



## **Musculoskeletal Therapeutics**

Analgesic: birch, black pepper, blue tansy, chamomile, cinnamon, clove, eucalyptus, frankincense, ginger, helichrysum, juniper, lemongrass, marjoram, myrrh, peppermint, rosemary, spruce, wintergreen

Anti-inflammatory: birch, black pepper, blue tansy, carrot seed, cedar, chamomile, cistus, clary sage, conifers, eucalyptus, frankincense, geranium, ginger, helichrysum, lavender, manuka, myrrh, neroli, niaouli, palo santo, palmarosa, patchouli, rose, rosemary, sandalwood, tea tree, vetiver, wintergreen, yarrow, ylang ylang, marjoram

Antirheumatic: black pepper, cardamom, chamomiles, juniper berry, lemon, rosemary, vetiver

Antispasmodic: agarwood, angelica root, basil, chamomile, clary sage, conifers, cypress, eucalyptus, fennel, ginger, lavender, marjoram, myrtle, neroli, peppermint

Nervine Relaxant: angelica root, bergamot, chamomile, citruses, clary sage, frankincense, jatamansi, lavender, lemon balm, marjoram, neroli, palo santo, rose, sandalwood, vetiver, ylang ylang

Rubefacient: birch, black pepper, ginger, juniper berry, lemongrass, marjoram, rosemary, thyme, tulsi, wintergreen