* [Earl Conroy](https://us-mg5.mail.yahoo.com/neo/launch?retry_ssl=1" \o "waimara17@gmail.com)

To

* [Nancy Gill](https://us-mg5.mail.yahoo.com/neo/launch?retry_ssl=1)

Nancy:  
Ideally a baby or toddler would do best on seaweed liquid, like dulse drops.

Older children would probably do best with one or two drops of Lugols iodine plus seaweed liquid.

Oldies and children are at most danger of I-131 radiation.

Both dulse and iodine [probably atomadine] should be available from the Edgar Cayce pharmacy in Virginia Beach, VA

Earl.

Nancy:

Once you achieve 24 hours patch time then you only need maybe 2 drops Lugols + seaweed.

Earl

On Tue, Aug 13, 2013 at 1:19 PM, Nancy Gill <[happyorchid2@yahoo.com](mailto:happyorchid2@yahoo.com)> wrote:

Thanks Earl,  
  
I like simple.  I will slowly use up my biothyrodine, by then having the 24 result from the patches, and continue with lugols and seaweed.    
  
Once the 24 hours is achieved how much lugols a day?    
  
Now I will continue the search for seaweed and let you know my findings.  
  
Take care and keep warm.