# We have been taking zeolite from zeroforce. Daily dosage helps remove all sorts of toxins.

# Anything over 100 counts per minute is deadly Hawaii trips su[American Indian Prophecies and Way Of Living As Soul on Earth](http://agreenroad.blogspot.com/2012/04/american-indian-prophecies-and-way-of.html)

American Indians lived for thousands or possibly tens of thousands of years in a land that provided everything they needed.  They did not produce toxic waste, garbage dumps or pollute anything.

By comparison, our supposed much or advanced and 'civilized' culture with the help of corporations, have ruined just about everything in this world, in a short 200 years.

##### American Indian Prophecy, Living As Soul on Earth; via A Green Road Blog<http://agreenroad.blogspot.com/2012/04/american-indian-prophecies-and-way-of.html>

[Play Now](https://www.facebook.com/ajax/emu/end.php?eid=AQJ2prLl0DKtX-ccj0g0D_KHap78x4-a1umFe9tYmRyDExxBvWo212_Ocjltp6otzzU2NSneG1qeFnq-kDZ9OQpoeSCfwrR6Xxp56AeT2bc8wfT09uIl7DrIDfBSUxVHQzNc10V13lU4cGlYfqCDhKHqKXkE6p_8qEpFT7vxZxwiFg8qCiBB3mnVcvBQOCf6G3Rja8C-VzZ5YiZpky-OrLThPSbkaL-W6zLINqYSX8eWdaanVOt7H5QDSghDY4rdtdH2FnPkhdUcj0hiGsUU5NcgbpXYy5scnxFtCQx3zGYzl9CVFqiUH2dH_kf9DM0-DPUG2sTlgYxQ99PjYKw4M3Q6ouH_ULEFupG-2e-vrkITm6DnDrlLcLByr4dIlWmfA3EDAYJJFlDhOiUWWfUuwShVWY__QNfeOB5M9LnP7UkehZZ7Z6ySe2YG4Im7n4JI6_I8L1zHITmJkIfbuTmsIIdZhgHV92cevUKD3ILrnrDpQ1MA3U2hfCoc7RSfeVbHBK2kuPJAHPTGsvBC3VHL9EW44PO1yaBOxmQBXY58FnzlFGCgDVf3Vp6o7sW9I9UyRyd3MCgTgmd-J1Qwn8K8lpNJqv-QTUcrOmicyqPu7sgQP7UP6WZTOEENgiyqNfpMm-DOUUarA2PEy8qJ741nrk0MqOuAOXq_mmYPcf3Pap8fJqZOqXz_2GbSVAE4G-x-fGX1l9JAN9JO0ZEkPD-BNTyjBwVFiW6kh8w5ra1ZJJ2f1xSe2Pp_p6xp5my6IHvHwd0l4ZoW9ffJDRJteJTZA8_7YfpmGwaenXLe--idc9-QqQ7Dn8X1bSJEd7OwTA1An-vifBEvrvRGIvRh9tF7JCa9NShzqQSHx7tDW5RHJizPlSTG9kN_IFdNmUaXJYCgqlrQne9rxUyqVcXB8iU0JAZ3154qesvXYYb-8eVctIp5yvz-ngLRQRvvTvpBi41w2p1iny4YJ6mVQWzmDMvfcIUv_xahX7zGPYYVYKTZkUQSLwK0KnJx_6mQ4BdK9xTs1RE0WoMbhuVhulQtDxzqIzsJIAogj3PIUCLujt636-_mnuTjwKIeV5rWEGLvVak98ScV-nMY90gG4_B-QKx6kEMZqsLVPcdGBIQXDI_N1t9CZkpdXH1z46dbwG2Jh9jV17Hjz7ukt8Vq1y6MF5gf-EzZjcxoOv7AQvHghvNvh2HiEc_K8FoNuvAwwMVdGebYycA7C4IlzZMcbPLbLVVJHX3Bc0rPDf1yPahueC0Luni69IXeVdUDub6kMFqXikroZNDqlDMTUwQBHrP-5KIfad4s&f=1&ui=6007897937663-id_520709c5556682978188536&en=1&a=0&sig=118975&__tn__=wv) · 100,000,000 people played [Candy Crush Saga](https://www.facebook.com/ajax/emu/end.php?eid=AQJ2prLl0DKtX-ccj0g0D_KHap78x4-a1umFe9tYmRyDExxBvWo212_Ocjltp6otzzU2NSneG1qeFnq-kDZ9OQpoeSCfwrR6Xxp56AeT2bc8wfT09uIl7DrIDfBSUxVHQzNc10V13lU4cGlYfqCDhKHqKXkE6p_8qEpFT7vxZxwiFg8qCiBB3mnVcvBQOCf6G3Rja8C-VzZ5YiZpky-OrLThPSbkaL-W6zLINqYSX8eWdaanVOt7H5QDSghDY4rdtdH2FnPkhdUcj0hiGsUU5NcgbpXYy5scnxFtCQx3zGYzl9CVFqiUH2dH_kf9DM0-DPUG2sTlgYxQ99PjYKw4M3Q6ouH_ULEFupG-2e-vrkITm6DnDrlLcLByr4dIlWmfA3EDAYJJFlDhOiUWWfUuwShVWY__QNfeOB5M9LnP7UkehZZ7Z6ySe2YG4Im7n4JI6_I8L1zHITmJkIfbuTmsIIdZhgHV92cevUKD3ILrnrDpQ1MA3U2hfCoc7RSfeVbHBK2kuPJAHPTGsvBC3VHL9EW44PO1yaBOxmQBXY58FnzlFGCgDVf3Vp6o7sW9I9UyRyd3MCgTgmd-J1Qwn8K8lpNJqv-QTUcrOmicyqPu7sgQP7UP6WZTOEENgiyqNfpMm-DOUUarA2PEy8qJ741nrk0MqOuAOXq_mmYPcf3Pap8fJqZOqXz_2GbSVAE4G-x-fGX1l9JAN9JO0ZEkPD-BNTyjBwVFiW6kh8w5ra1ZJJ2f1xSe2Pp_p6xp5my6IHvHwd0l4ZoW9ffJDRJteJTZA8_7YfpmGwaenXLe--idc9-QqQ7Dn8X1bSJEd7OwTA1An-vifBEvrvRGIvRh9tF7JCa9NShzqQSHx7tDW5RHJizPlSTG9kN_IFdNmUaXJYCgqlrQne9rxUyqVcXB8iU0JAZ3154qesvXYYb-8eVctIp5yvz-ngLRQRvvTvpBi41w2p1iny4YJ6mVQWzmDMvfcIUv_xahX7zGPYYVYKTZkUQSLwK0KnJx_6mQ4BdK9xTs1RE0WoMbhuVhulQtDxzqIzsJIAogj3PIUCLujt636-_mnuTjwKIeV5rWEGLvVak98ScV-nMY90gG4_B-QKx6kEMZqsLVPcdGBIQXDI_N1t9CZkpdXH1z46dbwG2Jh9jV17Hjz7ukt8Vq1y6MF5gf-EzZjcxoOv7AQvHghvNvh2HiEc_K8FoNuvAwwMVdGebYycA7C4IlzZMcbPLbLVVJHX3Bc0rPDf1yPahueC0Luni69IXeVdUDub6kMFqXikroZNDqlDMTUwQBHrP-5KIfad4s&f=1&ui=6007897937663-id_520709c5556682978188536&en=1&a=0&sig=84396&__tn__=%7Bzwv). On Facebook. Scary.

[**What You Don’t Know, Might Be Killing You.**](http://jeromiewilliams.com/2013/07/29/holy-fukushima-is-your-drinking-water-safe-from-japanese-radiation/)

**Enenews.com**

http://enenews.com Government's statistics document an excess death rate of 20,000 US residents, mostly healthy infants, in the first 9 months following the multiple nuclear events at Fukushima **http://fairewinds.org/**

**Arnie Gunderson brilliant unbiased nuclear physicist**

Suggested Links

<http://www.enviroreporter.com> Michael Collins appears every Monday night on Jeff Rense. His site has up to date info on live readings in CA and levels in food, etc

**Japan Nuclear Disaster** [**www.rense.com**](http://www.rense.com) **Weekly reports on radiation**

http://jeromiewilliams.com/2013/04/12/holy-fukushima-radiation-from-japan-is-already-killing-north-americans/

<http://drrimatruthreports.com/>

Many, many others – just do a search on Google and be prepared to be shocked!

**Video - Bergman Chiropractic**(714) 962-5891

[bergmanchiropractic.com](http://www.yelp.com/biz_redir?url=http%3A%2F%2Fwww.bergmanchiropractic.com&src_bizid=210jzvsl0tch1mfTmv8YLQ&cachebuster=1375895166&s=350c9fa48ba82257ad1947873ac9842780a27e2e406ad952e8d117cabc516215)

**Don’t be fearful but be aware**

**Don’t consume dairy products – absorbed high levels of radiation.**

**Survived until 93 because his body built up faster than it brokedown.**

**Soy BAD – avoid at all costs.**

[Almost third of US West Coast newborns hit with thyroid problems after Fukushima nuclear disaster](http://rt.com/usa/fukushima-us-children-thyroid-291/) (rt.com)

**http://www.thelibertybeacon.com/2013/01/22/the-radiation-warnings-you-wont-get-from-the-mainstream-propaganda-machine/**

[**The Radiation Warnings You Won’t Get from the Mainstream Propaganda Machine**](http://www.thelibertybeacon.com/2013/01/22/the-radiation-warnings-you-wont-get-from-the-mainstream-propaganda-machine/)

The radiation has absolutely reached the shores of North America.  Water samples from across the continent have tested positive for unsafe levels of radioactivity.  **The levels exceeded federal drinking water thresholds, known as maximum contaminant levels, or MCL, by as much as 181 times.”**This means that the complete ecosystem of the Pacific Ocean is now poisoned with radiation and we aren’t being warned.

Samples of milk taken across the United States have shown **radiation at levels 2000 percent higher than EPA maximums.** The reason that milk is so significant is that it it representative of the entire food supply.  According to an article published on [Natural News](http://www.naturalnews.com/032048_radiation_milk.html#ixzz1qtscuekE), “Cows consume grass and are exposed to the same elements as food crops and water supplies. In other words, when cows’ milk starts testing positive for high levels of radioactive elements, this is indicative of ***radioactive contamination of the entire food supply.”***

So how does potassium iodide help?

The thyroid uses iodine normally to make thyroid hormone. The radiation from a nuclear event releases radioactive iodine into the air. When the radioactive iodine enters the body, the thyroid quickly scoops it up. Take immediately

Taking [potassium iodide](http://www.webmd.com/drugs/drug-1823-potassium%2Biodide%2BOral.aspx) a pill (130 mg) temporarily stops the thyroid. If taken prior to radiation exposure, the iodine pills counter the effect of the radioactive iodine on the thyroid. This helps prevent the development of thyroid cancer down the road.

Usually, only one dose of potassium iodide is needed since a single dose protects the thyroid gland for 24 hours — assuming you remove yourself from the exposure area.

 **FDA PATIENT INFORMATION USE OF 130-MG SCORED TABLETS OF POTASSIUM IODIDE FOR THYROID BLOCKING**

**(Potassium Iodide Tablets, U.S.P.)**

(Pronounced poe-TASS-e-um EYE-oh-dyed)

**(Abbreviated KI)**

TAKE POTASSIUM IODIDE ONLY WHEN PUBLIC HEALTH OFFICIALS TELL YOU. IN A RADIATION EMERGENCY, RADIOACTIVE IODINE COULD BE RELEASED INTO THE AIR. POTASSIUM IODIDE (A FORM OF IODINE) CAN HELP PROTECT YOU.

IF YOU ARE TOLD TO TAKE THIS MEDICINE, TAKE IT ONE TIME EVERY 24 HOURS. DO NOT TAKE IT MORE OFTEN. MORE WILL NOT HELP YOU AND MAY INCREASE THE RISK OF SIDE EFFECTS. **DO NOT TAKE THIS DRUG IF YOU KNOW YOU ARE ALLERGIC TO IODINE** (SEE SIDE EFFECTS BELOW).

**INDICATIONS**

THYROID BLOCKING IN A RADIATION EMERGENCY ONLY

**DIRECTIONS FOR USE**

Use only as directed by State or local public health authorities in the event of a radiation emergency.

**DOSE**

ADULTS AND CHILDREN ONE YEAR OF AGE OR

OLDER: One (1) tablet once a day. Crush for small children.

BABIES UNDER ONE YEAR OF AGE: One-half (1/2) tablet once a day. Crush first.

DOSAGE: Take for 10 days unless directed otherwise by State or local public health authorities.

Store at controlled room temperature between 15 and 30C (59 degrees to 86 degrees F). Keep bottle tightly closed and protect from light.

**WARNING**

POTASSIUM IODIDE SHOULD NOT BE USED BY PEOPLE ALLERGIC TO IODIDE. Keep out of the reach of children. In case of overdose or allergic reaction, contact a physician or public health authority.

**DESCRIPTION**

Each (company trade name) Tablet contains 130 mg. of potassium iodide.

**HOW POTASSIUM IODIDE WORKS**

Certain forms of iodine help your thyroid gland work right. Most people get the iodine they need from foods like iodized salt or fish. The thyroid can "store" or hold only a certain amount of iodine.

In a radiation emergency, radioactive iodine may be released in the air. This material may be breathed or swallowed. It may enter the thyroid gland and damage it. The damage would probably not show itself for years. Children are most likely to have thyroid damage.

If you take potassium iodide, it will fill up your thyroid gland. This reduces the chance that harmful radioactive iodine will enter the thyroid gland.

**WHO SHOULD NOT TAKE POTASSIUM IODIDE**

The only people who should not take potassium iodide are people who know they are allergic to iodide. You may take potassium iodide even if you are taking medicines for a thyroid problem (for example, a thyroid hormone or anti-thyroid drug). Pregnant and nursing women and babies and children may also take this drug.

**HOW AND WHEN TO TAKE POTASSIUM IODIDE**

Potassium iodide should be taken as soon as possible after public health officials tell you. You should take one dose every 24 hours. More will not help you because the thyroid can "hold" only limited amounts of iodine. Larger doses will increase the risk of side effects. You will probably be told not to take the drug for more than 10 days.

**SIDE EFFECTS**

Usually, side effects of potassium iodide happen when people take higher doses for a long time. You should be careful not to take more than the recommended dose or take it for longer than you are told. Side effects are unlikely because of the low dose and the short time you will be taking the drug.

Possible side effects include skin rashes, swelling of the salivary glands, and "iodism" (metallic taste, burning mouth and throat, sore teeth and gums, symptoms of a head cold, and sometimes stomach upset and diarrhea).

A few people have an allergic reaction with more serious symptoms. These could be fever and joint pains, or swelling of parts of the face and body and at times severe shortness of breath requiring immediate medical attention.

Taking iodide may rarely cause overactivity of the thyroid gland, underactivity of the thyroid gland, or enlargement of the thyroid gland (goiter).

Check everything with Geiger counter before eating it!\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Subluxation – get your nerves pressure checked. Must be free of subluxation. If you have nerve pressure your body is breaking down faster than it can build up. Your body is self regulating. It all goes back to your immune system. Your immune system is compromised. And the radiation will affect the bodies of you and your kids.

subluxation

a partial dislocation. In the terminology of chiropractic, an abnormal positional relationship between contiguous vertebrae resulting in abnormal biochemical and neurological function.

[www.goldmine-elec.com](http://www.goldmine-elec.com)

geigercounters.com

Exercise increases glutathione – necessary to ward off effects of radiation. Sulfer rich foods. Broccoli, onions, kale, cauliflower, onions

Baking soda!

1 lb baking soda in a bath – 2-3 lbs in emergency

Detoxing clay:
1 cup clay
¼ raw cacao
1-2 drops of peppermint oil
add water and mix until frosting consistency – eat 1 t a day.

Mix reduced glutathione with distilled water and spray & breathe it in

Proper nutrition: If you eat the skin it has to be organic. Check all foods for radioactivity with your Geiger counter,.

Prayer and meditation stimulates immune system response.

Regular exercise

Proper nutrition

Sufficient rest

Prayer & Meditation

Reduced stress

Eat spirulina and chlorella 2x day

Barley miso soup eat daily – macrobiotic diet saved the lives of radiation victims in Japan after WWII.

Whole grains, b-6

Always check radiation level of EVERYTHING you plan to eat

An Oncologist in Japan recently (2013) did research on Fukishima site workers. Found that Liposomal Vitamin C helps heal radiation damage in the body. A combination of Vitamin C and Lethicin.

There is a u tube video on making your own.

Traveling
inexpensive N95 particulate respirator masks will help as radiation in jet plane cabins goes up

**http://www.ki4u.com/guide.htm**

**#7 - LIST OF SUPPLIES TO ACQUIRE LOCALLY**

If stores are still at all stocked, and safe to go to, try to buy as many of the following items as possible... **IMMEDIATELY!** There are no quantities listed here on the food items below as family size varies and because, as the emergency and panic widens, many items will become quickly sold-out or quantities restricted and you'll need to try to get more of what does remain on the shelves. At a minimum you should be looking at two weeks of provisions, but much better to be aiming for two months or more. The reality is, if/when we are attacked, it will be a very long time before anything is ever 'normal' again, especially at any grocery stores. Hurricane victims can attest to the prolonged misery and disruptions from such a localized disaster, even with the rest of the country still able to help out. Nobody can begin to imagine how bad the suffering will be, and for how long, if nuclear weapons have gone off... and in multiple locations!

The half-dozen top listed and UNDERLINED food items below are primarily for use while in the shelter. They are mostly ready-to-eat that requires no cooking or preparation, just a can opener at the most. (The iodine solution is included here because of its importance for its thyroid-blocking topical use detailed above, IF you do not have KI pills, but it's NEVER to be ingested or swallowed.) The other foods listed below there are better cost/nutrition staples for later use during the extended recovery period. Then follows general non-food supplies, tools and equipment.

**Go Acquire It All Now QUICKLY!**

Better to risk being a little early when securing your families essential food and supplies, rather than a few hours too late and going home empty-handed...

Ready-to-eat foods (granola/energy/protein bars, snack-paks, raisins, cheese, etc.)
Some perishable foods (breads and fruits like bananas, apples, oranges, grapes, etc.)
Canned goods (soups, chili, vegetables, fruit, tuna, meats, beans, peanut butter, etc.)
Assorted drink mix flavorings (with no cold drinks, just plain water, kids will appreciate it!)
Plenty of potent Multi-Vitamins, Vit C, Pepto Bismol, aspirin, tylenol, other OTC meds, etc.
Iodine solution, like Betadine (16 ounces)- NOT TO BE INGESTED OR SWALLOWED!

Largest bags of rice, beans, flour, potatoes, pasta, quick oats and other grains
Multiple big boxes of dried milk (Could include/use some inside shelter, too.)
Multiple big boxes of pancake and biscuit mix & syrup
Large bag of sugar and jar of honey
Large 2 gallons or more of cooking oil
Baking powder & soda & yeast & spice assortment pack
Bottled water (especially if home supplies not secured yet)

Paper or plastic plates/bowls/cups/utensils and paper towels
Quality manual can opener, 2 if you don't already have one at home
Kitchen matches and disposable lighters
New metal garbage cans and liner bags (water storage & waste storage)
5 gallon bucket and smaller garbage bags sized for it (toilet)
Toilet seat for the bucket (or use one from inside the house)
Toilet paper and, if needed, sanitary napkins, diapers, etc.
Baby wipes (saves water for personal hygiene use)
Flashlights (ideally LED) and more than one portable radio
Plenty more batteries, at least three sets, for each of the above
Bleach (5.25%, without fragrance or soap additives)
Alcohol and Hydrogen Peroxide and hand sanitizers
Prescription drugs filled, and as much extra as possible
First aid kits
Fire extinguishers
Plenty of inexpensive N95 particulate respirator masks
Plenty of cheap plastic hooded rain ponchos for everyone
Water filters and all other camping type supplies, such as portable camp toilet,
cook stove and fuel, ammo, etc., if any sporting goods stocks still available.
And, of course, rolls of plastic sheeting, duct tape, staple guns, staples, etc.

An estimated 1Million Europeans are believed to have died as a direct result of that radiation emission following the nuclear explosion of Chernobyl. 40% of Europe still has high levels of radioactivity .

The US, strategist, intelligence analyst, father and grandfather, General Bert understands that doing nothing is, quite simply, not an option.

Suggested Links

http://enenews.com Government's statistics document an excess death rate of 20,000 US residents, mostly healthy infants, in the first 9 months following the multiple nuclear events at Fukushima. .

<http://www.enviroreporter.com> Michael Collins appears every Monday night on Jeff Rense. His site has up to date info on live readings in CA and levels in food, etc

http://jeromiewilliams.com/2013/04/12/holy-fukushima-radiation-from-japan-is-already-killing-north-americans/

<http://drrimatruthreports.com/>

**Japan Nuclear Disaster rense.com**

**Hepafilter – air filters for the home under eat me section** [**http://www.enviroreporter.com**](http://www.enviroreporter.com)

No seaweed and NO DAIRY products of any kind. Cows are bio-vacuum﻿ cleaners consuming massive amounts of radioactive contaminated grass, hay, etc. Take a good quality probiotic instead of the yogurt and a mineral supplement instead of the radioactive seaweed.

Geiger Counters:

Geiger counters have been [selling](http://www.abc15.com/dpp/news/region_northern_az/prescott/prescott-business-flooded-with-requests-for-geiger-counters-due-to-radiation-concerns) like popsicles in summer, and traffic has never been higher at websites that display data from radiation monitoring stations.

We list three such sites below.

Officials have said Fukushima radiation cannot reach the U.S. without being diluted to safe levels, and that the isotopes detected so far would not be sufficient to bump the numbers recorded on these sites, but should you wish to keep your own eye on things:

### [EPA RadNet](http://www.epa.gov/radiation/rert/radnet-data-map.html)

Rad net system has changed statistics to show safe levels

The Environmental Protection Agency’s [RadNet](http://www.epa.gov/radiation/rert/radnet-data-map.html) system is designed to detect radiation from accidents like the Fukushima disaster in Japan

### [Radiation Network](http://radiationnetwork.com) <http://www.radiationnetwork.com/> updated by the minute

Click here for [**Alerts**](http://radiationnetwork.com/Message.htm)

Don’t trust the government? Mineralab, a Prescott, Arizona, company that sells geiger counters, maintains [radiationnetwork.com](http://www.radiationnetwork.com), “a nationwide grass roots effort to monitor the radiation in our environment.”

The network collects data from private citizens nationwide who keep their geiger-counters running, with data uploading automatically to the website in real time. The site recently added citizen monitors in Europe and Japan.

The Radiation Network’s [map](http://radiationnetwork.com) also displays potential sources of radiation across the U.S., including nuclear power plants, testing sites, waste collection facilities, etc.

“Our Monitoring Stations have not yet registered a big, or even perceptibly significant ‘Gamma event’ from any radiation drifting over from Japan, so we can take a little solace in that,” said Tim Flanegin, who operates the site.

“You know, there is an interesting paradox in the field of radiation monitoring. On the one hand, we might use a Geiger counter to perform a radiation scan of a suspected object or situation, and in a weird sort of way, we want a “hit” to confirm our fears, but on the other hand, if we don’t get a detection, some of us are understandably a little disappointed. But in that case, of course, we should instead breathe a sigh of relief.

The report goes on to say that “the Fukushima radioactive plume contaminated the entire Northern Hemisphere during a relatively short period of time” after [3/11]

[...]

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| « [Radioactive Fukushima pig on x-ray film (PHOTOS)](http://enenews.com/photo-fukushima-pig-ray-film-ham-marbled-cesium)    [Study: Radioactive tin-113 from Fukushima reactors detected over 200 kilometers away](http://enenews.com/study-radioactive-tin-from-fukushima-reactors-detected-over-200-kilometers-away) »“Fukushima radioactive plume contaminated entire Northern Hemisphere during a relatively short period of time” — Map: Fukushima air mass hit California after 3/11 and went north to Ore., Wash., Canada |  |

The report goes on to say that “the Fukushima radioactive plume contaminated the entire Northern Hemisphere during a relatively short period of time” after [3/11]
Goes with red & Blue Line map of US

Best-Geiger-Counter.com (http://www.best-geiger-counter.com) is pleased to present the 2012 Best Geiger Counter Rating and Review Countdown ranking six of the most popular hand held Geiger counters awarding top rank to the Geiger counter offering users the best combination of price features and design. For more information on Geiger counters and Geiger counter kits please visit http://www.best-geiger-counter.com and learn why when it comes to portable Geiger counters price is not always the best indicator of quality and value.

Check on amazon.com

1 Inspector Radiation Detector by S.E. International

2 Terra-P Radiation Detector by
Ecotest

3 Watch PM – 1208 Radiation Meter by Polymaster

4 Gamma Alert Detector by Gamma Scout

5 Radax 1706 Pocket Detector by Quartya

6 Digital radiation meter by sper scientific

7 Inspector plus Geiger counter

In general, cheap devices detect only gamma rays, which are released by various isotopes of iodine and cesium.

The more expensive models can detect alpha and beta rays as well, Fukushi said. Uranium and plutonium emit alpha rays. Strontium releases beta rays. All are present in nuclear fuel rods along with cesium and iodine.

The more expensive devices also have radiation sensors for use in wider areas, allowing them to take more accurate readings, Fukushi said.

Certain portable Geiger counter models are even more expensive because they use advanced computer chips and other components that give them a wider sensor range in a compact size.

Experts typically buy devices in the ¥500,000 range that can detect alpha, beta and gamma rays and display radiation levels in a few seconds, said Genichiro Wakabayashi, a professor of radiology at Kinki University. He said it takes about 10 minutes with a cheap device to get meaningful results.

One example of an adequate Geiger counter is S.T. Corp.’s Air Counter, Fukushi said.

S.T., a Tokyo-based maker of air fresheners and other chemical goods for household use, announced July 26 that it plans to sell the Air Counter for an unusually low ¥15,750 on Oct. 20. The device measures 82 by 62 by 34 mm.

It detects only gamma rays and needs to be held still for about 10 minutes. The company managed to “set the price low by mass production,” S.T. spokeswoman Ikue Takahashi said.

S.T. plans to ship 10,000 Air Counters on Oct. 20 and is hoping to sell 50,000 units this year.

Fukushi said the Air Counter has a 20 percent margin of error, which he says is pretty good for the price because even expensive Geiger counters have a 10 to 20 percent margin of error.

“It’s very important that users understand the features of the devices they use. Otherwise, they’re not useful,” he said.

Fukushi and Wakabayashi warned against buying cheap Geiger counters sold on the Internet that do not offer detailed explanations or thorough operating manuals.

Eat Me

Bottom of Form

# [Eat Me](http://www.enviroreporter.com/2011/07/eat-me/)

[Michael Collins](http://www.enviroreporter.com/author/michael-collins/) | Jul 15, 2011 | [Comments 247](http://www.enviroreporter.com/2011/07/eat-me/#comments)

When Denise Anne and I started Radiation Station exactly four months ago today, we had no idea how much the ongoing meltdowns at the Fukushima Daiichi nuclear complex were going to change our lives.

Within days, we began live-streaming ambient interior and exterior radiation readings 24-7 in the western Los Angeles Basin where millions of people live. We equipped ourselves with High Efficiency Air Particle (HEPA) filters and a [**countertop reverse osmosis water purification system**](http://www.freedrinkingwater.com/?idev_username=envirorep)\* which we use along with a previously purchased Berkey water filter. (http://www.berkeyfilters.com)

Also

<http://www.pureeffectfilters.com/ultrafiltration-membrane.html>

If you search google for "zeolite radiation removal" you will find plenty of scientific literature supporting this.

11:20

We are going by already published studies.

11:21

Zeolite was used during chernobyl incident, at the 3 mile island, and recently at Fukushima.

It is a well documented and established scientific that zeolite has properties that makes it very effective to remove positively charged radioisotopes. We use the same nuclear grade activated zeolite as these facilities. If you search google for "zeolite radiation removal" you will find plenty of scientific literature supporting this.

11:20

We are going by already published studies.

11:21

Zeolite was used during chernobyl incident, at the 3 mile island, and recently at Fukushima.

Me

11:21

do you have portable models?

Igor

11:21

We have a small countertop model which is portable, but needs to be connected to a faucet, it's the COMPACT model.

11:22

You may also be able to pump water through it if you have a 1/4" connection to a manual hand pump

<http://www.pureeffectfilters.com/filter-units/the-pure-effect-compact.html>

11:23

Bare in mind please, zeolite only addresses positively charged radioisotopes like Cesium and Stronium, to filter negatively charged radioisotopes, you'd also need our FluorSorb media, which addresses negatively charged contaminants, like Fluoride, Arsenic, Plutonium and Uranium.

11:24

Portable filters are usually quite small, and because of their size, their filtration range and capacity is greatly limited.

Me

11:25

Do you have a filter that filters it all?

Igor

11:26

Yes, our best selling ULTRA (countertop) and ULTRA-UC (undersink) models have this capability.

<http://www.pureeffectfilters.com/filter-units/pure-effect-ultra.html>

<http://www.pureeffectfilters.com/filter-units/pure-effect-ultra-uc.html>

So we need to buy the ULTRA countertop

Is shipping free to Hawaii?

We began growing a variety of sprouts in this controlled environment. We then inventoried our previous survival supplies which are robust because of the threat of earthquakes in Southern California. Figuring out what we then needed became paramount considering the meltdowns’ ongoing and increasingly lethal threats.



Growing crucial foodstuffs in our controlled environment

While the ambient air readings have been generally benign, our tests of rain water, so-called June Gloom mist, HEPA filter dust, some powdered milk, chocolate and fruit have shown preliminary indications of elevated radiation levels that point to a culprit upwind of us, Fukushima. Astronomical amounts of highly fissile radioactive material have been spewing out of Fukushima unceasingly since three reactors melted down March 15.

Generally, Los Angeles has been the beneficiary of being south of where the jet stream across the Pacific has flowed since March. Fukushima is upwind of the United States, however, and other regions like the Bay Area, Northern California, the Northwest and Midwest have been hammered by high radiation. [**Potrblog**](http://www.potrblog.com/) in St. Louis has repeatedly tested rainwater coming in at 62 times background radiation, a level that is dozens of times more than what the Environmental Protection Agency considers harmful.

[**GO TO EAT ME RECEIPTS**](http://www.enviroreporter.com/eat-me-receipts/)

So where is the EPA in testing your food for Fukushima fallout contamination? They tested for it from March 11 through June 30 and then said sayonara to enhanced monitoring even though many of their readings were abnormally high.

The Nuclear Regulatory Commission has repeatedly discounted any possibility that Fukushima fallout could impact America. This week, the NRC released its [**Near-Term Task Force report on Enhancing Reactor Safety in the 21st Century**](http://pbadupws.nrc.gov/docs/ML1118/ML111861807.pdf).



The NRC regulates America's 104 nuclear reactors

Scanning this report we discovered that it includes a dedication to individuals who responded to the Fukushima disaster for their efforts that have resulted in “no fatalities and the expectation of no significant radiological health effects” from the disaster.

The amount of radiation that has oozed into the ocean and steamed into the air at Fukushima is huge and will most certainly have significant radiological health effects. To dare to print such dangerous nonsense belies either incomprehension of science or another agenda driven by money and power. Neither is acceptable.

The government’s take on this is that it’s over even though just one of the destroyed reactors contains enough Plutonium-239 to kill every person on the planet six times over. The deliberately misleading head-in-the-sand policy adopted by the government has put the citizenry at risk without their consent.

The EPA decision to halt testing came over a week before the Japanese owner of the stricken reactors, TEPCO, admitted that three of the six reactors melted down on the first day. The EPA didn’t reconsider resumed fallout testing upon learning this nor did it when it was subsequently informed through the media that these reactors have undergone something much more terrifying and uncontrollable which is called a melt-through.

A melt-through is when the molten goo of a reactor in full meltdown burns its way through its containment vessel of steel and concrete. Now TEPCO says it won’t even be able to fix the destroyed fuel rods for at least ten years as if these “rods” even were intact.



Clean air in primary places of residence and work cuts down rad exposure

And the EPA has not even made a peep about resumed and more robust radiological testing across the nation that has already seen environmental contamination of air, water and food. Finds in foodstuffs and rainwater by the University of Berkeley have shown extensive impacts from radionuclides associated with meltdowns. Fukushima’s fingerprints are all over the place.

The American people are on their own, ‘reassured’ by people claiming authority to posit what on the face of it is a complete falsehood: that this out of control situation, which is getting worse by the day, could in no way affect the health and well being of the creatures that inhabit this land. It already has. It could take years or decades to see the tragic results.

Geiger counters are virtually impossible to obtain. Most Americans haven’t a clue about the threat that this silent and growing menace poses to our water supply, crops, animals, land, environment, health and gene pool. Even now, with two reactor complexes threatened with flooding from the Missouri River and another back east spewing water from its reactor, most folks carry on as if there aren’t three meltdowns upwind of us, three melt-throughs that threaten an ecological calamity the likes of which humanity has never seen.

They won’t see it either because radiation is invisible. It’s also tasteless and doesn’t smell. That makes foraging for fallout-free food so challenging.\*



Radiation free water is especially crucial for children and pregnant women

Even though Denise Anne and I have radically adapted our diet to the new realities of radiation contamination, searching out pre-March 11 produced items, finding food grown south of the Equator, growing our own and knowing which foods currently on the grocery shelves were made with last summer’s harvest, most corn being an important example.

We still consume items that aren’t guaranteed to be fallout free. These items have to be tested.

Lucky for us we have an Inspector nuclear radiation monitor which I have used for nearly a dozen years in my role as an environmental investigative reporter. While it may not catch everything due to limitations beyond my control, it sure does catch a lot.

When we go shopping, we first aim to shop rad-smart and then test the items upon returning home. Sometimes, however, I will test items in stores to save me the problem of buying something I know could be impacted by Fukushima. Other times, I’ll test the groceries out in the car before driving off.

The EPA is not testing our food adequately. Our answer to that is [**Eat Me**](http://www.enviroreporter.com/eat-me-receipts/). We want to share with you our purchases in an effort to let you see what we have found to be rad-free. It’s no guarantee that these items are totally rad free. But you can damn well bet the farm that I’m not serving up anything contaminated to my bride. And I will work to the best of my ability to find food that’s not hot and test the stuff that may be.



We try to eat radiation free food every day

The receipts we’re sharing are from post-Fukushima purchases and do not include everything we eat (we are fortunate to be stocked up on plenty of pre-Fukushima food). You may notice we aren’t exactly gourmet diners and it’s possible you’ll not share our preferences.

We simply want to put our money where our mouth is and our mouth where our money is so to speak. You can too – please feel free to share your discoveries and tips in our Comments section below.

[**One last thing – if you use these receipts to better judge food options open to you, you agree to abide by our Disclaimer.**](http://www.enviroreporter.com/eat-me-disclaimer/)

***We will update Eat Me with receipts every time we shop.***

Bon Appétit!

[**GO TO EAT ME RECEIPTS**](http://www.enviroreporter.com/eat-me-receipts/)

\*We bought our reverse-osmosis machine from Southern California-based Advanced Purification Engineering Corp. and were so impressed that we became an affiliate. If you [**buy through us**](http://www.freedrinkingwater.com/?idev_username=envirorep) the company will pay us a commission which will be used to run EnviroReporter.com’s Radiation Station and our multiple investigations.

Don’t stand out in the rain! Fallout is raining down.



Dr Blaylock

http://agreenroad.blogspot.com/2012/04/fukushima-hawaii-arizona-dairy-milk.html

Radiation levels in US food seem to rising gradually ever since 3/11/2011. "New EPA milk samples in Hawaii show radiation in milk at up to 800% above limits for C-134, 633% above limits for C-137 and 600% above EPA maximum for I-131 for a total of 2033%, or 20.33 times, above the federal drinking water limits. These levels have been rising ever since the Fukushima accident, and show no signs of stopping.

This radiation from Fukushima comes down with the rain and settles in the grass and other plants. Repeated over time, it matches what researchers are seeing below with increased levels of radiation in milk, animals, fruit and vegetables, as well as drinking water.

[Hawaii dairy farmers fight radiation by feeding boron to cows, goats](http://enenews.com/hawaii-milk-producers-fight-radiation-feeding-boron-cows-goats/comment-page-1)

[Amount of radiation in 3 gallons of milk from Hilo, Hawaii surpasses annual maximum contaminant level set by EPA](http://enenews.com/amount-radiation-3-gallons-milk-hilo-hawaii-surpasses-annual-maximum-contaminant-level-set-epa) April 11, 2011

