Essential oils for cold sores

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**Suggested Oils to Use**

* Clove, Geranium, Lavender, Melaleuca (Tea Tree Oil), Melissa, Peppermint.
* Also consider: Bergamot, Eucalyptus, Frankincense, Lemon, Myrrh, Sandalwood, Thyme.
* Topically – Apply 1 – 2 drops of any suggested oil to the cold sore area as often as every 2 hours and no less than 3 times a day.

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