too late to learn how to be healthy. All the information you need to learn how to be well is available on my website at www.drday.com

Read everything on my site, including all the links down at the bottom of my home page, especially my article on how the body is designed to heal itself.

12. Q. Breast Cancer. In your video, "You Can't Improve On God", you refer to ductal adenoma as a potentially fatal growth. I did some research on the Internet and discovered that ductal adenoma is generally classified as "benign," it is not life-threatening. What are the facts? Read everything on my site,

including all the links down at the bottom of my home page, especially my article on how the body is designed to heal itself.

A. You didn't listen carefully enough to my words in that video. If you listen to my video again, you will hear that I say "ductal ADENOCARCINOMA of the breast" NOT "ductal adenoma."

You can go to my website at www.drday.com and click on "Dr. Day responds to her critics" on the home page. Then click on "Loma Linda University." In that information, there are links to both of my biopsy reports, one from Loma Linda University Medical Center, and one from Scripps Hospital in La Jolla, CA, both of which reveal that my diagnosis was carcinoma of the breast. Carcinoma means Cancer!

You can SEE the facts there for yourself.

11. **Q. The Medical Industry.** I have been browsing your web sites. Your story of how you cured yourself of cancer through natural means is fascinating and inspiring. You also have stated that these natural means are known of by science but are being suppressed because they would adversely affect the profits of the pharmaceutical industry. Doctors in the United States at least are only trained in allopathic medicine, which uses drugs and surgery to treat disease mostly only on a symptomatic level but doesn't really address the root cause.

I have done some research and questioning about how allopathic medicine came to monopolize the medical profession.

Prior to 1847 there was a wide choice of treatment options in America ranging from native American and naturopathic remedies to allopathic remedies. Then in 1847 an association of allopathic doctors was formed called the American Medical Association which began a propaganda campaign to turn public opinion against herbalists and naturopaths, labeling them as quacks in order to eliminate competition to drug oriented medicine.

Another event instrumental in the creation of this monopoly was the appointment of Daniel Coit Gillman as president of Johns Hopkins University. Gillman had been a member of the Order of Skull and Bones at Yale College and had helped turn it into a privately owned corporation in 1856. Under Gillman, Johns Hopkins began to set the standard for medical training in the United States.

Another factor was John D. Rockefeller, who through his tax exempt foundation helped propagate allopathic medicine and financed the establishment of the modern pharmaceutical industry.

From reading your web pages I gather that you have researched some into the subject of secret societies and the New World Order.

Q. What is the underlying belief system of modern conventional medicine and how are doctors indoctrinated into it?

A. I discuss this in great detail on my videos/DVDs *Cancer Doesn't Scare Me Anymore*, *Double Blind: What Science Can't See*, and also some on "You Can't Improve On God."

Q. What are doctors taught about health and disease and how are they taught to treat it?

A. This information is also found on these videos/DVDs and many of my other nine videos/DVDs on health.

Q. Who or what at the very highest levels really controls modern medicine and the pharmaceutical industry?

A. I give lots of information on this question on these same materials listed above, as well as on my website www.goodnewsaboutgod.com, in the medical/health section

10. **Q. Showing the videos/DVDs.** I am a missionary serving in _____. I am preparing to purchase your materials to help with my own health issues (Celiac Disease, Diabetes, Candida, Parasites). Your website makes it clear that these materials are for home personal use only. Here in this country, the people are not very well off and have very little access to the health message. May I have permission to share your materials with others here in this country? That could involve having people watch it in our home or possibly showing it in a church.

Thank you for taking the time to respond when you are able. May God bless your work.

A. I have problems with requests like this one.

This is the reason: Learning to follow God's health message is NOT something one can understand from seeing a video in a congregation, it doesn't even work very well if someone sees it in a group in someone else's home, even though the latter way is much better.

It only works if a person is highly motivated to investigate it (usually because they have serious health problems - or some other life-threatening reason) and has the videos/DVDs and other materials themselves and watches them (or listens or reads them) over and over and over and over again.

You may think that showing my videos to a group will excite their interest and they'll want to know more. I can tell you that it will probably have the opposite effect. The people who are NOT sick (or at least don't know they are sick because the serious disease that is brewing in their body has not yet surfaced) will say, "I already eat pretty healthy" (even though they're eating a "garbage" diet of fast food, etc.), OR they will say to themselves "I could NEVER live and eat that way" (which of course, they can't - at least not without God's help), OR all they will concentrate on is the diet, and they will not even understand ALL the other TEN STEPS of the Plan which MUST be followed with 100% commitment for a person to get well.

But you will respond, "But these people are poor and they can't afford to buy a video." But my answer is, "What good is Christianity if Christians don't believe in God's promises?" God has promised to "supply ALL our needs." Do your church members and friends actually BELIEVE that? If a person is truly interested in following GOD'S way and NOT "man's way, God will lead them into truth as He has promised and provide for them individually, not corporately.

In addition, they can only watch my videos or DVDs if they have a television set and a VCR or a DVD player. If they are that poor, they won't be able to afford a television set! But you know and I know that almost EVERYONE has a television set! So where did they get the money to buy the TV set? People somehow find the money for what THEY think is important.

Even more, if they have a serious disease, they will have to start eating highly nutritious food and drinking fresh home-made vegetable juice, which will require money for a lot of produce and also a juicer. Who is going to supply THAT? Well, God, of course. Again, HE promises to supply all our needs IF we are really serious about doing it HIS way and NOT "man's" way!

Many, many "poor" people spend much more than the cost of a video on non-essential things, including trinkets, unnecessary recreational activities, and even improper, non-nutritious "food" that satisfies their tastes but actually harms their body.

But God is NOT going to supply the needs of people unless they themselves recognize how MUCH they need God and STOP going to man (doctors) for the answers to their problems. Christians profess to trust GOD, but when there is a problem (with health, finances or anything else) they actually trust "MAN" - and NOT God!

In addition, people RARELY cherish what is GIVEN to them. They cherish what they buy themselves, because they spent their own hard-earned money for it. In the past, I have given huge amounts of materials away, but I realized after awhile that many people didn't even look at these materials.

ONLY when they have a real need that THEY THEMSELVES recognize and when they have a REAL DESIRE to know truth, will they study the materials and put them into practice in their life.

Look at all the people Jesus, Himself, spoke to who turned away from Him and went their own way.

The very best way to witness to your congregation is for YOU, yourself, to go on the Health Plan and turn your OWN health around FIRST (ALL TEN Steps), then you can personally witness, in an individual one-on-one way, to anyone who is willing to listen, whether IN your congregation or group or outside of your congregation. You can then share YOUR story with your congregation or group, publicly from the pulpit, and privately on a one-to-one basis.

YOUR story of getting well will be just as powerful as mine. You may say, "Oh, but you're a doctor and people will listen more to you." But we must remember, that it is God's spirit that quickens the heart of people, so it really doesn't matter whose testimony it is. If we witness,

and pray for those we witness to, then we just leave it in God's hands.

SOME will listen, but the majority will not. We have to understand that and accept it. Remember that at the end of Jesus' ministry, ALL had left Him except one disciple, John, and Mary, the mother of Jesus, and Mary Magdalene and a couple of other women. In human (corporate) terms, Jesus was a BIG failure. But we know that He was NOT a failure, even though He had very few followers at the end.

So, my suggestion is to get started on the Health Plan yourself, and then YOU can be the primary witness about how WELL the plan works, reminding people that it takes ALL TEN steps in order to get well.

9. **Q. Immunizations.** Which one of your books talks about **immunizations**?

A. My Workbook, [Getting Started on Getting Well](#).

8. **Q. Search Engine.** We need a search mechanism for your site. I have a question about prions and the advisability of colonoscopy procedure.

A. A search engine would be desirable for someone looking for a "Quick Fix." True "Health" doesn't work that way.

You apparently do not want to know how to reverse your colon problem by natural methods. You just want to know if a colonoscopy is risky because of prions. Well, THAT answer is already on my website.

But if you want to know how to be well so you won't have to have a colonoscopy, that information is all over my website, And a search engine would just undermine the process of learning from my whole website.

7. **Q. I have Premature Ventricular Contractions (PVCs).** I have seen two heart specialists and both have said more or less to "learn to live with it." The beats are very annoying and distracting to my daily living. Obviously, I did something to myself to cause these irregular beats, but not sure what it was. Sometimes I think it is stress from my job, or what's happening in the government. Can you point me in the right direction?

A. You are correct in deducing that you have done this to yourself. We give ourselves disease every day by the way we eat and live.

Yes, stress can be a major factor in PVCs. So can the caffeine and caffeine-like compounds in coffee, soda, chocolate and tea. There are also irritating substances in meat (as an example, arachidonic acid) and harmful substances (for instance, MSG and Nutrasweet) in fast food and processed food.

You CAN get rid of the PVCs, but you have to change the way you live your life, including the things mentioned above. But there are more steps that are necessary and they are all detailed in the TEN STEP Plan, which is the subject of my DVD/video "You Can't Improve on God."

6. **Q. What is the cause of heart failure?** Is it a congenital defect or the result of arteriosclerosis?

A. Both of the above can cause heart failure. Other causes include high blood pressure and cardiomyopathy (damage to the heart muscle by infection, inflammation, drug use, regular prescription drugs or street drugs, etc.) I discuss cardiovascular problems and their **prevention and reversal** in my DVD/video ["Diseases Don't Just Happen."](#)

5. **Q. Lung Cancer.** My husband has already had chemo and radiation for his lung cancer. He now is very weak and hardly eats anything as I'm sure the cancer has spread to other areas like the bone, etc. Is it too late to start the Ten Step plan to curing cancer?

A. It is NEVER too late. As long as there is life, there truly is hope! I was sick for two years and bedridden for 6 months. At one point I was so seriously ill that I was not expected to live through the night. And now I am totally well and cancer-free and it has been 14 years since my tumor first appeared.

Is your husband's lung cancer caused by smoking? If so, has he given up smoking? One cannot get well while continuing to destroy his or her body.

One reason your husband is so weak and has such a poor appetite is that he has been given large doses of poison (that's what chemotherapy is) and radiation (which also kills good cells

as well as bad cells). This type of treatment **would destroy a healthy person**, and even more so someone who is already sick with cancer.

When one has already had huge damage from chemo and/or radiation, he can still get well, but it's harder and takes longer because he has to dig himself out of a deeper hole because the "treatment" has done so much damage.

And remember, the Ten Steps must be done with TOTAL 100% commitment. This is no time to play around with the plan, and do it "sort of." That approach will never bring success.

The TEN STEP PLAN is given on my DVD/video "You Can't Improve on God."

God is the Healer. He just does it through His natural Health Plan that is on my videos/DVDs and in my Workbook.

If your husband is willing and interested in doing what is necessary to get well, you can go to my web site and click on "[Frequently Asked Questions](#)." About the third or fourth question will tell you what materials he needs to get started. After he masters that material, he will then, over time, need to get additional DVDs/videos or CDs as his understanding progresses. There is a very specific Curriculum given in my Workbook, *Getting Started on Getting Well*, on how to proceed after that.

I can't be your husband's doctor from a distance, but all the information he needs to get well is on my DVDs/videos, CDs/audios and in my Workbook, *Getting Started On Getting Well*, and in the other information on my website. He'll eventually have to turn to the Physician I had, the Great Physician who taught me how to get well, the One who still directs my life - Jesus Christ.

4. **Q. Losing Weight From Cancer.** My sister has Fourth Stage cancer and it is now in her liver. She is losing weight. What should we do to fatten her up.

A. I discuss this problem and give the answer in my Workbook, [Getting Started on Getting Well](#), in the Workbook section entitled "Frequently Asked Questions."

3. **Q. Bitter and Fatalistic.** My husband recently passed away from kidney cancer. I tried all of the things you and everyone else suggested for 3 years and he passed away anyway. My belief is that after going through the hell I went through with him for those 3 years that no matter what you do, no matter what you eat, if it is your time, it is your time. I spent a lot of money over the last 3 years of his life doing everything anyone suggested to help get rid of the cancer. One thing I do know is that all cancers are different. Breast cancer is different from kidney cancer. So the intent of this letter is just to say that it does not matter in the end, we will all pass away from something. None of us is meant to live forever.

A. I know how hard it is to lose a loved one, particularly after seeing him suffer for so long. I also know what it is like to be the one suffering. So, I can sympathize with you from both sides.

You are bitter now and fatalistic, saying things that I don't really think you believe. It DOES matter how we eat and live. That has been proven over and over in the medical literature. In fact, I have included in my Workbook, *Getting Started on Getting Well*, seventeen pages of abstracts from the finest medical journals in the world showing just how IMPORTANT it is to live and eat right if you want to be well.

Of course, everybody dies eventually. But who wants to be old and sick? Or even more, YOUNG and sick? That's what's happening more and more because of the increased stress, eating terrible food, and drinking huge amounts of caffeinated beverages that seriously dehydrate the body, etc., (Caffeine – in coffee, soda, and other foods and drinks - is a diuretic. It takes more water out of your body than comes in with the drink.)

Regarding your statement that "all cancers are different," that is what the orthodox medical profession propagandizes the public to believe. That is what they want you to believe, because then you will feel **totally helpless, totally out of control**, and you will RUSH to put your life in the hands of the doctors. You will willingly fall on your knees in front of the white coats.

I explain on my videos, particularly the one entitled "Cancer Doesn't Scare Me Anymore," how **all** cancers are virtually the same. Cancer is Cancer! It doesn't matter what organ or body area it is in. Oh, I know, the doctors will tell you that each cancer is very different from all the others. But, if that is true, why do the orthodox doctors treat ALL cancers the very SAME way – with chemotherapy (chemotherapy is poison – the doctors just pick a slightly

different type of poison for each type of cancer, but they ALL seriously harm the patient's immune system), radiation (which burns the patient and also seriously harms the patient's immune system), and surgery (as though the cancer were a localized phenomenon that you can just "cut out" like a rotten spot in an apple, and as though cancer were not caused by a very sick body in the first place).

We give ourselves cancer (and every other disease) one day at a time, by the way we eat and live. We "injure" our body daily in many different ways, by not feeding it the proper nutrition it needs to make healthy cells, by being angry and damaging our immune system, by not exercising our body, and in many other different ways that I explain on my DVDs/videos and CDs. When we keep daily injuring our body over a long period of time, eventually we will get sick. It's inevitable!

But we **CAN reverse** the problem by STOPPING the injuries. All we have to do is learn what we are doing that harms our body and then learn how to develop the willpower to do the right thing. I specifically discuss that in the materials I mention in "Frequently Asked Questions" on my website at www.drday.com

2. Q. Babies with Cancer. You say that we give ourselves disease by the way we eat and the way we live. What about babies and very young children? Some babies are born with cancer. How could babies have done anything wrong and when did they have the time to do it?

A. Where does an unborn baby get its nutrition – its oxygen – its blood supply – its EVERYTHING? From its mother. That is why it's SO important for a pregnant woman to be so careful about her nutrition – REAL nutrition, not the "food pyramid" type of "nutrition" that is controlled and contrived by greedy companies with commercial MEGA-FOOD Corporation interests.

How can an unborn baby have stress? The physical, mental and emotional condition of the mother when she is pregnant surrounds the unborn baby. The baby cannot escape from that situation. When the pregnant mother is emotionally upset, angry or seriously stressed, hormones and other substances are produced in the mother's body, many of which cross over into the baby's blood stream and into the amniotic fluid surrounding the baby, relaying the results of the mother's stress directly to the unborn child.

Illnesses of the mother or exposure of the mother to toxic substances, (including some of those found in processed food), while she is pregnant will also affect the baby, as will prescription drugs and street drugs. Alcohol and smoking, even in small quantities, have a seriously detrimental affect on the unborn child.

These are just some of the factors involved in producing disease in a baby before it is born. And since the baby's immune system is not well-developed before it is born and in the early months after it is born, the factors affecting the mother have an even greater effect on the unborn child.

1. Q. MRSA (Methicillin-Resistant Staphylococcus Aureus) I am writing to ask about MRSA. Where is this type of Staph coming from? More importantly what do we do if our family member becomes infected? You talk about antibiotics not working but isn't vancomycin effective?

A. It would take too long in an e-mail to answer your question. The answer is on my DVD, "Drugs NEVER Cure Disease." Please see my website at www.drday.com

Germ (like MRSA) are NOT the problem, as you will see on my DVD. Germs don't CAUSE disease anymore than Flies CAUSE Garbage. Flies DON'T CAUSE Garbage - the Garbage attracts the FLIES!

Germs are everywhere, but most of them never cause any problem at all.

You will see the entire answer to your question on my DVD

MORE TO COME

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Testimonials for God's Ten Step Natural Health Plan

Also, please see the live, spontaneous, **Testimonials** on my DVDs ["Believing is Seeing"](#) and ["Drugs Never Cure Disease."](#) or the [Slide Show of Testimonials](#)

(All of the original letters from which the following testimonial excerpts were taken, are in my private, secure files.)

Eye Problems and Breast Cancer: This is not a question. I just want to thank you and God for your program and exercises on the CD series "Eye See." I quilt a lot and I was getting blind in my right eye. Now I have it 98% back to normal. The eye Doctor here wanted to stick a needle in the back of eye, but I said no thank you!! I did order your CD series "Eye See" and I've been doing the program and now I can see with out my prescription glasses. Amen!!

Thanks again. I've been knowing you since the year 2000 when I got a breast cancer which is now cured because of your diet and health plan - which I then quite doing for a while and got in trouble with my eyes. Thanks again and God keep blessing you and your beautiful children and grandchildren!!!

Anti-Depressants Almost Killed Me: "I was doing well in business and my social life was fine, in reality I had it better than most. But something was not 'right'. I felt disconnected and stressed so I made an appointment with my providers facility to see a doctor who prescribed a sleeping pill and an anti- anxiety pill. Later I went to a 'specialist' - who prescribed **two or three** anti -depressants, that I had seen commercials for on TV, where the patients seemed like that had a great new dream life! But in my case it turned into a nightmare. My symptoms snowballed and I developed **NEW** ones. An inner voice told me to call my friend of many years because I knew his mother (who happened to be Dr. Day) could help me.. He called her and she was kind enough to have me to dinner and explain what these 'medications' were doing to my mind and body. None of my caregivers ever mentioned healthy, natural and clean foods, water and spirituality. I imagine because they would not make any money at it. With Dr.

Days guidance and her son's friendship I was able to vastly improve my condition and health. They saved my life and I am most grateful."
J.S. San Diego

Pancreatic Cancer: Six years ago I was diagnosed with pancreatic cancer and the doctors gave me almost no hope for long-term survival with their methods of massive surgery and chemotherapy. Shortly after my diagnosis, before I had started their recommendations for treatment, I was fortunate to hear you speak and I decided to use the Ten Step Health Plan that you used to reverse your breast cancer. I am so glad I did because I am now in excellent health, and as I said, it's been six years since my diagnosis. My doctors are astounded and can't figure out how I am alive, much less so healthy and full of energy. Thank you so much for sharing your information. F.C.

Multiple Myeloma: In 2000 my Mother was diagnosed with Multiple Myeloma, stage 4 and given **3-6 months to live**. On her birthday, she was put in the hospital and given chemo. It almost killed her. I saw her about a month after with no hair and some loss of height. She was on Percocet and not well.

I had just heard of you and your tapes and she reluctantly began the diet and your tapes. That was on a Wed. By the weekend, she was off all pain meds and beginning to taste food again. My father got so excited he went to the grocery store and bought 50# of organic carrots and a juicer. The Doctors told her she was "nuts" and would poison her liver. She began walking 2 miles per day with my Dad and swimming 2 times per week.

She literally wore your tapes out!! They were a constant source of encouragement to her. She dropped the Myeloma cell count in her spine fluid from originally in the 90's to in the 50's. When I asked the doc if she was in remission, he said, "We have no protocol for remission with this cancer, because no one gets better".

Well, that was her life for about **5 wonderful years**. She was a constant source of amazement to her children and grandchildren. Even her skin was amazing.

Then 5 yrs into it, she got a new doctor. He was young and told her he wanted to try a drug since she was doing so well. My Mom let him talk her into it. That drug was Thalidomide and **just one dose sent her reeling. Within 6 weeks she was dead.**

Her life was a huge lesson in so many things and I know it was not a waste, but I wanted you to know how much I appreciated your hard

work, and sacrifice. May God bless you and your work and protect you as you try to educate the world on these amazing bodies that God gave us. Thank You. K.P.

Multiple Sclerosis: Six years ago I was diagnosed with Multiple Sclerosis, told there is no cure, told that I could take shots for the rest of my life that would only slow the progression, and sent home with pamphlets to give me more info about the disease. Hopeless doesn't even come close to describing how I felt. I had 4 young children and I was only 32 at the time. I felt like my life was over. Then my mom gave me your workbook and videos and I began to have some hope that maybe I wouldn't have to live with it for the rest of my life. I began to feel better and had more energy and eventually went into remission. I have not had a major relapse in six years. I want to thank you from the bottom of my heart for the information and its help and lifeline to me physically and spiritually. It came to me at a time that I most desperately needed it, and I know it was no accident. Thank you again, and God bless you. J.H.

Heart Disease: I just wanted you to know that my husband no longer takes drugs (he was taking, depending on the doctor, between 8 and 9.) Neither the heart specialist nor his local doctor is yet aware, and neither have noticed that he hasn't filled his prescription in 9 months. We know all is back to normal because he had cause to go to the emergency and, after all the tests, he was in better condition than he had been a year ago. He will be 67 yrs old in a few months and is back playing soccer each week. Thanks again for your amazing work! E.G.

High Blood Pressure: My B.P. was 175/90 a couple of years ago, and I was given 20 mg. Lisinopril, which did artificially bring it down to normal levels. Recently (45 days ago) I began walking 3-5 miles per day, and cutting my caloric intake drastically and my B. P. is now 130/70. I knew you are correct about natural cures, etc., but it's especially nice when I can actually prove it in my own life. Praise God. All the very best to you. R.M.

Psychotic Depression and Delusions: I am writing to tell you how good this health plan has worked for me. I wrote to you before talking about the illness that I had I experienced symptoms of psychotic depression. I experienced delusions, I had difficulty driving, difficulty on school work. Before, I had very few friends. Now I have made more friends. I am 20 years old and I am in the best shape of my life. This is my last semester in community college. I still have symptoms of this illness sometimes but only when I am not giving up my problems over to God. I am truly thankful for God's health plan that

you organized. I have been on this health plan for almost 2 years. This is amazing. I feel and look better than I ever have in my entire life. Thank you. S.J. Virginia

Stomach Cancer: I have bought ALL your DVDs, books, CDs, etc. I am a product of success from the plan God gave you. I had stomach cancer and healed it without the use of any drugs, surgery, etc. I used God's health plan and sure enough here I am 10 years later healthier than I have been in my whole life. You are an inspiration and I would LOVE for more people to know about you. I tell EVERYONE about you. God Bless you. M.L.

Just a thank you: My mother died of the Breast Cancer several years ago. I am a healthy active 47 year-old male and bought your books and tapes out of curiosity after she had passed away. Thank you. I now have a better understanding of how the doctors killed my mother. Not intentionally of course. I have been on the plan and never felt better in my life. I always went to the gym my whole life. Thanks again. S.H. Ohio

Colon Cancer: I just wanted to thank you. Years ago I was diagnosed with colon cancer, I had a complete block with the tumor. Surgery had to be done or I would have died. Two months later they told me I needed 6 months of chemo but the Lord gave me no peace about it. He led me to your website and my change began. Now, years later I am healthy and I never get the flu or even a cold and there is no sign of cancer. Thanks so much. You were the beginning to my way to health. By the way I am a pastor. Thanks so much. J.R. by e-mail

Breast Cancer: I am a Christian Naturopath. I had the blessing yesterday of meeting one of your patients from 12 years ago who wanted me to give you the message that they're eternally grateful to God and to you! His wife did your program for Breast Cancer and is 12 years clear...no surgery, no chemo or radiation! The husband teared up when he spoke of you and how incredibly grateful he is. C.B. California

Lymphoma: I have recommended your material over and over since my husband was diagnosed with cancer in January of '96. He was given 6 months to live per the Director of the Lymphoma Program at Johns Hopkins. Not so. He's been alive and well all these years—thanks to the Lord and the wisdom and direction given to us via the Holy Spirit. I have several of your videos and appreciate the information you share in your website (which I recommend in my paper). Your testimony was very helpful to us, so I wanted to thank

you. God is using you mightily and I simply wanted to write today to encourage you. P.B. Maryland

Basal Cell Skin Cancers Invading My Eye Area: I am 58 years old and have had basal cell skin cancers most of my life. A CT scan shows a spot that has gotten under my skin (from the side of my face) and has moved into the area of my right eye. It is not in the eyeball, which I see perfectly out of, nor is it near the optic nerve or anywhere else that they feel constitutes an emergency, yet they're talking about taking out my eye as that's "usually what we do". When pressed on that he said we could possibly explore just removing the tumor.....! Anyway, I'm afraid if they aggressively, through surgery, follow the path of this cancer and "get it all", I won't have enough of a face left to step out in public. So I got your materials and began following the Health Plan.

I had to let you know what's been going on. I'm definitely better! Very gradual but noticeable not only when I look in the mirror, but I'm feeling the difference. The swelling is down, I can open my eyelid much more, the eye is turning white (around the iris) again, and there's no pain or pressure not only in the area around my eye but in other areas as well. When you have skin cancer you can feel it in there and those sensations in all areas are not only diminished but almost gone in some spots.

But that's not all. I've had asthma all my life, was actually wheezing as a newborn before I was released from the hospital! Numerous bouts of pneumonia, 2 collapsed lungs, etc, etc. Well, my asthma is better by 80 to 90% in 5 weeks time on your regimen! I'm almost completely off inhalers. For instance, this is normally a bad time of year for us, pollen like you wouldn't believe. I haven't been able to mow the lawn in 2 years. I ended up in emergency the last time. So, what used to be a 2 day job I have now done twice, 1st time 2 weeks ago - no asthma, not even a wheeze. Mowed the entire lawn at one time (energy like I haven't had in years) with no problem.

I'll keep you posted. Believe it or not, with all the progress I've already seen, my family is still slow to get on the band wagon. They still want me to take the "modern medicine" or surgical route, where my eyes are concerned, just to be "safe". So, I'm just going to have to plow through on this one, because I believe that The Lord has put me on the right track with evidence to show in more ways than one!

Cervical Cancer: Thank you!! Cervical Cancer Cured!! It's been over 14 months on God's Natural Health Plan and the results are in. The AMAS test came back NORMAL!!! I wanted to thank you, because I

know I would be dead (just like my 6 other friends and family members) had I gone the way of standard medicine. Plus, everyone around me is so impressed with how I now look, that I have been able to help several friends. And my church has asked me to give a talk on health and nutrition. Thank You!!! God Bless You!!! K.D. Arizona

Lung Cancer: Just a note to thank you. I conquered my inoperable lung cancer using your methods. Thank you so much. J.P. by e-mail.

High Blood Pressure: I got some of your tapes. Best money I've ever spent. I had high blood pressure. About the 5th or 6th week on your Health Plan it got right back to normal. Now I have perfect blood pressure. I feel better than I've felt in years. Don't need the blood pressure medicine anymore. E.C. Tennessee

Bladder Cancer: It's been 2 years since I was diagnosed with bladder cancer and they wanted to take out a growth and give me chemo. But I refused **all** and **never** went back to them. I immediately got on God's Health Plan that you meticulously outlined and bought your DVDs and workbook. All the blood in my urine stopped within 2-3 months and has NEVER returned. And guess what! I have NEVER FELT BETTER and it's been 2 whole years since that frightening diagnosis! I still have my carrot juice EVERY SINGLE DAY and I follow a mostly raw food vegan diet as you outline in your Workbook. I've written you several times throughout the past 2 years, but had to write again to tell you things are **still** GREAT as I continue to follow God's Health Plan. I am **forever grateful** to you for laying it out for all of us and for your fine example and your help.

The doctors killed my baby granddaughter with chemotherapy: I met you about 10 years ago when my granddaughter was born with leukemia. I ordered all your books and tapes. The hospital called and said if my daughter did not bring her 3 month-old baby to the hospital the police would come for child abuse, so they were young and afraid and took their daughter to the hospital. The hospital **killed her in 9 months with the chemotherapy**. She lived in the hospital for 9 months and never came home. **Her parents should have trusted the Lord instead of the threats of the hospital**

I wanted to thank you because at that time I read your spiritual teachings and even called or wrote you once. I have kept the Sabbath since I met you and I wanted to thank you for that revelation of Truth. The Sabbath is the truth. And God, is a **good** God. Thank you and bless you. M. in the Midwest

Lyme Disease: My sister right now is becoming so excited and well from Lyme Disease in a matter of a couple of weeks after four years of pain and "medical" attention. Less than two weeks ago she improved her nutrition and she is learning anew the privileges God has given us. She is beside herself with joy at her increasing freedom from pain, and new-found faith in our Creator. Of course, you were one of the first people I directed her to, in order to be inspired with confidence in God's desire and provisions for us to be healthy! R.M. by e-mail

Hypothyroidism and Uterine Cancer: I'm not sure how many people let you know how your plan worked for them, but I wanted to let you know how successful it has been for me.

The only medication I was taking was levothyroxine, but after several months on your plan, I cut my pill in half, waited 3-4 months and went for a blood test; the TSH was within reference range--normal. I then quit the pill entirely, and in 3-4 months had another blood test and it was normal also. The bonus is that all the deleterious symptoms that accompanied TAKING the pill have disappeared: chest pains when climbing stairs, skin breaking out, inability to wake up in the morning, and weight gain (all of which are supposed to be remedied by taking thyroid replacement!).

My weight is now at its former level of 130, and the symptomatic bleeding from the diagnosed uterine cancer lesion has disappeared completely. I have not returned to the gynecologist who said it was necessary to remove my uterus and undergo radiation, since he mocked the idea of nutrition restoring health. The physician's assistant is incredulous that I have achieved a normal thyroid reading, since it's meant to be "required" for a lifetime!

I also quit sugar; eating anything from a package, box or can; and coffee--since reading an article describing coffee as a "bladder and kidney irritant" allowed me to quit immediately without desiring it. An additional plus is that my incontinence has improved a hundredfold for the first time since 2001. I feel immensely better without the symptoms associated with taking thyroid replacement, and have always been disconcerted about the prevalence of this drug's use in the U.S.

Thank you for making your regimen available for building the immune system for those who choose to pursue it; I do see a slow-but-sure reversal in the general population toward more healthful living. It is a matter of time before physicians will have to get on board with more than their minimum advisories in preventive medicine, since patients

at some point will demand their **considered** opinion and enlightened attitudes, or will go elsewhere.

I do appreciate the work you have been doing to keep people informed through lectures and multimedia. Thank you! S.S. by e-mail

To Live or to Die? Dear Dr. Day: I met a gentleman the other day that shared with me his story of his wife who had cancer. They came across you and your program and she faithfully followed it and she lived for 8 years with no problems.

Then she listened to her doctors, and got mainstream medicine and treatments, and in a short time she was dead. Her husband regrets that his wife ever listened to her doctor. He sings your praises and has tried many times to reach you. I thought I would help him by writing to you with his story. He thanks you from the bottom of his heart. C., Oklahoma

Breast Lump: Thank you, thank you, thank you, Dr Day. I have been following God's Health Plan I learned about from your DVD, "You Cant Improve on God." I had a lump in my breast and was told it needed surgery. I had no faith or trust in what the doctor was saying. After talking to others in the hospital waiting area, I could see the doctors didn't have the answers to help all these sick people. But God does! I no longer have the lump after following the Health Plan fully, and am now blessed with perfect health. So thank you with all my heart and soul. K.C. by e-mail

Leukemia, Cataracts, migraines, hair growing in dark again: I am 66 years old and was diagnosed with chronic lymphocytic leukemia. I have been on a healing program like yours for 10 years and have never looked or felt better in my entire life. My cataracts disappeared! My hair (which was 80% gray 18 years ago), is growing in dark again, I have no more migraines, and I lost my excess weight! Miracles and rejuvenation! I bike, jog and go camping. M.G., California

Ovarian Cancer: I know this plan works because I'm getting well from Ovarian Cancer. I refused chemotherapy and was told at the Cleveland Clinic that I would be dead in a year unless I took their treatments. Praise God - that was over three years ago. I'm not dead yet and I'm back to work and I celebrated recently by taking my 3 granddaughters to a big amusement park where I rode with them on all the rides. I appreciate each and every day. P.F., Ohio

Lupus: I have been on God's Health Plan for 2 years and I am completely cured of Lupus. I take NO drugs. M.W. by e-mail

Asthma: I wrote to you once about the asthma problem I had. I really appreciate your help. I began following the Natural health plan and my breathing has really improved a lot. I want to say, Thank you, Thank you, very much!! J.D., Tennessee

Brain cancer: I have watched all of your videos and follow all ten of the health commandments in my battle against brain cancer. Since my diagnosis three years ago, my doctors tell me I'm doing remarkably well, especially for someone who had a Grade II Astrocytoma, a form of primary brain cancer. Thank you for all you do. P.R., Florida

High Blood Pressure and Hypothyroidism: God and you have changed my life. I thank God and you for this Health Plan. I am off all blood pressure and thyroid medications! J.O., Florida

Breast Cancer: I was diagnosed with breast cancer when I was 40 years old. As a Christian I was fearful and uneasy with the prescribed methods of treatment suggested by my own surgeon and a second opinion from a Breast Cancer Specialist. The prescribed treatment was wide excision of the tumor, removal of the lymph nodes and radiation and chemotherapy.

I was so blessed and filled with hope when I came across your website and felt that I had nothing to lose by following God's Plan for healing. I refused further treatment from my doctors for the standard therapies suggested. Within 10 weeks my AMAS cancer test came back "normal" and has been normal for the past three years.

God is so good to us we need only to follow His way. I still have my lymph nodes and my breast that God gave me in the first place and for a reason! And my immune system is not destroyed. Thank you for being so bold to put your story on the web for others to have hope. God bless you. C.G., Georgia

Sick All Over: I can't find words enough to thank you for ending my 45-year search for the cause of my sickness by backing up with personal experience and facts what I've long suspected. Your video, "Cancer Doesn't Scare Me Anymore," is superb and answered so many questions for me. I am now a well-watered vegetarian!

I just never could quite put the puzzle together, despite all my research and experimenting. I always believed that God created us and that He provided everything that we needed to live wholesome, productive lives. But I, too, was programmed wrongly and allowed

myself to be confused by the perverters of the truth. I have many of your videos and books and find them all most helpful. I am so thankful that after my wasting a lot of money and precious years of life and suffering much pain and anguish, God finally lead me to you and your information. I am also growing spiritually.

I have to commend you for your courage in exposing the diabolical elements who have caused so much pain to so many for so long. We who would dare to impart what we know for the liberation of those who have “bought the lie,” have our work cut out for us. Most are in total denial.

I’m praying the Lord continues to bless and protect you in your laudable mission. V.W., Mississippi

Breast Tumor: Your videos have made such a life-changing impact on my life and the lives of my loved ones stricken with cancer. I followed your advice on the videos, and a tumor in my right breast completely shrank down to nothing. M.V., California

Diabetes, Heart Attack, Stroke: I saw you on television and ordered your videos. I LOVE THEM and am so in tune to where you are coming from. I have been a diabetic since 40 years of age, insulin dependent, and had had many health problems as a result. I have had two back operations, the latter one resulting in a heart attack, followed by open-heart surgery twice, and a stroke. And I am only 58 years old.

Three years ago, I went into cardiac arrest and was on life support for 3 days. I underwent open-heart surgery for the second time and although the medical staff gave me “no hope for survival,” here I am!

They had sent me home in the spring to die, but I was not ready to die. I came home and after four days of tears and despair, I said, “O.K. God, what do I have to do to be healed?” People thought I was crazy when I said I was going to be healed, but I just knew I was. During this time, I started walking, and finally progressed to 5 miles per day. I started swimming in a pool every day and eventually lost 40 lbs. With God’s help, I was working through a lot of negative feelings, e.g., denial, anger, jealousy, rejection, before I finally accepted my final devotion to the Lord.

It has been 3 years since my cardiac arrest. I am very happy and well. I don’t want to **just** lose weight and get healthy. Above all, I want to become what God created me for, a healthy life, so I can serve Him longer. S.S., Canada

Heart disease and Arthritis: My husband and I were most impressed and delighted to hear your story and what a change it has made in our life. We bought your videos and workbook. My husband is 83 and I am 76. He has a heart condition and arthritis. Almost immediately after we stopped eating meat, dairy products and sugar, we began to see an immense change. We were so amazed not to have the pain in our bodies, etc., as we also increased our daily intake of water. We praise God for you, for not only touching our lives but the lives of many others. We are so glad you encourage others in the wisdom and power of His Word. C.B., Tennessee

Breast Cancer: A year ago we were on vacation in a cabin, and the TV was on. I heard your voice, your words, and stopped dead in my tracks. You were saying everything I had come to embrace as truth over four years of searching after being told to have a radical mastectomy, a procedure I rejected. We obtained your materials and I too decided to work with God and nature.

Thank you so much for your unbelievable love and devotion to truth. I have become a disciple of yours in more ways than one, sharing your videos with many people. I send you my love and gratitude. R.D., New York

Ovarian Cancer: Thank you for making and distributing such wonderful information. You are a very special and wonderful person. My wife died of ovarian cancer three years ago and it was just as you said, with the chemotherapy and operations, and finally a new tumor at the end.

Somehow I felt all the time that it was all a charade and that she might as well have avoided the treatment altogether. But she believed in the medical system and trusted whatever they recommended. It is very sad that so much suffering and so much deception is just accepted as the way of the World.

Again, thank you for being a "voice in the wilderness." What a magnificent contribution you have made to the lives of so many, and also for your wonderful witness. C.B. California

Poor Health: I bought your tapes and Workbook and it has renewed my spiritual journey. Also I have changed my diet and I am feeling great. You are one powerful lady! C.I., North Carolina

Breast Cancer: God is so good. I want to thank you for the Ten Step Plan. It truly has been a blessing in my life. In May, I was diagnosed with early stage invasive breast cancer. At the time, my faith was

extremely high and because of that I wasn't too alarmed. But as the days went by, my doctor insisted that I first have a radical mastectomy, then chemotherapy, then radiation.

All this did not seem right, and after much prayer with my husband, I told my doctor that I would only do the chemotherapy to try and shrink the tumor, but I would not have a mastectomy.

After the first chemotherapy treatment, I knew in my heart that God was telling me, "Do NOT do this!" It almost killed me. I refused any more chemotherapy, but my doctor insisted on a lumpectomy. Well, I didn't feel right about it, but because of the pressure of friends and doctors, I agreed. After the surgery I realized I was mutilated. My breast was totally deformed.

After one week, my doctor said I had to have one more surgery in case he didn't get it all the first time. That didn't seem right to me either. After he did that surgery, my breast looked even worse!

Thank God I got your Ten Step Plan. I then refused the radiation and know truly that I am finally going in the right direction. After starting the Ten Step Plan, I have lost 10 lbs. And my skin looks so much better.

Thank you again for your bold stance and speaking up for people with cancer and other diseases. God has used you in my life. L.L., California.

Terminal Breast Cancer with Liver Metastases: In 2001 I heard you speak at a meeting in _____. I had just been diagnosed with breast cancer that had spread to my liver. Just prior to attending your meeting, I had my breast lump removed and around 20 lymph nodes removed, as well. Mayo Clinic told me my prognosis was hopeless.

But after listening to you and viewing your videos that a kind friend had sent me just before the meeting, my husband and I decided to follow your plan.

Not only am I now in perfect health, but I recently had a thorough eye exam and was told that my vision had "greatly" improved.

I also have a friend who works at City of Hope in Pasadena, CA, and even he admits that they are discovering that chemotherapy and radiation are NOT the way to treat cancer, and they are setting up a whole research section to study how the proper nutrition is one of the factors necessary for reversing disease.

I will end this note to you with a big “Thank You” for sharing your story, which saved my life. T.G., Arizona

Asthma/allergy symptoms: Thank you, Dr. Day, for producing the tape “Diseases Don’t Just Happen.” The information on the tape was very helpful to me because I was able to reduce my asthma-allergy symptoms by 90-95%. Since learning this information, I have had no asthma attacks for over two years. A.P., Saskatchewan, Canada

Breast Cancer: I want to thank you for sharing your knowledge and wisdom with the world. I was diagnosed and scheduled for a mastectomy in June of 1997. I was totally against the treatment offered to me, but was told, as you say in your video, that this was the only treatment that they (Kaiser) would treat me with. I told them that I would rather keep the cancer, than to take surgery, chemotherapy and radiation, or tamoxifen.

Shortly afterward, I received a registered letter from Kaiser saying I could not cancel a surgery such as this. (Note from Dr. Day: The truth is, a person ALWAYS has the right to cancel an operation or refuse medical treatment of ANY kind.) I did go back and after much persuasion, talked the doctor into just doing a lumpectomy and did not sign to have any lymph nodes removed.

I prayed and asked God to help me make the right decision about this, since I witnessed what they had put my 46 year-old sister through with their standard “treatment” in 1980. I thank God I was prompted to turn on the TV and there you were as a guest on a Christian program. I felt exactly as you did about the “treatment” that was offered to me, so I cancelled all treatment with confidence, and started on the program. I changed everything about my way of living and eating.

My sister died after receiving their torture for one whole year. I am 71 now and still here to testify of God’s healing power, five years later.

Thank you again for having the courage to produce these informative videos with all the opposition you have had from your colleagues. May God bless you and keep you in His care. T.P. State not given.

High Blood Pressure: God bless you. Thank you for taking the time to visit with me the other day. Thank you also for the book and video. It’s my FIFTH day on the Health Plan. My blood pressure, which was 220/125 before I started the Health Plan, was 128/95 this morning. I couldn’t believe it.

I've also struggled with insomnia for the past four months. Not long ago I slept only 2 hours a night for five days straight. But the last two nights have been sweet and peaceful as I slept like a baby. You are a gift from God. S.K., Idaho

High Blood Pressure: Thank you so very much for replying to my letter that I received yesterday. I started your program a few days after I wrote to you. I've already seen some results in my blood pressure for the first time in 47 years! I've been on hypertension meds since I was 17 and went into Toxemia of pregnancy with my first child. I now have been able to stop all my medicines and my blood pressure was normal this morning. I've made a commitment to God to follow ALL 10 steps the rest of my life. Thank you so very much for your help. God bless you. E.G., Wisconsin

Diabetes and High Blood Pressure: I have followed your Ten Commandments of Good Health to the letter. I have good news for you. It really works! After the first 3 weeks, I was off all high blood pressure medicine and off all diabetic medicine. I have remained off both those medications for 4 months and feel wonderful.

I have lost 30 pounds and am still losing. I have 20 more pounds to go to be at my proper weight. I monitor my blood glucose and my blood pressure daily and the numbers have been great. M.L., Connecticut

Schizo-Affective Behavioral Disorder: I watched your tapes, "Diseases Don't Just Happen" and "Sorting Through the Maze of Alternative Medicine." I was stunned! I was diagnosed with Schizo-affective behavioral disorder a few years back. I am presently 46 years old. I also had agoraphobia and panic attacks. My life was a nightmare.

My husband and I started the Ten Step program 3 months ago. By the 5th week, I began to notice that my husband was more pleasant consistently and was having fewer and fewer fits of temper. He was calmer, more composed AND more affectionate and loving.

As for myself – WELL?? LET MET TELL YOU! By the 7th week on the plan I felt like the human being was emerging in me. My anxiety would bubble up, but I was able to suppress it – a miracle in itself! The 8th week tells the story. My paranoia and suspiciousness have all but disappeared. My mood swings are so minor they're practically nonexistent. I am now able to go out by myself – without fear – for 3-4 hours at a time. I am becoming more and more courageous with each

passing day and week. With each good experience, I am becoming bolder and more confident. Panic attacks are minor, and only once in awhile, and these too are going away, it seems.

As for the symptoms I got rid of? Rage, compulsions, being driven by all this negative pseudo-energy, crying jags, depression - - the list goes on and on. . . paranoia, suspiciousness, mania.

I feel good. I feel together. I feel almost in control. I feel stable, more consistent, calmer, more pleasant, joyous if you will. Praise the good Lord. It's over. I can feel it, Dr. Day. I feel different than I've every felt since I was 15 years old when it all began with a bout of severe depression that escalated until a suicide attempt at age 39, and my first of three hospitalizations.

I have a life again! Praise the Lord's infinite wisdom. M.L. in New England

Seizures: I have spent a lot of money on doctors for seizure treatment, and on Dilantin level tests, and one doctor sent me to take a test where they asked me who is the president, what state are we in, what season of the year is it, etc., and then billed me for everything. And nothing helped or changed anything.

And now you tell me how to get rid of Dilantin and the seizures, and feel good, but you didn't send me a bill! Dr. Day, you have changed my life so greatly. I have made all the needed changes in my diet and lifestyle and I'm feeling so much better. I'm not taking Dilantin anymore and I have had no seizures. I have changed my diet to a totally vegan vegetarian diet, and no sugar or processed foods, and I have changed the other things necessary to be well. I am 73 years old and I feel wonderful.

I appreciate you kindness so deeply. May God continue to bless you. M.K., Washington

Breast Mass: In December Of 1999, a suspicious mass found on my mammogram and was confirmed by ultrasound. A biopsy was scheduled for March. My friend dropped a videotape of yours into my hands, showing how you had healed your cancer by changing your lifestyle and diet. "I can do that," I thought. The name of your tape convinced me, "*You Can't Improve on God.*" My kitchen underwent a radical change. I packed all the cupboard food into boxes and took it to a shelter. Knowing I had nothing to lose I plunged into this new plan, including a new way of eating, and all the other steps in the Health Plan.

By mid-February I began to get the hang of it and realized I was finally giving my body what it needs to be immune to disease and illness.

On March 10, I showed up at the hospital for a biopsy. Everyone was amazed. The mass in my breast was completely gone! I told the three doctors what I had done since December and they were significantly impressed.

Often when I inquire of people I meet, "How are you today?" The usual answer is, "Tired." And that is at the beginning of the day. I wish everyone who was sick or tired would use this natural way of living and eating. Never will I go back to my old ways. Needless to say, I am delighted with the results.

Sometimes I am so overcome with gratitude I begin to weep before the Lord. How great He is!

Cardiac Disease – Supraventricular tachycardia: Praise the Lord for your testimony! Two years ago, my husband and I heard you speak and we were greatly inspired. We decided to live "more healthfully"! The wonderful benefit I received was a great help to me due to the fact that I have a syndrome, supraventricular (paroxysmal) tachycardia. I have had this for 25 years and it causes my heart to race up to 180 beats per minute periodically. Often I would have to go to the emergency room.

Since beginning the Health Plan two years ago, my heart rate rarely zooms up and I have not had to get medical help at the emergency room once since then. I take no medications for my heart, even though the doctors try to advise me to do it. I refuse. The side effects of the medicines cause low blood pressure. Mine is already 90/58. If I took their advice, I might faint.

I am an R.N. and have my Masters in Public Health, so I hope that helps people believe even more – because I have seen the "medical professions" push to prescribe drugs for everything! The "lifestyle" change is the best "prescription pill" that anyone can take, but most people (dumbly enough) don't want to take that "prescription"!

Anyway, thank you for advocating God's ways. Again, God bless you my healthful neighbor. M.N., California

Heart Disease: I have been a heart patient for twelve years. I refused Bypass surgery and was told by my cardiologists that I was going to die within three months. My wife and I went on a frantic search for an alternative cure for my heart disease. First I had

chelation therapy. But I did not get well. I had three more heart attacks in the next ten years, despite the chelation therapy. I tried all the various vitamins and herbs that so many Alternative practitioners claimed would cure me. I must have spent \$25,000 on these various remedies over the past eleven years, but I still felt sick. The angina and arrhythmia just did not want to go away.

Then I saw you on T.V. I ordered your tapes and began following the Health Plan. I am working hard on the Ten Step Program you bring out in your videos and I can feel the difference already. Now there is hope for a cure! There is healing in God's nature. All I had to do is look in the right places. I wish I had found your tapes sooner. If I had, I could have stopped searching in the dark and I could have been cured of my heart disease years ago. Thank you, Dr. Day!

G.S., Arizona

Menopausal symptoms: Dr. Day, your testimony has inspired me to follow your Health Plan. Even though I wasn't really sick, I was feeling the fuzzy headed effects of menopause which made my full time job as a physician, plus my family responsibilities, difficult to keep up with.

Now I can thank God, **I have my brains back!** It is easier now to study and think about spiritual things. There are no hot flashes, and I have energy to do the things I want to do, and sleep soundly at night. It has been 6 months since I made the commitment to change, and I have no intentions of changing back.

In my private practice, I will be using the videos as loaners for my patients, and encouraging them to purchase their own. Thank you for making this information available in such a clear persuasive form.
Physician in Kentucky

Migraines, neck and knee pain, overweight: I have been watching and re-watching your video, "You Can't Improve on God." The video has helped me stick more closely to God's way of living and eating. I want to tell you all the things that have disappeared since I have been following the Health Plan: Serial migraines, debilitating neck pain, an acid feeling in my throat, my finger nails are long and strong (for the first time in my life). I've lost 18 pounds over a year without trying. And my knees are no longer painful.

So I think I'll follow your advice and go with God and His ways for my future plans. I thank God for sending you and your information to me.
M.P., California

Very ill and in pain: Dr. Day, I really believe in what you are doing and I am trying to promote your message. I had been very ill and suffering so much pain. Then I got on the Health Plan that you promote and it is doing wonders for me. I am doing so well that I am off all medicine and people constantly remark about the difference in how I look. I am very grateful to the Lord for His Health Plan and to you, Dr. Day, for bringing it to my attention and to the attention of many others.

Multiple Myeloma: I have to start by saying "Thank you" for your videos of great information you produce. You have been such a huge inspiration to my Mom and me. Mom was diagnosed with Multiple Myeloma 4 years ago when we found your story and purchased your videos. Mom is healthy and doing great! We are so thankful to God for you and your resources. A.J. by e-mail.

Malignant Melanoma: I have almost all of your books and videos. 3 years ago I was diagnosed with a very severe rapid growing melanoma. Thanks to you and your 10 step program I am a changed person. I tell everyone who will hear me about you. I am more healthy now that I was 3 years ago. I have no more cancer. J.A., Ohio

Bladder Cancer: I think of you all the time and always keep you in my prayers. I am putting some of the final tweaking on the dietary portion of the Health Plan via your book and DVDs. (I'd been diagnosed with bladder cancer, refused surgery & chemo---got on the 10-Step Health Plan, after a few months, all bleeding stopped. The Health Plan has made a WORLD of difference!) This lifestyle has surely been an adjustment and not all of it has been smooth, but I am very proud to say I have at last begun to adjust solidly thanks to your wonderful DVDs and book, Dr. Day. And then to hear Ted Kennedy has brain cancer, even with all his money to buy the best food, etc., it really drives home just how important following God's 10-Step Health Plan truly is. L.M. by e-mail.

Severe Skin Cancer and Severe Asthma: Purchased and just finished your video "You Can't Improve On God". I took notes and I am going after this. Here's my situation. I'm 58 & had skin cancer (all basal cell) most of my life. A CT scan shows a spot that has gotten under my skin (from the side of my face) has moved into the ocular area of my right eye. It is not in the eyeball which I see perfectly out of, nor is it near the optic nerve or anywhere else that they feel constitutes an emergency, yet they're talking about taking out my eye as that's "usually what we do". When pressed on that he said we could possibly explore just removing the tumor.....! Anyway, I'm afraid

if they aggressively, through surgery, follow the path of this cancer and "get it all", I won't have enough of a face left to step out in public.

So, what do you think? Have you had many folks with skin cancer that have responded well to this treatment?

Bottom line, I'm a Christian, love the Lord and KNOW he can do miracles (he's done them in me before) so like I said previously, I'm going for it regardless. I love the story of Naaman!

Thanks for your testimony Dr Day, it has given me hope. (Continued below.)

FIVE WEEKS LATER: Had to let you know what's been going on. I'm definitely better! Very gradual but noticeable not only when I look in the mirror, but I'm feeling the difference. The swelling is down, I can open my eyelid much more, the eye is turning white (around the iris) again, and there's no pain or pressure not only in the area around my eye but in other areas as well. When you have skin cancer you can feel it in there and those sensations in all areas are not only diminished but almost gone in some spots.

But that's not all. I've had asthma all my life, was actually wheezing as a newborn before I was released from the hospital! Numerous bouts of pneumonia, 2 collapsed lungs, etc, etc. Well, my asthma is better by 80 to 90% **in 5 weeks time on your regimen!** Almost completely off inhalers. For instance, this is normally a bad time of year for us, pollen like you wouldn't believe. I haven't been able to mow the lawn in 2 years.....ended up in emergency the last time. So, what used to be a 2 day job I have now done twice, 1st time 2 weeks ago....no asthma, not even a wheeze. Mowed the entire lawn at one time (energy like I haven't had in years) with no problem.

I'll keep you posted. Believe it or not, with all the progress I've already seen, my family is still slow to get on the band wagon. They still want me to take the "modern medicine" or surgical route, where my eye is concerned, just to be "safe". So, I'm just going to have to plow through on this one, because I believe that The Lord has put me on the right track with evidence to show in more ways than one!

Thanks so much & God bless.

PS Funny, I went with my wife and teen-ager last night for the first time and joined them in their exercise program. We went to the local track for a 2 mile *fast* walk, and they could barely keep up with the pace I set. I even threw in some push-ups for good measure. One

year ago I couldn't walk up the driveway without stopping & gasping for air. Impress them? Not in the least...they're still cynical...lol! T. by e-mail.

Trigeminal Neuralgia/Tic Doloreaux (Severe Nerve Pain in the Face):

I have had Trigeminal Neuralgia for years. My search for a cure started with a cranial therapist who then sent me to a neurologist. I was told the only thing that was available to treat this condition was an invasive procedure, but I refused. I was desperately looking for a way to cure the problem, when I heard you speak at the _____ Convention Center. Everything you had to say made so much sense to my husband and to me. We were so buoyed by your message that when we got home, we went through the cupboards and pantry and got rid of all the things in the food department that were contributing to the problem. We purchased your videos and books and began following the plan and have benefited so much from the information you have put together.

How wonderful the healing of my trigeminal neuralgia is. It has been almost 17 months since I have experienced the last pain! God's Health Plan is so good that I want to shout it from the rooftop! .

You came along at my darkest moment and through what you have said and my praying to God for help, I am certain that I have cured that very debilitating condition. Thank you again, Dr. Day! You are indeed an inspiration to all who implement God's Health Plan. Thank you so much for all your caring and kindness. K.M. Arizona

ALS (Amyotrophic Lateral Sclerosis: Lou Gehrig's Disease):

Thank you so much for your materials. I was diagnosed with ALS three years ago. My disease was traveling rapidly and a year ago, my doctor said they would have to send an ambulance for me for my next appointment which was scheduled 4 months later, because I was becoming so disabled that I wouldn't be able to get into a wheelchair.

Then someone told me about you and your Health Plan. I purchased your materials and started following the Plan. My health started to improve right away. When the time came for my next appointment, not only did I not need an ambulance, I didn't even need a wheelchair. I was able to drive myself to my doctor's office and walk in under my own power. My doctor was stunned. I am now almost totally recovered from my ALS. I walk normally, my previous symptoms are gone, and I am getting stronger every day. Thank you. Thank you. A.R., Victoria, B.C.

Your Doctor Can't Cure Your Cancer Because --- He Can't Prevent or Cure His Own!

Lorraine Day, M.D.

Doctors develop cancer at the same rate as the general population. And doctors DIE of cancer at the same rate as the general population.

Obviously that means that **doctors don't know how to prevent or cure cancer** because if they did, they would certainly prevent cancer from developing in themselves. And if they did develop cancer – they would know how to cure it.

But they don't!

So why would you go to a doctor for the treatment of your cancer when your doctor doesn't even know how to prevent or cure cancer in himself (or herself)?

Surveys show that 75% of doctors would NOT have chemotherapy if they developed cancer, yet they invariably prescribe it for their patients.

Why do 75% of doctors in surveys respond that they would NOT have chemotherapy?

The answer includes the following:

1. Doctors see the horrible suffering their patients, relatives, and friends go through while on chemotherapy.
2. Doctors ALL know that chemotherapy **causes** cancer, so it makes no sense to “treat” a cancer patient with a supposed “therapy” that causes cancer - a disease the patient already has!
3. Doctors watch their patients who are taking chemotherapy grow weaker and weaker, becoming thinner, more fragile, and sicker, losing the majority of their muscle mass while at the same time, suffering from severe nausea, vomiting, hair loss and numerous other life-threatening side effects of the poisonous drugs they are being given by their physician, the one who is supposed to **help** them. Yet, the physician's “treatment” results in an abominable “quality of life” and actually encourages the spread of the patient's cancer because the “treatment” suppresses the patient's immune system, the one system that the patient needs in order to get well.
4. Doctors watch their patients, relatives, and friends, DIE as a result of the poisonous chemotherapy. Some cancer patients actually die **from** the poisonous chemotherapy drugs and **not** from their cancer!
5. Doctors also know that radiation causes cancer. That's why doctors tell patients, “Don't get too many x-rays. X-rays cause cancer because they are radiation.” How can a cancer patient be cured of cancer by being “treated” with a “therapy” that **causes** cancer?
6. Doctors know that both chemotherapy and radiation destroy the patient's immune system, the one system in our body we need to get us well and keep us well. In fact, when these same chemotherapy drugs are given to patients who don't have cancer but have just received an organ transplant, these drugs are referred to, by physicians, as “immunosuppressive drugs” because they “suppress” the “immune system” – the system in our body that is critical for recovery from disease.

Doctors apparently don't want cancer patients to know they are taking “immunosuppressive drugs” - drugs that **suppress** their immune system and encourage the cancer to grow and spread, nor do doctors want organ transplant patients to know that they are taking chemotherapy drugs – for the rest of their life (so their body won't reject the organ), drugs that **cause** cancer.

In fact, when a patient has an organ transplant, his risk of developing cancer doubles. Furthermore, his risk of developing a specific type of cancer – non-Hodgkin's lymphoma – increases by seven times, according to the November 2, 2011, issue of the Journal of the American Medical Association.

That's why doctors tell **cancer patients** they are taking **chemotherapy** drugs – but they tell **transplant patients** they are taking **immuno-suppressive drugs** – even though the drugs given to both cancer patients and organ transplant patients are essentially the SAME drugs.

These drugs suppress the patient's immune system so the transplant patient won't reject his transplanted organ, but that same immune suppression markedly decreases the body's ability to fight disease, and therefore, the **transplant patient** may develop cancer specifically as a result of taking the medication. And the **cancer patient** finds that his cancer will eventually grow and spread because of the **suppression of his immune system caused by the chemotherapy!**

So why, if chemotherapy is so harmful, do doctors prescribe it for their patients – even when 75% of the doctors state they would not take chemotherapy themselves if they developed cancer?

1. In some states in the U.S., thanks to the Drug Companies and the “lock” on doctors by their doctors’ “union” – the American Medical Association - it is illegal for a doctor to treat any cancer patient with any method other than poisonous chemotherapy, burning radiation, or mutilating surgery. If they do, they will lose their license to practice medicine.
2. Doctors don't know what else to do, because we physicians are never taught in our medical training how to get a patient truly well from cancer – or any other disease for that matter. All we are taught to do is, 1) give harmful, poisonous drugs to cover up the symptoms of the disease and make the patient “feel” better – drugs that have numerous side effects that cause additional diseases, but never address the underlying cause of the initial disease which also continues to progress, or 2) cut out the patient's organs or cut off their body parts. But no disease has ever been caused by a person having “too many” organs or “too many” body parts. That's why cutting them off – or out – never cures the patient's problem. The cancer will just come back in the same place, or a different place in the body, or the person will develop a different life-threatening disease.

All diseases – including ALL cancers – do NOT “fall from the sky” nor do they “just happen.” We give them to ourselves slowly, one day at a time, over a long period of time, by the way we live, think, act, eat, and handle stress. We give ourselves cancer – and every other disease that we develop. None of us do it on purpose. We do it ignorantly, but we do it just the same.

The Good News is that if we have done it to ourselves by the way we have been living, thinking, acting, eating, and handling stress – then we can REVERSE the disease by CHANGING the way we live, think, act, eat, and handle stress.

But we physicians are taught that cancer – and all other diseases – “just happen.” And that's what we are taught to tell patients. But if that is true, then you are totally helpless! You are at the mercy of the doctor – who has been taught to prescribe harmful Drugs or mutilating surgery – neither of which will make you well, and both of which are terribly painful. The doctor will tell you there is no other option – and he or she actually believes that, because that is what we all have been taught in our medical training.

Why are doctors not taught how to get people well from their diseases?

Because the Drug companies have enormous control over medical schools and the training doctors receive because drug companies provide a significant amount of the research funding for medical school research – in large part to develop more drugs! It's the old “golden rule” - “He who has the gold – rules!

Also, drug companies have enormous control over the medical journals and the articles they publish (which establish standards of medical practice) because the medical journals contain more pages of high-priced four-color advertising by the drug companies than actual pages that contain the medical articles. If a medical journal starts publishing articles that contain information on how to get a patient well **without** prescribing drugs to the patient, the drug companies will “pull” their expensive advertisements, and that particular medical journal will go bankrupt and cease to exist. So, it's not hard to figure out why medical journals refuse to publish articles on natural healing.

But why do doctors who develop cancer themselves almost always agree to have chemotherapy, even though they say beforehand that they won't?

Doctors don't know what else to do, because they have never been taught in their training how to get anyone truly well from any disease, including cancer. As stated above, all we physicians are taught in our medical training is, 1) to give the patient harmful drugs – drugs that cover up the symptoms but never cure the disease, and all these drugs have harmful side effects that often cause additional diseases. or, 2) cut out the patients organs or cut off his body parts, neither of which cures any disease because no disease has ever been caused by having “too many” body parts or “too many” organs.

Getting your car repaired

Suppose you took your car to a mechanic, telling him that your transmission's first gear was slipping, there was a knocking sound in the engine, and the “check engine” warning light was “on.” You left your car at the repair shop expecting the mechanic to call you to give you an update on what he found and an estimate on the cost of the repair.

But two hours later he called to tell you that your car was ready to be picked up. When you arrived at the shop, you asked the mechanic, “What did you do with the first gear that was slipping?”

He responded, “I took it out.”

Aghast, you said, “But I need first gear.”

But he nonchalantly responds, “It will work for awhile.”

“What about my ‘check engine’ warning light?”

The mechanic answers, “I cut the wires to the dashboard light. It won’t bother you anymore.”

Shocked at his answer, you continue, “And what about the knock in my engine?”

The mechanic hands you a pair of ear plugs and says, “Wear these. You won’t hear it anymore.”

As I state on my DVD, “Sorting Through the Maze of Alternative Medicine” – my response to that mechanic would be:

“You’re not a mechanic - - - you’re a Doctor!”

Because that is how we physicians are taught to treat patients. We are never taught how to fix what is wrong – to cure the disease. We are only taught either to cover up the symptoms of the disease by giving harmful drugs, or we are taught to cut out the patient’s organs or cut off his or her body parts.

You would never tolerate that “standard of care” from an auto mechanic, even though you **can** buy another car. But you tolerate that “standard of care” from a physician, even though you have only ONE body to last the rest of your life – and you can’t “buy” another one.

Your life and health are at stake! Yet you trust your doctor who knows less about repairing your body than your auto mechanic knows about repairing your car.

Cancer and ALL Other Diseases

And all this information on cancer applies to all other diseases as well. Doctors develop all the other diseases, including Parkinson’s and other neurological diseases, Heart disease and other cardiovascular diseases, autoimmune diseases, etc., at the same rate as the general population.

Here is an amazing illustration:

The U.S. National Institutes of Health (NIH) is arguably the world’s foremost medical research center. It is comprised of twenty Institutes under one central administrative control, including the National Cancer Institute, the National Heart, Lung, and Blood Institute, the National Institute of Arthritis, Musculoskeletal and Skin Diseases, and many other Institutes.

The NIH employs more than 18,000 people including thousands of medical researchers on their 70 acre campus in Bethesda, Maryland, near Washington, D.C. **In 2010, the budget of the NIH was \$31 Billion**, all from the pockets of hard-working taxpayers.

Since the NIH was established over 100 years ago, **at least \$1 TRILLION** has been spent by tens of thousands of scientific researchers to find a cure for cancer, and other diseases. **But the sad truth is that NO cure for ANY disease has ever been found by NIH-funded research, or by any other conventional medical scientific research organization either!**

Dr. Bernadine Healy – First Woman Director of the NIH

In 1991, President George H.W. Bush named **Bernadine P. Healy, M.D.** as the first woman Director of the NIH, probably the most prestigious medical research organization in the world, the place where huge amounts of research funding have been spent to supposedly find cures for diseases.

If any physician would be privy to the most advanced techniques for curing cancer or other diseases, it would be the Director of the NIH, this mega-complex of extremely well-funded supposed research excellence, including the most “cutting-edge” cancer research!

But on August 6, 2011, Dr. Bernadine Healy, former head of the National Institutes of Health, including the National Cancer Institute – died of Cancer.



Bernadine P. Healy, 1st woman to head National Institutes of Health, dead at 67

Published: Sunday, August 07, 2011, 8:10 PM Updated: Monday, August 08, 2011, 4:14 PM



By **Grant Segall**

GATES MILLS, Ohio -- **Dr. Bernadine P. Healy**, 67, a leading health crusader, died Saturday from complications of cancer, **the funeral home confirmed.**

The outspoken physician was the first woman to head the National Institutes of Health. She also headed the Ohio State University College of Medicine and Public Health, American Heart Association and American Red Cross.

Healy was a health commentator for CBS News and PBS-TV and columnist for U.S. News and World Report. She wrote or co-wrote more than 220 scholarly papers and **authored two books, including a chronicle of her brain cancer, which first struck in 1996.**



Sarah L. Volsin, Washington Post
Bernadine Healy in 2001. Healy died Saturday at age 67.

This shows the **crushing failure** of all attempts of Organized Medicine to find a cure for cancer or any other disease.

Why have they failed so miserably? Because decade after decade they have continued to look in all the wrong places. They continue to develop more drugs, all of which are harmful and none of which cure disease. They continue doing genetic research as though cancer and other diseases can be cured by manipulating one's DNA.

But they refuse to study lifestyle factors. They refuse to accept the fact that we give life-threatening diseases to ourselves by the way we live, think, act, eat, and handle stress. Of course, one main reason they refuse to look at lifestyle factors is that would make all their high-rise glass and metal buildings, their thousands of medical researchers, their Billions of dollars of research funding, and their false erudition, completely irrelevant.

They would have to admit that diseases are **caused** by one's lifestyle – and therefore can be **reversed by changes** in one's lifestyle.

And they would be out of a job!

Someone has wisely said that the definition of insanity is doing the same thing over and over again, but expecting a different result. That's precisely what Organized Medicine, including the NIH, has been doing for the last hundred years. Going down the same research "road" that has failed for decades, yet expecting to have success.

Could it become any clearer that doctors do not know how to cure cancer?

So again, if doctors knew how to prevent or cure those diseases, they would not develop them – and die from them – themselves, which they do!

So what should you do instead of trusting your doctor – who does not know how to cure your disease (or his or her own disease) – because he or she has never been taught?

As mentioned above, we give ourselves disease slowly, one day at a time, over a long period of time, by the way we live, think, act, eat, and handle stress. It took you years to give yourself this disease, just as it took years for me to give myself breast cancer.

It doesn't matter if the disease is rare or common, whether it is early or advanced, or whether it is in a child or an adult, **ALL** diseases are caused by the same factors and **ALL** diseases can be Reversed by Changing those factors.

All a person has to do to **Reverse** his disease is to **Change** the way he (or she) is living, thinking, acting, eating, and handling stress. One must learn how to Stop doing the things that have caused his disease, and Start doing the things that will Rebuild his immune system, so his immune system can get him well and keep him well as God designed it to do.

But in order to get well, one must be willing to obtain the proper materials, study them diligently and repeatedly, and one must have the determination, commitment, tenacity, and self control to change his habits – the very habits that have made him sick in

the first place.

And just for the record, your doctor knows nothing about this information even though it is all found in the medical literature. In my workbook, "Getting Started on Getting Well," which is part of the Starter Package, there are 17 pages of abstracts from the finest medical journals in the U.S. and the world, showing why this Ten Step Natural Health Plan actually works.

For 15 years, I was on the faculty of one of the three most prestigious medical schools in the country, the University of California, San Francisco School of Medicine, as an orthopedic trauma surgeon, taking care of patients and training medical students, interns and residents. Yet I, like every other doctor, did not know how to cure disease – any disease. Fortunately, I did know how to surgically repair massive injuries of victims who had been shot or stabbed multiple times, or had fallen from great heights, or who had been severely injured in car crashes or other types of accidents. In situations like that, a surgeon is very necessary.

But trauma is very different from "disease." Indeed, trauma – accidents, DO "just happen." But diseases don't. Diseases are the result of many years of abusing our body by the way we live, think, act, eat, and handle stress.

But again, I, like ALL other physicians, did NOT know how to prevent or cure cancer or any other disease because all we are taught is to give drugs to cover up the symptoms, or to take out a patient's organs or cut off his body parts, neither of which cure cancer or any other disease.

I developed cancer because I was never taught how to Prevent or Cure cancer – or any other disease. And neither has any other doctor been taught how to do that.

Everything I learned to Reverse my cancer is well-documented in the medical literature, but I had to learn it on my own when I was diagnosed with cancer, because doctors are never taught this information during our medical training. In fact, we are vigorously taught that these natural methods do not work – a total fabrication that virtually all doctors embrace.

But I, and thousands of others, are living proof that you CAN get well – from ALL diseases – without drugs, including without chemotherapy drugs, without radiation, and without mutilating surgery.

All the information necessary to [Get Started on the Health Plan is in the Starter Package](#).

You aren't sick Because you have Cancer – You have Cancer Because you are sick!

Lorraine Day, M.D.

If you had a young child who was very sick with chicken pox, with pox marks all over the skin of his body, would you take that child to the doctor and ask the doctor to cut out all the pox marks in the child's skin – or burn them out – or poison them out - so the child "would be well?"

Of course you wouldn't!

You would know that the pox marks in the child's skin are a **local manifestation** of a **systemic disease** – a disease that affects the child's **whole body**. You would also know that when the child's body gets well, the pox marks on his skin will go away automatically. You would understand that your focus should be on supporting the child's recovery systemically – meaning the recovery of the child's whole body – rather than focusing on the pox marks.

The pox marks **aren't the cause** of the problem. The pox marks **are the result** of the problem. The child is not sick because of the pox marks. On the contrary, the child has pox marks on his skin because his whole body is sick with the chicken pox!

Even though chicken pox is a contagious disease (it can be transmitted from one person to another), and cancer is not contagious, the analogy is still true. If a person has cancer, **he is not sick because he has cancer, he has cancer because he is sick** – because his whole body is sick.

The cancerous tumor is not the **cause** of the person being sick, the cancerous tumor is the **result** of a body that is very sick, whether or not the person "feels" sick at the time he or she is diagnosed.

The focus must be on getting the whole body well – not on getting rid of the tumor. Because when the body gets well – the tumor will automatically go away – just like the pox marks in the skin of a child with chicken pox will go away when that child's body gets well.

Unfortunately, we physicians are all taught to focus on the tumor. We are, by default, taught to ignore the patient's general physical condition and do everything possible to make the tumor go away by using poisonous chemotherapy, by using burning radiation, or by mutilating surgery, even though those "treatments" will do serious harm to the patient's immune system – the one system the patient needs to get him well and keep him well.

Both chemotherapy and radiation CAUSE cancer. Every doctor knows that. It makes no sense to "treat" a cancer patient with a "treatment" that CAUSES cancer –the disease he already has – the disease the patient wants cured!

And no case of cancer has ever been caused by having "too many" organs or "too many" body parts. That's why cutting off one's body parts or cutting out one's organs will NOT cure cancer. The cancer will just come back in the same place, or a different place, or the person will develop a different life-threatening disease.

The ONLY way to cure a disease is to find out the factors that have caused it then change those factors.

"I'm healthy – except for the cancer, of course."

It's not unusual for a patient with cancer to e-mail those exact words to me. People believe their cancerous tumor is somehow isolated from the rest of their body, and even from their general health, as though the body is made up of isolated parts that have no relationship to each other. Why? Because that is what we doctors are taught in our training. And doctors believe the lie – and they pass the lie on to their patients.

Physicians apparently have forgotten that the same blood that circulates through the cancerous tumor also circulates through the rest of the body – and has been circulating through the patient's body for a long time before the cancer is diagnosed, because it usually takes a minimum of five years – or more - for a cancerous tumor to grow large enough to be detectable by any of the diagnostic methods we physicians have available.

That's why it's so ludicrous for a doctor to pressure you into surgery, chemotherapy or radiation "Right Away" as though the cancer just occurred "yesterday" and it must be eradicated as soon as possible (even by methods that are horrendously harmful to your body – methods that actually CAUSE cancer).

The cancer has been there for a long, long time when it is first diagnosed. It didn't just "drop from the sky yesterday," That's why everyone with cancer has time to educate himself or herself on the options available – particularly on how to actually REVERSE the cancer. I'm not suggesting that a person do nothing, or spend many weeks or months making up one's mind, but certainly one has 2 or 3 weeks to get educated on how he or she can get well without all the damaging effects of the only "treatments" that doctors recommend.

Cancer Doesn't "fall from the sky"

All Cancers, and all other types of diseases as well, do not "fall from the sky" nor do they "just happen." We give them to ourselves slowly, one day at a time, over a **long** period of time, by the way we live, think, act, eat, and handle stress, factors that suppress our immune system, the only system in our body that can get us well and keep us well.

In order to get well, we must reverse the damage we have done to our body over many, many years. We must learn how we caused our cancer, then we must learn how to stop doing the things that caused our cancer and start doing the things that will rebuild our immune system.

There are NO "Quick Fixes"

It took years for you to give yourself cancer, just as it took years for me to give myself cancer. And neither one of us did it on purpose. We did it ignorantly, but we did it just the same. We did it by the way we were living, thinking, acting, eating, and handling stress.

Because it took years for us to get ourselves sick, it takes time to reverse the damage we have done. Fortunately, it doesn't take as long to get well as it took us to make ourselves sick, but it does take time to reverse the damage we have caused in our body.

And in order to Get Well, we must be willing to spend the time necessary to learn **how** we made ourselves sick, and what changes we need to make to get well. The Health Plan is relatively simple – but it is not easy – because one must change almost everything about his or her life. One must have the determination, commitment, tenacity, and self control to do what needs to be done in order to Get Well.

And no one can do that for you. You must do it for yourself. You are the only one who can change your habits. You are the only one who can rebuild your immune system. And it must be done by totally natural methods, using only the things that God has created, and using them only in the form that God has created them – not modified by man.

You are the one who made yourself sick – so you are the only one who can make yourself well. And that is the Good News. You CAN do it.

Doctors will tell you that no one really knows what causes cancer, and that you are helpless to do anything for yourself. Instead, you must submit your life and health to the doctor who is not allowed by the medical establishment to use any methods of treatment for cancer other than poisonous chemotherapy, burning radiation, or mutilating surgery. What every doctor knows – but is unwilling to share with the patient – is that both chemotherapy and radiation CAUSE Cancer.

Again, it makes no sense at all to “treat” a cancer patient with a “treatment” that CAUSES the exact deadly disease that the patient already has!

But, unfortunately, that’s all we doctors are ever taught in our training.

The Causes of Cancer ARE Known

The Causes of Cancer have been known for many years. They are all well documented in the medical literature. But we physicians are never taught them in our medical training. In my Workbook, “Getting Started on Getting Well” there are 17 pages of abstracts from the finest medical journals in the world documenting the causes of cancer. I found them when I was struggling to learn how to reverse my severe, advanced cancer that took me to death’s door.

Unfortunately, we physicians are never taught this information in our medical training. We are only taught to 1) give harmful drugs, or 2) use mutilating surgery.

You are not Helpless or Hopeless

If you believe that your cancer “just happened” and the way you have been living, thinking, acting, eating, and handling stress had nothing to do with your developing cancer, then you have no choice but to bow to the white coats and accept all the poisonous chemotherapy, burning radiation, and mutilating surgery they will prescribe for you. You are helpless to help yourself.

But if you will spend the time to learn **how** you gave yourself your disease, and **how** you – and only you – can reverse it, you have enormous power in your hands, the power to change the way you have been living, thinking, acting, eating, and handling stress – and Get Well!

You are NOT helpless. Your situation is NOT hopeless. You CAN get well, but it will take perseverance, commitment, determination, tenacity, and self control to spend the time necessary to learn what you need to do to Get Well – and then Do It!

You must have the ability to “go against the flow” to “swim upstream” to “stand on your own two feet” and have the courage and strength to do what is right for your body even though your family, friends, and even strangers may ridicule what you are doing, and even though they will demand that you “believe the experts in the white coats.”

Few people are able to withstand criticism and ostracism. They want to be accepted by their peers. They want to do what the “group” does. They don’t want to be different – even to the point of losing their own life. It’s sad – but true.

But you don’t have to go that route. You can take charge of your own health and vow to change the factors in your life that caused your disease – and Get Well!

Do you want to be well? The choice is yours.

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Your Doctor Can't Cure Your Cancer Because --- He Can't Prevent or Cure His Own!

Lorraine Day, M.D.

Doctors develop cancer at the same rate as the general population. And doctors DIE of cancer at the same rate as the general population.

Obviously that means that **doctors don't know how to prevent or cure cancer** because if they did, they would certainly prevent cancer from developing in themselves. And if they did develop cancer – they would know how to cure it.

But they don't!

So why would you go to a doctor for the treatment of your cancer when your doctor doesn't even know how to prevent or cure cancer in himself (or herself)?

Surveys show that 75% of doctors would NOT have chemotherapy if they developed cancer, yet they invariably prescribe it for their patients.

Why do 75% of doctors in surveys respond that they would NOT have chemotherapy?

The answer includes the following:

1. Doctors see the horrible suffering their patients, relatives, and friends go through while on chemotherapy.
2. Doctors ALL know that chemotherapy **causes** cancer, so it makes no sense to “treat” a cancer patient with a supposed “therapy” that causes cancer - a disease the patient already has!
3. Doctors watch their patients who are taking chemotherapy grow weaker and weaker, becoming thinner, more fragile, and sicker, losing the majority of their muscle mass while at the same time, suffering from severe nausea, vomiting, hair loss and numerous other life-threatening side effects of the poisonous drugs they are being given by their physician, the one who is supposed to **help** them. Yet, the physician's “treatment” results in an abominable “quality of life” and actually encourages the spread of the patient's cancer because the “treatment” suppresses the patient's immune system, the one system that the patient needs in order to get well.
4. Doctors watch their patients, relatives, and friends, DIE as a result of the poisonous chemotherapy. Some cancer patients actually die **from** the poisonous chemotherapy drugs and **not** from their cancer!
5. Doctors also know that radiation causes cancer. That's why doctors tell patients, “Don't get too many x-rays. X-rays cause cancer because they are radiation.” How can a cancer patient be cured of cancer by being “treated” with a “therapy” that **causes** cancer?
6. Doctors know that both chemotherapy and radiation destroy the patient's immune system, the one system in our body we need to get us well and keep us well. In fact, when these same chemotherapy drugs are given to patients who don't have cancer but have just received an organ transplant, these drugs are referred to, by physicians, as “immunosuppressive drugs” because they “suppress” the “immune system” – the system in our body that is critical for recovery from disease.

Doctors apparently don't want cancer patients to know they are taking “immunosuppressive drugs” - drugs that **suppress** their immune system and encourage the cancer to grow and spread, nor do doctors want organ transplant patients to know that they are taking chemotherapy drugs – for the rest of their life (so their body won't reject the organ), drugs that **cause** cancer.

In fact, when a patient has an organ transplant, his risk of developing cancer doubles. Furthermore, his risk of developing a specific type of cancer – non-Hodgkin's lymphoma – increases by seven times, according to the November 2, 2011, issue of the Journal of the American Medical Association.

That's why doctors tell **cancer patients** they are taking **chemotherapy** drugs – but they tell **transplant patients** they are taking **immuno-suppressive drugs** – even though the drugs given to both cancer patients and organ transplant patients are essentially the SAME drugs.

These drugs suppress the patient's immune system so the transplant patient won't reject his transplanted organ, but that same immune suppression markedly decreases the body's ability to fight disease, and therefore, the **transplant patient** may develop cancer specifically as a result of taking the medication. And the **cancer patient** finds that his cancer will eventually grow and spread because of the **suppression of his immune system caused by the chemotherapy!**

So why, if chemotherapy is so harmful, do doctors prescribe it for their patients – even when 75% of the doctors state they would not take chemotherapy themselves if they developed cancer?

1. In some states in the U.S., thanks to the Drug Companies and the “lock” on doctors by their doctors’ “union” – the American Medical Association - it is illegal for a doctor to treat any cancer patient with any method other than poisonous chemotherapy, burning radiation, or mutilating surgery. If they do, they will lose their license to practice medicine.
2. Doctors don't know what else to do, because we physicians are never taught in our medical training how to get a patient truly well from cancer – or any other disease for that matter. All we are taught to do is, 1) give harmful, poisonous drugs to cover up the symptoms of the disease and make the patient “feel” better – drugs that have numerous side effects that cause additional diseases, but never address the underlying cause of the initial disease which also continues to progress, or 2) cut out the patient's organs or cut off their body parts. But no disease has ever been caused by a person having “too many” organs or “too many” body parts. That's why cutting them off – or out – never cures the patient's problem. The cancer will just come back in the same place, or a different place in the body, or the person will develop a different life-threatening disease.

All diseases – including ALL cancers – do NOT “fall from the sky” nor do they “just happen.” We give them to ourselves slowly, one day at a time, over a long period of time, by the way we live, think, act, eat, and handle stress. We give ourselves cancer – and every other disease that we develop. None of us do it on purpose. We do it ignorantly, but we do it just the same.

The Good News is that if we have done it to ourselves by the way we have been living, thinking, acting, eating, and handling stress – then we can REVERSE the disease by CHANGING the way we live, think, act, eat, and handle stress.

But we physicians are taught that cancer – and all other diseases – “just happen.” And that's what we are taught to tell patients. But if that is true, then you are totally helpless! You are at the mercy of the doctor – who has been taught to prescribe harmful Drugs or mutilating surgery – neither of which will make you well, and both of which are terribly painful. The doctor will tell you there is no other option – and he or she actually believes that, because that is what we all have been taught in our medical training.

Why are doctors not taught how to get people well from their diseases?

Because the Drug companies have enormous control over medical schools and the training doctors receive because drug companies provide a significant amount of the research funding for medical school research – in large part to develop more drugs! It's the old “golden rule” - “He who has the gold – rules!

Also, drug companies have enormous control over the medical journals and the articles they publish (which establish standards of medical practice) because the medical journals contain more pages of high-priced four-color advertising by the drug companies than actual pages that contain the medical articles. If a medical journal starts publishing articles that contain information on how to get a patient well **without** prescribing drugs to the patient, the drug companies will “pull” their expensive advertisements, and that particular medical journal will go bankrupt and cease to exist. So, it's not hard to figure out why medical journals refuse to publish articles on natural healing.

But why do doctors who develop cancer themselves almost always agree to have chemotherapy, even though they say beforehand that they won't?

Doctors don't know what else to do, because they have never been taught in their training how to get anyone truly well from any disease, including cancer. As stated above, all we physicians are taught in our medical training is, 1) to give the patient harmful drugs – drugs that cover up the symptoms but never cure the disease, and all these drugs have harmful side effects that often cause additional diseases. or, 2) cut out the patients organs or cut off his body parts, neither of which cures any disease because no disease has ever been caused by having “too many” body parts or “too many” organs.

Getting your car repaired

Suppose you took your car to a mechanic, telling him that your transmission's first gear was slipping, there was a knocking sound in the engine, and the “check engine” warning light was “on.” You left your car at the repair shop expecting the mechanic to call you to give you an update on what he found and an estimate on the cost of the repair.

But two hours later he called to tell you that your car was ready to be picked up. When you arrived at the shop, you asked the mechanic, “What did you do with the first gear that was slipping?”

He responded, “I took it out.”

Aghast, you said, “But I need first gear.”

But he nonchalantly responds, “It will work for awhile.”

“What about my ‘check engine’ warning light?”

The mechanic answers, “I cut the wires to the dashboard light. It won’t bother you anymore.”

Shocked at his answer, you continue, “And what about the knock in my engine?”

The mechanic hands you a pair of ear plugs and says, “Wear these. You won’t hear it anymore.”

As I state on my DVD, “Sorting Through the Maze of Alternative Medicine” – my response to that mechanic would be:

“You’re not a mechanic - - - you’re a Doctor!”

Because that is how we physicians are taught to treat patients. We are never taught how to fix what is wrong – to cure the disease. We are only taught either to cover up the symptoms of the disease by giving harmful drugs, or we are taught to cut out the patient’s organs or cut off his or her body parts.

You would never tolerate that “standard of care” from an auto mechanic, even though you **can** buy another car. But you tolerate that “standard of care” from a physician, even though you have only ONE body to last the rest of your life – and you can’t “buy” another one.

Your life and health are at stake! Yet you trust your doctor who knows less about repairing your body than your auto mechanic knows about repairing your car.

Cancer and ALL Other Diseases

And all this information on cancer applies to all other diseases as well. Doctors develop all the other diseases, including Parkinson’s and other neurological diseases, Heart disease and other cardiovascular diseases, autoimmune diseases, etc., at the same rate as the general population.

Here is an amazing illustration:

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The NIH employs more than 18,000 people including thousands of medical researchers on their 70 acre campus in Bethesda, Maryland, near Washington, D.C. **In 2010, the budget of the NIH was \$31 Billion**, all from the pockets of hard-working taxpayers.

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Dr. Bernadine Healy – First Woman Director of the NIH

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By **Grant Segall**

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Healy was a health commentator for CBS News and PBS-TV and columnist for U.S. News and World Report. She wrote or co-wrote more than 220 scholarly papers and **authored two books, including a chronicle of her brain cancer, which first struck in 1996.**



Sarah L. Volsin, Washington Post
Bernadine Healy in 2001. Healy died Saturday at age 67.

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Why have they failed so miserably? Because decade after decade they have continued to look in all the wrong places. They continue to develop more drugs, all of which are harmful and none of which cure disease. They continue doing genetic research as though cancer and other diseases can be cured by manipulating one's DNA.

But they refuse to study lifestyle factors. They refuse to accept the fact that we give life-threatening diseases to ourselves by the way we live, think, act, eat, and handle stress. Of course, one main reason they refuse to look at lifestyle factors is that would make all their high-rise glass and metal buildings, their thousands of medical researchers, their Billions of dollars of research funding, and their false erudition, completely irrelevant.

They would have to admit that diseases are **caused** by one's lifestyle – and therefore can be **reversed by changes** in one's lifestyle.

And they would be out of a job!

Someone has wisely said that the definition of insanity is doing the same thing over and over again, but expecting a different result. That's precisely what Organized Medicine, including the NIH, has been doing for the last hundred years. Going down the same research "road" that has failed for decades, yet expecting to have success.

Could it become any clearer that doctors do not know how to cure cancer?

So again, if doctors knew how to prevent or cure those diseases, they would not develop them – and die from them – themselves, which they do!

So what should you do instead of trusting your doctor – who does not know how to cure your disease (or his or her own disease) – because he or she has never been taught?

As mentioned above, we give ourselves disease slowly, one day at a time, over a long period of time, by the way we live, think, act, eat, and handle stress. It took you years to give yourself this disease, just as it took years for me to give myself breast cancer.

It doesn't matter if the disease is rare or common, whether it is early or advanced, or whether it is in a child or an adult, ALL diseases are caused by the same factors and ALL diseases can be Reversed by Changing those factors.

All a person has to do to **Reverse** his disease is to **Change** the way he (or she) is living, thinking, acting, eating, and handling stress. One must learn how to Stop doing the things that have caused his disease, and Start doing the things that will Rebuild his immune system, so his immune system can get him well and keep him well as God designed it to do.

But in order to get well, one must be willing to obtain the proper materials, study them diligently and repeatedly, and one must have the determination, commitment, tenacity, and self control to change his habits – the very habits that have made him sick in

the first place.

And just for the record, your doctor knows nothing about this information even though it is all found in the medical literature. In my workbook, "Getting Started on Getting Well," which is part of the Starter Package, there are 17 pages of abstracts from the finest medical journals in the U.S. and the world, showing why this Ten Step Natural Health Plan actually works.

For 15 years, I was on the faculty of one of the three most prestigious medical schools in the country, the University of California, San Francisco School of Medicine, as an orthopedic trauma surgeon, taking care of patients and training medical students, interns and residents. Yet I, like every other doctor, did not know how to cure disease – any disease. Fortunately, I did know how to surgically repair massive injuries of victims who had been shot or stabbed multiple times, or had fallen from great heights, or who had been severely injured in car crashes or other types of accidents. In situations like that, a surgeon is very necessary.

But trauma is very different from "disease." Indeed, trauma – accidents, DO "just happen." But diseases don't. Diseases are the result of many years of abusing our body by the way we live, think, act, eat, and handle stress.

But again, I, like ALL other physicians, did NOT know how to prevent or cure cancer or any other disease because all we are taught is to give drugs to cover up the symptoms, or to take out a patient's organs or cut off his body parts, neither of which cure cancer or any other disease.

I developed cancer because I was never taught how to Prevent or Cure cancer – or any other disease. And neither has any other doctor been taught how to do that.

Everything I learned to Reverse my cancer is well-documented in the medical literature, but I had to learn it on my own when I was diagnosed with cancer, because doctors are never taught this information during our medical training. In fact, we are vigorously taught that these natural methods do not work – a total fabrication that virtually all doctors embrace.

But I, and thousands of others, are living proof that you CAN get well – from ALL diseases – without drugs, including without chemotherapy drugs, without radiation, and without mutilating surgery.

All the information necessary to [Get Started on the Health Plan is in the Starter Package](#).

You aren't sick Because you have Cancer – You have Cancer Because you are sick!

Lorraine Day, M.D.

If you had a young child who was very sick with chicken pox, with pox marks all over the skin of his body, would you take that child to the doctor and ask the doctor to cut out all the pox marks in the child's skin – or burn them out – or poison them out - so the child "would be well?"

Of course you wouldn't!

You would know that the pox marks in the child's skin are a **local manifestation** of a **systemic disease** – a disease that affects the child's **whole body**. You would also know that when the child's body gets well, the pox marks on his skin will go away automatically. You would understand that your focus should be on supporting the child's recovery systemically – meaning the recovery of the child's whole body – rather than focusing on the pox marks.

The pox marks **aren't the cause** of the problem. The pox marks **are the result** of the problem. The child is not sick because of the pox marks. On the contrary, the child has pox marks on his skin because his whole body is sick with the chicken pox!

Even though chicken pox is a contagious disease (it can be transmitted from one person to another), and cancer is not contagious, the analogy is still true. If a person has cancer, **he is not sick because he has cancer, he has cancer because he is sick** – because his whole body is sick.

The cancerous tumor is not the **cause** of the person being sick, the cancerous tumor is the **result** of a body that is very sick, whether or not the person "feels" sick at the time he or she is diagnosed.

The focus must be on getting the whole body well – not on getting rid of the tumor. Because when the body gets well – the tumor will automatically go away – just like the pox marks in the skin of a child with chicken pox will go away when that child's body gets well.

Unfortunately, we physicians are all taught to focus on the tumor. We are, by default, taught to ignore the patient's general physical condition and do everything possible to make the tumor go away by using poisonous chemotherapy, by using burning radiation, or by mutilating surgery, even though those "treatments" will do serious harm to the patient's immune system – the one system the patient needs to get him well and keep him well.

Both chemotherapy and radiation CAUSE cancer. Every doctor knows that. It makes no sense to "treat" a cancer patient with a "treatment" that CAUSES cancer – the disease he already has – the disease the patient wants cured!

And no case of cancer has ever been caused by having "too many" organs or "too many" body parts. That's why cutting off one's body parts or cutting out one's organs will NOT cure cancer. The cancer will just come back in the same place, or a different place, or the person will develop a different life-threatening disease.

The ONLY way to cure a disease is to find out the factors that have caused it then change those factors.

"I'm healthy – except for the cancer, of course."

It's not unusual for a patient with cancer to e-mail those exact words to me. People believe their cancerous tumor is somehow isolated from the rest of their body, and even from their general health, as though the body is made up of isolated parts that have no relationship to each other. Why? Because that is what we doctors are taught in our training. And doctors believe the lie – and they pass the lie on to their patients.

Physicians apparently have forgotten that the same blood that circulates through the cancerous tumor also circulates through the rest of the body – and has been circulating through the patient's body for a long time before the cancer is diagnosed, because it usually takes a minimum of five years – or more - for a cancerous tumor to grow large enough to be detectable by any of the diagnostic methods we physicians have available.

That's why it's so ludicrous for a doctor to pressure you into surgery, chemotherapy or radiation "Right Away" as though the cancer just occurred "yesterday" and it must be eradicated as soon as possible (even by methods that are horrendously harmful to your body – methods that actually CAUSE cancer).

The cancer has been there for a long, long time when it is first diagnosed. It didn't just "drop from the sky yesterday," That's why everyone with cancer has time to educate himself or herself on the options available – particularly on how to actually REVERSE the cancer. I'm not suggesting that a person do nothing, or spend many weeks or months making up one's mind, but certainly one has 2 or 3 weeks to get educated on how he or she can get well without all the damaging effects of the only "treatments" that doctors recommend.

Cancer Doesn't "fall from the sky"

All Cancers, and all other types of diseases as well, do not "fall from the sky" nor do they "just happen." We give them to ourselves slowly, one day at a time, over a **long** period of time, by the way we live, think, act, eat, and handle stress, factors that suppress our immune system, the only system in our body that can get us well and keep us well.

In order to get well, we must reverse the damage we have done to our body over many, many years. We must learn how we caused our cancer, then we must learn how to stop doing the things that caused our cancer and start doing the things that will rebuild our immune system.

There are NO "Quick Fixes"

It took years for you to give yourself cancer, just as it took years for me to give myself cancer. And neither one of us did it on purpose. We did it ignorantly, but we did it just the same. We did it by the way we were living, thinking, acting, eating, and handling stress.

Because it took years for us to get ourselves sick, it takes time to reverse the damage we have done. Fortunately, it doesn't take as long to get well as it took us to make ourselves sick, but it does take time to reverse the damage we have caused in our body.

And in order to Get Well, we must be willing to spend the time necessary to learn **how** we made ourselves sick, and what changes we need to make to get well. The Health Plan is relatively simple – but it is not easy – because one must change almost everything about his or her life. One must have the determination, commitment, tenacity, and self control to do what needs to be done in order to Get Well.

And no one can do that for you. You must do it for yourself. You are the only one who can change your habits. You are the only one who can rebuild your immune system. And it must be done by totally natural methods, using only the things that God has created, and using them only in the form that God has created them – not modified by man.

You are the one who made yourself sick – so you are the only one who can make yourself well. And that is the Good News. You CAN do it.

Doctors will tell you that no one really knows what causes cancer, and that you are helpless to do anything for yourself. Instead, you must submit your life and health to the doctor who is not allowed by the medical establishment to use any methods of treatment for cancer other than poisonous chemotherapy, burning radiation, or mutilating surgery. What every doctor knows – but is unwilling to share with the patient – is that both chemotherapy and radiation CAUSE Cancer.

Again, it makes no sense at all to “treat” a cancer patient with a “treatment” that CAUSES the exact deadly disease that the patient already has!

But, unfortunately, that’s all we doctors are ever taught in our training.

The Causes of Cancer ARE Known

The Causes of Cancer have been known for many years. They are all well documented in the medical literature. But we physicians are never taught them in our medical training. In my Workbook, “Getting Started on Getting Well” there are 17 pages of abstracts from the finest medical journals in the world documenting the causes of cancer. I found them when I was struggling to learn how to reverse my severe, advanced cancer that took me to death’s door.

Unfortunately, we physicians are never taught this information in our medical training. We are only taught to 1) give harmful drugs, or 2) use mutilating surgery.

You are not Helpless or Hopeless

If you believe that your cancer “just happened” and the way you have been living, thinking, acting, eating, and handling stress had nothing to do with your developing cancer, then you have no choice but to bow to the white coats and accept all the poisonous chemotherapy, burning radiation, and mutilating surgery they will prescribe for you. You are helpless to help yourself.

But if you will spend the time to learn **how** you gave yourself your disease, and **how** you – and only you – can reverse it, you have enormous power in your hands, the power to change the way you have been living, thinking, acting, eating, and handling stress – and Get Well!

You are NOT helpless. Your situation is NOT hopeless. You CAN get well, but it will take perseverance, commitment, determination, tenacity, and self control to spend the time necessary to learn what you need to do to Get Well – and then Do It!

You must have the ability to “go against the flow” to “swim upstream” to “stand on your own two feet” and have the courage and strength to do what is right for your body even though your family, friends, and even strangers may ridicule what you are doing, and even though they will demand that you “believe the experts in the white coats.”

Few people are able to withstand criticism and ostracism. They want to be accepted by their peers. They want to do what the “group” does. They don’t want to be different – even to the point of losing their own life. It’s sad – but true.

But you don’t have to go that route. You can take charge of your own health and vow to change the factors in your life that caused your disease – and Get Well!

Do you want to be well? The choice is yours.

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Your Body is Designed to Heal Itself.

Why Not Help it - Rather Than Hinder it?

Lorraine Day, M.D.

Your body is designed to heal itself.

If you cut your hand – it will heal automatically, unless you deliberately put dirt in it, or you keep picking it open, or if your immune system is severely suppressed by the way you have been eating and living resulting in some very serious illness that causes delayed healing.

If you smash your thumb with a hammer, it will eventually heal, unless you keep smashing the same thumb with a hammer - EVERY DAY!

The point is that your body WILL heal itself UNLESS you keep **injuring** it.

But most people don't realize that they are "injuring" their body every day by the way they are living and eating. When we eat wrong and live wrong, these small daily "injuries" will result in a disease of one type or another. Unfortunately, doctors ONLY learn how to treat the **symptoms** of disease rather than addressing the root cause of the disease itself. Why? Because they are **never taught** the causes of diseases.

Doctors give DRUGS – ALL of which have side effects – and ALL of which harm the body! **And DRUGS only cover up the symptoms.**

The ONLY way to really **get well** and **remain well**, is to **STOP** doing the things that **cause** disease and **START** doing the things that **rebuild** the immune system, the ONLY system in your body that can **GET** you well and **KEEP** you well!

In my DVDs/videos, CDs/audiotapes and my Workbook, "[Getting Started on Getting Well](#)," I reveal the **causes of disease**. These causes of disease are ALL in the medical literature, but doctors don't know about them because we are **never taught** about them in our medical training. Why?

Because Medicine is **BIG BUSINESS – a multi-billion dollar business**. But getting well by Natural Methods is **NOT** expensive - and does **NOT** require a doctor. It can be done at home – **WITHOUT** drugs! And it **REALLY** does get you **WELL** by addressing the root cause of the disease rather than covering up the symptoms.

Drugs allow you to feel better, at least temporarily, but your disease is actually **getting worse!** Drugs **don't** heal your disease!

The prospect of getting well inexpensively by Natural Methods does not sit well with the Medical and Pharmaceutical Industries. Their goal, instead, is for you to feel helpless and hopeless when you are sick, so you will have to rely on **expensive** doctors and **costly, harmful** drugs!

But you don't have to GET sick or REMAIN sick! Diseases ARE curable once you STOP doing the things that CAUSE them. **YOU** can take charge of **your** health – as I did – and **GET WELL!**

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Doesn't EVERYBODY Die from Disease - of Some Kind?

Lorraine Day, M.D.

This world is run by laws – laws of chemistry, laws of physics, laws of astronomy, etc. These laws have an impact on us whether we know about them or not. If we are ignorant of these laws, or if we know about them but attempt to defy them, they are still controlling us whether we like it or not.

Take, for example, the Law of Gravity. The law of gravity works on everyone on earth. A baby, when he first gets up to walk, learns about the law of gravity because when he falls, he falls **DOWN** and not **UP!** And he may even hurt himself when he falls.

The baby may not know the name of the law of gravity, but he understands the law of gravity nonetheless, at least in its most primitive form.

If an adult chooses to **defy** the law of gravity by jumping from a high building, he still is going **down**, and he may seriously injure, or even kill, himself. It is clear that the law of gravity is working on **everyone** whether we like it or not.

One must learn to live **within** this law – and the other natural, scientific laws that govern our world - or we may reap serious consequences, even death, as a result of our disobedience to these natural laws.

Ten Natural Health Laws

It is the **SAME** with our health. Our health is governed by Ten Natural Health Laws whether we know about them or not, or whether we like them or not. These laws are immutable. No one is exempt from them. If we are ignorant of these Health laws, or if we deliberately defy these health laws, we have an overwhelming likelihood of developing a serious, life-threatening disease and dying a long, slow, extremely painful death.

However, if we **understand** these Ten Natural Health Laws and learn to live **within** them, the chances are great that we will live a long, healthy, pain-free, enjoyable, full, active life – **without** disease. And when we are very old, we will just wear out, and die by going to sleep – **without** disease and **without** pain.

These Ten Natural Health Laws are given on all of my DVDs/videos, but are explained in detail on my DVD/video entitled "[You Can't Improve Upon God.](#)"

The **ONLY** way to **become** healthy and to **remain** healthy is to follow these **Ten Natural Laws of Health**. Any other way to attempt to regain - or retain - one's health is nothing but a transient "Quick Fix" – a treatment of symptoms rather than addressing the root cause of the problem. This may make you feel better temporarily but the **disease will continue to get worse** while you are **deluding yourself**.

In order to be **REALLY WELL**, one must address the root cause of the problem. And that is **ONLY** done by following the Ten Natural Laws of Health.

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How One Wicked Nation Can Kill Billions Around the World - - With One Lie!

January 24, 2006

Lorraine Day, M.D.

When the wicked leaders of a wicked nation want to:

- Create FEAR and CHAOS and TERROR throughout the world
- Take away the rights of citizens in every nation in the world
- Create a world-wide pandemic and annihilation of a large segment of a nation's population by forced vaccinations that secretly contain live bacteria and viruses for AIDS, herpes, hepatitis, and small pox, as well as preservatives made from mercury that cause brain damage and autism
- Control every country in the world by allowing the World Health Organization (WHO) to enter and take over their emergency medico-political apparatus and place embargos or quarantines on the entire country
- Eliminate the Posse Comitatus Act of 1878 which bans the military from participating in police-type activity on U.S. soil. This act specifically prohibits the government from using the military against its own citizens. (This Posse Comitatus Act was severely violated at Waco, when U.S. military troops were used against the Branch Davidians.)
- Help create famines in order to annihilate a large portion of the world's population by killing off the food supply of any and every nation, by killing their chickens, turkeys and other birds used for food.
- Declare martial Law and suspend the Constitution

All they need to do is create - **out of thin air** -

the Bird Flu "Pandemic" **HOAX!**

Almost daily, the newspapers, radio stations and television programs pummel us with news of the coming Avian Flu "pandemic" and the necessity of developing vaccines and instituting mandatory vaccination programs - - - for EVERYBODY!

President George W. Bush has spoken repeatedly of a "Military Takeover In Case Of A Flu Outbreak." (CNN October 4 & 5, 2005) and possible quarantine of the victims of bird flu! "I'm concerned about what an avian flu outbreak could mean for the United States and the world," the President told reporters during a Rose Garden news conference.

The Posse Comitatus Act of 1878 bans the military from participating in police-type activity on U.S. soil. It was enacted to prohibit the government from using the military to control or attack the citizens of its own country. Bush began discussing the possibility of changing or eliminating this law in the aftermath of the government's sluggish response to civil unrest following Hurricane Katrina. If this is done, it would allow the government of the United States to use military troops against its own people (as was already done in the Waco tragedy).

Symptoms of Bird Flu

Let's examine the widely heralded (supposedly) coming Avian Flu Pandemic and what impact it could possibly have on the U.S. and the World!

1. What are the symptoms of bird flu in humans?

According to the web site of the (WHO) World Health Organization (www.who.int/csr/don/2004_01_15/en/), the symptoms of **avian** influenza (Type H5N1) are:

Fever

Sore throat

Cough

And possibly, viral pneumonia

The web site of the (CDC) Centers for Disease Control (www.cdc.gov/flu/avian/gen-info/facts.htm) gives the following symptoms for **avian** flu:

Fever

Cough

Sore throat and muscle aches

And possibly, pneumonia

Another area of the web site of the CDC at www.cdc.gov/flu/avian/professional/han020405.htm gives the following symptoms for Avian Flu:

documented temperature of >38 degrees C

(>100.4 degrees F), AND one or more of the following:

cough,

sore throat,

shortness of breath, AND

History of contact with poultry (e.g. visited a poultry farm, a household raising poultry, or a bird market) or a known or suspected human case of influenza A (H5N1) in an H5N1-affected country within 10 days of symptom onset.

Please note: A temperature of 100.4 degrees Fahrenheit can be generated on a hot day in a totally healthy person who has NO disease whatsoever! This is a medical fact.

A cough can occur from a cold, allergies, asthma, air pollution, certain medications, from smoking, or many other causes.

All these symptoms are non-specific, meaning they can occur in any combination with a host of medical conditions totally unrelated to bird flu OR regular flu.

So it's possible for the government to quarantine a person for an indeterminate period of time, jeopardizing the person's job and income, if he or she has a **cough on a hot day!** (Remember, the symptoms are: a temperature of >100.4 F AND one or more of the following: cough, sore throat, shortness of breath, OR contact with any type of bird.

2. What are the symptoms of **REGULAR flu** (NOT avian flu)? These are also given on the CDC's web site at www.cdc.gov/flu/keyfacts.htm. They are the following:

Fever of 100.4 degrees F or higher

Headache

Extreme tiredness

Dry cough

Sore throat

Runny or stuffy nose

Muscle aches

Stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur but are more common in children than adults.

3. Question: How does anyone differentiate the symptoms of AVIAN FLU (bird flu) from the symptoms of REGULAR FLU?

Answer: As a physician, I can tell you that it is IMPOSSIBLE to tell the difference!

“How many people die each year from REGULAR FLU (NOT bird flu)?

“The Centers for Disease Control (CDC) states, “Every year in the United States, on average, 36,000 people die from flu.” (<http://www.cdc.gov/flu/keyfacts.htm>)

But this is a deliberate deception by the CDC!

“Below are the actual number of flu associated deaths from 1999 to 2002 from the CDC National Vital Statistic Reports

(http://www.cdc.gov/nchs/data/nvsr/nvsr52_13.pdf):

753 deaths in 2002 (page 16 of report)

257 deaths in 2001 (page 16 of report)

1,765 deaths in 2000

1,665 deaths in 1999

“How does the CDC get from 753 flu deaths to its statement that 36,000 flu deaths occur annually?

“By combining flu deaths with pneumonia deaths. The CDC National Vital Statistic Report for 2002 lists Influenza and Pneumonia as the 7th leading cause of death in 2002. You probably already guessed it – **only 753 of those deaths were flu-associated** and the rest of the 36,000 were pneumonia-associated. If all flu-associated deaths are removed, pneumonia associated deaths still ranks number 7 by itself. The media used the false 36,000 deaths number in its coverage – 50 times the actual 2002/2003 number.

“Are the 257 to 1,765 reported annual flu deaths from 1999 to 2002 even accurate?

“No. It is not possible to determine the actual number of deaths caused by the flu because the **CDC has no death certificate category** for deaths caused **only** by the flu. The CDC has three basic categories of flu deaths:

1. influenza plus pneumonia
2. influenza plus other respiratory manifestations/symptoms
3. influenza plus other manifestations/symptoms (non-respiratory)”

“Health professionals may try to justify the legitimacy of combining flu deaths with pneumonia deaths with the statement that “influenza leads to pneumonia.” But **the facts do not support** this frequent, broad misstatement by health professionals.

“The American Lung Association (ALA) describes pneumonia as having over 30 different causes (one being the influenza virus). Neither the CDC nor ALA know the specific causes of the pneumonias that resulted in death. However, we do know that influenza is not the major cause.

“Keep in mind that the **influenza vaccine provides no protection from bacterial infections**. The National Institute of Allergy & Infectious Disease as well as other health agencies estimate that the single bacteria – streptococcus pneumoniae – is responsible for 15% to 50% of ALL cases of pneumonia in the US, including up to 40,000 deaths annually (<http://www.niaid.nih.gov/factsheets/pneumonia.htm>)

“Pneumonia is also caused by other bacteria such as Staphylococcus aureus (staph), Pertussis (whooping cough), Streptococci, and Mycoplasma pneumoniae (a common cause of “walking” pneumonia). There are also many non-infectious causes of pneumonia such as asthma, aspiration of fluids, immunodeficiency, etc.

“So, it stretches credibility to assert that the flu causes pneumonia when, in fact, the data shows that it only causes a small minority of cases of pneumonia.”

CDC, Media Hype The Flu – Facts Show Different Picture Health Supreme by Sepp Hasslberger.
Statistics compiled by Frank Hartman.

http://www.newmediaexplorer.org/sepp/2004/11/06/cdc_media_hype_the_flu_facts_show_different_picture.htm

My Talk With The CDC

Several months ago, I called the CDC and spoke with one of the doctors in the “Flu Division.” I identified myself by name and as a physician, and he gave me his name and position. I asked him how a physician like myself could possibly differentiate “Bird flu” from “regular flu.” He answered, “You really can’t.”

I asked him if we physicians were asked to go house to house to check for people with bird flu with the possibility of quarantine of the patient (for how long?) and the potential for the quarantine to cause the person to lose income or even to lose his job, how could we distinguish “Bird flu” from the “regular flu”? He agreed it would be virtually impossible.

Then I asked him why President George W. Bush was publicly contemplating QUARANTINE for these patients? His response was, “He didn’t get that from us here at the CDC. That’s ALL politics!”

But Now The CDC IS Talking About Quarantine (I guess they got the message!)

Recently, Julie Gerberding, M.D., Director of the CDC, publicly discussed the possibility of quarantine as a method of controlling the “Bird flu” even though, by their own admission, it’s impossible to tell “Bird flu” from “regular flu.”

Remember SARS? How Does SARS fit into all this? What Are the Similarities Between “Bird Flu” and “SARS”? (according to the CDC’s own website)

1. They have IDENTICAL symptoms:

Fever of 100.4 degrees F or higher

Headache

General discomfort and body aches

Possibly a dry cough with mild respiratory symptoms

NOW, the question here, of course, is: How does one distinguish the symptoms of “Bird Flu” from “SARS”?

Answer: **It is IMPOSSIBLE!**

“Bird Flu,” “SARS, and Regular Flu ALL have the SAME symptoms!

How Interesting!!

SARS Was “Billed” as a Coming, Frightening Pandemic!

But just how many people have **died** from SARS?

According to the website of the World Health Organization (WHO), as of January 21, 2005, the statistics for SARS are as follows:

a. 8439 people – **worldwide** - have “been affected” – whatever that means! Does that mean they contracted the disease of “SARS” but didn’t die, or does that mean that they were “affected” because they or someone in their family was just **exposed** to SARS but did not get sick? The World Health Organization doesn’t tell us.

(“Been affected” is NOT a medical term and the WHO doesn’t explain what they mean. It sounds like the World Health Organization is trying to make the numbers sound bigger than they really are.)

b. And 812 deaths **WORLDWIDE** - **over a period of the last 3-4 YEARS!** (If, indeed, we can believe ANY of the figures we receive through the commercial media!)

Now Let’s Put This In Perspective!

Are you aware that **EVERY DAY** in the U.S. ALONE, more than **1,400 Americans die from Heart Disease?**

Remember, that's **EVERY DAY!** - - - - In just **ONE country!**

It is absolute **NONSENSE** to classify "**SARS**" as a **potential pandemic!** This is **NOTHING** more than **rank propaganda!** **812 deaths from SARS – Worldwide – over 3-4 years - compared to 1,400 deaths per DAY from heart disease in this country alone!**

But SARS Did not Spread Fast Enough to Produce a Pandemic

Because "SARS" did not spread fast enough from country to country to create the Pandemic that was Predicted (and PLANNED for by the New World Order) – something else had to be done!

They had to develop - -

"SARS" With Wings!! - - "Bird Flu"!!

Now they (the WHO – run by the New World Order) can have this disease flying from one country to another country wherever they want it to land. In addition, it allows them to destroy a significant portion of the food supply of any country they wish – the chickens, turkeys and other birds used for food by the population of these various countries. The New World Order has found that one excellent way to control a country is to control (or eliminate) their food. (See the United Nations quote at the end of this article!)

Is This Just "Terror Talk"?

How does one discern "Terror Talk"? How does one differentiate Truth from Propaganda?

Pay careful attention to the words in the title of the articles, and the (unfounded) assumptions and pure speculations made by the author both in the title and throughout the article. Here are a just a few REAL examples from some "Bird Flu" articles posted on the internet and in the print media in the last few months:

Indonesia – New Suspected Human Bird Flu Case (Web-Posted 1-8-06)

Notice that this is only a "suspected" Human case. In many, if not most, instances, the "suspected" case turns out not to be Bird Flu. But the public is never informed, leaving the impression that the case is real.

Mystery – Bird Flu Fails to Migrate As Expected (Posted 12-29-05)

The word "Mystery" is calculated to create fear in the reader, fear that no one will know what to do or how to stop the supposed "epidemic." This article also suggests that "bird flu" is NOT traveling with migratory birds. (Maybe that's because it's NOT "Bird" flu!)

Bird Flu: How Worried Should You Be? USA TODAY , Oct 11, 2005

Notice that the title is assuming you should be worried! The ONLY question is HOW worried should you be. This is cleverly crafted to create unwarranted fear in the reader.

Bird Flu Could Pose Enormous Threat To US Economy Posted 12-9-05

Bird Flu "Could" do anything in the world that the author of the article can conjure up in his imagination. The use of the word "could" defines this article as pure propaganda. The article contains projections that have no basis in fact, including exaggerated mortality rates, and a preposterous figure of 30% of the population being affected. NOWHERE in the world, is this happening. This type of propaganda is shameful to the author and offensive to any reader who is a thinking person.

Dangerous Unique H5N1 Mutation in Ukraine? Posted 12-10-05

Notice the question mark at the end of the title. Nothing in the article has been verified. This should not even be reported until it is verified. This type of title (particularly beginning with the word "Dangerous!") is specifically designed to put the question into the reader's brain as though it is a fact. It is not fact. It is irresponsible to headline articles in this way.

Extensive H5N1 Human-To-Human Transmission In Indonesia? Posted 10-22-05

Here again we have the question mark! The information in the title is designed to be planted into the reader's brain as fact – when it is only a question. This is a deliberately inflammatory title. This is irresponsible journalism. In addition, the article refers to only 7 or 8 cases, linked to what is termed four familial “clusters.” The word “cluster” is being used to imply that there are a number of cases of human-to human-transmission. On closer examination of the article, the reader finds that the author is using the word “cluster” to describe only TWO people. “TWO” people cannot be referred to as a “cluster.” Again, this is deliberately misleading, and irresponsible journalism designed to strike fear into the heart and mind of the reader, as well as to imply that this (non) disease WILL cause an epidemic.

Is H5N1 Wild Bird Flu In Canada? Posted 11-17-05

Again, watch for the question mark at the end of the title. The author is deliberately propagandizing the reader by implanting the question as a “fact” in the reader's mind. But it is NOT a fact and should never be reported unless it IS a fact!

Turkey H5N1 Is Recombining With Mammalian Polymorphisms Posted 1-14-06

The average reader would have no idea what this author is writing about and does not have the background to understand anything in the article. All the reader will see is the title, and in the title the words “Turkey H5N1” and “Mammalian.” This is designed to implant in the reader's mind the idea that “Bird Flu” is mutating into “Mammalian” or Human “Bird” flu. The purpose, again, is to create fear in the reader that the epidemic is getting worse, when, in truth, the article gives NO evidence to support that notion.

Several solid rules for judging whether an article is propaganda, are:

1. Watch for speculative terms. If the title ends with a question mark this is pure speculation. This allows the author to use his wildest imagination in developing a scenario to cause fear and panic.
2. Again watch for speculative terms. If the title contains the word “could”, this is pure speculation. This, again, allows the author to fabricate any outcome he chooses.
3. If the title contains inflammatory words such as “Dangerous” “Suspect” “Mystery” “Worried” “Fear” “Explode”, the chances are extremely high that this is pure propaganda designed to create fear.

Human Deaths From “Bird Flu”

How many deaths from Human “Bird Flu” have been reported to date?

Approximately 65 deaths in Asia (the main area this “disease” supposedly has affected) from Human cases of “Bird Flu” have been reported by the World Health Organization (WHO).

According to the Internet World Stats (Usage and Population Statistics), the population of Asia is 3,622,994,130. That's 56.4% of the World's population.

If we divide 65 (supposed deaths from “bird flu”) into 3,622,994,130 people in Asia, the answer is approximately 54 million. That means that in Asia there has been **ONE death for every 54 MILLION people!** - - - HARDLY the statistics necessary to predict a frightening “Pandemic!” OR to call out the military forces!

That would be similar to declaring an epidemic of “Bird Flu” in the United States with only 5 or 6 deaths in the entire country! That, of course, would be ridiculous!

But why should we be surprised! George W. Bush is talking about declaring martial law and calling out the military when there has been NOT ONE SINGLE DEATH - - - OR EVEN ONE PERSON INFECTED with “Bird Flu” in the entire country!

This is nothing more than Fear-mongering Propaganda!

And What Are Our Sources of Information? Can We Trust Them?

We know that the commercial media, including television and the newspapers, is owned by a handful of people, the vast majority of whom are Zionist Jews. (If you don't believe it, just search the web for the owners and CEOs of the TV networks and the major newspapers.) Here are some of their quotes, demonstrating that we cannot expect to hear truth through their news outlets:

Richard M. Cohan, Senior Producer of CBS political news said: “We are going to impose OUR AGENDA on the coverage by dealing with issues and subjects that WE choose to deal with.”

Richard Salant, former President of CBS News stated: “Our job is to give people not what they want, but what WE decide they ought to have.”

John Swinton, Former Chief of Staff for the New York Times, called by his peers “The Dean of his Profession” said in 1953: “There is no such thing. . . as an independent press. . . If I allowed my honest opinions to appear in one issue of my paper, before twenty-four hours my occupation would be gone. The business of the journalist is to destroy the truth; to lie outright; to pervert; to vilify; to fawn at the feet of mammon, and to sell his country and his race for his daily bread. . . We are the tools and vassals of rich men behind the scenes. We are the jumping jacks, they pull the strings and we dance. Our talents and our lives are all the property of other men. We are intellectual prostitutes.

Needless to say, Commercial Television and the Newspapers have completely ceased to be repositories of truth. They are not trustworthy in any way.

How about the Internet?

Information on Bird Flu comes primarily from the web sites of the following organizations:

The Centers for Disease Control

The World Health Organization, and

ProMed/ISID (International Society for Infectious Diseases)

How reliable are these organizations?

The Centers for Disease Control (CDC)

This is a highly politicized government organization. For example, the AIDS Information Hotline at the CDC, where one would call to find out how to be safe from AIDS, is run, not by the CDC! - a group that has the HIGHEST rate of AIDS in the country! Obviously, they have not learned – or don't wish to practice – how to prevent AIDS!

If it is true, as it strongly appears to be, that “Bird Flu” is a HOAX, perpetrated by the government on the public to create fear, take away personal rights, make money on vaccinations and drugs for “bird flu”, cause real pandemics of disease and death by placement of other disease-causing organisms in the supposed “bird flu” vaccines, destroy huge numbers of turkeys, ducks and other birds to assist in causing massive famine, all of which will help decrease the population of the world, - - - then if a CDC employee, including the Director of the CDC, refused to go along with the government propaganda, he or she would be fired for insubordination.

So the CDC is not a trustworthy source of information about “Bird Flu.”

The World Health Organization (WHO)

The World Health Organization is the Population Control/Euthanasia/Genocide arm of the United Nations. The WHO has the same problems of bias and oversight as the CDC.

The United Nations ultimate goals are 1) the redistribution of wealth throughout the world, 2) a vast and rapid reduction in the population of the world for “sustainable development”, and 3) the elimination of nation-states with the implementation of a One World Government.

In conjunction with Illuminati members such as Prince Philip and Prince Charles of the U.K., they want to return the world to what they term a “Post-Industrial” or “Feudal Society” where there are only three main classes of people – The feudal lords (who own ALL the land), the administrators who work for the feudal lords, and the slaves, who work the land. (If you have any doubts about these issues, use your search engine to find information about the Illuminati, “Sustainable Development”, “Feudalism”, the “Georgia Guidestones - America’s Stonehenge”, One World Government, and Population Control. Dr. Stan Monteith’s website www.radioliberty.com has excellent information to get you started.)

One efficient way of reducing the population of the world, the Illuminati has found, is by the **deliberate spread of disease**. Bertrand Russell, and advisor to several presidents, wrote in his book, *The Impact of Science on Society*,

"At present the population of the world is increasing... War so far has had no great effect on this increase... I do not pretend that birth control is the only way in which population can be kept from increasing. There are others... If a Black Death could be spread throughout the world once in every generation, survivors could procreate freely without making the world too full... the state of affairs might be somewhat unpleasant, but what of it? Really high-minded people are indifferent to suffering, especially that of others."

For thousands of years, all the way back to Nero - and probably before, dictators have controlled their subjects by Fear and Terror! It is no different now. The phony "War on Terror," promoted by U.S. President George W. Bush and his "Neo-Conservative" Zionist-Jewish controllers, such as Bill Kristol, Paul Wolfowitz, Richard Perle, Douglas Feith, Dov Zakheim, Natan Sharansky, and others like them, is designed to terrorize Americans into giving up their rights (Read the Patriot Acts – I & II) whereby they will become slaves of the New World Order.

What could possibly be George W. Bush's reason for doing this? Don't he and his controllers like us common Americans? The answer is a firm "No." In fact, they refer to us as "Useless Eaters!" Leaders of countries rarely have the best interest of their citizens at heart. If you doubt this, please read *Death by Government* by R. J. Rummel, a book that exposes genocide and mass murder by government. This extensively referenced book reveals that many more citizens have been murdered by their own government leaders than have been killed in war by foreign powers!

Recently, General Leonid Ivashov, the former Chief of Staff of the Russian armed forces when the September 11, 2001, attacks took place, said during the Axis for Peace 2005 Conference, and now explains publicly, that "international terrorism does NOT exist and that the September 11 attacks were the result of a set-up. What we are seeing is a manipulation by the big powers; this terrorism would not exist without them." (Posted at www.rense.com 1/22/06)

He explains that this "Terrorism" talk is the weapon used in a new type of war in complicity with the media, which allows modifying international politics and changing existing reality. In other words, "Terrify the people with incessant talk of "Terrorism" so they will give up their rights and become malleable slaves in the hands of the New World Order."

So the World Health Organization of the United Nations, which is also promoting this myth of the "War on Terror" is NOT a trustworthy source of information about "Bird Flu."

What about the Internet News Outlet – ProMed/ISID? Is it trustworthy?

Let's investigate who funds ProMed/ISID.

On their website (www.promedmail.org - and click on "About ProMed-mail), you will find the following:

"ProMed-mail and ISID are grateful to the Gates Foundation, the Rockefeller Foundation, the Oracle Corporation, the Nuclear Threat Initiative, and an anonymous donor for financial support.

Who are these Donors?

The Gates Foundation has been set up by Bill Gates, a Zionist Jew, to promote the Zionist Jewish agenda, which is the same as the Illuminati's agenda. Their agenda includes a vast reduction in the population of the world, including the United States, by war, pandemic disease and famine.

The Rockefeller Foundation has the SAME agenda as the Illuminati and the Gates Foundation. David Rockefeller, a member of the Illuminati, is a founder and member of several organizations such as the Trilateral Commission, The Bilderbergers and the Club of Rome, whose purpose is to a) set up a One World Government, b) control ALL business throughout the world and, c) dramatically and rapidly reducing the population of the world from 6 billion to 500 million, by war, disease and famine. (Verification for this is readily available on the internet and in many fully referenced books.)

The Oracle Corporation

Oracle's CEO is Lawrence Joseph Ellison who is identified as a Jew on the Oracle Corporation website. His biography on that web site states that "Larry Ellison was born out of wedlock to a 19-year-old mother, and raised by her aunt. Oracle Corporation went public in 1986 and was on the verge of bankruptcy by 1990 when it was revealed that its revenues had been "overstated" for several years. . . Ellison's net worth dropped about 3 1/2 BILLION after September 11, as stocks plummeted and Oracle stock lost almost 50% of its value."

It certainly is curious how a little boy, born in the Bronx to a 19 year old single girl could, before the age of 50, amass a fortune large enough to LOSE 3 1/2 BILLION dollars!

The Nuclear Threat Initiative

The Nuclear Threat Initiative is run by Ted Turner who is infamous for wanting to eliminate a large majority of the world's population.

So there we have it. If we're going to evaluate ProMed/ISID, we must realize that its funding (and therefore its control) comes from groups, all of which have the goal of depopulating the earth.

How can we believe anything that comes from ProMed/ISID? Most certainly they would want to promote a Pandemic by propaganda! Nothing could please them more.

Also, anything that comes from the Zionist Jewish-controlled commercial media must be highly suspect!

Others who regularly Post "Bird Flu" Information on the Internet

Two others who regularly post information on "Bird Flu" on the web are: Henry Niman, Ph.D., and a woman with the internet name of Patricia Doyle.

In order to assess the veracity of any individual who posts information on the web or who speaks as an expert, it is necessary to be able to verify their qualifications.

Henry Niman, Ph.D.

Henry Niman received his Ph.D. at the University of Southern California in 1978 and took a post doctoral position at Scripps Clinic and Research Foundation, according to his website. His qualifications are verifiable. He is the Founder and President of Recombinomics, Inc., a company that, monitors viral recombination, a process that can be used to enhance vaccine development and allow vaccines to be prepared before viruses emerge," according to his web site, www.recombinomics.com.

Since Dr. Niman's company is heavily involved with the vaccine industry, and therefore, would significantly benefit financially from a "Bird Flu" pandemic, he certainly could have a real conflict of interest in the "Bird flu" situation. Much of the information he posts would be very difficult, if not impossible, to verify, as the cases of supposed "Bird Flu" come from obscure, tiny towns and villages - the smallest "nooks and crannies" on the globe.

How does he get this information?

Where does he get this information?

What are his sources?

It has been over two months now since I e-mailed him, asking him those questions, and to date I have received no response!

Patricia Doyle

Patricia Doyle (she admits that this is not her real name) chooses to remain a mystery. She uses the initials Ph.D. and D.V.M. after her name but she refuses to state where or when she received those degrees. I have e-mailed her directly asking for that information and she has refused to divulge it.

But she has admitted that she has NOT completed her Ph.D., yet she continues to use those initials after her name. This is Scientific Fraud!

She will not state WHERE she received her degrees!

She will not state WHEN she received her degrees!

She will not give her real name.!

This is totally unacceptable in the scientific world, and is insulting to the general public.

Why would anyone, especially a "professed" professional person, withhold this information unless she is deliberately lying about her qualifications and whether or not she actually holds these degrees.

Apparently she has shared some of this information with one individual who is not in the scientific world. But again, none of the information can be verified.

Until she comes clean and answers these questions for the entire public, she has no right to be considered an expert of ANY kind, nor should she have a forum on which to espouse her comments.

Her belligerence in deliberately withholding this information from the public, coupled with her promotion of the information on the (Illuminati/Zionist-Jewish-funded) ProMed/ISID website raises serious questions about the possibility that she is an infiltrator and a Zionist-backed disinformation agent.

So how can anyone believe anything she says?

So, How DO We Find Truth?

You may ask, "How can we believe anything? How do we make a judgment on what is really going on?" The answer is, we can learn to evaluate what they are saying about this supposed "pandemic" in the following ways:

- 1) The media and the New World Order/Zionist Jewish cabal are using all sorts of hyperbole when discussing this "Bird flu," exaggerations that are in no way warranted. (When something is REALLY going on, such as Mad Cow Disease – or AIDS, especially in the 90's – the government was/is covering up and down-playing the truth on both issues.)
2. As mentioned above, the incidence of "Bird flu" in Asia (even if we could believe their figures) is 1 in 54 MILLION – hardly what one would call a "Pandemic"!
3. Even with ALL their efforts, the Illuminati/Zionist Jewish cabal was not able to propagandize the public enough to get them to believe the lies about SARS! So they had to create, out of thin air – "Bird" Flu – which is nothing more than SARS "with wings."

Now they can have this "disease" flying all over the world, wherever they want it to land (and how convenient to have it land in countries that are the enemies of the Zionist Jews, such as the Arab/Muslim nations of Indonesia, Bali, Iraq, Iran, and the City of Mecca, just in time for the Muslim pilgrimage, and in countries like Turkey and Korea who are both causing political problems for Israel and it's subsidiary – the United States.

Isn't it amazing that the birds infected with "Bird Flu" seem to gravitate to the countries identified by George W. Bush as the "Axis of Evil!"?

SARS (remember, it has exactly the same symptoms as "Bird flu") wasn't able to travel fast enough from country to country to create the "world-wide pandemic" the Illuminati had planned, so they had to come up with something with wings! Voila! - - - Bird Flu! SARS with wings!

4. The commercial media is pushing the propaganda of "Bird Flu" about as hard as any propaganda I have ever seen them promote, including the prospect of forced vaccinations. The greatest Weapon of Mass Destruction they can use on this country or any other country is mandatory vaccinations, vaccines that will contain the bacteria and viruses of multiple horrific diseases (a Super Vaccine containing numerous disease-causing live viruses and bacteria - something the CDC already admits they are developing) to be forced on EVERYONE!

Then the Illuminati will be absolutely sure to produce the "Pandemic" they desire, when billions succumb to the very diseases contained in the vaccine injection they received!

5. Real and dangerous diseases like AIDS and Mad Cow Disease, are purposely down-played and covered up by the government, even though they will eventually kill millions, and possibly billions, of people in the U.S. as well as many other countries.

But when a government purposely advertises, promotes, and exaggerates a disease, you can be sure that it's fake!

Why Would the U.S. Government and the U.N. Perpetuate this HOAX on America and the World?

Answer: Look who benefits – and How!

1. **Follow the Money:** Imagine the profits from forced vaccinations for every person around the globe! Followed by huge profits for the medical/industrial complex from drugs used for treatment,

hospitalizations, physician costs, laboratory costs, and medical personnel to enforce quarantines! The pharmaceutical, vaccine-producing, and other medically related corporations are owned by the very same people (or their close associates) who run the world. (See 1) *Bilderberg Profits from Bird Flu*, Christopher Bollyn, American Free Press, Nov. 14, 2005, 2) *World Bank To Put Up \$1 Billion To Fight Bird Flu* www.noticias.info/asp/aspComunicados.asp?nid=116016&src=0)

I have received numerous e-mails from Stock Market Investment companies, showing how an investor can make huge profits on the coming "Bird flu" pandemic!

2. Power and Control: Any individual, group, state or nation that, in any way, resists the formation of a One World Government, can be quarantined, embargoed, or imprisoned. The Rulers of the world can stifle or annihilate ALL dissent.

3. De-population of the world: So the world can belong solely to the rich few who rule in tyranny. They have already begun the de-population the earth by:

War, in almost every country around the globe

Abortion, and its #1 promoter - Planned Parenthood

Infanticide – Soon to come

Euthanasia – physician-assisted suicide, of the elderly and those who are ill

Terminator seeds – Seeds that produce fruit that does not, in turn, produce seeds (such as "seedless" watermelons). These initial seeds have been patented by the mega-corporations, so the farmer must buy new seeds every year rather than being able to save seeds from his own harvest. In addition, the farmer can only purchase the seeds from the owners of the mega-corporations. This becomes so prohibitively expensive that the farmer goes bankrupt.

Patented Genetically engineered food that can be withheld at will – to promote famines

Weather control to make growing areas into dust bowls to engineer world-wide famines (Search the web under "Weather Control.")

Destruction of the food supply of the world by killing off the turkeys, ducks and other birds used for food (because of the irrational fear of "Bird Flu") in addition to the destruction of cows (because of the REAL threat of Mad Cow Disease – which they are presently down-playing), and sheep (because of the REAL threat of "Scrapie" which is Mad Sheep Disease). This is one of the ways they will bring about massive famines that will starve to death millions of people.

Man-made Diseases, (such as AIDS) bioengineered in government and military laboratories to cause super-infectious world-wide pandemics.

Mandatory Vaccinations developed to CAUSE (not prevent) horrible, deadly diseases in those who receive them, as well as autism, sudden infant death syndrome (SIDS) and learning disabilities resulting from the mercury and other highly toxic substances vaccines contain. (See *Vaccines: Are They Really Safe and Effective?* by Neil Miller, New Atlantean Press at www.thinktwice.com)

All of these methods are designed to de-populate the earth so the world can be owned and ruled by the "favored few", those who say by self-proclamation, that they have the right and obligation to rule the world.

Here is a quote from the **United Nations**:

"Food is Power.

We use it to change behavior.

Some may call that bribery. We do not apologize."

Catherine Bertini, executive director U.N. World Food Program, Beijing, China.

U.N. 4th World Conference on Women, September, 1995.

In other words,

“Do as we say, or we’ll starve you to death!”

Don’t Be Deceived!

The Government Has Done This Before!

And They Are Doing It Again!

The Bird Flu Hoax is NOT the first time the government, organized medicine and the pharmaceutical companies have lied to the public to bring about fear, carnage and profits. They did it with the Swine Flu Hoax in the 1970’s and the vaccination-created Flu Epidemic of 1918.

Following are excerpts from the book entitled *The Swine Flu Expose* by Eleanora McBean, Ph.D., N.D., written in 1977 by a doctor who was THERE during the 1918 Flu Epidemic.

This booklet on Swine Flu hazards and fakery is part of a larger book on vaccination, titled, **VACCINATION CONDEMNED BY COMPETENT DOCTORS**. It is about time a large and comprehensive book of the long concealed facts about vaccination is brought forth. This is the largest and most informative book on the subject ever written in America. It contains data collected from medical records, army reports, and startling findings from researchers all over the world.

The book is intended to help combat the disastrous effects of vaccine promoters and their deceptive propaganda.

I have seen cancers caused by vaccinations, on the arms of people, exactly where the vaccine was injected. I have also seen paralysis and other tragedies caused by vaccinations. All these are unnecessary and avoidable by the application of information contained in the chapters of this book.

It will be noted that there are many repetitions of certain facts all through the book. There are two reasons for this. One is that some chapters are used as separate booklets like the chapter on SWINE FLU. The other reason is that the wrong information about vaccination has been drilled into the people from early childhood, so it is necessary to repeat the truth many times in order to re-program the thinking from false claims to the truth.

Truth wears no mask, she seeks neither place nor applause, bows to no human shrine; she only asks a hearing.-----Anon

SWINE FLU ANOTHER MEDICALLY-MADE EPIDEMIC

"Take the profit out of the manufacture and administration of serums and vaccines and they would soon be condemned even by those who are now using them"—George Starr White M D

At the present writing, October 1976, a group of medical opportunists have taken upon themselves the dictatorial authority to declare the threat of a sweeping epidemic of SWINE FLU which they said was similar to or related to the 1918 epidemic of Spanish influenza which wiped out 20,000,000 people world-wide. This declaration was supposed to scare all the people into their vaccination centers to be shot full of experimental vaccine poisons, while they, the promoters, raked in the profits. During the big polio vaccine drive, a spokesman for ParkeDavis one of the five drug houses making the vaccine stated "Our company will clear over \$10,000,000 on Salk vaccine in 1955 " Before they were through they had fleeced the people of over \$4 billion dollars on the Salk racket (See the chapter on POLIO CAUSED BY VACCINATION)

Most of the people had their eyes opened during the polio vaccine fiasco so now when the same poison pushers started to beat their drums again for swine flu vaccine customers, they were smart enough to see through the hoax and refuse the shots, even though the scare-head propaganda slogans said *swine flu is contagious and you can die if you don t get the shots*

However, the scare techniques and perhaps other inducements, worked on (the then acting) President Ford who has since been voted out of office—and none too soon. When the high pressure sales committee, Doctors Salk Sabin, Sencer, Mathews Cooper, etc marched into Ford’s office in March (76) and told him to hand over \$135,000,000 to support their private money making racket, he handed it over like a simple child without even bothering to ask them for a guarantee that their unproved vaccine would not kill the people—as it did in other vaccine drives—or that their claims were justified.

Their claims of *safety*, effectiveness and need have all been proved to be false during the past few weeks when the vaccine killed 113 people, nation wide, and paralyzed 75 in California alone. We do not have the reports from all 50 states, but if it is the same as in Calif. that would add up to 3,675 cases of

paralysis. Many coroners have been given orders by the doctors not to give out the swine flu casualties. So, we don't know all the facts yet, and we may never know unless we have a "Watergate" investigation.

\$5,000,000 LAW SUIT FILED AGAINST FLU PROMOTERS FOR CAUSING PARALYSIS

A radio newscast (Jan. 77) reported that one of the paralyzed swine flu victims has filed a \$5,000,000 suit against the vaccine promoters for causing his paralysis in December of 1976. His suit is against the instigators of the flu epidemic scare, who are Dr. David Sencer of CDC (Center for Disease Control) who spearheaded the vaccine campaign, and Dr. Theodore Cooper of WHO (World Health Organization), the Health Departments which promoted the shots and the six drug houses making the swine flu vaccine. (Why not Ford also and his Congress who financed it?) His complaint was that they had put out propaganda promising that the vaccine had been thoroughly tested and was perfectly safe, and that the swine flu was contagious and people could die if they didn't get vaccinated, and that they would be protected if they had the shots, and that the side effects, if any were "inconsequential."

Dr. Edwin Kilbourne, head of the Microbiology Department at Mount Sinai Medical School (L.A. Calif.) said he thought "the cases of paralysis were only coincidence."

Paralysis is known to be a common after-effect of vaccination—any kind of vaccine—and these 75 California cases were paralyzed shortly after their flu shots—and yet, this doctor says (in effect) "forget it—maybe it wasn't the vaccine that did it." If that is the kind of teaching and slipshod guesswork that our young medical students are getting it isn't surprising that the doctors come out of medical college all mixed up and unable to cure anything—not even the common cold or pimples. All they learn is how to suppress symptoms with poison drugs or mutilate the patients with unnecessary operations. 97% of the operations performed by U.S. doctors are unnecessary, according to the admission of doctors, themselves, who met to decide what operations would really be necessary in case of socialized medicine when there would be no profit in it for them. They decided that only about three percent (3%) would be necessary.

All the flu vaccine sales promises were lies—proved later by the deaths and disasters within a few hours after the shots.

The insurance companies which had insured the doctors and vaccine makers down through the years balked at this obvious vaccine swindle game. We wonder why Ford couldn't have taken a tip from these shrewd businessmen and also turned down the whole, questionable vaccine program. We wonder what inducements prompted Ford and Congress to let themselves be talked into financing not only the vaccine but paying the damage costs which could amount to billions of dollars judging by the large number of deaths and disasters already reported, plus those which have been hushed up by the vaccine promoters.

The most common remark we hear on the streets today is, "IT'S THE BIGGEST RIP-OFF OF ALL TIME."

The vaccine promoters and drug insurance companies, no doubt, remembered the multi-million dollar law suits following the devastating polio vaccine campaign of the 1950's when the Salk, Sabin, and Cutter vaccines caused thousands of cases of polio, death, and other disasters. The law suits flooded the courts and the vaccine promoters and drug houses had to pay out damages amounting to many millions of dollars.

The five pharmaceutical houses making the Salk vaccine were called the Rockefeller chain then, and it is the same ones now making the swine flu vaccine, with a few exceptions. The vaccine promoters wanted to dodge all financial loss—the cost of the vaccine and the damage suits, so they could make clear profit, while the taxpayers were saddled with both the payment of the vaccine and the damages, also. I doubt that the crime syndicate could run a more crooked racket than this government sponsored and financed caper, with all the profits siphoned off into the pockets of the medical and drug concerns.

If those smooth talking con-men had been holding a machine gun on Ford they couldn't have done a quicker and easier job of robbing this simple man who didn't even know enough to do a little investigating before dipping into the public till to finance a private money making scheme.

Ford was not the only guilty one in this conspiracy against the people. Most of the members of Congress gave their supporting vote.

Before leaving office Ford asked the taxpayers to give the Congressmen a substantial raise. We wonder if he wanted to reward them for their part in helping him support organized medical crime.

An AP news report in the Los Angeles Times (Dec. 3, 1976) with a headline: \$129 MILLION FEDERAL RAISE PROPOSED, says in part:

". . . Ford will put the exact rates of pay he thinks advisable into the budget submitted next month. Unless the House or Senate kills the proposals. (Are they likely to turn down a raise?) the members of the House and Senate will receive \$57,500 annually compared to the current \$44,600."

Are they worth it? Another report told us that most of our Congressmen are corporation lawyers with an eye to serving private interests. Their vote for giving \$135,000,000 of tax money to support a private medical racket (swine flu vaccine) would indicate that they are indeed working for "outside interests", and not for the good of the people who hired them to their high positions.

The same AP report also says: "The commission (to raise salaries) made it clear that it hoped to link the raises to a commitment by the three branches of government to come up with a stricter code of conduct on outside income and financial disclosures."

Does this mean that if they are given the big raise they must promise to tell the truth about what "outside interests" paid them extra to swing the "big deals" in their favor?

Public officials like this should not be given any raise at all; they should be given a dismissal and a prison sentence, plus confiscating the bribes they have taken from "big business".

SWINE FLU VACCINE TESTS PROVE UNSAFE

At the same time the vaccine promoters were telling Ford the vaccine was "tested and perfectly safe" they were still testing it on lab. animals, soldiers and little children. The ones who can't defend themselves.

In A REPORT TO THE CONSUMER (Sept., 75) by Ida Honorof, she presents a compilation of data from the National Institute of Health—Division of Biologic Standards, Bulletin of World Health Organization, and Dr. J. Anthony Morris, former Director of a branch of FDA Virus research. Dr. Morris' findings show that the flu vaccine, when inhaled by lab. animals "tended to enhance cancerous tumors."

Pregnant women had been on the preferred list for shots until findings indicated that certain substances in flu vaccine "could pose a serious threat of fetal damage to women who might become pregnant. . ."

In the report she reviews an article by Aurora Reich, Director of Scientific Communications, published in Indianapolis Star, which states:

"The virus itself (flu vaccine) has toxic properties, even after it is killed, which can cause fever and convulsions, especially in children. January Journal of Pediatrics carried the research of Doctors at Atlanta and Sheffield, England working together testing a purified killed influenza vaccine. They concluded that even the purified killed vaccine is too toxic (poison) to be given to children . . . The study showed 69% of the infants ran high fever 6 to 12 hours after vaccinations, and one had convulsions."

Other studies showed that about 10% had convulsions, and one died. One doctor pointed out that "there are 9 million children under 3 years of age. If 10% of them had convulsions, that would be 900,000 with convulsions.. (and how many deaths?) The routine vaccination of infants and children has not been recommended by the Public Health Service."

How tragic that these helpless little children are being used to test poison drugs—like laboratory animals. I thought that was against the law. It's deplorable to even use animals for this, as practically all the tests are for things we do not need, such as poison drugs, vaccines, unnecessary operations, etc. Yes, all vaccines are dangerous drugs. (See the chapter on HOW VACCINES ARE MADE)

Every once in a while we hear of an honest doctor who is not afraid to speak out and warn the people against vaccines. Such a man is Dr. James A. Shannon, of the National Institute of Health. He stated: "THE ONLY SAFE VACCINE IS A VACCINE THAT IS NEVER USED."

When it was proved that the vaccine was too dangerous to be used on children it should have been condemned and destroyed before it did any more harm, because if it is too dangerous for children or anyone else, it is too dangerous for all people.

Doctors who have been questioned, admit that they are not taking the shots for themselves or their own children.

The old, the ill and the other "high risk" cases are more sensitive to poisons and more readily broken down and killed by them, and yet, the doctors and vaccine promoters advised them to be the first in line to get the shots. I think they wanted to test the risky vaccine first on them to see what would happen and if it caused death and disasters the doctors could blame it on their old age or their various infirmities.

The doctors seem to consider these sick and elderly people expendable commodities of no importance. I saw an example of this when I sat in on a vaccine promotion meeting on USC campus (L.A.) recently, when the promoters were trying to drum up business and get the students to submit to the shots.

People in the audience started to ask questions of the doctor on the stand. They asked about the vaccine death that had occurred a few hours after the shots. He passed it off lightly with indifference saying that "they would have died anyway," or "They were old and probably had ailments that killed them." he made it clear that the vaccine promoters were not going to take any responsibility for their death dealing vaccines. He was one of the teachers at the medical school at USC. God protect us from the kind of doctors he would influence.

These vaccine casualties were not listed as such on the public records. The death certificates were falsified and causes were given other than the vaccine which killed them (See the chapter on FALSIFIED MEDICAL RECORDS.)

NO SWINE FLU EPIDEMIC

The whole swine flu scare was based on the death of only one soldier at Fort Dix, New Jersey (One report said October, 1975 and another said February, 1976). There was never any real evidence that he even had swine flu. There was a wide divergence of opinion among the doctors as to the real cause of his death. Some even tried to blame it on a walk he took when he was ill. An official diagnosis pronounced his death to be from *A-Victoria flu*, and not swine flu. All the soldiers at the camp had been inoculated with *Port Chalmers flu vaccine*, which was claimed to contain antigens to protect against all strains of flu. Shortly after the shots over 500 men got sick with the flu anyway, thus proving that the flu vaccine is a total failure and does not protect from the flu or anything else. 66 more were hospitalized at Fort Knox about the same time. We do not have the report from all the army camps but, it is quite certain there were a large number of cases of serious vaccine poisoning—no doubt, called by some other name, and death certificates falsified as is usually the case with vaccination deaths. The death certificates of vaccine poisoning usually read, "died of pneumonia" or hepatitis, or meningitis or something else.

The present flu vaccine they are using on the civilian population is just as ineffective and dangerous, and yet, it is being promoted all over the country with disastrous results. No matter how many casualties they have they are determined to use it as long as they can get away with it—because it is profitable. That is its one and only purpose.

Even if the swine flu had been the cause of the soldier's death, one case of a disease is not grounds to stage a nation-wide epidemic. It takes at least 30 cases of the same disease in the same locality to constitute an epidemic.

The vaccine promoters have been frantically trying to find at least one case of swine flu anywhere in the world to justify their custom made vaccination campaign. But they have not found one case—even among the swine. They heard of a man named Larry Hardison in Missouri who had a cold and they rushed to him to try to get a throat sample so they could make a case out of it. But he got well before they got the throat sample. Most of the cases of flu they check are caused by the vaccine itself.

There is no swine flu epidemic in U.S. or anywhere else in the world, and there is not going to be one either unless the vaccine promoters carry out their plan to vaccinate all the people; then there will be a full blown epidemic of vaccine poisoning—not flu.

There are already 113 recorded vaccine deaths and that is enough to be an epidemic of vaccine poisoning.

ALL VACCINES ARE POISON

Vaccines contain decomposed protein such as that which is taken from pustules on sick animals or putrefied eggs mixed with deadly drugs such as carbolic acid (phenol), mercury, formaldehyde (formalin), etc. Decomposed proteins can cause botulism, salmonella or other types of body poisoning. It's no wonder people drop dead after the shots.

All doctors who know the subject know and admit that all vaccines are highly toxic, and the after-effects are unpredictable. No doctor, laboratory technician or scientist can possibly determine the reaction the vaccine will have on each individual. It is impossible to know, in advance, the toleration point for poison which each person has. Therefore it is a deadly gamble—like Russian roulette—as to whether the vaccine will cause instant death (and that sometimes happens), or paralysis a few hours later, or cancer, heart trouble or TB a few years later, or kidney disease, liver damage, insanity (post vaccinal encephalitis—inflammation of the brain caused by vaccines) or some other chronic disease somewhere along the way.

Vaccine is even worse than Russian roulette because that kills only a few and they are usually other crooks, while vaccination kills thousands of innocent and trusting people.

FORD THE PUPPET

After the vaccine promoters "took" Ford for \$135 million, they told him to be a good boy and roll up his sleeve so they could photograph him having a shot to induce all the rest of the people to follow his example. They wanted to use him and his photo and influence as sales propaganda to sell their poison drugs. He obeyed like a puppet on a string.

No wonder the rest of the world is laughing at us. They see a fake epidemic—a mass poisoning campaign—and our national leaders dancing to the tune of the drug (vaccine) pushers.

Dr G. Nossel of the World Health Organisation said:

'You Americans ought to have your heads examined—No way would we permit it. . . There has been no proper investigation . . . The vaccine has not been properly researched. . . There are too many unknowns.'

From as far away as Australia, there are those in authority who are shocked to see that such a fraud should be permitted—even promoted by the U.S. Government, along with the medical establishment, notorious for their money making schemes.

Dr. Archie Kalokerines, medical superintendent of Colleranebri Hospital in Australia, called the swine flu immunization program "a plan for mass murder . . . If a person is susceptible, the vaccine may act as an immunological insult predisposing that person to things like pneumonia or anemia . . . If an individual is incubating another flu virus it can cause an immediate and severe attack of that disease. . . We don't know what the long term effects of this drug (swine flu vaccine) will be. It may predispose a person to cancer or other diseases . . ." (See the chapter on **CANCERS CAUSED BY VACCINATION**.)

The above statement is from an exclusive interview with the Glendale News Press (9/24/76) and reprinted in *A report to the Consumer*, by Honorof.

"Harry Nelson, Medical Editor for L.A. Times, reported on an American Cancer Society Seminar for Science Writers, and announced that microbiologists have uncovered new findings that incriminate vaccination. One of the participants was Dr. Robert M. Simpson of Rutgers University, N.J., who stressed that 'Immunization programs against flu, measles, mumps, and polio may actually be seeding humans with RNA to form proviruses which will then become latent cells throughout the body . . . Some of these could be molecules in search of a disease, which under proper conditions become activated and cause a variety of diseases including rheumatoid arthritis, multiple sclerosis, lupus erythematosus, Parkinson's disease and perhaps cancer.'" This quote is from the Honorof Report for June, 1976.

The chapter on **CANCER CAUSED BY VACCINATION** shows photographs of vaccine victims with cancers on the arms where the vaccine was injected.

From the NATIONAL HEALTH FEDERATION we hear, "The risks of life and health from the high incidence of fever and other side-effects of the swine flu vaccine are substantial. Public health experts estimate that approximately 15% of those inoculated will suffer disabling illness."

Our paid government health agencies who are supposed to warn us of health hazards are not doing it. It has been outsiders who have been busy spending their own time and money to find out facts and warn the people against this colossal medical fraud. One source we need to thank for this is THE NATIONAL ENQUIRER and their state-by-state probe to collect data on deaths from vaccination, cases of swine flu, if any, who started the vaccine hoax and why, etc. In their Nov. 2, 1976 article by Chuck Michelini and Dan Schwartz, they write:

"Blundering government health experts (?) are directly to blame for the trail of deaths in the swine flu program — because they failed to warn people of vaccination dangers. And the mass inoculation program is needless —because there are no cases of swine flu in the entire world.

"Those are the charges leveled by top medical experts — who say the swine flu threat was blown out of proportion, then sold to President Ford and the American public with scandalous "horror tactics."

"Government officials are trying to scare Americans into getting shots with totally misleading TV commercials that say swine flu is contagious — and newspaper ads saying 'you can die' if you aren't vaccinated."

Actually, swine flu is not contagious at all. Like other diseases, it is a cleansing effort of the body to force out the accumulated poisons that have been injected or eaten, breathed or taken in in some other way. Coughing, sneezing, sweating (fever), vomiting, diarrhea, rashes, eruptions, etc. are the manifestations of the unloading program and should not be interfered with by suppressive drugs or other medical meddling. Most drugless doctors say that most diseases heal normally if the patients stay at home in bed, in a quiet airy room with no food, no medicines, and no drinks except a little warm distilled water.

In case of a cold, most medical doctors say take two aspirins and drink plenty of liquids. That's bad advice because aspirin is a drastic heart poison and should be avoided entirely in all circumstances, and "liquids" — not specific enough. The patient could take that to mean coffee, tea, alcoholics, soft drinks (all of which are poison) or soups, fruit juices, ice water, etc. all of which are harmful in illness. Reasons are given in another chapter.

Although the medical and government propaganda mills sent ads to the major newspapers warning "You can die from swine flu," authorities who were willing to stick to facts were saying just the opposite. For instance, Dr. J. Anthony Morris, one of the government's top experts on vaccines, stated:

"That's absolutely false. There's no evidence that swine flu is a killer . . . It is not contagious . . . There is no evidence that swine flu will spread. It has not been isolated anywhere since it was (allegedly) found in Feb. at Fort Dix, N.J." While addressing a meeting in Los Angeles he said, "...The swine flu vaccine is worthless. There's no evidence that it will protect you against swine flu because there's been no cases of swine flu to test it against."

He also said: "Effectiveness of flu vaccine is comparatively low. Flu vaccine made from inactivated virus particles such as now being manufactured, produces the wrong kind of immunity. It elicits systemic antibody that can be measured in the blood, but does not produce the local antibody in lungs and nose needed to protect against infection to the virus if later infected.

"There is no precise way to measure the potency of flu vaccine that will be offered Americans because the standard units do not measure the mass of virus particles in a vaccine."

Dr. Morris was fired from his job because he opposed the swine flu program and pointed out the defects which showed it could be dangerous as well as entirely ineffective.

Dr. Weidman, of the University of Florida, a recognized virologist, also agrees that the swine flu vaccine is inadequate to do any good. Doctors both here and in England found that their tests on laboratory animals were not encouraging. When the dose was potent enough to kill the virus it also killed the animals and when it was weakened enough to be safe for animals and people it was too weak to do any good, and was no protection.

"So far, only 25,000,000 Americans out of a total population of 216.2 million have had the swine flu shots. And as Dr. J. Anthony Morris puts it: 'That means 191 million Americans have failed to be taken in by the hard sell propaganda. The swine flu program is a program of incredibly high costs and questionable benefits' " (Enquirer, 12/21/76).

It seems to us that some doctors are slow learners. They should have found out by this time that they can't fight poison with poison, as their poison drugs and medicines only make matters worse in the long run. Most diseases are caused by poisons either generated within the body or imposed upon the body from without such as contaminated, devitalized foods, tobacco, alcohol, coffee, vaccines, fluoride-poisoned water, all drugs, insecticides, radiation, etc. Because vaccines are all poison they do damage in 100% of the cases. The damage ranges all the way from sudden death to chronic diseases in later years.

VACCINE CAN TRIGGER HEART ATTACK

Dr. Selye of the University of Montreal, one of the world's foremost authorities on human stress, stated:

"After inoculations, elderly people and the chronically ill are particularly predisposed to have certain stress reactions such as heart failure." (Enquirer 12/21/76)

In spite of this and other similar findings, the vaccine promoters urged all the senior citizens, the old and ill the high risk cases to be the first in line to get their shots. Because of this mad rush for profits the promoters are guilty of causing all those needless deaths of the elderly people a few hours after they had their shots.

Dr. Cyril Wecht, of Allegheny, Pa. performed autopsies on several of the flu vaccine victims and said:

"People should have been advised to ask their doctor if the shots were safe for them, especially if they'd had heart attacks or high blood pressure — but this was not done."

What good would it do to ask their doctor? Most doctors don't know the dangers of vaccination, and if they did they wouldn't tell their patients, as long as it was profitable to them to keep silent about it. The individual doctors usually do what their medical hierarchy tells them to do, and when they are promoting a vaccination drive the doctors are ordered to comply.

My previous research on vaccination revealed many cases of sudden death from heart failure after vaccinations. As stated many times before, all vaccines are poison and when they are shot directly into the bloodstream they circulate throughout the body including the heart, in a matter of seconds, and continue to circulate and cause corrosion and malfunction of all the delicate tissues of the body. The heart valves are made of fragile membrane which is affected by the poisons, in such a way as to render it incapable of proper functioning, leading to heart failure. At the same time, all other vital organs are impaired by the same poisons.

Most doctors and coroners try to deny the obvious when protecting a favorite money making racket like vaccination. For instance, the Los Angeles County Coroner, Thomas Noguchi performed autopsies on people who had died within 48 hours after being inoculated with swine flu vaccine. His statement, published in Los Angeles Times, Nov. 2, 1976, savored of both whitewash and sales propaganda when he said: "We do not believe the vaccine had anything to do with their deaths . . . Heart disease of various types was the cause of death in each case The patient with heart disease is clearly at risk of getting flu if he or she is not protected. Therefore, under guidance of their physician, it is advisable for such high risk persons to get their shots."

If we all followed his advice and got poisoned with the vaccines we would all be dead from vaccine induced heart failure or some other disease of blood contamination.

80% OF ALL MEDICAL DOCTORS ARE UNFIT

In a KABC radio interview, recently, Edgar Berman, M.D., consultant on medical affairs to the White House and associate professor at Johns Hopkins School of Medicine made some startling statements, a few of which are as follows:

"At least some 200,000 M.D.'s practicing medicine today are guilty of incompetence. . . I estimate at least 10% of these are actually fraudulent and corrupt ... And an unfortunately small percentage — certainly less than 15% —are intelligent, hardworking, compassionate, and moral

The scramble for the dollar shows up in statistics. Approximately 1 500 000 (unnecessary) tonsillectomies a year Some 14 000 to 16,000 persons die each year because of the 2,000,000 to 3,000,000 unnecessary operations performed, and God knows how many hundreds of thousands have complications.

"Over the past 50 years doctors have been implicated in producing more infections, crippling and suffering than all the accidents caused by the combustion engine plus every illness foisted on the laborer by industry, from black lung to radiation poisoning.

"Studies at Cornell and Yale have shown that 1,250,000 hospitalizations a year are caused by prescribed drugs. And once in a hospital, you're still far from safe. Our hospitals, even the best in the land, produce over 5,000,000 cases of disease a year."

Dr. Berman wrote a book titled, THE SOLID GOLD STETHOSCOPE. It's a shocker. It "gives the low-down on the high-ups" in the medical field and has the authenticity of a man — a medical doctor — who knows the story from the inside — the seamy side. It's not only informative, it's a million laughs.

There is so much bungling, guesswork, faulty diagnosis and cover-up, both inside and outside of the hospitals, that the doctors conceal their manslaughter cases by calling them "Accidents." There are so many doctor-caused diseases that they have given them a name, "iatrogenic." It means *doctor-caused* diseases. People think they go to the hospitals to get well — to be healed, but instead, millions of them are made sicker by the treatments, and even killed by the poison drugs, operations and experiments. Most, maybe all, of the hospitals have a separate section set aside for their "iatrogenic diseases." Why are they kept separate? It is probably because the doctors don't want the visitors to see what they have done to them, and also to use them for experimentation. They justify this by claiming they must experiment to find a cure for the diseases they have caused. But they use the same deadly drugs and treatments that caused the diseases in the first place.

The famous Dr. Charles Mayo, in a radio broadcast a number of years ago was honest enough to admit that with all their latest equipment and medical training at the Mayo Clinic, they are able to get only 20% of their diagnoses and treatments right. The autopsies on the dead bodies showed them what they did wrong.

An article in Dr. Shelton's Hygienic Review (Dec. 76) quotes some interesting statements from a group of 18 internationally known scientists. The Chicago Tribune (Dec. 22/76) also carried the article by Ronald Kotulak. Here are a few of their remarks:

The shocking conclusion is that drugs are so widely misused that only 10% of the medications taken in the industrialized world are for disease-related purposes.

"They point out that there is no such thing as a safe chemical, a fact that doctors tend to forget and that most people do not know . . . Doctors frequently prescribe drugs even though they know little about them, and the people eagerly take them. The price which the patients pay in terms of adverse side effects are horrendous.

"Studies in America and England have revealed that, out of every 20 hospital patients, one is admitted because of the harm done by drugs.

"Once in the hospital the risk increases. Up to 18% of the patients suffer from bad side-effects caused by medications prescribed in the hospitals.

"The annual cost of treating this unnecessary and preventable abuse of medications is close to \$3 billion,' said this international Commission of Internal Pollution — a staggering waste of money and health

"Who is to blame for our medicinal extravaganza? The responsibility must be shared by the drug industry, the government agencies that oversee them, the doctors and those who take the drugs.

"Another breakdown occurs when it comes to test new drugs on people. A spot check conducted by the Food and Drug Administration in 1973 disclosed that 20% of the doctors doing these clinical trials were guilty of unethical practices, including prescribing wrong doses and falsifying records."

DRUGS CANNOT CURE

All chemicals and drugs are inert, foreign substances which act as irritants when taken internally. They do not have power to act in the body or cure anything. The only reason why they seem to cause some changes which people like to believe are curative is that the internal defense system tries to eject this unwanted foreign matter, and that sets up a reverse action to remedy the harm done by the drugs or chemicals. This taxes the bodily reserves and delays healing. In the case of some drugs it makes healing impossible.

I talked to a young medical student who said that the med. schools were dominated by the drug houses which are flooding the market with so many new drugs which the students are required to learn that they didn't have time to study anatomy and the things which doctors are supposed to study. No wonder the new doctors don't seem to know anything except how to give drugs, shots and whatever the pharmaceutical houses dish up to them.

The antibody theory collapsed with scientific tests and that leaves the vaccine business without a leg to stand on. (See Chapter on Germ Theory.)

VACCINE PROMOTERS TRY TO DODGE THE BLAME

Now that the vaccine racket is being exposed, the vaccine promoters are trying to squirm out of it by making confessions or trying to lay the blame on others. The day after the scare headlines came out in the papers — "Swine flu can cause death" — and "the flu vaccine is safe and will protect you. . .", etc., a top virologist for the CDC (Center for Disease Control) which heads the flu program — admitted that the CDC knew the headlines were false." (Enquirer Probe, 12/21/76).

"An official working with the CDC — Dr. Elmer Spurner, director of laboratories for the Missouri Division of Health, admitted, 'Our tests were not meant to confirm that there was a swine flu outbreak. I don't know how that got into newspaper stories.' "He knows.

He and the other promoters did not issue any denials when the headlines across the country read: "Swine Flu Case is Confirmed," and "Flu Vaccine Rushed to Missouri in Crisis." (Ibid)

After the many deaths, heart attacks, paralysis and other cases of vaccine poisoning began to mount, some of the promoters were asked to justify their widely advertised claims that the vaccine "would protect 85% to 90% of those vaccinated" . . . and that the side effects would be few and "inconsequential." One of the favorite tricks of the guilty was to lay the blame on others. As an example, Dr. John Seal of the National Institute of Allergy and Infectious Diseases said:

"The public should be much more careful in interpreting what we mean when we make such statements." (Ibid) What did he mean?

Another man on the advisory committee admitted:

We don't know what the vaccine will do when it faces the virus." Yet, they all told the people it was "tested and perfectly safe."

In other words, they don't know what they're doing, but they tell lies to lure people into their vaccination centers, and when the deaths and disasters occur, the doctors tell us in effect — "It's your fault for being stupid enough to believe us."

"Dr. Ernest C. Harrmann, associate professor of microbiology at Peoria, Ill., School of Medicine, believes that *"the time has come to ask for resignations of all those behind the swine flu vaccine rip off."* (Enquirer Probe—12/21/76)

A FEW CONGRESSMEN BLAST THE SWINE FLU HOAX

Not all of our Congressmen are hopeless. Some are actually on our side. Congressman Ron Paul of Texas is also a doctor and is able to see both sides of the swine flu question. Most doctors have tunnel vision and see only one side — the side with the dollar mark.

Congressman Paul, in an interview with the Enquirer (Dec. 21, 76) said: "I am outraged by this program. It has been a shocking misuse of funds ... and an evil political maneuver. There are people whose careers are in question because of this program. And I predict these blatant advertising efforts to panic the people into taking swine flu shots will fail.

"I think Congress has wasted more than one hundred million dollars. The swine flu program should be brought back to Congress and discontinued at once. The program should be stopped, and those who were responsible should be held morally accountable to the American public."

Congressman Larry McDonald of Georgia, also a medical doctor, said: "I think the swine flu program is a tailor-made *hoax* that finds its roots in frightening the American people . . . I believe that a full investigation of those in charge should be launched . . . and if it turns out to be a dishonest promotion, everyone responsible should be removed from their jobs."

It's heartening to find that *all* our Congressmen are not corrupt. But where were they, the good ones, when the vote was being taken to endorse and finance this mass poisoning program?

HOW TO PUNISH THE CULPRITS

Removing the guilty from their jobs is not enough. A punishment should be imposed on them which they will feel, and that would be to take away all their money — that's their real love, obviously. If we gathered up all the bribes they have taken from their outside clients, plus all the other millions they have rounded up by using their governmental influence it, would amount to a billion dollars or more —perhaps. With this backlog of funds we could establish some good non-medical schools which would teach the people what to do to take care of their own ailments — even how to avoid all illness. That is possible because many are now living the health life and have no ailments whatsoever. These schools should be kept free from medical domination and political strings.

Health doctors with the right kind of non-medical training get at least 90% more successful "cures" than do the medical doctors with drugs. This project should be carefully supervised to make sure that a lot of pseudo schools do not spring up parading under the guise of the authentic, well trained schools of natural healing.

The present day medical doctors are 30 years behind the well trained health doctors. Medicine is on its way out. It is a failure method which leads the people astray.

LAW SUITS AGAINST THE VACCINE PROMOTERS

When our President and Health Departments joined bands with our mortal enemies-- the poison pushers (vaccine promoters), and failed to warn the people against hazards of the oncoming poison raid, the people were left unprotected, with no use of the mass media (TV, radio, press etc.) and no help from City Councils, Mayors, Congressmen, County Supervisors, or police, because all our paid protectors had given their allegiance to the public poisoners. When the vaccine was causing death and disaster soon after the campaign was launched and the trusting unwarned, people were walking blindly into the vaccination centers, the few "do-gooders" who knew what was going on tried to reach as many as possible with WARNING leaflets and meetings. But that was not reaching enough people. It is a helpless feeling to see all our tax supported public officials working against the people and supporting a killer racket.

A few tried to go through legal channels with law suits against our derelict president and the heads of **thE** vaccine campaign. But that is a slow and expensive procedure, and besides, these hard working "do-gooders" were not making any money at their self appointed task of warning the people of the deadly hazards of the vaccines.

Three suits were filed from California. One suit which is progressing well was filed by Lewis E. Cook Jr. of San Diego, Calif. He charges that the inserts that appear in the vaccine packages produced by Merck, Sharp and Dohme, Wyeth, and Park Davis (firms making the swine flu vaccine) do not state the vaccine "might be in any way effective in Preventing influenza . . ." which is supposed to be its purpose and its only justification...

"The claims that influenza vaccine will or can prevent influenza cannot be made legitimately since there is no evidence anywhere in the world which would suggest that influenza vaccines have ever prevented even one case influenza.

"The data indicates that the entire mass immunization program is fraught with unknowns, suppositions, speculations, assumptions and little or practical and sound scientific validity---conceived and implemented in a most amateurish, haphazard and irresponsible manner, which poses a threat to the health -lives of the American public....

"Antibodies (supposedly) produced by the injection of the inactivated and disrupted whole virion and subvirion flu vaccines manufactured for swine flu cannot be shown to be effective in preventing swine flu ... The whole mass immunization program is fraught with dangers and risks without sound scientific data. The immediate, short, and long term adverse effects of the vaccines could not have been adequately determined during the brief period of only 3 or 4 months during which experiments on a few humans were conducted prior to publication" (of drug inserts).

It usually takes the drug companies several years to test vaccines before trying them out on people.

The third suit was filed by Ida Honorof representing People Against Political Inoculations, and of The National Health Federation. They joined forces to file suit in the U.S. District Court to stop the misuse of public funds for a vaccination campaign that has not been proven safe or effective. They assert that the mass inoculation program violated the U.S. Constitution--First Amendment. They request that the whole program be discontinued "unless and until grave doubts and hazards associated this massive vaccine program are disclosed and fully known to the public." Honorof contends that the swine immunization program has been "a series of lies, deceptions -and errors of judgment. We're asking Ford, and Education and Welfare (HEW) that they terminate the program at once. The greatest danger is not flu but vaccine itself." (Published in VANGUARD, Sept. 76)

AMERICAN MEDICAL ASSOCIATION HAS BEEN OUTLAWED

The A.M.A. was found guilty in a U.S. Court of Law for violating the Anti-trust act a number of years ago. Dr. Morris Fishbine, President of the AMA, at that time, was sentenced to a prison term and the AMA was fined and admonished to cease and desist from their illegal activities. Fishbine didn't serve his prison term and the fine was not heavy enough to worry the association so they have continued to operate in violation to the law ever since then. Therefore, they are an "outlaw gang."

NEW ANTI-TRUST SUIT AGAINST A.M.A. FILED BY CHIROPRACTORS

On Oct. 12, 1976 an anti-trust suit was filed in Chicago, U.S. District Court, against the American Medical Association. This suit was filed by a group of Chiropractors who have proof that the AMA has, for years, boycotted, libeled, and tried to destroy and eliminate the whole chiropractic profession. Details in an article in SPEARS HOSPITAL NEWS, (Denver, Dec; 1976).

The AMA has not only carried on a continuous fight against Chiropractors, but all drugless fields of healing, most, if not all of which have safer and more successful methods of healing. Some of the drugless methods are not as good as others but, at least, they don't use poison drugs and knives, so they cannot do the harm that medical methods do.

The medical profession has no safe and sure cure for any disease. I know because I have worked with medical doctors. They hired me for what I knew that they didn't know. But, in spite of their lack of ability to cure anything, they used dictatorial powers to put out of business and into prisons many drugless doctors who could "cure" what they couldn't cure.

I know several highly successful health doctors who were practicing under Chiropractic licenses, but were sent to prison for "practicing medicine without a medical license." This was in a state where the medical dictatorship held sway, and they would not allow any other school of healing to practice there, although the drugless doctors achieved better results than they did.

Medical doctors call all other healers "quacks." A quack is one who claims to be able to cure diseases, and takes money for it, and does not "cure" the patients. Doesn't this description of "quack" fit practically all the medical doctors? They can't cure cancer; they can't cure arthritis; they can't cure colds or anything, but they treat the patients and take their money.

The better drugless doctors have "cured" all these diseases without drugs.

When President Ford rolled up his sleeve and had a shot for advertising purposes, he was making it clear that the government endorsed the vaccine program and he wanted all the people to follow his example and be vaccinated. When a person tells others to take a certain medication he is prescribing medicine. Technically speaking, Ford was practicing medicine without a license. The AMA likes to put people in prison for practicing medicine without a license. The medical associations usually pick on their business rivals, the drugless doctors. Will they put Ford in Prison for committing the same crime they have convicted others for? Or, is there one law for those who oppose the harmful medical methods and another law for those who help promote medical crimes?

2,000,000 DOSES OF DEFECTIVE SWINE FLU VACCINE CONDEMNED

The haphazard and slipshod methods used by the vaccine makers has produced vaccines that have killed and paralyzed hundreds of people already, and no one seems to be supervising them. There are no safeguards, no tests and no proof of safety and effectiveness required of the vaccine makers except what they, the manufacturers, set for themselves.

The Los Angeles Herald Examiner (June, 3/76) published an AP report stating that the experimental "vaccine ready for testing on elderly and high risk cases was found to be defective. As a result, the program would be delayed 6 weeks. The Public Health Service said that 2,000,000 doses will be held in reserve for use if the correct vaccine is in short supply."

They admit it is a bad batch---too dangerous to use---and it is condemned, yet they didn't destroy it as they should have done. They intend to use it anyway--if they can get away with it--who would know the difference, (seems to be their attitude) as long as they can sell it and make money.

Who will know which of the unlucky people will get the bad vaccine? The vaccinators are not going to tell. Were all those 113 people who died a few hours after the shots given some of the condemned vaccine? Or was it approved vaccine? They're just as dead with one or the other, as *all vaccines are poison*---they are purposely designed to cause illness.

The bad batch was not discovered by government inspectors or by the lab technicians making the vaccine, but by another doctor not assigned to that task. We wonder who is supervising the supervisors. Is there another "outsider" sleuthing in all the laboratories which make the vaccine, looking for mistakes that pass as safe vaccine? We think not, as there have been too many casualties for that possibility.

Mistakes are also being made in other laboratories making different vaccines. This has been going on for years. Back in the days when the polio vaccine was being high-pressured on the public, the same Dr. Anthony Morris who is trying to warn us against the dangers of the swine flu vaccine, was doing the same then. He found that some of the polio vaccines were contaminated with SV 40, a virus known to cause cancer in monkeys and hamsters.

It's frightening to think that all this uncertainty, careless, unscientific guesswork with its deadly hazards passes for safe and scientific vaccination, approved by the government, the schools, the medical boards, the press and then passed on the people as something that they must not question or criticize.

The only way to be safe from these blood poisoning, money making vaccine campaigns is to refuse all shots. Prevention is better than cure; and much can be learned by reading good health books written by qualified health researchers. A few are listed in the bibliography. Don't be fooled by medical books with *health* titles. They have misled and mistaught the schools and the general public, for over a century. Medicine is not health. It is a health destroyer. "Preventive" medicine should actually "Prevent" medicines and drugs, and then it would be doing some good.

People are often fooled by, **SO** called "scientific findings" which are not scientific at all, but are manipulated by schemers, and then bought and paid for to be used as propaganda. The following is from an article in the Los Angeles times (11/26/76). The survey was run by Dr. Ian St. James-Roberts of London. (See page 42)

"MANY FAKE FINDINGS BY SCIENTISTS SEEN"

"Many scientists may be faking their findings, according to a report published Thursday in New Scientist magazine.

"The magazine asked scientists in a questionnaire whether they knew of cases of 'intentional bias'--- faking results to make experiments appear well conceived and important.

"90% of 200 replies reported knowledge of such cases.

"University scientists proved the worst offenders. Most cheaters were discovered by other scientists trying to duplicate the experiments. But those who replied said the gains from such frauds were often nothing, but in a few cases resulted in promotion.

"Some scientists implied that drug companies encouraged them to cheat by being obsessed with getting positive results, for one forensic scientist said it was not unusual for the police to indicate the sort of forensic (legal procedure) evidence they would prefer."

We wonder what pressures, bribes or other inducements were offered the, so called, scientists to say that the swine flu vaccine was properly tested and safe. Dr. Wecht said people should have been warned that the vaccine could trigger heart attacks, "but this wasn't done."

Many people who saw through the fraud from the start tried to get warnings in the papers and on T.V. and other channels of communication, but the media turned a deaf ear.

SWINE FLU PROMOTERS TRIED TO CON THE SWINE RAISERS

In the planning stage, the vaccine promoters expected to round up a few cases of flu and stampede the whole world into the vaccination centers like they did for the 1918 flu epidemic. That would be a multi-billion dollar profit, like their lucrative polio vaccine drive. But the world didn't take the bait this time, and most of the Americans didn't either. So the promoters thought they would have a ready market with the swine raisers because they had named the vaccine "swine" flu vaccine. They tried to sell 80,000,000 doses of the vaccine to the swine raisers, but they saw through the fraud and turned it down without hesitation, not that hogs don't have ailments sometimes --they do when they are fed wrong and medicated. But the hog raisers had learned through bitter experience that shots, in previous years, had disastrous effects on their herds and they lost hogs and money from it.

If the hog farmers had enough common sense to refuse the poison shots for their hogs, why couldn't our high priced President and Congress use some of that common sense and do the same? Aren't our leaders as interested in Protecting us from the commercial poisons as the farmers are in protecting their pigs?

When the opportunists see a weak president on the "throne" they plan to "use him". When they staged massive polio vaccine drive in the 1950's they worked on the smiling, affable President Eisenhower and got \$9,000,000 to start with, then kept twisting his arm until they wrenched \$63,000,000 from him (the taxpayers) to support their killer vaccine campaign.

President Franklin Roosevelt was another "touch." He even let them use him and his infirmity to advertise and sell their polio vaccine.

The same drug houses and vaccine promoters got \$100,000,000 from Nixon.

After the polio vaccine drive was over the promoters bragged that they had raked in \$5 billion dollars over the several years they kept polio vaccine sales going.

PRESIDENT COOLIDGE UNSWAYED BY MEDICAL PRESSURE

We need strong, intelligent leaders. Where are they now when we need them? President Coolidge set a good example. When the Jones-Parker Bill and the Randall Bill (bills to set up a medical dictatorship within the government, raising the head potentate to the official status and salary of the Surgeon General of the Army) were rushed through Congress in 1928, and were brought before President Calvin Coolidge, he was unmoved by the high pressure medical lobbying. *He looked at the bills and stopped them with a Presidential veto.* He gave as his reason for this action:

"These bills give a military status to men supposed to be engaged in scientific research."

The plot of medical establishments to set up a medical dictatorship in U.S. goes way back to the Founding Fathers when they were framing the U.S. Constitution. There were quite a number of medical doctors in Congress at that time trying to high pressure a constitutional decree to set up a medical dictatorship. But the wise opposition won. Dr. Benjamin Rush and Dr. Josiah Bartlett were the opposing forces. They convinced Congress that one branch of healing in control would be as bad as one religious sect dominating all the others. That's exactly what we were fighting against.

George Washington was also a strong President. Even that long ago in 1775 he knew more than our present day doctors do about the harmful effects of vaccination. He issued an order that no man in the Continental Army was to be inoculated. Any enlisted man or officer who submitted to that blood contaminating practice would be dishonorably discharged. He had seen the devastation of smallpox caused by the practice of arm-to-arm inoculation which was introduced from Europe. Edward Jenner and his cow pox abomination did not begin until 1791--16 years later. Both methods caused widespread disease, disability and death until compulsory vaccination was abolished all over the world except in about three backward countries and the U.S. armed services. These are the places which still have outbreaks of the same diseases they vaccinate against. And the diseases are in the vaccinated.

George Washington had enough problems without a lot of vaccine induced disease. Vaccination and inoculation was practiced by the unenlightened as far back as 1,500 years B.C. (See the chapter on HISTORY OF VACCINATION).

What is wrong with our leaders of today. Are their heads turned by bribes or can't they tell the difference between false propaganda and facts. They are being paid by us to do some home work and investigate before putting our lives and our money on the line.

The following poem sounds a clarion call:

GOD GIVE US MEN

"God give us men! A time like this demands Strong minds, great hearts, true faith and ready hands
Men whom the lust of office does not kill; Men whom the spoils of office cannot buy; Men who possess opinions
and a will; Men who have honor; men who will not lie; Men who can stand before a demagogue and damn
his treacherous flatteries without winking. Tall men, sun-crowned, who live above the fog
In public duty and in private thinking; For while the rabble, with their thumb-worn creeds
Their loud professions and their little deeds, Mingle in selfish strife, Lo, Freedom weeps,
Wrong rules the world, and waiting Justice sleeps.—
Josiah Gilbert Holland

WHAT OUR LEADERS SHOULD HAVE CHECKED ON BEFORE THROWING US TO THE KILLER
(VACCINE) SHARKS

(1) First of all, Ford, Congress and the other leaders paid to look after our interests and safety, should have required a guarantee that the vaccine was safe--not deadly. The propaganda of the sales crew said it was safe, but they gave no proof and no guarantee. The sales crew are not authorities; so Ford should have demanded a money back guarantee from the pharmaceutical houses making the vaccine. There should have been written proof of safety and effectiveness before the \$135,000,000 was paid. But, the drug houses could not give any proof of safety because they knew it was not safe. Their lab. tests and field tests proved it killed test animals and people. This was not made public.

A number of years ago when the diphtheria toxin-anti-toxin was being promoted, some suspicious people went to the laboratory making the vaccine, and asked for a written guarantee. The lab. refused to give any statement of safety, and admitted that "all vaccines are unstable and unpredictable in their effects, and could never be declared safe."

If Ford and the rest of the government had taken care of that necessary bit of business (making a careful check) before transacting the questionable \$135,000,000 deal, then the flu vaccine would have been

rejected and the taxpayers would not have been swindled out of the \$135 million. Besides that, all those people who were killed by the vaccine would still be alive and happy today.

(2) The promoters said that the vaccine would prevent flu. It didn't; it caused it.

(3) They said the flu was contagious and the vaccine would protect people. Flu is not contagious. It is caused by the blood poisoning effects of the vaccine itself as well as other kinds of body contamination. Viruses and germs cannot cause disease. (See the chapter on WHY GERMS CANNOT CAUSE DISEASE.)

(4) The vaccine promoters said the blood samples from the man who died at Fort Dix showed viruses like the blood samples from the 1918 flu epidemic and that it could trigger a widespread, deadly epidemic like the previous one.

This is not true because there are no virus-bearing blood samples from the 1918 flu epidemic. That epidemic was 58 years ago and viruses were unknown then. The first swine virus was discovered by a U.S. man in 1931. A British science team isolated the first virus in man in 1933. But, viruses have never been proved to be the cause of disease anyway, although the vaccine makers try to use them as a scare tactic, knowing that they are so small that people can't see them or prove one way or another if they have any. One dictionary definition of virus is "a morbid poison." A poison is an inert substance. It cannot move about and attack people.

If any blood samples from the 1918 flu epidemic are still on record they would be so dried up and changed in structure that they couldn't prove anything. Certainly no germs or viruses would be seen.

I have examined fresh blood samples under the microscope in college and saw how rapidly the blood changed in color and structure as it dried on the plate in just a few seconds. A sample 58 years old is a poor excuse for the vaccine promoters to try to rely upon for proof.

Viruses would not have even been mentioned in the medical or lab. reports for the 1918 period because they were unheard of. And besides, they couldn't be seen with the kind of microscopes they had then.

The flu of 1918 was caused by the conglomeration of diseases which the sinister variety of vaccines brought on. Practically everyone in the world had been propagandized into submitting to all the vaccine that were invented--the surplus stock left over from World War I which was the first war in which all the vaccines were used. The vaccinated got the flu and the unvaccinated didn't. I was one of the unvaccinated and I didn't get the flu. I didn't see an unvaccinated person who got the flu.

QUESTIONS THAT SHOULD HAVE BEEN ANSWERED BEFORE CONSIDERING ANY VACCINATION DRIVE

Ida Honorof, head of PEOPLE AGAINST POLITICAL VACCINATION, tried to get the Los Angeles Board of Supervisors and certain other officials to put pressure on David Mathews of Health, Education and Welfare, and other promoters of the vaccine to answer some important questions before they embarked on the questionable vaccination drive. Mathews was in L.A. to give a talk and his mind was already made up to promote the vaccine. Honorof, confronted him and presented him with the list of questions, but he didn't answer them and the Supervisors didn't request him to.

The questions are as follows:

(1) Can you define any benefits derived from the swine flu vaccine? According to the law the benefits must outweigh the risks. (They don't.)

(2) Will the swine flu vaccine prevent swine flu? (It never has.)

(3) Is it true that if one gets the "shot" will he get an even more severe case of flu? (Yes, and death 113 cases.)

(4) Why were Dr. Morris' test animals in 4 laboratories destroyed? His test results would have shown the efficacy or hazards of the vaccine.

(5) Did Health, Education and Welfare submit any testimony before the sub-committee on Health and Environment....at their scheduled hearings, relating to possible hazards of the swine flu vaccinations, names of persons submitting opposing evidence and how many witnesses were heard that opposed the program?

(6) Is there any evidence that a high percentage of those who have the shots will receive no benefits?

(7) Claim is made that 70% of the people who get vaccinated would be protected. Among the unvaccinated 75% would be protected. Explain these contradictions.

(8) Can you give any evidence that a swine flu epidemic exists? (None)

(9) It takes approximately 10 years of testing and research to approve any substance, drug or biological which is to be administered into the human body. If the same standard applies to vaccines why has not the swine flu vaccine been subject to the same tests which the FDA says are necessary before injection into human beings?

(10) Even though the Pharmaceutical insert accompanying the flu vaccine cautions against "*injecting intravenously*," isn't it true that there *is no control with the jet injector*, which explodes the vaccine into the skin with 1,300 pounds pressure--- into tissue space, tissue cells, directly into the arteries, veins, lymph vessels (and right to the heart) thereby producing great destruction, and eventually ending up in the blood stream?

(11) Each of the vaccine manufacturers making the swine flu vaccine (Park-Davis, Merrell, Wyeth, Merck) use a mercury derivative as a preservative. The danger of (the highly poisonous) mercury injected into the body---or inhaled or ingested, etc. is well documented.

(12) Why is the printed form which is presented to persons to sign before getting their shots, read "registration," when Public Law 94-390 specifically stipulates that it be a "consent" form. This was strenuously objected to by the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, and they asked that said forms be destroyed and not used, since they are definitely not "consent" forms, and are gross violation of the act.

(13) What is the detailed definition and description of swine flu?

(14) Is there really a disease called "swine flu"?

(15) Why wouldn't vaccine manufacturers produce and distribute the vaccine without indemnification from all the liability for vaccine-caused sickness, disabilities and deaths?

(16) Why did the insurance companies refuse to provide such insurance?

(17) Why were the people and public tax money, made responsible for all liabilities and claims resulting from the sickness, disabilities and deaths caused by the swine vaccine?

(18) Who benefits from the mass vaccination of 215 million Americans?

(19) Is it really necessary or advisable for everyone to get a swine flu vaccination? (No)

So far, the flu promoters have not answered the questions.

DEATH COUNT MAY NEVER BE KNOWN

Up to January 7, 1977 the death count from swine flu vaccine was 113 (people) and paralysis was 139. We have reason to believe that this is only a fraction of the actual casualties. During the polio vaccine drive in the early 1950's when the shots caused so many deaths and cases of paralysis, Dr. Dale, of the Los Angeles Epidemiology Department, said that for every case that was reported there were an estimated 15 unreported cases. Many vaccine deaths were recorded as from other causes, to conceal the hazards of the vaccine.

During my 30 years of research and writing I have uncovered facts that prove the medical records and death certificates are sometimes deliberately falsified and changed to cover up guilt of doctors and lab. technicians. (See the chapter on FALSIFIED DEATH CERTIFICATES AND MEDICAL RECORDS.) -

All vaccines are poison, and therefore, cause death and disease. This is a known fact, and every vaccination campaign has brought on a large number of disasters. Those of us who knew this, tried to warn the people and ward off the vaccine drive. But the din of the well financed vaccine juggernaut drowned out our cry, and the high pressure advertising scare campaign panicked millions into the vaccination centers. We knew death and disease were inevitable — but none were announced in the papers at first. Therefore, Ida Honorof (head of Citizens Against Political Vaccinations) decided to do what the health officials should have done; she went to the L.A. County coroner and made a check on the deaths. She found that five people there had died within 48 hours after their flu shots. Some were young and didn't have other ailments that could be blamed for their deaths. The vaccine promoters including the health departments had intended to cover up the vaccine deaths and disasters. But Honorof brought it

out in the open. She contacted the National Health Federation (a non medical group which tries to protect the people from health hazards from medical, commercial and political sources. They called a public meeting in Glendale, Calif. where they aired some startling facts about the vaccination campaign and the mounting disasters caused by the poison vaccine. Some of the relatives of the flu victims were there and gave account of the state of health of those who were killed by the vaccine.

After this expose' the papers had to announce some of the deaths as it was no longer possible to conceal them. The coroner and doctors tried to gloss over it by saying that the deaths were all from heart trouble and they would have died anyway without the shots. Naturally, the heart stops when a person dies from any cause, so heart failure is an "easy out" for the coroner.

For a few days, deaths were announced in the papers until the count rose to 52. Then suddenly the death reports stopped. People got suspicious because the vaccinations were continuing and we knew that all vaccines are poison and that means that people do die from the shots.

Honorof did a little more detective work and learned that Dr. Shirley Fannin, Chief of Acute Disease Control Center of L.A. had met with the vaccine promoters and medical boards to decide what they could do to keep the people from finding out how many were being killed by the vaccine. They decided among themselves not to count as vaccine casualties those who didn't die suddenly within 48 hours after getting the shots.

This was a shocker. The idea that these poison promoters who were killing the people with wild abandon, had set themselves up to be so high and mighty that they could lay down the law as to what hour people could die, and if they happened to die 49 hours after the shots they would not be dead from their poison vaccine. Dr. Fannin then wrote a letter to the Coroner ordering him to not announce the deaths as vaccine casualties unless they died within her 48 hour time span. This gives us an idea of the tricky business they have been carrying on all through the years, and we didn't suspect a thing.

The 48 hour "cut off time" of theirs, cuts out those thousands who died a little later. It also cuts out Private David Lewis, the man who died at Fort Dix, New Jersey of what the doctors diagnosed as swine flu. *He died more than six weeks* after his vaccinations at camp. He was the one and only case of swine flu the doctors have found in the whole world. He was all they had to hang their whole nation-wide swine flu scare on. And now, their own medical decree that it isn't swine flu unless he dies within 48 hours, knocks out their one and only case. Actually, the official diagnosis by military doctors was that Pvt. Lewis died of A-Victoria flu (vaccine), not swine flu.

Now, without one authentic case of swine flu and without any epidemic except the epidemic of vaccine poisoning, the vaccine promoters and all the doctors who participated in giving or endorsing the shots, as well as the political heads who financed it, *are all guilty of hundreds of vaccine deaths--murders*. What are we going to do about it? Are there enough honest and concerned officials to prosecute them and make them pay all the damages and then put them out of circulation?

WHO POKETS THE MONEY?

The arrangement was that the \$135,000,000 of the people's money was for vaccine doses for all the 215 million people in this country, at 50c a shot. So many people were killed and paralyzed by the vaccine that the campaign had to be stopped before a riot broke out to kill all the doctors and vaccine promoters--and a few others. So only a few in the country were vaccinated. Even if we stretch a point and estimate that there were 50,000,000 who had shots, that would be only 25,000,000 dollars used out of the \$35,000,000. That leaves \$110,000,000 of our money which they, the promoters, still have. Do those doctors and various other crooks intend to pocket the \$110 million? It should be returned immediately to the treasury and the vaccine promoters billed for the rest of the \$25,000,000 which they took under false pretenses, because there was no epidemic and the vaccine was not safe and all their promises and claims were false.

COMPULSORY ARMY VACCINATIONS ARE UNCONSTITUTIONAL

Private David Lewis who died at Fort Dix, supposedly of swine flu, would be alive today if the Army had not violated the law by forcing the poison shots on the soldiers. Our U.S. Constitution gives us the "*right to be secure in our persons*." Therefore, all enforced vaccination (mass medication) is a violation of our legal rights.

According to Blackstone (the "Bible" of the lawyers): "No laws are binding upon the human subject which assault the body or violate the Conscience."

The U.S. Supreme Court ruled that:

"No right is held more sacred or is more carefully guarded by the common law, than the right of every individual to the possession and control of his own person, free from all restraint or interference of others
....

Judge Cooley stated: "The right of one's person may be said to be a right of complete immunity; to be let alone."

In the official code book of the U.S. Armed Services titled, UNION CODE OF MILITARY JUSTICE, we find that there *is no compulsory vaccination law* in any of the branches of our military services. Therefore, as there is compulsory vaccination law in United States or the military establishment, the enforced vaccinations on our recruits is against their legal rights. Because vaccines are proved to be poisonous and harmful in all cases, the military forces are *guilty of malpractice* and subject to the laws governing that offense.

One woman I talked to has already sued the Army for \$1,000,000 for causing the death of her son as a result of shots at camp. In England, so many outraged parents sued the government for vaccine damages to their sons in the military services, that the government abolished compulsory vaccination in both the military and civilian life. (See the chapter on WHAT VACCINATIONS DID TO OUR SOLDIERS.)

HOW WILL OUR NEW PRESIDENT CARTER HANDLE THE SWINE FLU SWINDLE?

Last Spring (1976) the epidemic makers were in a frantic rush to get President Ford to give them the full payment of \$135,000,000 immediately, with no questions asked, no guarantee of safety and with no swine flu epidemic pending, not a case in the world, and they didn't even have any effective vaccine.

Why the big rush we wondered. The only obvious answer was that the November Presidential election might remove their "pigeon." They knew Ford was easy to manipulate and they wanted to "use him" while they had him on a string. A new president might take a second look and refuse to support their private money making racket.

Now, the election is over and our new President Carter .is left with the ragged ends to clean up, left from Ford's term. We are wondering how he will handle "Ford's Folly" and if he will investigate the vaccine scandal and require the guilty ones to repair their damages and return our money they took under false pretenses.

We are hoping that President Carter will not be swayed and dominated by the powerful medical and drug lobby. But one blotch on his past record makes us wonder. We heard that he let himself be controlled by the *fluoride promoters* and paid them to poison the entire state water system of Georgia. If he is a man for the people why didn't he investigate the other side, not just the false sales propaganda? Chemists report that "fluoride compounds rank along with cyanide and arsenic in toxicity." Sodium fluoride or hydrofluosilicic acid is the form which is used to poison the public water supplies. Most water supplies already contain calcium fluoride which is also poisonous, but sodium fluoride is 15 times more poisonous than calcium fluoride. A few states such as Texas are working to filter out all the fluoride even the calcium fluoride because they have found by tests that all fluoride is too dangerous for them.

Sodium fluoride is a cheap by-product of the aluminum and fertilizer companies. About the only thing it is good for is rat poison. But their promotion man conceived the idea of selling it to the politicians to dump in the public water supplies. Enough City Council members were "on the take" or weak minded enough to buy the sales propaganda and consequently quite a number of cities and a few states were fluoridated. However, hundreds of them have abandoned the program when it was found, after years of use, that the fluoride was not only expensive, it was damaging to the health and to the water pipes and all equipment that came in contact with the poisoned water.

Their main selling point is that it (fluoride) prevents cavities in children. This is false. Fluorides deteriorate the bony structure of the entire body and make the tooth enamel brittle, thus causing more dental trouble in later years.

FLUORIDATED TOOTH PASTE DANGEROUS

TV commercials saying that fluoridated tooth paste has 20 tests proving that said tooth paste prevents cavities, should be investigated. Some dental associations have been "procured" by the fluoride promoters, and they try to get all the dentists under their influence to endorse fluoridation. But those who dare to tell the truth say fluoride is damaging to the teeth and the general health. The membrane of the mouth is very porous and the poison fluoride in the tooth paste enters the blood almost immediately and causes kidney disease and all kinds of diseases of body poisoning. (See the chapter on FLUORIDATION.)

MEDICINE — ON THE WAY OUT

The study of medicine has never been a science. It creates far more illness than healing. Recovery occurs in spite of the drug treatment because of the internal healing forces within all living organisms which struggle to survive.

Books on the newer knowledge of "nature cure", teaching the underlying fundamentals of health and healing will soon be available to the general public and they will read them and be able to follow the rules and avoid disease. Those who are already ill will be able to "cure" their ailments better than the established medical methods. This will make medicine obsolete — out of date and unpopular.

In closing this chapter I should like to state that all medical men are not guilty of the crimes exposed in this booklet. A few doctors are sincere in their efforts to help their patients. Their weakness is that they are badly trained and dominated by an organization which leads them away from their avowed purpose. There is hope for those who want to learn better ways and help the sick get well. If they don't try to catch up with the modern "health doctors" and "natural methods" of healing, their patients will outstrip them in knowledge and ability and leave them trailing in the dust.

A BETTER CAMPAIGN

The swine flu vaccine campaign was such an obvious fraud, with no epidemic, not even one authentic case of swine flu anywhere in the world, it makes us wonder about the sanity of the promoters. If they really wanted to combat a growing health disaster why don't they work against something that is killing millions, such as SMOKING? Tobacco and its smoke contains over 30 poisons, three of which are cancer causing. Over 300,000 people in the United States alone, die from the effects of poisons in tobacco. The great number of cases of tobacco heart, lung cancer, Burgher's disease (gangrene of the feet caused by smoking), and many other diseases of tobacco poisoning, make smoking the number one killer of today. Smoking kills more in one year than were killed in all our wars from the American Revolution on down to the late Vietnam war, and hardly anyone is trying to stop it. Our government subsidizes the killer tobacco industry because it brings in around \$8 billion in revenue. But the damages and disasters caused by smoking (fires, death, disease, etc.) cost this country over \$24,000,000,000 (billion) every year.

Ford and our government gave \$135 million to support a fake swine flu epidemic which killed and paralyzed hundreds (maybe thousands if we had the "undoctored" records), so why not bring that money back from the medical swindlers and put it into a campaign to get rid of the real killer of men, women and even children. Many children die of tobacco heart because they have to breathe the poison fumes from their smoking parents; also, they learn to smoke early because they see it all the time and think it is all right because their parents smoke. (Read my book, ANSWERS FOR THE WORRIED SMOKER, which tells how to quit without the "cold turkey" method, which is harmful and not too effective. Write to E. McBean, Box 55278 — L.A., Calif. \$5.00, postage and tax paid. Deluxe edition.)

Some people are wondering if Chicago 's famous Mayor Daily also got a wrong dose of the flu and suddenly died, the same as hundreds of others within hours after their flu shots.

If anyone knows for sure if Mayor Daily had a swine flu shot, please write and give me the such as time, place, who gave the shot, etc.

Thank you, E .McBean

THE SPANISH INFLUENZA EPIDEMIC OF 1918 WAS CAUSED BY VACCINATIONS

Chapter 2 from the book Swine Flu Expose by Eleanora I. McBean, Ph.D., N.D., Published in 1977

As has been stated before, all medical and non-medical authorities on vaccination agree that vaccines are designed to cause a mild case of the diseases they are supposed to prevent. But they also know and admit that there is no way whatsoever to predict whether the case will be mild or severe - even deadly. With this much uncertainty in dealing with the very lives of people, it is very unscientific and extremely dangerous to use such a questionable procedure as vaccination.

Many vaccines also cause other diseases besides the one for which they are given. For instance, smallpox vaccine often causes syphilis, paralysis, leprosy, and cancer. (See the chapters on smallpox and plagues.) Polio shots, diphtheria toxin-antitoxin, typhoid vaccine, as well as measles, tetanus and all other shots often cause various other stages of disease such as post-vaccinal encephalitis (inflammation of the brain,) paralysis, spinal meningitis, blindness, cancer (sometimes within two years,) tuberculosis,

(two to twenty years after the shot,) arthritis, kidney disease, heart disease (heart failure sometimes within minutes after the shot and sometimes several hours later.) Nerve damage and many other serious conditions also follow the injections.

When several shots are given (different vaccines) within a few days or a few weeks apart, they often trigger intensified cases of all the diseases at once, because the body cannot handle such a large amount of deadly poison being injected directly into the bloodstream. The doctors call it a new disease and proceed to suppress the symptoms.

When poison is taken by the mouth, the internal defense system has a chance to quickly eject some of it by vomiting, but when the poisons are shot directly into the body, bypassing all the natural safeguards, these dangerous poisons circulate immediately throughout the entire body in a matter of seconds and keep on circulating until all the cells are poisoned.

I heard that *seven men dropped dead in a doctor's office after being vaccinated*. This was in an army camp, so I wrote to the Government for verification. They sent me the report of U.S. Secretary of War, Henry L. Stimson. The report not only verified the report of the seven who dropped dead from the vaccines, but it stated that there had been 63 deaths and 28,585 cases of hepatitis as a direct result of the yellow fever vaccine during only 6 months of the war. That was only one of the 14 to 25 shots given the soldiers. We can imagine the damage that all these shots did to the men. (See the chapter on What Vaccinations Did to Our Soldiers.)

The first World War was of a short duration, so the vaccine makers were unable to use up all their vaccines. As they were (and still are) in business for profit, they decided to sell it to the rest of the population. So they drummed up the largest vaccination campaign in U.S. history. There were no epidemics to justify it so they used other tricks. Their propaganda claimed the soldiers were coming home from foreign countries with all kinds of diseases and that everyone must have all the shots on the market.

The people believed them because, first of all, they wanted to believe their doctors, and second, the returning soldiers certainly had been sick. They didn't know it was from doctor-made vaccine diseases, as the army doctors don't tell them things like that. Many of the returned soldiers were disabled for life by these drug-induced diseases. Many were insane from postvaccinal encephalitis, but the doctors called it *shell shock*, even though many had never left American soil.

The conglomerate disease brought on by the many poison vaccines baffled the doctors, as they never had a vaccination spree before which used so many different vaccines. The new disease they had created had symptoms of all the diseases they had injected into the man. There was the high fever, extreme weakness, abdominal rash and intestinal disturbance characteristic of typhoid. The diphtheria vaccine caused lung congestion, chills and fever, swollen, sore throat clogged with the false membrane, and the choking suffocation because of difficulty in breathing followed by gasping and death, after which the body turned black from stagnant blood that had been deprived of oxygen in the suffocation stages. In early days they called it Black Death. The other vaccines cause their own reactions — paralysis, brain damage, lockjaw, etc.

When doctors had tried to suppress the symptoms of the typhoid with a stronger vaccine, it caused a worse form of typhoid which they named *paratyphoid*. But when they concocted a stronger and more dangerous vaccine to suppress that one, they created an even worse disease which they didn't have a name for. What should they call it? They didn't want to tell the people what it really was — their own Frankenstein monster which they had created with their vaccines and suppressive medicines. They wanted to direct the blame away from themselves, so they called it *Spanish Influenza*. It was certainly not of Spanish origin, and the Spanish people resented the implication that the world-wide scourge of that day should be blamed on them. But the name stuck and American medical doctors and vaccine makers were not suspected of the crime of this widespread devastation — the *1918 Flu Epidemic*. It is only in recent years that researchers have been digging up the facts and laying the blame where it belongs.

Some of the soldiers may have been in Spain before coming home, but their diseases originated in their own home-based U.S. Army Camps. Our medical men still use that same dodge. When their own vaccines (required for travel) cause vaccine diseases abroad they use this as grounds for a scare campaign to stampede people into the vaccination centers. Do you remember the Hong Kong Flu and the Asian Flu and the London Flu scares? These were all medically-made epidemics mixed with the usual common colds which people have every year.

Now (1976) we are being worked on again by the vaccine -epidemic makers in their effort to force another multi million dollar vaccine sale caper. Their con men have already talked President Ford into handing over \$135 million dollars to start their vaccine racket. Even the insurance companies refused to

become involved with such an obviously dangerous and crooked scheme. So, again the medical and drug con men induced the appropriate government officials to guarantee insurance against the, possible billions of dollars in law suits which could be brought against the vaccine promoters if the vaccine campaign is carried out as planned. It's a good thing Ford was voted out of office. It's too bad he wasn't "dumped" before he paid the *poison* squad the MONEY' to poison the whole population. However, we don't yet know if President Carter will be any better. Will he be held in the grip of the medical and drug dictatorship? Or will he investigate — learn the truth — reverse the decisions and make the vaccine makers return the money taken from the taxpayers under false pretenses?

The statement of the swine flu vaccine promoters to the effect that the vaccine is harmless, is false, and the statement that it will protect against flu is false. Fifty-six people died after the shots, some within 48 hours. There is confusion and disagreement among the doctors about all aspects of the vaccine, from the safety and effectiveness to the necessity for it, who should have it and who should be warned against it.

Their scare-head campaign cry is that the swine flu is like the 1918 flu which killed 20,000,000 people. They don't have any usable and provable blood samples from the 1918 flu epidemic to prove it. That was 58 years ago, and the doctors were just as confused and inefficient then as now. **However, one thing is certain — the 1918 Spanish Influenza was a vaccine-induced disease caused by extreme body poisoning from the conglomeration of many different vaccines. The soldiers at Fort Dix who were said to have had Swine Flu had been injected with a large variety of vaccines like the vaccines which caused the 1918 flu epidemic. The flu epidemic at Fort Dix was in no way related to swine.** There were no swine at camp (unless we want to sarcastically call the vaccine promoters who caused the diseases -"swine.")

To add to the confusion, the doctors tell the people that there are a lot of various kinds of flu; the one which the soldiers at Fort Dix had was A Victoria flu, there are other strains of flu virus, and also, that the swine flu vaccine which so many people have taken already will not protect them against the many other types of flu. **This will be used as an "out" in case of law suits later on when more casualties begin to show up. The doctors will say that the vaccine failed because it was the wrong kind of flu for the vaccine.** Of course, no one can prove it one way or the other because viruses are illusive, invisible organisms which are unstable and unpredictable. One dictionary definition of virus is "a morbid poison." The vaccines injected into the body are poison and cause the typical poison reactions. Virus (poison) does not fly around and attack people.

Therefore, there will be no swine flu epidemic unless the vaccine promoters make one like they did in the 1918 flu epidemic. It will not kill 20,000,000 people unless the people submit to the disease-producing shots. There are also, **other causes of disease besides vaccines, such as bad food, which has been devitalized and contaminated with poison preservatives and artificial drug concoctions.** There are many more causes of disease but no diseases are contagious(See the chapter on the germ theory).

Vaccine drives come and go as often as the vaccine promoters can cook up the slightest pretense of a reason. Back in 1957 they were trying to stir up a vaccination campaign for what they decided to call Asiatic flu. An editorial in the Herald and Express for August 29, 1957 was captioned, **"Fear of Flu Propaganda."** Part of the piece is as follows:

"What a tempest in a teapot has been blown up over the probability that this country will experience an epidemic of the Asiatic flu in the fall and winter months ahead.

"Even the United States Department of Health is stooge for the panic — and has issued statements which are frightening the public, rather than reassuring them by pointing out that this epidemic, while widespread, gives no indication of being any more dangerous than our usual flood of influenza-like colds when winter comes on.

"Those who read between the lines even wonder whether the whole thing might not be a bit of super salesmanship on the part of those who are making and selling the vaccines which are being prepared. . . ."

I WAS AN ON-THE-SPOT OBSERVER OF THE 1918 INFLUENZA EPIDEMIC

All the doctors and people who were living at the time of the 1918 Spanish Influenza epidemic say it was the most terrible disease the world has ever had. Strong men, hale and hearty, one day would be dead the next. The disease had the characteristics of the black death added to typhoid, diphtheria, pneumonia, smallpox, paralysis and all the diseases the people had been vaccinated with immediately following World War 1. Practically the entire population had been injected "seeded" with a dozen or more diseases — or toxic serums. When all those doctor-made diseases started breaking out all at once it was tragic.

That pandemic dragged on for two years, kept alive with the addition of more poison drugs administered by the doctors who tried to suppress the symptoms. As far as I could find out, the flu hit only the vaccinated. Those who had refused the shots escaped the flu. My family had refused all the vaccinations so we remained well all the time. We knew from the health teachings of Graham, Trail, Tilden and others, that people cannot contaminate the body with poisons without causing disease.

When the flu was at its peak, all the stores were closed as well as the schools, businesses — even the hospital, as the doctors and nurses had been vaccinated too and were down with the flu. No one was on the streets. It was like a ghost town. We seemed to be the only family which didn't get the flu; so my parents went from house to house doing what they could to look after the sick, as it was impossible to get a doctor then. If it were possible for germs, bacteria, virus, or bacilli to cause disease, they had plenty of opportunity to attack my parents when they were spending many hours a day in the sick rooms. But they didn't get the flu and they didn't bring any germs home to attack us children and cause anything. None of our family had the flu — not even a sniffle— and it was in the winter with deep snow on the ground.

When I see people cringe when someone near them sneezes or coughs, I wonder how long it will take them to find out that they can't catch it — whatever it is. The only way they can get a disease is to develop it themselves by wrong eating, drinking, smoking or doing some other things which cause internal poisoning and lowered vitality. All diseases are preventable and most of them are cureable with the right methods, not known to medical doctors, and not all drugless doctors know them either.

It has been said that the 1918 flu epidemic killed 20,000,000 people throughout the world. But, actually, the doctors killed them with their crude and deadly treatments and drugs. This is a harsh accusation but it is nevertheless true, judging by the success of the drugless doctors in comparison with that of the medical doctors.

While the medical men and medical hospitals were losing 33% of their flu cases, the non-medical hospitals such as BATTLE CREEK, KELLOGG and MACFADDEN'S HEALTH-RESTORIUM were getting almost 100% healings with their water cure, baths, enemas, etc., fasting and certain other simple healing methods, followed by carefully worked out diets of natural foods. One health doctor didn't lose a patient in eight years. The very successful health treatment of one of those drugless doctors who didn't lose any patients will be given in the other part of this book, titled VACCINATION CONDEMNED, to be published a little later.

If the medical doctors had been as advanced as the drugless doctors, there would not have been those 20 million deaths from the medical flu treatment.

There was seven times more disease among the vaccinated soldiers than among the unvaccinated civilians, and the diseases were those they had been vaccinated against. One soldier who had returned from overseas in 1912 told me that the army hospitals were filled with cases of *infantile* paralysis and he wondered why grown men should have an infant disease. Now, we know that paralysis is a common after-effect of vaccine poisoning. Those at home didn't get the paralysis until after the world-wide vaccination campaign in 1918.

CHAPTER 4

MEDICALLY-MADE EPIDEMICS---COURT CASES

Drug sales are big business, whether it is marijuana, heroin, tobacco, vaccines, or the misnamed "miracle" drugs, antibiotics, etc. They all cause cell destruction and eventual death — delayed reaction in most cases — although some deaths are sudden, as in penicillin and vaccines which often cause death within 20 minutes.

Vaccine campaigns have been carried on periodically for many years, and it is one of the most lucrative of drug sales, and not illegal such as for heroin and marijuana. The sales propaganda is so deceptive that most of the people believe it, and the medical and drug businesses have enough control over the news media to conceal or distort the reports of deaths and disasters from vaccines to keep the people in the dark as to the hazards of their popularized poisons. The Better Business Bureau is better for business but not for the people. That agency is instructed (by the medical and drug concerns) to forbid the newspapers from selling any advertising space to writers of anti-medical books and articles. I wouldn't make this statement unless I had proof and legal papers to back it. (This is discussed in more detail in another chapter.) It is a form of medical dictatorship — and that is against the law.

Most of the medically-made epidemics get by without being exposed and prosecuted, but a few occurred in cities which had some alert and concerned health groups which took the vaccine promoters to court and got convictions. Two of these court cases are briefly outlined below:

COURT CASES OF SMALLPOX EPIDEMICS DECLARED WHEN THERE WAS NO SMALLPOX

(Report from THE ADVERTISER'S PROTECTIVE BUREAU of Kansas City)

"In the fall of 1921 the health of the city was unusually good, but dull for the doctors. So the **Jackson Medical Society met and resolved to make an epidemic in the city.**

According to the record:

"MOTION WAS MADE AND SECONDED THAT A RECOMMENDATION BE MADE BY THE COMMITTEE TO THE BOARD OF HEALTH THAT AN EPIDEMIC OF SMALLPOX BE DECLARED TO EXIST IN THE CITY AT THE PRESENT TIME.

"MOVED AND SECONDED THAT A DAY BE SET ASIDE TO BE TERMED *VACCINATION DAY*, ON WHICH PHYSICIANS WILL BE STATIONED AT ALL SCHOOLS, CLINICS, PUBLIC BUILDINGS AND HOSPITALS ... TO VACCINATE, FREE OF CHARGE. (No shots are free. The taxpayers are charged for them.)

"It is further recommended that wide publicity be given, stating that vaccination is a preventative of smallpox and **urging the absolute necessity of vaccination for every man, woman and child in the city.**

Those who investigated this fake, doctor-made epidemic searched for cases of smallpox to justify this vaccination drive, but could not find one case in the city.

The scare-head vaccination propoganda showed a picture of a child covered with sores (probably from empetigo, psoriasis or congenital syphilis), and called it smallpox. People are easily frightened when public officials tell them a disease is contagious and is in their midst. The fear vanishes when people learn the truth. Smallpox is not contagious, and compulsory vaccination is illegal. (See the chapter on smallpox for information on tests which proved smallpox and other diseases are not contagious, and can be avoided with the right knowledge and application of that knowledge, given in the big book, "VACCINATION CONDEMNED BY COMPETENT DOCTORS."

Most people do not question the decision of their doctors and public officials so they trustingly put their lives and the lives of their children into the hands of the unprincipled drug vendors. The results were disastrous for the people but good for the doctors. The hospitals were soon filled with vaccine poisoned people and the doctors had business all winter.

According to the record, the doctors made \$500,000 from that Kansas City vaccination spree, not counting the millions of dollars from the hospital cases.

ANOTHER MEDICALLY-MADE EPIDEMIC IN PITTSBURGH IN 1924

The same procedure was carried out as for Kansas. The doctors called a meeting and moved and seconded that an epidemic be declared in the city. As usual, they spread their scare propoganda far-and-wide and herded the people into the vaccination centers.

When the vaccination campaign was at its height, the report showed the death-rate rose 22% in three months, from July 1 to Sept. 30. These deaths were all among the recently vaccinated. Were the doctors and pharmaceutical companies **charged with murder** and given the death sentence? No. They "got by with murder;" they usually do.

This doctor-made epidemic never would have been brought to public attention if it had not been for an active, and well informed group of non-medical, health-minded citizens known as THE PITTSBURGH HEALTH CLUB. They, and their legal aid investigated this manufactured epidemic and brought the instigators to trial.

According to the Health Club's attorney:

"THE DIRECT MONEY LOSS TO THE CITY OF PITTSBURGH IN THIS VACCINATION RAID in 1924 was \$3,096,616 of which the doctors took \$2,000,000. .

"This does not represent the indirect losses such as deaths, permanent injury, business loss from work, etc."

Every city and town today should have an active, capable, and well prepared NON-MEDICAL health group such as those in Pittsburgh and Kansas City to warn the people against the many questionable

practices of the medical doctors, because they continue to stage deadly vaccination campaigns, both large and small in all cities across the country every year, but most of them are not investigated or questioned.

We are in the middle of one of these medically-made epidemics right now. It is the SWINE FLU VACCINE epidemic. There was not a certified case of swine flu in the world when they planned it in 1976, but this multi-million dollar vaccine campaign was foisted on the people anyway, and now three months after it started there are 113 reported deaths and many more cases of paralysis from the shots. All these "murders" forced the public officials to halt the vaccinations. However, the doctors and vaccine makers have stated in the papers that they will try to lift the ban and continue the vaccinations — poisoning and killing more people and refusing to take the blame, because it is profitable.

That is why this book has been rushed into production — unfinished — to warn the people and prevent more disasters from the vaccines. The chapter on swine flu and a few others are included in this advance edition, and the rest will be available later, for those who send for them.

POLIO VACCINE EXPOSE' BLOCKED BY AMA

After reading of the above court cases in Pittsburgh and Kansas City people may say, "That happened way back in 1921 and 1924; that couldn't apply to us now in 1977." Oh, yes it can; it's being done right now again with the swine flu racket. They — the vaccine promoters — should be investigated, prosecuted and stopped permanently.

In 1954 when the vaccine promoters were building up their nation-wide polio vaccine campaign, I wrote a book of facts trying to warn the people against the Salk, Sabin, and Cutter vaccines which were bound to cause widespread death, paralysis and financial loss to the taxpayers. The Better Business Bureau — arm of the medical and drug trusts— blocked me from getting any advertising notices in the papers, radio, TV, etc. But I got some of the books out to as many people as I could anyway. But the "medical dictatorship" decided they were not going to let me tell any more people about things they had kept suppressed, including the court cases. You didn't read of those investigated and prosecuted medical rackets in the papers did you? I had to "dig" for that information. In order to stop my book and put it out of circulation, they had it barred from the mails —without any legal grounds. I had taken it (the manuscript before printing) to a lawyer and had him examine it to see if it was legal. He said, "It is all in order — nothing against the law — but it is dynamite."

I then took it to the Post Office in Los Angeles and had them go over it to see if anything was against their regulations. They said, "It is all in order and not against our rules, not libelous, not obscene, not anti-American, not fraudulent."

So, I had it printed and distributed until the medical "dictatorship" issued orders to the Post Office to bar the book from the mails. This they did, although they had told me it was all in order and legal for the mails.

It's hard to believe that one branch of the business (medical) in this country is so powerful that they can force the Post Office to break the law and bar a book they have approved — a book which is designed to save lives.

In the hearing, the opposition said they barred my book from the mails because it disagreed with accepted medical opinion.

It seems I was the only one with a "fighting book" out to condemn the polio vaccinations, so when it was eliminated and I was threatened if I sold it, distributed it, or even gave it away, the medical poisoners had a clear field to sell their poison vaccines without hindrance. So they continued selling polio vaccine and are still at it, even though it has killed and paralyzed thousands. Many law suits were filed against the vaccine makers and won, and they, the vaccine promoters, had to pay millions of dollars in damages, but they make more in sales than they have to pay out in damage suits so they consider it a good business venture anyway. This is the reason why people rarely hear anything against vaccination; those who raise a voice against it are silenced.

The "Bird Flu" HOAX is only one part of an enormous plan to allow a select few to Rule the World and enslave or annihilate the rest!

This is HOW One Wicked Nation, the United States of America,

Can Kill Billions Around the World - - -

With One Lie!

Addendum: If you're concerned about your health and the ability to resist all types of diseases, including the REAL emerging diseases (not "Bird Flu") that will be perpetrated on the world by the Illuminati, please understand that you CAN be well, in spite of their evil plans. Visit my website at www.drday.com and learn how to **Get Well and Stay Well – Naturally – From ALL Disease - Without Drugs!**

Dr. Lorraine Day is an internationally acclaimed orthopedic trauma surgeon and best selling author who was for 15 years on the faculty of the University of California, San Francisco, School of Medicine as Associate Professor and **Vice Chairman of the Department of Orthopedics**. She was also **Chief of Orthopedic Surgery** at San Francisco General Hospital and is recognized world-wide as an AIDS expert.

She survived what was diagnosed as terminal breast cancer **without radiation, chemotherapy or mutilating surgery**. She got well by using only natural methods and continues to be **totally well and cancer-free, fourteen years** after her cancerous tumor first appeared! (See www.drday.com)

She has been invited to lecture extensively throughout the U.S. and the world and has appeared on numerous radio and television shows including **60 minutes, Nightline, CNN Crossfire, Oprah Winfrey, Larry King Live, The 700 Club, John Ankerberg Show, USA Radio Network, Art Bell Radio Show, Three Angels Broadcasting Network** and Trinity Broadcasting Network.

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So, What's the Real Story on Anthrax?

Always Remember - Who Benefits?

Lorraine Day, M.D.

Ever since the Gulf War, there has been a controversy over vaccination of U.S. troops against Anthrax. There have been numerous criticisms of the Anthrax vaccine: it is dangerous, it doesn't work, it contains other harmful substances, it caused, or at least contributed to, the Gulf War Syndrome, it has not been adequately tested, and on and on. Over the last several years, the controversy has increased so much that many military personnel are refusing to take the anthrax vaccine, even to the point of being court martialled.

Opposition to Anthrax Vaccine - Some Examples:

* "Facing a firestorm of protest from the public and a quiet rebellion among the ranks, an Air Force panel who convicted Capt. John Buck of 'disobeying' an order to submit to the controversial Anthrax shots, decided to forgo sending the young physician to prison.

"The 11-man panel at Keesler AFB in Mississippi deliberated for 90 minutes before handing down a sentence last month of 60 days 'base confinement', a **\$21,000 'fine,'** (spread out over 14 months) and a letter of 'reprimand' added to Buck's personnel file.

"The emergency room doctor and **first physician in the U.S. military to say NO to being 'guinea-pigged' with the so-called Anthrax 'vaccine,' could have received five years imprisonment and a dishonorable discharge,**" according to MilitaryCorruption.com.

* MAJ Sonnie Bates, USAF, a pilot at Dover, AFB, Del. **was headed for a court martial and up to five years in prison** until he went on "60 Minutes" and told what was going on. More than a dozen members of Bates' squadron came down sick with a variety of illnesses including thyroid and liver damage, memory loss, bone and joint pain, fevers, dizziness, infected cysts and lesions.

* More than thirty pilots and tanker crew-members at Travis AFB in

California **quit rather than take the shots.** So did pilots in the Wisconsin Air National Guard. And Air Force Capt. Clifton Volpe, assigned to a VIP transport squadron at Andrews AFB, Maryland, is being thrown out of the military for refusing to take the controversial injections.

* SGT Sandra Larson of Fort Riley, Kansas **is dead of "aplastic anemia,"** a virulent blood disease caused by suppression of the immune system. **She died just 30 days after completing her series of Anthrax shots.** Her sister, Nancy Rugo, says the young NCO "went from a healthy woman just four weeks prior to her death - June 14, 2000 - to having no bone marrow, platelets and an extremely low count of red and white blood cells. **It was as if there was something in her that was killing her immune system, shutting her down.**" **In the final months of her life, Sandra told her sister it was the Anthrax shots that made her sick.** SGT Larson said the threat of court-martial or prison made her reluctantly submit to the shots that ended up costing her her life.

* Retired Air Force LTC Redmond Handy, who resigned his officer's commission rather than participate in what he calls a "terrible crime against our men and women in uniform," warned "there are others currently at risk because of this flawed vaccine. I'm afraid SGT Larson's death won't be the last," he told MilitaryCorruption.com. "When will the Pentagon end this madness?"

The bottom line is that Anthrax vaccinations have had a VERY BAD reputation! More and more people, especially the military, were dead set against them.

Besides, vaccinations don't work: They are neither safe nor effective.

The military was losing their propaganda battle. Recruits weren't signing up and those within the military have been leaving or mounting increasing opposition against the Anthrax vaccinations.

SOMETHING HAD TO BE DONE TO TURN THIS SITUATION AROUND!

(Or so our enemies within our own government decided.) Something Horrible and Diabolic had to be done to permanently change everyone's mind about the Anthrax vaccine!

So, what was their Plan?

Simultaneously with the increased opposition to the Anthrax vaccination program in the military, there was an increase in deluging the American public with "News-Talk" on all the networks and in the newspapers, about a "100% Chance of an Anthrax Attack in the U.S.!" As one author put it - - "100%! WOW! What do the TelePrompter readers know that we don't know? And why do they fail to mention how terrorists came into possession of Anthrax?"

Just HOW did the television news stations KNOW ahead of time that there would be an Anthrax "bioterrorism" outbreak?

And NOW they're telling us that there will be a Small Pox "Bioterrorism" outbreak. Please note that Small Pox has been totally eliminated from the earth, **except for the supply of small pox bacteria kept in the U.S. Biological Warfare laboratory.** This supply has been a source of major controversy, with many scientists over the last 20 years urging the government to destroy it. But of course, the government refused. Their excuse was that they needed to have a source of bacteria to make a vaccine "in case there was an outbreak in the future!" **How convenient!**

It's interesting to learn that Admiral William J. Crowe Jr, who was chairman of the Joint Chiefs of Staff from 1985 until he retired from the Navy in 1989, and who subsequently was rewarded by Bill Clinton with the post of ambassador to Great Britain, has gotten a "sweetheart deal" from the Pentagon to produce this questionable Anthrax vaccine that is supposed to "protect" the nations' military from the deadly organisms.

Crowe is part owner of BioPort of Lansing, Michigan, the producer of the Anthrax vaccine, a company that was temporarily shut down by the Food and Drug Administration (FDA) after it failed an inspection in November, 2000, according to MAJ Glenn MacDonald, USAR (Ret). MacDonald has asked, **"Why has the Pentagon 'fronted' BioPort with millions of dollars in taxpayers' money** when the troubled manufacturer has experienced continued failures? Does that have something to do with who some of its owners and investors are?"

But a Bioport Corp. employee has died, apparently from the anthrax vaccine. "Richard Dunn had worked for BioPort and its predecessor, the state-owned Michigan Biological Institute, since 1992. The 61 year-old man, who cared for and monitored test animals at BioPort, was required to take the same vaccine given to the nation's military personnel. "Dunn received 11 doses of the vaccine - the last,

given in April. An autopsy performed in August suggests the vaccine as a factor," Ionia county Chief Medical Examiner Dr. Robert Joyce said. **"The autopsy," Joyce said, "showed Dunn had an inflammatory response to the vaccine throughout his body."**
(Lansing STATE JOURNAL)

ANTHRAX FOUND!

Since Anthrax has now been found in:

- a) **the American Media Building** in Florida, where five grocery store tabloids are published including, the Star, The Globe, The Sun, and the National Enquirer, and where one employee died of anthrax,
- b) **the NBC building in New York** where News Anchor Tom Brokaw's assistant tested positive for cutaneous anthrax,
- c) **the Microsoft Building** in Reno, Nevada, and
- d) (possibly) in **the ABC headquarters in New York,**

What NOW is the mood of the country? - - - - -

MY, HOW PUBLIC OPINION HAS CHANGED!

People are now downright ANXIOUS to be vaccinated for anthrax, they will line up and pay any price to be vaccinated. Plus the drug Ciprofloxacin (Cipro) is in enormous demand, with its price sky-rocketing.

First of all, let's talk about how the Anthrax powder got into these four buildings.

The American Media Building: The commercial media (Newsweek, Oct 22, 2001) has focused on "a one-page handwritten love letter addressed to Jennifer Lopez, which was passed around the editorial offices." Newsweek reported that enclosed in the envelope was a "small **Star of David** and a tablespoon or so of a bluish substance that resembled dishwashing powder." The work station of Bob Stevens, the man who also read the letter and who subsequently died of anthrax, was said to be a "hot spot of anthrax."

However, five additional employees "who worked way down the hall and around the corner (and for a different tabloid newspaper) were also exposed (their blood tests came back positive)." Yet, they

apparently had **NO exposure** to the "Jennifer Lopez letter."

So, the authorities really DON'T know how the American Media anthrax exposure occurred.

The NBC Building in New York: Erin O'Connor, Tom Brokaw's assistant, reportedly received a "suspicious business letter addressed to 'Nightly News' anchor Tom Brokaw " which contained a white powder. "Within days," Newsweek continued, "O'Connor developed a rash below her left collarbone which tested positive for cutaneous anthrax." **However, the FBI testing of the white powder in the envelope, found it to be negative for anthrax!**

When CNN.com reported this incident (10/12/01), they failed to mention that the envelope tested NEGATIVE for anthrax! Curious!!

"When the FBI interviewed O'Connor more extensively," Newsweek continues, "she recalled that she had gotten another letter, postmarked Sept. 18. She hadn't thought anything of it. But, she finally remembered, it did contain some kind of dark, sandlike powder." The FBI supposedly reported on Oct. 12 that that letter, postmarked Trenton, N.J., contained "**traces** of anthrax."

Let's get real. With the amount of mail that comes into the NBC building in New York on a daily basis, the chances of finding some obscure, forgotten letter almost a month later would be virtually impossible. Do they really expect us to believe that?

The Microsoft office in Reno, Nev.: This episode is even more bizarre. According to the Newsweek report, a letter received On Oct. 13 "tested positive for anthrax: the envelope, in which Microsoft had sent a check to a vendor in Malaysia, had been returned, with the check intact. It also contained pornographic pictures cut from a magazine, and **dusted with anthrax spores.**"

Anthrax spores are NOT visible. How would anyone know the anthrax spores were there? There is no evidence that EVERY piece of mail at Microsoft was being sent to a laboratory for analysis for anthrax spores, that would be too expensive. So why did they check this one particular letter? What would make anyone think that anthrax spores were there since they are not visible?

ABC Headquarters in New York: "A 7-month-old boy who visited the network's headquarters in New York for several hours on Sept 28 contracted the cutaneous form of the disease. The boy is the son of a

freelance news producer. **Investigators do not know the source of the anthrax** and have not ruled out suspicious packages."
(ABC News.com, 10/15/01)

THE BOTTOM LINE IS: There is virtually NO evidence that anthrax was sent through the mail in ANY of these cases.

All four of these episodes are very vague. **So we're back to the obvious probability that the anthrax powder was purposely planted in the buildings, not sent through the mail.**

And NOW, just recently, a "letter" containing "a powder that tested positive for Anthrax has been sent to Senate Majority Leader Tom Daschle which has potentially contaminated as many as 29 people, including two Capitol Police officers."

This will, of course, insure that Congress will pass all the harsh, restrictive, rights-destroying legislation that the behind-the-scenes rulers of our country will demand!

Who's responsible for these treacherous acts?

Let's consider, as any good detective should, **OPPORTUNITY AND MOTIVE!**

OPPORTUNITY:

Who would have access to each of these buildings, particularly during non-working hours, WITHOUT raising suspicion? Since ALL four corporations are owned by Jews, individual Arabs or a group of Arabs would be highly suspicious if found roaming around their buildings. The owners wouldn't allow it, especially since September 11. They obviously would have NO off-hours access either. But certainly the owners of the specific companies, or their representatives, would have unlimited access.

But why would someone allow Anthrax to be planted in his own building? Isn't that a little far-fetched? Not if you're part of a small elitist group of internationalists dedicated to controlling the world and all of its resources. Each one is expected to do his part. Besides, after the initial planting of the Anthrax and the exposure of enough employees to cause major public panic and possibly death of one or many individuals, the building can then be closed, decontaminated

and made ready for use again. Mission accomplished!

MOTIVE (Who Benefits?):

What would the obvious motive be?

To cause epidemic fear and overwhelming panic which would result in: a) a major demand for the anthrax vaccine which would eliminate the previous public and military resistance to the vaccine and bring great profits to the vaccine manufacturer, b) a burgeoning market for the drug Ciprofloxacin, at any price - bringing huge profits to the pharmaceutical company that produces it, and c) a desire by the public to have maximum protection from these diseases no matter what the monetary cost or the sacrifice of their individual rights.

By the way, orthodox medicine's drug of choice for anthrax is plain old Penicillin, which is very cheap because it is no longer patentable. Why are they instead pushing Cipro which is very expensive and restricted by the pharmaceutical company patent rights?

So, who would have the MOTIVE?

a) Those who want to create Panic in America to cause a major plunge in the stock market and a subsequent depression of the U.S. economy - to prepare the U.S. for takeover by the **One World Government of the United Nations, with its plan for tyranny and TOTAL control of everyone on the planet.** Also, a stock market crash provides the opportunity for the BIG MONEY players to buy up huge amounts of stock at bargain-basement prices, just like the Rockefellers did in the Crash of '29!

Who Are These People? These would be the same people who were responsible for the World Trade Center and Pentagon attacks - - **and, again, it's NOT the Arabs!** The obvious candidates would be those who have infiltrated the U.S. government, particularly the CIA, who have an allegiance to World Government and to Israel, NOT an allegiance to the U.S. and the interests of the average American. (Please see "[World Trade Center/Pentagon Attack.](#)")

b) The major stockholders of the company who makes the anthrax vaccine

c) The major stockholders of the company who makes Ciprofloxacin

Many, if not most, of the Pharmaceutical companies that make drugs

and vaccines are owned by the groups with the same allegiance as mentioned in (a) immediately above.

Who would have ACCESS to the Anthrax powder?

In at least one instance, the powder was said to be of very high grade which would ONLY be found in a high quality laboratory, particularly a government laboratory. Scientists say that it would be virtually impossible for anthrax powder or spores to be found in places such as these without a deliberate planting of it there.

The owners of ALL of these four businesses, and their top men, are close associates, both by professional association and cultural and ethnic background, of those who are involved with Secret Societies such as the Bilderbergers, The Club of Rome, and others whose agenda is Population Control and World Dominance!

What is the evidence for Population Control? Who's behind it and Why?

In the UNESCO Courier of November 1991, Jacques Cousteau wrote:

"The damage people cause to the planet is a function of demographics - it is equal to the degree of development. One American burdens the earth much more than twenty Bangladeshes . . . This is a terrible thing to say. **In order to stabilize world population, we must eliminate 350,000 people PER DAY.** It is a horrible thing to say, but it's just as bad not to say it."

Bertrand Russell, an advisor to many U.S. presidents, in his book, "The Impact of Science on Society," wrote,

"At present the population of the world is increasing . . . War so far has had no great effect on this increase . . . I do not pretend that birth control is the only way in which population can be kept from increasing. There are others . . . **If a Black Death could be spread throughout the world once in every generation,** survivors could procreate freely without making the world too full . . . the state of affairs might be somewhat unpleasant, but what of it? **Really high-minded people are indifferent to suffering, especially that of others.**"

In the Global Assessment Report of UNEP (a United Nations sponsored study group), Phase One Draft, Section 9, the authors quoted an expert who suggested that:

"A reasonable estimate for an industrialized world society at the present North American material standard of living would be 1 billion. At the more frugal European standard of living, 2 to 3 billion would be possible."

In "The First Global Revolution," published by The Council of the Club of Rome, a secret international elitist organization of the New World Order, **whose diabolical duty it is to devise methods to decrease the world's population**, the authors note that:

"In searching for a new enemy to unite us, we came up with the idea that pollution, the threat of global warming, water shortages, famine, and the like would fit the bill. All these dangers are caused by human intervention . . . **The real enemy, then is humanity itself.**"

In Elberton, Georgia, there is a Druid-like monument, erected in March 1980 and funded by a mysterious man using the pseudonym, R.C. Christian. The words engraved on the massive stone pillars are the **Ten Commandments of the New Age**: They read as follows (with my editorial comment underneath each one):

1. **Maintain humanity under five hundred million** in perpetual balance with nature.

(Since there are 6 billion people on the earth presently, 5 1/2 billion will have to be exterminated.)

2) **Guide reproduction** wisely, improving fitness and diversity.

(Forced abortion, limit couples to one child, aborting before birth or killing after birth any disabled or deformed child.)

3) **Unite humanity** with a living new language.

(One World Language - as in the tower of Babel.)

4) **Rule** passion, **faith**, tradition, and all things with tempered reason.

(One World Religion, with the elimination of God and the Rule of Reason as was the case in France during the bloody French Revolution.)

5) Protect people and nations with fair laws and just courts.

("They" will decide what laws are "fair" and what "justice" is.)

6) Let all nations rule internally, **resolving external disputes in a world court.**

(Governors will be appointed by the New World Order, not elected by the people.

National rights will no longer exist. All disputes will be settled in a world court,
with no right to appeal.)

7) Avoid petty laws and useless officials.

("They" will decide the definition of "petty" and "useless.")

8) **Balance personal rights with social duties.**

(Pure Communism. Individual rights must be given up in favor of the community.)

9) Prize truth, beauty, love . . . seeking harmony with the infinite.

("Tolerance" is their buzz word. No one's morals, or standards or religious beliefs

have any more validity than anyone else's. Everyone decides his own morality.)

10) **Be not a cancer on the earth** . . . leave room for nature . . .

(Worship nature, rather than the Creator of nature. Nature becomes god. Animals and plants are more important than people.)

(For more information on the Georgia Guidestones, visit the website: <http://home.sprynet.com/~eastwood01/geoguide.htm> or search under the heading: Georgia Guidestones.)

So you can see, there IS a plan to eliminate most of the population of the world. This is the goal of "environmentalism."

WHAT WILL BE ACCOMPLISHED BY THESE RECENT ANTHRAX EPISODES ?

One thing you can be sure of, there will be **MORE CONTROL!**

Who knows what they have in mind for sure, but maybe any or all of the following:

1) Getting the population used to the possibility of biological warfare,

and eventually many different plagues with millions of deaths.

2) Putting the population into panic. When people are in a state of panic, they are more susceptible to propaganda.

3) Again blame something else on the Arabs, so the U.S. and Israel can go bomb them out of existence. They can also crush, take over and control Afghanistan and its strategic position for their proposed oil pipeline for the massive oil reserves in that area and any other Arab-occupied areas with oil or other natural resources.

4) Markedly increase the cost of mail delivery. After all, they will have to take "special precautions" with all mail and that will be expensive.

5) Elimination of all sealed envelopes. All mail would have to be left open for inspection. (This would obviously serve the purposes of the New World Order.)

6) Elimination of all regular mail with an immediate shift to electronic mail only. (Then they could read your mail more easily.)

7) Major profits for the Pharmaceutical companies with the sale of Cipro and the Anthrax vaccine.

8) Frequent searches of vehicles, persons and possessions for the presence of Anthrax, or other "bioterrorism" bacteria or viruses.

9) Searches of homes, without warrants, for Anthrax or other "bioterrorism" bacteria or viruses - "for the safety of the neighborhood, city and country."

10) Increased security at airports, with NO carry-on luggage.

11) National ID cards "to eliminate terrorists and terrorism."

And anything else that comes to "their" mind.

Just How dangerous is Anthrax?

Anthrax is a disease of sheep, cattle, horses, goats, and swine caused by *Bacillus Anthracis*, a gram-positive spore-forming aerobic rod. The organism is transmitted to humans by inoculation of broken skin or mucous membranes or by inhalation causing either cutaneous or pulmonary infection. Anthrax is usually a rare occupational disease of

farmers, veterinarians, and tannery and wool workers.

In cutaneous anthrax, a reddened small swelling appears on an exposed area of skin which then develops into a blister, with a purple to black center. The surrounding area is also swollen and forms blisters. The center of the area involved finally turns black, dies and sloughs off.

The lymph nodes in the surrounding areas enlarge and there is fever, malaise (unease or discomfort), headache, and nausea and vomiting. After the central area of involvement sloughs, the disease can spread by the blood to other areas of the body resulting in shock, sweating, cyanosis (bluish color of the skin due to decreased hemoglobin), and collapse. Hemorrhagic meningitis may also occur.

Pulmonary (lung) anthrax results from inhaling of spores (a form of the bacteria that is encapsulated with a microscopic outer shell that inhibits its being killed by routine sterilization methods). Pulmonary anthrax is characterized by fever, malaise, headache, shortness of breath, cough, congestion of the nose, throat and larynx, and evidence of pneumonia.

The mortality rate is high, particularly for the pulmonary form, despite what orthodox medicine considers proper therapy. They advocate Penicillin G, 2 million units intravenously every 4 hours, according to the accepted medical textbooks. Notice, the drug of choice is NOT Cipro (at a very high price), but instead it is Penicillin (which is dirt cheap.)

How Dangerous is treatment with Cipro?

The Pharmaceutical company, Bayer, makers of Cipro (ciprofloxacin) give stern warnings about the adverse side effects of the drug, as follows:

"THE SAFETY AND EFFECTIVENESS OF CIPROFLOXACIN IN PEDIATRIC PATIENTS AND ADOLESCENTS (LESS THAN 18 YEARS OF AGE), PREGNANT WOMEN, AND LACTATING WOMEN HAVE NOT BEEN ESTABLISHED."

Other **Adverse Reactions** documented to have occurred with Cipro:

Nausea, vomiting, diarrhea, abdominal pain, headache, restlessness, rash, cardiac palpitation, fainting, hypertension, angina, heart attack,

cardiac arrest, stroke, nightmares, hallucinations, manic reaction, irritability, convulsive seizures, anorexia, depersonalization, depression, painful oral mucosa, oral candidiasis, difficulty swallowing, intestinal perforation, gastrointestinal bleeding, jaundice, joint pains and stiffness, kidney failure, urinary retention (inability to urinate), urethral bleeding, vaginitis, shortness of breath, swelling of the larynx, pulmonary edema, coughing up blood, blood clots to the lungs, full body itching, full body swelling, swelling of the neck, face and lips, anaphylaxis (total body collapse and death), delirium, toxic psychosis, liver destruction, pseudomembranous colitis (the lining of the colon sloughs off), life-threateningly low white blood count and severe anemia, and many more. (Source: Physicians' Desk Reference, 2001)

Penicillin also has side effects and can cause death in someone who has a penicillin allergy.

But antibiotics are really not the answer. They're only a short term fix and don't address the underlying cause of the problem. And ALL antibiotics have side effects.

IS THERE ANY WAY I CAN PROTECT MYSELF AND MY FAMILY?

You bet there is!

Antibiotics are NOT the answer because germs are not the problem. Germs don't cause disease anymore than flies cause garbage. The whole "germ theory" on which all orthodox medicine is based, is **WRONG!** Vultures don't attract dead animals. Dead animals attract vultures. The dead and dying tissue always attracts the clean-up crew.

Germs (bacteria and viruses) are not part of the problem, they are actually part of the solution, as strange as that may sound. They are part of the clean-up crew. We are surrounded by bacteria and viruses all the time. They are in our nose, our mouth, our throat and our intestine. Most of the time, they don't bother us at all. They only cause us trouble when our immune system is not working properly, when we are full of sick cells and dying tissues **which is a result of improper diet and lifestyle**, then the bacteria and viruses move in to clean out the dead and dying tissue.

When the toxins from the dead and dying tissue are dumped into the blood stream for elimination through the kidneys, the toxins cause symptoms - these symptoms are then identified as a "disease" by the

doctor who then wants to fill you with dangerous drugs! This is all explained on my videos "[Drugs Never Cure Disease](#)" and "[Sorting Through The Maze of Alternative Medicine](#)."

The **EXACT PLAN** necessary to rebuild the immune system is found on my video "[You Can't Improve on God!](#)" This is a totally natural, rigorous, Ten Step Plan, designed to be done at home, a Plan that is **TOTALLY FREE**, except for food (and you have to buy that anyway).

The **BEST AND ONLY way** to avoid **ALL** infectious diseases is to have your body in a **MAXIMUM** healthy state with a properly functioning immune system. If the body's immune system is working properly, **it is virtually impossible to contract ANY infectious disease!**

Remember, in EVERY disease epidemic in the past,

no matter how severe or extensive it was,

THERE WERE ALWAYS THOSE WHO DID NOT GET THE DISEASE!

The SECRET is the IMMUNE SYSTEM!

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Doesn't EVERYBODY Die from Disease - of Some Kind?

Lorraine Day, M.D.

This world is run by laws – laws of chemistry, laws of physics, laws of astronomy, etc. These laws have an impact on us whether we know about them or not. If we are ignorant of these laws, or if we know about them but attempt to defy them, they are still controlling us whether we like it or not.

Take, for example, the Law of Gravity. The law of gravity works on everyone on earth. A baby, when he first gets up to walk, learns about the law of gravity because when he falls, he falls DOWN and not UP! And he may even hurt himself when he falls.

The baby may not know the name of the law of gravity, but he understands the law of gravity nonetheless, at least in its most primitive form.

If an adult chooses to **defy** the law of gravity by jumping from a high building, he still is going **down**, and he may seriously injure, or even kill, himself. It is clear that the law of gravity is working on **everyone** whether we like it or not.

One must learn to live **within** this law – and the other natural, scientific laws that govern our world - or we may reap serious consequences, even death, as a result of our disobedience to these natural laws.

Ten Natural Health Laws

It is the SAME with our health. Our health is governed by Ten Natural Health Laws whether we know about them or not, or whether we like them or not. These laws are immutable. No one is exempt from them. If we are ignorant of these Health laws, or if we deliberately defy these health laws, we have an overwhelming likelihood of developing a serious, life-threatening disease and dying a long, slow, extremely painful death.

However, if we **understand** these Ten Natural Health Laws and learn to live **within** them, the chances are great that we will live a long, healthy, pain-free, enjoyable, full, active life – **without** disease. And when we are very old, we will just wear out, and die by going to sleep – **without** disease and **without** pain.

These Ten Natural Health Laws are given on all of my DVDs/videos, but are explained in detail on my DVD/video entitled "[You Can't Improve Upon God.](#)"

The **ONLY** way to **become** healthy and to **remain** healthy is to follow these **Ten Natural Laws of Health**. Any other way to attempt to regain - or retain - one's health is nothing but a transient "Quick Fix" – a treatment of symptoms rather than addressing the root cause of the problem. This may make you feel better temporarily but the **disease will continue to get worse** while you are **deluding yourself**.

In order to be **REALLY WELL**, one must address the root cause of the problem. And that is **ONLY** done by following the Ten Natural Laws of Health.

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SARS: Is it Real? Or is it a Hoax?

Lorraine Day, M.D.

(Posted June 27, 2003)

Is SARS a real entity? Everyone accepts it as true, but NO ONE is asking the right questions. In fact, NO ONE is asking ANY questions!

Let's start from the beginning.

1) What does the acronym SARS stand for?

Answer: Severe, Acute, Respiratory Syndrome.

2) But what does that really mean?

Answer: Almost nothing!

Severe the definition is obvious. It's the opposite of mild. However, this, in fact, does NOT describe the "disorder" accurately.

Acute means rapid onset as opposed to a chronic disease, such as arthritis

Respiratory having to do with the respiratory system.

Syndrome defined in Taber's Medical Dictionary as the following:
"A group of symptoms and signs of disordered function related to one another by means of some anatomic, physiologic, or biochemical peculiarity. **This definition does NOT include a precise cause of an illness** but does provide a framework of reference for investigating it."

The name really means nothing. "Severe, Acute, Respiratory Syndrome" is a catch-all term that can be applied to numerous disorders, particularly plain, old pneumonia!

2) How can SARS be identified?

A) By its symptoms? **A great big, "NO!"**

In the headline article of the May 9, 2003 Desert Sun (the only newspaper in the Palm Springs area. It is owned and operated by Gannett, the owners of USA Today), the symptoms of SARS, according to the **Centers for Disease Control**, are specifically defined as the following:

1) **A fever greater than 100.4 degrees.** So what! Every doctor knows that a perfectly healthy person can generate that much increased temperature on a moderately hot day. That "fever" is less than 2 degrees above **Normal**. It is NO "fever" at all!

2) **Headache** - Big deal! Everyone has a headache now and then. That can be caused by stress, fatigue, caffeine withdrawal, mild hunger, a minor cold, the flu and many, many other mild conditions.

3) **Body aches** - again, so what! That's a totally generic symptom that can occur in anyone at any time. It means NOTHING in this situation!

4) **MILD respiratory symptoms.** You can have that with a cold, flu, bronchitis,

allergies, asthma or even from the effects of a smoggy day. This is not specific enough to identify ANYTHING!

5) **Difficulty breathing.** This can be associated with all of the conditions mentioned in #4.

These "symptoms" are so generic as to be laughable. Yet these are the symptoms of "SARS" as published by **The Centers for Disease Control (CDC)**. They ought to be ashamed!

These are the symptoms of a mild cold, the flu, bronchitis, allergies, asthma, or any "garden-variety" pneumonia. They are in NO way specific for ANY special disorder!

It is very important to note that this "disorder" is described as a "syndrome" rather than a disease, because this diagnosis is just a "guess." The name tells us nothing. It is a generic name, a name that describes symptoms that could fit any one of forty or more conditions or disorders. It describes anything - - - and nothing!

It is medically IMPOSSIBLE, and totally UNJUSTIFIABLE to state that these run-of-the-mill symptoms, common to a cold, the flu, allergies, asthma, or dozens of other mild medical problems, can be used to designate a "disorder" or "syndrome" that is being described as a "global epidemic," a cause for "panic," or a disorder that can be used to quarantine or isolate individuals, groups, cities or even entire countries!

This is a TOTAL FRAUD!

So, we have most certainly established that a doctor CANNOT specify that a person has SARS by evaluation of their symptoms. ALL the symptoms are completely NON-SPECIFIC.

B) Can you Identify SARS by culturing a specific organism (bacteria or virus) from the patient?

1) The government says they have isolated the virus that causes SARS.

How AMAZING that researchers were able to do that within a few weeks of the time SARS first appeared, especially when it took almost EIGHT YEARS for researchers to isolate the AIDS virus!

How AMAZING that they were able to isolate the "SARS" virus even though they can't even distinguish SARS, based on the symptoms, from plain old, "garden-variety" pneumonia! How do they know that the "SARS" virus comes from a patient with "SARS," if they can't distinguish "SARS" from any other pneumonia, or many other generic conditions, by its symptoms?

2) The government says that the virus that causes SARS is a member of the family of Coronaviruses.

The truth is that Coronaviruses cause many, many conditions, including colds, the flu, pneumonia and other respiratory infections of ALL varieties. They are common viruses and not specific for ANYTHING.

How can ANYONE say that a Coronavirus is the cause of SARS when the National Post has published that Canada's "top virus hunter, Francis Plummer, a veteran scientist who has spent 20 years tracking AIDS and other deadly infections around the globe, said he is **not convinced** by the theory that SARS is caused by a rogue strain of coronavirus. **Dr. Plummer said tests show only 40% of Canadian SARS patients have the suspect virus in their tissue samples and even these patients have small amounts of it. Moreover, some people who test positive for coronavirus have no SARS symptoms.**"

"The link between SARS and the virus is quite weak," said Dr. Plummer, scientific director of the National Microbiology Laboratory in Winnipeg.

The very fact that less than half of the patients with supposed "SARS" have evidence of the Coronavirus, leaves MAJOR questions about the Coronavirus

being the etiological factor for SARS.

What is causing "SARS" in the other 60% of patients?

Why do some people test positive for the "SARS" virus, but have no symptoms?

To suggest that a Coronavirus is the cause of a supposed disorder generically named "SARS" based on such flimsy "evidence" is very BAD science, at best, and deliberate fraud at the worst!

3) Even if "SARS" were a REAL disease, and even if a "rogue" Coronavirus were the cause of "SARS," the BBC News has published that "the virus thought to cause SARS is CONSTANTLY CHANGING FORM." If that is true, then how can ANYONE know WHAT virus is actually causing the supposed disease, since the virus would mutate to another form before any researcher could establish that a specific form of the virus was the cause of any specific disease?

Notice that the Beijing Genomics Institute reported that the virus is "**EXPECTED** to mutate very fast and very easily." WHY is it "**EXPECTED**" to do this? That means it hasn't done that yet, so WHO is **EXPECTING** it to mutate "very fast and very easily?" - - and on what basis? Could this be a genetically modified form of the Coronavirus, designed in a U.S. laboratory to do just exactly what is predicted?

The article goes on to state that:

"So far, the strain has killed more than 200 people, mainly in China, Hong Kong, Canada and Singapore."

Let's see, the combined populations of China, Hong Kong, Canada and Singapore, must be around 2 BILLION people. To suggest that the death of 200 people, out of a total population of 2 BILLION - over a period of several months - from ANY type of disease, can be characterized as an "epidemic" is absurd!

You can be sure that at least **50 times** that many people in that combined area, die from plain old, "garden-variety" pneumonia and other generic respiratory illnesses in half that time!

Every life is important, but statistically speaking, 200 deaths, even in ONE day, out of a population of 2 billion, is not unusual. It has no impact on ANYTHING! It means NOTHING! In NO WAY does it suggest an "epidemic" of ANYTHING! This is nothing but deliberate "Scare Tactics!"

And speaking of "mutation," an article published by the CBS News Online staff, on June 19, 2003, says that "SARS Experts in Canada are "concerned" that the "SARS" virus will be mutating to a "MILDER" form that will not kill the victim, it will cause only a mild disease so that people can go about their daily work - - and transmit it to a large number of others. . . The mutation would also make developing an effective treatment much harder." (Please note: If it's a MILD disease, who needs an "effective" treatment? The body will take care of it, as it does the common cold). Dr. Donald Low, head of microbiology at Mount Sinai Hospital in Toronto said, that in that case, "**different SARS vaccines would have to be manufactured every year or two.**"

Now wouldn't THAT be a financial BONANZA for the pharmaceutical companies!

4) Whenever the media headlines contain the words, "Panicked," "EXPLOSIVE Epidemic," "Outbreak INEVITABLE," "First **Global** Epidemic," "SARS **Here To Stay**," "Unstoppable," "Mystifying," "Terrifying," these are PROPAGANDA words designed specifically to produce TERROR in the hearts and minds of the citizens! These are the exact headline words that have been used to describe the supposed SARS "epidemic."

One headline announced, "US Hospitals **Brace** for SARS As Cases **Inch** Up." If cases are only "Inching Up," NO hospital has to BRACE ITSELF. This is Orwellian NewSpeak! - language designed to deliberately instill fear.

Would you "Brace yourself" for a tortoise coming towards you from 500 yards away? Or even a Tiger, if it was only "inching" towards you? Of course not! You would just turn and walk away.

This is propaganda at its worst!

To Summarize So Far:

The supposed disorder of "SARS":

A. CANNOT be distinguished, by its symptoms, from virtually ANY other mild or severe respiratory disorder!

B. CANNOT be distinguished by any **specific** microorganism (virus or bacteria)!

And just recently, the World Health Organization has demanded that Public Health organizations "EXPAND" the definition of SARS to include ANY patient with a "pulmonary infiltrate."

A "pulmonary infiltrate" is a non-specific term for the infiltration of a localized or generalized area of lung tissue by cells or fluid, not normally present in the lung, causing a dense area on chest X-ray. A few of the many conditions that can present with a pulmonary infiltrate are:

- A. Asthma
- B. Allergic disorders - of many different kinds
- C. Parasitic disorders - of many different kinds
- D. Collagen vascular disorders, such as Wegener's granulomatosis and Rheumatoid lung disease
- E. Sarcoidosis
- F. Fungal infections of the lung - of which there are many
- G. Lung Cancer - of several different types
- H. Lung metastases from cancer, with the primary tumor in another organ
- I. Lymphoma
- J. Loeffler's syndrome (Acute eosinophilic pneumonia)
- K. Viral pneumonia - of many different kinds
- L. Bacterial pneumonia - of many different kinds

Any patient with one of these well-known, specific diseases or disorders, will now have to be included in the "SARS suspect" group, causing the number of "possible SARS" patients to fraudulently swell, to triple, quadruple, or quintuple the previous numbers!

"Well, then, if there is no such thing as "SARS," WHY are ALL these people dying?" What are they dying from?" you may ask.

a. First, there is NO way for the average American to verify the numbers that are being published by the news media.

b. These numbers of "deaths," if truly occurring, are easily within normal numbers, in these large metropolitan areas, for deaths from plain old pneumonia in young or old, or even routine flu in the elderly.

People are dying in routine numbers from various diseases and disorders that have been around for many decades. That is nothing new! But there is NO evidence to support the popularly promoted idea that their deaths are due to a "new" syndrome called "SARS!"

Unless the CDC, the World Health Organization (WHO), and the US Public Health Department can show us, the American public, and me, as a physician, something more, I must conclude that **"SARS" is a Global Scam!**

If the disorder of "SARS" doesn't really exist, why is this fraud being perpetrated on America and the world? And by WHOM?

First Question: WHY?

Answer: A) CONTROL!

The following are recent newspaper headlines and/or lead television news stories from around the U.S. and the world:

1) **"10,000 Quarantined in Panicked Beijing"**

2) **"30,000 sent out to Search For SARS Victims"** to quarantine them. Question: If I, a highly trained physician, CANNOT distinguish SARS from ANY OTHER type of routine pneumonia based on ANY of the government's published information, how are lay people going to do it?

3) **"U.S. Agents Being Trained to Spot SARS"** (Associated Press). Homeland Security Department spokesman Dennis Murphy said 22 major U.S. airports, including Kennedy International in New York and Los Angeles International, have public health officials on site.

They can detain ANYONE they choose for ANY reason whatsoever, using the excuse of "SARS."

4) One article about "SARS" in China states that anyone in China that is guilty of spreading the SARS virus to another person, **can be shot!**

That's the ultimate control!

B) Decrease in Airline Travel:

People are much easier to control if they aren't traveling around. Those committed to revolutionizing the planet earth into a "One World Government" want to do everything possible to induce the population NOT to travel, allowing easier "tracking" of every citizen. (In Communist Russia, before the wall fell, a citizen had to get a "visa" to travel WITHIN the country of Russia, a distance equivalent to that between San Francisco and Los Angeles (approximately 400 miles within the borders of the same country).

And when airline travel falls dramatically, the super-industrialists can "sweep in" and buy up the airline companies at pennies on the dollar.

1) "SARS" is Devastating the Airline Industry:

With decreased travel caused by increased fear, the airlines will probably go bankrupt. Then the super-industrialists who are behind the plans for a One World Government, can buy up ALL the airlines at bargain-basement prices and eliminate ALL competition. They will then be able to make ALL the rules about who can travel and who cannot.

2) The government will be able to quarantine whole cities, or states, or possibly an entire nation, or an airplane full of passengers, or any individual citizen, at the whim of bureaucrats - based on a "disease" that cannot be specifically identified and doesn't even exist! They can instill TOTAL panic in populations of entire countries, controlling them with great ease.

C) The super-industrialists and framers of a One World Government want to see just how easily the public AND the doctors can be manipulated by an outrageous fable that has absolutely NO basis in fact!

They NOW realize they can tell the public literally ANYTHING, and they will "buy it!" NO ONE will question it, not even the supposed medical "Experts!"

D) The Pharmaceutical companies will be able to make many more billions of dollars by producing yet another **NEW vaccine** every year or two, that will contain many more deadly substances to force on the population of the U.S. and other countries, as part of their deadly goal of reducing the population of the U.S. and the world.

Second Question: WHO IS BEHIND THIS?

Those promoting a One World Government: The super-international industrialists, those who control the Federal Reserve Bank of the U.S. and the Central Banks of ALL Countries, those who are behind the take-over of ALL the natural resources in Africa, Afghanistan, the former Yugoslavia, AND the Middle East, those who are behind the numerous mergers of many different industries in America, including the banking industry, the defense industry, and the medical industry, to name a few.

Why don't doctors speak up and ask some penetrating questions?

Answer: Because doctors are taught from their first day in their pre-medical studies in college, to:

- * NEVER seriously question their superiors,
- * NEVER endanger their medical license by "rocking the boat"
- * ALWAYS be politically correct
- * NEVER question what the majority believes
- * NEVER do anything, particularly if it means standing for truth against all odds, that will cause them to lose the respect of their peers

This attitude of unquestioning submission to their superiors continues on throughout medical school, residency and their lifetime of practicing medicine. After all, a doctor's livelihood can be placed in severe jeopardy by those in power above him. A doctor learns early in his or her training, not to step out of line!

To illustrate this "**Herd Instinct**" of doctors, here are some closely-held "beliefs" of doctors, ALL of which have been completely disproved by literally volumes of documentation!

A. Doctors believe that vaccinations help prevent disease and virtually never have serious, life-threatening side effects, when the truth is that Vaccinations are NEITHER safe NOR effective. (Read Neil Miller's book: Vaccinations: Are they Safe and Effective?)

B. Doctors believe that chemotherapy and radiation are "good" treatments for cancer patients, even though ALL doctors KNOW that BOTH chemotherapy and radiation actually CAUSE cancer and that they BOTH suppress the immune system - the ONLY system that can get a sick patient well!

C. Doctors give out drug prescriptions to patients "like candy" even though doctors know that ALL drugs have serious, often life-threatening, side-effects. And ALL doctors know that the fourth -leading cause of death in America is "adverse effects of drugs prescribed by doctors," and ALL doctors know that the leading cause of falls in the elderly (that frequently cause hip fracture, leading to the patient's ultimate death) is the drugs prescribed by doctors.

Doctors BELIEVE what they are told by: a) their medical school professors, b) the articles in medical journals (although studies have shown that only 1% of those studies are based on sound scientific principles), c) the pharmaceutical company salesmen and saleswomen, who obviously have a completely prejudiced view of treatments since their livelihood depends on disseminating the "party line" of their employer.

A Few Additional Comments:

A) These "new" diseases that suddenly appear, are virtually ALWAYS attributed to either another country (frequently a country that the U.S. or Israeli government is attempting to demonize at that particular moment), or to some animal - common or bizarre. The countries and/or animals include: Asian (flu), China ("SARS"), Monkeys (AIDS), African Rat or Prairie Dogs (Monkeypox), Swine (flu).

It is very important to understand that it is quite unusual for animal viruses to infect humans, and vice versa. In order for that to happen easily, the animal virus must be grown in cultures of human cells. In other words, it must be a deliberate plan to modify the infectivity of an animal virus to make human beings susceptible to it. This is a procedure that is done in U.S. and Israeli laboratories routinely.

B) There **WILL** be future **REAL** epidemics similar to AIDS, Ebola Fever, etc. These are for the express purpose of deliberately decreasing the population of the world - - - but SARS is NOT one of them!
"SARS" is a GLOBAL HOAX!

C) Many of these "epidemics" will be caused by man-made biological weapons, but not necessarily from an

enemy country. The U.S. has its OWN, ACTIVE Biological and Chemical Warfare Program!

Please note the following quote from Bertrand Russell, advisor to Prime Ministers and Presidents, in his book "The Impact of Science on Society":

"At present the population of the world is increasing. . . War so far has had no great effect on this increase . . . I do not pretend that birth control is the only way in which **population can be kept from increasing**. There are other ways . . . **If a Black Death could be spread throughout the world once in every generation**, survivors could procreate freely without making the world too full . . . the state of affairs might be somewhat unpleasant, but what of it? **Really high-minded people are indifferent to suffering, especially the suffering of others.**"

This is typical of the attitude of those who promote a One World Government, those who propose to rule the world and make slaves of the people.

As stated above, there WILL be MANY serious diseases emerging. However, the majority of them will be man-made in the Biological Weapons Departments of the U.S. and Israel, to be used against the U.S. population.

But "SARS" is NOT one of them. It is a Global Hoax, designed to terrorize the public, and to see just how gullible the public - and the medical establishment have become!

In Conclusion:

If **ANYONE** can prove to me, on the basis of the published information from the Centers for Disease Control, the World Health Organization, and the US Department of Public Health, as of the posting date of this article, using properly verified statistics and published symptoms, that SARS is indeed, a REAL disease, different from routine pneumonia, I will be happy to pay them \$1,000.00 out of my own pocket.

ONE MORE THING:

You do NOT have to fear these emerging diseases, real or fraudulent!

The Best and ONLY way to resist disease is by following the Ten Step Totally Natural Health Plan to make sure your immune system is functioning optimally. This is the Plan I used to reverse my advanced, life-threatening cancer. It is virtually IMPOSSIBLE to get sick if your immune system is functioning properly.

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Small Pox: How Bad Is It - - - Really?

Here's What The Government WANTS YOU TO BELIEVE!

Lorraine Day, M.D.

UN Issues Worldwide Smallpox Terror Alert! according to the The London Observer newspaper's headlines (Oct 21,2001).

"Governments around the world have been warned to prepare against a terrorist smallpox attack which could kill millions. The World Health Organization has told them to ensure they can produce enough vaccine to protect their population against the disease, and is preparing to order mass precautionary vaccination of all citizens.

"The Observer says smallpox is a serious threat because it is easily passed from person to person, has a fatality rate of up to 90 per cent, can kill in 48 hours and few people have been vaccinated.

"Initial smallpox symptoms include fever, severe headache, back and chest pains and intense anxiety. Victims develop blotchy rashes, often with purple lesions, followed by a face rash similar to sunburn and severe scarring.

"Death can take from 48 hours to two weeks. There is no treatment"

Here's the REAL TRUTH!

1) Dr. Russell T. Trall, the eminent Natural Hygienist, **considered smallpox "as essentially . . . not a dangerous disease."** He cared for large numbers of patients afflicted with smallpox and never lost a case. Under conventional medical treatment, patients were drugged, bled profusely, smothered in blankets, wallowed in dirty linen, were allowed no water or fresh air, were stuffed with brandy or wine and were medicated with antimony and mercury in large doses.

2) Physicians kept their patients bundled up warm in bed, with the room heated and doors and windows carefully closed, so that not a

breath of fresh air could get in, and freely gave large doses of drugs to induce sweating. Many must have died of Heat Stroke!" - - Dr. Shelton, D.C.

3) "For years Dr. Matthew J. Rodermund, M.D. of Wisconsin, **offered \$10,000 to anyone who could prove scientifically that smallpox is contagious. Nobody ever claimed the money.** Charles A.A. Campbell, M.D. of San Antonio, who was for years in charge of an isolation hospital made exhaustive experiments in order to demonstrate that smallpox is contagious, but found that this is not the case." Keki Sidhaw, ND

4) "Both Press and Radio continue to preach that smallpox is a terribly infectious and deadly scourge. They never tell us that" - - provided no mischief be done either by physician or nurse, **it is the most safe and slight of all disease.** (Dr. Thomas Sydenham) Lionel Dole

5) "As a matter of fact, perhaps it is safe to say that **not more than 10 per cent of the people ever would take smallpox if sleeping in the same bed with an infected smallpox victim.**" Dr. Hay

6) "Smallpox is considered one of the most virulent of contagious diseases, and it is generally believed that persons exposed are almost invariably attacked, unless protected by vaccination. **This is one of the most stupendous exaggerations to be found in medical literature. My experience has been that a very few people take it when exposed to it.**" John Tilden, M.D.

7) Dr. Bridges in his Report, observes that "**of 796 visitors who paid 1118 visits, only 3 were afterwards admitted into the hospital with smallpox**" . . . Dr. Bernard, of the Stockwell Hospital, writes "1056 visits were paid into the wards of the hospital. It is interesting to be able to say that, as far as I have heard, no one caught small-pox thereby."

8) An Obstinate Baby - - - At a public meeting held in the Town Hall, Derby, March 2, 1871, a working man caused much amusement by asking Dr. Greaves how it was that when four out of five of his children were down with smallpox, **the fifth, unvaccinated, would not take the disease, although placed between two of the others in bed.** - -
- The Table of the Smallpox Nurses and Revaccination.

9) **Since only 10% of the world was ever vaccinated against smallpox, it is ludicrous for the medical doctors to claim credit with vaccination,** as scientist Glen Dettman points out.

10) Wallace and Tebb proved with government statistics that the first 100 years of smallpox vaccination was a complete failure. **Epidemics of smallpox followed vaccination which was why they repealed the compulsory vaccination law.** And even if they had eliminated smallpox, the deaths from other causes rose to compensate, in all likelihood caused by vaccination:

11) The prevailing medical opinion is that smallpox is highly infectious and serious, **but looking at 19th century books on smallpox vaccination it doesn't look infectious at all**, and it looks like Dr. Campbell was right when he said it was transmitted by the bite of a bedbug, as overcrowding was THE MAIN FACTOR (most affected city families live in one room) in outbreak and spread of smallpox, **along with the main cause of smallpox - - poverty and poor hygiene.**

Are Smallpox Vaccines SAFE? Are they EFFECTIVE?

Smallpox Vaccine is being promoted as a "must" for the entire population, since "there is no treatment for smallpox." However, many experts believe the smallpox vaccine has severe health risks.

"The smallpox vaccine is the most reactive (disease causing) vaccine that we have ever used," said Barbara Loe Fisher, spokeswoman for the National Vaccine Information Center. "I do know that brain complications occurred within one to six weeks of the original smallpox vaccination, most frequently after the first dose, and that the reaction rate was between 1 in 159 and 1 in every 6,500 vaccinated persons."

According to Fisher, **vaccination-related brain complications were most common in children under 2 years of age, and 50 percent of those children who developed the complications died from them.** She also said 35 percent of adults who developed brain complications from the smallpox vaccine also died. For more information on [Vaccinations](#).

Is There An Effective Drug For Smallpox?

USA Today has recently announced "Drug May Be First Effective Treatment for Smallpox." Cidofovir, sold under the brand name Vistide, won Food and Drug Administration approval in June 1996 for the treatment of cytomegalovirus retinitis, a sight-threatening viral infection in AIDS patients. This drug has been tested on pox disease, but ONLY in animals, never in humans with smallpox.

When Vistide has been used in humans, such as AIDS patients, the side effects have been numerous and often life-threatening. According to the Physicians' Desk Reference (PDR), the drug "Bible" for physicians, published by the pharmaceutical companies, the side effects of Vistide include the following:

Toxicity to the kidneys resulting in **kidney failure** leading to dialysis and **death**, abdominal pain, **sarcoma (cancer)**, sepsis (generalized total body infection), **death**, congestive heart failure, hypertension, shock, fainting, rapid heart rate, migraine, colitis, dysphagia (difficulty swallowing) fecal incontinence, enlarged liver and spleen, jaundice, **liver damage**, pancreatitis, gastrointestinal bleeding, a blood cell panel indistinguishable from some types of **leukemia**, amnesia, **convulsions**, delirium, **dementia**, depression, **hallucinations**, hemiplegia (**paralysis on one side of the body**) asthma, hemoptysis (coughing up blood), pneumothorax (collapsed lung) and many more.

Cidofovir (Vistide) is VERY carcinogenic (causes cancer). Normal two-year studies in rats and mice could not be carried out. They had to be terminated at 19 weeks because **so many female rats developed breast cancer** (mammary adenocarcinomas), many of which were detected after only six doses.

What is the Answer?

**The following was written in 1944.
Amazing!**

They were smarter then, than we are now!

"Perhaps the greatest evil of immunization lies in its diversion of public attention from true methods of disease prevention. It encourages public authorities to permit all kinds of sanitary defects and social problems to remain unaddressed, particularly in schools. **It ignores the part played by food and sunlight and many other factors in the maintenance of health. The more vaccinations are supported**

by public authorities, the more will their dangers and disadvantages be concealed or denied." M. Meadow Bayly, M.R.C.S., 1944

A person with a properly functioning immune system will **NOT** contract Smallpox. Remember, in EVERY epidemic, there are a lot of people who don't get the disease. Why do some people get sick and others don't? The problem is NOT with the germ (the bacteria or virus), but with the immune system.

Germs don't cause disease anymore than flies cause garbage. Flies don't cause garbage. Garbage attracts flies! This is explained on my videos ["Drugs Never Cure Disease"](#) and ["Sorting Through the Maze of Alternative Medicine: what works, what doesn't and why!"](#)

The immune system is kept healthy by following the Ten Step Natural Health Plan as I discuss on my videos ["You Can't Improve on God"](#) and ["Diseases Don't Just Happen."](#)

Don't Accept the Deceptions of the Mass Media!

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Mad Cow Disease What the Government Isn't Telling You!

Lorraine Day, M.D.

What is Mad Cow Disease?

Mad Cow Disease is the common term for Bovine Spongiform Encephalopathy (BSE), a progressive neurological disorder of cattle which can be transmitted to other species, including humans. In humans, it is called Creutzfeldt-Jakob Disease, after the two doctors who first described the symptoms of the disease.

The disease in cattle is called Bovine Spongiform Encephalopathy because this form of the disease occurs in cows (therefore, the term bovine), it causes a sponge-like destruction of the brain (therefore, the term spongiform encephalopathy - *enceph* means brain and *pathy* means pathology - meaning an abnormality).

What are the symptoms of Mad Cow Disease?

Symptoms include an excitable or nervous temperament to external stimuli such as touch to the skin, a progressive unsteadiness of gait resulting eventually in the inability to stand up. The disease is virtually 100% fatal.

The human equivalent of Mad Cow Disease, Cruetzfeldt-Jakob Disease, causes memory loss, emotional instability including inappropriate outbursts, an unsteady gait, progressing to marked weakness, severe rapidly progressive dementia and death, often within a year of the onset of symptoms.

What is the cause of Mad Cow Disease?

Currently the most accepted theory is that the causative agent is a modified form of a normal cell surface protein called a prion (pronounced PREE-ON) protein.

Where did Prions come from? Are they a type of virus or bacteria? What are they?

A prion is neither a virus nor a bacteria. Prions are proteins that contain no DNA or RNA, two substances previously felt to be essential for reproduction of a living tissue.

Prions are normal constituents of the body when in their normal form or conformation, but they can become twisted in a conformational change (a change in shape - in the way the molecule is folded), and then they are thought to cause disease.

How long ago were Prions discovered?

In 1997, Stanley Prusiner, M.D., a professor of neurology at the University of California, San Francisco School of Medicine, won the Nobel Prize for his discovery of prions, "tiny protein molecules that seem to cause a variety of slow acting - and inevitably fatal - diseases in animals and humans; the name is an acronym for "proteinaceous infectious particles."

But the diseases found in association with these tiny protein molecules have been known for over 50 years. In fact, the prion, as it has been named by Dr. Prusiner, may well have been discovered over 150 years ago, and re-discovered, every 25-50 years since then, by different scientists who gave the molecule different names.

Prions exist, but it is extremely doubtful that the Prion is the "CAUSE" of ANY disease. Prions are much more likely to be the "RESULT" of a sick and dying body. Prions are most probably a RESPONSE to the illness that was actually CAUSED by a grossly improper diet and other unhealthy lifestyle factors. "Factory farming" of animals, with the massive use of hormones, pesticides and other harmful substances destroy the

animal's immune system. When these diseased animals are eaten by people, then the people get sick and die.

When the animal's immune system is suppressed because of a violation of the immutable natural health laws that govern the health of both animals and man, then the body produces the agent necessary to clean out the mess of dead and dying tissue resulting from the violation of these health laws.

You see, these supposed "infective agents" such as bacteria, viruses, fungi, and now Prions, are NOT the CAUSE of the diseases, they are the RESULT of a diseased body caused by the wrong diet and lifestyle. These bacteria, viruses, fungi and prions are actually the "clean-up crew", formed by the body, to get rid of the mess and clean out the body.

We have been taught that germs CAUSE disease. But germs DON'T cause disease anymore than flies cause garbage! This is explained in detail on my video "[Drugs NEVER Cure Disease.](#)"

Flies DON'T cause garbage - Garbage attracts flies! A dead animal in the road attracts vultures!! Vultures don't attract dead animals. It's the same situation in the body. When there is dead and dying tissue in the body, caused by an improper diet and lifestyle, the "clean-up crew" is called in to get rid of the problem. The body can produce its own "cleansing" agents (such as bacteria, viruses, fungi and prions) when the need arises. Or these agents can be transmitted from others, or, as in the case of Mad Cow Disease, by humans ingesting prions by eating the flesh of the cow or other infected animal. When these agents start cleaning out the toxins in the body, the toxins are dumped into the blood stream to be filtered and eliminated from the body. These toxins then cause symptoms which the doctor diagnoses as "disease" and the doctor then NAMES the disease according to the symptoms it produces.

The medical and pharmaceutical establishment then tries to produce a DRUG to STOP the cleansing process, in order to STOP the patient's uncomfortable symptoms. But the drug NEVER cures the "disease" - it just stops the cleansing process so the patient's body remains sick and filled the toxins, even though the patient may feel somewhat better - at least for a time.

If a person's immune system is healthy because he has been eating and living properly, he has no need to produce these cleansing agents and will not be susceptible to them. But if his body contains dead and dying cells and tissue from an improper diet and lifestyle, then these agents have a field day. As they "clean out" the "garbage" in the body, the effect can be so severe, that the patient actually dies.

So these tiny infective agents can either be produced by the body itself, or transmitted or ingested into the body from the outside.

In the 1800's, Antoine Bechamp, a French physician and professor of biochemistry at a prestigious University medical school in France discovered a tiny particle that he named microzymas. He found that these tiny bodies could change from one shape or form into another shape or form, depending on the condition of the person's immune system.

About 70 years ago, an extraordinary scientist-inventor, Royal Rife, built possibly the world's greatest microscope and observed what Bechamp had discovered, that these tiny bodies could change shape and form. A bacteria could actually become a virus or a fungus, due to a conformational change.

In the last 40 years, Dr. Virginia Livingston, a physician, a professor at Rutgers University and an outstanding cancer researcher, discovered these same tiny bodies.

More recently, Gaston Naessens, a brilliant chemist and physicist now living and working in Montreal, Quebec, Canada built a super specialized microscope for studying these tiny living organisms, which he named somatids. Over years of careful microscopic observation and laboratory experimentation, Naessens went on to discover that if and when the immune system of an animal or human being becomes weakened or destabilized (by violating the 10 natural laws of health), the normal three-stage cycle of the somatid goes through thirteen additional successive growth stages, each form evolving into the next by conformational changes.

For more information on this subject, see my video "[Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why](#)" where I discuss this subject in more detail and show graphics of the life cycle of the somatid. I also reveal how you can eat and live so

you will NOT be affected by these and other presumed infectious agents.

How do you know that the Prion, recently discovered by Dr. Prusiner is the same molecule as the somatid or the microzyma as named by the previous discoverers?

Answer:

1: It behaves in the same way. It produces symptoms - "disease" - in a person whose immune system has been suppressed by violation of the natural health laws (improper diet and lifestyle).

2: It is found in contact with diseased tissue. (Scientists think that because a prion is found in CONTACT with diseased tissue, that the Prion is the CAUSE of the disease. But, in fact, it is the RESULT of the diseased tissue and NOT the CAUSE!)

3: Prions, somatids and microzymas have virtually the same physical characteristics - they CANNOT BE DESTROYED. There is NO WAY to kill them.

Prions are NOT DESTROYED by fire, nor by freezing, nor by disinfectants, nor by operating room sterilization procedures, nor by incineration, nor by intense radiation.

In fact, scientists and government agencies HAVE NOT FOUND ANY WAY TO DESTROY THEM!!

Grinding up the dead cows and other animals who have died from Mad Cow disease, and then incinerating them WILL NOT KILL the Prion!!

How did this whole mess get started?

Over 30 years ago, cattle and sheep ranchers and other producers of animals to be slaughtered and used for food, started "factory-farming" - raising the animals in penned areas, in very close quarters, and feeding them hormones and other chemical to fatten them up faster for market. They had to give them huge amounts of antibiotics because the animals became so sick so easily because of their terrible living conditions.. (Their Immune Systems were NOT working right.)

The ranchers also cut costs by feeding their animals ground-up dead animals, animals that have died of disease - as well as humane society animals, cats and dogs that have been euthanized. ALSO being used as feed were road-kill and offal, parts of the animals not fit for human consumption. This process of grinding up diseased, dead animals for feed for other animals is called "rendering."

But sheep and cows are herbivores - vegetarians. They are supposed to graze - to eat grass. They are NOT meat eaters. Their intestines and body systems cannot stay healthy when they are fed the wrong diet, especially when the ground up dead animals used for food, died from disease!

The equivalent disease in sheep is called "scrapie" because the diseased sheep scrape themselves against fences and other objects until they injure themselves. They develop other neurologic disorders and eventually die - - - and THEN, the ranchers grind them up and feed them to cows, chickens, pigs (and other animals to be used for human consumption) and call the "feed" High Protein Pellets!

Then when the cows get sick and die from this horrible practice, they grind them up and feed THEM to OTHER cows and other types of animals being raised for human consumption.

What diseases in humans are associated with Prions?

Creutzfeldt-Jakob disease (CJD) has been diagnosed in many countries in the world, including the United States.

Kuru, a neurologic disease, very much like CJD, has been present in New Guinea for many years. It appears to be associated with cannibalism.

Gerstmann-Straussler-Scheinker (GSS) disease is manifested as a very unsteady gait plus other signs of damage to the cerebellum - a specific area of the brain. The symptoms are very much like CJD. GSS is also fatal.

Fatal familial insomnia in which dementia follows difficulty sleeping.

Are sheep and cows the only animals affected?

No. This same "feed" made of ground-up dead, diseased animals has been fed, and is still being fed, to other animals being raised for human consumption, including chickens and pigs. Also deer, elk and mink have been found to have the disease.

What countries have been affected by Mad Cow Disease?

The UK has been severely affected. Germany, Italy and many other countries have also been affected.

Is Mad Cow Disease in the U.S.?

The Government says there is no problem with Mad Cow Disease in the U.S. However, they admit that cows in this country have already been diagnosed with Mad Cow Disease. And there are also THOUSANDS of "Downer Cows" in this country, cows that are well one day and dead the next. When these "Downer Cows" are ground up and fed to other animals, the other animals develop the equivalent of Mad Cow Disease.

So the government, as always, is talking out of both sides of their mouth. They are protecting the gigantic billion dollar meat and poultry industry rather than the American people.

What is the government doing to stop this dangerous feeding practice?

They're approaching it the same way they have handled the AIDS epidemic: They LIE!

1. First, they deny that there is ANY problem.
2. When the evidence becomes overwhelming that there is a BIG problem, they admit that there "might" be a problem, but they say they're not sure, they are studying it and if there is a problem, it's not a serious problem and there is no reason for alarm. Keep eating what you're eating, they advise.
3. When people start catching on that there really is a problem, the government will admit that at first they weren't as vigilant as they should of been, but the people who were then responsible for investigating the problem are no longer with the government (blame those guys - they're gone) and now the problem is "under control." And there is no cause for alarm. Keep eating the stuff, they advise you.
4. A number of years later they say, "Oh, we've found out that there really has been a pretty big problem all along, but NOW we've got it under control. So there is NO cause for alarm." Keep eating the stuff, they advise you.
5. Then a year or two later they admit that it's in ALL the different breeds of animals, but it's "low risk" and you probably won't get it so NO cause for alarm." Keep eating the stuff, they advise you.
6. When the problem continues to grow, they start dividing the Prion diseases into different categories so no one specific category has too many people in it.
7. When the problem becomes outrageous, they admit there's a small, but controllable problem, and then they start covering up the true statistics - the REAL number of people who have the disease or who have already died from the disease.

Their plan ALWAYS is to keep the public calm as they die!

Would the government REALLY LIE to us?

What is the evidence for a cover-up in Mad Cow Disease?

1. As of Jan 6, 2001, the Centers for Disease Control, a government Public Health organization, published on their web site: "BSE has not been shown to exist in the United States." "According to the Animal and Plant Health Inspection Services of the United States Department of Agriculture, BSE has NOT been detected in the United States, despite active surveillance efforts for several years." However, the Centers for Disease Control (CDC) DOES NOT actively monitor the disease!

The REAL truth is: "A year before BSE was even reported in Britain in 1985, Richard Marsh, Chairman of the Department of Veterinary Science at the University of Wisconsin-Madison, was alerting dairy practitioners of the possibility that a "previously unrecognized scrapie-like disease in cattle" existed in the United States. The clue came in 1981 when "Mad Mink Disease" wiped out a population of minks in Wisconsin who hadn't eaten any sheep at all. The meat portion of their diet consisted almost exclusively of dairy cattle called "Downers," an industry term describing cows which collapse for unknown reasons and are too sick to stand up.

BUT - the beef industry claims that "Downer Cows" DO NOT have Mad Cow Disease! YET - when these Downer Cows were ground up and fed to mink - the mink DEVELOPED "Mad Mink Disease!"

In June 1992, a USDA consultant group decided that changes in the research program to accommodate the possibility that BSE was already present in the U.S. were, "not appropriate at this time." The panel that made this decision included representatives of the National Milk Producers Federation, the National Renderers Association, the American Sheep Industry Association and the National Cattlemen's Association.

(By the way, **Beef is the largest revenue source for American agriculture nationwide.** It is a \$150 billion dollar industry. Since the FDA protects the pharmaceutical industry, the very industry that it's supposed to police, why wouldn't the USDA (U.S. Dept of Agriculture) protect the Beef and Sheep Industry, even though the USDA is supposed to CONTROL it?)

According to the USDA, "virtually all U.S. feed manufacturers use meat and bone meal in their feeds" and most U.S. cattle are fed such rendered animal tissues. In 1989 alone the U.S. rendered two million tons of cattle for use primarily in animal feed and pet food. There has been a substantial increase in the use of animal protein in commercial dairy feed since 1987.

Dr. Gibbs, who recently chaired a World Health Organization investigation into the disease says "Do I believe BSE is here in the U.S., of course I do," Gibbs made this admission at a University of Wisconsin symposium.

With more than two decades of prion research behind him, Dr. Stanley Prusiner, the scientist who coined the term "prion" and received the Nobel Prize for his work, agrees that Mad Cow Disease MUST be present in the U.S."

In late 1978, Dr. Masuo Doi, a veterinarian with the Food Safety and Quality Service, studied a disorder in some young hogs that had arrived at a Packing Plant in Albany, N.Y. from several Midwestern states. The USDA's pathologist reported that the damage in the pig's brain was similar to the damage observed in the brains of sheep afflicted with scrapie, essentially the same disease as Mad Cow Disease (BSE) in cows.

Finally, the FDA drafted a rule that would ban the fortifying of animal feeds with "any Mammalian tissue." However, the FDA has played a taxonomical shell game by ARBITRARILY REMOVING PIGS FROM THE CLASS OF "MAMMALIA." They declared that a pig is NOT a mammal!

A single teaspoon of ingested high infectivity meat and bone meal is thought to be enough to cause BSE in a cow.

"One hundred thousand cows per year in the United States are fine at night, but dead in the morning. The majority of those cows are rounded up, ground up, fed back to other cows. If only one of them has Mad Cow disease, it has the potential to infect thousands." says Howard Lyman, Cattle Rancher for 40 years.

Mad Cow Risks were First Reported in the United States in 1976!!

"Health experts...knew of the potential dangers of contaminated human growth hormone years before the

first Creutzfeldt-Jakob death occurred and experimental programs halted, British court documents reveal. Correspondence dating from the mid- '70s presented to a British judicial inquiry reveal a paper trail between the United States National Institutes of Health and the British Government indicating the infectiousness was foreseen," the Los Angeles Times reports.

"Moreover, a safer method for purifying human growth hormone drugs had long been available, but scientists involved in the experiments had ignored it in favor of a cheaper, less labor-intensive option."

In 1989 alone almost 800 million pounds of processed animals were fed to beef and dairy cattle in the U.S.. The USDA has conceded that "the potential risk of amplification of the BSE agent is much greater in the United States" than in Britain.

In 1995 five million tons of processed slaughterhouse leftovers were sold for animal feed in the United States.

Rendering is a \$2.4 billion-a-year industry. "There is simply no such thing in America as an animal too ravaged by disease, too cancerous, or too putrid to be welcomed by the embracing arms of the renderer. In addition to diseased farm animals, the city of Los Angeles sends some two hundred tons of euthanized cats and dogs to a rendering plant every month. Added to the blend are the euthanized catch of animal control agencies and roadkill " according to Howard Lyman, a cattle rancher for 40 years. This is the food fed to the animals that YOU EAT!

In the U.S. the rendering industry promised to stop feeding sheep brains to cows years ago; the FDA confirmed that this ban failed.

Unfortunately just about everybody lies. "British government officials misled the public for years over the dangers of British beef and the risk of "mad cow" (BSE) disease spreading to humans," according to Reuters wire service.

"UK Physicians Told Not to Tell Hemophilia Patients of Possible CJD Blood Concerns."

"Mad Cow - BSE- CJD Now Likely to Be a Global Infection" according to New Scientist journal.

BSE has infected a dozen species of animals which presumably ate infected tissue.

Is Cow's milk safe? What about cheese?

Although there is a case description in the New England Journal of Medicine (1992) in which colostrum from a Creutzfeldt-Jakob diseased woman was found to be infectious to mice, cow's milk is considered "safe" by the World Health Organization.

In the largest known U.S. outbreak of cases of CJD to date, in Pennsylvania's Lehigh Valley, the disease was linked to, among other things, cheese consumption.

What about other animals? Are they infected too?

Paul Brown, medical director for the U.S. Public Health Service, believes that pigs and poultry could be harboring BSE and passing it on to humans, adding that pigs are especially sensitive to the disease.

Two epidemiological studies found pork to be a dietary risk factor in Creutzfeldt-Jakob Disease (CJD).

The most common misdiagnosis of CJD is Alzheimer's disease.

How can Prions be destroyed?

They CAN'T!

The English government destroyed over 4.5 million cattle and incinerated them at a temperature of 1100 degrees centigrade. The resulting ash is still considered infectious and is stored in WW II blimp hangers.

Mad Cow disease can be passed from the mother to the fetus in the womb.

It can be passed from a bull to the cow through sperm.

It can be passed from one species to another quite freely by transfusion of contaminated blood or consumption of infected material.

BSE is extremely resistant to high temperatures; it is unaffected by radiation, laboratory solvents and bleaches.

In other words, it appears to be virtually indestructible.

How long is the incubation period for "Mad Cow" Disease in humans (also called CJD)?

It is estimated that it may be as long as 20-40 years. But teen-agers and young children have also died of it. So it can occur much more rapidly than previously thought.

An infected cow shows the symptoms of BSE four to seven years after the time of infection.

How are the government and the cattle industry trying to "muzzle" truth-tellers about the risks of Mad Cow Disease to the population of America?

Certain states, including Texas, have passed Food Disparagement Acts. Texas, Oklahoma, Colorado and North Dakota corporate growers of vegetables and fruits have won passage of laws making it a crime to falsely denigrate fruits and vegetables.

Then the corporate farming industry in conjunction with the government, conspire to cover-up, distort and withhold the facts from the public. So a whistle-blower who is telling the truth, trying to warn the public, is a "sitting duck" for a law suit.

The cattle industry sued Oprah Winfrey and her guest, Cattle Rancher Howard Lyman, because they told the truth about the cover-up of Mad Cow Disease. Even though Oprah Winfrey and Howard Lyman won the court action, the cattle industry wanted to send a strong message of intimidation to anyone else who might even think about speaking truth. Fortunately, in the U.S., Truth Telling is still a legitimate defense, at least for the time being.

What other products or procedures are potentially dangerous?

Vaccines, cosmetics, human growth hormone, thyroid hormone, albumin (a blood product given in hospitals), blood transfusions, vitamin and mineral supplements, gelatin in thousands of processed foods, corneal transplants, surgical instruments, estrogen, progesterone, cortisone, heparin, Vitamin B12, insulin, gelatin in pill capsules, yogurt, ice cream, butter, chewing gum, lard, margarine, shortening, egg substitutes, gravy mixes, cake mixes, whitener in refined sugar (it's from bones), gelatin desserts, marshmallows, mayonnaise, sausages and sausage casings, medicines, pet foods, and many other products.

What can we do?

1. DON'T believe the government. They have no interest in protecting you. They are protecting big business and their own jobs.
 2. Stop eating ALL animal products. Stop eating meat, poultry, dairy products and eggs.
 3. Stop eating processed food. Most of it contains animal products, even though you would never suspect it.
 4. Do not assume animals in the wild are not infected. They are.
 5. Stop eating sugar or sugar containing foods. Sugar is "whitened" with bone meal.
 6. Start eating a diet of fruit, grains and vegetables in their most natural form.
- The plan is on my videos "[You Can't Improve on God](#)" and "[Diseases Don't Just Happen.](#)"

This plan will allow you to be FREE of ALL disease, not just "Mad Cow Disease."

7. Make a determination to eventually get off all medications. (Don't stop them abruptly. That can be dangerous) Many medications contain animal products. In addition, drugs NEVER cure disease, and they ALL have dangerous side-effects. When you start following the Ten Natural Laws of Health as detailed on my video, "[You Can't Improve on God](#)" you will eventually be able to slowly decrease your drug dosages and then stop them entirely.

Mad Cow Disease will be a Global Epidemic that will make AIDS look like a "walk in the Park." But YOU can be safe from the danger. You don't have to be afraid. If your immune system is working properly because you are eating the right diet and living the right lifestyle, disease can't touch you.

Learn how to rebuild your immune system and the immune system of those you care about. The plan is very straight-forward and EVERYTHING in the plan is FREE, except for food, and you have to buy that anyway.

The Plan to REBUILD your IMMUNE SYSTEM by natural methods is on my videos "[You Can't Improve on God](#)" and "[Diseases Don't Just Happen](#)."

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Addendum:

These problems were predicted **OVER 100 years ago**. Talk about a prophet! Read these quotations!

The following quotations were written **OVER 100 YEARS AGO** by the most prolific woman author of non-fiction in the U.S., Ellen White! (Notice the year written at the end of each quotation):

"Disease in cattle is making meat eating a dangerous matter...Disease is contracted by the use of meat. The diseased flesh of these dead carcasses is sold in the market places, and disease among men is the sure result.

"There is no safety in the eating of the flesh of dead animals, and in a short time the milk of the cows will also be excluded from the diet... In a short time it will not be safe to use anything that comes from the animal creation." **(Written in 1898)**

"Physicians who claim to understand the human organism ought not to encourage their patients to subsist on the flesh of dead animals. They should point out the increase of disease in the animal kingdom. The testimony of examiners is that very few animals are free from disease, and that the practice of eating largely of meat is contracting diseases of all kinds, -- cancers, tumors, tuberculosis and numbers of other like affections." **(1897)**

"Swine's flesh above all other flesh meats, produces a bad state of the blood. Those who eat freely of pork can not help but be diseased...The eating of pork has produced scrofula, leprosy and cancerous tumors. Pork eating is still causing the most intense suffering to the human race. **(1865)**

"The light given me is that it will not be very long before we shall have to give up using any animal food. Even milk will have to be discarded. Disease is accumulating rapidly...man has cursed the earth. The habits and practices of men have brought the earth into such a condition that some other food than animal food must be substituted for the human family. We do not need flesh food at all." **(1899)**

"Could you know just the nature of the meat you eat, could you see the animals when living from which the flesh is taken when dead, you would turn with loathing from your flesh meats. The very animals whose flesh you eat, are frequently so diseased that, if left alone, they would die of themselves; but while the breath of life is in them, they are killed and brought to market. You take directly into your system poison of the worst kind, and yet you don't realize it." **(1870)**

"Many die of diseases wholly due to meat eating, when the real cause is scarcely suspected by themselves or others. Some do not immediately feel its effects, but this is no evidence that it does not hurt them. It may

be doing its work surely upon the system, yet for the time being the victim may realize nothing of it."
(1890)

"In many places fish become so contaminated by the filth on which they feed as to be a cause of disease. This is especially the case where the fish come in contact with the sewage of large cities. The fish that are fed on the contents of the drains may pass into distant waters, and may be caught where the water is pure and fresh. Thus when used as food they bring disease and death on those who do not suspect the danger."
(1905)

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Swine Flu is a HOAX!

It is a U.S. Government Psychological Operation (Psy/Op) to TERRIFY the Public!

[Polysorbate 80 in Swine Flu Vaccines = Infertility in Humans](#)

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[WHO Advisors who promoted Swine Flu Hoax have financial ties to Vaccine Companies](#)

[CDC & WHO are Criminal Organizations Intent on Murdering the Population](#)

[\\$260 Million worth of Swine Flu Vaccine will be Burned](#)

[Swine Flu Fizzles Out!](#)

[Swine Flu "Pandemic" was a known Hoax from the Beginning](#)

[WHO Scandal Exposed: Advisors received kick-backs for Swine Flu Vaccine](#)

[Now Evil U.S. Gov't Wants EVERYONE Vaccinated \(Killed\)!](#)

[Billions Wasted on Swine Flu Pandemic that Never Came](#)

[The Swine Flu "Pandemic" now is Officially Over!](#)

[Jeff Rense and Henry Niman Continue Promoting Flu Pandemic](#)

[Mandatory Swine Flu Vaccines](#)

[How to Fabricate a "Deadly Pandemic" Out of Thin Air!](#)

[How Did the Swine Flu Spread "So Rapidly" -- Especially Among Young People?](#)

[UK Gov't Planning Mass Graves for Victims of Swine flu VACCINATIONS](#)

[Swine flu Vaccine Patented LONG BEFORE Swine flu appeared](#)

[Swine Flu Vaccine and Concentration Camps](#)

['Immuno-Sterilization' In Humans A 2009 Vaccination Odyssey.](#)

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[New Vaccines Laced with Drugs that cause Infertility.](#)

[Has Baxter Released a Bioweapon in Unkraine](#)

[Martial Law declared in Ukraine over Swine Flu: U.S. is next](#)

[My Baby's Agonizing Death After Swine Flu Vaccination](#)

[The False "Pandemic." Drug companies cashed in on Swine Flu](#)

[Countries Selling Off Excess Swine Flu Vaccine](#)

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[International Hearings on FALSIFIED "Swine Flu Pandemic"](#)

[Swine Flu Didn't Fly.](#)

[Swine Flu Vaccine now to be included in regular flu vaccine!](#)

[CDC hid as many as 3,500 miscarriages caused by H1N1 Vaccines](#)

[They're Trying To Scare the Public AGAIN - with "Bird Flu" Hoax](#)

[Big Pharma Prepares to Exploit New Swine Flu Scare HOAX!](#)

[More \(Silly\) "Bird Flu" Hype](#)

[CDC Outrageously LIED about Swine Flu Cases: What Else is New?](#)

This is not the first time the U.S. Government has used the LIE of “Swine Flu” to try to accomplish its evil goals. In 1976, they wreaked havoc on the American people with their disastrous “Swine Flu” vaccine that caused numerous horrendous injuries and deaths.

WHAT are the U.S. Government and the New World Order/Illuminati doing?

1. Swine Flu is a Hoax. The symptoms of supposed swine flu are indistinguishable from regular flu or from the common cold. It does NOT cause death anymore often than the regular flu causes death.

2. There is NO “pandemic potential” except in the minds of the evil New World Order/Illuminati tyrants whose goal is to rapidly decrease the population of America and the world (population extermination), unless they can DECEIVE YOU into believing their LIES and taking their DANGEROUS vaccine – that will suddenly appear.

3. The figures being reported for “Swine Flu” are outright LIES. They will say in the headlines, “60 people die from Swine Flu” but when you read the text of the article, you will see it is NOT 60. In fact, only 12 have been “documented” and they don’t even say HOW they were “documented.”

4. The various media groups (TV, newspapers, movies, magazines) are controlled by the same group that is in charge of this “Swine Flu” Psy/Op. They are partners to the LIES.

5. The pharmaceutical companies, that will reap huge monetary benefits from this hoax, are part of the same cabal. Baxter International, the corrupt pharmaceutical company that was recently caught red-handed sending vaccines **contaminated** with Bird Flu to 18 countries, has apparently been “chosen” to make a vaccine for “Swine Flu.”

6. This “Swine flu” virus is undoubtedly another man-made virus – a hybrid of part “swine flu”, part human flu and part bird flu. Something like that can ONLY come from a laboratory!

WHY are **they** doing this?

1. Control of the population: terror, giving up one’s rights, quarantine,

2. Further destruction of the economy by the enormous fraudulent “costs” that will be claimed to “control” the epidemic.
3. Huge profits for the pharmaceutical companies for anti-viral treatments – and potential sale of “swine flu” vaccines (supposedly not yet available).
4. Mandatory vaccinations for “swine flu” which the New World Order/Illuminati hopes will kill MILLIONS of Americans and others around the globe. These mandatory vaccines will be purposely contaminated with TERRIBLE diseases that are specifically designed to KILL you.
5. NO vaccination is effective. And EVERY vaccination is UNSAFE. Vaccinations for routine diseases cause horrific damage – and often lead to the death of the vaccinated individual.
6. The “swine flu” vaccine will undoubtedly have even MORE deadly substances added to do its job of killing off millions of people for Population Extermination of 5 1/2 Billion people which the New World Order/Illuminati wants to accomplish within the next 10 years, so THEY can OWN the earth.

Who are “they”?

Their plan is euphemistically called “Sustainable Development” which is a code phrase for Population Extermination! The evil gurus of Population Extermination are the New World Order/Illuminati demonic leaders, including Prince Philip and Prince Charles (and Queen Elizabeth) of England, the (Jewish) Rothschilds who rule the world from the City of London, the (Jewish) Neo-Cons who run the U.S. President, the Senate and the House of Representatives like puppets on a string, and the leaders of almost every country in the world – who are also puppets of the Zionist Jewish elite.

Please read my article on the [Bird Flu Hoax](#). In that article I show how they tried to get a pandemic started with SARS, but SARS couldn't spread fast enough, so they came up with “Bird Flu.” Bird Flu is essentially “SARS with wings.” But Bird flu didn't “fly” either.

Now apparently they have moved on to “Swine Flu.” They must hope that “Pigs can fly” in order to make THIS manufactured “pandemic”

spread rapidly around the world.

Don't Panic! That's what they WANT you to do! This supposed "Swine flu" is no more dangerous or life-threatening than the regular, garden-variety, every-day kind of flu.

What WILL be terribly dangerous and life-threatening are the vaccines they will manufacture (and purposely contaminate with deadly diseases) to supposedly "protect" you from Swine flu.

Following are excerpts from the book entitled The Swine Flu Expose by Eleanora McBean, Ph.D., N.D., written in 1977 by a doctor who was THERE during the 1918 Flu Epidemic.

This booklet on Swine Flu hazards and fakery is part of a larger book on vaccination, titled, VACCINATION CONDEMNED BY COMPETENT DOCTORS. It is about time a large and comprehensive book of the long concealed facts about vaccination is brought forth. This is the largest and most informative book on the subject ever written in America. It contains data collected from medical records, army reports, and startling findings from researchers all over the world.

Swine Flu Expose

PREFACE

This booklet on Swine Flu hazards and fakery is part of a larger book on vaccination, titled, VACCINATION CONDEMNED BY COMPETENT DOCTORS. It is about time a large and comprehensive book of the long concealed facts about vaccination is brought forth. This is the largest and most informative book on the subject ever written in America. It contains data collected from medical records, army reports, and startling findings from researchers all over the world.

The book is intended to help combat the disastrous effects of vaccine promoters and their deceptive propaganda.

I have seen cancers caused by vaccinations, on the arms of people, exactly where the vaccine was injected. I have also seen paralysis and other tragedies caused by vaccinations. All these are unnecessary and avoidable by the application of information contained in the chapters of this book.

It will be noted that there are many repetitions of certain facts all through the book. There are two reasons for this. One is that some

chapters are used as separate booklets like the chapter on SWINE FLU. The other reason is that the wrong information about vaccination has been drilled into the people from early childhood, so it is necessary to repeat the truth many times in order to re-program the thinking from false claims to the truth.

Truth wears no mask, she seeks neither place nor applause, bows to no human shrine; she only asks a hearing."-----Anon

SWINE FLU ANOTHER MEDICALLY-MADE EPIDEMIC

"Take the profit out of the manufacture and administration of serums and vaccines and they would soon be condemned even by those who are now using them"—George Starr White M D

At the present writing, October 1976, a group of medical opportunists have taken upon themselves the dictatorial authority to declare the threat of a sweeping epidemic of SWINE FLU which they said was similar to or *related* to the 1918 epidemic of Spanish influenza which wiped out 20,000,000 people world-wide. This declaration was supposed to scare all the people into their vaccination centers to be shot full of experimental vaccine poisons, while they, the promoters, raked in the profits. During the big polio vaccine drive, a spokesman for ParkeDavis one of the five drug houses making the vaccine stated "Our company will clear over \$10,000,000 on Salk vaccine in 1955 " Before they were through they had fleeced the people of over \$4 billion dollars on the Salk racket (See the chapter on POLIO CAUSED BY VACCINATION)

Most of the people had their eyes opened during the polio vaccine fiasco so now when the same poison pushers started to beat their drums again for swine flu vaccine customers, they were smart enough to see through the hoax and refuse the shots, even though the scare-head propaganda slogans said *swine flu is contagious and you can die if you don t get the shots*

However, the scare techniques and perhaps other inducements, worked on (the then acting) President Ford who has since been voted out of office—and none too soon. When the high pressure sales committee, Doctors Salk Sabin, Sencer, Mathews Cooper, etc marched into Ford's office in March (76) and told him to hand over \$135,000,000 to support their private money making racket, he handed it over like a simple child without even bothering to ask them for a guarantee that their unproved vaccine would not kill the people—as it did in other vaccine drives—or that their claims were justified.

Their claims of *safety*, effectiveness and need have all been proved to be false during the past few weeks when the vaccine killed 113 people, nation wide, and paralyzed 75 in California alone. We do not have the reports from all 50 states, but if it is the same as in Calif. that would add up to 3,675 cases of paralysis. Many coroners have been given orders by the doctors not to give out the swine flu casualties. So, we don't know all the facts yet, and we may never know unless we have a "Watergate" investigation.

\$5,000,000 LAW SUIT FILED AGAINST FLU PROMOTERS FOR CAUSING PARALYSIS

A radio newscast (Jan. 77) reported that one of the paralyzed swine flu victims has filed a \$5,000,000 suit against the vaccine promoters for causing his paralysis in December of 1976. His suit is against the instigators of the flu epidemic scare, who are Dr. David Sencer of CDC (Center for Disease Control) who spearheaded the vaccine campaign, and Dr. Theodore Cooper of WHO (World Health Organization), the Health Departments which promoted the shots and the six drug houses making the swine flu vaccine. (Why not Ford also and his Congress who financed it?) His complaint was that they had put out propaganda promising that the vaccine had been thoroughly tested and was perfectly safe, and that the swine flu was contagious and people could die if they didn't get vaccinated, and that they would be protected if they had the shots, and that the side effects, if any were "inconsequential."

Dr. Edwin Kilbourne, head of the Microbiology Department at Mount Sinai Medical School (L.A. Calif.) said he thought "the cases of paralysis were only coincidence."

Paralysis is known to be a common after-effect of vaccination—any kind of vaccine—and these 75 California cases were paralyzed shortly after their flu shots—and yet, this doctor says (in effect) "forget it—maybe it wasn't the vaccine that did it." If that is the kind of teaching and slipshod guesswork that our young medical students are getting it isn't surprising that the doctors come out of medical college all mixed up and unable to cure anything—not even the common cold or pimples. All they learn is how to suppress symptoms with poison drugs or mutilate the patients with unnecessary operations. 97% of the operations performed by U.S. doctors are unnecessary, according to the admission of doctors, themselves, who met to decide what operations would really be necessary in case of socialized medicine when there would be no profit in it for them. They decided that only about three percent (3%) would be necessary.

All the flu vaccine sales promises were lies—proved later by the deaths and disasters within a few hours after the shots.

The insurance companies which had insured the doctors and vaccine makers down through the years balked at this obvious vaccine swindle game. We wonder why Ford couldn't have taken a tip from these shrewd businessmen and also turned down the whole, questionable vaccine program. We wonder what inducements prompted Ford and Congress to let themselves be talked into financing not only the vaccine but paying the damage costs which could amount to billions of dollars judging by the large number of deaths and disasters already reported, plus those which have been hushed up by the vaccine promoters.

The most common remark we hear on the streets today is, "IT'S THE BIGGEST RIP-OFF OF ALL TIME."

The vaccine promoters and drug insurance companies, no doubt, remembered the multi-million dollar law suits following the devastating polio vaccine campaign of the 1950's when the Salk, Sabin, and Cutter vaccines caused thousands of cases of polio, death, and other disasters. The law suits flooded the courts and the vaccine promoters and drug houses had to pay out damages amounting to many millions of dollars.

The five pharmaceutical houses making the Salk vaccine were called the Rockefeller chain then, and it is the same ones now making the swine flu vaccine, with a few exceptions. The vaccine promoters wanted to dodge all financial loss—the cost of the vaccine and the damage suits, so they could make clear profit, while the taxpayers were saddled with both the payment of the vaccine and the damages, also. I doubt that the crime syndicate could run a more crooked racket than this government sponsored and financed caper, with all the profits siphoned off into the pockets of the medical and drug concerns.

If those smooth talking con-men had been holding a machine gun on Ford they couldn't have done a quicker and easier job of robbing this simple man who didn't even know enough to do a little investigating before dipping into the public till to finance a private money making scheme.

Ford was not the only guilty one in this conspiracy against the people. Most of the members of Congress gave their supporting vote.

Before leaving office Ford asked the taxpayers to give the Congressmen a substantial raise. We wonder if he wanted to reward

them for their part in helping him support organized medical crime.

An AP news report in the Los Angeles Times (Dec. 3, 1976) with a headline: \$129 MILLION FEDERAL RAISE PROPOSED, says in part:

". . . Ford will put the exact rates of pay he thinks advisable into the budget submitted next month. Unless the House or Senate kills the proposals. (Are they likely to turn down a raise?) the members of the House and Senate will receive \$57,500 annually compared to the current \$44,600."

Are they worth it? Another report told us that most of our Congressmen are corporation lawyers with an eye to serving private interests. Their vote for giving \$135,000,000 of tax money to support a private medical racket (swine flu vaccine) would indicate that they are indeed working for "outside interests", and not for the good of the people who hired them to their high positions.

The same AP report also says: "The commission (to raise salaries) made it clear that it hoped to link the raises to a commitment by the three branches of government to come up with a stricter code of conduct on outside income and financial disclosures."

Does this mean that if they are given the big raise they must promise to tell the truth about what "outside interests" paid them extra to swing the "big deals" in their favor?

Public officials like this should not be given any raise at all; they should be *given* a dismissal and a prison sentence, plus confiscating the bribes they have taken from "big business".

SWINE FLU VACCINE TESTS PROVE UNSAFE

At the same time the vaccine promoters were telling Ford the vaccine was "tested and perfectly safe" they were still testing it on lab. animals, soldiers and little children. The ones who can't defend themselves.

In A REPORT TO THE CONSUMER (Sept., 75) by Ida Honorof, she presents a compilation of data from the National Institute of Health—Division of Biologic Standards, Bulletin of World Health Organization, and Dr. J. Anthony Morris, former Director of a branch of FDA Virus research. Dr. Morris' findings show that the flu vaccine, when inhaled by lab. animals *"tended to enhance cancerous tumors."*

Pregnant women had been on the preferred list for shots until findings indicated that certain substances in flu vaccine "could pose a serious threat of fetal damage to women who might become pregnant. . ."

In the report she reviews an article by Aurora Reich, Director of Scientific Communications, published in Indianapolis Star, which states:

"The virus itself (flu vaccine) has toxic properties, even after it is killed, which can cause fever and convulsions, especially in children. January Journal of Pediatrics carried the research of Doctors at Atlanta and Sheffield, England working together testing a purified killed influenza vaccine. They concluded that even the purified killed vaccine is too toxic (poison) to be given to children . . . The study showed 69% of the infants ran high fever 6 to 12 hours after vaccinations, and one had convulsions."

Other studies showed that about 10% had convulsions, and one died. One doctor pointed out that "there are 9 million children under 3 years of age. If 10% of them had convulsions, that would be 900,000 with convulsions.. (and how many deaths?) The routine vaccination of infants and children has not been recommended by the Public Health Service."

How tragic that these helpless little children are being used to test poison drugs—like laboratory animals. I thought that was against the law. It's deplorable to even use animals for this, as practically all the tests are for things we do not need, such as poison drugs, vaccines, unnecessary operations, etc. Yes, all vaccines are dangerous drugs. (See the chapter on HOW VACCINES ARE MADE)

Every once in a while we hear of an honest doctor who is not afraid to speak out and warn the people against vaccines. Such a man is Dr. James A. Shannon, of the National Institute of Health. He stated: "THE ONLY SAFE VACCINE IS A VACCINE THAT IS NEVER USED."

When it was proved that the vaccine was too dangerous to be used on children it should have been condemned and destroyed before it did any more harm, because if it is too dangerous for children or anyone else, it is too dangerous for all people.

Doctors who have been questioned, admit that they are not taking the shots for themselves or their own children.

The old, the ill and the other "high risk" cases are more sensitive to poisons and more readily broken down and killed by them, and yet, the doctors and vaccine promoters advised them to be the first in line to get the shots. I think they wanted to test the risky vaccine first on them to see what would happen and if it caused death and disasters the doctors could blame it on their old age or their various infirmities.

The doctors seem to consider these sick and elderly people expendable commodities of no importance. I saw an example of this when I sat in on a vaccine promotion meeting on USC campus (L.A.) recently, when the promoters were trying to drum up business and get the students to submit to the shots.

People in the audience started to ask questions of the doctor on the stand. They asked about the vaccine death that had occurred a few hours after the shots. He passed it off lightly with indifference saying that "they would have died anyway," or "They were old and probably had ailments that killed them." he made it clear that the vaccine promoters were not going to take any responsibility for their death dealing vaccines. He was one of the teachers at the medical school at USC. God protect us from the kind of doctors he would influence.

These vaccine casualties were not listed as such or the public records. The death certificates were falsified and causes were given other than the vaccine which killed them (See the chapter on FALSIFIED MEDICAL RECORDS.)

NO SWINE FLU EPIDEMIC

The whole swine flu scare was based on the death of only one soldier at Fort Dix, New Jersey (One report said October, 1975 and another said February, 1976). There was never any real evidence that he even had swine flu. There was a wide divergence of opinion among the doctors as to the real cause of his death. Some even tried to blame it on a walk he took when he was ill. An official diagnosis pronounced his death to be from *A-Victoria flu*, and not swine flu. All the soldiers at the camp had been innoculated with *Port Chalmers flu vaccine*, which was claimed to contain antigens to protect against all strains of flu. Shortly after the shots over 500 men got sick with the flu anyway, thus proving that the flu vaccine is a total failure and does not protect from the flu or anything else. 66 more were hospitalized at Fort Knox about the same time. We do not have the report from all the army camps but, it is quite certain there were a large number of cases of serious vaccine poisoning—no doubt, called by some other name, and death certificates falsified as is usually the case with vaccination deaths. The death certificates of vaccine poisoning usually read, "died of pneumonia" or hepatitis, or meningitis or something else.

The present flu vaccine they are using on the civilian population is just as ineffective and dangerous, and yet, it is being promoted all over the country with disastrous results. No matter how many casualties they have they are determined to use it as long as they can get away with it—because it is profitable. That is its one and only purpose.

Even if the swine flu had been the cause of the soldier's death, one case of a disease is not grounds to stage a nation-wide epidemic. It takes at least 30 cases of the same disease in the same locality to constitute an epidemic.

The vaccine promoters have been frantically trying to find at least one case of swine flu anywhere in the world to justify their custom made vaccination campaign. But they have not found one case—even among the swine. They heard of a man named Larry Hardison in Missouri who had a cold and they rushed to him to try to get a throat sample so they could make a case out of it. But he got well before they got the throat sample. Most of the cases of flu they check are caused by the vaccine itself.

There is no swine flu epidemic in U.S. or anywhere else in the world, and there is not going to be one either unless the vaccine promoters carry out their plan to vaccinate all the people; then there will be a full blown epidemic of vaccine poisoning—not flu.

There are already 113 recorded vaccine deaths and that is enough to be an epidemic of *vaccine* poisoning.

ALL VACCINES ARE POISON

Vaccines contain decomposed protein such as that which is taken from pustules on sick animals or putrefied eggs mixed with deadly drugs such as carbolic acid (phenol), mercury, formaldehyde (formalin), etc. Decomposed proteins can cause botulism, salmonella or other types of body poisoning. It's no wonder people drop dead after the shots.

All doctors who know the subject know and admit that all vaccines are highly toxic, and the after-effects are unpredictable. No doctor, laboratory technician or scientist can possibly determine the reaction the vaccine will have on each individual. It is impossible to know, in advance, the toleration point for poison which each person has. Therefore it is a deadly gamble—like Russian roulette—as to whether the vaccine will cause instant death (and that sometimes happens), or paralysis a few hours later, or cancer, heart trouble or TB a few years later, or kidney disease, liver damage, insanity (post vaccinal encephalitis—inflammation of the brain caused by vaccines) or some other chronic disease somewhere along the way.

Vaccine is even worse than Russian roulette because that kills only a few and they are usually other crooks, while vaccination kills thousands of innocent and trusting people.

FORD THE PUPPET

After the vaccine promoters "took" Ford for \$135 million, they told him to be a good boy and roll up his sleeve so they could photograph him having a shot to induce all the rest of the people to follow his example. They wanted to use him and his photo and influence as sales propaganda to sell their poison drugs. He obeyed like a puppet on a string.

No wonder the rest of the world is laughing at us. They see a fake epidemic—a mass poisoning campaign—and our national leaders dancing to the tune of the drug (vaccine) pushers.

Dr G. Nossel of the World Health Organisation said:

‘You Americans ought to have your heads examined—No way would we permit it.. . There has been no proper investigation . . . The vaccine has not been properly researched.. . There are too many unknowns.’

From as far away as Australia, there are those in authority who are shocked to see that such a fraud should be permitted—even promoted by the U.S. Government, along with the medical establishment, notorious for their money making schemes.

Dr. Archie Kalokerines, medical superintendent of Colleranebri Hospital in Australia, called the swine flu immunization program "a plan for mass murder . . . If a person is susceptible, the vaccine may act as an immunological insult predisposing that person to things like pneumonia or anemia . . . If an individual is incubating another flu virus it can cause an immediate and severe attack of that disease.. . We don't know what the long term effects of this drug (swine flu vaccine) will be. It may predispose a person to cancer or other diseases . . ."
(See the chapter on **CANCERS CAUSED BY VACCINATION.**)

The above statement is from an exclusive interview with the *Glendale News Press* (9/24/76) and reprinted in *A report to the Consumer*, by Honorof.

"Harry Nelson, Medical Editor for L.A. Times, reported on an American Cancer Society Seminar for Science Writers, and announced that microbiologists have uncovered new findings that incriminate vaccination. One of the participants was Dr. Robert M. Simpson of Rutgers University, N.J., who stressed that 'Immunization programs against flu, measles, mumps, and polio may actually be seeding humans with RNA to form proviruses which will then become latent cells throughout the body . . . Some of these could be molecules in

search of a disease, which under proper conditions become activated and cause a variety of diseases including rheumatoid arthritis, multiple sclerosis, lupus erythematosus, Parkinson's disease and perhaps cancer." This quote is from the Honorof Report for June, 1976.

The chapter on CANCER CAUSED BY VACCINATION shows photographs of vaccine victims with cancers on the arms where the vaccine was injected.

From the NATIONAL HEALTH FEDERATION we hear, "The risks of life and health from the high incidence of fever and other side-effects of the swine flu vaccine are substantial. Public health experts estimate that approximately 15% of those inoculated will suffer disabling illness."

Our paid government health agencies who are supposed to warn us of health hazards are not doing it. It has been outsiders who have been busy spending their own time and money to find out facts and warn the people against this colossal medical fraud. One source we need to thank for this is THE NATIONAL ENQUIRER and their state-by-state probe to collect data on deaths from vaccination, cases of swine flu, if any, who started the vaccine hoax and why, etc. In their Nov. 2, 1976 article by Chuck Michelini and Dan Schwartz, they write:

"Blundering government health experts (?) are directly to blame for the trail of deaths in the swine flu program — because they failed to warn people of vaccination dangers. And the mass inoculation program is needless —because there are no cases of swine flu in the entire world.

"Those are the charges leveled by top medical experts — who say the swine flu threat was blown out of proportion, then sold to President Ford and the American public with scandalous "horror tactics."

"Government officials are trying to scare Americans into getting shots with totally misleading TV commercials that say swine flu is contagious — and newspaper ads saying 'you can die' if you aren't vaccinated."

Actually, swine flu is not contagious at all. Like other diseases, it is a cleansing effort of the body to force out the accumulated poisons that have been injected or eaten, breathed or taken in in some other way. Coughing, sneezing, sweating (fever), vomiting, diarrhea, rashes, eruptions, etc. are the manifestations of the unloading program and should not be interfered with by suppressive drugs or other medical meddling. Most drugless doctors say that most diseases heal normally

if the patients stay at home in bed, in a quiet airy room with no food, no medicines, and no drinks except a little warm distilled water.

In case of a cold, most medical doctors say take two aspirins and drink plenty of liquids. That's bad advice because aspirin is a drastic heart poison and should be avoided entirely in all circumstances, and "liquids" — not specific enough. The patient could take that to mean coffee, tea, alcoholics, soft drinks (all of which are poison) or soups, fruit juices, ice water, etc. all of which are harmful in illness. Reasons are given in another chapter.

Although the medical and government propaganda mills sent ads to the major newspapers warning "You can die from swine flu," authorities who were willing to stick to facts were saying just the opposite. For instance, Dr. J. Anthony Morris, one of the government's top experts on vaccines, stated:

"That's absolutely false. There's no evidence that swine flu is a killer . . . It is not contagious . . . There is no evidence that swine flu will spread. It has not been isolated anywhere since it was (allegedly) found in Feb. at Fort Dix, N.J." While addressing a meeting in Los Angeles he said, "...The swine flu vaccine is worthless. There's no evidence that it will protect you against swine flu because there's been no cases of swine flu to test it against."

He also said: "Effectiveness of flu vaccine is comparatively low. Flu vaccine made from inactivated virus particles such as now being manufactured, produces the wrong kind of immunity. It elicits systemic antibody that can be measured in the blood, but does not produce the local antibody in lungs and nose needed to protect against infection to the virus if later infected.

"There is no precise way to measure the potency of flu vaccine that will be offered Americans because the standard units do not measure the mass of virus particles in a vaccine."

Dr. Morris was fired from his job because he opposed the swine flu program and pointed out the defects which showed it could be dangerous as well as entirely ineffective.

Dr. Weidman, of the University of Florida, a recognized virologist, also agrees that the swine flu vaccine is inadequate to do any good. Doctors both here and in England found that their tests on laboratory animals were not encouraging. When the dose was potent enough to kill the virus it also killed the animals and when it was weakened

enough to be safe for animals and people it was too weak to do any good, and was no protection.

"So far, only 25,000,000 Americans out of a total population of 216.2 million have had the swine flu shots. And as Dr. J. Anthony Morris puts it: 'That means 191 million Americans have failed to be taken in by the hard sell propaganda. The swine flu program is a program of incredibly high costs and questionable benefits' " (Enquirer, 12/21/76).

It seems to us that some doctors are slow learners. They should have found out by this time that they can't fight poison with poison, as their poison drugs and medicines only make matters worse in the long run. Most diseases are caused by poisons either generated within the body or imposed upon the body from without such as contaminated, devitalized foods, tobacco, alcohol, coffee, vaccines, fluoride-poisoned water, all drugs, insecticides, radiation, etc. Because vaccines are all poison they do damage in 100% of the cases. The damage ranges all the way from sudden death to chronic diseases in later years.

VACCINE CAN TRIGGER HEART ATTACK

Dr. Selye of the University of Montreal, one of the world's foremost authorities on human stress, stated:

"After inoculations, elderly people and the chronically ill are particularly predisposed to have certain stress reactions such as *heart failure*." (Enquirer 12/21/76)

In spite of this and other similar findings, the vaccine promoters urged all the senior citizens, the old and ill the *high risk* cases to be the first in line to get their shots. Because of this mad rush for profits the promoters are guilty of causing all those needless deaths of the elderly people a few hours after they had their shots.

Dr. Cyril Wecht, of Allegheny, Pa. performed autopsies on several of the flu vaccine victims and said:

"People should have been advised to ask their doctor if the shots were safe for them, especially if they'd had heart attacks or high blood pressure — but this was not done."

What good would it do to ask their doctor? Most doctors don't know the dangers of vaccination, and if they did they wouldn't tell their patients, as long as it was profitable to them to keep silent about it. The individual doctors usually do what their medical hierarchy tells

them to do, and when they are promoting a vaccination drive the doctors are ordered to comply.

My previous research on vaccination revealed many cases of sudden death from heart failure after vaccinations. As stated many times before, all vaccines are poison and when they are shot directly into the bloodstream they circulate throughout the body including the heart, in a matter of seconds, and continue to circulate and cause corrosion and malfunction of all the delicate tissues of the body. The heart valves are made of fragile membrane which is affected by the poisons, in such a way as to render it incapable of proper functioning, leading to heart failure. At the same time, all other vital organs are impaired by the same poisons.

Most doctors and coroners try to deny the obvious when protecting a favorite money making racket like vaccination. For instance, the Los Angeles County Coroner, Thomas Noguchi performed autopsies on people who had died within 48 hours after being inoculated with swine flu vaccine. His statement, published in Los Angeles Times, Nov. 2, 1976, savored of both whitewash and sales propaganda when he said: "We do not believe the vaccine had anything to do with their deaths Heart disease of various types was the cause of death in each case The patient with heart disease is clearly at risk of getting flu if he or she is not protected. Therefore, under guidance of their physician, it is advisable for such high risk persons to get their shots."

If we all followed his advice and got poisoned with the vaccines we would all be dead from vaccine induced heart failure or some other disease of blood contamination.

80% OF ALL MEDICAL DOCTORS ARE UNFIT

In a KABC radio interview, recently, Edgar Berman, M.D., consultant on medical affairs to the White House and associate professor at Johns Hopkins School of Medicine made some startling statements, a few of which are as follows:

"At least some 200,000 M.D.'s practicing medicine today are guilty of incompetence. . . I estimate at least 10% of these are actually fraudulent and corrupt ... And an unfortunately small percentage — certainly less than 15% —are intelligent, hardworking, compassionate, and moral

The scramble for the dollar shows up in statistics. Approximately 1 500 000 (unnecessary) tonsillectomies a year Some 14 000 to 16,000 persons die each year because of the 2,000,000 to 3,000,000

unnecessary operations performed, and God knows how many hundreds of thousands have complications.

"Over the past 50 years doctors have been implicated in producing more infections, crippling and suffering than all the accidents caused by the combustion engine plus every illness foisted on the laborer by industry, from black lung to radiation poisoning.

"Studies at Cornell and Yale have shown that 1,250,000 hospitalizations a year are caused by prescribed drugs. And once in a hospital, you're still far from safe. Our hospitals, even the best in the land, produce over 5,000,000 cases of disease a year."

Dr. Berman wrote a book titled, THE SOLID GOLD STETHOSCOPE. It's a shocker. It "gives the low-down on the high-ups" in the medical field and has the authenticity of a man — a medical doctor — who knows the story from the inside — the seamy side. It's not only informative, it's a million laughs.

There is so much bungling, guesswork, faulty diagnosis and cover-up, both inside and outside of the hospitals, that the doctors conceal their manslaughter cases by calling them "Accidents." There are so many doctor-caused diseases that they have given them a name, "iatrogenic." It means *doctor-caused* diseases. People think they go to the hospitals to get well — to be healed, but instead, millions of them are made sicker by the treatments, and even killed by the poison drugs, operations and experiments. Most, maybe all, of the hospitals have a separate section set aside for their "iatrogenic diseases." Why are they kept separate? It is probably because the doctors don't want the visitors to see what they have done to them, and also to use them for experimentation. They justify this by claiming they must experiment to find a cure for the diseases they have caused. But they use the same deadly drugs and treatments that caused the diseases in the first place.

The famous Dr. Charles Mayo, in a radio broadcast a number of years ago was honest enough to admit that with all their latest equipment and medical training at the Mayo Clinic, they are able to get only 20% of their diagnoses and treatments right. The autopsies on the dead bodies showed them what they did wrong.

An article in Dr. Shelton's Hygienic Review (Dec. 76) quotes some interesting statements from a group of 18 internationally known scientists. The Chicago Tribune (Dec. 22/76) also carried the article by Ronald Kotulak. Here are a few of their remarks:

The shocking conclusion is that drugs are so widely misused that only 10% of the medications taken in the industrialized world are for disease-related purposes.

"They point out that there is no such thing as a safe chemical, a fact that doctors tend to forget and that most people do not know . . . Doctors frequently prescribe drugs even though they know little about them, and the people eagerly take them. The price which the patients pay in terms of adverse side effects are horrendous.

"Studies in America and England have revealed that, out of every 20 hospital patients, one is admitted because of the harm done by drugs.

"Once in the hospital the risk increases. Up to 18% of the patients suffer from bad side-effects caused by medications prescribed in the hospitals.

"'The annual cost of treating this unnecessary and preventable abuse of medications is close to \$3 billion,' said this international Commission of Internal Pollution — a staggering waste of money and health

"Who is to blame for our medicinal extravaganza? The responsibility must be shared by the drug industry, the government agencies that oversee them, the doctors and those who take the drugs.

"Another breakdown occurs when it comes to test new drugs on people. A spot check conducted by the Food and Drug Administration in 1973 disclosed that 20% of the doctors doing these clinical trials were guilty of unethical practices, including prescribing wrong doses and falsifying records."

DRUGS CANNOT CURE

All chemicals and drugs are inert, foreign substances which act as irritants when taken internally. They do not have power to act in the body or cure anything. The only reason why they seem to cause some changes which people like to believe are curative is that the internal defense system tries to eject this unwanted foreign matter, and that sets up a reverse action to remedy the harm done by the drugs or chemicals. This taxes the bodily reserves and delays healing. In the case of some drugs it makes healing impossible.

I talked to a young medical student who said that the med. schools were dominated by the drug houses which are flooding the market with so many new drugs which the students are required to learn that they didn't have time to study anatomy and the things which doctors are

supposed to study. No wonder the new doctors don't seem to know anything except how to give drugs, shots and whatever the pharmaceutical houses dish up to them.

The antibody theory collapsed with scientific tests and that leaves the vaccine business without a leg to stand on. (See Chapter on Germ Theory.)

VACCINE PROMOTERS TRY TO DODGE THE BLAME

Now that the vaccine racket is being exposed, the vaccine promoters are trying to squirm out of it by making confessions or trying to lay the blame on others. The day after the scare headlines came out in the papers — "Swine flu can cause death" — and "the flu vaccine is safe and will protect you. . .", etc., a top virologist for the CDC (Center for Disease Control) which heads the flu program — admitted that the CDC knew the headlines were false." (Enquirer Probe, 12/21/76).

"An official working with the CDC — Dr. Elmer Spurner, director of laboratories for the Missouri Division of Health, admitted, 'Our tests were not meant to confirm that there was a swine flu outbreak. I don't know how that got into newspaper stories.' "He knows.

He and the other promoters did not issue any denials when the headlines across the country read: "Swine Flu Case is Confirmed," and "Flu Vaccine Rushed to Missouri in Crisis." (Ibid)

After the many deaths, heart attacks, paralysis and other cases of vaccine poisoning began to mount, some of the promoters were asked to justify their widely advertised claims that the vaccine "would protect 85% to 90% of those vaccinated" . . . and that the side effects would be few and "inconsequential." One of the favorite tricks of the guilty was to lay the blame on others. As an example, Dr. John Seal of the National Institute of Allergy and Infectious Diseases said:

"The public should be much more careful in interpreting what we mean when we make such statements." (Ibid) What did he mean?

Another man on the advisory committee admitted:

We don't know what the vaccine will do when it faces the virus." Yet, they all told the people it was "tested and perfectly safe."

In other words, they don't know what they're doing, but they tell lies to lure people into their vaccination centers, and when the deaths and disasters occur, the doctors tell us in effect — "It's your fault for being stupid enough to believe us."

"Dr. Ernest C. Harrmann, associate professor of microbiology at Peoria, Ill., School of Medicine, believes that *"the time has come to ask for resignations of all those behind the swine flu vaccine rip off."* (Enquirer Probe—12/21/76)

A FEW CONGRESSMEN BLAST THE SWINE FLU HOAX

Not all of our Congressmen are hopeless. Some are actually on our side. Congressman Ron Paul of Texas is also a doctor and is able to see both sides of the swine flu question. Most doctors have tunnel vision and see only one side — the side with the dollar mark.

Congressman Paul, in an interview with the Enquirer (Dec. 21, 76) said: "I am outraged by this program. It has been a shocking misuse of funds ... and an evil political maneuver. There are people whose careers are in question because of this program. And I predict these blatant advertising efforts to panic the people into taking swine flu shots will fail.

"I think Congress has wasted more than one hundred million dollars. The swine flu program should be brought back to Congress and discontinued at once. The program should be stopped, and those who were responsible should be held morally accountable to the American public."

Congressman Larry McDonald of Georgia, also a medical doctor, said: "I think the swine flu program is a tailor-made *hoax* that finds its roots in frightening the American people . . . I believe that a full investigation of those in charge should be launched . . . and if it turns out to be a dishonest promotion, everyone responsible should be removed from their jobs."

It's heartening to find that *all* our Congressmen are not corrupt. But where were they, the good ones, when the vote was being taken to endorse and finance this mass poisoning program?

HOW TO PUNISH THE CULPRITS

Removing the guilty from their jobs is not enough. A punishment should be imposed on them which they will feel, and that would be to take away *all* their money — that's their real love, obviously. If we gathered up all the bribes they have taken from their outside clients, plus all the other millions they have rounded up by using their governmental influence it, would amount to a billion dollars or more — perhaps. With this backlog of funds we could establish some good non-medical schools which would teach the people what to do to take

care of their own ailments — even how to avoid all illness. That is possible because many are now living the health life and have no ailments whatsoever. These schools should be kept free from medical domination and political strings.

Health doctors with the right kind of non-medical training get at least 90% more successful "cures" than do the medical doctors with drugs. This project should be carefully supervised to make sure that a lot of pseudo schools do not spring up parading under the guise of the authentic, well trained schools of natural healing.

The present day medical doctors are 30 years behind the well trained health doctors. Medicine is on its way out. It is a failure method which leads the people astray.

LAW SUITS AGAINST THE VACCINE PROMOTERS

When our President and Health Departments joined bands with our mortal enemies-- the poison pushers (vaccine promoters), and failed to warn the people against hazards of the oncoming poison raid, the people were left unprotected, with no use of the mass media (TV, radio, press etc.) and no help from City Councils, Mayors, Congressmen, County Supervisors, or police, because all our paid protectors had given their allegiance to the public poisoners. When the vaccine was causing death and disaster soon after the campaign was launched and the trusting unwarned, people were walking blindly into the vaccination centers, the few "do-gooders" who knew what was going on tried to reach as many as possible with WARNING leaflets and meetings. But that was not reaching enough people. It is a helpless feeling to see all our tax supported public officials working against the people and supporting a killer racket.

A few tried to go through legal channels with law suits against our derelict president and the heads of **thE** vaccine campaign. But that is a slow and expensive procedure, and besides, these hard working "do-gooders" were not making any money at their self appointed task of warning the people of the deadly hazards of the vaccines.

Three suits were filed from California. One suit which is progressing well was filed by Lewis E. Cook Jr. of San Diego, Calif. He charges that the inserts that appear in the vaccine packages produced by Merck, Sharp and Dohme, Wyeth, and Park Davis (firms making the swine flu vaccine) do not state the vaccine "might be in any way effective in Preventing influenza . . ." which is supposed to be its purpose and its only justification...

"The claims that influenza vaccine will or can prevent influenza cannot be made legitimately since there is no evidence anywhere in the world which would suggest that influenza vaccines have ever prevented even one case influenza.

"The data indicates that the entire mass immunization program is fraught with unknowns, suppositions, speculations, assumptions and little or practical and sound scientific validity---conceived and implemented in a most amateurish, haphazard and irresponsible manner, which poses a threat to the health -lives of the American public....

"Antibodies (supposedly) produced by the injection of the inactivated and disrupted whole virion and subvirion flu vaccines manufactured for swine flu cannot be shown to be effective in preventing swine flu ... The whole mass immunization program is fraught with dangers and risks without sound scientific data. The immediate, short, and long term adverse effects of the vaccines could not have been adequately determined during the brief period of only 3 or 4 months during which experiments on a few humans were conducted prior to publication" (of drug inserts).

It usually takes the drug companies several years to test vaccines before trying them out on people.

The third suit was filed by Ida Honorof representing *People Against Political Inoculations*, and of The National Health Federation. They joined forces to file suit in the U.S. District Court to stop the misuse of public funds for a vaccination campaign that has not been proven safe or effective. They assert that the mass inoculation program violated the U.S. Constitution--First Amendment. They request that the whole program be discontinued "unless and until grave doubts and hazards associated this massive vaccine program are disclosed and fully known to the public." Honorof contends that the swine immunization program has been "a series of lies, deceptions -and errors of judgment. We're asking Ford, and Education and Welfare (HEW) that they terminate the program at once. The greatest danger is not flu but vaccine itself." (Published in VANGUARD, Sept. 76)

AMERICAN MEDICAL ASSOCIATION HAS BEEN OUTLAWED

The A.M.A. was found guilty in a U.S. Court of Law for violating the Anti-trust act a number of years ago. Dr. Morris Fishbine, President of the AMA, at that time, was sentenced to a prison term and the AMA was fined and admonished to cease and desist from their illegal activities. Fishbine didn't serve his prison term and the fine was not

heavy enough to worry the association so they have continued to operate in violation to the law ever since then. Therefore, they are an "outlaw gang."

NEW ANTI-TRUST SUIT AGAINST A.M.A. FILED BY CHIROPRACTORS

On Oct. 12, 1976 an anti-trust suit was filed in Chicago, U.S. District Court, against the American Medical Association. This suit was filed by a group of Chiropractors who have proof that the AMA has, for years, boycotted, libeled, and tried to destroy and eliminate the whole chiropractic profession. Details in an article in SPEARS HOSPITAL NEWS, (Denver, Dec; 1976).

The AMA has not only carried on a continuous fight against Chiropractors, but all drugless fields of healing, most, if not all of which have safer and more successful methods of healing. Some of the drugless methods are not as good as others but, at least, they don't use poison drugs and knives, so they cannot do the harm that medical methods do.

The medical profession has no safe and sure cure for any disease. I know because I have worked with medical doctors. They hired me for what I knew that they didn't know. But, in spite of their lack of ability to cure anything, they used dictatorial powers to put out of business and into prisons many drugless doctors who could "cure" what they couldn't cure.

I know several highly successful health doctors who were practicing under Chiropractic licenses, but were sent to prison for "practicing medicine without a medical license." This was in a state where the medical dictatorship held sway, and they would not allow any other school of healing to practice there, although the drugless doctors achieved better results than they did.

Medical doctors call all other healers "quacks." A quack is one who claims to be able to cure diseases, and takes money for it, and does not "cure" the patients. Doesn't this description of "quack" fit practically all the medical doctors? They can't cure cancer; they can't cure arthritis; they can't cure colds or anything, but they treat the patients and take their money.

The better drugless doctors have "cured" all these diseases without drugs.

When President Ford rolled up his sleeve and had a shot for advertising purposes, he was making it clear that the government endorsed the vaccine program and he wanted all the people to follow his example and be vaccinated. When a person tells others to take a certain medication he is prescribing medicine. Technically speaking, Ford was practicing medicine without a license. The AMA likes to put people in prison for practicing medicine without a license. The medical associations usually pick on their business rivals, the drugless doctors. Will they put Ford in Prison for committing the same crime they have convicted others for? Or, is there one law for those who oppose the harmful medical methods and another law for those who help promote medical crimes?

2,000,000 DOSES OF DEFECTIVE SWINE FLU VACCINE CONDEMNED

The haphazard and slipshod methods used by the vaccine makers has produced vaccines that have killed and paralyzed hundreds of people already, and no one seems to be supervising them. There are no safeguards, no tests and no proof of safety and effectiveness required of the vaccine makers except what they, the manufacturers, set for themselves.

The Los Angeles Herald Examiner (June, 3/76) published an AP report stating that the experimental "vaccine ready for testing on elderly and high risk cases was found to be defective. As a result, the program would be delayed 6 weeks. The Public Health Service said that 2,000,000 doses will be held in reserve for use if the correct vaccine is in short supply."

They admit it is a bad batch---too dangerous to use---and it is condemned, yet they didn't destroy it as they should have done. They intend to use it anyway--if they can get away with it---who would know the difference, (seems to be their attitude) as long as they can sell it and make money.

Who will know which of the unlucky people will get the bad vaccine? The vaccinators are not going to tell. Were all those 113 people who died a few hours after the shots given some of the condemned vaccine? Or was it approved vaccine? They're just as dead with one or the other, as *all vaccines are poison*---they are purposely designed to cause illness.

The bad batch was not discovered by government inspectors or by the lab technicians making the vaccine, but by another doctor not assigned to that task. We wonder who is supervising the supervisors.

Is there another "outsider" sleuthing in all the laboratories which make the vaccine, looking for mistakes that pass as safe vaccine? We think not, as there have been too many casualties for that possibility.

Mistakes are also being made in other laboratories making different vaccines. This has been going on for years. Back in the days when the polio vaccine was being high-pressured on the public, the same Dr. Anthony Morris who is trying to warn us against the dangers of the swine flu vaccine, was doing the same then. He found that some of the polio vaccines were contaminated with SV 40, a virus known to cause cancer in monkeys and hamsters.

It's frightening to think that all this uncertainty, careless, unscientific guesswork with its deadly hazards passes for safe and scientific vaccination, approved by the government, the schools, the medical boards, the press and then passed on the people as something that they must not question or criticize.

The only way to be safe from these blood poisoning, money making vaccine campaigns is to refuse all shots. Prevention is better than cure; and much can be learned by reading good health books written by qualified health researchers. A few are listed in the bibliography. Don't be fooled by medical books with *health* titles. They have misled and mistaught the schools and the general public, for over a century. Medicine is not health. It is a health destroyer. "Preventive" medicine should actually "Prevent" medicines and drugs, and then it would be doing some good.

People are often fooled by, **SO** called "scientific findings" which are not scientific at all, but are manipulated by schemers, and then bought and paid for to be used as propaganda. The following is from an article in the Los Angeles times (11/26/76). The survey was run by Dr. Ian St. James-Roberts of London. (See page 42)

"MANY FAKE FINDINGS BY SCIENTISTS SEEN"

"Many scientists may be faking their findings, according to a report published Thursday in New Scientist magazine.

"The magazine asked scientists in a questionnaire whether they knew of cases of 'intentional bias'--- faking results to make experiments appear well conceived and important.

"90% of 200 replies reported knowledge of such cases.

"University scientists proved the worst offenders. Most cheaters were discovered by other scientists trying to duplicate the experiments. But those who replied said the gains from such frauds were often nothing, but in a few cases resulted in promotion.

"Some scientists implied that drug companies encouraged them to cheat by being obsessed with getting positive results, for one forensic scientist said it was not unusual for the police to indicate the sort of forensic (legal procedure) evidence they would prefer."

We wonder what pressures, bribes or other inducements were offered the, so called, scientists to say that the swine flu vaccine was properly tested and safe. Dr. Wecht said people should have been warned that the vaccine could trigger heart attacks, "but this wasn't done."

Many people who saw through the fraud from the start tried to get warnings in the papers and on T.V. and other channels of communication, but the media turned a deaf ear.

SWINE FLU PROMOTERS TRIED TO CON THE SWINE RAISERS

In the planning stage, the vaccine promoters expected to round up a few cases of flu and stampede the whole world into the vaccination centers like they did for the 1918 flu epidemic. That would be a multi-billion dollar profit, like their lucrative polio vaccine drive. But the world didn't take the bait this time, and most of the Americans didn't either. So the promoters thought they would have a ready market with the swine raisers because they had named the vaccine "*swine*" *flu vaccine*. They tried to sell 80,000,000 doses of the vaccine to the swine raisers, but they saw through the fraud and turned it down without hesitation, not that hogs don't have ailments sometimes --they do when they are fed wrong and medicated. But the hog raisers had learned through bitter experience that shots, in previous years, had disastrous effects on their herds and they lost hogs and money from it.

If the hog farmers had enough common sense to refuse the poison shots for their hogs, why couldn't our high priced President and Congress use some of that common sense and do the same? Aren't our leaders as interested in Protecting us from the commercial poisons as the farmers are in protecting their pigs?

When the opportunists see a weak president on the "throne" they plan to "use him". When they staged massive polio vaccine drive in the 1950's they worked on the smiling, affable President Eisenhower and got \$9,000,000 to start with, then kept twisting his arm until they

wrenched \$63,000,000 from him (the taxpayers) to support their killer vaccine campaign.

President Franklin Roosevelt was another "touch." He even let them use him and his infirmity to advertise and sell their polio vaccine.

The same drug houses and vaccine promoters got \$100,000,000 from Nixon.

After the polio vaccine drive was over the promoters bragged that they had raked in \$5 billion dollars over the several years they kept polio vaccine sales going.

PRESIDENT COOLIDGE UNSWAYED BY MEDICAL PRESSURE

We need strong, intelligent leaders. Where are they now when we need them? President Coolidge set a good example. When the Jones-Parker Bill and the Randall Bill (bills to set up a medical dictatorship within the government, raising the head potentate to the official status and salary of the Surgeon General of the Army) were rushed through Congress in 1928, and were brought before President Calvin Coolidge, he was unmoved by the high pressure medical lobbying. *He looked at the bills and stopped them with a Presidential veto.* He gave as his reason for this action:

"These bills give a military status to men supposed to be engaged in scientific research."

The plot of medical establishments to set up a medical dictatorship in U.S. goes way back to the Founding Fathers when they were framing the U.S. Constitution. There were quite a number of medical doctors in Congress at that time trying to high pressure a constitutional decree to set up a medical dictatorship. But the wise opposition won. Dr. Benjamin Rush and Dr. Josiah Bartlett were the opposing forces. They convinced Congress that one branch of healing in control would be as bad as one religious sect dominating all the others. That's exactly what we were fighting against.

George Washington was also a strong President. Even that long ago in 1775 he knew more than our present day doctors do about the harmful effects of vaccination. He issued an order that no man in the Continental Army was to be inoculated. Any enlisted man or officer who submitted to that blood contaminating practice would be dishonorably discharged. He had seen the devastation of smallpox caused by the practice of arm-to-arm inoculation which was introduced from Europe. Edward Jenner and his cow pox abomination did not

begin until 1791--16 years later. Both methods caused widespread disease, disability and death until compulsory vaccination was abolished all over the world except in about three backward countries and the U.S. armed services. These are the places which still have outbreaks of the same diseases they vaccinate against. And the diseases are in the vaccinated.

George Washington had enough problems without a lot of vaccine induced disease. Vaccination and inoculation was practiced by the unenlightened as far back as 1,500 years B.C. (See the chapter on HISTORY OF VACCINATION).

What is wrong with our leaders of today. Are their heads turned by bribes or can't they tell the difference between false propaganda and facts. They are being paid by us to do some home work and investigate before putting our lives and our money on the line.

The following poem sounds a clarion call:

GOD GIVE US MEN

"God give us men! A time like this demands Strong minds, great hearts, true faith and ready hands Men whom the lust of office does not kill; Men whom the spoils of office cannot buy; Men who possess opinions and a will; Men who have honor; men who will not lie; Men who can stand before a demagogue and damn his treacherous flatteries without winking. Tall men, sun-crowned, who live above the fog In public duty and in private thinking; For while the rabble, with their thumb-worn creeds Their loud professions and their little deeds, Mingle in selfish strife, Lo, Freedom weeps, Wrong rules the world, and waiting Justice sleeps.—*Josiah Gilbert Holland*

WHAT OUR LEADERS SHOULD HAVE CHECKED ON BEFORE THROWING US TO THE KILLER (VACCINE) SHARKS

(1) First of all, Ford, Congress and the other leaders paid to look after our interests and safety, should have required a guarantee that the vaccine was safe--not deadly. The propaganda of the sales crew said it was safe, but they gave no proof and no guarantee. The sales crew are not authorities; so Ford should have demanded a money back guarantee from the pharmaceutical houses making the vaccine. There should have been written proof of safety and effectiveness before the \$135,000,000 was paid. But, the drug houses could not give any proof of safety because they knew it was not safe. Their lab. tests and field tests proved it killed test animals and people. This was not made public.

A number of years ago when the diphtheria toxin-anti-toxin was being promoted, some suspicious people went to the laboratory making the vaccine, and asked for a written guarantee. The lab. refused to give any statement of safety, and admitted that "all vaccines are unstable and unpredictable in their effects, and could never be declared safe."

If Ford and the rest of the government had taken care of that necessary bit of business (making a careful check) before transacting the questionable \$135,000,000 deal, then the flu vaccine would have been rejected and the taxpayers would not have been swindled out of the \$135 million. Besides that, all those people who were killed by the vaccine would still be alive and happy today.

(2) The promoters said that the vaccine would prevent flu. It didn't; it caused it.

(3) They said the flu was contagious and the vaccine would protect people. Flu is not contagious. It is caused by the blood poisoning effects of the vaccine itself as well as other kinds of body contamination. Viruses and germs cannot cause disease. (See the chapter on WHY GERMS CANNOT CAUSE DISEASE.)

(4) The vaccine promoters said the blood samples from the man who died at Fort Dix showed viruses like the blood samples from the 1918 flu epidemic and that it could trigger a widespread, deadly epidemic like the previous one.

This is not true because there are no virus-bearing blood samples from the 1918 flu epidemic. That epidemic was 58 years ago and viruses were unknown then. The first swine virus was discovered by a U.S. man in 1931. A British science team isolated the first virus in man in 1933. But, viruses have never been proved to be the cause of disease anyway, although the vaccine makers try to use them as a scare tactic, knowing that they are so small that people can't see them or prove one way or another if they have any. One dictionary definition of virus is "a morbid poison." A poison is an inert substance. It cannot move about and attack people.

If any blood samples from the 1918 flu epidemic are still on record they would be so dried up and changed in structure that they couldn't prove anything. Certainly no germs or viruses would be seen.

I have examined fresh blood samples under the microscope in college and saw how rapidly the blood changed in color and structure as it dried on the plate in just a few seconds. A sample 58 years old is a poor excuse for the vaccine promoters to try to rely upon for proof.

Viruses would not have even been mentioned in the medical or lab. reports for the 1918 period because they were unheard of. And besides, they couldn't be seen with the kind of microscopes they had then.

The flu of 1918 was caused by the conglomeration of diseases which the sinister variety of vaccines brought on. Practically everyone in the world had been propagandized into submitting to all the vaccine that were invented---the surplus stock left over from World War I which was the first war in which all the vaccines were used. The vaccinated got the flu and the unvaccinated didn't. I was one of the unvaccinated and I didn't get the flu. I didn't see an unvaccinated person who got the flu.

QUESTIONS THAT SHOULD HAVE BEEN ANSWERED BEFORE CONSIDERING ANY VACCINATION DRIVE

Ida Honorof, head of PEOPLE AGAINST POLITICAL VACCINATION, tried to get the Los Angeles Board of Supervisors and certain other officials to put pressure on David Mathews of Health, Education and Welfare, and other promoters of the vaccine to answer some important questions before they embarked on the questionable vaccination drive. Mathews was in L.A. to give a talk and his mind was already made up to promote the vaccine. Honorof, confronted him and presented him with the list of questions, but he didn't answer them and the Supervisors didn't request him to.

The questions are as follows:

(1) Can you define any benefits derived from the swine flu vaccine? According to the law the benefits must outweigh the risks. (They don't.)

(2) Will the swine flu vaccine prevent swine flu? (It never has.)

(3) Is it true that if one gets the "shot" will he get an even more severe case of flu? (Yes, and death 113 cases.)

(4) Why were Dr. Morris' test animals in 4 laboratories destroyed? His test results would have shown the efficacy or hazards of the vaccine.

(5) Did Health, Education and Welfare submit any testimony before the sub-committee on Health and Environment....at their scheduled hearings, relating to possible hazards of the swine flu vaccinations, names of persons submitting opposing evidence and how many witnesses were heard that opposed the program?

(6) Is there any evidence that a high percentage of those who have the shots will receive no benefits?

- (7) Claim is made that 70% of the people who get vaccinated would be protected. Among the unvaccinated 75% would be protected. Explain these contradictions.
- (8) Can you give any evidence that a swine flu epidemic exists?
(None)
- (9) It takes approximately 10 years of testing and research to approve any substance, drug or biological which is to be administered into the human body. If the same standard applies to vaccines why has not the swine flu vaccine been subject to the same tests which the FDA says are necessary before injection into human beings?
- (10) Even though the Pharmaceutical insert accompanying the flu vaccine cautions against "*injecting intravenously,*" isn't it true that there *is no control with the jet injector,* which explodes the vaccine into the skin with 1,300 pounds pressure--- into tissue space, tissue cells, directly into the arteries, veins, lymph vessels (and right to the heart) thereby producing great destruction, and eventually ending up in the blood stream?
- (11) Each of the vaccine manufacturers making the swine flu vaccine (Park-Davis, Merrell, Wyeth, Merck) use a mercury derivative as a preservative. The danger of (the highly poisonous) mercury injected into the body---or inhaled or ingested, etc. is well documented.
- (12) Why is the printed form which is presented to persons to sign before getting their shots, read "registration," when Public Law 94-390 specifically stipulates that it be a "consent" form. This was strenuously objected to by the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, and they asked that said forms be destroyed and not used, since they are definitely not "consent" forms, and are gross violation of the act.
- (13) What is the detailed definition and description of swine flu?
- (14) Is there really a disease called "swine flu"?
- (15) Why wouldn't vaccine manufacturers produce and distribute the vaccine without indemnification from all the liability for vaccine-caused sickness, disabilities and deaths?
- (16) Why did the insurance companies refuse to provide such insurance?
- (17) Why were the people and public tax money, made responsible for all liabilities and claims resulting from the sickness, disabilities and

deaths caused by the swine vaccine?

(18) Who benefits from the mass vaccination of 215 million Americans?

(19) Is it really necessary or advisable for everyone to get a swine flu vaccination? (No)

So far, the flu promoters have not answered the questions.

DEATH COUNT MAY NEVER BE KNOWN

Up to January 7, 1977 the death count from swine flu vaccine was 113 (people) and paralysis was 139. We have reason to believe that this is only a fraction of the actual casualties. During the polio vaccine drive in the early 1950's when the shots caused so many deaths and cases of paralysis, Dr. Dale, of the Los Angeles Epidemiology Department, said that for every case that was reported there were an estimated 15 unreported cases. Many vaccine deaths were recorded as from other causes, to conceal the hazards of the vaccine.

During my 30 years of research and writing I have uncovered facts that prove the medical records and death certificates are sometimes deliberately falsified and changed to cover up guilt of doctors and lab. technicians. (See the chapter on FALSIFIED DEATH CERTIFICATES AND MEDICAL RECORDS.) -

All vaccines are poison, and therefore, cause death and disease. This is a known fact, and every vaccination campaign has brought on a large number of disasters. Those of us who knew this, tried to warn the people and ward off the vaccine drive. But the din of the well financed vaccine juggernaut drowned out our cry, and the high pressure advertising scare campaign panicked millions into the vaccination centers. We knew death and disease were inevitable — but none were announced in the papers at first. Therefore, Ida Honorof (head of Citizens Against Political Vaccinations) decided to do what the health officials should have done; she went to the L.A. County coroner and made a check on the deaths. She found that five people there had died within 48 hours after their flu shots. Some were young and didn't have other ailments that could be blamed for their deaths. The vaccine promoters including the health departments had intended to cover up the vaccine deaths and disasters. But Honorof brought it out in the open. She contacted the National Health Federation (a non medical group which tries to protect the people from health hazards from medical, commercial and political sources. They called a public meeting in Glendale, Calif. where they aired some startling facts about

the vaccination campaign and the mounting disasters caused by the poison vaccine. Some of the relatives of the flu victims were there and gave account of the state of health of those who were killed by the vaccine.

After this expose' the papers had to announce some of the deaths as it was no longer possible to conceal them. The coroner and doctors tried to gloss over it by saying that the deaths were all from heart trouble and they would have died anyway without the shots. Naturally, the heart stops when a person dies from any cause, so heart failure is an "easy out" for the coroner.

For a few days, deaths were announced in the papers until the count rose to 52. Then suddenly the death reports stopped. People got suspicious because the vaccinations were continuing and we knew that all vaccines are poison and that means that people do die from the shots.

Honorof did a little more detective work and learned that Dr. Shirley Fannin, Chief of Acute Disease Control Center of L.A. had met with the vaccine promoters and medical boards to decide what they could do to keep the people from finding out how many were being killed by the vaccine. They decided among themselves not to count as vaccine casualties those who didn't die suddenly within 48 hours after getting the shots.

This was a shocker. The idea that these poison promoters who were killing the people with wild abandon, had set themselves up to be so high and mighty that they could lay down the law as to what hour people could die, and if they happened to die 49 hours after the shots they would not be dead from their poison vaccine. Dr. Fannin then wrote a letter to the Coroner ordering him to not announce the deaths as vaccine casualties unless they died within her 48 hour time span. This gives us an idea of the tricky business they have been carrying on all through the years, and we didn't suspect a thing.

The 48 hour "cut off time" of theirs, cuts out those thousands who died a little later. It also cuts out Private David Lewis, the man who died at Fort Dix, New Jersey of what the doctors diagnosed as swine flu. *He died more than six weeks* after his vaccinations at camp. He was the one and only case of swine flu the doctors have found in the whole world. He was all they had to hang their whole nation-wide swine flu scare on. And now, their own medical decree that it isn't swine flu unless he dies within 48 hours, knocks out their one and only case. Actually, the official diagnosis by military doctors was that Pvt. Lewis *died of A-Victoria flu* (vaccine), not swine flu.

Now, without one authentic case of swine flu and without any epidemic except the epidemic of vaccine poisoning, the vaccine promoters and all the doctors who participated in giving or endorsing the shots, as well as the political heads who financed it, are *all guilty of hundreds of vaccine deaths--murders*. What are we going to do about it? Are there enough honest and concerned officials to prosecute them and make them pay all the damages and then put them out of circulation?

WHO POCKETS THE MONEY?

The arrangement was that the \$135,000,000 of the people's money was for vaccine doses for all the 215 million people in this country, at 50c a shot. So many people were killed and paralyzed by the vaccine that the campaign had to be stopped before a riot broke out to kill all the doctors and vaccine promoters--and a few others. So only a few in the country were vaccinated. Even if we stretch a point and estimate that there were 50,000,000 who had shots, that would be only 25,000,000 dollars used out of the \$35,000,000. That leaves \$110,000,000 of our money which they, the promoters, still have. Do those doctors and various other crooks intend to pocket the \$110 million? It should be returned immediately to the treasury and the vaccine promoters billed for the rest of the \$25,000,000 which they took under false pretenses, because there was no epidemic and the vaccine was not safe and all their promises and claims were false.

COMPULSORY ARMY VACCINATIONS ARE UNCONSTITUTIONAL

Private David Lewis who died at Fort Dix, supposedly of swine flu, would be alive today if the Army had not violated the law by forcing the poison shots on the soldiers. Our U.S. Constitution gives us the "*right to be secure in our persons*." Therefore, all enforced vaccination (mass medication) is a violation of our legal rights.

According to Blackstone (the "Bible" of the lawyers): "No laws are binding upon the human subject which assault the body or violate the Conscience."

The U.S. Supreme Court ruled that:

"No right is held more sacred or is more carefully guarded by the common law, than the right of every individual to the possession and control of his own person, free from all restraint or interference of others

Judge Cooley stated: "The right of one's person may be said to be a right of complete immunity; to be let alone."

In the official code book of the U.S. Armed Services titled, UNION CODE OF MILITARY JUSTICE, we find that there *is no compulsory vaccination law* in any of the branches of our military services.

Therefore, as there is compulsory vaccination law in United States or the military establishment, the enforced vaccinations on our recruits is against their legal rights. Because vaccines are proved to be poisonous and harmful in all cases, the military forces are *guilty of malpractice* and subject to the laws governing that offense.

One woman I talked to has already sued the Army for \$1,000,000 for causing the death of her son as a result of shots at camp. In England, so many outraged parents sued the government for vaccine damages to their sons in the military services, that the government abolished compulsory vaccination in both the military and civilian life. (See the chapter on WHAT VACCINATIONS DID TO OUR SOLDIERS.)

HOW WILL OUR NEW PRESIDENT CARTER HANDLE THE SWINE FLU SWINDLE?

Last Spring (1976) the epidemic makers were in a frantic rush to get President Ford to give them the full payment of \$135,000,000 immediately, with no questions asked, no guarantee of safety and with no swine flu epidemic pending, not a case in the world, and they didn't even have any effective vaccine.

Why the big rush we wondered. The only obvious answer was that the November Presidential election might remove their "pigeon." They knew Ford was easy to manipulate and they wanted to "use him" while they had him on a string. A new president might take a second look and refuse to support their private money making racket.

Now, the election is over and our new President Carter .is left with the ragged ends to clean up, left from Ford's term. We are wondering how he will handle "Ford's Folly" and if he will investigate the vaccine scandal and require the guilty ones to repair their damages and return our money they took under false pretenses.

We are hoping that President Carter will not be swayed and dominated by the powerful medical and drug lobby. But one blotch on his past record makes us wonder. We heard that he let himself be controlled by the *fluoride promoters* and paid them to poison the entire state water system of Georgia. If he is a man for the people why didn't he investigate the other side, not just the false sales propaganda? Chemists report that "fluoride compounds rank along with cyanide and arsenic in toxicity." Sodium fluoride or hydrofluosilicic acid is the form which is used to poison the public water supplies. Most water supplies

already contain calcium fluoride which is also poisonous, but sodium fluoride is 15 times more poisonous than calcium fluoride. A few states such as Texas are working to filter out all the fluoride even the calcium fluoride because they have found by tests that all fluoride is too dangerous for them.

Sodium fluoride is a cheap by-product of the aluminum and fertilizer companies. About the only thing it is good for is rat poison. But their promotion man conceived the idea of selling it to the politicians to dump in the public water supplies. Enough City Council members were "on the take" or weak minded enough to buy the sales propaganda and consequently quite a number of cities and a few states were fluoridated. However, hundreds of them have abandoned the program when it was found, after years of use, that the fluoride was not only expensive, it was damaging to the health and to the water pipes and all equipment that came in contact with the poisoned water.

Their main selling point is that it (fluoride) prevents cavities in children. This is false. Fluorides deteriorate the bony structure of the entire body and make the tooth enamel brittle, thus causing more dental trouble in later years.

FLUORIDATED TOOTH PASTE DANGEROUS

TV commercials saying that fluoridated tooth paste has 20 tests proving that said tooth paste prevents cavities, should be investigated. Some dental associations have been "procured" by the fluoride promoters, and they try to get all the dentists under their influence to endorse fluoridation. But those who dare to tell the truth say fluoride is damaging to the teeth and the general health. The membrane of the mouth is very porous and the poison fluoride in the tooth paste enters the blood almost immediately and causes kidney disease and all kinds of diseases of body poisoning. (See the chapter on FLUORIDATION.)

MEDICINE — ON THE WAY OUT

The study of medicine has never been a science. It creates far more illness than healing. Recovery occurs in spite of the drug treatment because of the internal healing forces within all living organisms which struggle to survive.

Books on the newer knowledge of "nature cure", teaching the underlying fundamentals of health and healing will soon be available to the general public and they will read them and be able to follow the rules and avoid disease. Those who are already ill will be able to

"cure" their ailments better than the established medical methods. This will make medicine obsolete — out of date and unpopular.

In closing this chapter I should like to state that all medical men are not guilty of the crimes exposed in this booklet. A few doctors are sincere in their efforts to help their patients. Their weakness is that they are badly trained and dominated by an organization which leads them away from their avowed purpose. There is hope for those who want to learn better ways and help the sick get well. If they don't try to catch up with the modern "health doctors" and "natural methods" of healing, their patients will outstrip them in knowledge and ability and leave them trailing in the dust.

The swine flu vaccine campaign was such an obvious fraud, with no epidemic, not even one authentic case of swine flu anywhere in the world, it makes us wonder about the sanity of the promoters.

Ford and our government gave \$135 million to support a fake swine flu epidemic which killed and paralyzed hundreds (maybe thousands if we had the "undoctored" records).

[WHO LIES about Swine Flu "Pandemic"](#)

[Plan for Mandatory Swine Flu Vaccination](#)

[Swine Flu Statistics](#)
[8 deaths in a country of 350 million](#)

[ONE death in ALL of Europe is a "Pandemic"?](#)

[Readying America for Dangerous Mandatory Vaccines](#)

[More Propaganda on Swine Flu](#)

[Dangers of Swine Flu Vaccinations](#)

[Vaccines Puposely Contaminated](#)

[The Coming Forced GENOCIDE of U.S. Children - by Vaccination!](#)

[12,000 School Children to be Swine Flu Vaccine Guinea Pigs](#)

["Swine Flu" Pandemic Man-Made](#)

[WHO will be Killing You](#)

[WHO Moves Foreward with Population Extermination](#)

[Squaline: Swine Flu Vaccines dirty little Secret](#)

[Swine Flu Shock?? Vaccine is Bio-weapon No Surprise Here!](#)

[Ten things You're NOT Supposed to Know about the Swine Flu Vaccine](#)

[Dangers of Swine Flu](#)

[Retired Vaccine Scientist would NEVER Vaccinate His Own Kids](#)

[Swine Vaccine is a Bio-weapon](#)

[Swine flu vaccine linked to killer nerve disease](#)

[Most GPs will refuse Swine fly Vaccinations](#)

[Deadly Vaccines will be deployed this October](#)

[Plans to take children from schools for mass vaccinations and quarantines for swine flu](#)

[Swine Flu Vaccine Could Cause Cancer](#)

[Forced vaccination in France in October, 2009](#)

[WHO Director Margaret Chan is a LIAR](#)

[Forced Vaccinations, Quarantines,
Fines in Massachusetts](#)

[Officials: Swine Flu Reports
May Be Over-Blown](#)

[Historical Facts on Dangers and
Ineffectiveness of Vaccines](#)

[Martial Law alert
over Swine Flu](#)

[Israeli Mossad Microbiologist:
Swine Flu Vaccine is a Bioweapon](#)

[U.S. Government Survey on
Swine Flu Propaganda](#)

[WHO Admits No Deadly
Mutation Of Swine Flu](#)

[Incredible: WHO no longer tests
for Swine Flu - but declares Pandemic](#)

[Swine Flu Vaccine defined
as Bioweapon](#)

[Forced Vaccines Refused by Nurses](#)

[Doctor will not give Swine Flu
vaccine to his kids](#)

[ID bracelets with bar code to
track Swine Flu Vaccinations](#)

[Getting regular flu shot doubles
risk of getting Swine Flu](#)

[Big Pharma Reaps Billions](#)

[Israeli-developed mini-robot
small enough to be injected
with vaccines](#)

[Has Baxter Released a Bioweapon
on Ukraine?](#)

[Swine Flu Scam Reaches
New Heights](#)

[Dutch Pull Pfizer Vaccine
after 3 Babies Die](#)

[Barak Obama Owns Shares
in Baxter Labs](#)

[Horrors of Swine Flu
Vaccinations Begin](#)

[The Reality Behind the Swine
Flu Conspiracy](#)

[Swine Flu Death Projections
were Hyped](#)

[Mossad's Joseph Moshe arrested
for Warning of Swine Flu Biweapon](#)

[Mega Corruption Scandal at WHO
about Swine Flu](#)

[Nations Dump Orders for
Swine Flu Vaccines](#)

[300 Million Wasted on
Swine Flu Vaccinations](#)

[Swine Flu Vaccine Linked to Narcolepsy](#)

[Flu Vaccine Sends 99 Children in to Convulsions](#)

[Swine Flu Vaccine CAN cause paralysis -
"experts" admit](#)

[They're Determined to KILL
people with the Flu Vaccine](#)

[Swine Flu Vaccine Linked to 700
PerCent Increase in Miscarriages](#)

[WHO and FDA Trying to Revive the Flu Scam](#)

[New British Medical Journal Report
Questions Legitimacy of H1N1 Pandemic](#)

[CIA-Mossad-MI6 using Movie Propaganda to Prepare us for a "Plague"](#)

[TOXIC METALS FOUND IN PANDEMRIX SWINE FLU VACCINE BY SWEDISH DOCTOR](#)

[Scientists Claim to Have CREATED Lethal, Highly Contagious Bird Flu](#)

[Physicians Oppose Mandatory Flu Vaccines for Healthcare Workers](#)

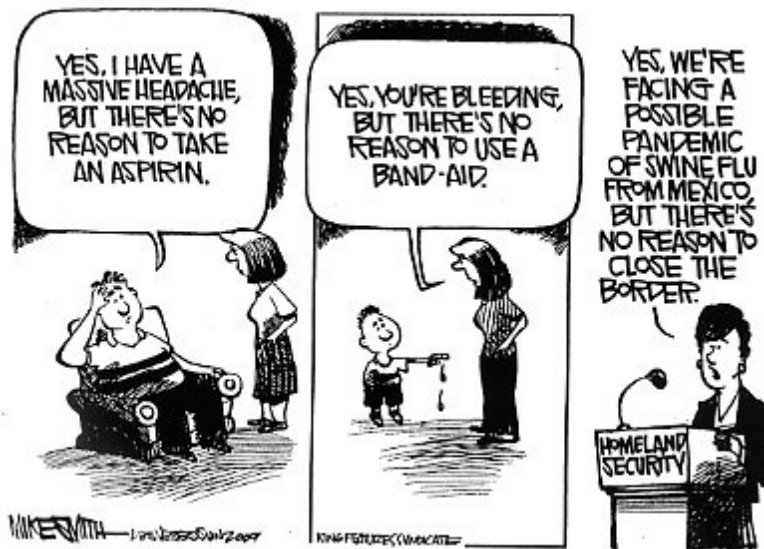
[The Cover-up on the new manufactured Deadly Bird Flu Has Started!](#)

[Dutch Lab Creates Deadly, Highly Contagious Killer Flu](#)

[Deadlier Bird Flu Purposely Developed by U.S. Gov't for Population Extermination](#)

[CDC Preparing New "Pandemic" Swine Flu Vax for 27 cases?!](#)

[They're Hying Bird Flu Again - with a bigger number: H5N6!](#)



How One Wicked Nation Can Kill Billions Around the World - - With One Lie!

January 24, 2006

Lorraine Day, M.D.

When the wicked leaders of a wicked nation want to:

- Create FEAR and CHAOS and TERROR throughout the world
- Take away the rights of citizens in every nation in the world
- Create a world-wide pandemic and annihilation of a large segment of a nation's population by forced vaccinations that secretly contain live bacteria and viruses for AIDS, herpes, hepatitis, and small pox, as well as preservatives made from mercury that cause brain damage and autism
- Control every country in the world by allowing the World Health Organization (WHO) to enter and take over their emergency medico-political apparatus and place embargos or quarantines on the entire country
- Eliminate the Posse Comitatus Act of 1878 which bans the military from participating in police-type activity on U.S. soil. This act specifically prohibits the government from using the military against its own citizens. (This Posse Comitatus Act was severely violated at Waco, when U.S. military troops were used against the Branch Davidians.)
- Help create famines in order to annihilate a large portion of the world's population by killing off the food supply of any and every nation, by killing their chickens, turkeys and other birds used for food.
- Declare martial Law and suspend the Constitution

All they need to do is create - **out of thin air** -

the Bird Flu "Pandemic" **HOAX!**

Almost daily, the newspapers, radio stations and television programs pummel us with news of the coming Avian Flu "pandemic" and the necessity of developing vaccines and instituting mandatory vaccination programs - - - for EVERYBODY!

President George W. Bush has spoken repeatedly of a "Military Takeover In Case Of A Flu Outbreak." (CNN October 4 & 5, 2005) and possible quarantine of the victims of bird flu! "I'm concerned about what an avian flu outbreak could mean for the United States and the world," the President told reporters during a Rose Garden news conference.

The Posse Comitatus Act of 1878 bans the military from participating in police-type activity on U.S. soil. It was enacted to prohibit the government from using the military to control or attack the citizens of its own country. Bush began discussing the possibility of changing or eliminating this law in the aftermath of the government's sluggish response to civil unrest following Hurricane Katrina. If this is done, it would allow the government of the United States to use military troops against its own people (as was already done in the Waco tragedy).

Symptoms of Bird Flu

Let's examine the widely heralded (supposedly) coming Avian Flu Pandemic and what impact it could possibly have on the U.S. and the World!

1. What are the symptoms of bird flu in humans?

According to the web site of the (WHO) World Health Organization (www.who.int/csr/don/2004_01_15/en/), the symptoms of **avian** influenza (Type H5N1) are:

Fever

Sore throat

Cough

And possibly, viral pneumonia

The web site of the (CDC) Centers for Disease Control (www.cdc.gov/flu/avian/gen-info/facts.htm) gives the following symptoms for **avian** flu:

Fever

Cough

Sore throat and muscle aches

And possibly, pneumonia

Another area of the web site of the CDC at www.cdc.gov/flu/avian/professional/han020405.htm gives the following symptoms for Avian Flu:

documented temperature of >38 degrees C

(>100.4 degrees F), AND one or more of the following:

cough,

sore throat,

shortness of breath, AND

History of contact with poultry (e.g. visited a poultry farm, a household raising poultry, or a bird market) or a known or suspected human case of influenza A (H5N1) in an H5N1-affected country within 10 days of symptom onset.

Please note: A temperature of 100.4 degrees Fahrenheit can be generated on a hot day in a totally healthy person who has NO disease whatsoever! This is a medical fact.

A cough can occur from a cold, allergies, asthma, air pollution, certain medications, from smoking, or many other causes.

All these symptoms are non-specific, meaning they can occur in any combination with a host of medical conditions totally unrelated to bird flu OR regular flu.

So it's possible for the government to quarantine a person for an indeterminate period of time, jeopardizing the person's job and income, if he or she has a **cough on a hot day!** (Remember, the symptoms are: a temperature of >100.4 F AND one or more of the following: cough, sore throat, shortness of breath, OR contact with any type of bird.

2. What are the symptoms of **REGULAR flu** (NOT avian flu)? These are also given on the CDC's web site at www.cdc.gov/flu/keyfacts.htm. They are the following:

Fever of 100.4 degrees F or higher

Headache

Extreme tiredness

Dry cough

Sore throat

Runny or stuffy nose

Muscle aches

Stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur but are more common in children than adults.

3. Question: How does anyone differentiate the symptoms of AVIAN FLU (bird flu) from the symptoms of REGULAR FLU?

Answer: As a physician, I can tell you that it is IMPOSSIBLE to tell the difference!

“How many people die each year from REGULAR FLU (NOT bird flu)?

“The Centers for Disease Control (CDC) states, “Every year in the United States, on average, 36,000 people die from flu.” (<http://www.cdc.gov/flu/keyfacts.htm>)

But this is a deliberate deception by the CDC!

“Below are the actual number of flu associated deaths from 1999 to 2002 from the CDC National Vital Statistic Reports

(http://www.cdc.gov/nchs/data/nvsr/nvsr52_13.pdf):

753 deaths in 2002 (page 16 of report)

257 deaths in 2001 (page 16 of report)

1,765 deaths in 2000

1,665 deaths in 1999

“How does the CDC get from 753 flu deaths to its statement that 36,000 flu deaths occur annually?

“By combining flu deaths with pneumonia deaths. The CDC National Vital Statistic Report for 2002 lists Influenza and Pneumonia as the 7th leading cause of death in 2002. You probably already guessed it – **only 753 of those deaths were flu-associated** and the rest of the 36,000 were pneumonia-associated. If all flu-associated deaths are removed, pneumonia associated deaths still ranks number 7 by itself. The media used the false 36,000 deaths number in its coverage – 50 times the actual 2002/2003 number.

“Are the 257 to 1,765 reported annual flu deaths from 1999 to 2002 even accurate?

“No. It is not possible to determine the actual number of deaths caused by the flu because the **CDC has no death certificate category** for deaths caused **only** by the flu. The CDC has three basic categories of flu deaths:

1. influenza plus pneumonia
2. influenza plus other respiratory manifestations/symptoms
3. influenza plus other manifestations/symptoms (non-respiratory)”

“Health professionals may try to justify the legitimacy of combining flu deaths with pneumonia deaths with the statement that “influenza leads to pneumonia.” But **the facts do not support** this frequent, broad misstatement by health professionals.

“The American Lung Association (ALA) describes pneumonia as having over 30 different causes (one being the influenza virus). Neither the CDC nor ALA know the specific causes of the pneumonias that resulted in death. However, we do know that influenza is not the major cause.

“Keep in mind that the **influenza vaccine provides no protection from bacterial infections**. The National Institute of Allergy & Infectious Disease as well as other health agencies estimate that the single bacteria – streptococcus pneumoniae – is responsible for 15% to 50% of ALL cases of pneumonia in the US, including up to 40,000 deaths annually (<http://www.niaid.nih.gov/factsheets/pneumonia.htm>)

“Pneumonia is also caused by other bacteria such as Staphylococcus aureus (staph), Pertussis (whooping cough), Streptococci, and Mycoplasma pneumoniae (a common cause of “walking” pneumonia). There are also many non-infectious causes of pneumonia such as asthma, aspiration of fluids, immunodeficiency, etc.

“So, it stretches credibility to assert that the flu causes pneumonia when, in fact, the data shows that it only causes a small minority of cases of pneumonia.”

CDC, Media Hype The Flu – Facts Show Different Picture Health Supreme by Sepp Hasslberger.
 Statistics compiled by Frank Hartman.

http://www.newmediaexplorer.org/sepp/2004/11/06/cdc_media_hype_the_flu_facts_show_different_picture.htm

My Talk With The CDC

Several months ago, I called the CDC and spoke with one of the doctors in the “Flu Division.” I identified myself by name and as a physician, and he gave me his name and position. I asked him how a physician like myself could possibly differentiate “Bird flu” from “regular flu.” He answered, “You really can’t.”

I asked him if we physicians were asked to go house to house to check for people with bird flu with the possibility of quarantine of the patient (for how long?) and the potential for the quarantine to cause the person to lose income or even to lose his job, how could we distinguish “Bird flu” from the “regular flu”? He agreed it would be virtually impossible.

Then I asked him why President George W. Bush was publicly contemplating QUARANTINE for these patients? His response was, “He didn’t get that from us here at the CDC. That’s ALL politics!”

But Now The CDC IS Talking About Quarantine (I guess they got the message!)

Recently, Julie Gerberding, M.D., Director of the CDC, publicly discussed the possibility of quarantine as a method of controlling the “Bird flu” even though, by their own admission, it’s impossible to tell “Bird flu” from “regular flu.”

Remember SARS? How Does SARS fit into all this? What Are the Similarities Between “Bird Flu” and “SARS”? (according to the CDC’s own website)

1. They have IDENTICAL symptoms:

Fever of 100.4 degrees F or higher

Headache

General discomfort and body aches

Possibly a dry cough with mild respiratory symptoms

NOW, the question here, of course, is: How does one distinguish the symptoms of “Bird Flu” from “SARS”?

Answer: **It is IMPOSSIBLE!**

“Bird Flu,” “SARS, and Regular Flu ALL have the SAME symptoms!

How Interesting!!

SARS Was “Billed” as a Coming, Frightening Pandemic!

But just how many people have **died** from SARS?

According to the website of the World Health Organization (WHO), as of January 21, 2005, the statistics for SARS are as follows:

a. 8439 people – **worldwide** - have “been affected” – whatever that means! Does that mean they contracted the disease of “SARS” but didn’t die, or does that mean that they were “affected” because they or someone in their family was just **exposed** to SARS but did not get sick? The World Health Organization doesn’t tell us.

(“Been affected” is NOT a medical term and the WHO doesn’t explain what they mean. It sounds like the World Health Organization is trying to make the numbers sound bigger than they really are.)

b. And 812 deaths **WORLDWIDE** - **over a period of the last 3-4 YEARS!** (If, indeed, we can believe ANY of the figures we receive through the commercial media!)

Now Let’s Put This In Perspective!

Are you aware that **EVERY DAY** in the U.S. ALONE, more than **1,400 Americans die from Heart Disease?**

Remember, that's **EVERY DAY!** - - - - In just **ONE country!**

It is absolute **NONSENSE** to classify "**SARS**" as a **potential pandemic!** This is **NOTHING** more than **rank propaganda!** **812 deaths from SARS – Worldwide – over 3-4 years - compared to 1,400 deaths per DAY from heart disease in this country alone!**

But SARS Did not Spread Fast Enough to Produce a Pandemic

Because "SARS" did not spread fast enough from country to country to create the Pandemic that was Predicted (and PLANNED for by the New World Order) – something else had to be done!

They had to develop - -

"SARS" With Wings!! - - "Bird Flu"!!

Now they (the WHO – run by the New World Order) can have this disease flying from one country to another country wherever they want it to land. In addition, it allows them to destroy a significant portion of the food supply of any country they wish – the chickens, turkeys and other birds used for food by the population of these various countries. The New World Order has found that one excellent way to control a country is to control (or eliminate) their food. (See the United Nations quote at the end of this article!)

Is This Just "Terror Talk"?

How does one discern "Terror Talk"? How does one differentiate Truth from Propaganda?

Pay careful attention to the words in the title of the articles, and the (unfounded) assumptions and pure speculations made by the author both in the title and throughout the article. Here are a just a few REAL examples from some "Bird Flu" articles posted on the internet and in the print media in the last few months:

Indonesia – New Suspected Human Bird Flu Case (Web-Posted 1-8-06)

Notice that this is only a "suspected" Human case. In many, if not most, instances, the "suspected" case turns out not to be Bird Flu. But the public is never informed, leaving the impression that the case is real.

Mystery – Bird Flu Fails to Migrate As Expected (Posted 12-29-05)

The word "Mystery" is calculated to create fear in the reader, fear that no one will know what to do or how to stop the supposed "epidemic." This article also suggests that "bird flu" is NOT traveling with migratory birds. (Maybe that's because it's NOT "Bird" flu!)

Bird Flu: How Worried Should You Be? USA TODAY , Oct 11, 2005

Notice that the title is assuming you should be worried! The ONLY question is HOW worried should you be. This is cleverly crafted to create unwarranted fear in the reader.

Bird Flu Could Pose Enormous Threat To US Economy Posted 12-9-05

Bird Flu "Could" do anything in the world that the author of the article can conjure up in his imagination. The use of the word "could" defines this article as pure propaganda. The article contains projections that have no basis in fact, including exaggerated mortality rates, and a preposterous figure of 30% of the population being affected. NOWHERE in the world, is this happening. This type of propaganda is shameful to the author and offensive to any reader who is a thinking person.

Dangerous Unique H5N1 Mutation in Ukraine? Posted 12-10-05

Notice the question mark at the end of the title. Nothing in the article has been verified. This should not even be reported until it is verified. This type of title (particularly beginning with the word "Dangerous!") is specifically designed to put the question into the reader's brain as though it is a fact. It is not fact. It is irresponsible to headline articles in this way.

Extensive H5N1 Human-To-Human Transmission In Indonesia? Posted 10-22-05

Here again we have the question mark! The information in the title is designed to be planted into the reader's brain as fact – when it is only a question. This is a deliberately inflammatory title. This is irresponsible journalism. In addition, the article refers to only 7 or 8 cases, linked to what is termed four familial “clusters.” The word “cluster” is being used to imply that there are a number of cases of human-to human-transmission. On closer examination of the article, the reader finds that the author is using the word “cluster” to describe only TWO people. “TWO” people cannot be referred to as a “cluster.” Again, this is deliberately misleading, and irresponsible journalism designed to strike fear into the heart and mind of the reader, as well as to imply that this (non) disease WILL cause an epidemic.

Is H5N1 Wild Bird Flu In Canada? Posted 11-17-05

Again, watch for the question mark at the end of the title. The author is deliberately propagandizing the reader by implanting the question as a “fact” in the reader's mind. But it is NOT a fact and should never be reported unless it IS a fact!

Turkey H5N1 Is Recombining With Mammalian Polymorphisms Posted 1-14-06

The average reader would have no idea what this author is writing about and does not have the background to understand anything in the article. All the reader will see is the title, and in the title the words “Turkey H5N1” and “Mammalian.” This is designed to implant in the reader's mind the idea that “Bird Flu” is mutating into “Mammalian” or Human “Bird” flu. The purpose, again, is to create fear in the reader that the epidemic is getting worse, when, in truth, the article gives NO evidence to support that notion.

Several solid rules for judging whether an article is propaganda, are:

1. Watch for speculative terms. If the title ends with a question mark this is pure speculation. This allows the author to use his wildest imagination in developing a scenario to cause fear and panic.
2. Again watch for speculative terms. If the title contains the word “could”, this is pure speculation. This, again, allows the author to fabricate any outcome he chooses.
3. If the title contains inflammatory words such as “Dangerous” “Suspect” “Mystery” “Worried” “Fear” “Explode”, the chances are extremely high that this is pure propaganda designed to create fear.

Human Deaths From “Bird Flu”

How many deaths from Human “Bird Flu” have been reported to date?

Approximately 65 deaths in Asia (the main area this “disease” supposedly has affected) from Human cases of “Bird Flu” have been reported by the World Health Organization (WHO).

According to the Internet World Stats (Usage and Population Statistics), the population of Asia is 3,622,994,130. That's 56.4% of the World's population.

If we divide 65 (supposed deaths from “bird flu”) into 3,622,994,130 people in Asia, the answer is approximately 54 million. That means that in Asia there has been **ONE death for every 54 MILLION people!** - - - HARDLY the statistics necessary to predict a frightening “Pandemic!” OR to call out the military forces!

That would be similar to declaring an epidemic of “Bird Flu” in the United States with only 5 or 6 deaths in the entire country! That, of course, would be ridiculous!

But why should we be surprised! George W. Bush is talking about declaring martial law and calling out the military when there has been NOT ONE SINGLE DEATH - - - OR EVEN ONE PERSON INFECTED with “Bird Flu” in the entire country!

This is nothing more than Fear-mongering Propaganda!

And What Are Our Sources of Information? Can We Trust Them?

We know that the commercial media, including television and the newspapers, is owned by a handful of people, the vast majority of whom are Zionist Jews. (If you don't believe it, just search the web for the owners and CEOs of the TV networks and the major newspapers.) Here are some of their quotes, demonstrating that we cannot expect to hear truth through their news outlets:

Richard M. Cohan, Senior Producer of CBS political news said: “We are going to impose OUR AGENDA on the coverage by dealing with issues and subjects that WE choose to deal with.”

Richard Salant, former President of CBS News stated: “Our job is to give people not what they want, but what WE decide they ought to have.”

John Swinton, Former Chief of Staff for the New York Times, called by his peers “The Dean of his Profession” said in 1953: “There is no such thing. . . as an independent press. . . If I allowed my honest opinions to appear in one issue of my paper, before twenty-four hours my occupation would be gone. The business of the journalist is to destroy the truth; to lie outright; to pervert; to vilify; to fawn at the feet of mammon, and to sell his country and his race for his daily bread. . . We are the tools and vassals of rich men behind the scenes. We are the jumping jacks, they pull the strings and we dance. Our talents and our lives are all the property of other men. We are intellectual prostitutes.

Needless to say, Commercial Television and the Newspapers have completely ceased to be repositories of truth. They are not trustworthy in any way.

How about the Internet?

Information on Bird Flu comes primarily from the web sites of the following organizations:

The Centers for Disease Control

The World Health Organization, and

ProMed/ISID (International Society for Infectious Diseases)

How reliable are these organizations?

The Centers for Disease Control (CDC)

This is a highly politicized government organization. For example, the AIDS Information Hotline at the CDC, where one would call to find out how to be safe from AIDS, is run, not by the CDC! - a group that has the HIGHEST rate of AIDS in the country! Obviously, they have not learned – or don't wish to practice – how to prevent AIDS!

If it is true, as it strongly appears to be, that “Bird Flu” is a HOAX, perpetrated by the government on the public to create fear, take away personal rights, make money on vaccinations and drugs for “bird flu”, cause real pandemics of disease and death by placement of other disease-causing organisms in the supposed “bird flu” vaccines, destroy huge numbers of turkeys, ducks and other birds to assist in causing massive famine, all of which will help decrease the population of the world, - - - then if a CDC employee, including the Director of the CDC, refused to go along with the government propaganda, he or she would be fired for insubordination.

So the CDC is not a trustworthy source of information about “Bird Flu.”

The World Health Organization (WHO)

The World Health Organization is the Population Control/Euthanasia/Genocide arm of the United Nations. The WHO has the same problems of bias and oversight as the CDC.

The United Nations ultimate goals are 1) the redistribution of wealth throughout the world, 2) a vast and rapid reduction in the population of the world for “sustainable development”, and 3) the elimination of nation-states with the implementation of a One World Government.

In conjunction with Illuminati members such as Prince Philip and Prince Charles of the U.K., they want to return the world to what they term a “Post-Industrial” or “Feudal Society” where there are only three main classes of people – The feudal lords (who own ALL the land), the administrators who work for the feudal lords, and the slaves, who work the land. (If you have any doubts about these issues, use your search engine to find information about the Illuminati, “Sustainable Development”, “Feudalism”, the “Georgia Guidestones - America’s Stonehenge”, One World Government, and Population Control. Dr. Stan Monteith’s website www.radioliberty.com has excellent information to get you started.)

One efficient way of reducing the population of the world, the Illuminati has found, is by the **deliberate spread of disease**. Bertrand Russell, and advisor to several presidents, wrote in his book, *The Impact of Science on Society*,

"At present the population of the world is increasing... War so far has had no great effect on this increase... I do not pretend that birth control is the only way in which population can be kept from increasing. There are others... If a Black Death could be spread throughout the world once in every generation, survivors could procreate freely without making the world too full... the state of affairs might be somewhat unpleasant, but what of it? Really high-minded people are indifferent to suffering, especially that of others."

For thousands of years, all the way back to Nero - and probably before, dictators have controlled their subjects by Fear and Terror! It is no different now. The phony "War on Terror," promoted by U.S. President George W. Bush and his "Neo-Conservative" Zionist-Jewish controllers, such as Bill Kristol, Paul Wolfowitz, Richard Perle, Douglas Feith, Dov Zakheim, Natan Sharansky, and others like them, is designed to terrorize Americans into giving up their rights (Read the Patriot Acts – I & II) whereby they will become slaves of the New World Order.

What could possibly be George W. Bush's reason for doing this? Don't he and his controllers like us common Americans? The answer is a firm "No." In fact, they refer to us as "Useless Eaters!" Leaders of countries rarely have the best interest of their citizens at heart. If you doubt this, please read *Death by Government* by R. J. Rummel, a book that exposes genocide and mass murder by government. This extensively referenced book reveals that many more citizens have been murdered by their own government leaders than have been killed in war by foreign powers!

Recently, General Leonid Ivashov, the former Chief of Staff of the Russian armed forces when the September 11, 2001, attacks took place, said during the Axis for Peace 2005 Conference, and now explains publicly, that "international terrorism does NOT exist and that the September 11 attacks were the result of a set-up. What we are seeing is a manipulation by the big powers; this terrorism would not exist without them." (Posted at www.rense.com 1/22/06)

He explains that this "Terrorism" talk is the weapon used in a new type of war in complicity with the media, which allows modifying international politics and changing existing reality. In other words, "Terrify the people with incessant talk of "Terrorism" so they will give up their rights and become malleable slaves in the hands of the New World Order."

So the World Health Organization of the United Nations, which is also promoting this myth of the "War on Terror" is NOT a trustworthy source of information about "Bird Flu."

What about the Internet News Outlet – ProMed/ISID? Is it trustworthy?

Let's investigate who funds ProMed/ISID.

On their website (www.promedmail.org - and click on "About ProMed-mail), you will find the following:

"ProMed-mail and ISID are grateful to the Gates Foundation, the Rockefeller Foundation, the Oracle Corporation, the Nuclear Threat Initiative, and an anonymous donor for financial support.

Who are these Donors?

The Gates Foundation has been set up by Bill Gates, a Zionist Jew, to promote the Zionist Jewish agenda, which is the same as the Illuminati's agenda. Their agenda includes a vast reduction in the population of the world, including the United States, by war, pandemic disease and famine.

The Rockefeller Foundation has the SAME agenda as the Illuminati and the Gates Foundation. David Rockefeller, a member of the Illuminati, is a founder and member of several organizations such as the Trilateral Commission, The Bilderbergers and the Club of Rome, whose purpose is to a) set up a One World Government, b) control ALL business throughout the world and, c) dramatically and rapidly reducing the population of the world from 6 billion to 500 million, by war, disease and famine. (Verification for this is readily available on the internet and in many fully referenced books.)

The Oracle Corporation

Oracle's CEO is Lawrence Joseph Ellison who is identified as a Jew on the Oracle Corporation website. His biography on that web site states that "Larry Ellison was born out of wedlock to a 19-year-old mother, and raised by her aunt. Oracle Corporation went public in 1986 and was on the verge of bankruptcy by 1990 when it was revealed that its revenues had been "overstated" for several years. . . Ellison's net worth dropped about 3 1/2 BILLION after September 11, as stocks plummeted and Oracle stock lost almost 50% of its value."

It certainly is curious how a little boy, born in the Bronx to a 19 year old single girl could, before the age of 50, amass a fortune large enough to LOSE 3 1/2 BILLION dollars!

The Nuclear Threat Initiative

The Nuclear Threat Initiative is run by Ted Turner who is infamous for wanting to eliminate a large majority of the world's population.

So there we have it. If we're going to evaluate ProMed/ISID, we must realize that its funding (and therefore its control) comes from groups, all of which have the goal of depopulating the earth.

How can we believe anything that comes from ProMed/ISID? Most certainly they would want to promote a Pandemic by propaganda! Nothing could please them more.

Also, anything that comes from the Zionist Jewish-controlled commercial media must be highly suspect!

Others who regularly Post "Bird Flu" Information on the Internet

Two others who regularly post information on "Bird Flu" on the web are: Henry Niman, Ph.D., and a woman with the internet name of Patricia Doyle.

In order to assess the veracity of any individual who posts information on the web or who speaks as an expert, it is necessary to be able to verify their qualifications.

Henry Niman, Ph.D.

Henry Niman received his Ph.D. at the University of Southern California in 1978 and took a post doctoral position at Scripps Clinic and Research Foundation, according to his website. His qualifications are verifiable. He is the Founder and President of Recombinomics, Inc., a company that, monitors viral recombination, a process that can be used to enhance vaccine development and allow vaccines to be prepared before viruses emerge," according to his web site, www.recombinomics.com.

Since Dr. Niman's company is heavily involved with the vaccine industry, and therefore, would significantly benefit financially from a "Bird Flu" pandemic, he certainly could have a real conflict of interest in the "Bird flu" situation. Much of the information he posts would be very difficult, if not impossible, to verify, as the cases of supposed "Bird Flu" come from obscure, tiny towns and villages - the smallest "nooks and crannies" on the globe.

How does he get this information?

Where does he get this information?

What are his sources?

It has been over two months now since I e-mailed him, asking him those questions, and to date I have received no response!

Patricia Doyle

Patricia Doyle (she admits that this is not her real name) chooses to remain a mystery. She uses the initials Ph.D. and D.V.M. after her name but she refuses to state where or when she received those degrees. I have e-mailed her directly asking for that information and she has refused to divulge it.

But she has admitted that she has NOT completed her Ph.D., yet she continues to use those initials after her name. This is Scientific Fraud!

She will not state WHERE she received her degrees!

She will not state WHEN she received her degrees!

She will not give her real name.!

This is totally unacceptable in the scientific world, and is insulting to the general public.

Why would anyone, especially a "professed" professional person, withhold this information unless she is deliberately lying about her qualifications and whether or not she actually holds these degrees.

Apparently she has shared some of this information with one individual who is not in the scientific world. But again, none of the information can be verified.

Until she comes clean and answers these questions for the entire public, she has no right to be considered an expert of ANY kind, nor should she have a forum on which to espouse her comments.

Her belligerence in deliberately withholding this information from the public, coupled with her promotion of the information on the (Illuminati/Zionist-Jewish-funded) ProMed/ISID website raises serious questions about the possibility that she is an infiltrator and a Zionist-backed disinformation agent.

So how can anyone believe anything she says?

So, How DO We Find Truth?

You may ask, "How can we believe anything? How do we make a judgment on what is really going on?" The answer is, we can learn to evaluate what they are saying about this supposed "pandemic" in the following ways:

- 1) The media and the New World Order/Zionist Jewish cabal are using all sorts of hyperbole when discussing this "Bird flu," exaggerations that are in no way warranted. (When something is REALLY going on, such as Mad Cow Disease – or AIDS, especially in the 90's – the government was/is covering up and down-playing the truth on both issues.)
2. As mentioned above, the incidence of "Bird flu" in Asia (even if we could believe their figures) is 1 in 54 MILLION – hardly what one would call a "Pandemic"!
3. Even with ALL their efforts, the Illuminati/Zionist Jewish cabal was not able to propagandize the public enough to get them to believe the lies about SARS! So they had to create, out of thin air – "Bird" Flu – which is nothing more than SARS "with wings."

Now they can have this "disease" flying all over the world, wherever they want it to land (and how convenient to have it land in countries that are the enemies of the Zionist Jews, such as the Arab/Muslim nations of Indonesia, Bali, Iraq, Iran, and the City of Mecca, just in time for the Muslim pilgrimage, and in countries like Turkey and Korea who are both causing political problems for Israel and it's subsidiary – the United States.

Isn't it amazing that the birds infected with "Bird Flu" seem to gravitate to the countries identified by George W. Bush as the "Axis of Evil!"?

SARS (remember, it has exactly the same symptoms as "Bird flu") wasn't able to travel fast enough from country to country to create the "world-wide pandemic" the Illuminati had planned, so they had to come up with something with wings! Voila! - - - Bird Flu! SARS with wings!

4. The commercial media is pushing the propaganda of "Bird Flu" about as hard as any propaganda I have ever seen them promote, including the prospect of forced vaccinations. The greatest Weapon of Mass Destruction they can use on this country or any other country is mandatory vaccinations, vaccines that will contain the bacteria and viruses of multiple horrific diseases (a Super Vaccine containing numerous disease-causing live viruses and bacteria - something the CDC already admits they are developing) to be forced on EVERYONE!

Then the Illuminati will be absolutely sure to produce the "Pandemic" they desire, when billions succumb to the very diseases contained in the vaccine injection they received!

5. Real and dangerous diseases like AIDS and Mad Cow Disease, are purposely down-played and covered up by the government, even though they will eventually kill millions, and possibly billions, of people in the U.S. as well as many other countries.

But when a government purposely advertises, promotes, and exaggerates a disease, you can be sure that it's fake!

Why Would the U.S. Government and the U.N. Perpetuate this HOAX on America and the World?

Answer: Look who benefits – and How!

1. **Follow the Money:** Imagine the profits from forced vaccinations for every person around the globe! Followed by huge profits for the medical/industrial complex from drugs used for treatment,

hospitalizations, physician costs, laboratory costs, and medical personnel to enforce quarantines! The pharmaceutical, vaccine-producing, and other medically related corporations are owned by the very same people (or their close associates) who run the world. (See 1) *Bilderberg Profits from Bird Flu*, Christopher Bollyn, American Free Press, Nov. 14, 2005, 2) *World Bank To Put Up \$1 Billion To Fight Bird Flu* www.noticias.info/asp/aspComunicados.asp?nid=116016&src=0)

I have received numerous e-mails from Stock Market Investment companies, showing how an investor can make huge profits on the coming "Bird flu" pandemic!

2. Power and Control: Any individual, group, state or nation that, in any way, resists the formation of a One World Government, can be quarantined, embargoed, or imprisoned. The Rulers of the world can stifle or annihilate ALL dissent.

3. De-population of the world: So the world can belong solely to the rich few who rule in tyranny. They have already begun the de-population the earth by:

War, in almost every country around the globe

Abortion, and its #1 promoter - Planned Parenthood

Infanticide – Soon to come

Euthanasia – physician-assisted suicide, of the elderly and those who are ill

Terminator seeds – Seeds that produce fruit that does not, in turn, produce seeds (such as "seedless" watermelons). These initial seeds have been patented by the mega-corporations, so the farmer must buy new seeds every year rather than being able to save seeds from his own harvest. In addition, the farmer can only purchase the seeds from the owners of the mega-corporations. This becomes so prohibitively expensive that the farmer goes bankrupt.

Patented Genetically engineered food that can be withheld at will – to promote famines

Weather control to make growing areas into dust bowls to engineer world-wide famines (Search the web under "Weather Control.")

Destruction of the food supply of the world by killing off the turkeys, ducks and other birds used for food (because of the irrational fear of "Bird Flu") in addition to the destruction of cows (because of the REAL threat of Mad Cow Disease – which they are presently down-playing), and sheep (because of the REAL threat of "Scrapie" which is Mad Sheep Disease). This is one of the ways they will bring about massive famines that will starve to death millions of people.

Man-made Diseases, (such as AIDS) bioengineered in government and military laboratories to cause super-infectious world-wide pandemics.

Mandatory Vaccinations developed to CAUSE (not prevent) horrible, deadly diseases in those who receive them, as well as autism, sudden infant death syndrome (SIDS) and learning disabilities resulting from the mercury and other highly toxic substances vaccines contain. (See *Vaccines: Are They Really Safe and Effective?* by Neil Miller, New Atlantean Press at www.thinktwice.com)

All of these methods are designed to de-populate the earth so the world can be owned and ruled by the "favored few", those who say by self-proclamation, that they have the right and obligation to rule the world.

Here is a quote from the **United Nations**:

"Food is Power.

We use it to change behavior.

Some may call that bribery. We do not apologize."

Catherine Bertini, executive director U.N. World Food Program, Beijing, China.

U.N. 4th World Conference on Women, September, 1995.

In other words,

“Do as we say, or we’ll starve you to death!”

Don’t Be Deceived!

The Government Has Done This Before!

And They Are Doing It Again!

The Bird Flu Hoax is NOT the first time the government, organized medicine and the pharmaceutical companies have lied to the public to bring about fear, carnage and profits. They did it with the Swine Flu Hoax in the 1970’s and the vaccination-created Flu Epidemic of 1918.

Following are excerpts from the book entitled *The Swine Flu Expose* by Eleanora McBean, Ph.D., N.D., written in 1977 by a doctor who was THERE during the 1918 Flu Epidemic.

This booklet on Swine Flu hazards and fakery is part of a larger book on vaccination, titled, **VACCINATION CONDEMNED BY COMPETENT DOCTORS**. It is about time a large and comprehensive book of the long concealed facts about vaccination is brought forth. This is the largest and most informative book on the subject ever written in America. It contains data collected from medical records, army reports, and startling findings from researchers all over the world.

The book is intended to help combat the disastrous effects of vaccine promoters and their deceptive propaganda.

I have seen cancers caused by vaccinations, on the arms of people, exactly where the vaccine was injected. I have also seen paralysis and other tragedies caused by vaccinations. All these are unnecessary and avoidable by the application of information contained in the chapters of this book.

It will be noted that there are many repetitions of certain facts all through the book. There are two reasons for this. One is that some chapters are used as separate booklets like the chapter on SWINE FLU. The other reason is that the wrong information about vaccination has been drilled into the people from early childhood, so it is necessary to repeat the truth many times in order to re-program the thinking from false claims to the truth.

Truth wears no mask, she seeks neither place nor applause, bows to no human shrine; she only asks a hearing.-----Anon

SWINE FLU ANOTHER MEDICALLY-MADE EPIDEMIC

"Take the profit out of the manufacture and administration of serums and vaccines and they would soon be condemned even by those who are now using them"—George Starr White M D

At the present writing, October 1976, a group of medical opportunists have taken upon themselves the dictatorial authority to declare the threat of a sweeping epidemic of SWINE FLU which they said was similar to or related to the 1918 epidemic of Spanish influenza which wiped out 20,000,000 people world-wide. This declaration was supposed to scare all the people into their vaccination centers to be shot full of experimental vaccine poisons, while they, the promoters, raked in the profits. During the big polio vaccine drive, a spokesman for ParkeDavis one of the five drug houses making the vaccine stated "Our company will clear over \$10,000,000 on Salk vaccine in 1955 " Before they were through they had fleeced the people of over \$4 billion dollars on the Salk racket (See the chapter on POLIO CAUSED BY VACCINATION)

Most of the people had their eyes opened during the polio vaccine fiasco so now when the same poison pushers started to beat their drums again for swine flu vaccine customers, they were smart enough to see through the hoax and refuse the shots, even though the scare-head propaganda slogans said *swine flu is contagious and you can die if you don t get the shots*

However, the scare techniques and perhaps other inducements, worked on (the then acting) President Ford who has since been voted out of office—and none too soon. When the high pressure sales committee, Doctors Salk Sabin, Sencer, Mathews Cooper, etc marched into Ford’s office in March (76) and told him to hand over \$135,000,000 to support their private money making racket, he handed it over like a simple child without even bothering to ask them for a guarantee that their unproved vaccine would not kill the people—as it did in other vaccine drives—or that their claims were justified.

Their claims of *safety*, effectiveness and need have all been proved to be false during the past few weeks when the vaccine killed 113 people, nation wide, and paralyzed 75 in California alone. We do not have the reports from all 50 states, but if it is the same as in Calif. that would add up to 3,675 cases of

paralysis. Many coroners have been given orders by the doctors not to give out the swine flu casualties. So, we don't know all the facts yet, and we may never know unless we have a "Watergate" investigation.

\$5,000,000 LAW SUIT FILED AGAINST FLU PROMOTERS FOR CAUSING PARALYSIS

A radio newscast (Jan. 77) reported that one of the paralyzed swine flu victims has filed a \$5,000,000 suit against the vaccine promoters for causing his paralysis in December of 1976. His suit is against the instigators of the flu epidemic scare, who are Dr. David Sencer of CDC (Center for Disease Control) who spearheaded the vaccine campaign, and Dr. Theodore Cooper of WHO (World Health Organization), the Health Departments which promoted the shots and the six drug houses making the swine flu vaccine. (Why not Ford also and his Congress who financed it?) His complaint was that they had put out propaganda promising that the vaccine had been thoroughly tested and was perfectly safe, and that the swine flu was contagious and people could die if they didn't get vaccinated, and that they would be protected if they had the shots, and that the side effects, if any were "inconsequential."

Dr. Edwin Kilbourne, head of the Microbiology Department at Mount Sinai Medical School (L.A. Calif.) said he thought "the cases of paralysis were only coincidence."

Paralysis is known to be a common after-effect of vaccination—any kind of vaccine—and these 75 California cases were paralyzed shortly after their flu shots—and yet, this doctor says (in effect) "forget it—maybe it wasn't the vaccine that did it." If that is the kind of teaching and slipshod guesswork that our young medical students are getting it isn't surprising that the doctors come out of medical college all mixed up and unable to cure anything—not even the common cold or pimples. All they learn is how to suppress symptoms with poison drugs or mutilate the patients with unnecessary operations. 97% of the operations performed by U.S. doctors are unnecessary, according to the admission of doctors, themselves, who met to decide what operations would really be necessary in case of socialized medicine when there would be no profit in it for them. They decided that only about three percent (3%) would be necessary.

All the flu vaccine sales promises were lies—proved later by the deaths and disasters within a few hours after the shots.

The insurance companies which had insured the doctors and vaccine makers down through the years balked at this obvious vaccine swindle game. We wonder why Ford couldn't have taken a tip from these shrewd businessmen and also turned down the whole, questionable vaccine program. We wonder what inducements prompted Ford and Congress to let themselves be talked into financing not only the vaccine but paying the damage costs which could amount to billions of dollars judging by the large number of deaths and disasters already reported, plus those which have been hushed up by the vaccine promoters.

The most common remark we hear on the streets today is, "IT'S THE BIGGEST RIP-OFF OF ALL TIME."

The vaccine promoters and drug insurance companies, no doubt, remembered the multi-million dollar law suits following the devastating polio vaccine campaign of the 1950's when the Salk, Sabin, and Cutter vaccines caused thousands of cases of polio, death, and other disasters. The law suits flooded the courts and the vaccine promoters and drug houses had to pay out damages amounting to many millions of dollars.

The five pharmaceutical houses making the Salk vaccine were called the Rockefeller chain then, and it is the same ones now making the swine flu vaccine, with a few exceptions. The vaccine promoters wanted to dodge all financial loss—the cost of the vaccine and the damage suits, so they could make clear profit, while the taxpayers were saddled with both the payment of the vaccine and the damages, also. I doubt that the crime syndicate could run a more crooked racket than this government sponsored and financed caper, with all the profits siphoned off into the pockets of the medical and drug concerns.

If those smooth talking con-men had been holding a machine gun on Ford they couldn't have done a quicker and easier job of robbing this simple man who didn't even know enough to do a little investigating before dipping into the public till to finance a private money making scheme.

Ford was not the only guilty one in this conspiracy against the people. Most of the members of Congress gave their supporting vote.

Before leaving office Ford asked the taxpayers to give the Congressmen a substantial raise. We wonder if he wanted to reward them for their part in helping him support organized medical crime.

An AP news report in the Los Angeles Times (Dec. 3, 1976) with a headline: \$129 MILLION FEDERAL RAISE PROPOSED, says in part:

". . . Ford will put the exact rates of pay he thinks advisable into the budget submitted next month. Unless the House or Senate kills the proposals. (Are they likely to turn down a raise?) the members of the House and Senate will receive \$57,500 annually compared to the current \$44,600."

Are they worth it? Another report told us that most of our Congressmen are corporation lawyers with an eye to serving private interests. Their vote for giving \$135,000,000 of tax money to support a private medical racket (swine flu vaccine) would indicate that they are indeed working for "outside interests", and not for the good of the people who hired them to their high positions.

The same AP report also says: "The commission (to raise salaries) made it clear that it hoped to link the raises to a commitment by the three branches of government to come up with a stricter code of conduct on outside income and financial disclosures."

Does this mean that if they are given the big raise they must promise to tell the truth about what "outside interests" paid them extra to swing the "big deals" in their favor?

Public officials like this should not be given any raise at all; they should be given a dismissal and a prison sentence, plus confiscating the bribes they have taken from "big business".

SWINE FLU VACCINE TESTS PROVE UNSAFE

At the same time the vaccine promoters were telling Ford the vaccine was "tested and perfectly safe" they were still testing it on lab. animals, soldiers and little children. The ones who can't defend themselves.

In A REPORT TO THE CONSUMER (Sept., 75) by Ida Honorof, she presents a compilation of data from the National Institute of Health—Division of Biologic Standards, Bulletin of World Health Organization, and Dr. J. Anthony Morris, former Director of a branch of FDA Virus research. Dr. Morris' findings show that the flu vaccine, when inhaled by lab. animals "tended to enhance cancerous tumors."

Pregnant women had been on the preferred list for shots until findings indicated that certain substances in flu vaccine "could pose a serious threat of fetal damage to women who might become pregnant. . ."

In the report she reviews an article by Aurora Reich, Director of Scientific Communications, published in Indianapolis Star, which states:

"The virus itself (flu vaccine) has toxic properties, even after it is killed, which can cause fever and convulsions, especially in children. January Journal of Pediatrics carried the research of Doctors at Atlanta and Sheffield, England working together testing a purified killed influenza vaccine. They concluded that even the purified killed vaccine is too toxic (poison) to be given to children . . . The study showed 69% of the infants ran high fever 6 to 12 hours after vaccinations, and one had convulsions."

Other studies showed that about 10% had convulsions, and one died. One doctor pointed out that "there are 9 million children under 3 years of age. If 10% of them had convulsions, that would be 900,000 with convulsions.. (and how many deaths?) The routine vaccination of infants and children has not been recommended by the Public Health Service."

How tragic that these helpless little children are being used to test poison drugs—like laboratory animals. I thought that was against the law. It's deplorable to even use animals for this, as practically all the tests are for things we do not need, such as poison drugs, vaccines, unnecessary operations, etc. Yes, all vaccines are dangerous drugs. (See the chapter on HOW VACCINES ARE MADE)

Every once in a while we hear of an honest doctor who is not afraid to speak out and warn the people against vaccines. Such a man is Dr. James A. Shannon, of the National Institute of Health. He stated: "THE ONLY SAFE VACCINE IS A VACCINE THAT IS NEVER USED."

When it was proved that the vaccine was too dangerous to be used on children it should have been condemned and destroyed before it did any more harm, because if it is too dangerous for children or anyone else, it is too dangerous for all people.

Doctors who have been questioned, admit that they are not taking the shots for themselves or their own children.

The old, the ill and the other "high risk" cases are more sensitive to poisons and more readily broken down and killed by them, and yet, the doctors and vaccine promoters advised them to be the first in line to get the shots. I think they wanted to test the risky vaccine first on them to see what would happen and if it caused death and disasters the doctors could blame it on their old age or their various infirmities.

The doctors seem to consider these sick and elderly people expendable commodities of no importance. I saw an example of this when I sat in on a vaccine promotion meeting on USC campus (L.A.) recently, when the promoters were trying to drum up business and get the students to submit to the shots.

People in the audience started to ask questions of the doctor on the stand. They asked about the vaccine death that had occurred a few hours after the shots. He passed it off lightly with indifference saying that "they would have died anyway," or "They were old and probably had ailments that killed them." he made it clear that the vaccine promoters were not going to take any responsibility for their death dealing vaccines. He was one of the teachers at the medical school at USC. God protect us from the kind of doctors he would influence.

These vaccine casualties were not listed as such on the public records. The death certificates were falsified and causes were given other than the vaccine which killed them (See the chapter on FALSIFIED MEDICAL RECORDS.)

NO SWINE FLU EPIDEMIC

The whole swine flu scare was based on the death of only one soldier at Fort Dix, New Jersey (One report said October, 1975 and another said February, 1976). There was never any real evidence that he even had swine flu. There was a wide divergence of opinion among the doctors as to the real cause of his death. Some even tried to blame it on a walk he took when he was ill. An official diagnosis pronounced his death to be from *A-Victoria flu*, and not swine flu. All the soldiers at the camp had been inoculated with *Port Chalmers flu vaccine*, which was claimed to contain antigens to protect against all strains of flu. Shortly after the shots over 500 men got sick with the flu anyway, thus proving that the flu vaccine is a total failure and does not protect from the flu or anything else. 66 more were hospitalized at Fort Knox about the same time. We do not have the report from all the army camps but, it is quite certain there were a large number of cases of serious vaccine poisoning—no doubt, called by some other name, and death certificates falsified as is usually the case with vaccination deaths. The death certificates of vaccine poisoning usually read, "died of pneumonia" or hepatitis, or meningitis or something else.

The present flu vaccine they are using on the civilian population is just as ineffective and dangerous, and yet, it is being promoted all over the country with disastrous results. No matter how many casualties they have they are determined to use it as long as they can get away with it—because it is profitable. That is its one and only purpose.

Even if the swine flu had been the cause of the soldier's death, one case of a disease is not grounds to stage a nation-wide epidemic. It takes at least 30 cases of the same disease in the same locality to constitute an epidemic.

The vaccine promoters have been frantically trying to find at least one case of swine flu anywhere in the world to justify their custom made vaccination campaign. But they have not found one case—even among the swine. They heard of a man named Larry Hardison in Missouri who had a cold and they rushed to him to try to get a throat sample so they could make a case out of it. But he got well before they got the throat sample. Most of the cases of flu they check are caused by the vaccine itself.

There is no swine flu epidemic in U.S. or anywhere else in the world, and there is not going to be one either unless the vaccine promoters carry out their plan to vaccinate all the people; then there will be a full blown epidemic of vaccine poisoning—not flu.

There are already 113 recorded vaccine deaths and that is enough to be an epidemic of vaccine poisoning.

ALL VACCINES ARE POISON

Vaccines contain decomposed protein such as that which is taken from pustules on sick animals or putrefied eggs mixed with deadly drugs such as carbolic acid (phenol), mercury, formaldehyde (formalin), etc. Decomposed proteins can cause botulism, salmonella or other types of body poisoning. It's no wonder people drop dead after the shots.

All doctors who know the subject know and admit that all vaccines are highly toxic, and the after-effects are unpredictable. No doctor, laboratory technician or scientist can possibly determine the reaction the vaccine will have on each individual. It is impossible to know, in advance, the toleration point for poison which each person has. Therefore it is a deadly gamble—like Russian roulette—as to whether the vaccine will cause instant death (and that sometimes happens), or paralysis a few hours later, or cancer, heart trouble or TB a few years later, or kidney disease, liver damage, insanity (post vaccinal encephalitis—inflammation of the brain caused by vaccines) or some other chronic disease somewhere along the way.

Vaccine is even worse than Russian roulette because that kills only a few and they are usually other crooks, while vaccination kills thousands of innocent and trusting people.

FORD THE PUPPET

After the vaccine promoters "took" Ford for \$135 million, they told him to be a good boy and roll up his sleeve so they could photograph him having a shot to induce all the rest of the people to follow his example. They wanted to use him and his photo and influence as sales propaganda to sell their poison drugs. He obeyed like a puppet on a string.

No wonder the rest of the world is laughing at us. They see a fake epidemic—a mass poisoning campaign—and our national leaders dancing to the tune of the drug (vaccine) pushers.

Dr G. Nossel of the World Health Organisation said:

'You Americans ought to have your heads examined—No way would we permit it. . . There has been no proper investigation . . . The vaccine has not been properly researched. . . There are too many unknowns.'

From as far away as Australia, there are those in authority who are shocked to see that such a fraud should be permitted—even promoted by the U.S. Government, along with the medical establishment, notorious for their money making schemes.

Dr. Archie Kalokerines, medical superintendent of Colleranebri Hospital in Australia, called the swine flu immunization program "a plan for mass murder . . . If a person is susceptible, the vaccine may act as an immunological insult predisposing that person to things like pneumonia or anemia . . . If an individual is incubating another flu virus it can cause an immediate and severe attack of that disease. . . We don't know what the long term effects of this drug (swine flu vaccine) will be. It may predispose a person to cancer or other diseases . . ." (See the chapter on **CANCERS CAUSED BY VACCINATION**.)

The above statement is from an exclusive interview with the Glendale News Press (9/24/76) and reprinted *in A report to the Consumer*, by Honorof.

"Harry Nelson, Medical Editor for L.A. Times, reported on an American Cancer Society Seminar for Science Writers, and announced that microbiologists have uncovered new findings that incriminate vaccination. One of the participants was Dr. Robert M. Simpson of Rutgers University, N.J., who stressed that 'Immunization programs against flu, measles, mumps, and polio may actually be seeding humans with RNA to form proviruses which will then become latent cells throughout the body . . . Some of these could be molecules in search of a disease, which under proper conditions become activated and cause a variety of diseases including rheumatoid arthritis, multiple sclerosis, lupus erythematosus, Parkinson's disease and perhaps cancer.'" This quote is from the Honorof Report for June, 1976.

The chapter on **CANCER CAUSED BY VACCINATION** shows photographs of vaccine victims with cancers on the arms where the vaccine was injected.

From the NATIONAL HEALTH FEDERATION we hear, "The risks of life and health from the high incidence of fever and other side-effects of the swine flu vaccine are substantial. Public health experts estimate that approximately 15% of those inoculated will suffer disabling illness."

Our paid government health agencies who are supposed to warn us of health hazards are not doing it. It has been outsiders who have been busy spending their own time and money to find out facts and warn the people against this colossal medical fraud. One source we need to thank for this is THE NATIONAL ENQUIRER and their state-by-state probe to collect data on deaths from vaccination, cases of swine flu, if any, who started the vaccine hoax and why, etc. In their Nov. 2, 1976 article by Chuck Michelini and Dan Schwartz, they write:

"Blundering government health experts (?) are directly to blame for the trail of deaths in the swine flu program — because they failed to warn people of vaccination dangers. And the mass inoculation program is needless —because there are no cases of swine flu in the entire world.

"Those are the charges leveled by top medical experts — who say the swine flu threat was blown out of proportion, then sold to President Ford and the American public with scandalous "horror tactics."

"Government officials are trying to scare Americans into getting shots with totally misleading TV commercials that say swine flu is contagious — and newspaper ads saying 'you can die' if you aren't vaccinated."

Actually, swine flu is not contagious at all. Like other diseases, it is a cleansing effort of the body to force out the accumulated poisons that have been injected or eaten, breathed or taken in in some other way. Coughing, sneezing, sweating (fever), vomiting, diarrhea, rashes, eruptions, etc. are the manifestations of the unloading program and should not be interfered with by suppressive drugs or other medical meddling. Most drugless doctors say that most diseases heal normally if the patients stay at home in bed, in a quiet airy room with no food, no medicines, and no drinks except a little warm distilled water.

In case of a cold, most medical doctors say take two aspirins and drink plenty of liquids. That's bad advice because aspirin is a drastic heart poison and should be avoided entirely in all circumstances, and "liquids" — not specific enough. The patient could take that to mean coffee, tea, alcoholics, soft drinks (all of which are poison) or soups, fruit juices, ice water, etc. all of which are harmful in illness. Reasons are given in another chapter.

Although the medical and government propaganda mills sent ads to the major newspapers warning "You can die from swine flu," authorities who were willing to stick to facts were saying just the opposite. For instance, Dr. J. Anthony Morris, one of the government's top experts on vaccines, stated:

"That's absolutely false. There's no evidence that swine flu is a killer . . . It is not contagious . . . There is no evidence that swine flu will spread. It has not been isolated anywhere since it was (allegedly) found in Feb. at Fort Dix, N.J." While addressing a meeting in Los Angeles he said, "...The swine flu vaccine is worthless. There's no evidence that it will protect you against swine flu because there's been no cases of swine flu to test it against."

He also said: "Effectiveness of flu vaccine is comparatively low. Flu vaccine made from inactivated virus particles such as now being manufactured, produces the wrong kind of immunity. It elicits systemic antibody that can be measured in the blood, but does not produce the local antibody in lungs and nose needed to protect against infection to the virus if later infected.

"There is no precise way to measure the potency of flu vaccine that will be offered Americans because the standard units do not measure the mass of virus particles in a vaccine."

Dr. Morris was fired from his job because he opposed the swine flu program and pointed out the defects which showed it could be dangerous as well as entirely ineffective.

Dr. Weidman, of the University of Florida, a recognized virologist, also agrees that the swine flu vaccine is inadequate to do any good. Doctors both here and in England found that their tests on laboratory animals were not encouraging. When the dose was potent enough to kill the virus it also killed the animals and when it was weakened enough to be safe for animals and people it was too weak to do any good, and was no protection.

"So far, only 25,000,000 Americans out of a total population of 216.2 million have had the swine flu shots. And as Dr. J. Anthony Morris puts it: 'That means 191 million Americans have failed to be taken in by the hard sell propaganda. The swine flu program is a program of incredibly high costs and questionable benefits' " (Enquirer, 12/21/76).

It seems to us that some doctors are slow learners. They should have found out by this time that they can't fight poison with poison, as their poison drugs and medicines only make matters worse in the long run. Most diseases are caused by poisons either generated within the body or imposed upon the body from without such as contaminated, devitalized foods, tobacco, alcohol, coffee, vaccines, fluoride-poisoned water, all drugs, insecticides, radiation, etc. Because vaccines are all poison they do damage in 100% of the cases. The damage ranges all the way from sudden death to chronic diseases in later years.

VACCINE CAN TRIGGER HEART ATTACK

Dr. Selye of the University of Montreal, one of the world's foremost authorities on human stress, stated:

"After inoculations, elderly people and the chronically ill are particularly predisposed to have certain stress reactions such as heart failure." (Enquirer 12/21/76)

In spite of this and other similar findings, the vaccine promoters urged all the senior citizens, the old and ill the high risk cases to be the first in line to get their shots. Because of this mad rush for profits the promoters are guilty of causing all those needless deaths of the elderly people a few hours after they had their shots.

Dr. Cyril Wecht, of Allegheny, Pa. performed autopsies on several of the flu vaccine victims and said:

"People should have been advised to ask their doctor if the shots were safe for them, especially if they'd had heart attacks or high blood pressure — but this was not done."

What good would it do to ask their doctor? Most doctors don't know the dangers of vaccination, and if they did they wouldn't tell their patients, as long as it was profitable to them to keep silent about it. The individual doctors usually do what their medical hierarchy tells them to do, and when they are promoting a vaccination drive the doctors are ordered to comply.

My previous research on vaccination revealed many cases of sudden death from heart failure after vaccinations. As stated many times before, all vaccines are poison and when they are shot directly into the bloodstream they circulate throughout the body including the heart, in a matter of seconds, and continue to circulate and cause corrosion and malfunction of all the delicate tissues of the body. The heart valves are made of fragile membrane which is affected by the poisons, in such a way as to render it incapable of proper functioning, leading to heart failure. At the same time, all other vital organs are impaired by the same poisons.

Most doctors and coroners try to deny the obvious when protecting a favorite money making racket like vaccination. For instance, the Los Angeles County Coroner, Thomas Noguchi performed autopsies on people who had died within 48 hours after being inoculated with swine flu vaccine. His statement, published in Los Angeles Times, Nov. 2, 1976, savored of both whitewash and sales propaganda when he said: "We do not believe the vaccine had anything to do with their deaths . . . Heart disease of various types was the cause of death in each case The patient with heart disease is clearly at risk of getting flu if he or she is not protected. Therefore, under guidance of their physician, it is advisable for such high risk persons to get their shots."

If we all followed his advice and got poisoned with the vaccines we would all be dead from vaccine induced heart failure or some other disease of blood contamination.

80% OF ALL MEDICAL DOCTORS ARE UNFIT

In a KABC radio interview, recently, Edgar Berman, M.D., consultant on medical affairs to the White House and associate professor at Johns Hopkins School of Medicine made some startling statements, a few of which are as follows:

"At least some 200,000 M.D.'s practicing medicine today are guilty of incompetence. . . I estimate at least 10% of these are actually fraudulent and corrupt ... And an unfortunately small percentage — certainly less than 15% —are intelligent, hardworking, compassionate, and moral

The scramble for the dollar shows up in statistics. Approximately 1 500 000 (unnecessary) tonsillectomies a year Some 14 000 to 16,000 persons die each year because of the 2,000,000 to 3,000,000 unnecessary operations performed, and God knows how many hundreds of thousands have complications.

"Over the past 50 years doctors have been implicated in producing more infections, crippling and suffering than all the accidents caused by the combustion engine plus every illness foisted on the laborer by industry, from black lung to radiation poisoning.

"Studies at Cornell and Yale have shown that 1,250,000 hospitalizations a year are caused by prescribed drugs. And once in a hospital, you're still far from safe. Our hospitals, even the best in the land, produce over 5,000,000 cases of disease a year."

Dr. Berman wrote a book titled, THE SOLID GOLD STETHOSCOPE. It's a shocker. It "gives the low-down on the high-ups" in the medical field and has the authenticity of a man — a medical doctor — who knows the story from the inside — the seamy side. It's not only informative, it's a million laughs.

There is so much bungling, guesswork, faulty diagnosis and cover-up, both inside and outside of the hospitals, that the doctors conceal their manslaughter cases by calling them "Accidents." There are so many doctor-caused diseases that they have given them a name, "iatrogenic." It means *doctor-caused* diseases. People think they go to the hospitals to get well — to be healed, but instead, millions of them are made sicker by the treatments, and even killed by the poison drugs, operations and experiments. Most, maybe all, of the hospitals have a separate section set aside for their "iatrogenic diseases." Why are they kept separate? It is probably because the doctors don't want the visitors to see what they have done to them, and also to use them for experimentation. They justify this by claiming they must experiment to find a cure for the diseases they have caused. But they use the same deadly drugs and treatments that caused the diseases in the first place.

The famous Dr. Charles Mayo, in a radio broadcast a number of years ago was honest enough to admit that with all their latest equipment and medical training at the Mayo Clinic, they are able to get only 20% of their diagnoses and treatments right. The autopsies on the dead bodies showed them what they did wrong.

An article in Dr. Shelton's Hygienic Review (Dec. 76) quotes some interesting statements from a group of 18 internationally known scientists. The Chicago Tribune (Dec. 22/76) also carried the article by Ronald Kotulak. Here are a few of their remarks:

The shocking conclusion is that drugs are so widely misused that only 10% of the medications taken in the industrialized world are for disease-related purposes.

"They point out that there is no such thing as a safe chemical, a fact that doctors tend to forget and that most people do not know . . . Doctors frequently prescribe drugs even though they know little about them, and the people eagerly take them. The price which the patients pay in terms of adverse side effects are horrendous.

"Studies in America and England have revealed that, out of every 20 hospital patients, one is admitted because of the harm done by drugs.

"Once in the hospital the risk increases. Up to 18% of the patients suffer from bad side-effects caused by medications prescribed in the hospitals.

"The annual cost of treating this unnecessary and preventable abuse of medications is close to \$3 billion,' said this international Commission of Internal Pollution — a staggering waste of money and health

"Who is to blame for our medicinal extravaganza? The responsibility must be shared by the drug industry, the government agencies that oversee them, the doctors and those who take the drugs.

"Another breakdown occurs when it comes to test new drugs on people. A spot check conducted by the Food and Drug Administration in 1973 disclosed that 20% of the doctors doing these clinical trials were guilty of unethical practices, including prescribing wrong doses and falsifying records."

DRUGS CANNOT CURE

All chemicals and drugs are inert, foreign substances which act as irritants when taken internally. They do not have power to act in the body or cure anything. The only reason why they seem to cause some changes which people like to believe are curative is that the internal defense system tries to eject this unwanted foreign matter, and that sets up a reverse action to remedy the harm done by the drugs or chemicals. This taxes the bodily reserves and delays healing. In the case of some drugs it makes healing impossible.

I talked to a young medical student who said that the med. schools were dominated by the drug houses which are flooding the market with so many new drugs which the students are required to learn that they didn't have time to study anatomy and the things which doctors are supposed to study. No wonder the new doctors don't seem to know anything except how to give drugs, shots and whatever the pharmaceutical houses dish up to them.

The antibody theory collapsed with scientific tests and that leaves the vaccine business without a leg to stand on. (See Chapter on Germ Theory.)

VACCINE PROMOTERS TRY TO DODGE THE BLAME

Now that the vaccine racket is being exposed, the vaccine promoters are trying to squirm out of it by making confessions or trying to lay the blame on others. The day after the scare headlines came out in the papers — "Swine flu can cause death" — and "the flu vaccine is safe and will protect you. . .", etc., a top virologist for the CDC (Center for Disease Control) which heads the flu program — admitted that the CDC knew the headlines were false." (Enquirer Probe, 12/21/76).

"An official working with the CDC — Dr. Elmer Spurner, director of laboratories for the Missouri Division of Health, admitted, 'Our tests were not meant to confirm that there was a swine flu outbreak. I don't know how that got into newspaper stories.' "He knows.

He and the other promoters did not issue any denials when the headlines across the country read: "Swine Flu Case is Confirmed," and "Flu Vaccine Rushed to Missouri in Crisis." (Ibid)

After the many deaths, heart attacks, paralysis and other cases of vaccine poisoning began to mount, some of the promoters were asked to justify their widely advertised claims that the vaccine "would protect 85% to 90% of those vaccinated" . . . and that the side effects would be few and "inconsequential." One of the favorite tricks of the guilty was to lay the blame on others. As an example, Dr. John Seal of the National Institute of Allergy and Infectious Diseases said:

"The public should be much more careful in interpreting what we mean when we make such statements." (Ibid) What did he mean?

Another man on the advisory committee admitted:

We don't know what the vaccine will do when it faces the virus." Yet, they all told the people it was "tested and perfectly safe."

In other words, they don't know what they're doing, but they tell lies to lure people into their vaccination centers, and when the deaths and disasters occur, the doctors tell us in effect — "It's your fault for being stupid enough to believe us."

"Dr. Ernest C. Harrmann, associate professor of microbiology at Peoria, Ill., School of Medicine, believes that *"the time has come to ask for resignations of all those behind the swine flu vaccine rip off."* (Enquirer Probe—12/21/76)

A FEW CONGRESSMEN BLAST THE SWINE FLU HOAX

Not all of our Congressmen are hopeless. Some are actually on our side. Congressman Ron Paul of Texas is also a doctor and is able to see both sides of the swine flu question. Most doctors have tunnel vision and see only one side — the side with the dollar mark.

Congressman Paul, in an interview with the Enquirer (Dec. 21, 76) said: "I am outraged by this program. It has been a shocking misuse of funds ... and an evil political maneuver. There are people whose careers are in question because of this program. And I predict these blatant advertising efforts to panic the people into taking swine flu shots will fail.

"I think Congress has wasted more than one hundred million dollars. The swine flu program should be brought back to Congress and discontinued at once. The program should be stopped, and those who were responsible should be held morally accountable to the American public."

Congressman Larry McDonald of Georgia, also a medical doctor, said: "I think the swine flu program is a tailor-made *hoax* that finds its roots in frightening the American people . . . I believe that a full investigation of those in charge should be launched . . . and if it turns out to be a dishonest promotion, everyone responsible should be removed from their jobs."

It's heartening to find that *all* our Congressmen are not corrupt. But where were they, the good ones, when the vote was being taken to endorse and finance this mass poisoning program?

HOW TO PUNISH THE CULPRITS

Removing the guilty from their jobs is not enough. A punishment should be imposed on them which they will feel, and that would be to take away all their money — that's their real love, obviously. If we gathered up all the bribes they have taken from their outside clients, plus all the other millions they have rounded up by using their governmental influence it, would amount to a billion dollars or more —perhaps. With this backlog of funds we could establish some good non-medical schools which would teach the people what to do to take care of their own ailments — even how to avoid all illness. That is possible because many are now living the health life and have no ailments whatsoever. These schools should be kept free from medical domination and political strings.

Health doctors with the right kind of non-medical training get at least 90% more successful "cures" than do the medical doctors with drugs. This project should be carefully supervised to make sure that a lot of pseudo schools do not spring up parading under the guise of the authentic, well trained schools of natural healing.

The present day medical doctors are 30 years behind the well trained health doctors. Medicine is on its way out. It is a failure method which leads the people astray.

LAW SUITS AGAINST THE VACCINE PROMOTERS

When our President and Health Departments joined bands with our mortal enemies-- the poison pushers (vaccine promoters), and failed to warn the people against hazards of the oncoming poison raid, the people were left unprotected, with no use of the mass media (TV, radio, press etc.) and no help from City Councils, Mayors, Congressmen, County Supervisors, or police, because all our paid protectors had given their allegiance to the public poisoners. When the vaccine was causing death and disaster soon after the campaign was launched and the trusting unwarned, people were walking blindly into the vaccination centers, the few "do-gooders" who knew what was going on tried to reach as many as possible with WARNING leaflets and meetings. But that was not reaching enough people. It is a helpless feeling to see all our tax supported public officials working against the people and supporting a killer racket.

A few tried to go through legal channels with law suits against our derelict president and the heads of **the** vaccine campaign. But that is a slow and expensive procedure, and besides, these hard working "do-gooders" were not making any money at their self appointed task of warning the people of the deadly hazards of the vaccines.

Three suits were filed from California. One suit which is progressing well was filed by Lewis E. Cook Jr. of San Diego, Calif. He charges that the inserts that appear in the vaccine packages produced by Merck, Sharp and Dohme, Wyeth, and Park Davis (firms making the swine flu vaccine) do not state the vaccine "might be in any way effective in Preventing influenza . . ." which is supposed to be its purpose and its only justification...

"The claims that influenza vaccine will or can prevent influenza cannot be made legitimately since there is no evidence anywhere in the world which would suggest that influenza vaccines have ever prevented even one case influenza.

"The data indicates that the entire mass immunization program is fraught with unknowns, suppositions, speculations, assumptions and little or practical and sound scientific validity---conceived and implemented in a most amateurish, haphazard and irresponsible manner, which poses a threat to the health -lives of the American public....

"Antibodies (supposedly) produced by the injection of the inactivated and disrupted whole virion and subvirion flu vaccines manufactured for swine flu cannot be shown to be effective in preventing swine flu ... The whole mass immunization program is fraught with dangers and risks without sound scientific data. The immediate, short, and long term adverse effects of the vaccines could not have been adequately determined during the brief period of only 3 or 4 months during which experiments on a few humans were conducted prior to publication" (of drug inserts).

It usually takes the drug companies several years to test vaccines before trying them out on people.

The third suit was filed by Ida Honorof representing People Against Political Inoculations, and of The National Health Federation. They joined forces to file suit in the U.S. District Court to stop the misuse of public funds for a vaccination campaign that has not been proven safe or effective. They assert that the mass inoculation program violated the U.S. Constitution--First Amendment. They request that the whole program be discontinued "unless and until grave doubts and hazards associated this massive vaccine program are disclosed and fully known to the public." Honorof contends that the swine immunization program has been "a series of lies, deceptions -and errors of judgment. We're asking Ford, and Education and Welfare (HEW) that they terminate the program at once. The greatest danger is not flu but vaccine itself." (Published in VANGUARD, Sept. 76)

AMERICAN MEDICAL ASSOCIATION HAS BEEN OUTLAWED

The A.M.A. was found guilty in a U.S. Court of Law for violating the Anti-trust act a number of years ago. Dr. Morris Fishbine, President of the AMA, at that time, was sentenced to a prison term and the AMA was fined and admonished to cease and desist from their illegal activities. Fishbine didn't serve his prison term and the fine was not heavy enough to worry the association so they have continued to operate in violation to the law ever since then. Therefore, they are an "outlaw gang."

NEW ANTI-TRUST SUIT AGAINST A.M.A. FILED BY CHIROPRACTORS

On Oct. 12, 1976 an anti-trust suit was filed in Chicago, U.S. District Court, against the American Medical Association. This suit was filed by a group of Chiropractors who have proof that the AMA has, for years, boycotted, libeled, and tried to destroy and eliminate the whole chiropractic profession. Details in an article in SPEARS HOSPITAL NEWS, (Denver, Dec; 1976).

The AMA has not only carried on a continuous fight against Chiropractors, but all drugless fields of healing, most, if not all of which have safer and more successful methods of healing. Some of the drugless methods are not as good as others but, at least, they don't use poison drugs and knives, so they cannot do the harm that medical methods do.

The medical profession has no safe and sure cure for any disease. I know because I have worked with medical doctors. They hired me for what I knew that they didn't know. But, in spite of their lack of ability to cure anything, they used dictatorial powers to put out of business and into prisons many drugless doctors who could "cure" what they couldn't cure.

I know several highly successful health doctors who were practicing under Chiropractic licenses, but were sent to prison for "practicing medicine without a medical license." This was in a state where the medical dictatorship held sway, and they would not allow any other school of healing to practice there, although the drugless doctors achieved better results than they did.

Medical doctors call all other healers "quacks." A quack is one who claims to be able to cure diseases, and takes money for it, and does not "cure" the patients. Doesn't this description of "quack" fit practically all the medical doctors? They can't cure cancer; they can't cure arthritis; they can't cure colds or anything, but they treat the patients and take their money.

The better drugless doctors have "cured" all these diseases without drugs.

When President Ford rolled up his sleeve and had a shot for advertising purposes, he was making it clear that the government endorsed the vaccine program and he wanted all the people to follow his example and be vaccinated. When a person tells others to take a certain medication he is prescribing medicine. Technically speaking, Ford was practicing medicine without a license. The AMA likes to put people in prison for practicing medicine without a license. The medical associations usually pick on their business rivals, the drugless doctors. Will they put Ford in Prison for committing the same crime they have convicted others for? Or, is there one law for those who oppose the harmful medical methods and another law for those who help promote medical crimes?

2,000,000 DOSES OF DEFECTIVE SWINE FLU VACCINE CONDEMNED

The haphazard and slipshod methods used by the vaccine makers has produced vaccines that have killed and paralyzed hundreds of people already, and no one seems to be supervising them. There are no safeguards, no tests and no proof of safety and effectiveness required of the vaccine makers except what they, the manufacturers, set for themselves.

The Los Angeles Herald Examiner (June, 3/76) published an AP report stating that the experimental "vaccine ready for testing on elderly and high risk cases was found to be defective. As a result, the program would be delayed 6 weeks. The Public Health Service said that 2,000,000 doses will be held in reserve for use if the correct vaccine is in short supply."

They admit it is a bad batch---too dangerous to use---and it is condemned, yet they didn't destroy it as they should have done. They intend to use it anyway--if they can get away with it--who would know the difference, (seems to be their attitude) as long as they can sell it and make money.

Who will know which of the unlucky people will get the bad vaccine? The vaccinators are not going to tell. Were all those 113 people who died a few hours after the shots given some of the condemned vaccine? Or was it approved vaccine? They're just as dead with one or the other, as *all vaccines are poison*---they are purposely designed to cause illness.

The bad batch was not discovered by government inspectors or by the lab technicians making the vaccine, but by another doctor not assigned to that task. We wonder who is supervising the supervisors. Is there another "outsider" sleuthing in all the laboratories which make the vaccine, looking for mistakes that pass as safe vaccine? We think not, as there have been too many casualties for that possibility.

Mistakes are also being made in other laboratories making different vaccines. This has been going on for years. Back in the days when the polio vaccine was being high-pressured on the public, the same Dr. Anthony Morris who is trying to warn us against the dangers of the swine flu vaccine, was doing the same then. He found that some of the polio vaccines were contaminated with SV 40, a virus known to cause cancer in monkeys and hamsters.

It's frightening to think that all this uncertainty, careless, unscientific guesswork with its deadly hazards passes for safe and scientific vaccination, approved by the government, the schools, the medical boards, the press and then passed on the people as something that they must not question or criticize.

The only way to be safe from these blood poisoning, money making vaccine campaigns is to refuse all shots. Prevention is better than cure; and much can be learned by reading good health books written by qualified health researchers. A few are listed in the bibliography. Don't be fooled by medical books with *health* titles. They have misled and mistaught the schools and the general public, for over a century. Medicine is not health. It is a health destroyer. "Preventive" medicine should actually "Prevent" medicines and drugs, and then it would be doing some good.

People are often fooled by, **SO** called "scientific findings" which are not scientific at all, but are manipulated by schemers, and then bought and paid for to be used as propaganda. The following is from an article in the Los Angeles times (11/26/76). The survey was run by Dr. Ian St. James-Roberts of London. (See page 42)

"MANY FAKE FINDINGS BY SCIENTISTS SEEN"

"Many scientists may be faking their findings, according to a report published Thursday in New Scientist magazine.

"The magazine asked scientists in a questionnaire whether they knew of cases of 'intentional bias'--- faking results to make experiments appear well conceived and important.

"90% of 200 replies reported knowledge of such cases.

"University scientists proved the worst offenders. Most cheaters were discovered by other scientists trying to duplicate the experiments. But those who replied said the gains from such frauds were often nothing, but in a few cases resulted in promotion.

"Some scientists implied that drug companies encouraged them to cheat by being obsessed with getting positive results, for one forensic scientist said it was not unusual for the police to indicate the sort of forensic (legal procedure) evidence they would prefer."

We wonder what pressures, bribes or other inducements were offered the, so called, scientists to say that the swine flu vaccine was properly tested and safe. Dr. Wecht said people should have been warned that the vaccine could trigger heart attacks, "but this wasn't done."

Many people who saw through the fraud from the start tried to get warnings in the papers and on T.V. and other channels of communication, but the media turned a deaf ear.

SWINE FLU PROMOTERS TRIED TO CON THE SWINE RAISERS

In the planning stage, the vaccine promoters expected to round up a few cases of flu and stampede the whole world into the vaccination centers like they did for the 1918 flu epidemic. That would be a multi-billion dollar profit, like their lucrative polio vaccine drive. But the world didn't take the bait this time, and most of the Americans didn't either. So the promoters thought they would have a ready market with the swine raisers because they had named the vaccine "swine" flu vaccine. They tried to sell 80,000,000 doses of the vaccine to the swine raisers, but they saw through the fraud and turned it down without hesitation, not that hogs don't have ailments sometimes --they do when they are fed wrong and medicated. But the hog raisers had learned through bitter experience that shots, in previous years, had disastrous effects on their herds and they lost hogs and money from it.

If the hog farmers had enough common sense to refuse the poison shots for their hogs, why couldn't our high priced President and Congress use some of that common sense and do the same? Aren't our leaders as interested in Protecting us from the commercial poisons as the farmers are in protecting their pigs?

When the opportunists see a weak president on the "throne" they plan to "use him". When they staged massive polio vaccine drive in the 1950's they worked on the smiling, affable President Eisenhower and got \$9,000,000 to start with, then kept twisting his arm until they wrenched \$63,000,000 from him (the taxpayers) to support their killer vaccine campaign.

President Franklin Roosevelt was another "touch." He even let them use him and his infirmity to advertise and sell their polio vaccine.

The same drug houses and vaccine promoters got \$100,000,000 from Nixon.

After the polio vaccine drive was over the promoters bragged that they had raked in \$5 billion dollars over the several years they kept polio vaccine sales going.

PRESIDENT COOLIDGE UNSWAYED BY MEDICAL PRESSURE

We need strong, intelligent leaders. Where are they now when we need them? President Coolidge set a good example. When the Jones-Parker Bill and the Randall Bill (bills to set up a medical dictatorship within the government, raising the head potentate to the official status and salary of the Surgeon General of the Army) were rushed through Congress in 1928, and were brought before President Calvin Coolidge, he was unmoved by the high pressure medical lobbying. *He looked at the bills and stopped them with a Presidential veto.* He gave as his reason for this action:

"These bills give a military status to men supposed to be engaged in scientific research."

The plot of medical establishments to set up a medical dictatorship in U.S. goes way back to the Founding Fathers when they were framing the U.S. Constitution. There were quite a number of medical doctors in Congress at that time trying to high pressure a constitutional decree to set up a medical dictatorship. But the wise opposition won. Dr. Benjamin Rush and Dr. Josiah Bartlett were the opposing forces. They convinced Congress that one branch of healing in control would be as bad as one religious sect dominating all the others. That's exactly what we were fighting against.

George Washington was also a strong President. Even that long ago in 1775 he knew more than our present day doctors do about the harmful effects of vaccination. He issued an order that no man in the Continental Army was to be inoculated. Any enlisted man or officer who submitted to that blood contaminating practice would be dishonorably discharged. He had seen the devastation of smallpox caused by the practice of arm-to-arm inoculation which was introduced from Europe. Edward Jenner and his cow pox abomination did not begin until 1791--16 years later. Both methods caused widespread disease, disability and death until compulsory vaccination was abolished all over the world except in about three backward countries and the U.S. armed services. These are the places which still have outbreaks of the same diseases they vaccinate against. And the diseases are in the vaccinated.

George Washington had enough problems without a lot of vaccine induced disease. Vaccination and inoculation was practiced by the unenlightened as far back as 1,500 years B.C. (See the chapter on HISTORY OF VACCINATION).

What is wrong with our leaders of today. Are their heads turned by bribes or can't they tell the difference between false propaganda and facts. They are being paid by us to do some home work and investigate before putting our lives and our money on the line.

The following poem sounds a clarion call:

GOD GIVE US MEN

"God give us men! A time like this demands Strong minds, great hearts, true faith and ready hands
Men whom the lust of office does not kill; Men whom the spoils of office cannot buy; Men who possess opinions
and a will; Men who have honor; men who will not lie; Men who can stand before a demagogue and damn
his treacherous flatteries without winking. Tall men, sun-crowned, who live above the fog
In public duty and in private thinking; For while the rabble, with their thumb-worn creeds
Their loud professions and their little deeds, Mingle in selfish strife, Lo, Freedom weeps,
Wrong rules the world, and waiting Justice sleeps.—
Josiah Gilbert Holland

WHAT OUR LEADERS SHOULD HAVE CHECKED ON BEFORE THROWING US TO THE KILLER
(VACCINE) SHARKS

(1) First of all, Ford, Congress and the other leaders paid to look after our interests and safety, should have required a guarantee that the vaccine was safe--not deadly. The propaganda of the sales crew said it was safe, but they gave no proof and no guarantee. The sales crew are not authorities; so Ford should have demanded a money back guarantee from the pharmaceutical houses making the vaccine. There should have been written proof of safety and effectiveness before the \$135,000,000 was paid. But, the drug houses could not give any proof of safety because they knew it was not safe. Their lab. tests and field tests proved it killed test animals and people. This was not made public.

A number of years ago when the diphtheria toxin-anti-toxin was being promoted, some suspicious people went to the laboratory making the vaccine, and asked for a written guarantee. The lab. refused to give any statement of safety, and admitted that "all vaccines are unstable and unpredictable in their effects, and could never be declared safe."

If Ford and the rest of the government had taken care of that necessary bit of business (making a careful check) before transacting the questionable \$135,000,000 deal, then the flu vaccine would have been

rejected and the taxpayers would not have been swindled out of the \$135 million. Besides that, all those people who were killed by the vaccine would still be alive and happy today.

(2) The promoters said that the vaccine would prevent flu. It didn't; it caused it.

(3) They said the flu was contagious and the vaccine would protect people. Flu is not contagious. It is caused by the blood poisoning effects of the vaccine itself as well as other kinds of body contamination. Viruses and germs cannot cause disease. (See the chapter on WHY GERMS CANNOT CAUSE DISEASE.)

(4) The vaccine promoters said the blood samples from the man who died at Fort Dix showed viruses like the blood samples from the 1918 flu epidemic and that it could trigger a widespread, deadly epidemic like the previous one.

This is not true because there are no virus-bearing blood samples from the 1918 flu epidemic. That epidemic was 58 years ago and viruses were unknown then. The first swine virus was discovered by a U.S. man in 1931. A British science team isolated the first virus in man in 1933. But, viruses have never been proved to be the cause of disease anyway, although the vaccine makers try to use them as a scare tactic, knowing that they are so small that people can't see them or prove one way or another if they have any. One dictionary definition of virus is "a morbid poison." A poison is an inert substance. It cannot move about and attack people.

If any blood samples from the 1918 flu epidemic are still on record they would be so dried up and changed in structure that they couldn't prove anything. Certainly no germs or viruses would be seen.

I have examined fresh blood samples under the microscope in college and saw how rapidly the blood changed in color and structure as it dried on the plate in just a few seconds. A sample 58 years old is a poor excuse for the vaccine promoters to try to rely upon for proof.

Viruses would not have even been mentioned in the medical or lab. reports for the 1918 period because they were unheard of. And besides, they couldn't be seen with the kind of microscopes they had then.

The flu of 1918 was caused by the conglomeration of diseases which the sinister variety of vaccines brought on. Practically everyone in the world had been propagandized into submitting to all the vaccine that were invented--the surplus stock left over from World War I which was the first war in which all the vaccines were used. The vaccinated got the flu and the unvaccinated didn't. I was one of the unvaccinated and I didn't get the flu. I didn't see an unvaccinated person who got the flu.

QUESTIONS THAT SHOULD HAVE BEEN ANSWERED BEFORE CONSIDERING ANY VACCINATION DRIVE

Ida Honorof, head of PEOPLE AGAINST POLITICAL VACCINATION, tried to get the Los Angeles Board of Supervisors and certain other officials to put pressure on David Mathews of Health, Education and Welfare, and other promoters of the vaccine to answer some important questions before they embarked on the questionable vaccination drive. Mathews was in L.A. to give a talk and his mind was already made up to promote the vaccine. Honorof, confronted him and presented him with the list of questions, but he didn't answer them and the Supervisors didn't request him to.

The questions are as follows:

(1) Can you define any benefits derived from the swine flu vaccine? According to the law the benefits must outweigh the risks. (They don't.)

(2) Will the swine flu vaccine prevent swine flu? (It never has.)

(3) Is it true that if one gets the "shot" will he get an even more severe case of flu? (Yes, and death 113 cases.)

(4) Why were Dr. Morris' test animals in 4 laboratories destroyed? His test results would have shown the efficacy or hazards of the vaccine.

(5) Did Health, Education and Welfare submit any testimony before the sub-committee on Health and Environment....at their scheduled hearings, relating to possible hazards of the swine flu vaccinations, names of persons submitting opposing evidence and how many witnesses were heard that opposed the program?

(6) Is there any evidence that a high percentage of those who have the shots will receive no benefits?

(7) Claim is made that 70% of the people who get vaccinated would be protected. Among the unvaccinated 75% would be protected. Explain these contradictions.

(8) Can you give any evidence that a swine flu epidemic exists? (None)

(9) It takes approximately 10 years of testing and research to approve any substance, drug or biological which is to be administered into the human body. If the same standard applies to vaccines why has not the swine flu vaccine been subject to the same tests which the FDA says are necessary before injection into human beings?

(10) Even though the Pharmaceutical insert accompanying the flu vaccine cautions against "*injecting intravenously*," isn't it true that there *is no control with the jet injector*, which explodes the vaccine into the skin with 1,300 pounds pressure--- into tissue space, tissue cells, directly into the arteries, veins, lymph vessels (and right to the heart) thereby producing great destruction, and eventually ending up in the blood stream?

(11) Each of the vaccine manufacturers making the swine flu vaccine (Park-Davis, Merrell, Wyeth, Merck) use a mercury derivative as a preservative. The danger of (the highly poisonous) mercury injected into the body---or inhaled or ingested, etc. is well documented.

(12) Why is the printed form which is presented to persons to sign before getting their shots, read "registration," when Public Law 94-390 specifically stipulates that it be a "consent" form. This was strenuously objected to by the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, and they asked that said forms be destroyed and not used, since they are definitely not "consent" forms, and are gross violation of the act.

(13) What is the detailed definition and description of swine flu?

(14) Is there really a disease called "swine flu"?

(15) Why wouldn't vaccine manufacturers produce and distribute the vaccine without indemnification from all the liability for vaccine-caused sickness, disabilities and deaths?

(16) Why did the insurance companies refuse to provide such insurance?

(17) Why were the people and public tax money, made responsible for all liabilities and claims resulting from the sickness, disabilities and deaths caused by the swine vaccine?

(18) Who benefits from the mass vaccination of 215 million Americans?

(19) Is it really necessary or advisable for everyone to get a swine flu vaccination? (No)

So far, the flu promoters have not answered the questions.

DEATH COUNT MAY NEVER BE KNOWN

Up to January 7, 1977 the death count from swine flu vaccine was 113 (people) and paralysis was 139. We have reason to believe that this is only a fraction of the actual casualties. During the polio vaccine drive in the early 1950's when the shots caused so many deaths and cases of paralysis, Dr. Dale, of the Los Angeles Epidemiology Department, said that for every case that was reported there were an estimated 15 unreported cases. Many vaccine deaths were recorded as from other causes, to conceal the hazards of the vaccine.

During my 30 years of research and writing I have uncovered facts that prove the medical records and death certificates are sometimes deliberately falsified and changed to cover up guilt of doctors and lab. technicians. (See the chapter on FALSIFIED DEATH CERTIFICATES AND MEDICAL RECORDS.) -

All vaccines are poison, and therefore, cause death and disease. This is a known fact, and every vaccination campaign has brought on a large number of disasters. Those of us who knew this, tried to warn the people and ward off the vaccine drive. But the din of the well financed vaccine juggernaut drowned out our cry, and the high pressure advertising scare campaign panicked millions into the vaccination centers. We knew death and disease were inevitable — but none were announced in the papers at first. Therefore, Ida Honorof (head of Citizens Against Political Vaccinations) decided to do what the health officials should have done; she went to the L.A. County coroner and made a check on the deaths. She found that five people there had died within 48 hours after their flu shots. Some were young and didn't have other ailments that could be blamed for their deaths. The vaccine promoters including the health departments had intended to cover up the vaccine deaths and disasters. But Honorof brought it

out in the open. She contacted the National Health Federation (a non medical group which tries to protect the people from health hazards from medical, commercial and political sources. They called a public meeting in Glendale, Calif. where they aired some startling facts about the vaccination campaign and the mounting disasters caused by the poison vaccine. Some of the relatives of the flu victims were there and gave account of the state of health of those who were killed by the vaccine.

After this expose' the papers had to announce some of the deaths as it was no longer possible to conceal them. The coroner and doctors tried to gloss over it by saying that the deaths were all from heart trouble and they would have died anyway without the shots. Naturally, the heart stops when a person dies from any cause, so heart failure is an "easy out" for the coroner.

For a few days, deaths were announced in the papers until the count rose to 52. Then suddenly the death reports stopped. People got suspicious because the vaccinations were continuing and we knew that all vaccines are poison and that means that people do die from the shots.

Honorof did a little more detective work and learned that Dr. Shirley Fannin, Chief of Acute Disease Control Center of L.A. had met with the vaccine promoters and medical boards to decide what they could do to keep the people from finding out how many were being killed by the vaccine. They decided among themselves not to count as vaccine casualties those who didn't die suddenly within 48 hours after getting the shots.

This was a shocker. The idea that these poison promoters who were killing the people with wild abandon, had set themselves up to be so high and mighty that they could lay down the law as to what hour people could die, and if they happened to die 49 hours after the shots they would not be dead from their poison vaccine. Dr. Fannin then wrote a letter to the Coroner ordering him to not announce the deaths as vaccine casualties unless they died within her 48 hour time span. This gives us an idea of the tricky business they have been carrying on all through the years, and we didn't suspect a thing.

The 48 hour "cut off time" of theirs, cuts out those thousands who died a little later. It also cuts out Private David Lewis, the man who died at Fort Dix, New Jersey of what the doctors diagnosed as swine flu. *He died more than six weeks* after his vaccinations at camp. He was the one and only case of swine flu the doctors have found in the whole world. He was all they had to hang their whole nation-wide swine flu scare on. And now, their own medical decree that it isn't swine flu unless he dies within 48 hours, knocks out their one and only case. Actually, the official diagnosis by military doctors was that Pvt. Lewis died of A-Victoria flu (vaccine), not swine flu.

Now, without one authentic case of swine flu and without any epidemic except the epidemic of vaccine poisoning, the vaccine promoters and all the doctors who participated in giving or endorsing the shots, as well as the political heads who financed it, *are all guilty of hundreds of vaccine deaths--murders*. What are we going to do about it? Are there enough honest and concerned officials to prosecute them and make them pay all the damages and then put them out of circulation?

WHO POCKETS THE MONEY?

The arrangement was that the \$135,000,000 of the people's money was for vaccine doses for all the 215 million people in this country, at 50c a shot. So many people were killed and paralyzed by the vaccine that the campaign had to be stopped before a riot broke out to kill all the doctors and vaccine promoters--and a few others. So only a few in the country were vaccinated. Even if we stretch a point and estimate that there were 50,000,000 who had shots, that would be only 25,000,000 dollars used out of the \$35,000,000. That leaves \$110,000,000 of our money which they, the promoters, still have. Do those doctors and various other crooks intend to pocket the \$110 million? It should be returned immediately to the treasury and the vaccine promoters billed for the rest of the \$25,000,000 which they took under false pretenses, because there was no epidemic and the vaccine was not safe and all their promises and claims were false.

COMPULSORY ARMY VACCINATIONS ARE UNCONSTITUTIONAL

Private David Lewis who died at Fort Dix, supposedly of swine flu, would be alive today if the Army had not violated the law by forcing the poison shots on the soldiers. Our U.S. Constitution gives us the "*right to be secure in our persons*." Therefore, all enforced vaccination (mass medication) is a violation of our legal rights.

According to Blackstone (the "Bible" of the lawyers): "No laws are binding upon the human subject which assault the body or violate the Conscience."

The U.S. Supreme Court ruled that:

"No right is held more sacred or is more carefully guarded by the common law, than the right of every individual to the possession and control of his own person, free from all restraint or interference of others
....

Judge Cooley stated: "The right of one's person may be said to be a right of complete immunity; to be let alone."

In the official code book of the U.S. Armed Services titled, UNION CODE OF MILITARY JUSTICE, we find that there *is no compulsory vaccination law* in any of the branches of our military services. Therefore, as there is compulsory vaccination law in United States or the military establishment, the enforced vaccinations on our recruits is against their legal rights. Because vaccines are proved to be poisonous and harmful in all cases, the military forces are *guilty of malpractice* and subject to the laws governing that offense.

One woman I talked to has already sued the Army for \$1,000,000 for causing the death of her son as a result of shots at camp. In England, so many outraged parents sued the government for vaccine damages to their sons in the military services, that the government abolished compulsory vaccination in both the military and civilian life. (See the chapter on WHAT VACCINATIONS DID TO OUR SOLDIERS.)

HOW WILL OUR NEW PRESIDENT CARTER HANDLE THE SWINE FLU SWINDLE?

Last Spring (1976) the epidemic makers were in a frantic rush to get President Ford to give them the full payment of \$135,000,000 immediately, with no questions asked, no guarantee of safety and with no swine flu epidemic pending, not a case in the world, and they didn't even have any effective vaccine.

Why the big rush we wondered. The only obvious answer was that the November Presidential election might remove their "pigeon." They knew Ford was easy to manipulate and they wanted to "use him" while they had him on a string. A new president might take a second look and refuse to support their private money making racket.

Now, the election is over and our new President Carter .is left with the ragged ends to clean up, left from Ford's term. We are wondering how he will handle "Ford's Folly" and if he will investigate the vaccine scandal and require the guilty ones to repair their damages and return our money they took under false pretenses.

We are hoping that President Carter will not be swayed and dominated by the powerful medical and drug lobby. But one blotch on his past record makes us wonder. We heard that he let himself be controlled by the *fluoride promoters* and paid them to poison the entire state water system of Georgia. If he is a man for the people why didn't he investigate the other side, not just the false sales propaganda? Chemists report that "fluoride compounds rank along with cyanide and arsenic in toxicity." Sodium fluoride or hydrofluosilicic acid is the form which is used to poison the public water supplies. Most water supplies already contain calcium fluoride which is also poisonous, but sodium fluoride is 15 times more poisonous than calcium fluoride. A few states such as Texas are working to filter out all the fluoride even the calcium fluoride because they have found by tests that all fluoride is too dangerous for them.

Sodium fluoride is a cheap by-product of the aluminum and fertilizer companies. About the only thing it is good for is rat poison. But their promotion man conceived the idea of selling it to the politicians to dump in the public water supplies. Enough City Council members were "on the take" or weak minded enough to buy the sales propaganda and consequently quite a number of cities and a few states were fluoridated. However, hundreds of them have abandoned the program when it was found, after years of use, that the fluoride was not only expensive, it was damaging to the health and to the water pipes and all equipment that came in contact with the poisoned water.

Their main selling point is that it (fluoride) prevents cavities in children. This is false. Fluorides deteriorate the bony structure of the entire body and make the tooth enamel brittle, thus causing more dental trouble in later years.

FLUORIDATED TOOTH PASTE DANGEROUS

TV commercials saying that fluoridated tooth paste has 20 tests proving that said tooth paste prevents cavities, should be investigated. Some dental associations have been "procured" by the fluoride promoters, and they try to get all the dentists under their influence to endorse fluoridation. But those who dare to tell the truth say fluoride is damaging to the teeth and the general health. The membrane of the mouth is very porous and the poison fluoride in the tooth paste enters the blood almost immediately and causes kidney disease and all kinds of diseases of body poisoning. (See the chapter on FLUORIDATION.)

MEDICINE — ON THE WAY OUT

The study of medicine has never been a science. It creates far more illness than healing. Recovery occurs in spite of the drug treatment because of the internal healing forces within all living organisms which struggle to survive.

Books on the newer knowledge of "nature cure", teaching the underlying fundamentals of health and healing will soon be available to the general public and they will read them and be able to follow the rules and avoid disease. Those who are already ill will be able to "cure" their ailments better than the established medical methods. This will make medicine obsolete — out of date and unpopular.

In closing this chapter I should like to state that all medical men are not guilty of the crimes exposed in this booklet. A few doctors are sincere in their efforts to help their patients. Their weakness is that they are badly trained and dominated by an organization which leads them away from their avowed purpose. There is hope for those who want to learn better ways and help the sick get well. If they don't try to catch up with the modern "health doctors" and "natural methods" of healing, their patients will outstrip them in knowledge and ability and leave them trailing in the dust.

A BETTER CAMPAIGN

The swine flu vaccine campaign was such an obvious fraud, with no epidemic, not even one authentic case of swine flu anywhere in the world, it makes us wonder about the sanity of the promoters. If they really wanted to combat a growing health disaster why don't they work against something that is killing millions, such as SMOKING? Tobacco and its smoke contains over 30 poisons, three of which are cancer causing. Over 300,000 people in the United States alone, die from the effects of poisons in tobacco. The great number of cases of tobacco heart, lung cancer, Burgher's disease (gangrene of the feet caused by smoking), and many other diseases of tobacco poisoning, make smoking the number one killer of today. Smoking kills more in one year than were killed in all our wars from the American Revolution on down to the late Vietnam war, and hardly anyone is trying to stop it. Our government subsidizes the killer tobacco industry because it brings in around \$8 billion in revenue. But the damages and disasters caused by smoking (fires, death, disease, etc.) cost this country over \$24,000,000,000 (billion) every year.

Ford and our government gave \$135 million to support a fake swine flu epidemic which killed and paralyzed hundreds (maybe thousands if we had the "undoctored" records), so why not bring that money back from the medical swindlers and put it into a campaign to get rid of the real killer of men, women and even children. Many children die of tobacco heart because they have to breathe the poison fumes from their smoking parents; also, they learn to smoke early because they see it all the time and think it is all right because their parents smoke. (Read my book, ANSWERS FOR THE WORRIED SMOKER, which tells how to quit without the "cold turkey" method, which is harmful and not too effective. Write to E. McBean, Box 55278 — L.A., Calif. \$5.00, postage and tax paid. Deluxe edition.)

Some people are wondering if Chicago 's famous Mayor Daily also got a wrong dose of the flu and suddenly died, the same as hundreds of others within hours after their flu shots.

If anyone knows for sure if Mayor Daily had a swine flu shot, please write and give me the such as time, place, who gave the shot, etc.

Thank you, E .McBean

THE SPANISH INFLUENZA EPIDEMIC OF 1918 WAS CAUSED BY VACCINATIONS

Chapter 2 from the book Swine Flu Expose by Eleanora I. McBean, Ph.D., N.D., Published in 1977

As has been stated before, all medical and non-medical authorities on vaccination agree that vaccines are designed to cause a mild case of the diseases they are supposed to prevent. But they also know and admit that there is no way whatsoever to predict whether the case will be mild or severe - even deadly. With this much uncertainty in dealing with the very lives of people, it is very unscientific and extremely dangerous to use such a questionable procedure as vaccination.

Many vaccines also cause other diseases besides the one for which they are given. For instance, smallpox vaccine often causes syphilis, paralysis, leprosy, and cancer. (See the chapters on smallpox and plagues.) Polio shots, diphtheria toxin-antitoxin, typhoid vaccine, as well as measles, tetanus and all other shots often cause various other stages of disease such as post-vaccinal encephalitis (inflammation of the brain,) paralysis, spinal meningitis, blindness, cancer (sometimes within two years,) tuberculosis,

(two to twenty years after the shot,) arthritis, kidney disease, heart disease (heart failure sometimes within minutes after the shot and sometimes several hours later.) Nerve damage and many other serious conditions also follow the injections.

When several shots are given (different vaccines) within a few days or a few weeks apart, they often trigger intensified cases of all the diseases at once, because the body cannot handle such a large amount of deadly poison being injected directly into the bloodstream. The doctors call it a new disease and proceed to suppress the symptoms.

When poison is taken by the mouth, the internal defense system has a chance to quickly eject some of it by vomiting, but when the poisons are shot directly into the body, bypassing all the natural safeguards, these dangerous poisons circulate immediately throughout the entire body in a matter of seconds and keep on circulating until all the cells are poisoned.

I heard that *seven men dropped dead in a doctor's office after being vaccinated*. This was in an army camp, so I wrote to the Government for verification. They sent me the report of U.S. Secretary of War, Henry L. Stimson. The report not only verified the report of the seven who dropped dead from the vaccines, but it stated that there had been 63 deaths and 28,585 cases of hepatitis as a direct result of the yellow fever vaccine during only 6 months of the war. That was only one of the 14 to 25 shots given the soldiers. We can imagine the damage that all these shots did to the men. (See the chapter on What Vaccinations Did to Our Soldiers.)

The first World War was of a short duration, so the vaccine makers were unable to use up all their vaccines. As they were (and still are) in business for profit, they decided to sell it to the rest of the population. So they drummed up the largest vaccination campaign in U.S. history. There were no epidemics to justify it so they used other tricks. Their propaganda claimed the soldiers were coming home from foreign countries with all kinds of diseases and that everyone must have all the shots on the market.

The people believed them because, first of all, they wanted to believe their doctors, and second, the returning soldiers certainly had been sick. They didn't know it was from doctor-made vaccine diseases, as the army doctors don't tell them things like that. Many of the returned soldiers were disabled for life by these drug-induced diseases. Many were insane from postvaccinal encephalitis, but the doctors called it *shell shock*, even though many had never left American soil.

The conglomerate disease brought on by the many poison vaccines baffled the doctors, as they never had a vaccination spree before which used so many different vaccines. The new disease they had created had symptoms of all the diseases they had injected into the man. There was the high fever, extreme weakness, abdominal rash and intestinal disturbance characteristic of typhoid. The diphtheria vaccine caused lung congestion, chills and fever, swollen, sore throat clogged with the false membrane, and the choking suffocation because of difficulty in breathing followed by gasping and death, after which the body turned black from stagnant blood that had been deprived of oxygen in the suffocation stages. In early days they called it Black Death. The other vaccines cause their own reactions — paralysis, brain damage, lockjaw, etc.

When doctors had tried to suppress the symptoms of the typhoid with a stronger vaccine, it caused a worse form of typhoid which they named *paratyphoid*. But when they concocted a stronger and more dangerous vaccine to suppress that one, they created an even worse disease which they didn't have a name for. What should they call it? They didn't want to tell the people what it really was — their own Frankenstein monster which they had created with their vaccines and suppressive medicines. They wanted to direct the blame away from themselves, so they called it *Spanish Influenza*. It was certainly not of Spanish origin, and the Spanish people resented the implication that the world-wide scourge of that day should be blamed on them. But the name stuck and American medical doctors and vaccine makers were not suspected of the crime of this widespread devastation — the *1918 Flu Epidemic*. It is only in recent years that researchers have been digging up the facts and laying the blame where it belongs.

Some of the soldiers may have been in Spain before coming home, but their diseases originated in their own home-based U.S. Army Camps. Our medical men still use that same dodge. When their own vaccines (required for travel) cause vaccine diseases abroad they use this as grounds for a scare campaign to stampede people into the vaccination centers. Do you remember the Hong Kong Flu and the Asian Flu and the London Flu scares? These were all medically-made epidemics mixed with the usual common colds which people have every year.

Now (1976) we are being worked on again by the vaccine -epidemic makers in their effort to force another multi million dollar vaccine sale caper. Their con men have already talked President Ford into handing over \$135 million dollars to start their vaccine racket. Even the insurance companies refused to

become involved with such an obviously dangerous and crooked scheme. So, again the medical and drug con men induced the appropriate government officials to guarantee insurance against the, possible billions of dollars in law suits which could be brought against the vaccine promoters if the vaccine campaign is carried out as planned. It's a good thing Ford was voted out of office. It's too bad he wasn't "dumped" before he paid the *poison* squad the MONEY' to poison the whole population. However, we don't yet know if President Carter will be any better. Will he be held in the grip of the medical and drug dictatorship? Or will he investigate — learn the truth — reverse the decisions and make the vaccine makers return the money taken from the taxpayers under false pretenses?

The statement of the swine flu vaccine promoters to the effect that the vaccine is harmless, is false, and the statement that it will protect against flu is false. Fifty-six people died after the shots, some within 48 hours. There is confusion and disagreement among the doctors about all aspects of the vaccine, from the safety and effectiveness to the necessity for it, who should have it and who should be warned against it.

Their scare-head campaign cry is that the swine flu is like the 1918 flu which killed 20,000,000 people. They don't have any usable and provable blood samples from the 1918 flu epidemic to prove it. That was 58 years ago, and the doctors were just as confused and inefficient then as now. **However, one thing is certain — the 1918 Spanish Influenza was a vaccine-induced disease caused by extreme body poisoning from the conglomeration of many different vaccines. The soldiers at Fort Dix who were said to have had Swine Flu had been injected with a large variety of vaccines like the vaccines which caused the 1918 flu epidemic. The flu epidemic at Fort Dix was in no way related to swine.** There were no swine at camp (unless we want to sarcastically call the vaccine promoters who caused the diseases -"swine.")

To add to the confusion, the doctors tell the people that there are a lot of various kinds of flu; the one which the soldiers at Fort Dix had was A Victoria flu, there are other strains of flu virus, and also, that the swine flu vaccine which so many people have taken already will not protect them against the many other types of flu. **This will be used as an "out" in case of law suits later on when more casualties begin to show up. The doctors will say that the vaccine failed because it was the wrong kind of flu for the vaccine.** Of course, no one can prove it one way or the other because viruses are illusive, invisible organisms which are unstable and unpredictable. One dictionary definition of virus is "a morbid poison." The vaccines injected into the body are poison and cause the typical poison reactions. Virus (poison) does not fly around and attack people.

Therefore, there will be no swine flu epidemic unless the vaccine promoters make one like they did in the 1918 flu epidemic. It will not kill 20,000,000 people unless the people submit to the disease-producing shots. There are also, **other causes of disease besides vaccines, such as bad food, which has been devitalized and contaminated with poison preservatives and artificial drug concoctions.** There are many more causes of disease but no diseases are contagious(See the chapter on the germ theory).

Vaccine drives come and go as often as the vaccine promoters can cook up the slightest pretense of a reason. Back in 1957 they were trying to stir up a vaccination campaign for what they decided to call Asiatic flu. An editorial in the Herald and Express for August 29, 1957 was captioned, **"Fear of Flu Propaganda."** Part of the piece is as follows:

"What a tempest in a teapot has been blown up over the probability that this country will experience an epidemic of the Asiatic flu in the fall and winter months ahead.

"Even the United States Department of Health is stooge for the panic — and has issued statements which are frightening the public, rather than reassuring them by pointing out that this epidemic, while widespread, gives no indication of being any more dangerous than our usual flood of influenza-like colds when winter comes on.

"Those who read between the lines even wonder whether the whole thing might not be a bit of super salesmanship on the part of those who are making and selling the vaccines which are being prepared. . . ."

I WAS AN ON-THE-SPOT OBSERVER OF THE 1918 INFLUENZA EPIDEMIC

All the doctors and people who were living at the time of the 1918 Spanish Influenza epidemic say it was the most terrible disease the world has ever had. Strong men, hale and hearty, one day would be dead the next. The disease had the characteristics of the black death added to typhoid, diphtheria, pneumonia, smallpox, paralysis and all the diseases the people had been vaccinated with immediately following World War 1. Practically the entire population had been injected "seeded" with a dozen or more diseases — or toxic serums. When all those doctor-made diseases started breaking out all at once it was tragic.

That pandemic dragged on for two years, kept alive with the addition of more poison drugs administered by the doctors who tried to suppress the symptoms. As far as I could find out, the flu hit only the vaccinated. Those who had refused the shots escaped the flu. My family had refused all the vaccinations so we remained well all the time. We knew from the health teachings of Graham, Trail, Tilden and others, that people cannot contaminate the body with poisons without causing disease.

When the flu was at its peak, all the stores were closed as well as the schools, businesses — even the hospital, as the doctors and nurses had been vaccinated too and were down with the flu. No one was on the streets. It was like a ghost town. We seemed to be the only family which didn't get the flu; so my parents went from house to house doing what they could to look after the sick, as it was impossible to get a doctor then. If it were possible for germs, bacteria, virus, or bacilli to cause disease, they had plenty of opportunity to attack my parents when they were spending many hours a day in the sick rooms. But they didn't get the flu and they didn't bring any germs home to attack us children and cause anything. None of our family had the flu — not even a sniffle— and it was in the winter with deep snow on the ground.

When I see people cringe when someone near them sneezes or coughs, I wonder how long it will take them to find out that they can't catch it — whatever it is. The only way they can get a disease is to develop it themselves by wrong eating, drinking, smoking or doing some other things which cause internal poisoning and lowered vitality. All diseases are preventable and most of them are cureable with the right methods, not known to medical doctors, and not all drugless doctors know them either.

It has been said that the 1918 flu epidemic killed 20,000,000 people throughout the world. But, actually, the doctors killed them with their crude and deadly treatments and drugs. This is a harsh accusation but it is nevertheless true, judging by the success of the drugless doctors in comparison with that of the medical doctors.

While the medical men and medical hospitals were losing 33% of their flu cases, the non-medical hospitals such as BATTLE CREEK, KELLOGG and MACFADDEN'S HEALTH-RESTORIUM were getting almost 100% healings with their water cure, baths, enemas, etc., fasting and certain other simple healing methods, followed by carefully worked out diets of natural foods. One health doctor didn't lose a patient in eight years. The very successful health treatment of one of those drugless doctors who didn't lose any patients will be given in the other part of this book, titled VACCINATION CONDEMNED, to be published a little later.

If the medical doctors had been as advanced as the drugless doctors, there would not have been those 20 million deaths from the medical flu treatment.

There was seven times more disease among the vaccinated soldiers than among the unvaccinated civilians, and the diseases were those they had been vaccinated against. One soldier who had returned from overseas in 1912 told me that the army hospitals were filled with cases of *infantile* paralysis and he wondered why grown men should have an infant disease. Now, we know that paralysis is a common after-effect of vaccine poisoning. Those at home didn't get the paralysis until after the world-wide vaccination campaign in 1918.

CHAPTER 4

MEDICALLY-MADE EPIDEMICS---COURT CASES

Drug sales are big business, whether it is marijuana, heroin, tobacco, vaccines, or the misnamed "miracle" drugs, antibiotics, etc. They all cause cell destruction and eventual death — delayed reaction in most cases — although some deaths are sudden, as in penicillin and vaccines which often cause death within 20 minutes.

Vaccine campaigns have been carried on periodically for many years, and it is one of the most lucrative of drug sales, and not illegal such as for heroin and marijuana. The sales propaganda is so deceptive that most of the people believe it, and the medical and drug businesses have enough control over the news media to conceal or distort the reports of deaths and disasters from vaccines to keep the people in the dark as to the hazards of their popularized poisons. The Better Business Bureau is better for business but not for the people. That agency is instructed (by the medical and drug concerns) to forbid the newspapers from selling any advertising space to writers of anti-medical books and articles. I wouldn't make this statement unless I had proof and legal papers to back it. (This is discussed in more detail in another chapter.) It is a form of medical dictatorship — and that is against the law.

Most of the medically-made epidemics get by without being exposed and prosecuted, but a few occurred in cities which had some alert and concerned health groups which took the vaccine promoters to court and got convictions. Two of these court cases are briefly outlined below:

COURT CASES OF SMALLPOX EPIDEMICS DECLARED WHEN THERE WAS NO SMALLPOX

(Report from THE ADVERTISER'S PROTECTIVE BUREAU of Kansas City)

"In the fall of 1921 the health of the city was unusually good, but dull for the doctors. So the **Jackson Medical Society met and resolved to make an epidemic in the city.**

According to the record:

"MOTION WAS MADE AND SECONDED THAT A RECOMMENDATION BE MADE BY THE COMMITTEE TO THE BOARD OF HEALTH THAT AN EPIDEMIC OF SMALLPOX BE DECLARED TO EXIST IN THE CITY AT THE PRESENT TIME.

"MOVED AND SECONDED THAT A DAY BE SET ASIDE TO BE TERMED *VACCINATION DAY*, ON WHICH PHYSICIANS WILL BE STATIONED AT ALL SCHOOLS, CLINICS, PUBLIC BUILDINGS AND HOSPITALS ... TO VACCINATE, FREE OF CHARGE. (No shots are free. The taxpayers are charged for them.)

"It is further recommended that wide publicity be given, stating that vaccination is a preventative of smallpox and **urging the absolute necessity of vaccination for every man, woman and child in the city.**

Those who investigated this fake, doctor-made epidemic searched for cases of smallpox to justify this vaccination drive, but could not find one case in the city.

The scare-head vaccination propoganda showed a picture of a child covered with sores (probably from empetigo, psoriasis or congenital syphilis), and called it smallpox. People are easily frightened when public officials tell them a disease is contagious and is in their midst. The fear vanishes when people learn the truth. Smallpox is not contagious, and compulsory vaccination is illegal. (See the chapter on smallpox for information on tests which proved smallpox and other diseases are not contagious, and can be avoided with the right knowledge and application of that knowledge, given in the big book, "VACCINATION CONDEMNED BY COMPETENT DOCTORS."

Most people do not question the decision of their doctors and public officials so they trustingly put their lives and the lives of their children into the hands of the unprincipled drug vendors. The results were disastrous for the people but good for the doctors. The hospitals were soon filled with vaccine poisoned people and the doctors had business all winter.

According to the record, the doctors made \$500,000 from that Kansas City vaccination spree, not counting the millions of dollars from the hospital cases.

ANOTHER MEDICALLY-MADE EPIDEMIC IN PITTSBURGH IN 1924

The same procedure was carried out as for Kansas. The doctors called a meeting and moved and seconded that an epidemic be declared in the city. As usual, they spread their scare propoganda far-and-wide and herded the people into the vaccination centers.

When the vaccination campaign was at its height, the report showed the death-rate rose 22% in three months, from July 1 to Sept. 30. These deaths were all among the recently vaccinated. Were the doctors and pharmaceutical companies **charged with murder** and given the death sentence? No. They "got by with murder;" they usually do.

This doctor-made epidemic never would have been brought to public attention if it had not been for an active, and well informed group of non-medical, health-minded citizens known as THE PITTSBURGH HEALTH CLUB. They, and their legal aid investigated this manufactured epidemic and brought the instigators to trial.

According to the Health Club's attorney:

"THE DIRECT MONEY LOSS TO THE CITY OF PITTSBURGH IN THIS VACCINATION RAID in 1924 was \$3,096,616 of which the doctors took \$2,000,000. .

"This does not represent the indirect losses such as deaths, permanent injury, business loss from work, etc."

Every city and town today should have an active, capable, and well prepared NON-MEDICAL health group such as those in Pittsburgh and Kansas City to warn the people against the many questionable

practices of the medical doctors, because they continue to stage deadly vaccination campaigns, both large and small in all cities across the country every year, but most of them are not investigated or questioned.

We are in the middle of one of these medically-made epidemics right now. It is the SWINE FLU VACCINE epidemic. There was not a certified case of swine flu in the world when they planned it in 1976, but this multi-million dollar vaccine campaign was foisted on the people anyway, and now three months after it started there are 113 reported deaths and many more cases of paralysis from the shots. All these "murders" forced the public officials to halt the vaccinations. However, the doctors and vaccine makers have stated in the papers that they will try to lift the ban and continue the vaccinations — poisoning and killing more people and refusing to take the blame, because it is profitable.

That is why this book has been rushed into production — unfinished — to warn the people and prevent more disasters from the vaccines. The chapter on swine flu and a few others are included in this advance edition, and the rest will be available later, for those who send for them.

POLIO VACCINE EXPOSE' BLOCKED BY AMA

After reading of the above court cases in Pittsburgh and Kansas City people may say, "That happened way back in 1921 and 1924; that couldn't apply to us now in 1977." Oh, yes it can; it's being done right now again with the swine flu racket. They — the vaccine promoters — should be investigated, prosecuted and stopped permanently.

In 1954 when the vaccine promoters were building up their nation-wide polio vaccine campaign, I wrote a book of facts trying to warn the people against the Salk, Sabin, and Cutter vaccines which were bound to cause widespread death, paralysis and financial loss to the taxpayers. The Better Business Bureau — arm of the medical and drug trusts— blocked me from getting any advertising notices in the papers, radio, TV, etc. But I got some of the books out to as many people as I could anyway. But the "medical dictatorship" decided they were not going to let me tell any more people about things they had kept suppressed, including the court cases. You didn't read of those investigated and prosecuted medical rackets in the papers did you? I had to "dig" for that information. In order to stop my book and put it out of circulation, they had it barred from the mails —without any legal grounds. I had taken it (the manuscript before printing) to a lawyer and had him examine it to see if it was legal. He said, "It is all in order — nothing against the law — but it is dynamite."

I then took it to the Post Office in Los Angeles and had them go over it to see if anything was against their regulations. They said, "It is all in order and not against our rules, not libelous, not obscene, not anti-American, not fraudulent."

So, I had it printed and distributed until the medical "dictatorship" issued orders to the Post Office to bar the book from the mails. This they did, although they had told me it was all in order and legal for the mails.

It's hard to believe that one branch of the business (medical) in this country is so powerful that they can force the Post Office to break the law and bar a book they have approved — a book which is designed to save lives.

In the hearing, the opposition said they barred my book from the mails because it disagreed with accepted medical opinion.

It seems I was the only one with a "fighting book" out to condemn the polio vaccinations, so when it was eliminated and I was threatened if I sold it, distributed it, or even gave it away, the medical poisoners had a clear field to sell their poison vaccines without hindrance. So they continued selling polio vaccine and are still at it, even though it has killed and paralyzed thousands. Many law suits were filed against the vaccine makers and won, and they, the vaccine promoters, had to pay millions of dollars in damages, but they make more in sales than they have to pay out in damage suits so they consider it a good business venture anyway. This is the reason why people rarely hear anything against vaccination; those who raise a voice against it are silenced.

The "Bird Flu" HOAX is only one part of an enormous plan to allow a select few to Rule the World and enslave or annihilate the rest!

This is HOW One Wicked Nation, the United States of America,

Can Kill Billions Around the World - - -

With One Lie!

Addendum: If you're concerned about your health and the ability to resist all types of diseases, including the REAL emerging diseases (not "Bird Flu") that will be perpetrated on the world by the Illuminati, please understand that you CAN be well, in spite of their evil plans. Visit my website at www.drday.com and learn how to **Get Well and Stay Well – Naturally – From ALL Disease - Without Drugs!**

Dr. Lorraine Day is an internationally acclaimed orthopedic trauma surgeon and best selling author who was for 15 years on the faculty of the University of California, San Francisco, School of Medicine as Associate Professor and **Vice Chairman of the Department of Orthopedics**. She was also **Chief of Orthopedic Surgery** at San Francisco General Hospital and is recognized world-wide as an AIDS expert.

She survived what was diagnosed as terminal breast cancer **without radiation, chemotherapy or mutilating surgery**. She got well by using only natural methods and continues to be **totally well and cancer-free, fourteen years** after her cancerous tumor first appeared! (See www.drday.com)

She has been invited to lecture extensively throughout the U.S. and the world and has appeared on numerous radio and television shows including **60 minutes, Nightline, CNN Crossfire, Oprah Winfrey, Larry King Live, The 700 Club, John Ankerberg Show, USA Radio Network, Art Bell Radio Show, Three Angels Broadcasting Network** and Trinity Broadcasting Network.

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SARS: Is it Real? Or is it a Hoax?

Lorraine Day, M.D.

(Posted June 27, 2003)

Is SARS a real entity? Everyone accepts it as true, but NO ONE is asking the right questions. In fact, NO ONE is asking ANY questions!

Let's start from the beginning.

1) What does the acronym SARS stand for?

Answer: Severe, Acute, Respiratory Syndrome.

2) But what does that really mean?

Answer: Almost nothing!

Severe the definition is obvious. It's the opposite of mild. However, this, in fact, does NOT describe the "disorder" accurately.

Acute means rapid onset as opposed to a chronic disease, such as arthritis

Respiratory having to do with the respiratory system.

Syndrome defined in Taber's Medical Dictionary as the following:
"A group of symptoms and signs of disordered function related to one another by means of some anatomic, physiologic, or biochemical peculiarity. **This definition does NOT include a precise cause of an illness** but does provide a framework of reference for investigating it."

The name really means nothing. "Severe, Acute, Respiratory Syndrome" is a catch-all term that can be applied to numerous disorders, particularly plain, old pneumonia!

2) How can SARS be identified?

A) By its symptoms? **A great big, "NO!"**

In the headline article of the May 9, 2003 Desert Sun (the only newspaper in the Palm Springs area. It is owned and operated by Gannett, the owners of USA Today), the symptoms of SARS, according to the **Centers for Disease Control**, are specifically defined as the following:

1) **A fever greater than 100.4 degrees.** So what! Every doctor knows that a perfectly healthy person can generate that much increased temperature on a moderately hot day. That "fever" is less than 2 degrees above **Normal**. It is NO "fever" at all!

2) **Headache** - Big deal! Everyone has a headache now and then. That can be caused by stress, fatigue, caffeine withdrawal, mild hunger, a minor cold, the flu and many, many other mild conditions.

3) **Body aches** - again, so what! That's a totally generic symptom that can occur in anyone at any time. It means NOTHING in this situation!

4) **MILD respiratory symptoms.** You can have that with a cold, flu, bronchitis,

allergies, asthma or even from the effects of a smoggy day. This is not specific enough to identify ANYTHING!

5) **Difficulty breathing.** This can be associated with all of the conditions mentioned in #4.

These "symptoms" are so generic as to be laughable. Yet these are the symptoms of "SARS" as published by **The Centers for Disease Control (CDC)**. They ought to be ashamed!

These are the symptoms of a mild cold, the flu, bronchitis, allergies, asthma, or any "garden-variety" pneumonia. They are in NO way specific for ANY special disorder!

It is very important to note that this "disorder" is described as a "syndrome" rather than a disease, because this diagnosis is just a "guess." The name tells us nothing. It is a generic name, a name that describes symptoms that could fit any one of forty or more conditions or disorders. It describes anything - - - and nothing!

It is medically IMPOSSIBLE, and totally UNJUSTIFIABLE to state that these run-of-the-mill symptoms, common to a cold, the flu, allergies, asthma, or dozens of other mild medical problems, can be used to designate a "disorder" or "syndrome" that is being described as a "global epidemic," a cause for "panic," or a disorder that can be used to quarantine or isolate individuals, groups, cities or even entire countries!

This is a TOTAL FRAUD!

So, we have most certainly established that a doctor CANNOT specify that a person has SARS by evaluation of their symptoms. ALL the symptoms are completely NON-SPECIFIC.

B) Can you Identify SARS by culturing a specific organism (bacteria or virus) from the patient?

1) The government says they have isolated the virus that causes SARS.

How AMAZING that researchers were able to do that within a few weeks of the time SARS first appeared, especially when it took almost EIGHT YEARS for researchers to isolate the AIDS virus!

How AMAZING that they were able to isolate the "SARS" virus even though they can't even distinguish SARS, based on the symptoms, from plain old, "garden-variety" pneumonia! How do they know that the "SARS" virus comes from a patient with "SARS," if they can't distinguish "SARS" from any other pneumonia, or many other generic conditions, by its symptoms?

2) The government says that the virus that causes SARS is a member of the family of Coronaviruses.

The truth is that Coronaviruses cause many, many conditions, including colds, the flu, pneumonia and other respiratory infections of ALL varieties. They are common viruses and not specific for ANYTHING.

How can ANYONE say that a Coronavirus is the cause of SARS when the National Post has published that Canada's "top virus hunter, Francis Plummer, a veteran scientist who has spent 20 years tracking AIDS and other deadly infections around the globe, said he is **not convinced** by the theory that SARS is caused by a rogue strain of coronavirus. **Dr. Plummer said tests show only 40% of Canadian SARS patients have the suspect virus in their tissue samples and even these patients have small amounts of it. Moreover, some people who test positive for coronavirus have no SARS symptoms.**"

"The link between SARS and the virus is quite weak," said Dr. Plummer, scientific director of the National Microbiology Laboratory in Winnipeg.

The very fact that less than half of the patients with supposed "SARS" have evidence of the Coronavirus, leaves MAJOR questions about the Coronavirus

being the etiological factor for SARS.

What is causing "SARS" in the other 60% of patients?

Why do some people test positive for the "SARS" virus, but have no symptoms?

To suggest that a Coronavirus is the cause of a supposed disorder generically named "SARS" based on such flimsy "evidence" is very BAD science, at best, and deliberate fraud at the worst!

3) Even if "SARS" were a REAL disease, and even if a "rogue" Coronavirus were the cause of "SARS," the BBC News has published that "the virus thought to cause SARS is CONSTANTLY CHANGING FORM." If that is true, then how can ANYONE know WHAT virus is actually causing the supposed disease, since the virus would mutate to another form before any researcher could establish that a specific form of the virus was the cause of any specific disease?

Notice that the Beijing Genomics Institute reported that the virus is "**EXPECTED** to mutate very fast and very easily." WHY is it "**EXPECTED**" to do this? That means it hasn't done that yet, so WHO is **EXPECTING** it to mutate "very fast and very easily?" - - and on what basis? Could this be a genetically modified form of the Coronavirus, designed in a U.S. laboratory to do just exactly what is predicted?

The article goes on to state that:

"So far, the strain has killed more than 200 people, mainly in China, Hong Kong, Canada and Singapore."

Let's see, the combined populations of China, Hong Kong, Canada and Singapore, must be around 2 BILLION people. To suggest that the death of 200 people, out of a total population of 2 BILLION - over a period of several months - from ANY type of disease, can be characterized as an "epidemic" is absurd!

You can be sure that at least **50 times** that many people in that combined area, die from plain old, "garden-variety" pneumonia and other generic respiratory illnesses in half that time!

Every life is important, but statistically speaking, 200 deaths, even in ONE day, out of a population of 2 billion, is not unusual. It has no impact on ANYTHING! It means NOTHING! In NO WAY does it suggest an "epidemic" of ANYTHING! This is nothing but deliberate "Scare Tactics!"

And speaking of "mutation," an article published by the CBS News Online staff, on June 19, 2003, says that "SARS Experts in Canada are "concerned" that the "SARS" virus will be mutating to a "MILDER" form that will not kill the victim, it will cause only a mild disease so that people can go about their daily work - - and transmit it to a large number of others. . . The mutation would also make developing an effective treatment much harder." (Please note: If it's a MILD disease, who needs an "effective" treatment? The body will take care of it, as it does the common cold). Dr. Donald Low, head of microbiology at Mount Sinai Hospital in Toronto said, that in that case, "**different SARS vaccines would have to be manufactured every year or two.**"

Now wouldn't THAT be a financial BONANZA for the pharmaceutical companies!

4) Whenever the media headlines contain the words, "Panicked," "EXPLOSIVE Epidemic," "Outbreak INEVITABLE," "First **Global** Epidemic," "SARS **Here To Stay**," "Unstoppable," "Mystifying," "Terrifying," these are PROPAGANDA words designed specifically to produce TERROR in the hearts and minds of the citizens! These are the exact headline words that have been used to describe the supposed SARS "epidemic."

One headline announced, "US Hospitals **Brace** for SARS As Cases **Inch** Up." If cases are only "Inching Up," NO hospital has to BRACE ITSELF. This is Orwellian NewSpeak! - language designed to deliberately instill fear.

Would you "Brace yourself" for a tortoise coming towards you from 500 yards away? Or even a Tiger, if it was only "inching" towards you? Of course not! You would just turn and walk away.

This is propaganda at its worst!

To Summarize So Far:

The supposed disorder of "SARS":

A. CANNOT be distinguished, by its symptoms, from virtually ANY other mild or severe respiratory disorder!

B. CANNOT be distinguished by any **specific** microorganism (virus or bacteria)!

And just recently, the World Health Organization has demanded that Public Health organizations "EXPAND" the definition of SARS to include ANY patient with a "pulmonary infiltrate."

A "pulmonary infiltrate" is a non-specific term for the infiltration of a localized or generalized area of lung tissue by cells or fluid, not normally present in the lung, causing a dense area on chest X-ray. A few of the many conditions that can present with a pulmonary infiltrate are:

- A. Asthma
- B. Allergic disorders - of many different kinds
- C. Parasitic disorders - of many different kinds
- D. Collagen vascular disorders, such as Wegener's granulomatosis and Rheumatoid lung disease
- E. Sarcoidosis
- F. Fungal infections of the lung - of which there are many
- G. Lung Cancer - of several different types
- H. Lung metastases from cancer, with the primary tumor in another organ
- I. Lymphoma
- J. Loeffler's syndrome (Acute eosinophilic pneumonia)
- K. Viral pneumonia - of many different kinds
- L. Bacterial pneumonia - of many different kinds

Any patient with one of these well-known, specific diseases or disorders, will now have to be included in the "SARS suspect" group, causing the number of "possible SARS" patients to fraudulently swell, to triple, quadruple, or quintuple the previous numbers!

"Well, then, if there is no such thing as "SARS," WHY are ALL these people dying?" What are they dying from?" you may ask.

- a. First, there is NO way for the average American to verify the numbers that are being published by the news media.
- b. These numbers of "deaths," if truly occurring, are easily within normal numbers, in these large metropolitan areas, for deaths from plain old pneumonia in young or old, or even routine flu in the elderly.

People are dying in routine numbers from various diseases and disorders that have been around for many decades. That is nothing new! But there is NO evidence to support the popularly promoted idea that their deaths are due to a "new" syndrome called "SARS!"

Unless the CDC, the World Health Organization (WHO), and the US Public Health Department can show us, the American public, and me, as a physician, something more, I must conclude that **"SARS" is a Global Scam!**

If the disorder of "SARS" doesn't really exist, why is this fraud being perpetrated on America and the world? And by WHOM?

First Question: WHY?

Answer: A) CONTROL!

The following are recent newspaper headlines and/or lead television news stories from around the U.S. and the world:

1) **"10,000 Quarantined in Panicked Beijing"**

2) **"30,000 sent out to Search For SARS Victims"** to quarantine them. Question: If I, a highly trained physician, CANNOT distinguish SARS from ANY OTHER type of routine pneumonia based on ANY of the government's published information, how are lay people going to do it?

3) **"U.S. Agents Being Trained to Spot SARS"** (Associated Press). Homeland Security Department spokesman Dennis Murphy said 22 major U.S. airports, including Kennedy International in New York and Los Angeles International, have public health officials on site.

They can detain ANYONE they choose for ANY reason whatsoever, using the excuse of "SARS."

4) One article about "SARS" in China states that anyone in China that is guilty of spreading the SARS virus to another person, **can be shot!**

That's the ultimate control!

B) Decrease in Airline Travel:

People are much easier to control if they aren't traveling around. Those committed to revolutionizing the planet earth into a "One World Government" want to do everything possible to induce the population NOT to travel, allowing easier "tracking" of every citizen. (In Communist Russia, before the wall fell, a citizen had to get a "visa" to travel WITHIN the country of Russia, a distance equivalent to that between San Francisco and Los Angeles (approximately 400 miles within the borders of the same country).

And when airline travel falls dramatically, the super-industrialists can "sweep in" and buy up the airline companies at pennies on the dollar.

1) "SARS" is Devastating the Airline Industry:

With decreased travel caused by increased fear, the airlines will probably go bankrupt. Then the super-industrialists who are behind the plans for a One World Government, can buy up ALL the airlines at bargain-basement prices and eliminate ALL competition. They will then be able to make ALL the rules about who can travel and who cannot.

2) The government will be able to quarantine whole cities, or states, or possibly an entire nation, or an airplane full of passengers, or any individual citizen, at the whim of bureaucrats - based on a "disease" that cannot be specifically identified and doesn't even exist! They can instill TOTAL panic in populations of entire countries, controlling them with great ease.

C) The super-industrialists and framers of a One World Government want to see just how easily the public AND the doctors can be manipulated by an outrageous fable that has absolutely NO basis in fact!

They NOW realize they can tell the public literally ANYTHING, and they will "buy it!" NO ONE will question it, not even the supposed medical "Experts!"

D) The Pharmaceutical companies will be able to make many more billions of dollars by producing yet another **NEW vaccine** every year or two, that will contain many more deadly substances to force on the population of the U.S. and other countries, as part of their deadly goal of reducing the population of the U.S. and the world.

Second Question: WHO IS BEHIND THIS?

Those promoting a One World Government: The super-international industrialists, those who control the Federal Reserve Bank of the U.S. and the Central Banks of ALL Countries, those who are behind the take-over of ALL the natural resources in Africa, Afghanistan, the former Yugoslavia, AND the Middle East, those who are behind the numerous mergers of many different industries in America, including the banking industry, the defense industry, and the medical industry, to name a few.

Why don't doctors speak up and ask some penetrating questions?

Answer: Because doctors are taught from their first day in their pre-medical studies in college, to:

- * NEVER seriously question their superiors,
- * NEVER endanger their medical license by "rocking the boat"
- * ALWAYS be politically correct
- * NEVER question what the majority believes
- * NEVER do anything, particularly if it means standing for truth against all odds, that will cause them to lose the respect of their peers

This attitude of unquestioning submission to their superiors continues on throughout medical school, residency and their lifetime of practicing medicine. After all, a doctor's livelihood can be placed in severe jeopardy by those in power above him. A doctor learns early in his or her training, not to step out of line!

To illustrate this "**Herd Instinct**" of doctors, here are some closely-held "beliefs" of doctors, ALL of which have been completely disproved by literally volumes of documentation!

A. Doctors believe that vaccinations help prevent disease and virtually never have serious, life-threatening side effects, when the truth is that Vaccinations are NEITHER safe NOR effective. (Read Neil Miller's book: Vaccinations: Are they Safe and Effective?)

B. Doctors believe that chemotherapy and radiation are "good" treatments for cancer patients, even though ALL doctors KNOW that BOTH chemotherapy and radiation actually CAUSE cancer and that they BOTH suppress the immune system - the ONLY system that can get a sick patient well!

C. Doctors give out drug prescriptions to patients "like candy" even though doctors know that ALL drugs have serious, often life-threatening, side-effects. And ALL doctors know that the fourth -leading cause of death in America is "adverse effects of drugs prescribed by doctors," and ALL doctors know that the leading cause of falls in the elderly (that frequently cause hip fracture, leading to the patient's ultimate death) is the drugs prescribed by doctors.

Doctors BELIEVE what they are told by: a) their medical school professors, b) the articles in medical journals (although studies have shown that only 1% of those studies are based on sound scientific principles), c) the pharmaceutical company salesmen and saleswomen, who obviously have a completely prejudiced view of treatments since their livelihood depends on disseminating the "party line" of their employer.

A Few Additional Comments:

A) These "new" diseases that suddenly appear, are virtually ALWAYS attributed to either another country (frequently a country that the U.S. or Israeli government is attempting to demonize at that particular moment), or to some animal - common or bizarre. The countries and/or animals include: Asian (flu), China ("SARS"), Monkeys (AIDS), African Rat or Prairie Dogs (Monkeypox), Swine (flu).

It is very important to understand that it is quite unusual for animal viruses to infect humans, and vice versa. In order for that to happen easily, the animal virus must be grown in cultures of human cells. In other words, it must be a deliberate plan to modify the infectivity of an animal virus to make human beings susceptible to it. This is a procedure that is done in U.S. and Israeli laboratories routinely.

B) There **WILL** be future **REAL** epidemics similar to AIDS, Ebola Fever, etc. These are for the express purpose of deliberately decreasing the population of the world - - - but SARS is NOT one of them!
"SARS" is a GLOBAL HOAX!

C) Many of these "epidemics" will be caused by man-made biological weapons, but not necessarily from an

enemy country. The U.S. has its OWN, ACTIVE Biological and Chemical Warfare Program!

Please note the following quote from Bertrand Russell, advisor to Prime Ministers and Presidents, in his book "The Impact of Science on Society":

"At present the population of the world is increasing. . . War so far has had no great effect on this increase . . . I do not pretend that birth control is the only way in which **population can be kept from increasing**. There are other ways . . . **If a Black Death could be spread throughout the world once in every generation**, survivors could procreate freely without making the world too full . . . the state of affairs might be somewhat unpleasant, but what of it? **Really high-minded people are indifferent to suffering, especially the suffering of others.**"

This is typical of the attitude of those who promote a One World Government, those who propose to rule the world and make slaves of the people.

As stated above, there WILL be MANY serious diseases emerging. However, the majority of them will be man-made in the Biological Weapons Departments of the U.S. and Israel, to be used against the U.S. population.

But "SARS" is NOT one of them. It is a Global Hoax, designed to terrorize the public, and to see just how gullible the public - and the medical establishment have become!

In Conclusion:

If **ANYONE** can prove to me, on the basis of the published information from the Centers for Disease Control, the World Health Organization, and the US Department of Public Health, as of the posting date of this article, using properly verified statistics and published symptoms, that SARS is indeed, a REAL disease, different from routine pneumonia, I will be happy to pay them \$1,000.00 out of my own pocket.

ONE MORE THING:

You do NOT have to fear these emerging diseases, real or fraudulent!

The Best and ONLY way to resist disease is by following the Ten Step Totally Natural Health Plan to make sure your immune system is functioning optimally. This is the Plan I used to reverse my advanced, life-threatening cancer. It is virtually IMPOSSIBLE to get sick if your immune system is functioning properly.

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Small Pox: How Bad Is It - - - Really?

Here's What The Government WANTS YOU TO BELIEVE!

Lorraine Day, M.D.

UN Issues Worldwide Smallpox Terror Alert! according to the The London Observer newspaper's headlines (Oct 21,2001).

"Governments around the world have been warned to prepare against a terrorist smallpox attack which could kill millions. The World Health Organization has told them to ensure they can produce enough vaccine to protect their population against the disease, and is preparing to order mass precautionary vaccination of all citizens.

"The Observer says smallpox is a serious threat because it is easily passed from person to person, has a fatality rate of up to 90 per cent, can kill in 48 hours and few people have been vaccinated.

"Initial smallpox symptoms include fever, severe headache, back and chest pains and intense anxiety. Victims develop blotchy rashes, often with purple lesions, followed by a face rash similar to sunburn and severe scarring.

"Death can take from 48 hours to two weeks. There is no treatment"

Here's the REAL TRUTH!

1) Dr. Russell T. Trall, the eminent Natural Hygienist, **considered smallpox "as essentially . . . not a dangerous disease."** He cared for large numbers of patients afflicted with smallpox and never lost a case. Under conventional medical treatment, patients were drugged, bled profusely, smothered in blankets, wallowed in dirty linen, were allowed no water or fresh air, were stuffed with brandy or wine and were medicated with antimony and mercury in large doses.

2) Physicians kept their patients bundled up warm in bed, with the room heated and doors and windows carefully closed, so that not a

breath of fresh air could get in, and freely gave large doses of drugs to induce sweating. Many must have died of Heat Stroke!" - - Dr. Shelton, D.C.

3) "For years Dr. Matthew J. Rodermund, M.D. of Wisconsin, **offered \$10,000 to anyone who could prove scientifically that smallpox is contagious. Nobody ever claimed the money.** Charles A.A. Campbell, M.D. of San Antonio, who was for years in charge of an isolation hospital made exhaustive experiments in order to demonstrate that smallpox is contagious, but found that this is not the case." Keki Sidhaw, ND

4) "Both Press and Radio continue to preach that smallpox is a terribly infectious and deadly scourge. They never tell us that" - - provided no mischief be done either by physician or nurse, **it is the most safe and slight of all disease.** (Dr. Thomas Sydenham) Lionel Dole

5) "As a matter of fact, perhaps it is safe to say that **not more than 10 per cent of the people ever would take smallpox if sleeping in the same bed with an infected smallpox victim.**" Dr. Hay

6) "Smallpox is considered one of the most virulent of contagious diseases, and it is generally believed that persons exposed are almost invariably attacked, unless protected by vaccination. **This is one of the most stupendous exaggerations to be found in medical literature. My experience has been that a very few people take it when exposed to it.**" John Tilden, M.D.

7) Dr. Bridges in his Report, observes that "**of 796 visitors who paid 1118 visits, only 3 were afterwards admitted into the hospital with smallpox**" . . . Dr. Bernard, of the Stockwell Hospital, writes "1056 visits were paid into the wards of the hospital. It is interesting to be able to say that, as far as I have heard, no one caught small-pox thereby."

8) An Obstinate Baby - - - At a public meeting held in the Town Hall, Derby, March 2, 1871, a working man caused much amusement by asking Dr. Greaves how it was that when four out of five of his children were down with smallpox, **the fifth, unvaccinated, would not take the disease, although placed between two of the others in bed.** - -
- The Table of the Smallpox Nurses and Revaccination.

9) **Since only 10% of the world was ever vaccinated against smallpox, it is ludicrous for the medical doctors to claim credit with vaccination,** as scientist Glen Dettman points out.

10) Wallace and Tebb proved with government statistics that the first 100 years of smallpox vaccination was a complete failure. **Epidemics of smallpox followed vaccination which was why they repealed the compulsory vaccination law.** And even if they had eliminated smallpox, the deaths from other causes rose to compensate, in all likelihood caused by vaccination:

11) The prevailing medical opinion is that smallpox is highly infectious and serious, **but looking at 19th century books on smallpox vaccination it doesn't look infectious at all**, and it looks like Dr. Campbell was right when he said it was transmitted by the bite of a bedbug, as overcrowding was THE MAIN FACTOR (most affected city families live in one room) in outbreak and spread of smallpox, **along with the main cause of smallpox - - poverty and poor hygiene.**

Are Smallpox Vaccines SAFE? Are they EFFECTIVE?

Smallpox Vaccine is being promoted as a "must" for the entire population, since "there is no treatment for smallpox." However, many experts believe the smallpox vaccine has severe health risks.

"The smallpox vaccine is the most reactive (disease causing) vaccine that we have ever used," said Barbara Loe Fisher, spokeswoman for the National Vaccine Information Center. "I do know that brain complications occurred within one to six weeks of the original smallpox vaccination, most frequently after the first dose, and that the reaction rate was between 1 in 159 and 1 in every 6,500 vaccinated persons."

According to Fisher, **vaccination-related brain complications were most common in children under 2 years of age, and 50 percent of those children who developed the complications died from them.** She also said 35 percent of adults who developed brain complications from the smallpox vaccine also died. For more information on [Vaccinations](#).

Is There An Effective Drug For Smallpox?

USA Today has recently announced "Drug May Be First Effective Treatment for Smallpox." Cidofovir, sold under the brand name Vistide, won Food and Drug Administration approval in June 1996 for the treatment of cytomegalovirus retinitis, a sight-threatening viral infection in AIDS patients. This drug has been tested on pox disease, but ONLY in animals, never in humans with smallpox.

When Vistide has been used in humans, such as AIDS patients, the side effects have been numerous and often life-threatening. According to the Physicians' Desk Reference (PDR), the drug "Bible" for physicians, published by the pharmaceutical companies, the side effects of Vistide include the following:

Toxicity to the kidneys resulting in **kidney failure** leading to dialysis and **death**, abdominal pain, **sarcoma (cancer)**, sepsis (generalized total body infection), **death**, congestive heart failure, hypertension, shock, fainting, rapid heart rate, migraine, colitis, dysphagia (difficulty swallowing) fecal incontinence, enlarged liver and spleen, jaundice, **liver damage**, pancreatitis, gastrointestinal bleeding, a blood cell panel indistinguishable from some types of **leukemia**, amnesia, **convulsions**, delirium, **dementia**, depression, **hallucinations**, hemiplegia (**paralysis on one side of the body**) asthma, hemoptysis (coughing up blood), pneumothorax (collapsed lung) and many more.

Cidofovir (Vistide) is VERY carcinogenic (causes cancer). Normal two-year studies in rats and mice could not be carried out. They had to be terminated at 19 weeks because **so many female rats developed breast cancer** (mammary adenocarcinomas), many of which were detected after only six doses.

What is the Answer?

**The following was written in 1944.
Amazing!**

They were smarter then, than we are now!

"Perhaps the greatest evil of immunization lies in its diversion of public attention from true methods of disease prevention. It encourages public authorities to permit all kinds of sanitary defects and social problems to remain unaddressed, particularly in schools. **It ignores the part played by food and sunlight and many other factors in the maintenance of health. The more vaccinations are supported**

by public authorities, the more will their dangers and disadvantages be concealed or denied." M. Meadow Bayly, M.R.C.S., 1944

A person with a properly functioning immune system will **NOT** contract Smallpox. Remember, in EVERY epidemic, there are a lot of people who don't get the disease. Why do some people get sick and others don't? The problem is NOT with the germ (the bacteria or virus), but with the immune system.

Germs don't cause disease anymore than flies cause garbage. Flies don't cause garbage. Garbage attracts flies! This is explained on my videos ["Drugs Never Cure Disease"](#) and ["Sorting Through the Maze of Alternative Medicine: what works, what doesn't and why!"](#)

The immune system is kept healthy by following the Ten Step Natural Health Plan as I discuss on my videos ["You Can't Improve on God"](#) and ["Diseases Don't Just Happen."](#)

Don't Accept the Deceptions of the Mass Media!

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So, What's the Real Story on Anthrax?

Always Remember - Who Benefits?

Lorraine Day, M.D.

Ever since the Gulf War, there has been a controversy over vaccination of U.S. troops against Anthrax. There have been numerous criticisms of the Anthrax vaccine: it is dangerous, it doesn't work, it contains other harmful substances, it caused, or at least contributed to, the Gulf War Syndrome, it has not been adequately tested, and on and on. Over the last several years, the controversy has increased so much that many military personnel are refusing to take the anthrax vaccine, even to the point of being court martialled.

Opposition to Anthrax Vaccine - Some Examples:

* "Facing a firestorm of protest from the public and a quiet rebellion among the ranks, an Air Force panel who convicted Capt. John Buck of 'disobeying' an order to submit to the controversial Anthrax shots, decided to forgo sending the young physician to prison.

"The 11-man panel at Keesler AFB in Mississippi deliberated for 90 minutes before handing down a sentence last month of 60 days 'base confinement', a **\$21,000 'fine,'** (spread out over 14 months) and a letter of 'reprimand' added to Buck's personnel file.

"The emergency room doctor and **first physician in the U.S. military to say NO to being 'guinea-pigged' with the so-called Anthrax 'vaccine,' could have received five years imprisonment and a dishonorable discharge,**" according to MilitaryCorruption.com.

* MAJ Sonnie Bates, USAF, a pilot at Dover, AFB, Del. **was headed for a court martial and up to five years in prison** until he went on "60 Minutes" and told what was going on. More than a dozen members of Bates' squadron came down sick with a variety of illnesses including thyroid and liver damage, memory loss, bone and joint pain, fevers, dizziness, infected cysts and lesions.

* More than thirty pilots and tanker crew-members at Travis AFB in

California **quit rather than take the shots.** So did pilots in the Wisconsin Air National Guard. And Air Force Capt. Clifton Volpe, assigned to a VIP transport squadron at Andrews AFB, Maryland, is being thrown out of the military for refusing to take the controversial injections.

* SGT Sandra Larson of Fort Riley, Kansas **is dead of "aplastic anemia,"** a virulent blood disease caused by suppression of the immune system. **She died just 30 days after completing her series of Anthrax shots.** Her sister, Nancy Rugo, says the young NCO "went from a healthy woman just four weeks prior to her death - June 14, 2000 - to having no bone marrow, platelets and an extremely low count of red and white blood cells. **It was as if there was something in her that was killing her immune system, shutting her down."** **In the final months of her life, Sandra told her sister it was the Anthrax shots that made her sick.** SGT Larson said the threat of court-martial or prison made her reluctantly submit to the shots that ended up costing her her life.

* Retired Air Force LTC Redmond Handy, who resigned his officer's commission rather than participate in what he calls a "terrible crime against our men and women in uniform," warned "there are others currently at risk because of this flawed vaccine. I'm afraid SGT Larson's death won't be the last," he told MilitaryCorruption.com. "When will the Pentagon end this madness?"

The bottom line is that Anthrax vaccinations have had a VERY BAD reputation! More and more people, especially the military, were dead set against them.

Besides, vaccinations don't work: They are neither safe nor effective.

The military was losing their propaganda battle. Recruits weren't signing up and those within the military have been leaving or mounting increasing opposition against the Anthrax vaccinations.

SOMETHING HAD TO BE DONE TO TURN THIS SITUATION AROUND!

(Or so our enemies within our own government decided.) Something Horrible and Diabolic had to be done to permanently change everyone's mind about the Anthrax vaccine!

So, what was their Plan?

Simultaneously with the increased opposition to the Anthrax vaccination program in the military, there was an increase in deluging the American public with "News-Talk" on all the networks and in the newspapers, about a "100% Chance of an Anthrax Attack in the U.S.!" As one author put it - - "100%! WOW! What do the TelePrompter readers know that we don't know? And why do they fail to mention how terrorists came into possession of Anthrax?"

Just HOW did the television news stations KNOW ahead of time that there would be an Anthrax "bioterrorism" outbreak?

And NOW they're telling us that there will be a Small Pox "Bioterrorism" outbreak. Please note that Small Pox has been totally eliminated from the earth, **except for the supply of small pox bacteria kept in the U.S. Biological Warfare laboratory.** This supply has been a source of major controversy, with many scientists over the last 20 years urging the government to destroy it. But of course, the government refused. Their excuse was that they needed to have a source of bacteria to make a vaccine "in case there was an outbreak in the future!" **How convenient!**

It's interesting to learn that Admiral William J. Crowe Jr, who was chairman of the Joint Chiefs of Staff from 1985 until he retired from the Navy in 1989, and who subsequently was rewarded by Bill Clinton with the post of ambassador to Great Britain, has gotten a "sweetheart deal" from the Pentagon to produce this questionable Anthrax vaccine that is supposed to "protect" the nations' military from the deadly organisms.

Crowe is part owner of BioPort of Lansing, Michigan, the producer of the Anthrax vaccine, a company that was temporarily shut down by the Food and Drug Administration (FDA) after it failed an inspection in November, 2000, according to MAJ Glenn MacDonald, USAR (Ret). MacDonald has asked, **"Why has the Pentagon 'fronted' BioPort with millions of dollars in taxpayers' money** when the troubled manufacturer has experienced continued failures? Does that have something to do with who some of its owners and investors are?"

But a Bioport Corp. employee has died, apparently from the anthrax vaccine. "Richard Dunn had worked for BioPort and its predecessor, the state-owned Michigan Biological Institute, since 1992. The 61 year-old man, who cared for and monitored test animals at BioPort, was required to take the same vaccine given to the nation's military personnel. "Dunn received 11 doses of the vaccine - the last,

given in April. An autopsy performed in August suggests the vaccine as a factor," Ionia county Chief Medical Examiner Dr. Robert Joyce said. **"The autopsy," Joyce said, "showed Dunn had an inflammatory response to the vaccine throughout his body."**
(Lansing STATE JOURNAL)

ANTHRAX FOUND!

Since Anthrax has now been found in:

- a) **the American Media Building** in Florida, where five grocery store tabloids are published including, the Star, The Globe, The Sun, and the National Enquirer, and where one employee died of anthrax,
- b) **the NBC building in New York** where News Anchor Tom Brokaw's assistant tested positive for cutaneous anthrax,
- c) **the Microsoft Building** in Reno, Nevada, and
- d) (possibly) in **the ABC headquarters in New York,**

What NOW is the mood of the country? - - - - -

MY, HOW PUBLIC OPINION HAS CHANGED!

People are now downright ANXIOUS to be vaccinated for anthrax, they will line up and pay any price to be vaccinated. Plus the drug Ciprofloxacin (Cipro) is in enormous demand, with its price sky-rocketing.

First of all, let's talk about how the Anthrax powder got into these four buildings.

The American Media Building: The commercial media (Newsweek, Oct 22, 2001) has focused on "a one-page handwritten love letter addressed to Jennifer Lopez, which was passed around the editorial offices." Newsweek reported that enclosed in the envelope was a "small **Star of David** and a tablespoon or so of a bluish substance that resembled dishwashing powder." The work station of Bob Stevens, the man who also read the letter and who subsequently died of anthrax, was said to be a "hot spot of anthrax."

However, five additional employees "who worked way down the hall and around the corner (and for a different tabloid newspaper) were also exposed (their blood tests came back positive)." Yet, they

apparently had **NO exposure** to the "Jennifer Lopez letter."

So, the authorities really DON'T know how the American Media anthrax exposure occurred.

The NBC Building in New York: Erin O'Connor, Tom Brokaw's assistant, reportedly received a "suspicious business letter addressed to 'Nightly News' anchor Tom Brokaw " which contained a white powder. "Within days," Newsweek continued, "O'Connor developed a rash below her left collarbone which tested positive for cutaneous anthrax." **However, the FBI testing of the white powder in the envelope, found it to be negative for anthrax!**

When CNN.com reported this incident (10/12/01), they failed to mention that the envelope tested NEGATIVE for anthrax! Curious!!

"When the FBI interviewed O'Connor more extensively," Newsweek continues, "she recalled that she had gotten another letter, postmarked Sept. 18. She hadn't thought anything of it. But, she finally remembered, it did contain some kind of dark, sandlike powder." The FBI supposedly reported on Oct. 12 that that letter, postmarked Trenton, N.J., contained "**traces** of anthrax."

Let's get real. With the amount of mail that comes into the NBC building in New York on a daily basis, the chances of finding some obscure, forgotten letter almost a month later would be virtually impossible. Do they really expect us to believe that?

The Microsoft office in Reno, Nev.: This episode is even more bizarre. According to the Newsweek report, a letter received On Oct. 13 "tested positive for anthrax: the envelope, in which Microsoft had sent a check to a vendor in Malaysia, had been returned, with the check intact. It also contained pornographic pictures cut from a magazine, and **dusted with anthrax spores.**"

Anthrax spores are NOT visible. How would anyone know the anthrax spores were there? There is no evidence that EVERY piece of mail at Microsoft was being sent to a laboratory for analysis for anthrax spores, that would be too expensive. So why did they check this one particular letter? What would make anyone think that anthrax spores were there since they are not visible?

ABC Headquarters in New York: "A 7-month-old boy who visited the network's headquarters in New York for several hours on Sept 28 contracted the cutaneous form of the disease. The boy is the son of a

freelance news producer. **Investigators do not know the source of the anthrax** and have not ruled out suspicious packages."
(ABC News.com, 10/15/01)

THE BOTTOM LINE IS: There is virtually NO evidence that anthrax was sent through the mail in ANY of these cases.

All four of these episodes are very vague. **So we're back to the obvious probability that the anthrax powder was purposely planted in the buildings, not sent through the mail.**

And NOW, just recently, a "letter" containing "a powder that tested positive for Anthrax has been sent to Senate Majority Leader Tom Daschle which has potentially contaminated as many as 29 people, including two Capitol Police officers."

This will, of course, insure that Congress will pass all the harsh, restrictive, rights-destroying legislation that the behind-the-scenes rulers of our country will demand!

Who's responsible for these treacherous acts?

Let's consider, as any good detective should, **OPPORTUNITY AND MOTIVE!**

OPPORTUNITY:

Who would have access to each of these buildings, particularly during non-working hours, WITHOUT raising suspicion? Since ALL four corporations are owned by Jews, individual Arabs or a group of Arabs would be highly suspicious if found roaming around their buildings. The owners wouldn't allow it, especially since September 11. They obviously would have NO off-hours access either. But certainly the owners of the specific companies, or their representatives, would have unlimited access.

But why would someone allow Anthrax to be planted in his own building? Isn't that a little far-fetched? Not if you're part of a small elitist group of internationalists dedicated to controlling the world and all of its resources. Each one is expected to do his part. Besides, after the initial planting of the Anthrax and the exposure of enough employees to cause major public panic and possibly death of one or many individuals, the building can then be closed, decontaminated

and made ready for use again. Mission accomplished!

MOTIVE (Who Benefits?):

What would the obvious motive be?

To cause epidemic fear and overwhelming panic which would result in: a) a major demand for the anthrax vaccine which would eliminate the previous public and military resistance to the vaccine and bring great profits to the vaccine manufacturer, b) a burgeoning market for the drug Ciprofloxacin, at any price - bringing huge profits to the pharmaceutical company that produces it, and c) a desire by the public to have maximum protection from these diseases no matter what the monetary cost or the sacrifice of their individual rights.

By the way, orthodox medicine's drug of choice for anthrax is plain old Penicillin, which is very cheap because it is no longer patentable. Why are they instead pushing Cipro which is very expensive and restricted by the pharmaceutical company patent rights?

So, who would have the MOTIVE?

a) Those who want to create Panic in America to cause a major plunge in the stock market and a subsequent depression of the U.S. economy - to prepare the U.S. for takeover by the **One World Government of the United Nations, with its plan for tyranny and TOTAL control of everyone on the planet.** Also, a stock market crash provides the opportunity for the BIG MONEY players to buy up huge amounts of stock at bargain-basement prices, just like the Rockefellers did in the Crash of '29!

Who Are These People? These would be the same people who were responsible for the World Trade Center and Pentagon attacks - - **and, again, it's NOT the Arabs!** The obvious candidates would be those who have infiltrated the U.S. government, particularly the CIA, who have an allegiance to World Government and to Israel, NOT an allegiance to the U.S. and the interests of the average American. (Please see "[World Trade Center/Pentagon Attack.](#)")

b) The major stockholders of the company who makes the anthrax vaccine

c) The major stockholders of the company who makes Ciprofloxacin

Many, if not most, of the Pharmaceutical companies that make drugs

and vaccines are owned by the groups with the same allegiance as mentioned in (a) immediately above.

Who would have ACCESS to the Anthrax powder?

In at least one instance, the powder was said to be of very high grade which would ONLY be found in a high quality laboratory, particularly a government laboratory. Scientists say that it would be virtually impossible for anthrax powder or spores to be found in places such as these without a deliberate planting of it there.

The owners of ALL of these four businesses, and their top men, are close associates, both by professional association and cultural and ethnic background, of those who are involved with Secret Societies such as the Bilderbergers, The Club of Rome, and others whose agenda is Population Control and World Dominance!

What is the evidence for Population Control? Who's behind it and Why?

In the UNESCO Courier of November 1991, Jacques Cousteau wrote:

"The damage people cause to the planet is a function of demographics - it is equal to the degree of development. One American burdens the earth much more than twenty Bangladeshes . . . This is a terrible thing to say. **In order to stabilize world population, we must eliminate 350,000 people PER DAY.** It is a horrible thing to say, but it's just as bad not to say it."

Bertrand Russell, an advisor to many U.S. presidents, in his book, "The Impact of Science on Society," wrote,

"At present the population of the world is increasing . . . War so far has had no great effect on this increase . . . I do not pretend that birth control is the only way in which population can be kept from increasing. There are others . . . **If a Black Death could be spread throughout the world once in every generation,** survivors could procreate freely without making the world too full . . . the state of affairs might be somewhat unpleasant, but what of it? **Really high-minded people are indifferent to suffering, especially that of others.**"

In the Global Assessment Report of UNEP (a United Nations sponsored study group), Phase One Draft, Section 9, the authors quoted an expert who suggested that:

"A reasonable estimate for an industrialized world society at the present North American material standard of living would be 1 billion. At the more frugal European standard of living, 2 to 3 billion would be possible."

In "The First Global Revolution," published by The Council of the Club of Rome, a secret international elitist organization of the New World Order, **whose diabolical duty it is to devise methods to decrease the world's population**, the authors note that:

"In searching for a new enemy to unite us, we came up with the idea that pollution, the threat of global warming, water shortages, famine, and the like would fit the bill. All these dangers are caused by human intervention . . . **The real enemy, then is humanity itself.**"

In Elberton, Georgia, there is a Druid-like monument, erected in March 1980 and funded by a mysterious man using the pseudonym, R.C. Christian. The words engraved on the massive stone pillars are the **Ten Commandments of the New Age**: They read as follows (with my editorial comment underneath each one):

1. **Maintain humanity under five hundred million** in perpetual balance with nature.

(Since there are 6 billion people on the earth presently, 5 1/2 billion will have to be exterminated.)

2) **Guide reproduction** wisely, improving fitness and diversity.

(Forced abortion, limit couples to one child, aborting before birth or killing after birth any disabled or deformed child.)

3) **Unite humanity** with a living new language.

(One World Language - as in the tower of Babel.)

4) **Rule** passion, **faith**, tradition, and all things with tempered reason.

(One World Religion, with the elimination of God and the Rule of Reason as was the case in France during the bloody French Revolution.)

5) Protect people and nations with fair laws and just courts.

("They" will decide what laws are "fair" and what "justice" is.)

6) Let all nations rule internally, **resolving external disputes in a world court.**

(Governors will be appointed by the New World Order, not elected by the people.

National rights will no longer exist. All disputes will be settled in a world court,
with no right to appeal.)

7) Avoid petty laws and useless officials.

("They" will decide the definition of "petty" and "useless.")

8) **Balance personal rights with social duties.**

(Pure Communism. Individual rights must be given up in favor of the community.)

9) Prize truth, beauty, love . . . seeking harmony with the infinite.

("Tolerance" is their buzz word. No one's morals, or standards or religious beliefs

have any more validity than anyone else's. Everyone decides his own morality.)

10) **Be not a cancer on the earth** . . . leave room for nature . . .

(Worship nature, rather than the Creator of nature. Nature becomes god. Animals and plants are more important than people.)

(For more information on the Georgia Guidestones, visit the website: <http://home.sprynet.com/~eastwood01/geoguide.htm> or search under the heading: Georgia Guidestones.)

So you can see, there IS a plan to eliminate most of the population of the world. This is the goal of "environmentalism."

WHAT WILL BE ACCOMPLISHED BY THESE RECENT ANTHRAX EPISODES ?

One thing you can be sure of, there will be **MORE CONTROL!**

Who knows what they have in mind for sure, but maybe any or all of the following:

1) Getting the population used to the possibility of biological warfare,

and eventually many different plagues with millions of deaths.

2) Putting the population into panic. When people are in a state of panic, they are more susceptible to propaganda.

3) Again blame something else on the Arabs, so the U.S. and Israel can go bomb them out of existence. They can also crush, take over and control Afghanistan and its strategic position for their proposed oil pipeline for the massive oil reserves in that area and any other Arab-occupied areas with oil or other natural resources.

4) Markedly increase the cost of mail delivery. After all, they will have to take "special precautions" with all mail and that will be expensive.

5) Elimination of all sealed envelopes. All mail would have to be left open for inspection. (This would obviously serve the purposes of the New World Order.)

6) Elimination of all regular mail with an immediate shift to electronic mail only. (Then they could read your mail more easily.)

7) Major profits for the Pharmaceutical companies with the sale of Cipro and the Anthrax vaccine.

8) Frequent searches of vehicles, persons and possessions for the presence of Anthrax, or other "bioterrorism" bacteria or viruses.

9) Searches of homes, without warrants, for Anthrax or other "bioterrorism" bacteria or viruses - "for the safety of the neighborhood, city and country."

10) Increased security at airports, with NO carry-on luggage.

11) National ID cards "to eliminate terrorists and terrorism."

And anything else that comes to "their" mind.

Just How dangerous is Anthrax?

Anthrax is a disease of sheep, cattle, horses, goats, and swine caused by *Bacillus Anthracis*, a gram-positive spore-forming aerobic rod. The organism is transmitted to humans by inoculation of broken skin or mucous membranes or by inhalation causing either cutaneous or pulmonary infection. Anthrax is usually a rare occupational disease of

farmers, veterinarians, and tannery and wool workers.

In cutaneous anthrax, a reddened small swelling appears on an exposed area of skin which then develops into a blister, with a purple to black center. The surrounding area is also swollen and forms blisters. The center of the area involved finally turns black, dies and sloughs off.

The lymph nodes in the surrounding areas enlarge and there is fever, malaise (unease or discomfort), headache, and nausea and vomiting. After the central area of involvement sloughs, the disease can spread by the blood to other areas of the body resulting in shock, sweating, cyanosis (bluish color of the skin due to decreased hemoglobin), and collapse. Hemorrhagic meningitis may also occur.

Pulmonary (lung) anthrax results from inhaling of spores (a form of the bacteria that is encapsulated with a microscopic outer shell that inhibits its being killed by routine sterilization methods). Pulmonary anthrax is characterized by fever, malaise, headache, shortness of breath, cough, congestion of the nose, throat and larynx, and evidence of pneumonia.

The mortality rate is high, particularly for the pulmonary form, despite what orthodox medicine considers proper therapy. They advocate Penicillin G, 2 million units intravenously every 4 hours, according to the accepted medical textbooks. Notice, the drug of choice is NOT Cipro (at a very high price), but instead it is Penicillin (which is dirt cheap.)

How Dangerous is treatment with Cipro?

The Pharmaceutical company, Bayer, makers of Cipro (ciprofloxacin) give stern warnings about the adverse side effects of the drug, as follows:

"THE SAFETY AND EFFECTIVENESS OF CIPROFLOXACIN IN PEDIATRIC PATIENTS AND ADOLESCENTS (LESS THAN 18 YEARS OF AGE), PREGNANT WOMEN, AND LACTATING WOMEN HAVE NOT BEEN ESTABLISHED."

Other **Adverse Reactions** documented to have occurred with Cipro:

Nausea, vomiting, diarrhea, abdominal pain, headache, restlessness, rash, cardiac palpitation, fainting, hypertension, angina, heart attack,

cardiac arrest, stroke, nightmares, hallucinations, manic reaction, irritability, convulsive seizures, anorexia, depersonalization, depression, painful oral mucosa, oral candidiasis, difficulty swallowing, intestinal perforation, gastrointestinal bleeding, jaundice, joint pains and stiffness, kidney failure, urinary retention (inability to urinate), urethral bleeding, vaginitis, shortness of breath, swelling of the larynx, pulmonary edema, coughing up blood, blood clots to the lungs, full body itching, full body swelling, swelling of the neck, face and lips, anaphylaxis (total body collapse and death), delirium, toxic psychosis, liver destruction, pseudomembranous colitis (the lining of the colon sloughs off), life-threateningly low white blood count and severe anemia, and many more. (Source: Physicians' Desk Reference, 2001)

Penicillin also has side effects and can cause death in someone who has a penicillin allergy.

But antibiotics are really not the answer. They're only a short term fix and don't address the underlying cause of the problem. And ALL antibiotics have side effects.

IS THERE ANY WAY I CAN PROTECT MYSELF AND MY FAMILY?

You bet there is!

Antibiotics are NOT the answer because germs are not the problem. Germs don't cause disease anymore than flies cause garbage. The whole "germ theory" on which all orthodox medicine is based, is **WRONG!** Vultures don't attract dead animals. Dead animals attract vultures. The dead and dying tissue always attracts the clean-up crew.

Germs (bacteria and viruses) are not part of the problem, they are actually part of the solution, as strange as that may sound. They are part of the clean-up crew. We are surrounded by bacteria and viruses all the time. They are in our nose, our mouth, our throat and our intestine. Most of the time, they don't bother us at all. They only cause us trouble when our immune system is not working properly, when we are full of sick cells and dying tissues **which is a result of improper diet and lifestyle**, then the bacteria and viruses move in to clean out the dead and dying tissue.

When the toxins from the dead and dying tissue are dumped into the blood stream for elimination through the kidneys, the toxins cause symptoms - these symptoms are then identified as a "disease" by the

doctor who then wants to fill you with dangerous drugs! This is all explained on my videos "[Drugs Never Cure Disease](#)" and "[Sorting Through The Maze of Alternative Medicine](#)."

The **EXACT PLAN** necessary to rebuild the immune system is found on my video "[You Can't Improve on God!](#)" This is a totally natural, rigorous, Ten Step Plan, designed to be done at home, a Plan that is **TOTALLY FREE**, except for food (and you have to buy that anyway).

The **BEST AND ONLY way** to avoid **ALL** infectious diseases is to have your body in a **MAXIMUM** healthy state with a properly functioning immune system. If the body's immune system is working properly, **it is virtually impossible to contract ANY infectious disease!**

Remember, in EVERY disease epidemic in the past,

no matter how severe or extensive it was,

THERE WERE ALWAYS THOSE WHO DID NOT GET THE DISEASE!

The SECRET is the IMMUNE SYSTEM!

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Mad Cow Disease What the Government Isn't Telling You!

Lorraine Day, M.D.

What is Mad Cow Disease?

Mad Cow Disease is the common term for Bovine Spongiform Encephalopathy (BSE), a progressive neurological disorder of cattle which can be transmitted to other species, including humans. In humans, it is called Creutzfeldt-Jakob Disease, after the two doctors who first described the symptoms of the disease.

The disease in cattle is called Bovine Spongiform Encephalopathy because this form of the disease occurs in cows (therefore, the term bovine), it causes a sponge-like destruction of the brain (therefore, the term spongiform encephalopathy - *enceph* means brain and *pathy* means pathology - meaning an abnormality).

What are the symptoms of Mad Cow Disease?

Symptoms include an excitable or nervous temperament to external stimuli such as touch to the skin, a progressive unsteadiness of gait resulting eventually in the inability to stand up. The disease is virtually 100% fatal.

The human equivalent of Mad Cow Disease, Cruetzfeldt-Jakob Disease, causes memory loss, emotional instability including inappropriate outbursts, an unsteady gait, progressing to marked weakness, severe rapidly progressive dementia and death, often within a year of the onset of symptoms.

What is the cause of Mad Cow Disease?

Currently the most accepted theory is that the causative agent is a modified form of a normal cell surface protein called a prion (pronounced PREE-ON) protein.

Where did Prions come from? Are they a type of virus or bacteria? What are they?

A prion is neither a virus nor a bacteria. Prions are proteins that contain no DNA or RNA, two substances previously felt to be essential for reproduction of a living tissue.

Prions are normal constituents of the body when in their normal form or conformation, but they can become twisted in a conformational change (a change in shape - in the way the molecule is folded), and then they are thought to cause disease.

How long ago were Prions discovered?

In 1997, Stanley Prusiner, M.D., a professor of neurology at the University of California, San Francisco School of Medicine, won the Nobel Prize for his discovery of prions, "tiny protein molecules that seem to cause a variety of slow acting - and inevitably fatal - diseases in animals and humans; the name is an acronym for "proteinaceous infectious particles."

But the diseases found in association with these tiny protein molecules have been known for over 50 years. In fact, the prion, as it has been named by Dr. Prusiner, may well have been discovered over 150 years ago, and re-discovered, every 25-50 years since then, by different scientists who gave the molecule different names.

Prions exist, but it is extremely doubtful that the Prion is the "CAUSE" of ANY disease. Prions are much more likely to be the "RESULT" of a sick and dying body. Prions are most probably a RESPONSE to the illness that was actually CAUSED by a grossly improper diet and other unhealthy lifestyle factors. "Factory farming" of animals, with the massive use of hormones, pesticides and other harmful substances destroy the

animal's immune system. When these diseased animals are eaten by people, then the people get sick and die.

When the animal's immune system is suppressed because of a violation of the immutable natural health laws that govern the health of both animals and man, then the body produces the agent necessary to clean out the mess of dead and dying tissue resulting from the violation of these health laws.

You see, these supposed "infective agents" such as bacteria, viruses, fungi, and now Prions, are NOT the CAUSE of the diseases, they are the RESULT of a diseased body caused by the wrong diet and lifestyle. These bacteria, viruses, fungi and prions are actually the "clean-up crew", formed by the body, to get rid of the mess and clean out the body.

We have been taught that germs CAUSE disease. But germs DON'T cause disease anymore than flies cause garbage! This is explained in detail on my video "[Drugs NEVER Cure Disease.](#)"

Flies DON'T cause garbage - Garbage attracts flies! A dead animal in the road attracts vultures!! Vultures don't attract dead animals. It's the same situation in the body. When there is dead and dying tissue in the body, caused by an improper diet and lifestyle, the "clean-up crew" is called in to get rid of the problem. The body can produce its own "cleansing" agents (such as bacteria, viruses, fungi and prions) when the need arises. Or these agents can be transmitted from others, or, as in the case of Mad Cow Disease, by humans ingesting prions by eating the flesh of the cow or other infected animal. When these agents start cleaning out the toxins in the body, the toxins are dumped into the blood stream to be filtered and eliminated from the body. These toxins then cause symptoms which the doctor diagnoses as "disease" and the doctor then NAMES the disease according to the symptoms it produces.

The medical and pharmaceutical establishment then tries to produce a DRUG to STOP the cleansing process, in order to STOP the patient's uncomfortable symptoms. But the drug NEVER cures the "disease" - it just stops the cleansing process so the patient's body remains sick and filled the toxins, even though the patient may feel somewhat better - at least for a time.

If a person's immune system is healthy because he has been eating and living properly, he has no need to produce these cleansing agents and will not be susceptible to them. But if his body contains dead and dying cells and tissue from an improper diet and lifestyle, then these agents have a field day. As they "clean out" the "garbage" in the body, the effect can be so severe, that the patient actually dies.

So these tiny infective agents can either be produced by the body itself, or transmitted or ingested into the body from the outside.

In the 1800's, Antoine Bechamp, a French physician and professor of biochemistry at a prestigious University medical school in France discovered a tiny particle that he named microzymas. He found that these tiny bodies could change from one shape or form into another shape or form, depending on the condition of the person's immune system.

About 70 years ago, an extraordinary scientist-inventor, Royal Rife, built possibly the world's greatest microscope and observed what Bechamp had discovered, that these tiny bodies could change shape and form. A bacteria could actually become a virus or a fungus, due to a conformational change.

In the last 40 years, Dr. Virginia Livingston, a physician, a professor at Rutgers University and an outstanding cancer researcher, discovered these same tiny bodies.

More recently, Gaston Naessens, a brilliant chemist and physicist now living and working in Montreal, Quebec, Canada built a super specialized microscope for studying these tiny living organisms, which he named somatids. Over years of careful microscopic observation and laboratory experimentation, Naessens went on to discover that if and when the immune system of an animal or human being becomes weakened or destabilized (by violating the 10 natural laws of health), the normal three-stage cycle of the somatid goes through thirteen additional successive growth stages, each form evolving into the next by conformational changes.

For more information on this subject, see my video "[Sorting Through the Maze of Alternative Medicine: What Works, What Doesn't and Why](#)" where I discuss this subject in more detail and show graphics of the life cycle of the somatid. I also reveal how you can eat and live so

you will NOT be affected by these and other presumed infectious agents.

How do you know that the Prion, recently discovered by Dr. Prusiner is the same molecule as the somatid or the microzyma as named by the previous discoverers?

Answer:

1: It behaves in the same way. It produces symptoms - "disease" - in a person whose immune system has been suppressed by violation of the natural health laws (improper diet and lifestyle).

2: It is found in contact with diseased tissue. (Scientists think that because a prion is found in CONTACT with diseased tissue, that the Prion is the CAUSE of the disease. But, in fact, it is the RESULT of the diseased tissue and NOT the CAUSE!)

3: Prions, somatids and microzymas have virtually the same physical characteristics - they CANNOT BE DESTROYED. There is NO WAY to kill them.

Prions are NOT DESTROYED by fire, nor by freezing, nor by disinfectants, nor by operating room sterilization procedures, nor by incineration, nor by intense radiation.

In fact, scientists and government agencies HAVE NOT FOUND ANY WAY TO DESTROY THEM!!

Grinding up the dead cows and other animals who have died from Mad Cow disease, and then incinerating them WILL NOT KILL the Prion!!

How did this whole mess get started?

Over 30 years ago, cattle and sheep ranchers and other producers of animals to be slaughtered and used for food, started "factory-farming" - raising the animals in penned areas, in very close quarters, and feeding them hormones and other chemical to fatten them up faster for market. They had to give them huge amounts of antibiotics because the animals became so sick so easily because of their terrible living conditions.. (Their Immune Systems were NOT working right.)

The ranchers also cut costs by feeding their animals ground-up dead animals, animals that have died of disease - as well as humane society animals, cats and dogs that have been euthanized. ALSO being used as feed were road-kill and offal, parts of the animals not fit for human consumption. This process of grinding up diseased, dead animals for feed for other animals is called "rendering."

But sheep and cows are herbivores - vegetarians. They are supposed to graze - to eat grass. They are NOT meat eaters. Their intestines and body systems cannot stay healthy when they are fed the wrong diet, especially when the ground up dead animals used for food, died from disease!

The equivalent disease in sheep is called "scrapie" because the diseased sheep scrape themselves against fences and other objects until they injure themselves. They develop other neurologic disorders and eventually die - - - and THEN, the ranchers grind them up and feed them to cows, chickens, pigs (and other animals to be used for human consumption) and call the "feed" High Protein Pellets!

Then when the cows get sick and die from this horrible practice, they grind them up and feed THEM to OTHER cows and other types of animals being raised for human consumption.

What diseases in humans are associated with Prions?

Creutzfeldt-Jakob disease (CJD) has been diagnosed in many countries in the world, including the United States.

Kuru, a neurologic disease, very much like CJD, has been present in New Guinea for many years. It appears to be associated with cannibalism.

Gerstmann-Straussler-Scheinker (GSS) disease is manifested as a very unsteady gait plus other signs of damage to the cerebellum - a specific area of the brain. The symptoms are very much like CJD. GSS is also fatal.

Fatal familial insomnia in which dementia follows difficulty sleeping.

Are sheep and cows the only animals affected?

No. This same "feed" made of ground-up dead, diseased animals has been fed, and is still being fed, to other animals being raised for human consumption, including chickens and pigs. Also deer, elk and mink have been found to have the disease.

What countries have been affected by Mad Cow Disease?

The UK has been severely affected. Germany, Italy and many other countries have also been affected.

Is Mad Cow Disease in the U.S.?

The Government says there is no problem with Mad Cow Disease in the U.S. However, they admit that cows in this country have already been diagnosed with Mad Cow Disease. And there are also THOUSANDS of "Downer Cows" in this country, cows that are well one day and dead the next. When these "Downer Cows" are ground up and fed to other animals, the other animals develop the equivalent of Mad Cow Disease.

So the government, as always, is talking out of both sides of their mouth. They are protecting the gigantic billion dollar meat and poultry industry rather than the American people.

What is the government doing to stop this dangerous feeding practice?

They're approaching it the same way they have handled the AIDS epidemic: They LIE!

1. First, they deny that there is ANY problem.
2. When the evidence becomes overwhelming that there is a BIG problem, they admit that there "might" be a problem, but they say they're not sure, they are studying it and if there is a problem, it's not a serious problem and there is no reason for alarm. Keep eating what you're eating, they advise.
3. When people start catching on that there really is a problem, the government will admit that at first they weren't as vigilant as they should of been, but the people who were then responsible for investigating the problem are no longer with the government (blame those guys - they're gone) and now the problem is "under control." And there is no cause for alarm. Keep eating the stuff, they advise you.
4. A number of years later they say, "Oh, we've found out that there really has been a pretty big problem all along, but NOW we've got it under control. So there is NO cause for alarm." Keep eating the stuff, they advise you.
5. Then a year or two later they admit that it's in ALL the different breeds of animals, but it's "low risk" and you probably won't get it so NO cause for alarm." Keep eating the stuff, they advise you.
6. When the problem continues to grow, they start dividing the Prion diseases into different categories so no one specific category has too many people in it.
7. When the problem becomes outrageous, they admit there's a small, but controllable problem, and then they start covering up the true statistics - the REAL number of people who have the disease or who have already died from the disease.

Their plan ALWAYS is to keep the public calm as they die!

Would the government REALLY LIE to us?

What is the evidence for a cover-up in Mad Cow Disease?

1. As of Jan 6, 2001, the Centers for Disease Control, a government Public Health organization, published on their web site: "BSE has not been shown to exist in the United States." "According to the Animal and Plant Health Inspection Services of the United States Department of Agriculture, BSE has NOT been detected in the United States, despite active surveillance efforts for several years." However, the Centers for Disease Control (CDC) DOES NOT actively monitor the disease!

The REAL truth is: "A year before BSE was even reported in Britain in 1985, Richard Marsh, Chairman of the Department of Veterinary Science at the University of Wisconsin-Madison, was alerting dairy practitioners of the possibility that a "previously unrecognized scrapie-like disease in cattle" existed in the United States. The clue came in 1981 when "Mad Mink Disease" wiped out a population of minks in Wisconsin who hadn't eaten any sheep at all. The meat portion of their diet consisted almost exclusively of dairy cattle called "Downers," an industry term describing cows which collapse for unknown reasons and are too sick to stand up.

BUT - the beef industry claims that "Downer Cows" DO NOT have Mad Cow Disease! YET - when these Downer Cows were ground up and fed to mink - the mink DEVELOPED "Mad Mink Disease!"

In June 1992, a USDA consultant group decided that changes in the research program to accommodate the possibility that BSE was already present in the U.S. were, "not appropriate at this time." The panel that made this decision included representatives of the National Milk Producers Federation, the National Renderers Association, the American Sheep Industry Association and the National Cattlemen's Association.

(By the way, **Beef is the largest revenue source for American agriculture nationwide.** It is a \$150 billion dollar industry. Since the FDA protects the pharmaceutical industry, the very industry that it's supposed to police, why wouldn't the USDA (U.S. Dept of Agriculture) protect the Beef and Sheep Industry, even though the USDA is supposed to CONTROL it?)

According to the USDA, "virtually all U.S. feed manufacturers use meat and bone meal in their feeds" and most U.S. cattle are fed such rendered animal tissues. In 1989 alone the U.S. rendered two million tons of cattle for use primarily in animal feed and pet food. There has been a substantial increase in the use of animal protein in commercial dairy feed since 1987.

Dr. Gibbs, who recently chaired a World Health Organization investigation into the disease says "Do I believe BSE is here in the U.S., of course I do," Gibbs made this admission at a University of Wisconsin symposium.

With more than two decades of prion research behind him, Dr. Stanley Prusiner, the scientist who coined the term "prion" and received the Nobel Prize for his work, agrees that Mad Cow Disease MUST be present in the U.S."

In late 1978, Dr. Masuo Doi, a veterinarian with the Food Safety and Quality Service, studied a disorder in some young hogs that had arrived at a Packing Plant in Albany, N.Y. from several Midwestern states. The USDA's pathologist reported that the damage in the pig's brain was similar to the damage observed in the brains of sheep afflicted with scrapie, essentially the same disease as Mad Cow Disease (BSE) in cows.

Finally, the FDA drafted a rule that would ban the fortifying of animal feeds with "any Mammalian tissue." However, the FDA has played a taxonomical shell game by ARBITRARILY REMOVING PIGS FROM THE CLASS OF "MAMMALIA." They declared that a pig is NOT a mammal!

A single teaspoon of ingested high infectivity meat and bone meal is thought to be enough to cause BSE in a cow.

"One hundred thousand cows per year in the United States are fine at night, but dead in the morning. The majority of those cows are rounded up, ground up, fed back to other cows. If only one of them has Mad Cow disease, it has the potential to infect thousands." says Howard Lyman, Cattle Rancher for 40 years.

Mad Cow Risks were First Reported in the United States in 1976!!

"Health experts...knew of the potential dangers of contaminated human growth hormone years before the

first Creutzfeldt-Jakob death occurred and experimental programs halted, British court documents reveal. Correspondence dating from the mid- '70s presented to a British judicial inquiry reveal a paper trail between the United States National Institutes of Health and the British Government indicating the infectiousness was foreseen," the Los Angeles Times reports.

"Moreover, a safer method for purifying human growth hormone drugs had long been available, but scientists involved in the experiments had ignored it in favor of a cheaper, less labor-intensive option."

In 1989 alone almost 800 million pounds of processed animals were fed to beef and dairy cattle in the U.S.. The USDA has conceded that "the potential risk of amplification of the BSE agent is much greater in the United States" than in Britain.

In 1995 five million tons of processed slaughterhouse leftovers were sold for animal feed in the United States.

Rendering is a \$2.4 billion-a-year industry. "There is simply no such thing in America as an animal too ravaged by disease, too cancerous, or too putrid to be welcomed by the embracing arms of the renderer. In addition to diseased farm animals, the city of Los Angeles sends some two hundred tons of euthanized cats and dogs to a rendering plant every month. Added to the blend are the euthanized catch of animal control agencies and roadkill " according to Howard Lyman, a cattle rancher for 40 years. This is the food fed to the animals that YOU EAT!

In the U.S. the rendering industry promised to stop feeding sheep brains to cows years ago; the FDA confirmed that this ban failed.

Unfortunately just about everybody lies. "British government officials misled the public for years over the dangers of British beef and the risk of "mad cow" (BSE) disease spreading to humans," according to Reuters wire service.

"UK Physicians Told Not to Tell Hemophilia Patients of Possible CJD Blood Concerns."

"Mad Cow - BSE- CJD Now Likely to Be a Global Infection" according to New Scientist journal.

BSE has infected a dozen species of animals which presumably ate infected tissue.

Is Cow's milk safe? What about cheese?

Although there is a case description in the New England Journal of Medicine (1992) in which colostrum from a Creutzfeldt-Jakob diseased woman was found to be infectious to mice, cow's milk is considered "safe" by the World Health Organization.

In the largest known U.S. outbreak of cases of CJD to date, in Pennsylvania's Lehigh Valley, the disease was linked to, among other things, cheese consumption.

What about other animals? Are they infected too?

Paul Brown, medical director for the U.S. Public Health Service, believes that pigs and poultry could be harboring BSE and passing it on to humans, adding that pigs are especially sensitive to the disease.

Two epidemiological studies found pork to be a dietary risk factor in Creutzfeldt-Jakob Disease (CJD).

The most common misdiagnosis of CJD is Alzheimer's disease.

How can Prions be destroyed?

They CAN'T!

The English government destroyed over 4.5 million cattle and incinerated them at a temperature of 1100 degrees centigrade. The resulting ash is still considered infectious and is stored in WW II blimp hangers.

Mad Cow disease can be passed from the mother to the fetus in the womb.

It can be passed from a bull to the cow through sperm.

It can be passed from one species to another quite freely by transfusion of contaminated blood or consumption of infected material.

BSE is extremely resistant to high temperatures; it is unaffected by radiation, laboratory solvents and bleaches.

In other words, it appears to be virtually indestructible.

How long is the incubation period for "Mad Cow" Disease in humans (also called CJD)?

It is estimated that it may be as long as 20-40 years. But teen-agers and young children have also died of it. So it can occur much more rapidly than previously thought.

An infected cow shows the symptoms of BSE four to seven years after the time of infection.

How are the government and the cattle industry trying to "muzzle" truth-tellers about the risks of Mad Cow Disease to the population of America?

Certain states, including Texas, have passed Food Disparagement Acts. Texas, Oklahoma, Colorado and North Dakota corporate growers of vegetables and fruits have won passage of laws making it a crime to falsely denigrate fruits and vegetables.

Then the corporate farming industry in conjunction with the government, conspire to cover-up, distort and withhold the facts from the public. So a whistle-blower who is telling the truth, trying to warn the public, is a "sitting duck" for a law suit.

The cattle industry sued Oprah Winfrey and her guest, Cattle Rancher Howard Lyman, because they told the truth about the cover-up of Mad Cow Disease. Even though Oprah Winfrey and Howard Lyman won the court action, the cattle industry wanted to send a strong message of intimidation to anyone else who might even think about speaking truth. Fortunately, in the U.S., Truth Telling is still a legitimate defense, at least for the time being.

What other products or procedures are potentially dangerous?

Vaccines, cosmetics, human growth hormone, thyroid hormone, albumin (a blood product given in hospitals), blood transfusions, vitamin and mineral supplements, gelatin in thousands of processed foods, corneal transplants, surgical instruments, estrogen, progesterone, cortisone, heparin, Vitamin B12, insulin, gelatin in pill capsules, yogurt, ice cream, butter, chewing gum, lard, margarine, shortening, egg substitutes, gravy mixes, cake mixes, whitener in refined sugar (it's from bones), gelatin desserts, marshmallows, mayonnaise, sausages and sausage casings, medicines, pet foods, and many other products.

What can we do?

1. DON'T believe the government. They have no interest in protecting you. They are protecting big business and their own jobs.
 2. Stop eating ALL animal products. Stop eating meat, poultry, dairy products and eggs.
 3. Stop eating processed food. Most of it contains animal products, even though you would never suspect it.
 4. Do not assume animals in the wild are not infected. They are.
 5. Stop eating sugar or sugar containing foods. Sugar is "whitened" with bone meal.
 6. Start eating a diet of fruit, grains and vegetables in their most natural form.
- The plan is on my videos "[You Can't Improve on God](#)" and "[Diseases Don't Just Happen.](#)"

This plan will allow you to be FREE of ALL disease, not just "Mad Cow Disease."

7. Make a determination to eventually get off all medications. (Don't stop them abruptly. That can be dangerous) Many medications contain animal products. In addition, drugs NEVER cure disease, and they ALL have dangerous side-effects. When you start following the Ten Natural Laws of Health as detailed on my video, "[You Can't Improve on God](#)" you will eventually be able to slowly decrease your drug dosages and then stop them entirely.

Mad Cow Disease will be a Global Epidemic that will make AIDS look like a "walk in the Park." But YOU can be safe from the danger. You don't have to be afraid. If your immune system is working properly because you are eating the right diet and living the right lifestyle, disease can't touch you.

Learn how to rebuild your immune system and the immune system of those you care about. The plan is very straight-forward and EVERYTHING in the plan is FREE, except for food, and you have to buy that anyway.

The Plan to REBUILD your IMMUNE SYSTEM by natural methods is on my videos "[You Can't Improve on God](#)" and "[Diseases Don't Just Happen](#)."

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Addendum:

These problems were predicted **OVER 100 years ago**. Talk about a prophet! Read these quotations!

The following quotations were written **OVER 100 YEARS AGO** by the most prolific woman author of non-fiction in the U.S., Ellen White! (Notice the year written at the end of each quotation):

"Disease in cattle is making meat eating a dangerous matter...Disease is contracted by the use of meat. The diseased flesh of these dead carcasses is sold in the market places, and disease among men is the sure result.

"There is no safety in the eating of the flesh of dead animals, and in a short time the milk of the cows will also be excluded from the diet... In a short time it will not be safe to use anything that comes from the animal creation." **(Written in 1898)**

"Physicians who claim to understand the human organism ought not to encourage their patients to subsist on the flesh of dead animals. They should point out the increase of disease in the animal kingdom. The testimony of examiners is that very few animals are free from disease, and that the practice of eating largely of meat is contracting diseases of all kinds, -- cancers, tumors, tuberculosis and numbers of other like affections." **(1897)**

"Swine's flesh above all other flesh meats, produces a bad state of the blood. Those who eat freely of pork can not help but be diseased...The eating of pork has produced scrofula, leprosy and cancerous tumors. Pork eating is still causing the most intense suffering to the human race. **(1865)**

"The light given me is that it will not be very long before we shall have to give up using any animal food. Even milk will have to be discarded. Disease is accumulating rapidly...man has cursed the earth. The habits and practices of men have brought the earth into such a condition that some other food than animal food must be substituted for the human family. We do not need flesh food at all." **(1899)**

"Could you know just the nature of the meat you eat, could you see the animals when living from which the flesh is taken when dead, you would turn with loathing from your flesh meats. The very animals whose flesh you eat, are frequently so diseased that, if left alone, they would die of themselves; but while the breath of life is in them, they are killed and brought to market. You take directly into your system poison of the worst kind, and yet you don't realize it." **(1870)**

"Many die of diseases wholly due to meat eating, when the real cause is scarcely suspected by themselves or others. Some do not immediately feel its effects, but this is no evidence that it does not hurt them. It may

be doing its work surely upon the system, yet for the time being the victim may realize nothing of it."
(1890)

"In many places fish become so contaminated by the filth on which they feed as to be a cause of disease. This is especially the case where the fish come in contact with the sewage of large cities. The fish that are fed on the contents of the drains may pass into distant waters, and may be caught where the water is pure and fresh. Thus when used as food they bring disease and death on those who do not suspect the danger."
(1905)

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Attention Deficit Disorder

by Lorraine Day, M.D.

A child is given the diagnosis of Attention Deficit Disorder (ADD), also called Attention Deficit Hyperactivity Disorder (ADHD) when he is considered overactive, cannot pay attention and cannot sit still, ALL VERY subjective symptoms. ADD is diagnosed four times more frequently in boys because boys mature more slowly than girls and because boys are put in classes at school with girls of the same age, so the boys, being less mature, appear to be hyperactive. Irritability anger and mental confusion may also be present so these children are then labeled as having a "Learning Disability." However, these symptoms are virtually identical to the symptoms of hypoglycemia, low blood sugar which is caused by the up and down swings of insulin resulting from eating too much refined sugar.

Attention Deficit Disorder and Ritalin have become almost synonymous. Up to 90% of children who are first diagnosed with ADD receive a prescription for Ritalin. At least a dozen other drugs are prescribed for these symptoms as well. There has been a 500% increase in the use of Ritalin alone since 1991. Short-term use of these medications is associated with a 70 to 80% improvement in symptoms. So naturally, it appears that the drugs have solved the problem. However, these studies don't show the entire picture. Very few long-term studies have been done evaluating the success of amphetamine-type medication such as Ritalin, for ADD symptoms, and the few studies that do exist do not present a very encouraging picture. For years, it was thought that children outgrew symptoms of ADD so they were treated with drugs, until they "outgrew" the condition.

However, This has been found NOT to be the case. Children do NOT outgrow ADD symptoms. In 1990, an eight-year prospective study of hyperactive children was instituted. More than 80% of the children studied had been treated with medications. Sixty-three percent of the group had received the benefit of psychological services and 35% had special educational accommodations.

At the end of the eight years, 80% continued to have the ADD symptoms, while 60% had advanced to Opposition Defiant Disorder (ODD) and Conduct Disorder (CD) diagnoses. (Barkley R., Fischer M, et al: The adolescent outcome of hyperactive children diagnosed by research criteria: J Am Acad Child Adolesc Psychiatry 29 (4):546-556 July 1990.) These two diagnoses are considered to be **much worse** than the ADD diagnosis. A literature review dating back to 1971 showed little to be encouraged about. Children with ADD were more likely to fail subjects in school and dropped out of school more frequently. Fewer attended college. And there were NO statistical differences between the long-term results of children treated with medications and those who did not use medications. These studies indicate that there is little evidence of long-term success with the use of medications for hyperactivity.

The adverse reactions (side effects) for Ritalin include nervousness, insomnia, joint pains, fever, anorexia, nausea, dizziness, palpitations, headache, dyskinesia, drowsiness, increased blood pressure and pulse, rapid heart rate, angina, cardiac arrhythmias, abdominal pain, actual psychosis. And there is a major warning in the Physician's Desk Reference regarding drug dependency.

The Physicians Desk Reference of Drug Side Effects notes that, regarding the pharmacology of Ritalin: "The mode of action in man is not completely understood." And this is what you're giving your child! The pharmaceutical manufacturers admit that they don't even know how it works. They're just experimenting -- on your child!

Ritalin has effects similar to other stimulants including amphetamine, methamphetamine and cocaine. There are 6 million prescriptions for Ritalin filled annually. The U.S. pharmacists distribute five times more Ritalin than the rest of the world combined. No other nation prescribes stimulants for its children in such volume. In fact, the United Nations International Narcotics Control Board has on two recent occasions written to U.S. officials expressing concern about the sixfold increase in Ritalin usage since 1990.

Does Ritalin Cause Cancer? Scientific studies on carcinogenicity were finally released in June 1993 revealing that feeding mice Ritalin, induced liver tumors including very rare and highly malignant cancers. These results were found at dosage levels close to those routinely prescribed for children. Animal tests are very good predictors of human health effects. In fact, the International Agency for Research on Cancer suggests that if a chemical is proven to cause cancer in animals, it should be treated as if it were cancer-

causing in humans as well.

But the response by the FDA and the pharmaceutical company that makes Ritalin was predictable. The drug company wrote to 100,000 physicians informing them of the study showing that the drug caused cancer but said "It's not enough of a signal that we think kids should be taken off the drug." They reassured the doctors that Ritalin is believed to be "safe and effective" by the FDA.

Does the public school system have the right to force parents to accept the drugging of their child? They do in America. But the drug's side effects, according to vocal opponents of Ritalin, include: zombie-like behavior, growth suppression, behavior or thought disorders (exactly what it is supposed to treat) seizures; headaches, blurred vision, scalp hair loss, barking like a dog and babbling profanities. It can also result in mood swings, depression, drug dependence and inclination for criminal activity.

Why would anyone give such a drug to any child?

The American Psychiatric Association describes a hyperactive child - the target child for this drug--as follows:

"One who exhibits behavior such as fidgeting, squirming, answering questions before being called on, difficulty playing quietly, engaging in physically dangerous activities such as running into the street without looking, or one who has difficulty following instructions." That sounds like a normal kid to me!

I hope it's clear that drugs do NOT cure anxiety, depression nor supposed hyperactivity. In fact the English word pharmacy comes from the Greek word pharmakeia. Pharmakeia means sorceries and witchcraft. That's what drugs are - sorceries and witchcraft because they only treat symptoms while the underlying disease or condition continues to get worse.

PREVENTION AND TREATMENT

The following steps are ways to help prevent ADD and ADHD and to reverse the factors that cause them:

- 1) Change the child's diet to all natural whole foods. This means fruit, grains and vegetables full of natural vitamins, minerals and enzymes.
- 2) Eliminate dairy products and other animal products because these contain hormones, pesticides, antibiotics and the diseases of the animal itself.
- 3) Eliminate caffeine, sugar and other sweets, processed food, MSG, aspartame (NutraSweet) and other sugar substitutes and any foods that contain preservatives, food dyes or other chemicals.
- 4) Eliminate eating at fast food restaurants as most of these apparently use MSG and preservatives, plus the food in many restaurants often contains less nutrition, but many harmful chemicals.
- 5) Encourage the child to eat a lot of raw fruit and vegetables because they are full of health-producing enzymes, vitamins and minerals.
6. Drink water, and fresh home-made vegetable and home-made fruit juice. Eliminate soda pop, caffeinated beverages or milk from cows or any other animal. Rice Dream (rice milk) from your health food store is a reasonable substitute.
7. No white bread. Only whole grain bread, either home baked or from a health food store.
8. No white rice. Only whole grain brown rice and other whole grains.
9. No peanut butter: It contains aflatoxin, a fungus that causes cancer. Instead use Almond butter (It spreads like peanut butter and tastes just as good) from your health food store or other store. Also you can make home-made cashew nut butter.
10. Get proper rest. Children need a lot of rest and should go to bed early.
11. Get proper exercise daily, outdoors in the fresh air and sunshine.
12. Eliminate TV watching. It is reported that children watch an average of 43 hours of TV per week, that's

longer than the average adult work week. While watching, they rapidly become almost hypnotized. It has been shown scientifically that within minutes of beginning to watch TV, the brain changes from the alert brain waves (beta waves) to the hypnotic waves (alpha waves) where the judgment center of the brain is bypassed. So the violence and decadence that the child sees, bypasses the judgment center in the brain and is implanted in the child's brain without any ability on the child's part to decide whether what they are seeing is right or wrong. The violence and decadence are accepted by the brain without any moral judgment being applied to it. It then becomes part of the child's permanent subconscious. **What goes into a child's mind is just as important as what goes into his or her mouth!**

13. Trust in God and teach your child to trust in God. Study the Bible and pray with your child every day. Read Bible stories to your child. Children (and adults) become like those they admire. If they learn about Jesus, they will admire Him and want to be like Him. This has the most calming influence of all.

For more information on the harmful effects to the brain and nervous system from the problems of modern life, watch my video "[Turn on the Light.](#)"

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Questions on Dentistry

Warning: REFUSE Mercury and Fluoride!

Lorraine Day, M.D.

1. Is there a way for my cavities to heal?

No. Enamel has no blood supply so it cannot heal. You need to see a dentist.

2. Is it important to know what material is used for filling the cavities?

Yes. **The dentist should NOT use amalgam filling material because it contains mercury.** Amalgam fillings are made of a combination of liquid mercury, plus a powder containing silver, tin, zinc and other metals. Mercury is a highly toxic metal. It is poisonous. Dentists are taught that mercury is not toxic to the patient when it is in the patient's mouth. However, if the amalgam fillings have to be removed (to be replaced), the government says that the amalgam (which contains mercury) must be treated as **Toxic Waste** and disposed of in a specific safe way.

So, what the dentists are really saying is, "Mercury doesn't harm you **when it's in your mouth**. But it is **highly TOXIC when it's out of your mouth**, on the dental tray."

Of course, that makes NO sense!

In fact, a number of dentists have developed severe neurological diseases, and it is most likely caused by the practice of "rolling" the mercury-containing amalgam between their fingers many times a day, every day, before dentists began wearing gloves. (As a Dental Assistant, during college, and a Dental Hygienist – working my way through medical school, I witnessed numerous dentists doing this all day, every day.)

One more thing, they are now putting **fluoride** in the tooth-colored (composite resin) cavity-filling materials. Over time, this fluoride can leach into your body. Ask your dentist to use filling materials **that do not contain mercury, and do not contain fluoride**.

3. Are gold crowns or enamel (tooth colored) crowns safe? I have heard that they may cause cancer.

Yes. Dental crowns are made from inert metals and they are safe.

4. Are root canals safe?

Root canals are safe, and they don't cause cancer. **During my recovery** from 4th stage breast cancer (by totally natural methods), I had a root canal done. And, **some years later** I had another root canal done. It's been 29 years since my breast cancer diagnosis, and I am still totally well and cancer-free.

The most common cause for requiring a root canal is an abscessed tooth, caused by a cavity. The dentist cleans out the infected material in the "root canal" of the tooth. The infection then heals and is resorbed by the body. The tooth is usually covered by a crown.

5. Are dental implants safe?

Yes, dental implants are safe. We orthopedic surgeons were putting large implants in patients (hip and knee replacements) for many years before the dentists began routinely using dental implants. The metals used are non-reactive and they are safe.

6. Does fluoride prevent cavities?

NO! Fluoride does NOT prevent cavities, regardless of what your dentist or dental hygienist has been taught. Fluoride is a Poison. It is a by-product of aluminum production. It causes aging of all your organs, and particularly affects your mind, causing a

compromise of the frontal lobes of your brain where you make your decisions. Again, fluoride is a highly toxic poison!

Many of the general anesthetics we use in the operating room, which cause your brain to become **comatose** for the surgical procedure, are made of fluoride, including desflurane and sevoflurane.

For more information on the dangers of fluoride, read, "Fluoride, the Aging Factor," by Dr. John Yiamouyiannis.

Fluoride (in the water, in toothpaste, in mouthwash and in filling materials, and painted on the teeth) is toxic to your body. The best way to avoid cavities is to refrain from eating refined sugar. Eat fruits, grains and vegetables in their natural form, avoid eating fast food, and brush your teeth after every meal.

7. Periodontitis (also called pyorrhea): loss of bone around the teeth is caused by the same factors that cause generalized osteoporosis: eating a diet high in refined sugar and eating flesh food: meat, poultry and fish. These foods produce acidity in the body. The body must rapidly neutralize the acidity to keep the body pH in a narrow range. The body accomplishes this neutralization of the acidity by "pulling" calcium out of the bones, thus causing bone loss.

Loss of bone around the teeth can also be caused by poor oral hygiene: insufficient brushing and flossing.

8. Dental x-rays: It is legitimate for a dentist to ask a new patient to have a set of "full-mouth" x-rays, particularly if the patient has a lot of dental problems. However, after that, usually a single x-ray of a specific "problem" tooth is sufficient. "Bite-wing x-rays" that show the areas in between the bicuspids and molars, where cavities are more likely to occur, can be taken yearly.

X-rays are radiation, and radiation can cause cancer. That's why the patient is covered with a lead shield, and the dental assistant leaves the room and is protected by a lead wall while the x-ray is being taken of the patient. X-rays should be kept to a minimum.

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For those who are sick:

GOD'S HEALING PROMISES

Read some or ALL of these prayer promises every day! Follow the program outlined on the video "[You Can't Improve on God](#)," pray and study your Bible. The Lord wants you to be well!

HOPE:

Praise the Lord, O my soul, and forget not all His benefits. **He forgives all my sins and heals all my diseases;** He redeems my life from the pit and crowns me with love and compassion. Psalm 103:2-4

I will give you back your health again and heal your wounds. Jeremiah 30:17

Worship the Lord your God, and His blessing will be on your food and water. **I will take away sickness from among you... I will give you a full life span.** Exodus 23: 25,26



RESPONSIBILITY:

Therefore, take care to follow the commands, decrees and laws I give you today... **If you pay attention to these laws and are careful to follow them,** then the Lord your God will keep His covenant of love with you, as He swore to your forefathers... **The Lord will keep you free from every disease.** Deuteronomy 7:11-13 & 15

FAITH:

Anything is possible if you have faith. Mark 9:23

O my soul, **don't be discouraged.** Don't be upset. **Expect God to act! For I know that I shall again have plenty of reason to praise Him for all that He will do.** He is my help! He is my God! Psalm 42:11

Rejoice!

But without faith it is impossible to please Him: for he that cometh to God **must believe that He is,** and that He is a rewarder of them that diligently seek Him. Hebrews 11:6

PRAYER:

Pray without ceasing. In everything give thanks for this is the will of God in Jesus Christ concerning you. 1 Thess. 5:17-18

God is our refuge and strength, a very present help in trouble. Psalms 46:1



LOVE FOR OTHERS:

Share your food with the hungry and open your houses to the poor traveler who has nowhere to stay. Give clothes to those who have nothing and don't forget the needy members of your own family. **If you do this** My light will shine on you like the morning sun and **your healing will be quickly evident.** Isaiah 58:7,8



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What Does the Bible Say About Doctors?

Are They a Gift from God?

Lorraine Day, M.D.

The word “Physician” is not mentioned in the Bible

Neither the word *Physician* nor the word *Doctor* is used in the Bible. The word mistranslated as *Physician* is actually the word *healer*. It is the **translators** who have presumptuously – and wrongly – defined a *Physician* – a present-day *Doctor* - as a *healer*.

But the Bible, in the original, says something quite different.

Who claims to be our Healer?

God says, “I am the Lord who heals you.” Exodus 15:26

“I will take away sickness from among you. . .” Exodus 23:25,26

“He forgives all my sins and heals ALL my Diseases.” Psalm 103:3

“I will give you back your health again and heal your wounds.”
Jeremiah 30:17

“The Lord will remove from you all sickness. . .” Deuteronomy 7:15

“My counsel shall stand, and I WILL do ALL my pleasure.: Isaiah
46:10

“Yes, I have spoken it. I will also bring it to Pass. I have purposed it.
I will also do it.” Isaiah 46:11

“God cannot lie.” Titus 1:2

“I am the Lord: I will speak, and the word that I shall speak shall come
to pass. Ezekiel 12:25

When Jesus was on earth, He NEVER referred anyone to a Physician

God needs no middle men. When Jesus was on earth, when someone came to Him for healing, He never referred the person to Luke, the “Physician.” Jesus healed the person directly and personally. And He healed him either with His Word – which we have today, in the form of the Bible – or He healed him with natural methods – clay, water, etc.

Jesus NEVER used drugs, although we know that some types of drugs were available in His time. When Jesus was on the Cross, He was offered a type of drug to ease His pain, but He refused it.

In the Bible, What was the consequence of seeking out anyone else except God for healing?

Asa, King of Israel sought out the physicians INSTEAD of depending on the Lord – and Asa DIED!

“And Asa, in the thirty-ninth year of his reign, was diseased in his feet (probably diabetes), until his disease was exceeding great: yet in his disease he sought NOT to the Lord, but to the physicians (human “healers”)

“And Asa died . . . and rested with his fathers (ancestors).” 2 Chronicles 16:12,13

Ahaziah, King of Israel, and son of the wicked King Ahab (who was married to Jezebel), was ill and did not seek God, but sought the god of Ekron – sorcerers. And Ahaziah DIED!

“And Ahaziah was sick and he sent messengers, and said unto them, Go, inquire of Baalzebub, the god of Ekron, whether I shall recover of this disease.

“But the angel of the Lord said to Elijah the Tishbite, Arise, go up to meet the messengers of the King of Samaria, and say unto them, Is it not because there is NOT a God in Israel, that you go to inquire of Baalzebub the god of Ekron?

“Now, therefore, thus saith the Lord, Thou shalt NOT come down from that bed on which thou art gone up, but shalt SURELY DIE.” 2 Kings 1:2-4

God is our Healer and He doesn't share that job with humanity. The consequence of seeking out anyone except the Lord for healing – is death!

But HOW Does God Heal?

Jesus certainly did miraculous healings when He was on earth, but there was always ONE requirement. The person wanting to be healed HAD TO BELIEVE. He or she had to believe that Jesus WOULD do what He had already PROMISED to do – and that is to heal ALL our diseases. (Psalm 103:3)

If a person BELIEVES in Jesus, then they will follow His ways, and not “man's” (the doctors’) ways.

Jesus said, “If you LOVE Me, KEEP My Commandments.” John 14:15

Here is the way God heals ALL our diseases:

“Thou shalt therefore keep the Commandments, and the statutes (laws – including God's Ten Natural Health Laws) and the judgments (decrees) that I command thee this day, to do them.

“Wherefore it shall come to pass, if you hearken to these judgments, and keep and do them, that the Lord your God shall keep unto thee the covenant and the mercy that He swore unto your fathers:

“And He will love thee, and bless thee, and multiply thee; He will also **bless the fruit of thy womb**, and the fruit of thy land, thy grain, and thy wine, and thine oil, the increase of thy cattle, and thy flocks of thy sheep, in the land that He swore unto thy fathers to give thee.

“Thou shalt be blessed above all people; **there shall not be male or female barren among you (the cure for infertility!)** or among your cattle.

“And the **Lord will take away from thee ALL sickness**, and will put none of the evil diseases of Egypt (symbolic for Sin), which thou knowest, upon thee: but will lay them upon all them that hate thee.” Deuteronomy 7:11-15

Moses:

When God told Moses to build the sanctuary in the wilderness, God gave very specific directions for how it was to be built – down to the last tassel on the robes of the priests. It was up to Moses to follow God’s plans explicitly and NOT to follow his own plans. Moses was NOT ALLOWED to consult with the human “experts” on sanctuary-building. God gave the directions, and Moses carried out EXACTLY what God had told Him to do.

God not only made the PROMISE, God also gave the PROCESS by which His PROMISE was to be accomplished.

The ONLY one who can fulfill a PROMISE, is the ONE who made it.

Noah:

When God promised Noah He would save him and his family from the flood, God gave Noah very explicit instructions on how to build the ark – including what kind of wood, the specific dimensions of the boat, etc. Noah was not allowed to consult the human “experts” on boat-building. It was up to Noah to follow God’s plans explicitly and NOT to follow his own plans. God gave the directions, and Noah carried out EXACTLY what God told Him to do.

It was by following God’s instructions explicitly that Noah and his family would be saved.

God not only made the PROMISE, God also gave the PROCESS by which His PROMISE was to be accomplished.

Disease is a Spiritual Problem

When God PROMISES to “heal ALL our diseases,” God also gives us the PROCESS by which His PROMISE is to be accomplished. We are not allowed to consult human “experts” on healing, such as the orthodox medical doctors, but we must follow ONLY God’s way.

God not only has made the PROMISE, God also gives us the PROCESS by which His PROMISE is to be accomplished.

Disease, virtually ALL disease, BEGINS as a Spiritual problem. It begins in the “heart” because we want to live, eat, think, act, and handle stress our OWN way, rather than GOD’S way. We are in rebellion against God, whether we realize and acknowledge it or not. Only MUCH later do the physical symptoms appear - as a result our OWN bad decisions.

We believe we have Free Will and the right to exercise it, but Jesus said,

“I came NOT to do My OWN will, but the WILL of Him who sent Me.” John 6:38

We give ourselves disease, one day at a time, by following OUR OWN will, rather than following GOD’S WILL for our life.

Shouldn't I Pray for a Miraculous Healing?

Certainly God can perform a miraculous healing, but what good would that do in your life? It would allow you to **continue** to live, eat, think, act, and handle stress your OWN way, rather than changing your heart. It would just be another carnal wish for a “Quick Fix” and you would eventually develop your disease again because you would not have CHANGED the way you were living, eating, thinking, acting and handling stress.

Christians, particularly, are looking for a miraculous healing – a Quick Fix, even though miraculous healings do NOT change lives. When Jesus healed the Ten Lepers, how many came back to thank Him? Only one! Their hearts were not changed.

The "Latter Rain" - How will we recognize it? Is it Already Here?

The Christian churches are praising the Lord for what they consider to be the present-day "outpouring of the Holy Spirit" in signs and wonders, including speaking in tongues and miraculous healings just like the events that occurred with the apostles in the Upper Room at Pentecost fifty days after the crucifixion and resurrection of Jesus, 2000 years ago.

Often quoted is the passage in Joel that refers to God's Spirit being poured out on all flesh.

"And it shall come to pass afterward, that I will pour out my spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions. . . and I will show wonders in the heavens and in the earth. . . before the great and the terrible day of the Lord come." Joel 2:28-31

Two specific time periods for the "outpouring of the Holy Spirit" are spoken of in the Bible where they are referred to as the "Early rain" and the "Latter rain," symbolized by the early and latter rains of the

harvest season. Leviticus 26:1-14, Deuteronomy 11:14, Proverbs 16:15, Hosea 6:3, Matt 5:45, James 5:7.

As mentioned, the "Early Rain" is considered by most Christians to have been given to the apostles in the Upper Room at Pentecost. In speaking of this occurrence, the Bible says the apostles were together in the upper room with over 100 other Christians. "And they were filled with the Holy Spirit, and began to speak in other languages, as the Spirit gave them the ability to speak clearly (literal translation). . . and they were all amazed and marveled, saying one to another, 'Behold, are not all these which speak Galilaeans? And yet we hear in the dialect in which we were born, Parthians, and Medes, and Elamites. . . in Phrygia and Pamphylia, Egypt, and the regions of Libya...We hear them speaking in our own language..." Acts 2:7-11

Obviously, the languages (tongues) in which the apostles were speaking **were known languages** of the time. Their languages were perfectly understood by those from the various respective countries. What they were speaking was NOT an unknown tongue because everyone "understood in his own dialect (dialektos - in Greek)." Acts 2:8

In the subsequent weeks and months, the apostles performed many miraculous healings (See Acts 3:1-13, 6:8) and spoke boldly about the resurrection of Jesus even after they were strongly warned against it, and even after they were imprisoned and beaten.

Characteristics of the "Early Rain" included:

- 1) Miraculous, instantaneous healings
- 2) Bold speaking for the Lord
- 3) Speaking in known languages
- 4) Preaching of the true Gospel
- 5) The Spirit fell ONLY on those who had left the organized church. We have NO record that it fell on ANYONE who was IN the organized church of those who considered themselves the "Chosen People."
- 6) It not only fell ONLY on those who had LEFT that church, but it fell ONLY on those who were being PERSECUTED BY that very same "Church." (The apostles were hiding in the Upper Room "for fear of the Jews.")

We have reason to believe that the "Latter Rain" will have similar manifestations. In fact, many Christians believe that this predicted "Latter Rain" is going on right now in the churches, exemplified by an exciting movement of "Spirit-filled" Christians who are speaking in unknown languages and are being miraculously "healed!"

But we must carefully search the Scriptures to understand the characteristics of the "Latter Rain" and how they relate to the "Early Rain", the apostles Day of Pentecost.

What are the "keys" in the analysis of the "Early Rain" to unlock the understanding of the "Latter Rain"?

Jesus received a visitor one evening, Nicodemus, a respected religious leader, a Pharisee, inquiring about Jesus' teachings. "You must be born again," Jesus told him. "How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?" Nicodemus asked.

Jesus explained that the first birth, is physical, natural, but the second birth is a spiritual birth. **"That which is born of flesh is flesh and that which is born of the Spirit is spirit."** John 3:6 He went on to chide Nicodemus saying, "You are a master of Israel and you don't know these things?" In other words, "You are one of the main leaders, one of the Biblical scholars, of the most religious people on earth and you don't understand this basic spiritual principle?"

The key is found in 1 Corinthians 15:44-49. Here Paul speaks of two situations, first the natural or physical, and secondly the spiritual.

"And so it is written, The first man Adam was made a living soul (a physical, natural human being); the last Adam (Christ) was made a life-giving spirit (a spiritual being).

"However, the spiritual is not first, but the natural; then the spiritual.

"The first man is from the earth, earthy; the second man is from heaven."

This passage gives a very important interpretive rule; **the first is ALWAYS natural, or physical, and the second is ALWAYS spiritual.**

Jesus was explaining this principle to Nicodemus when He said, "The first birth is physical, but the second birth, being born again, is spiritual.

**First birth = physical
Second birth = spiritual**

1 Cor 2:14 says, "The unspiritual man (the natural, or "soulish" man) does not accept the things of the Spirit of God; for they are foolishness to him; and he is not able to understand them because they are spiritually discerned (understood)."

This text tells us that **the natural man, the unspiritual man, cannot understand spiritual things. "They are foolishness to him."**

The original Greek word translated as "natural" in the King James Version, is more accurately translated "soulish." The word "soul" is applied in the Bible to any creature that has the five senses (sight, hearing, taste, smell and touch), such as birds, beasts, and man. The word "soul" in the Bible is never used to describe plants and trees, etc. or non-living things, things which do NOT have the five senses.

Therefore, we can see that the "natural" man, also called the "soulish" man, CANNOT understand spiritual things. **In other words, spiritual things CANNOT be understood with the five senses.** They can only be discerned (understood) spiritually. Spiritual understanding does NOT use the five senses.

We have already learned that the "first" is always natural or physical, such as the "first" birth (it's the natural birth of a child) but the "second" birth, or being "born again" is spiritual. The natural birth of a child can easily be detected by the five senses. It can be seen, heard and felt.

However, the "second" birth, being "born again" CANNOT be detected with the five senses. God changes the heart quietly and slowly which cannot be detected by the senses. Only the result can be seen, just like the working of the wind. The wind itself cannot be seen, only the result of the wind. John 3:8

The Lamb of God

The same principle operates for many things in the Bible. The lamb sacrificed for sin in the temple in the Old Testament was the "first" - the physical. But it looked forward to the "Lamb of God" who by His physical death would give us spiritual salvation. Jesus, the Lamb of God, was the "second" - Spiritual fulfillment of the literal, physical sacrificial lamb in the Old Testament sanctuary service.

Manna - Bread from Heaven

The manna that rained down from heaven when the Israelites were in the wilderness was the "first" bread, looking forward to the "second" - the spiritual bread from heaven, Jesus Christ. (John 6:47-52). But the

Jews of Jesus' time ONLY understood it literally. They could not understand the spiritual application because "spiritual things are (ONLY) spiritually discerned."

The Old and New Covenant

The Old Covenant was the Ten Commandments written in stone. They were physical, they could be seen and touched. And most importantly, humanity was unable to keep them under their own power.

The New Covenant is the SAME Ten Commandments, all ten of them, but now they are no longer written in stone, but Jesus says, "I will write my law on the fleshy tables of your heart." (2 Cor 3:3) Now humanity CAN keep them but ONLY through the power of Jesus living in you.

Some say that since Jesus died on the Cross, we're now living under grace, we are NOT under the law because the law was done away at the Cross. **However the law was NOT done away with at the Cross**, it is still the very same law that is operating, **but the NEW Covenant is Jesus' promise to write that very same law in our hearts**, so we will do right because it IS right, not just because we are told to do it.

The First and Second Deaths!

The first death is in us when we are born. As soon as a baby is born, its cells begin to die. That is the "first" death. The "second" death according to 1 Cor 15:44-49, MUST be a spiritual death. That's the death Paul talks so much about: "I die daily", (1 Cor 15:31), "I am crucified with Christ" (Gal 2:20), "putting off the old man of sin" (Col 3:9). This is obviously a spiritual, not a physical, death.

In Rev 20:14 we are told that "Death and Hades (the unseen) are thrown into the lake of fire." How can "Death and the Unseen" be thrown into a **literal** "lake of fire?"

Obviously the "lake of fire" is symbolic. So what does it mean? We are told in Revelation that "waters" mean people and multitudes. (Rev 17:15) The "Beast" comes up out of the "sea" (Rev 13:1,2) which means it rises in a populated area. So "sea", because it is water, means people. A "lake" is also water, so it also must mean peoples and multitudes.

The word "fire" is used symbolically and spiritually repeatedly in the Bible. We go through "fiery trials" (1 Peter 4:12). "Buy of Me gold tried in the fire" (Rev 3:18). "Heap coals of fire on his head. . ." (Romans 12:20).

So the "lake of fire" according to the symbology of Revelation, means fiery trials caused by reaping what we have sown. We are put right back in the midst of the people we have wronged in order to reap what we have sown in order to be spiritually purified.

Faith based on miracles is NOT faith!

Simon (Magus) (Acts 8:9) was amazed at the power of the apostles. His case is an example of "faith" founded on miracles, which is very different from the faith which is based on God's word, apart from the evidence of the senses. Many believed in the Lord when they beheld the signs which He did, yet Jesus did not entrust Himself to them, because He knew what was in humanity (John 2:23-25) (Concordant Commentary pg 190).

Acts 8:19: Among the nations in Paul's later ministries, the spirit is received on believing, without the intervention of apostles, or baptism, or laying on of hands (Eph 1:13). It is no longer manifested by signs and miraculous healings

Signs and Wonder

Paul performs miracles early in his ministry

The need for signs and wonders, in order to believe, is a sign of spiritual immaturity. Early in his ministry Paul performed many miracles. People were healed if they just touched his handkerchief.

"And God wrought special miracles by the hands of Paul: So that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them, and the evil spirits went out of them." Acts 19:11,12

Paul raised Eutychus from the dead. Acts 20:9-12

Later in Paul's ministry, NO miracles are seen.

Healings are by NATURAL REMEDIES.

But later in Paul's ministry he tells Timothy to drink (unfermented) wine for his stomach troubles, a natural remedy, rather than sending him a handkerchief so he could be instantly healed (1 Tim 5:23). Also Paul does not miraculously heal his co-worker, Epaphroditus, who almost died. He obviously got well the long, slow way.

"Yet I supposed it necessary to send to you Epaphroditus, my brother, and companion in labor, and fellow soldier, but your messenger, and he that ministered to my wants.

"For he longed after you all, and was full of heaviness, because that ye had heard that he had been sick.

"For indeed he was sick nigh unto death: but God had mercy on him; and not on him only, but on me also, lest I should have sorrow upon sorrow." Philippians 2:25-27

Paul obviously did NOT heal Epaphroditus miraculously.

To Summarize:

The Early Rain, the "First of the two "Rains", was characterized by visible miracles, including resurrections and miraculous healings. These could easily be detected by the 5 senses. No one had to be "spiritual" in order to detect and understand these healings. Even pagans were able to detect these signs.

According to 1 Cor 15:44-49, the "First" is always "natural or physical" so the "Early Rain" as we see, is able to be detected by the "natural" or "soulish" man, meaning it can be detected with the five senses.

But the "Second" is ALWAYS "Spiritual." It CANNOT be detected with the five senses.

Some say that means that "healings" will not be a part of the "Latter Rain." But that is NOT the correct conclusion.

Healings WILL be part of the "Latter Rain", but the healings characteristic of the "Latter Rain" will NOT be miraculous, they will occur slowly and imperceptibly, first by a change in the heart, and then by a slow progressive improvement in the disease by following God's totally natural Health Plan. This is in accord with the way the Holy Spirit works in the Second Birth (being born again.)

This PROCESS will NOT be detectable with the five senses, only the result will be detected. **The ability of God's Natural Health Plan to heal even the most advanced cancer will NOT be understood by those who are not spiritual, because "Spiritual things are spiritually discerned."**

"The natural (soulish or unspiritual) man receiveth NOT the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because spiritual things are spiritually discerned." 1 Cor 2:14

This is the reason that doctors, scientists, Bible scholars, many theologians and most ministers CANNOT understand how people with advanced, life-threatening diseases can get well by following God's Natural Health Plan. They are totally UNABLE to understand it because they can only obtain information through their five senses. They are UNABLE to understand Spiritual things.

"And they preached the GOSPEL" boldly!

The word "gospel" means GOOD NEWS! Is it "Good News" that God will save only a small minority of all those who have ever lived on the earth, maybe 20% or so, and the rest will be doomed to burning forever - or a period of time, (i.e. "as long as they deserve") or they will be permanently annihilated or permanently separated from God in some, as yet unknown, manner?

Saving 20% and destroying 80%! That is NOT Good News no matter how you look at it!

The "Good News" shown throughout the entire Bible is that God is going to save EVERYONE! He's not going to destroy ANYONE by burning or permanent annihilation. Of course, He won't save anyone IN their sins, only FROM their sins.

Look at these examples in the Old Testament.

1) The lamb was brought to the sanctuary by the Israelite. The Israelite symbolically transferred his own sin to the lamb by placing his hands on the lamb.

2) **Then the lamb was burned up - NOT the Israelite**, showing us that it was the **sin** that was burned up, NOT the sinner!

This clearly shows us that the "sin" will be burned out of our lives by "fiery trials", we will be "gold tried in the fire." The sinner will NOT be burned up.

3) When Shadrach, Meshach and Abednego were thrown into the fiery furnace, what was burned up? Certainly NOT them! It was their bonds that were burned off, the ropes that held them in bondage. The ropes represented the bondage of sin. These were burned off, but the three young men were not touched with the fire. In addition, a fourth person was in the fire with them, "One like the Son of Men" - Jesus.

This episode of the three young men in the fiery furnace is the Old Testament "Physical" representation of the New Testament "Spiritual" application of the Third Angel's Message in Rev. 14:9-12.

Verse 10: Those who take the Mark of the Beast "shall be **tormented with fire and brimstone** in the presence of the holy angels, and **in the presence of the Lamb.**"

The Greek word for brimstone is *theion*, which means divine. It comes from the root word *Theios* which means divinity or the Godhead.

This torment with fire and brimstone occurs "in the presence of the Lamb" meaning that Jesus promises to go through the fire with us, just as He did with Shadrach, Meshach and Abednego. That is truly Good News! Only this time the fire symbolizes the "fiery trials" that the New Testament speaks about, not literal fire.

If you think it is a "stretch" to interpret this "fire" of Rev 14:10 as the "fiery trials" of purification from sin, then you must explain why the "fire" must be interpreted literally when all the rest of the passage is interpreted symbolically, such as: beast, image, mark, forehead, hand, drinking wrath, pouring indignation into a cup.

ALL of these terms are interpreted symbolically, NOT literally. Then WHY would anyone just pick ONE term from that passage, the term "fire and brimstone" and interpret that literally?

Also remember the rule of "firsts" and "seconds", the first being physical and the second being spiritual. (1 Cor 15:44-49) The wicked cities of Sodom and Gomorrah were destroyed by **literal** fire and brimstone. The wicked resurrected in the second resurrection will be **spiritually "destroyed"** by having the sin purified out of them by going through "fiery trials" - reaping what they have sown.

Other New Testament texts that reveal that God is going to save EVERYONE!

1) How long did the shepherd search for the sheep? (Luke 15:4)
 Answer: Until he found it. There was NO cutoff time. (text) Note also that at the time he went looking for the sheep, ALL the rest were ALREADY in the fold. Only ONE was missing, and he searched until he found THAT LAST ONE!

2) How long did the woman search for the coin? (Luke 15:8) UNTIL SHE FOUND IT! Again there was NO cutoff time.

3) Jesus said He came to "seek and to save that which was lost." (Luke 19:10) EVERYONE has been "lost" at one time or another. So that means Jesus will save EVERYONE!

For many more texts showing that God will save everyone, see the study entitled "What Happens At The Judgment" at www.goodnewsaboutgod.com

In Conclusion:

The Latter Rain has the following five characteristics:

1) There will be many healings from advanced life-threatening diseases, but they will not be instantaneous, miraculous healings. They will NOT be "Quick-Fix" healings. Miraculous healings do NOT change the heart.

Before Jesus healed the paralyzed man whose friends let him down through the roof, Jesus said, "Your sins be forgiven you." (Mark 2:5) That was the PRELUDE to the man being healed. Forgiveness of his own sins was necessary before his healing could take place.

Notice that Jesus did NOT say that the man was sick because he lived in a sinful world. No, Jesus said, "YOUR sins be forgiven YOU!"

Christians often say that sickness is the inevitable result of living in a sinful world, and that it really has nothing to do with how we specifically live our own lives. They believe that diseases just happen! But they DON'T just happen. Disease is the inevitable result of that individual violating God's ten natural laws of health. Disease, in virtually ALL instances, is a result of our OWN sin. It occurs because we refuse to give up our right to ourselves and we insist on

making our own decisions, instead of giving EVERY decision over to the Lord and following HIS directions rather than our own.

Psalm 103:3 reveals the SAME sequence: "He forgives ALL our sins, and (THEN) heals ALL our diseases." The repentance FOR, and forgiveness OF, sins is absolutely necessary before complete healing can occur!

The healings will be the result of true repentance of sins, a change in the heart, and a desire to do God's will by following His Health Plan followed by slow, progressive healing of the physical disease.

This process will NOT be perceptible to the five senses, nor will it be understood by those who are not spiritual. It will not be perceptible nor understood by doctors, scientists, philosophers, scholars, including most Bible scholars, nor will it be understood by the vast majority of ministers and religious leaders. In fact, they will deny that it can happen, and will even attack those who get well by that method.

Remember that the Pharisees, the religious leaders of the "Chosen people", wanted to kill Lazarus because He exhibited what Christ could do. (John 12:10)

Miraculous healings don't change lives. Look at the story of Jesus healing the Ten Lepers. Only ONE came back to thank Jesus. Obviously the hearts of the other nine were not changed.

In addition, miraculous healings do not bring about a change in diet and lifestyle so the body and mind can repair themselves. Miraculous healings allow the person to eat and live as they did before, so they will just get sick again.

2) The TRUE GOSPEL will be preached. The GOSPEL means "Good News." The knowledge that God is going to save EVERYONE is truly Good News! It is the Gospel of Universal Restoration! God loves EVERYONE the same. He has no favorites that He prefers above others.

3) The Gospel will be preached BOLDLY! Those who know this Good News will share it with everyone who will listen. They will not keep silent in proclaiming the wonderful character of God, and they will preach this Gospel WITHOUT fear!

Look at the difference between Peter's behavior towards the Pharisees BEFORE and AFTER the Day of Pentecost.

BEFORE Jesus was crucified, Peter denied Jesus three times, then later hid in the Upper Room "for fear of the Jews."

AFTER the Day of Pentecost, Peter had NO fear of the Pharisees. Even though they beat him and put him in prison, he went right back to the synagogue boldly preaching the Good News!

4) The Latter Rain will fall ONLY on those OUTSIDE the organized church, NOT those INSIDE the organized church.

5) The Latter Rain will fall on those who are NOT ONLY OUTSIDE the organized church, but it will fall on those who are being PERSECUTED by THAT VERY SAME CHURCH!

The Latter Rain will be silent, hidden and undetected by the vast majority of Christians who will be looking for a repeat of the Day of Pentecost with visible miracles and other obvious manifestations. The Latter Rain will ONLY be received and recognized by those who are spending daily time with the Lord in DILIGENT Bible study and prayer and who understand the spiritual nature of the Latter Rain.

Is the Health Message the "Right Arm" of the Gospel?

Some Christians believe that the Health Message is the "Right Arm" of the Gospel. By this, they mean that it can be used as an evangelistic "tool" – as an "opening wedge" – to attract the attention of the unbeliever who, as he or she develops an illness or is just in poor health, will be interested. Once the person is attracted by the Health Message, then the Christian can witness to the Unbeliever about the Gospel.

But this is all wrong.

In truth, the Health Message IS the Gospel – the FULL Gospel. Jesus said so, Himself. When Jesus performed physical healings, such as the man with the withered hand – and even resurrections from the dead - such as Jairus' daughter, He used the Greek word *sozo*, which means, "to make whole."

Jesus also used the same word, *sozo*, when he spoke of salvation, because the word means, "to make whole." Jesus is making clear to us that when the "heart" is right, when we have given up our right to ourself and have given it over to God,

when we have had a CHANGE of heart, when our heart is one with God, THEN we will want to follow GOD'S way of fulfilling HIS

PROMISE of healing. We will follow GOD'S PROCESS – His Natural Ten Step Health Plan - and we will abandon completely and permanently, any way that is devised by man – by doctors!

We will trust ONLY the Great Physician, Jesus Christ, who CREATED us, and wants to Re-Create us into His image – into a New Creation in Christ.

Sozo Means – Healed AND Saved!

The word **sozo** in the Greek was used by Jesus for **both physical healing and spiritual salvation**. The Lord is sending us a very clear message: When the heart is right - - THEN healing will occur.

Disease begins in the heart – in the attitudes and in the disposition. Since that's where disease begins, that is where it must first be addressed. God does not look on the outward appearance. He looks at the heart. **Doctors cannot look there, they cannot heal the spiritual nature, and that is why they cannot heal disease!**

SOZO: Strong's Concordance, #4982

HEALED:

Mark 5:23: And besought Him greatly, saying, My little daughter lieth at the point of death: I pray Thee, come and lay Thy hands on her, that she may be **healed (sozo)**, and she shall live.

Luke 8:26: They also which saw it told them by what means he that was possessed of the devils was **healed (sozo)**.

Acts 14:9: The same heard Paul speak, who steadfastly behold him, and perceiving that he had faith to be **healed (sozo)**.

SAVE (36 entries)

Matt. 1:21: And she shall bring forth a son, and thou shalt call His name JESUS: for He shall **save (sozo)** His people from their sins.

Matt 18:11: For the Son of man is come to **save (sozo)** that which was lost.

Luke 9:56: For the Son of man is not come to destroy men's lives, but to **save (sozo)** them.

Luke 19:10: For the Son of man is come to seek and to **save (sozo)** that which was lost.

John 12:47: And if any man hear my words, and believe not, I judge him not: for I cam not to judge the world, but to **save (sozo)** the world.

Romans 10:9 (The text at hand.) That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised Him from the dead, thou shalt be **saved (sozo)**.

1 Tim 1:15: This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to **save (sozo)** sinners, of whom I am chief.

Heb 7:25: Wherefore He is able also to **save (sozo)** them to the uttermost that come unto God by Him, seeing He ever liveth to make intercession for them.

James 2:14: What does it profit, my brethren, though a man say he has faith, and has not works? Can faith **save (sozo)** him?

James 4:12: There is one lawgiver, who is able to **save (sozo)** and to destroy; who art thou that judgest another?

James 5:15: And the prayer of faith shall **save (sozo)** the sick, and the Lord shall raise him up; and if he has committed sins, they shall be forgiven him.

SAVED

(57 entries, all but 4 of them are "SOZO")

Matt 10:22: And you shall be hated of all men for My name's sake; but he that endureth to the end shall be **saved (sozo)**.

John 3:17: For God sent not His Son into the world to condemn the world; but that the world through Him might be saved (sozo).

Acts 2:21: And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved (sozo).

Acts 4:12: Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be **saved (sozo)**.

Romans 10:13: For whosoever shall call upon the name of the Lord shall be **saved (sozo)**.

Eph 2:5: Even when we were dead in sins, hath quickened us together with Christ, by grace ye are **saved (sozo)**.

Eph 2:8: For by grace are ye **saved (sozo)** through faith, and that not of yourselves; it is the gift of God.

1 Timothy 2:4: Who will have ALL mankind to be **saved (sozo)**, and to come unto the knowledge of the truth.

1 Peter 4:17,18: For the time is come that judgment must begin at the house of God: and if it first begin at us, what shall the end be of them that obey not the gospel of God? And if the righteous scarcely be **saved (sozo)**, where shall the ungodly and the sinner appear?

Revelation 21:24: And the nations of them that are **saved (sozo)** shall walk in the light of it: and the kings of the earth do bring their glory and honour into it.

WHOLE

(In the New Testament, 90 entries: 11 entries are #4982 – **sozo**)

Matt 9:21,22; Mark 5:28, 34; Luke 8:48,50 the woman who had an issue of blood for twelve years, and merely touched the hem of Christ's garment was told her faith had made her **whole (sozo)**.

Mark 6:56: And whithersoever He entered, into villages, or cities, or country, they laid the sick in the streets, and besought Him that they might touch if it were but the border of His garment: and as many as touched Him were made **whole (sozo)**.

Mark 10:46-52 In Jericho, Jesus healed the Blind man Bartimaeus, the son of Timaeus, and said, "Go your way; your faith has made you **whole (sozo)**. And immediately he received his sight, and followed Jesus in the way.

Luke 17:12-19: Ten lepers came to Jesus, asking for healing. Jesus healed them all, but only one returned to thank Him. Jesus said to him, Arise, go your way; your faith has made you **whole (sozo)**.

THE OLD TESTAMENT

In the Old Testament, HEAL (in all 21 entries, HEALED and HEALETH are #7495 – the Hebrew equivalent of **sozo** in the Greek?

HEAL

Hosea 14:4: I will **heal** their backsliding, I will love them freely: for mine anger is turned away from him.

Jer 30:17: For I will restore health unto thee, and I will **heal** thee of thy wounds, saith the Lord; because they called thee an outcast, saying, This is Zion, whom no man seeketh after.

HEALED

2 Kings 2:21,22: And he went forth unto the spring of the waters, and cast the salt in there, and said, Thus saith the Lord, I have **healed** these waters; there shall not be from thence any more death or barren land. So the waters were **healed** unto this day, according to the saying of Elisha which he spake.

HEALETH

Psalm 103:3: Who forgives all thine iniquities; who **healeth** all thy diseases.

Is there ANY use for present-day doctors?

There are three different categories of medical problems: 1) Trauma, 2) Congenital Deformities, and 3) Disease.

God's Promise is to "Heal ALL our **DISEASES**." Psalm 103:3. The text says nothing about Trauma or Congenital deformities.

Trauma means "injury" such as when one breaks a leg, or is in a motor vehicle accident, or is the victim of a gunshot wound. Jesus had Trauma. He was beaten before He was crucified and He was injured when a crown of thorns was placed on His head. This is NOT "Disease."

Trauma is NOT caused by the way one eats, lives, and handles stress. Trauma needs to be treated and repaired surgically by a Trauma Surgeon.

Congenital Deformities or Congenital Anomalies are in the category of Birth Defects. A child may be born with a cleft palate, or an extra digit, or a club foot, or some other anomaly. These are NOT caused by the way the child has been living, eating, and handling stress – although,

in certain instances, it MAY have been caused by the way the mother was eating, living, and handling stress while she was pregnant.

This is NOT “Disease.” Congenital Deformities need to be surgically corrected by an appropriately trained Surgeon.

Diseases ARE CAUSED by the way we live, eat, and handle stress. In order to get well, we must CHANGE the way we live, eat and handle stress. We must follow GOD’S way, and NOT the ways of “man” – the ways of doctors! (For more information, see www.drday.com)

Doctors learn only TWO methods of treatment: 1) Give DRUGS, to cover up the symptoms by Poisoning or Burning the patient, or 2) Take out – or cut off – the “problem” organ by mutilating surgery.

Drugs never solve the underlying problem. They only “treat” symptoms, and they ALL have side effects. Drugs only change the form or location of the disease, they NEVER cure the disease. That is why, in many instances, the doctor will tell you that you have to be ON the drugs for the rest of your life.

God tells us in Revelation 18:23 that He abhors the use of drugs, because when a person is sick, and has symptoms, it is supposed to be a Red Flag warning to Turn to the Lord for the answers. Something is wrong with the life of the person who is sick, and ONLY the Lord’s Plan can make the person well.

Only GOD can show us how to live, how to eat, how to think and act, and how to handle stress. “Man’s” ways – the ways of “science and medicine” NEVER work in the long run. They may make a person FEEL better temporarily, they may temporarily appear to “shrink” a tumor, but they NEVER work to REVERSE the underlying disease, because NO doctor can address the problem of the “heart.”

THAT is God’s domain. Only God can reach down into your heart, and open up for you the things you need to CHANGE in your life, who you need to forgive, how to love your enemies, how to get the selfishness out of your life. THAT is where DISEASES begin, and NO doctor can touch that area.

God did not give us an extra supply of organs. And organ donations are certainly NOT God’s way.

God tells us that those who give out Drug Medications are an “Abomination to the Lord” and that the WHOLE WORLD will be

DECEIVED by their “sorceries.”

“. . . for by thy (the Beast power’s) sorceries were ALL NATIONS deceived.” Revelation 18:23

The word “sorceries” in this text, is the word *pharmakeia* in the Greek – pharmacy - DRUGS - in English.

The WHOLE WORLD will be deceived by the DRUG medications prescribed by doctors. God defines them as Sorceries and Witchcraft. Because Drug medications are essentially the same as street drugs. They are given to make a patient FEEL better, or to make the lab test numbers LOOK better, but they are only a temporary “Quick Fix.” They NEVER solve the underlying problem, - the actual CAUSE of the disease, which always begins in the “heart” because we want to live, eat, and handle stress OUR way, rather than GOD’S way.

The English words **sorceries** and **witchcraft** are the numbers 3784 and 3785 in Strong’s concordance. These words are found in: Exodus 7:11, 2 Kings 9:22, 2 Chronicles 33:6, Jeremiah 27:9, Daniel 2:2, Malachi 3:5, Isaiah 47:9, 12, Micah 5:12, Nahum 3:4.

The equivalent words in the Greek – sorceries, and witchcraft – are numbers 5331 and 5332 in Strong’s Concordance, as found in Galatians 5:20, Revelation 9:21; 18:23; 21:8; 22:15.

That Greek word is *pharmakeia*, or pharmacy – drug medications – Sorceries and witchcraft, according to the Bible.

The Bible terms drug medications, prescribed by doctors, as Sorceries and Witchcraft – because disease is a Spiritual problem. It begins in the “heart” – in the attitudes and disposition because we want to live, eat and handle stress our OWN way, rather than learning to trust God.

So ANYTHING – including doctor-prescribed drug medications – that pulls us away from God and HIS wisdom - and towards the world and so-called “worldly wisdom” is anti-Christ. God says, “The wisdom of man is foolishness with God.”

Those who prescribe drug medications – doctors, pharmacologists, and pharmacists, are termed **witches** and **sorcerers** and **poisoners** (*pharmakos*) in the Bible. God is so much against drug medications, because they lead people away from Him, that in the Old Testament, God told Israel:

“Thou shalt not suffer a **witch (#3784)** to live.” Exodus 22:18
(According to the Bible, a **witch** is one who dispenses drug medications.)

“There shall not be found among you anyone that makes his son or his daughter pass through the fire, or that uses divination, or an observer of times, or an enchanter, or a **witch (#3784)**,

“Or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer

“**For all that do these things are an abomination unto the Lord.**”
Deuteronomy 18:10-12

It is not surprising to see that the Greek root “Phar. . .” is in all of the following words that are associated with the enemies of God and Christ:

Strong’s Concordance number:

#5328 – **Pharoah** – enslaved and tried to destroy the Israelites, the followers of God.

#5329 – **Pharisees** – those who murdered Christ

#5331 – **Pharmakeia** – drug medications – sorceries, also often kill those who

take them

#5332 – **Pharmakeus** – one who drugs or poisons people – druggist (and

physicians who give out drugs. Actual definition – poisoner or sorcerer

– one who poisons or kills.

#5333 – **Pharmakos** – the same as #5332

“By their sorceries (#5332 – drug medications) were ALL nations deceived.” Revelation 18:23

These five Greek words, all beginning with “*Phar*”, define those who, 1) have tried to enslave and destroy the followers of God, and 2) those who murdered Christ, and 3) those who are attempting to annihilate the rest of the population of the world with drug medications.

God states anyone who gives out Drug Medications (defined as witchcraft in the Bible), should **NEVER** be allowed to be a part of God's people. In today's era, that would mean doctors, pharmacists, nurses, and anyone else who prescribes or administers Drugs.

Witch houses and Drug stores

In the guide book "Visitor's Guide to Salem, Massachusetts", written in 1895 about the town where the famous Witch Trials took place, the following quote appears on page 6:

"If a stranger inquires for a "**Witch house**" he will be directed to a dark scowling building which is set back far enough from the sidewalk for a **drug store** to stand in front of it." (Published by Essex Institute, Salem, Mass., 1895)

Witchcraft and Drugs have been associated with each other in America for over a hundred years, and they have been associated in the Bible for **thousands of years!**

How long have DRUGS been around?

The origin of modern Drug medicine ("Quick Fix" medicine) in "treating" disease is considered to have begun in the 1930's and 1940's with the discovery of the first antibiotic, Penicillin, by Sir Alexander Fleming in 1928. Subsequently, the Drug industry exploded, and today there are more drugs (ALL of which are harmful) than one can count.

But as long ago as the 17th century, the phrase *patent medicine* was known, and referred to the marketing of medical elixirs. The "medicines" were not really patented but if a particular product found favor with royalty, a *letter patent* authorizing the use of the royal endorsement in advertising, was issued.

The name stuck until well after the American Revolution made these endorsements by the crowned heads of Europe obsolete. As noted, few if any of the nostrums were actually patented, as chemical patents came into use in the USA in 1925. And in any case, attempting to monopolize a drug, medical device, or medical procedure was considered unethical by the standards upheld during the era of patent medicine. Furthermore, patenting one of these remedies would have meant publicly disclosing its ingredients, which most promoters wanted to avoid.

Within the English-speaking world, patent medicines are as old as journalism. The use of *letters of patent* to obtain exclusive marketing rights to certain labeled formulas and their marketing fueled the circulation of early newspapers.

Please note, nothing has changed!

A number of American institutions owe their existence to the patent medicine industry, most notably a number of the older almanacs, which were originally given away as promotional items by patent medicine manufacturers.

Many patent medicines contained herbs, or were composed of Native American recipes, and others invoked the power of electromagnetism to heal ailments. Toward the end of the period, a number of radioactive medicines, containing uranium or radium, (Radiation) were marketed. These apparently actually contained the ingredients promised, and there were a number of tragedies among their devotees: most notoriously, steel heir Eben McBurney Byers was a supporter of the popular radium water “Radithor”. He contracted fatal radium poisoning and had to have his jaw removed in an unsuccessful attempt to save him from **bone cancer** after drinking the “radium water.” (Cancer is CAUSED by radiation!) Water irradiators were sold that promised to infuse water placed within them with radon, which was thought to be healthy at the time.

Those who, even today, believe that Doctors and Scientists know what they are doing when it comes to treating disease, need only to look back at the last couple of paragraphs. All doctors admit that Radiation CAUSES cancer. Yet, when a patient already HAS Cancer, the doctors give that patient Radiation – a “treatment” that CAUSES Cancer!

This is **outrageously stupid** on the part of “modern” medicine and the doctors who practice it!

When journalists and physicians began focusing on the narcotic contents of the patent medicines, some of their makers began substituting acetanilide, a particularly toxic non-steroidal anti-inflammatory drug, discovered in 1886, for the laudanum they used to contain. This ingredient change probably killed more of the nostrum’s users than the narcotics did, since the acetanilide was toxic to the liver and kidneys. This compound has largely been replaced by the use of the supposedly less toxic acetaminophen, a drug that is in the same category.

Those who sold or prescribed acetanilide-containing medicines in the 1800's are now referred to as "Quacks." However, acetaminophen, the active ingredient in Tylenol (a truly "Patented" medicine), considered by the U.S. government and the FDA (Food and Drug Administration) as a generally safe and effective pain reliever, is responsible for 56,000 injuries, 25,000 hospitalizations, and 450 deaths every year.

The use of acetaminophen for a period of more than 10 days has been shown to cause risk of severe liver damage, according to the FDA's own advisory panel. The U.S. Acute Liver Failure Study Group found that acetaminophen poisoning is the leading cause of liver failure in the nation. Some of these instances of liver failure occur even when following the dosage recommendations printed on the bottle.

The risk of liver failure is dramatically increased if a person is taking more than one acetaminophen-containing drug at a time, and there are more than 200 over the counter products that contain acetaminophen, including medicines for pain, fever, colds, and coughs.

So WHO are the present-day "Snake Oil Salesmen"?

The present day doctors and pharmacists prescribe and sell drugs that are just as harmful, or even more so, than the supposed "Snake Oil Salesmen" of a hundred years ago.

What is the difference? The only difference is whether Organized Medicine endorses them. If a medicine is not controlled by the pharmaceutical companies or by Organized Medicine, it, by (their) definition, is "Quackery" because it will cut into the profits of those two groups.

If they cannot control it, they will brand it "Quackery"!

Patent medicines were supposedly able to cure just about everything. Nostrums were openly sold that claimed to cure or prevent venereal diseases, tuberculosis, and cancer. Clark Stanley the "Rattlesnake King" produced Stanley's snake oil, publicly processing rattlesnakes at the World's Columbian Exposition in Chicago. His liniment, when seized and tested by the federal government in 1917, was found to contain mineral oil, 1% fatty oil, red pepper, turpentine and camphor, similar to today's capsaicin and camphor liniments.

Thus, the term "Snake Oil salesman" was born.

Who are the REAL “Quacks”?

In the late 19th century, a chemical compound named Calomel was frequently prescribed by orthodox physicians as a “tonic” – taken internally - to make one “healthy and energetic.” Calomel is Mercury chloride, a highly toxic compound. All mercury-containing compounds are toxic to the body.

George Washington may have died prematurely at the age of 67 because his physicians treated a respiratory illness with bloodletting and calomel. (Vadakan, M.D. V.V., (Winter/Spring 2005) “A Physician Looks at the Death of Washington.” *Early America Review*, Archiving Early America.

My paternal grandfather died in 1923 from bone cancer, his body wracked with pain caused by the horrifically toxic, mercury-containing Calomel “tonic” prescribed for him repeatedly by his physician. He died at the age of 38 leaving a young widow and six children, the oldest (my father) was 16, and the youngest was 3 years old.

My father told me many times how he would visit his father in the hospital as he lay dying as a result of the doctor-prescribed death potion, and how, as he walked down the hospital corridor towards his father’s room, he could hear him screaming in pain every time he moved the slightest amount in his bed.

Present-day doctors shake their heads about these supposedly “unintelligent” occurrences by doctors a hundred years ago. They think that today’s science has advanced remarkably. But they are doing the same stupid things today. They give numerous mercury-containing vaccinations to tiny babies and young children and claim that they are **good** for them, even though they cause autism and other types of brain damage, dentists put mercury-containing amalgam fillings in everyone’s teeth and claim they are harmless in one’s mouth, even though the government demands that the material must be treated as highly toxic “hazardous waste” when the filling is removed from the patient’s mouth, and is in the dentist’s hand.

In 1943, my maternal grandmother was sent to her death by doctors who gave her the poisonous chemotherapy treatments for her cancer, by the “world-renown experts” at Memorial Hospital in New York (now known as the “famous” Memorial-Sloan Kettering Hospital). They continued the “treatments” as she became weaker and weaker, until she and my grandfather (a well-to-do dentist) were broke from the costs. Then they referred her to Kings’ County Hospital for the indigents, to continue the horribly painful and life-destroying

chemotherapy and radiation – until they finally were successful in killing her.

So, again, just WHO are the “Snake Oil Salesmen”?

More “Brilliance” in Orthodox Medicine

While working at the Vienna General Hospital in Austria, Ignaz Philipp Semmelweis discovered in 1847 that the incidence of puerperal fever, also known as childbed fever could be drastically reduced by the use of hand washing standards. Up until that time, doctors delivered babies with their bare unwashed hands, having no idea that cleanliness was important to decrease disease. Without the use of hand washing, 5-30 percent of mothers died after giving birth. After the institution of hand washing, that figure was reduced to 1-2 percent.

At that time, diseases were attributed to many different and unrelated causes. Each case was considered unique, but Semmelweis’ hypothesis was that there was only one cause – all that mattered was cleanliness. This was an extreme assumption at the time, and was largely ignored, rejected and ridiculed. Even though his patients’ survival was vastly increased over all the other doctors in the hospital, he was dismissed from the hospital and had difficulty finding employment as a medical doctor.

Semmelweis was outraged by the indifference of the medical profession and began writing open and increasingly angry letters to prominent European obstetricians, at times denouncing them as irresponsible murderers. His contemporaries, including his wife, believed he was losing his mind and he was in 1865 committed to an insane asylum. Semmelweis died there only 14 days later, possibly after being severely beaten by guards.

Semmelweis’ practice only earned widespread acceptance years after his death. He is now, 150 years later, considered a pioneer of antiseptic procedures.

Nothing has changed!

Nothing has changed in modern medicine. Those who do not conform to the corporately-endorsed medical norms of orthodox medicine, even if their modalities of treatment can be proven to be far superior to the establishment’s ways, are ignored, rejected and ridiculed – and their license to practice is often revoked. That is the power of Organized Medicine. Its power – and its practices - approach that of the Mafia!

Do it **OUR** way, or **WE** will destroy you!

It is just as true today as it was 150 years ago – a physician is not allowed to vary from the establishment in the treatment of any disease, even if he or she can prove it to be superior. Yet that archaic, contemptible, and stifling attitude is described by those who have it, as “progressive” and “scientific.”

God help us all!

Drugs NEVER Cure Disease

But Drugs **NEVER** Cure Disease and Diseases **DON'T** Just Happen. We **GIVE** them to ourselves by the way we live, eat, and handle stress. This is Satan's way to take us down. God says to us, “Turn to Me. I want to **CHANGE** your life in every way.”

But Satan whispers in our ear, “You don't need to change anything. You can keep living, eating, acting, thinking, and handling stress the way you always have. Here, take a **PILL**. It will make you **FEEL** better.” And that it will, but your **disease will continue to progress**, and will eventually kill you.

That is why doctors Never Have, and Never Will, find a Cure for **ANY** disease, because they only “treat” symptoms – with innately harmful and poisonous drugs, or by burning radiation, or by cutting out organs, none of which can **CURE** anything.

And **organ donations are NOT the answer**, because in order to receive an organ donation, the physician will have to **DESTROY** what is left of your immune system by giving you **POISON** – chemotherapy – that, in this instance, they call “Immunosuppressive therapy.” But the drugs used are the identical drugs that are used for “chemotherapy” when you have cancer.

And please notice that they term it a “therapy” when they are **DESTROYING** the **ONLY** system in your body that can get you well.

And an organ recipient must stay on these drugs – **ALL** of which will eventually **CAUSE** cancer – permanently, or they may reject their donated organ.

That is why it is obvious that God does **NOT** approve of organ donations. God has given us the way to **GET WELL** – by **HIS** Natural Ten Step Plan. He does not want us to have our organs removed. He

has given us the way to get our sick organs well. All we have to do is REBUILD our immune system by following GOD'S way.

But How About Alternative – “Holistic” – Doctors?

Many people are realizing that Orthodox Doctors and their use of Drug Medicine do NOT cure disease. On the contrary, they often result in severe pain for the patient, and major damage to the patient's body. Because of this, many are turning to Alternative therapies and “Holistic” doctors who rarely, if ever, use Drug “medicines.”

Aren't **they** the answer to this dilemma?

“Holistic” doctors claim to treat the mind, body, and “spirit.” That certainly sounds good. But what do they mean by that?

They believe that the way a person eats is important – and they are right, but the “diet” they promote is NOT God's Ideal Diet. In fact, the vast majority of these Alternative, “holistic” practitioners don't even believe in God. The majority of them don't believe in God at all, and if they do, it's a New Age god of Eastern Medicine – a combination of Hinduism/Budhism/New Ageism. They promote yoga, Eastern meditation – a dangerous emptying of the mind, a “spirit force” that is NOT the God of the Bible. And it is the antithesis of Jesus Christ.

When one develops a disease and experiences symptoms, those are blessings from God and should be recognized as such. They should be generate huge RED FLAG WARNING to you that something is wrong in your life, and that you should turn to the Lord, and that you should follow HIS ways and His ways only – NOT the ways of “man” – whether they are orthodox doctors or alternative practitioners.

Orthodox doctors will prescribe harmful DRUGS to cover up your symptoms or mutilating SURGERY to cut off your body parts or cut out your organs, “therapies” that will NEVER address the root cause of your problem. They will o turn you AWAY from the Lord, from learning what you really need to do to get well. Everything they promote will seduce you AWAY from changing your life – from changing your habits – from learning to know God and HIS ways.

But Alternative doctors will do the same thing, even though what they promote may be less expensive and less damaging to your body. They will prescribe bushel baskets full of man-made vitamins, minerals, and other types of supplements, and machines, devices and black boxes that they claim will measure intermediate end-points,

such as pH, and they will try to manipulate those parameters artificially.

But what they are doing is still directing you AWAY from turning to God and HIS ways – AWAY from learning GOD’S totally Natural Health Plan. They, too, are only treating symptoms, rather than the “heart” – the root cause of the problem. They are incapable of treating the “heart” - because that is God’s domain.

So, whether the doctor uses orthodox therapies or alternative therapies, they are treating you in “man’s” way – NOT God’s way. They offer you a “Quick Fix” – a way to feel better fast **without** having to change your lifestyle, your habits, and your way of handling stress – a way to feel better fast **without** having to learn to know God, up close and personal.

God wants you to get to know Him – that is the whole purpose of life. God wants to straighten out everything in your life, so you will be healed (*sozo*) spiritually first – HIS way – and **then**, when you follow His Health Plan – and HIS Health Plan **only**, with 100% commitment – you will be healed (*sozo*) physically as well.

God’s Way is the ONLY Way

We are on this earth for one reason only – to learn to Know God and to learn to Trust Him – for everything, including our health, our life, and the lives of our family. That’s why **Disease is such a blessing**. It is meant to show us that we are incapable of running our own life, to make us realize our need for God to run every aspect of our life, to turn us to God to learn HIS ways, to teach us that God’s ways are true and right and that man’s ways, including the ways of the doctors, can **never** solve the problems of humanity.

“There is a way that seemeth right unto a man, but the end thereof is death.” Proverbs 14:12

God says to us, “Turn to Me and LIVE!”

“And the LORD thy God will circumcise thine heart, and the heart of thy seed, to love the LORD thy God with all thine heart, and with all thy soul, that thou mayest **live**.”

[Deuteronomy 30:6](#)

“In that I command thee this day to love the LORD thy God, to walk in his ways, and to keep his commandments and his statutes and his judgments, that thou mayest **live** and

multiply: and the LORD thy God shall bless thee in the land whither thou goest to possess it.” [Deuteronomy 30:16](#)

“I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: **therefore choose life**, that both thou and thy seed may **live**.” Deuteronomy 30:19

God’s way to physical and spiritual health has been around for 6,000 years. It is available to everyone on the face of the earth, rich or poor, educated or uneducated. It consists ONLY of the things that God has made, in the exact form that God has made them. It has NO harmful side effects and it is virtually FREE. And it will make you completely WELL. God GUARANTEES it!

Man’s ways (the ways of “modern” medicine) have only been available for the last 70 years, or so. They do terrible harm to the body God has given you, they are excruciatingly painful in most instances, and they are exorbitantly expensive. And they will NEVER make you well, they will only make you worse – much worse – in the long term, and NO doctor will ever guarantee that their “therapies” will make you completely well.

So why do the vast majority of people – including “Christians – choose MAN’S way over God’s way? Because they do NOT trust in God. They trust in “man” – they trust in “science” – instead of trusting in God and His Word.

But the Bible tells us, “We Ought to Obey GOD – rather than man.” Acts 5:29 We ought to Obey GOD – rather than Doctors – and science (which is constantly changing) – and medicine (which is in total darkness) – and DRUGS (that cannot cure ANY disease)!

God has promised – “I am the Lord who HEALS YOU!” Exodus 15:26

God has promised to “heal ALL our Diseases.” (Psalm 103:3) And He doesn’t need any help from “modern” medicine, drugs, or the doctors who use them. In fact, God refers to all of them as an “abomination.”

God needs NO help from “man” when it comes to healing disease!

The Greek word meaning both *Saved* and *Healed* is *sozo*. God tells us that when our heart is truly and permanently changed so we want to follow Jesus and HIS ways, instead of following the world’s way – the way of the worldly “experts” (doctors, ministers, government

leaders) - when we truly receive salvation, THEN our physical healing will begin.

Choosing your treatment is a matter of allegiance, “Will you serve God, or will you serve man (doctors)?”

God instructs us to, “**Turn to Me** and be Saved/Healed.” Isaiah 45:22

Turn to God – and Choose Life!

What Does the Bible Say About Doctors?

Are They a Gift from God?

Lorraine Day, M.D.

The word “Physician” is not mentioned in the Bible

Neither the word *Physician* nor the word *Doctor* is used in the Bible. The word mistranslated as *Physician* is actually the word *healer*. It is the **translators** who have presumptuously – and wrongly – defined a *Physician* – a present-day Doctor - as a *healer*.

But the Bible, in the original, says something quite different.

Who claims to be our Healer?

God says, “I am the Lord who heals you.” Exodus 15:26

“I will take away sickness from among you. . .” Exodus 23:25,26

“He forgives all my sins and heals ALL my Diseases.” Psalm 103:3

“I will give you back your health again and heal your wounds.”
Jeremiah 30:17

“The Lord will remove from you all sickness. . .” Deuteronomy 7:15

“My counsel shall stand, and I WILL do ALL my pleasure.: Isaiah
46:10

“Yes, I have spoken it. I will also bring it to Pass. I have purposed it.
I will also do it.” Isaiah 46:11

“God cannot lie.” Titus 1:2

“I am the Lord: I will speak, and the word that I shall speak shall come
to pass. Ezekiel 12:25

When Jesus was on earth, He NEVER referred anyone to a Physician

God needs no middle men. When Jesus was on earth, when someone came to Him for healing, He never referred the person to Luke, the “Physician.” Jesus healed the person directly and personally. And He healed him either with His Word – which we have today, in the form of the Bible – or He healed him with natural methods – clay, water, etc.

Jesus NEVER used drugs, although we know that some types of drugs were available in His time. When Jesus was on the Cross, He was offered a type of drug to ease His pain, but He refused it.

In the Bible, What was the consequence of seeking out anyone else except God for healing?

Asa, King of Israel sought out the physicians INSTEAD of depending on the Lord – and Asa DIED!

“And Asa, in the thirty-ninth year of his reign, was diseased in his feet (probably diabetes), until his disease was exceeding great: yet in his disease he sought NOT to the Lord, but to the physicians (human “healers”)

“And Asa died . . . and rested with his fathers (ancestors).” 2 Chronicles 16:12,13

Ahaziah, King of Israel, and son of the wicked King Ahab (who was married to Jezebel), was ill and did not seek God, but sought the god of Ekron – sorcerers. And Ahaziah DIED!

“And Ahaziah was sick and he sent messengers, and said unto them, Go, inquire of Baalzebub, the god of Ekron, whether I shall recover of this disease.

“But the angel of the Lord said to Elijah the Tishbite, Arise, go up to meet the messengers of the King of Samaria, and say unto them, Is it not because there is NOT a God in Israel, that you go to inquire of Baalzebub the god of Ekron?

“Now, therefore, thus saith the Lord, Thou shalt NOT come down from that bed on which thou art gone up, but shalt SURELY DIE.” 2 Kings 1:2-4

God is our Healer and He doesn't share that job with humanity. The consequence of seeking out anyone except the Lord for healing – is death!

But HOW Does God Heal?

Jesus certainly did miraculous healings when He was on earth, but there was always ONE requirement. The person wanting to be healed HAD TO BELIEVE. He or she had to believe that Jesus WOULD do what He had already PROMISED to do – and that is to heal ALL our diseases. (Psalm 103:3)

If a person BELIEVES in Jesus, then they will follow His ways, and not “man's” (the doctors’) ways.

Jesus said, “If you LOVE Me, KEEP My Commandments.” John 14:15

Here is the way God heals ALL our diseases:

“Thou shalt therefore keep the Commandments, and the statutes (laws – including God's Ten Natural Health Laws) and the judgments (decrees) that I command thee this day, to do them.

“Wherefore it shall come to pass, if you hearken to these judgments, and keep and do them, that the Lord your God shall keep unto thee the covenant and the mercy that He swore unto your fathers:

“And He will love thee, and bless thee, and multiply thee; He will also **bless the fruit of thy womb**, and the fruit of thy land, thy grain, and thy wine, and thine oil, the increase of thy cattle, and thy flocks of thy sheep, in the land that He swore unto thy fathers to give thee.

“Thou shalt be blessed above all people; **there shall not be male or female barren among you (the cure for infertility!)** or among your cattle.

“And the **Lord will take away from thee ALL sickness**, and will put none of the evil diseases of Egypt (symbolic for Sin), which thou knowest, upon thee: but will lay them upon all them that hate thee.” Deuteronomy 7:11-15

Moses:

When God told Moses to build the sanctuary in the wilderness, God gave very specific directions for how it was to be built – down to the last tassel on the robes of the priests. It was up to Moses to follow God’s plans explicitly and NOT to follow his own plans. Moses was NOT ALLOWED to consult with the human “experts” on sanctuary-building. God gave the directions, and Moses carried out EXACTLY what God had told Him to do.

God not only made the PROMISE, God also gave the PROCESS by which His PROMISE was to be accomplished.

The ONLY one who can fulfill a PROMISE, is the ONE who made it.

Noah:

When God promised Noah He would save him and his family from the flood, God gave Noah very explicit instructions on how to build the ark – including what kind of wood, the specific dimensions of the boat, etc. Noah was not allowed to consult the human “experts” on boat-building. It was up to Noah to follow God’s plans explicitly and NOT to follow his own plans. God gave the directions, and Noah carried out EXACTLY what God told Him to do.

It was by following God’s instructions explicitly that Noah and his family would be saved.

God not only made the PROMISE, God also gave the PROCESS by which His PROMISE was to be accomplished.

Disease is a Spiritual Problem

When God PROMISES to “heal ALL our diseases,” God also gives us the PROCESS by which His PROMISE is to be accomplished. We are not allowed to consult human “experts” on healing, such as the orthodox medical doctors, but we must follow ONLY God’s way.

God not only has made the PROMISE, God also gives us the PROCESS by which His PROMISE is to be accomplished.

Disease, virtually ALL disease, BEGINS as a Spiritual problem. It begins in the “heart” because we want to live, eat, think, act, and handle stress our OWN way, rather than GOD’S way. We are in rebellion against God, whether we realize and acknowledge it or not. Only MUCH later do the physical symptoms appear - as a result our OWN bad decisions.

We believe we have Free Will and the right to exercise it, but Jesus said,

“I came NOT to do My OWN will, but the WILL of Him who sent Me.” John 6:38

We give ourselves disease, one day at a time, by following OUR OWN will, rather than following GOD’S WILL for our life.

Shouldn't I Pray for a Miraculous Healing?

Certainly God can perform a miraculous healing, but what good would that do in your life? It would allow you to **continue** to live, eat, think, act, and handle stress your OWN way, rather than changing your heart. It would just be another carnal wish for a “Quick Fix” and you would eventually develop your disease again because you would not have CHANGED the way you were living, eating, thinking, acting and handling stress.

Christians, particularly, are looking for a miraculous healing – a Quick Fix, even though miraculous healings do NOT change lives. When Jesus healed the Ten Lepers, how many came back to thank Him? Only one! Their hearts were not changed.

The "Latter Rain" - How will we recognize it? Is it Already Here?

The Christian churches are praising the Lord for what they consider to be the present-day "outpouring of the Holy Spirit" in signs and wonders, including speaking in tongues and miraculous healings just like the events that occurred with the apostles in the Upper Room at Pentecost fifty days after the crucifixion and resurrection of Jesus, 2000 years ago.

Often quoted is the passage in Joel that refers to God's Spirit being poured out on all flesh.

"And it shall come to pass afterward, that I will pour out my spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions. . . and I will show wonders in the heavens and in the earth. . . before the great and the terrible day of the Lord come." Joel 2:28-31

Two specific time periods for the "outpouring of the Holy Spirit" are spoken of in the Bible where they are referred to as the "Early rain" and the "Latter rain," symbolized by the early and latter rains of the

harvest season. Leviticus 26:1-14, Deuteronomy 11:14, Proverbs 16:15, Hosea 6:3, Matt 5:45, James 5:7.

As mentioned, the "Early Rain" is considered by most Christians to have been given to the apostles in the Upper Room at Pentecost. In speaking of this occurrence, the Bible says the apostles were together in the upper room with over 100 other Christians. "And they were filled with the Holy Spirit, and began to speak in other languages, as the Spirit gave them the ability to speak clearly (literal translation). . . and they were all amazed and marveled, saying one to another, 'Behold, are not all these which speak Galilaeans? And yet we hear in the dialect in which we were born, Parthians, and Medes, and Elamites. . . in Phrygia and Pamphylia, Egypt, and the regions of Libya...We hear them speaking in our own language..." Acts 2:7-11

Obviously, the languages (tongues) in which the apostles were speaking **were known languages** of the time. Their languages were perfectly understood by those from the various respective countries. What they were speaking was NOT an unknown tongue because everyone "understood in his own dialect (dialektos - in Greek)." Acts 2:8

In the subsequent weeks and months, the apostles performed many miraculous healings (See Acts 3:1-13, 6:8) and spoke boldly about the resurrection of Jesus even after they were strongly warned against it, and even after they were imprisoned and beaten.

Characteristics of the "Early Rain" included:

- 1) Miraculous, instantaneous healings
- 2) Bold speaking for the Lord
- 3) Speaking in known languages
- 4) Preaching of the true Gospel
- 5) The Spirit fell ONLY on those who had left the organized church. We have NO record that it fell on ANYONE who was IN the organized church of those who considered themselves the "Chosen People."
- 6) It not only fell ONLY on those who had LEFT that church, but it fell ONLY on those who were being PERSECUTED BY that very same "Church." (The apostles were hiding in the Upper Room "for fear of the Jews.")

We have reason to believe that the "Latter Rain" will have similar manifestations. In fact, many Christians believe that this predicted "Latter Rain" is going on right now in the churches, exemplified by an exciting movement of "Spirit-filled" Christians who are speaking in unknown languages and are being miraculously "healed!"

But we must carefully search the Scriptures to understand the characteristics of the "Latter Rain" and how they relate to the "Early Rain", the apostles Day of Pentecost.

What are the "keys" in the analysis of the "Early Rain" to unlock the understanding of the "Latter Rain"?

Jesus received a visitor one evening, Nicodemus, a respected religious leader, a Pharisee, inquiring about Jesus' teachings. "You must be born again," Jesus told him. "How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?" Nicodemus asked.

Jesus explained that the first birth, is physical, natural, but the second birth is a spiritual birth. **"That which is born of flesh is flesh and that which is born of the Spirit is spirit."** John 3:6 He went on to chide Nicodemus saying, "You are a master of Israel and you don't know these things?" In other words, "You are one of the main leaders, one of the Biblical scholars, of the most religious people on earth and you don't understand this basic spiritual principle?"

The key is found in 1 Corinthians 15:44-49. Here Paul speaks of two situations, first the natural or physical, and secondly the spiritual.

"And so it is written, The first man Adam was made a living soul (a physical, natural human being); the last Adam (Christ) was made a life-giving spirit (a spiritual being).

"However, the spiritual is not first, but the natural; then the spiritual.

"The first man is from the earth, earthy; the second man is from heaven."

This passage gives a very important interpretive rule; **the first is ALWAYS natural, or physical, and the second is ALWAYS spiritual.**

Jesus was explaining this principle to Nicodemus when He said, "The first birth is physical, but the second birth, being born again, is spiritual.

**First birth = physical
Second birth = spiritual**

1 Cor 2:14 says, "The unspiritual man (the natural, or "soulish" man) does not accept the things of the Spirit of God; for they are foolishness to him; and he is not able to understand them because they are spiritually discerned (understood)."

This text tells us that **the natural man, the unspiritual man, cannot understand spiritual things. "They are foolishness to him."**

The original Greek word translated as "natural" in the King James Version, is more accurately translated "soulish." The word "soul" is applied in the Bible to any creature that has the five senses (sight, hearing, taste, smell and touch), such as birds, beasts, and man. The word "soul" in the Bible is never used to describe plants and trees, etc. or non-living things, things which do NOT have the five senses.

Therefore, we can see that the "natural" man, also called the "soulish" man, CANNOT understand spiritual things. **In other words, spiritual things CANNOT be understood with the five senses.** They can only be discerned (understood) spiritually. Spiritual understanding does NOT use the five senses.

We have already learned that the "first" is always natural or physical, such as the "first" birth (it's the natural birth of a child) but the "second" birth, or being "born again" is spiritual. The natural birth of a child can easily be detected by the five senses. It can be seen, heard and felt.

However, the "second" birth, being "born again" CANNOT be detected with the five senses. God changes the heart quietly and slowly which cannot be detected by the senses. Only the result can be seen, just like the working of the wind. The wind itself cannot be seen, only the result of the wind. John 3:8

The Lamb of God

The same principle operates for many things in the Bible. The lamb sacrificed for sin in the temple in the Old Testament was the "first" - the physical. But it looked forward to the "Lamb of God" who by His physical death would give us spiritual salvation. Jesus, the Lamb of God, was the "second" - Spiritual fulfillment of the literal, physical sacrificial lamb in the Old Testament sanctuary service.

Manna - Bread from Heaven

The manna that rained down from heaven when the Israelites were in the wilderness was the "first" bread, looking forward to the "second" - the spiritual bread from heaven, Jesus Christ. (John 6:47-52). But the

Jews of Jesus' time ONLY understood it literally. They could not understand the spiritual application because "spiritual things are (ONLY) spiritually discerned."

The Old and New Covenant

The Old Covenant was the Ten Commandments written in stone. They were physical, they could be seen and touched. And most importantly, humanity was unable to keep them under their own power.

The New Covenant is the SAME Ten Commandments, all ten of them, but now they are no longer written in stone, but Jesus says, "I will write my law on the fleshy tables of your heart." (2 Cor 3:3) Now humanity CAN keep them but ONLY through the power of Jesus living in you.

Some say that since Jesus died on the Cross, we're now living under grace, we are NOT under the law because the law was done away at the Cross. **However the law was NOT done away with at the Cross**, it is still the very same law that is operating, **but the NEW Covenant is Jesus' promise to write that very same law in our hearts**, so we will do right because it IS right, not just because we are told to do it.

The First and Second Deaths!

The first death is in us when we are born. As soon as a baby is born, its cells begin to die. That is the "first" death. The "second" death according to 1 Cor 15:44-49, MUST be a spiritual death. That's the death Paul talks so much about: "I die daily", (1 Cor 15:31), "I am crucified with Christ" (Gal 2:20), "putting off the old man of sin" (Col 3:9). This is obviously a spiritual, not a physical, death.

In Rev 20:14 we are told that "Death and Hades (the unseen) are thrown into the lake of fire." How can "Death and the Unseen" be thrown into a **literal** "lake of fire?"

Obviously the "lake of fire" is symbolic. So what does it mean? We are told in Revelation that "waters" mean people and multitudes. (Rev 17:15) The "Beast" comes up out of the "sea" (Rev 13:1,2) which means it rises in a populated area. So "sea", because it is water, means people. A "lake" is also water, so it also must mean peoples and multitudes.

The word "fire" is used symbolically and spiritually repeatedly in the Bible. We go through "fiery trials" (1 Peter 4:12). "Buy of Me gold tried in the fire" (Rev 3:18). "Heap coals of fire on his head. . ." (Romans 12:20).

So the "lake of fire" according to the symbology of Revelation, means fiery trials caused by reaping what we have sown. We are put right back in the midst of the people we have wronged in order to reap what we have sown in order to be spiritually purified.

Faith based on miracles is NOT faith!

Simon (Magus) (Acts 8:9) was amazed at the power of the apostles. His case is an example of "faith" founded on miracles, which is very different from the faith which is based on God's word, apart from the evidence of the senses. Many believed in the Lord when they beheld the signs which He did, yet Jesus did not entrust Himself to them, because He knew what was in humanity (John 2:23-25) (Concordant Commentary pg 190).

Acts 8:19: Among the nations in Paul's later ministries, the spirit is received on believing, without the intervention of apostles, or baptism, or laying on of hands (Eph 1:13). It is no longer manifested by signs and miraculous healings

Signs and Wonder

Paul performs miracles early in his ministry

The need for signs and wonders, in order to believe, is a sign of spiritual immaturity. Early in his ministry Paul performed many miracles. People were healed if they just touched his handkerchief.

"And God wrought special miracles by the hands of Paul: So that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them, and the evil spirits went out of them." Acts 19:11,12

Paul raised Eutychus from the dead. Acts 20:9-12

Later in Paul's ministry, NO miracles are seen.

Healings are by NATURAL REMEDIES.

But later in Paul's ministry he tells Timothy to drink (unfermented) wine for his stomach troubles, a natural remedy, rather than sending him a handkerchief so he could be instantly healed (1 Tim 5:23). Also Paul does not miraculously heal his co-worker, Epaphroditus, who almost died. He obviously got well the long, slow way.

"Yet I supposed it necessary to send to you Epaphroditus, my brother, and companion in labor, and fellow soldier, but your messenger, and he that ministered to my wants.

"For he longed after you all, and was full of heaviness, because that ye had heard that he had been sick.

"For indeed he was sick nigh unto death: but God had mercy on him; and not on him only, but on me also, lest I should have sorrow upon sorrow." Philippians 2:25-27

Paul obviously did NOT heal Epaphroditus miraculously.

To Summarize:

The Early Rain, the "First of the two "Rains", was characterized by visible miracles, including resurrections and miraculous healings. These could easily be detected by the 5 senses. No one had to be "spiritual" in order to detect and understand these healings. Even pagans were able to detect these signs.

According to 1 Cor 15:44-49, the "First" is always "natural or physical" so the "Early Rain" as we see, is able to be detected by the "natural" or "soulish" man, meaning it can be detected with the five senses.

But the "Second" is ALWAYS "Spiritual." It CANNOT be detected with the five senses.

Some say that means that "healings" will not be a part of the "Latter Rain." But that is NOT the correct conclusion.

Healings WILL be part of the "Latter Rain", but the healings characteristic of the "Latter Rain" will NOT be miraculous, they will occur slowly and imperceptibly, first by a change in the heart, and then by a slow progressive improvement in the disease by following God's totally natural Health Plan. This is in accord with the way the Holy Spirit works in the Second Birth (being born again.)

This PROCESS will NOT be detectable with the five senses, only the result will be detected. **The ability of God's Natural Health Plan to heal even the most advanced cancer will NOT be understood by those who are not spiritual, because "Spiritual things are spiritually discerned."**

"The natural (soulish or unspiritual) man receiveth NOT the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because spiritual things are spiritually discerned." 1 Cor 2:14

This is the reason that doctors, scientists, Bible scholars, many theologians and most ministers CANNOT understand how people with advanced, life-threatening diseases can get well by following God's Natural Health Plan. They are totally UNABLE to understand it because they can only obtain information through their five senses. They are UNABLE to understand Spiritual things.

"And they preached the GOSPEL" boldly!

The word "gospel" means GOOD NEWS! Is it "Good News" that God will save only a small minority of all those who have ever lived on the earth, maybe 20% or so, and the rest will be doomed to burning forever - or a period of time, (i.e. "as long as they deserve") or they will be permanently annihilated or permanently separated from God in some, as yet unknown, manner?

Saving 20% and destroying 80%! That is NOT Good News no matter how you look at it!

The "Good News" shown throughout the entire Bible is that God is going to save EVERYONE! He's not going to destroy ANYONE by burning or permanent annihilation. Of course, He won't save anyone IN their sins, only FROM their sins.

Look at these examples in the Old Testament.

1) The lamb was brought to the sanctuary by the Israelite. The Israelite symbolically transferred his own sin to the lamb by placing his hands on the lamb.

2) **Then the lamb was burned up - NOT the Israelite**, showing us that it was the **sin** that was burned up, NOT the sinner!

This clearly shows us that the "sin" will be burned out of our lives by "fiery trials", we will be "gold tried in the fire." The sinner will NOT be burned up.

3) When Shadrach, Meshach and Abednego were thrown into the fiery furnace, what was burned up? Certainly NOT them! It was their bonds that were burned off, the ropes that held them in bondage. The ropes represented the bondage of sin. These were burned off, but the three young men were not touched with the fire. In addition, a fourth person was in the fire with them, "One like the Son of Men" - Jesus.

This episode of the three young men in the fiery furnace is the Old Testament "Physical" representation of the New Testament "Spiritual" application of the Third Angel's Message in Rev. 14:9-12.

Verse 10: Those who take the Mark of the Beast "shall be **tormented with fire and brimstone** in the presence of the holy angels, and **in the presence of the Lamb.**"

The Greek word for brimstone is *theion*, which means divine. It comes from the root word *Theios* which means divinity or the Godhead.

This torment with fire and brimstone occurs "in the presence of the Lamb" meaning that Jesus promises to go through the fire with us, just as He did with Shadrach, Meshach and Abednego. That is truly Good News! Only this time the fire symbolizes the "fiery trials" that the New Testament speaks about, not literal fire.

If you think it is a "stretch" to interpret this "fire" of Rev 14:10 as the "fiery trials" of purification from sin, then you must explain why the "fire" must be interpreted literally when all the rest of the passage is interpreted symbolically, such as: beast, image, mark, forehead, hand, drinking wrath, pouring indignation into a cup.

ALL of these terms are interpreted symbolically, NOT literally. Then WHY would anyone just pick ONE term from that passage, the term "fire and brimstone" and interpret that literally?

Also remember the rule of "firsts" and "seconds", the first being physical and the second being spiritual. (1 Cor 15:44-49) The wicked cities of Sodom and Gomorrah were destroyed by **literal** fire and brimstone. The wicked resurrected in the second resurrection will be **spiritually "destroyed"** by having the sin purified out of them by going through "fiery trials" - reaping what they have sown.

Other New Testament texts that reveal that God is going to save EVERYONE!

1) How long did the shepherd search for the sheep? (Luke 15:4)
 Answer: Until he found it. There was NO cutoff time. (text) Note also that at the time he went looking for the sheep, ALL the rest were ALREADY in the fold. Only ONE was missing, and he searched until he found THAT LAST ONE!

2) How long did the woman search for the coin? (Luke 15:8) UNTIL SHE FOUND IT! Again there was NO cutoff time.

3) Jesus said He came to "seek and to save that which was lost." (Luke 19:10) EVERYONE has been "lost" at one time or another. So that means Jesus will save EVERYONE!

For many more texts showing that God will save everyone, see the study entitled "What Happens At The Judgment" at www.goodnewsaboutgod.com

In Conclusion:

The Latter Rain has the following five characteristics:

1) There will be many healings from advanced life-threatening diseases, but they will not be instantaneous, miraculous healings. They will NOT be "Quick-Fix" healings. Miraculous healings do NOT change the heart.

Before Jesus healed the paralyzed man whose friends let him down through the roof, Jesus said, "Your sins be forgiven you." (Mark 2:5) That was the PRELUDE to the man being healed. Forgiveness of his own sins was necessary before his healing could take place.

Notice that Jesus did NOT say that the man was sick because he lived in a sinful world. No, Jesus said, "YOUR sins be forgiven YOU!"

Christians often say that sickness is the inevitable result of living in a sinful world, and that it really has nothing to do with how we specifically live our own lives. They believe that diseases just happen! But they DON'T just happen. Disease is the inevitable result of that individual violating God's ten natural laws of health. Disease, in virtually ALL instances, is a result of our OWN sin. It occurs because we refuse to give up our right to ourselves and we insist on

making our own decisions, instead of giving EVERY decision over to the Lord and following HIS directions rather than our own.

Psalm 103:3 reveals the SAME sequence: "He forgives ALL our sins, and (THEN) heals ALL our diseases." The repentance FOR, and forgiveness OF, sins is absolutely necessary before complete healing can occur!

The healings will be the result of true repentance of sins, a change in the heart, and a desire to do God's will by following His Health Plan followed by slow, progressive healing of the physical disease.

This process will NOT be perceptible to the five senses, nor will it be understood by those who are not spiritual. It will not be perceptible nor understood by doctors, scientists, philosophers, scholars, including most Bible scholars, nor will it be understood by the vast majority of ministers and religious leaders. In fact, they will deny that it can happen, and will even attack those who get well by that method.

Remember that the Pharisees, the religious leaders of the "Chosen people", wanted to kill Lazarus because He exhibited what Christ could do. (John 12:10)

Miraculous healings don't change lives. Look at the story of Jesus healing the Ten Lepers. Only ONE came back to thank Jesus. Obviously the hearts of the other nine were not changed.

In addition, miraculous healings do not bring about a change in diet and lifestyle so the body and mind can repair themselves. Miraculous healings allow the person to eat and live as they did before, so they will just get sick again.

2) The TRUE GOSPEL will be preached. The GOSPEL means "Good News." The knowledge that God is going to save EVERYONE is truly Good News! It is the Gospel of Universal Restoration! God loves EVERYONE the same. He has no favorites that He prefers above others.

3) The Gospel will be preached BOLDLY! Those who know this Good News will share it with everyone who will listen. They will not keep silent in proclaiming the wonderful character of God, and they will preach this Gospel WITHOUT fear!

Look at the difference between Peter's behavior towards the Pharisees BEFORE and AFTER the Day of Pentecost.

BEFORE Jesus was crucified, Peter denied Jesus three times, then later hid in the Upper Room "for fear of the Jews."

AFTER the Day of Pentecost, Peter had NO fear of the Pharisees. Even though they beat him and put him in prison, he went right back to the synagogue boldly preaching the Good News!

4) The Latter Rain will fall ONLY on those OUTSIDE the organized church, NOT those INSIDE the organized church.

5) The Latter Rain will fall on those who are NOT ONLY OUTSIDE the organized church, but it will fall on those who are being PERSECUTED by THAT VERY SAME CHURCH!

The Latter Rain will be silent, hidden and undetected by the vast majority of Christians who will be looking for a repeat of the Day of Pentecost with visible miracles and other obvious manifestations. The Latter Rain will ONLY be received and recognized by those who are spending daily time with the Lord in DILIGENT Bible study and prayer and who understand the spiritual nature of the Latter Rain.

Is the Health Message the "Right Arm" of the Gospel?

Some Christians believe that the Health Message is the "Right Arm" of the Gospel. By this, they mean that it can be used as an evangelistic "tool" – as an "opening wedge" – to attract the attention of the unbeliever who, as he or she develops an illness or is just in poor health, will be interested. Once the person is attracted by the Health Message, then the Christian can witness to the Unbeliever about the Gospel.

But this is all wrong.

In truth, the Health Message IS the Gospel – the FULL Gospel. Jesus said so, Himself. When Jesus performed physical healings, such as the man with the withered hand – and even resurrections from the dead - such as Jairus' daughter, He used the Greek word *sozo*, which means, "to make whole."

Jesus also used the same word, *sozo*, when he spoke of salvation, because the word means, "to make whole." Jesus is making clear to us that when the "heart" is right, when we have given up our right to ourself and have given it over to God,

when we have had a CHANGE of heart, when our heart is one with God, THEN we will want to follow GOD'S way of fulfilling HIS

PROMISE of healing. We will follow GOD'S PROCESS – His Natural Ten Step Health Plan - and we will abandon completely and permanently, any way that is devised by man – by doctors!

We will trust ONLY the Great Physician, Jesus Christ, who CREATED us, and wants to Re-Create us into His image – into a New Creation in Christ.

Sozo Means – Healed AND Saved!

The word **sozo** in the Greek was used by Jesus for **both physical healing and spiritual salvation**. The Lord is sending us a very clear message: When the heart is right - - THEN healing will occur.

Disease begins in the heart – in the attitudes and in the disposition. Since that's where disease begins, that is where it must first be addressed. God does not look on the outward appearance. He looks at the heart. **Doctors cannot look there, they cannot heal the spiritual nature, and that is why they cannot heal disease!**

SOZO: Strong's Concordance, #4982

HEALED:

Mark 5:23: And besought Him greatly, saying, My little daughter lieth at the point of death: I pray Thee, come and lay Thy hands on her, that she may be **healed (sozo)**, and she shall live.

Luke 8:26: They also which saw it told them by what means he that was possessed of the devils was **healed (sozo)**.

Acts 14:9: The same heard Paul speak, who steadfastly behold him, and perceiving that he had faith to be **healed (sozo)**.

SAVE (36 entries)

Matt. 1:21: And she shall bring forth a son, and thou shalt call His name JESUS: for He shall **save (sozo)** His people from their sins.

Matt 18:11: For the Son of man is come to **save (sozo)** that which was lost.

Luke 9:56: For the Son of man is not come to destroy men's lives, but to **save (sozo)** them.

Luke 19:10: For the Son of man is come to seek and to **save (sozo)** that which was lost.

John 12:47: And if any man hear my words, and believe not, I judge him not: for I cam not to judge the world, but to **save (sozo)** the world.

Romans 10:9 (The text at hand.) That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised Him from the dead, thou shalt be **saved (sozo)**.

1 Tim 1:15: This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to **save (sozo)** sinners, of whom I am chief.

Heb 7:25: Wherefore He is able also to **save (sozo)** them to the uttermost that come unto God by Him, seeing He ever liveth to make intercession for them.

James 2:14: What does it profit, my brethren, though a man say he has faith, and has not works? Can faith **save (sozo)** him?

James 4:12: There is one lawgiver, who is able to **save (sozo)** and to destroy; who art thou that judgest another?

James 5:15: And the prayer of faith shall **save (sozo)** the sick, and the Lord shall raise him up; and if he has committed sins, they shall be forgiven him.

SAVED

(57 entries, all but 4 of them are "SOZO")

Matt 10:22: And you shall be hated of all men for My name's sake; but he that endureth to the end shall be **saved (sozo)**.

John 3:17: For God sent not His Son into the world to condemn the world; but that the world through Him might be saved (sozo).

Acts 2:21: And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved (sozo).

Acts 4:12: Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be **saved (sozo)**.

Romans 10:13: For whosoever shall call upon the name of the Lord shall be **saved (sozo)**.

Eph 2:5: Even when we were dead in sins, hath quickened us together with Christ, by grace ye are **saved (sozo)**.

Eph 2:8: For by grace are ye **saved (sozo)** through faith, and that not of yourselves; it is the gift of God.

1 Timothy 2:4: Who will have ALL mankind to be **saved (sozo)**, and to come unto the knowledge of the truth.

1 Peter 4:17,18: For the time is come that judgment must begin at the house of God: and if it first begin at us, what shall the end be of them that obey not the gospel of God? And if the righteous scarcely be **saved (sozo)**, where shall the ungodly and the sinner appear?

Revelation 21:24: And the nations of them that are **saved (sozo)** shall walk in the light of it: and the kings of the earth do bring their glory and honour into it.

WHOLE

(In the New Testament, 90 entries: 11 entries are #4982 – **sozo**)

Matt 9:21,22; Mark 5:28, 34; Luke 8:48,50 the woman who had an issue of blood for twelve years, and merely touched the hem of Christ's garment was told her faith had made her **whole (sozo)**.

Mark 6:56: And whithersoever He entered, into villages, or cities, or country, they laid the sick in the streets, and besought Him that they might touch if it were but the border of His garment: and as many as touched Him were made **whole (sozo)**.

Mark 10:46-52 In Jericho, Jesus healed the Blind man Bartimaeus, the son of Timaeus, and said, "Go your way; your faith has made you **whole (sozo)**. And immediately he received his sight, and followed Jesus in the way.

Luke 17:12-19: Ten lepers came to Jesus, asking for healing. Jesus healed them all, but only one returned to thank Him. Jesus said to him, Arise, go your way; your faith has made you **whole (sozo)**.

THE OLD TESTAMENT

In the Old Testament, HEAL (in all 21 entries, HEALED and HEALETH are #7495 – the Hebrew equivalent of **sozo** in the Greek?

HEAL

Hosea 14:4: I will **heal** their backsliding, I will love them freely: for mine anger is turned away from him.

Jer 30:17: For I will restore health unto thee, and I will **heal** thee of thy wounds, saith the Lord; because they called thee an outcast, saying, This is Zion, whom no man seeketh after.

HEALED

2 Kings 2:21,22: And he went forth unto the spring of the waters, and cast the salt in there, and said, Thus saith the Lord, I have **healed** these waters; there shall not be from thence any more death or barren land. So the waters were **healed** unto this day, according to the saying of Elisha which he spake.

HEALETH

Psalm 103:3: Who forgives all thine iniquities; who **healeth** all thy diseases.

Is there ANY use for present-day doctors?

There are three different categories of medical problems: 1) Trauma, 2) Congenital Deformities, and 3) Disease.

God's Promise is to "Heal ALL our **DISEASES**." Psalm 103:3. The text says nothing about Trauma or Congenital deformities.

Trauma means "injury" such as when one breaks a leg, or is in a motor vehicle accident, or is the victim of a gunshot wound. Jesus had Trauma. He was beaten before He was crucified and He was injured when a crown of thorns was placed on His head. This is NOT "Disease."

Trauma is NOT caused by the way one eats, lives, and handles stress. Trauma needs to be treated and repaired surgically by a Trauma Surgeon.

Congenital Deformities or Congenital Anomalies are in the category of Birth Defects. A child may be born with a cleft palate, or an extra digit, or a club foot, or some other anomaly. These are NOT caused by the way the child has been living, eating, and handling stress – although,

in certain instances, it MAY have been caused by the way the mother was eating, living, and handling stress while she was pregnant.

This is NOT “Disease.” Congenital Deformities need to be surgically corrected by an appropriately trained Surgeon.

Diseases ARE CAUSED by the way we live, eat, and handle stress. In order to get well, we must CHANGE the way we live, eat and handle stress. We must follow GOD’S way, and NOT the ways of “man” – the ways of doctors! (For more information, see www.drday.com)

Doctors learn only TWO methods of treatment: 1) Give DRUGS, to cover up the symptoms by Poisoning or Burning the patient, or 2) Take out – or cut off – the “problem” organ by mutilating surgery.

Drugs never solve the underlying problem. They only “treat” symptoms, and they ALL have side effects. Drugs only change the form or location of the disease, they NEVER cure the disease. That is why, in many instances, the doctor will tell you that you have to be ON the drugs for the rest of your life.

God tells us in Revelation 18:23 that He abhors the use of drugs, because when a person is sick, and has symptoms, it is supposed to be a Red Flag warning to Turn to the Lord for the answers. Something is wrong with the life of the person who is sick, and ONLY the Lord’s Plan can make the person well.

Only GOD can show us how to live, how to eat, how to think and act, and how to handle stress. “Man’s” ways – the ways of “science and medicine” NEVER work in the long run. They may make a person FEEL better temporarily, they may temporarily appear to “shrink” a tumor, but they NEVER work to REVERSE the underlying disease, because NO doctor can address the problem of the “heart.”

THAT is God’s domain. Only God can reach down into your heart, and open up for you the things you need to CHANGE in your life, who you need to forgive, how to love your enemies, how to get the selfishness out of your life. THAT is where DISEASES begin, and NO doctor can touch that area.

God did not give us an extra supply of organs. And organ donations are certainly NOT God’s way.

God tells us that those who give out Drug Medications are an “Abomination to the Lord” and that the WHOLE WORLD will be

DECEIVED by their “sorceries.”

“. . . for by thy (the Beast power’s) sorceries were ALL NATIONS deceived.” Revelation 18:23

The word “sorceries” in this text, is the word *pharmakeia* in the Greek – pharmacy - DRUGS - in English.

The WHOLE WORLD will be deceived by the DRUG medications prescribed by doctors. God defines them as Sorceries and Witchcraft. Because Drug medications are essentially the same as street drugs. They are given to make a patient FEEL better, or to make the lab test numbers LOOK better, but they are only a temporary “Quick Fix.” They NEVER solve the underlying problem, - the actual CAUSE of the disease, which always begins in the “heart” because we want to live, eat, and handle stress OUR way, rather than GOD’S way.

The English words **sorceries** and **witchcraft** are the numbers 3784 and 3785 in Strong’s concordance. These words are found in: Exodus 7:11, 2 Kings 9:22, 2 Chronicles 33:6, Jeremiah 27:9, Daniel 2:2, Malachi 3:5, Isaiah 47:9, 12, Micah 5:12, Nahum 3:4.

The equivalent words in the Greek – sorceries, and witchcraft – are numbers 5331 and 5332 in Strong’s Concordance, as found in Galatians 5:20, Revelation 9:21; 18:23; 21:8; 22:15.

That Greek word is *pharmakeia*, or pharmacy – drug medications – Sorceries and witchcraft, according to the Bible.

The Bible terms drug medications, prescribed by doctors, as Sorceries and Witchcraft – because disease is a Spiritual problem. It begins in the “heart” – in the attitudes and disposition because we want to live, eat and handle stress our OWN way, rather than learning to trust God.

So ANYTHING – including doctor-prescribed drug medications – that pulls us away from God and HIS wisdom - and towards the world and so-called “worldly wisdom” is anti-Christ. God says, “The wisdom of man is foolishness with God.”

Those who prescribe drug medications – doctors, pharmacologists, and pharmacists, are termed **witches** and **sorcerers** and **poisoners** (*pharmakos*) in the Bible. God is so much against drug medications, because they lead people away from Him, that in the Old Testament, God told Israel:

“Thou shalt not suffer a **witch (#3784)** to live.” Exodus 22:18
(According to the Bible, a **witch** is one who dispenses drug medications.)

“There shall not be found among you anyone that makes his son or his daughter pass through the fire, or that uses divination, or an observer of times, or an enchanter, or a **witch (#3784)**,

“Or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer

“**For all that do these things are an abomination unto the Lord.**”
Deuteronomy 18:10-12

It is not surprising to see that the Greek root “Phar. . .” is in all of the following words that are associated with the enemies of God and Christ:

Strong’s Concordance number:

#5328 – **Phar**oah – enslaved and tried to destroy the Israelites, the followers of God.

#5329 – **Phar**isees – those who murdered Christ

#5331 – **Phar**makeia – drug medications – sorceries, also often kill those who

take them

#5332 – **Phar**makeus – one who drugs or poisons people – druggist (and

physicians who give out drugs. Actual definition – poisoner or sorcerer

– one who poisons or kills.

#5333 – **Phar**makos – the same as #5332

“By their sorceries (#5332 – drug medications) were ALL nations deceived.” Revelation 18:23

These five Greek words, all beginning with “*Phar*”, define those who, 1) have tried to enslave and destroy the followers of God, and 2) those who murdered Christ, and 3) those who are attempting to annihilate the rest of the population of the world with drug medications.

God states anyone who gives out Drug Medications (defined as witchcraft in the Bible), should **NEVER** be allowed to be a part of God's people. In today's era, that would mean doctors, pharmacists, nurses, and anyone else who prescribes or administers Drugs.

Witch houses and Drug stores

In the guide book "Visitor's Guide to Salem, Massachusetts", written in 1895 about the town where the famous Witch Trials took place, the following quote appears on page 6:

"If a stranger inquires for a "**Witch house**" he will be directed to a dark scowling building which is set back far enough from the sidewalk for a **drug store** to stand in front of it." (Published by Essex Institute, Salem, Mass., 1895)

Witchcraft and Drugs have been associated with each other in America for over a hundred years, and they have been associated in the Bible for **thousands of years!**

How long have DRUGS been around?

The origin of modern Drug medicine ("Quick Fix" medicine) in "treating" disease is considered to have begun in the 1930's and 1940's with the discovery of the first antibiotic, Penicillin, by Sir Alexander Fleming in 1928. Subsequently, the Drug industry exploded, and today there are more drugs (ALL of which are harmful) than one can count.

But as long ago as the 17th century, the phrase *patent medicine* was known, and referred to the marketing of medical elixirs. The "medicines" were not really patented but if a particular product found favor with royalty, a *letter patent* authorizing the use of the royal endorsement in advertising, was issued.

The name stuck until well after the American Revolution made these endorsements by the crowned heads of Europe obsolete. As noted, few if any of the nostrums were actually patented, as chemical patents came into use in the USA in 1925. And in any case, attempting to monopolize a drug, medical device, or medical procedure was considered unethical by the standards upheld during the era of patent medicine. Furthermore, patenting one of these remedies would have meant publicly disclosing its ingredients, which most promoters wanted to avoid.

Within the English-speaking world, patent medicines are as old as journalism. The use of *letters of patent* to obtain exclusive marketing rights to certain labeled formulas and their marketing fueled the circulation of early newspapers.

Please note, nothing has changed!

A number of American institutions owe their existence to the patent medicine industry, most notably a number of the older almanacs, which were originally given away as promotional items by patent medicine manufacturers.

Many patent medicines contained herbs, or were composed of Native American recipes, and others invoked the power of electromagnetism to heal ailments. Toward the end of the period, a number of radioactive medicines, containing uranium or radium, (Radiation) were marketed. These apparently actually contained the ingredients promised, and there were a number of tragedies among their devotees: most notoriously, steel heir Eben McBurney Byers was a supporter of the popular radium water “Radithor”. He contracted fatal radium poisoning and had to have his jaw removed in an unsuccessful attempt to save him from **bone cancer** after drinking the “radium water.” (Cancer is CAUSED by radiation!) Water irradiators were sold that promised to infuse water placed within them with radon, which was thought to be healthy at the time.

Those who, even today, believe that Doctors and Scientists know what they are doing when it comes to treating disease, need only to look back at the last couple of paragraphs. All doctors admit that Radiation CAUSES cancer. Yet, when a patient already HAS Cancer, the doctors give that patient Radiation – a “treatment” that CAUSES Cancer!

This is **outrageously stupid** on the part of “modern” medicine and the doctors who practice it!

When journalists and physicians began focusing on the narcotic contents of the patent medicines, some of their makers began substituting acetanilide, a particularly toxic non-steroidal anti-inflammatory drug, discovered in 1886, for the laudanum they used to contain. This ingredient change probably killed more of the nostrum’s users than the narcotics did, since the acetanilide was toxic to the liver and kidneys. This compound has largely been replaced by the use of the supposedly less toxic acetaminophen, a drug that is in the same category.

Those who sold or prescribed acetanilide-containing medicines in the 1800's are now referred to as "Quacks." However, acetaminophen, the active ingredient in Tylenol (a truly "Patented" medicine), considered by the U.S. government and the FDA (Food and Drug Administration) as a generally safe and effective pain reliever, is responsible for 56,000 injuries, 25,000 hospitalizations, and 450 deaths every year.

The use of acetaminophen for a period of more than 10 days has been shown to cause risk of severe liver damage, according to the FDA's own advisory panel. The U.S. Acute Liver Failure Study Group found that acetaminophen poisoning is the leading cause of liver failure in the nation. Some of these instances of liver failure occur even when following the dosage recommendations printed on the bottle.

The risk of liver failure is dramatically increased if a person is taking more than one acetaminophen-containing drug at a time, and there are more than 200 over the counter products that contain acetaminophen, including medicines for pain, fever, colds, and coughs.

So WHO are the present-day "Snake Oil Salesmen"?

The present day doctors and pharmacists prescribe and sell drugs that are just as harmful, or even more so, than the supposed "Snake Oil Salesmen" of a hundred years ago.

What is the difference? The only difference is whether Organized Medicine endorses them. If a medicine is not controlled by the pharmaceutical companies or by Organized Medicine, it, by (their) definition, is "Quackery" because it will cut into the profits of those two groups.

If they cannot control it, they will brand it "Quackery"!

Patent medicines were supposedly able to cure just about everything. Nostrums were openly sold that claimed to cure or prevent venereal diseases, tuberculosis, and cancer. Clark Stanley the "Rattlesnake King" produced Stanley's snake oil, publicly processing rattlesnakes at the World's Columbian Exposition in Chicago. His liniment, when seized and tested by the federal government in 1917, was found to contain mineral oil, 1% fatty oil, red pepper, turpentine and camphor, similar to today's capsaicin and camphor liniments.

Thus, the term "Snake Oil salesman" was born.

Who are the REAL “Quacks”?

In the late 19th century, a chemical compound named Calomel was frequently prescribed by orthodox physicians as a “tonic” – taken internally - to make one “healthy and energetic.” Calomel is Mercury chloride, a highly toxic compound. All mercury-containing compounds are toxic to the body.

George Washington may have died prematurely at the age of 67 because his physicians treated a respiratory illness with bloodletting and calomel. (Vadakan, M.D. V.V., (Winter/Spring 2005) “A Physician Looks at the Death of Washington.” *Early America Review*, Archiving Early America.

My paternal grandfather died in 1923 from bone cancer, his body wracked with pain caused by the horrifically toxic, mercury-containing Calomel “tonic” prescribed for him repeatedly by his physician. He died at the age of 38 leaving a young widow and six children, the oldest (my father) was 16, and the youngest was 3 years old.

My father told me many times how he would visit his father in the hospital as he lay dying as a result of the doctor-prescribed death potion, and how, as he walked down the hospital corridor towards his father’s room, he could hear him screaming in pain every time he moved the slightest amount in his bed.

Present-day doctors shake their heads about these supposedly “unintelligent” occurrences by doctors a hundred years ago. They think that today’s science has advanced remarkably. But they are doing the same stupid things today. They give numerous mercury-containing vaccinations to tiny babies and young children and claim that they are **good** for them, even though they cause autism and other types of brain damage, dentists put mercury-containing amalgam fillings in everyone’s teeth and claim they are harmless in one’s mouth, even though the government demands that the material must be treated as highly toxic “hazardous waste” when the filling is removed from the patient’s mouth, and is in the dentist’s hand.

In 1943, my maternal grandmother was sent to her death by doctors who gave her the poisonous chemotherapy treatments for her cancer, by the “world-renown experts” at Memorial Hospital in New York (now known as the “famous” Memorial-Sloan Kettering Hospital). They continued the “treatments” as she became weaker and weaker, until she and my grandfather (a well-to-do dentist) were broke from the costs. Then they referred her to Kings’ County Hospital for the indigents, to continue the horribly painful and life-destroying

chemotherapy and radiation – until they finally were successful in killing her.

So, again, just WHO are the “Snake Oil Salesmen”?

More “Brilliance” in Orthodox Medicine

While working at the Vienna General Hospital in Austria, Ignaz Philipp Semmelweis discovered in 1847 that the incidence of puerperal fever, also known as childbed fever could be drastically reduced by the use of hand washing standards. Up until that time, doctors delivered babies with their bare unwashed hands, having no idea that cleanliness was important to decrease disease. Without the use of hand washing, 5-30 percent of mothers died after giving birth. After the institution of hand washing, that figure was reduced to 1-2 percent.

At that time, diseases were attributed to many different and unrelated causes. Each case was considered unique, but Semmelweis’ hypothesis was that there was only one cause – all that mattered was cleanliness. This was an extreme assumption at the time, and was largely ignored, rejected and ridiculed. Even though his patients’ survival was vastly increased over all the other doctors in the hospital, he was dismissed from the hospital and had difficulty finding employment as a medical doctor.

Semmelweis was outraged by the indifference of the medical profession and began writing open and increasingly angry letters to prominent European obstetricians, at times denouncing them as irresponsible murderers. His contemporaries, including his wife, believed he was losing his mind and he was in 1865 committed to an insane asylum. Semmelweis died there only 14 days later, possibly after being severely beaten by guards.

Semmelweis’ practice only earned widespread acceptance years after his death. He is now, 150 years later, considered a pioneer of antiseptic procedures.

Nothing has changed!

Nothing has changed in modern medicine. Those who do not conform to the corporately-endorsed medical norms of orthodox medicine, even if their modalities of treatment can be proven to be far superior to the establishment’s ways, are ignored, rejected and ridiculed – and their license to practice is often revoked. That is the power of Organized Medicine. Its power – and its practices - approach that of the Mafia!

Do it OUR way, or WE will destroy you!

It is just as true today as it was 150 years ago – a physician is not allowed to vary from the establishment in the treatment of any disease, even if he or she can prove it to be superior. Yet that archaic, contemptible, and stifling attitude is described by those who have it, as “progressive” and “scientific.”

God help us all!

Drugs NEVER Cure Disease

But Drugs NEVER Cure Disease and Diseases DON'T Just Happen. We GIVE them to ourselves by the way we live, eat, and handle stress. This is Satan's way to take us down. God says to us, “Turn to Me. I want to CHANGE your life in every way.”

But Satan whispers in our ear, “You don't need to change anything. You can keep living, eating, acting, thinking, and handling stress the way you always have. Here, take a PILL. It will make you **FEEL** better.” And that it will, but your **disease will continue to progress**, and will eventually kill you.

That is why doctors Never Have, and Never Will, find a Cure for ANY disease, because they only “treat” symptoms – with innately harmful and poisonous drugs, or by burning radiation, or by cutting out organs, none of which can CURE anything.

And **organ donations are NOT the answer**, because in order to receive an organ donation, the physician will have to DESTROY what is left of your immune system by giving you POISON – chemotherapy – that, in this instance, they call “Immunosuppressive therapy.” But the drugs used are the identical drugs that are used for “chemotherapy” when you have cancer.

And please notice that they term it a “therapy” when they are DESTROYING the ONLY system in your body that can get you well.

And an organ recipient must stay on these drugs – ALL of which will eventually CAUSE cancer – permanently, or they may reject their donated organ.

That is why it is obvious that God does NOT approve of organ donations. God has given us the way to GET WELL – by HIS Natural Ten Step Plan. He does not want us to have our organs removed. He

has given us the way to get our sick organs well. All we have to do is REBUILD our immune system by following GOD'S way.

But How About Alternative – “Holistic” – Doctors?

Many people are realizing that Orthodox Doctors and their use of Drug Medicine do NOT cure disease. On the contrary, they often result in severe pain for the patient, and major damage to the patient's body. Because of this, many are turning to Alternative therapies and “Holistic” doctors who rarely, if ever, use Drug “medicines.”

Aren't **they** the answer to this dilemma?

“Holistic” doctors claim to treat the mind, body, and “spirit.” That certainly sounds good. But what do they mean by that?

They believe that the way a person eats is important – and they are right, but the “diet” they promote is NOT God's Ideal Diet. In fact, the vast majority of these Alternative, “holistic” practitioners don't even believe in God. The majority of them don't believe in God at all, and if they do, it's a New Age god of Eastern Medicine – a combination of Hinduism/Budhism/New Ageism. They promote yoga, Eastern meditation – a dangerous emptying of the mind, a “spirit force” that is NOT the God of the Bible. And it is the antithesis of Jesus Christ.

When one develops a disease and experiences symptoms, those are blessings from God and should be recognized as such. They should be generate huge RED FLAG WARNING to you that something is wrong in your life, and that you should turn to the Lord, and that you should follow HIS ways and His ways only – NOT the ways of “man” – whether they are orthodox doctors or alternative practitioners.

Orthodox doctors will prescribe harmful DRUGS to cover up your symptoms or mutilating SURGERY to cut off your body parts or cut out your organs, “therapies” that will NEVER address the root cause of your problem. They will o turn you AWAY from the Lord, from learning what you really need to do to get well. Everything they promote will seduce you AWAY from changing your life – from changing your habits – from learning to know God and HIS ways.

But Alternative doctors will do the same thing, even though what they promote may be less expensive and less damaging to your body. They will prescribe bushel baskets full of man-made vitamins, minerals, and other types of supplements, and machines, devices and black boxes that they claim will measure intermediate end-points,

such as pH, and they will try to manipulate those parameters artificially.

But what they are doing is still directing you AWAY from turning to God and HIS ways – AWAY from learning GOD’S totally Natural Health Plan. They, too, are only treating symptoms, rather than the “heart” – the root cause of the problem. They are incapable of treating the “heart” - because that is God’s domain.

So, whether the doctor uses orthodox therapies or alternative therapies, they are treating you in “man’s” way – NOT God’s way. They offer you a “Quick Fix” – a way to feel better fast **without** having to change your lifestyle, your habits, and your way of handling stress – a way to feel better fast **without** having to learn to know God, up close and personal.

God wants you to get to know Him – that is the whole purpose of life. God wants to straighten out everything in your life, so you will be healed (*sozo*) spiritually first – HIS way – and **then**, when you follow His Health Plan – and HIS Health Plan **only**, with 100% commitment – you will be healed (*sozo*) physically as well.

God’s Way is the ONLY Way

We are on this earth for one reason only – to learn to Know God and to learn to Trust Him – for everything, including our health, our life, and the lives of our family. That’s why **Disease is such a blessing**. It is meant to show us that we are incapable of running our own life, to make us realize our need for God to run every aspect of our life, to turn us to God to learn HIS ways, to teach us that God’s ways are true and right and that man’s ways, including the ways of the doctors, can **never** solve the problems of humanity.

“There is a way that seemeth right unto a man, but the end thereof is death.” Proverbs 14:12

God says to us, “Turn to Me and LIVE!”

“And the LORD thy God will circumcise thine heart, and the heart of thy seed, to love the LORD thy God with all thine heart, and with all thy soul, that thou mayest **live**.”

[Deuteronomy 30:6](#)

“In that I command thee this day to love the LORD thy God, to walk in his ways, and to keep his commandments and his statutes and his judgments, that thou mayest **live** and

multiply: and the LORD thy God shall bless thee in the land whither thou goest to possess it.” [Deuteronomy 30:16](#)

“I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: **therefore choose life**, that both thou and thy seed may **live.**” Deuteronomy 30:19

God’s way to physical and spiritual health has been around for 6,000 years. It is available to everyone on the face of the earth, rich or poor, educated or uneducated. It consists ONLY of the things that God has made, in the exact form that God has made them. It has NO harmful side effects and it is virtually FREE. And it will make you completely WELL. God GUARANTEES it!

Man’s ways (the ways of “modern” medicine) have only been available for the last 70 years, or so. They do terrible harm to the body God has given you, they are excruciatingly painful in most instances, and they are exorbitantly expensive. And they will NEVER make you well, they will only make you worse – much worse – in the long term, and NO doctor will ever guarantee that their “therapies” will make you completely well.

So why do the vast majority of people – including “Christians – choose MAN’S way over God’s way? Because they do NOT trust in God. They trust in “man” – they trust in “science” – instead of trusting in God and His Word.

But the Bible tells us, “We Ought to Obey GOD – rather than man.” Acts 5:29 We ought to Obey GOD – rather than Doctors – and science (which is constantly changing) – and medicine (which is in total darkness) – and DRUGS (that cannot cure ANY disease)!

God has promised – “I am the Lord who HEALS YOU!” Exodus 15:26

God has promised to “heal ALL our Diseases.” (Psalm 103:3) And He doesn’t need any help from “modern” medicine, drugs, or the doctors who use them. In fact, God refers to all of them as an “abomination.”

God needs NO help from “man” when it comes to healing disease!

The Greek word meaning both *Saved* and *Healed* is *sozo*. God tells us that when our heart is truly and permanently changed so we want to follow Jesus and HIS ways, instead of following the world’s way – the way of the worldly “experts” (doctors, ministers, government

leaders) - when we truly receive salvation, THEN our physical healing will begin.

Choosing your treatment is a matter of allegiance, “Will you serve God, or will you serve man (doctors)?”

God instructs us to, “**Turn to Me** and be Saved/Healed.” Isaiah 45:22

Turn to God – and Choose Life!