



### **Deepening Practices for Module 9:**

- 1: Read all files and monographs. Use contemplative aromatic learning methods when studying specific monograph.
2. Make and use various single note aromatic preparations for musculoskeletal symptoms.
3. Use list of proportions and blending harmonies to prepare more complex blends and formulas for musculoskeletal symptoms, using a variety of base oils and salves.