

**Sources For Herbs And Products, Module 2**

**The Sources, US and Canada**

Pacific Botanicals: [www.pacificbotanicals.com](http://www.pacificbotanicals.com)

Organic India: <https://us.organicindia.com>

Banyan Botanicals: [www.banyanbotanicals.com](http://www.banyanbotanicals.com)

Gaia Herbs: [www.gaiaherbs.com](http://www.gaiaherbs.com)

Herb Pharm: [www.herb-pharm.com](http://www.herb-pharm.com)

Sun Potion: [www.sunpotion.com](http://www.sunpotion.com)

Dragon Herbs: [www.dragonherbs.com](http://www.dragonherbs.com)

Enzymatic Therapy: [www.enzymatictherapy.com](http://www.enzymatictherapy.com)

Moongazing Apothecary: [www.moongazingapothecary.com](http://www.moongazingapothecary.com)

Sage Woman Apothecary: [www.sagewomanherbs.com](http://www.sagewomanherbs.com)

Dr. Christopher’s: Dr. Christopher’s: [www.drchristopher.com](http://www.drchristopher.com)

Herbalist and Alchemist: [www.herbalist-alchemist.com](http://www.herbalist-alchemist.com)

Strictly Medicinal Seeds: <https://strictlymedicinalseeds.com>

Medical Marijuana: <https://shop.medicalmarijuanainc.com>

Sisters of the Valley: <https://www.sistersofcbd.com/?v=7516fd43adaa>

Fungi Perfecti: <http://www.fungi.com>

Laughing Lichen: <http://laughinglichen.ca>

Wild Alaska Chaga: <https://wildalaskachaga.com>

Alaska Chaga: <http://www.alaska-chaga.com>

**Australian Herb Sources**

Austral Herbs: <http://www.australherbs.com.au>

The Herb Store: <http://www.theherbstore.com.au>

Mullum Herbals: <http://mullumherbals.com.au>

The Herbal Connection: <http://herbalconnection.com.au>

Ayur Organic: <https://www.ayurorganic.com.au>

All Rare Herbs: <https://www.allrareherbs.com.au>

Herbs Australia: <http://www.herbsaustralia.com.au>

**Milky Oat Tincture**

**½ - 1 teaspoon 1 – 4x day**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/oat-seed>

Gaia Herbs

[http://www.gaiaherbs.com/products/detail/401/Wild-Oats-Milky-Seed](http://www.gaiaherbs.com/products/detail/401/Wild-Oats-Milky-SeedCertified-Organic)

[Certified-Organic](http://www.gaiaherbs.com/products/detail/401/Wild-Oats-Milky-SeedCertified-Organic)

**Skullcap Tincture**

**½ teaspoon 2 – 6x day**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/skullcap>

Gaia Herbs

<http://www.gaiaherbs.com/products/detail/363/Skullcap-Herb-Certified-Organic>

**Skullcap, dry herb**

**1 teaspoon / cup water, steeped. ¼ - ½ cup 2 – 4x times per day.**

Pacific Botanicals

<http://www.pacificbotanicals.com/store/Skullcap.1.html>

**Passionflower Tincture**

**20 – 40 drops with tea or water, 2 – 4x day**

**Avoid with psychoactive medications**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/passionflower>

Gaia Herbs

<http://www.gaiaherbs.com/products/detail/332/Passionflower-Vine-Certified-Organic>

**CBD Oil**

Sisters of the Valley

<https://www.sistersofcbd.com/product/cbd-infused-oil-2-oz-1000-mg-cbd-per-bottle-60-ml/?v=7516fd43adaa>

<https://www.sistersofcbd.com/product/high-cbd-pure-plant-oil/?v=7516fd43adaa>

Medical Marijuana

<https://shop.medicalmarijuanainc.com/hemp-cbd-oil>

**Essential Oils (Flower oils as lavender, geranium, neroli; black pepper, bupleurum)**

Floracopeia

**Reishi**

**1 – 2 capsules, 2 – 3x day; 20 – 30 drops tincture, 2 – 4x day**

Fungi Perfecti

<http://www.fungi.com/search-results.html#/?q=reishi>

Dragon Herbs

<http://www.dragonherbs.com/prodinfo.asp?number=004>

<http://www.dragonherbs.com/prodinfo.asp?number=005>

<http://www.dragonherbs.com/prodinfo.asp?number=010>

<http://www.dragonherbs.com/prodinfo.asp?number=039>

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/reishi>

**Chaga**

**Mushroom 1 – 2 tablespoons with tea or food, per day**

**Infusion 1 tablespoon powdered, steeped per cup**

**30 - 50 drops tincture, per day day**

Laughing Lichen

<http://laughinglichen.ca/product/chaga-mushroom-inonotus-obliquus>

<http://laughinglichen.ca/product/wild-chaga-tincture>

Wild Alaska Chaga

<https://wildalaskachaga.com>

Alaska Chaga

<http://www.alaska-chaga.com>

**Digestive Bitters Formulas**

**10 – 40 drops in ¼ cup water, 1 – 2x day before meals**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/better-bitters-orange-2-oz>

<https://www.herb-pharm.com/products/product-detail/better-bitters-bittersweet-2-oz>

<https://www.herb-pharm.com/products/product-detail/better-bitters-absinthium-1-oz>

Gaia Herbs

<http://www.gaiaherbs.com/products/detail/375/Sweetish-Bitters>

Sage Woman Herbs

<http://www.sagewomanherbs.com/store/#!/Bitters-Blend-tincture-2oz/p/5934336/category=1379005>

**Gentian Tincture**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/gentian>

**Artichoke Tincture**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/artichoke>

**Burdock Tincture**

<https://www.herb-pharm.com/products/product-detail/burdock-blend>

**Dandelion Tincture**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/dandelion>

**Related Formulas and Products From Module 1 & 2**

**Elderberry / medicinal mushroom syrup**

Moongazing Apothecary

<http://www.moongazingapothecary.com/store/p94/Black_Elderberry_%26_Mushroom_Syrup_-_Immune_Support.html>

**Astragalus Supreme**

Gaia Herbs

<http://www.gaiaherbs.com/products/detail/9/Astragalus-Supreme>

**Immune Support**

Moongazing Apothecary

<http://www.moongazingapothecary.com/store/p36/Immune_Support_Formula.html>

**Antitussive / expectorant**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/herbal-respiratory-relief>

**Stopping smoking**

Herb Pharm

<https://www.herb-pharm.com/products/product-detail/smokers-replacement>

**Seasonal Allergy Support**

Moongazing Apothecary

<http://www.moongazingapothecary.com/store/p54/Seasonal_Allergy_Support_Formula.html>